NSCRO South Cup

November 17 and 18, 2018
Eckerd College- Saint Petersburg, FL
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To Competitors and Fans,

Congratulations to each team on earning the right to participate in the **2018 NSCRO South Cup Championship event** at Eckerd College in Saint Petersburg, Florida. NSCRO and the Eckerd College Men’s RFC welcome you to this event.

The winner of the South Cup qualifies for the Mid-Atlantic South Region Championship on December 1st & 2nd in Raleigh, NC. The Region Champion will qualify for the National Championship to be held on April 26-28 at a location to be determined. NSCRO is planning on holding a spectacular Championship weekend featuring both the Champions and Challenge Cup Final Four teams at a common facility.

The NSCRO Representative in charge of this event for NSCRO is Mike Geibel. His phone number is 678-392-5440 and email is mbgeibel@gmail.com. Please coordinate your travel/arrival plans as well as Team Check-In schedule with him ASAP.

Canopy/tents will be provided for each team. Water jugs will be filled and on the team benches for use just prior to and during matches. Water bottles are to be provided by the teams.

We are all very fortunate for this competitive opportunity. Please be sure to keep our off-field standards at the same level as the on-field quality performance:

- Teams are expected to clean up their trash and kits after each match and at the end of the tournament.
- Event t-shirts will be for sale.
- With families present, athletes should monitor their language.
- Restrooms will be near the field at the Sailing Center.
- Alcohol – absolutely no alcohol is allowed. **Be sure your fans know this.**
- Pets are discouraged. If present, all pets must be leashed at all times.
- There is no charge for parking or admission to the events.
- All players, coaches, and spectators shall abide by NSCRO Code of Conduct and Alcohol Policy found herein

NSCRO thanks Eckerd College for hosting the event and the Florida RRS for providing the match officials.

Best of luck and have a great rugby experience!

Andrew Hernandez – Event Director  
President, Eckerd College Men’s Rugby Club  
Email: achernan@eckerd.edu  
Phone: 575-694-4890

Stephen Cohen – President  
National Small College Rugby Organization  
Email: president@nscro.org  
Phone: 609-284-5658
Event Location & Schedule
All times shown are Eastern Time Zone

Eckerd College – South Field
4200 S. 54th Ave.
Saint Petersburg, Florida, 33711

Directions to Practice Field location: https://www.google.com/maps/dir/27.7185236,-82.6883953/27.714938,-82.6886804/16z/data=!4m2!4m1!3e2

Directions to South Field location: https://www.google.com/maps/dir/27.7188722,-82.6884442/27.7111979,-82.689037/@27.7154056,-82.6937444/16z

Schedule
Saturday – November 17, 2018 (Semifinals)
11AM – Eckerd College (Florida RU Champion) vs. Spring Hill College (Deep South Conference Champion)
1PM – Valdosta State University (Georgia RU Champion) vs. University of North Alabama (Dixie Conference Champion)

Sunday – November 18, 2018
10AM – South All-Stars Selection Match (not an NSCRO match)
12PM – Championship Match
Awards Ceremony following final match

* Due to an adjustment in the schedule, the NSCRO South Cup for the 2017-18 season was played in the Spring of 2018.
Parking and Field Locations

**Parking on Campus:** Visiting teams are allowed to park in the Purple parking lots circled on the map of campus attached below.

**Practice Field:** The field listed as Practice Field below is where visiting teams may hold their warm-ups or practices. Follow the blue arrows to arrive at the nearest parking area, and the practice field is less than a 2 minute walk away.

**Game Field:** The South Recreation Field, most commonly referred to by students as Kappa Field, is where the South Cup Championship matches will be held, and is marked in Red. Follow the red arrows on the map to find the nearest parking area, and the game field is less than a 3 minute walk away.

**Practice Times:** Contact Mike Geibel at mbgeibel@gmail.com or 678-392-5440 to coordinate practice times on campus.
Emergency Action Plan

Medical Information

Event Director: Andrew Hernandez, President, Eckerd Men’s RFC
Medical Staff: ATCs – provided by CORA Physical Therapy
Travis Jehe, tjehs@corahealth.com
Jamie Pirone, jayentity33@gmail.com

Eckerd College also has an Emergency Response Team (EC-ERT) that will be on-call during the South Cup and available to provide immediate care in the event of an injury.
Phone: 727-772-3760

Medical Equipment located at the field:
AED (Automated External Defibrillator)
We will have splints. ATCs are CPR Certified and will have CPR masks.
No epi-pens. Players with known allergies should have epi-pen with them and can bring to the ATC before the game in case of emergency. EMS will be activated in the case of an airway emergency as we will not have nasopharyngeal tubes or oxygen.

