

2019 ND USA STATE FOLKSTYLE INDIVIDUAL

WRESTLING TOURNAMENT



Info@matpacwrestling.org

March 22/23 Bismarck, ND Event Center Main Arena

315 South 5th Street * No Outside Food/Beverages Allowed

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www.matpacwrestling.org

facebook.com/matpacwrestling.nd

**NO WALK-INS WILL BE ALLOWED, YOU MUST
PREREGISTER ONLINE AT TRACKWRESTLING.COM**

Official Tournament Hotel: Quality Inn 1030 E. Interstate Ave Phone: 701-223-1911

- ALL PARTICIPANTS MUST REGISTER ON THE WEB at trackwrestling.com by MARCH 20, 2019 at 8 p.m.
- Entry fee is \$25 paid online at time of registration.
- A 2019 USA Wrestling Card will be required to register on trackwrestling. Instructions at www.usawrestlingmembership.com
- Check-in & weigh-ins will take place at the Event Center Arena on Friday, March 22 from 11 am-2 pm or 7-8 pm. Wrestlers must weigh-in with a singlet. (Enter through main front doors)
- If you do not make the weight you registered at, you will be moved into the appropriate weight class automatically
- Wrestlers must be a ND resident or a paid member of a ND Wrestling Club, and have not wrestled in another 2019 USAW State Tournament
- Cadets & Juniors will wrestle Freestyle
- Check posted brackets prior to start of wrestling to ensure your child has been placed in the proper division and weight class
- All wrestlers should be at the gym at least 30 minutes prior to starting time
- The head coach must email a list of coaches to misti.boese@outlook.com by Wed. March 20. The coaches must have a current USA Coaches Card (copper certified) prior to emailing the list. Coaches will NOT have free admission, they must purchase an admission ticket. No other Floor Passes will be sold. One photographer pass per club, and must purchase an admission ticket. Name must be submitted along with the coaches list to misti.boese@outlook.com
- Admission: Adults \$10, Students \$5, 5 & under free

Head Coach may submit a list of 10 wrestlers and 3 alternates by March 22, at 3:00 pm, to the head table to be included in the "Tournament Team Points Competition". There must be at least 3 wrestlers in the weight group to score points. Awards will be given to the top Two Teams in the following two categories:

Large Team (30+ wrestlers)
Small Team (Less than 30 wrestlers)

INFO CONTACTS

Jeremy Jangula
471-5335

Dyke Boese
426-9367
Mark Lardy
391-8870

Jeff Schumacher
471-9237
Logan Thompson
319-0144

Chad Renner
400-4689
Rich Steidler
226-8423

Color Guard Presentation 8:45 am Saturday

Individuals Start Time	Friday Only	Saturday Only
14U (Schoolboy)		9:00 am
10U (Intermediate)		9:00 am
8U (Bantam)		11:00 am
12U (Novice)		11:00 am
16U (Cadet)		2:30 pm
6U (Sub-Bantam)	6:00 pm	
Junior	6:30 pm	

6U (Sub-Bantam) (2013 & later) 43, 45, 49, 53, 56, 62, 70, 85 & 85+ (15 lbs. max)

8U (Bantam) (2011-2012) 43, 45, 49, 53, 56, 62, 70, 85 & 85+ (15 lbs. max)

10U (Intermediate) (2009-2010) 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120, 120+ (20 lbs. max)

12U (Novice) (2007-2008) 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160 & 160+ (25 lbs. max)

14U (Schoolboy/girl) (2005-2006) 71, 77, 83, 87, 90, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250

16U (Cadet) (2003-2004) 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

JUNIOR (9/1/99 & after and Grades 9-12) 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 & 285

USA Wrestling time periods for all weight classes

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~ TROPHIES FOR 1st - 6th PLACE Champions T-Shirt & Trophy