1. The Medical Staff on site will be responsible for treating minor injuries to players and for caring for more serious injuries until EMS personnel arrive. The Staff makes the decision and if an ambulance is not at the field, calls 911 to request EMS (ambulance).
2. Instruct EMS to report 4200 S. 54th Ave., and Campus Safety will escort them to the Game/Practice Field
3. A member of the medical staff provides emergency care until EMS personnel arrive.
   Caregiver then provides pertinent info (cause of injury, vital signs, treatment rendered, and medical history) to EMS personnel and assists with emergency care as needed. If the match is on-going, the other ATC will pay attention to it.
4. The Event Director advises the Coach of the player’s team to assign someone to accompany the athlete to the hospital as well as bring pertinent medical history of the player and their personal belongings, including medical insurance card and ID.
5. The injured player’s club contacts parents/guardians/family as necessary.
6. The Coach is to complete the appropriate injury report as required by the player’s school or organization.
7. If a player is diagnosed by a qualified healthcare professional that they sustained a concussion, the Event Director reminds the player’s coach of the USA Rugby Policy.
regarding Concussions which includes the 5 Rs shown below as well as compliance with the IRB Concussion Guidelines.

It is imperative that the athlete does not return to play until he or she is symptom-free and has been cleared for return to play by a qualified healthcare professional. USA Rugby strongly recommends that the player complete the GRTP (Graduated Return to Play) procedure prior to return to full play and competition.

USA Rugby’s policy requires that ALL rugby players, staff, parents, referees, volunteers, and even fans follow these five basic steps when dealing with suspected concussions:

1. **Recognize** – Learn the signs and symptoms of a concussion so you understand when an athlete might have a suspected concussion.
2. **Remove** – If an athlete has a concussion or even a suspected concussion he or she must be removed from play immediately.
3. **Refer** – Once removed from play, the player should be referred immediately to a qualified healthcare professional who is trained in evaluating and treating concussions.
4. **Recover** – Full recovery from the concussion is required before return to play is authorized. This includes being symptom-free. Rest and some specific treatment options are critical for the health of the injured participant.
5. **Return** – In order for safe return to play in rugby, the athlete must be symptom-free and cleared in writing by a qualified healthcare professional who is trained in evaluating and treating concussions. USA Rugby strongly recommends that the athlete complete the GRTP (Graduated Return to Play) protocol.

**St. Anthony’s Hospital**
1200 7th Ave North
St. Petersburg, FL 33705
[https://baycare.org/locations/s/st-anthony’s-hospital](https://baycare.org/locations/s/st-anthony’s-hospital)
Eckerd College Lightning Policy

Thunderstorms may develop at any time of the year. Thunderstorms occur most frequently in the summer months with more violent storms occurring in the winter and early spring.

Thunderstorms can consist of high winds, rain, and lightning and possibly hail. Lightning is the most dangerous aspect of thunderstorms.

Campus Safety, Waterfront, and Athletics use a certified detection system to monitor lightning in the area.

To request text message or email alerts when lightning is within 10 miles of the College, email safety@eckerd.edu.

- When thunder can be heard or lightning is within 10 miles (determined through certified detection system), individuals outside need to seek shelter.
- Advise individuals in surrounding areas that lightning is near. Seek shelter in a building that has four solid walls.
- GO Pavilion, James Center Canopy, South Beach Pavilion and like structures are not lightning shelters. If a building is not accessible, a fully-enclosed, hard top, metal vehicle provides good protection.
- Wait a minimum of thirty minutes since the last sound of thunder or lightning strike within 10 miles (determined through a certified lightning detection system). Report any lightning strikes to a building, structure, or tree to Campus Safety.

If an individual is struck by lightning
- Immediately call 911, then call Campus Safety (x8260).
- Provide care to the victim.
Accommodations

Magnuson Hotel Marina Cove
The Magnuson Hotel at Marina Cove is less than 10 minutes from Eckerd College and is a partner of Eckerd College.
6800 Sunshine Skyway Lane South, Saint Petersburg, FL 33711
Phone: (727) 867-1151
The Magnuson Hotel at Marina Cove will be offering a special rate for visitors affiliated with the “NSCRO playoffs at Eckerd College” and the rate is $89/night per room.

The Beachcomber Beach Resort Hotel
6200 Gulf Blvd, St Pete Beach, FL 33706
Phone: (727) 367-1902

Grand Plaza Hotel Beachfront Resort & Conference Center
5250 Gulf Boulevard, St Pete Beach, FL 33706
Phone: (727) 360-1811

Restaurants
Saint Petersburg is home to a very diverse food scene, and we recommend that visitors use Google to more thoroughly explore dining options. The following restaurants are located less than 15 minutes from Eckerd and are very popular family-friendly restaurants.
We recommend large groups make reservations in advance.

Hurricane Seafood Restaurant - $$
This waterfront icon in a Victorian-style building features rooftop & beach bars plus seafood.
809 Gulf Way, St Pete Beach, FL 33706
Phone: (727) 360-9558

Crabby Bill’s - $$
Gulf views & local seafood draw diners to this laid-back venue with picnic tables & rooftop bar.
5100 Gulf Blvd, St Pete Beach, FL 33706
Phone: (727) 360-8858

Sea Horse Restaurant - $
Mellow, long-running restaurant serving Southern-style breakfasts & seafood lunches since 1938.
800 Pass a Grille Way, Pass-a-Grille Beach, FL 33706
Phone: (727) 360-1734
Alcohol Policy

Possession and/or consumption of alcoholic beverages is not allowed by anyone (players, coaches, spectators, etc.) in attendance at an NSCRO-sanctioned match or event. The onus of responsibility for compliance is on the individual club they are associated with. League matches played under the jurisdiction of a local Union or Conference are not considered sanctioned by NSCRO with regard to this policy.

If NSCRO enters into a written agreement that allows the facility owner to serve alcoholic beverages, the facility owner shall be required to enforce any and all applicable laws relating to the provision, sale and consumption of alcoholic beverages, including the prohibition of consumption of alcohol by minors.

Teams are requested to refrain from evening gatherings involving consumption of alcohol during attendance at an NSCRO playoff match or event.

Failure to comply with this Policy as well as applicable laws may result in team and/or player disqualification and/or enforcement by either college/university or city police. Any breach of this Policy at this event, as witnessed and reported by any individual will be forwarded to the appropriate disciplinary committee for action as well as possible disqualification from future NSCRO playoff matches.
Conduct of Players, Coaches and Spectators

All players and coaches must abide by the following Code of Conduct:

Collegiate rugby players and coaches represent their colleges and are ambassadors of collegiate rugby in the United States. As such, collegiate rugby players and coaches are expected to behave with dignity both on and off the field. Collegiate rugby players and coaches should not tolerate rude or anti-social behavior of any sort which would reflect negatively on the image of rugby, NSCRO, USA Rugby or the student athlete’s college/university, or the image of collegiate rugby as a serious and disciplined athletic endeavor.

Players, coaches and spectators are not to use foul language or make threatening remarks before, during or after the match. Such behavior whether directed at a teammates, opponents, match officials, spectator or even part of a pre-match “chant” or play call (such as for a line out) is unacceptable. Doing so will be considered a violation of the Code of Conduct. Any breach of this Code of Conduct will be addressed by the NSCRO. Disciplinarian and forwarded to the rugby organization having jurisdiction and school as appropriate.

The disciplinary actions of any club/player in question of violation will first be investigated by the NSCRO Disciplinarian. If the NSCRO Disciplinarian deems it necessary, the report will then be sent to the organization that has direct jurisdiction for the club/player (such as its Conference/Union). Based on their findings, if warranted, the registered player's school should be advised."
USA Rugby Technical Zone & Sideline Management Guidelines

The #4 Official, with the support of the NSCRO Staff, shall enforce the below guidelines:

- Technical zone (TZ) defined as space in front of the rope/barrier between the 10m line and 22m line*
- Technical zone ends 2m from the touch line to give room for ARs and touch judges
- Coaches may not cross into the other team’s TZ or leave their own TZ
- No more than 2 coaches are allowed in the TZ
- Coaches should not stand in/near the try zone or anywhere on the field of play
- Uncertified coaches should not be in the TZ
- #4 (Fourth Official) or Match Manager (data tracker) occupies the space between the 10m lines (Administrative Area)
- Chairs may be set up in the Administrative Area for disciplinary/sin bin purposes
- No coach or player is allowed in the Administrative Area except when petitioning for a substitution
- Teams may have two medical professionals “in front of the rope”*
- Medical professionals may roam either sideline and are not confined to the TZ*
- Only one (1) medical professional per team is allowed per side of the field*
- Second medical professional must be across from the first medical professional on opposite sideline*
- Coaches are not allowed onto the field with medical personnel unless explicitly allowed by the match official
- Medical personnel should always introduce themselves to the match official(s) before the match begins
- Team benches should also be between the 10m line and 22m line* but “behind the rope” and not in the TZ
- Spectators should be on the opposite sideline from the teams unless a second rope is present to prevent mixing of spectators with players/staff/administrators
- Water carriers must stay “behind the rope”* unless the match official signals that they may enter the playing field
- Water carriers should endeavor to wear a top that clashes with the players on the field
- Coaches may not serve as water carriers
- Water carriers should not be in the TZ*
- Coaches should not huddle with teams on the field after scores
- Teams must warm up in the end they are attacking into, not the end they are defending
- Players warming up must wear a contrasting top to the players on the field (e.g., a penny)
- Teams should not warm up with balls, cones or other equipment (e.g., ruck pads)
- Teams should not warm up within 5m of the field of play
- If space demands it, teams may warm up in the try zone but only if they access the try zone by staying “behind the rope” to and from

*Variance specific to USA Rugby that differs from the World Rugby standard.