

What Is Club Volleyball?



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Club volleyball is a non-scholastic league where volleyball is played for love of the game. We focus on education.

Who can play?

Available age brackets for children, divided into Girls and Boys, are U12, (12 and under), U14 (13-14), U16 (15-16), and U18 (17-18). The Puget Sound Region (PSR) also provides opportunities for outdoor volleyball (sand and grass) and adults.

How long is the season?

Tryouts are hosted club by club. Tryouts for the girls 14s and younger age groups may begin no earlier than the last Saturday in October. Tryouts for girls 15s and older age groups may occur twice: late July and the Sunday following the WIAA 3A/4A State Volleyball Championships. Tryouts for boys all ages may begin in late July. Regionals are the last weekend of April/first weekend of May. Some clubs choose to play in other tournaments outside of PSR and on occasion, this can mean their season lasts into June or July.

What is a Work Team?

We believe the players understand the game better, and learn to appreciate it better, when they are involved at all levels. A work team consists of an R1, or an Up Ref, who officiates the match from the stand; an R2, or Down Ref, who manages substitutions, time outs, the scoring table, and part of the match duties; 2 line judges who help officiate the match by determining where the ball fell at the end of a play; a scorekeeper, who records the score, substitutions, time outs, and rotation on the official score sheet; a libero tracker, who records the specialty player the Libero as well as also records substitutions; and a score flipper, who updates the displayed score that the players and

spectators see. An adult or very experienced 16-year-old or older player may serve as the R1 and the players are expected to fill the other roles.

What equipment is needed?

Kneepads, athletic shoes, and a carry bag. Possibly other pieces of protective equipment - some players wear sleeves, some wear ankle or knee supports depending on their physical needs. Individual clubs may request purchase of a ball, warm-ups, or spirit gear.

What is a region?

Puget Sound Region (PSR) is one of forty regions of USA Volleyball (USAV). USAV is split up into forty geographic regions that encompass the entire United States. Our region covers western Washington between the Canadian border, west of the Cascade Mountain Range to the first row of counties in SW Washington. Learn more about PSR on our website, www.psrvb.org.

Who is USA Volleyball?

USA Volleyball is the National Governing Body (NGB) for the sport of volleyball in the United States and is recognized as such by the International Volleyball Federation (FIVB) and the United States Olympic and Paralympic Committee (USOPC). USAV is the organization that fields teams in the Olympics every four years in the Summer. USAV oversees the forty regions and assists in providing playing opportunities for clubs and teams throughout the nation. Their offices are located in Colorado Springs, CO. Learn more about USA on their website at USAVolleyball.org

Want to find a PSR Club?

Visit the region website club listing page: www.psrvb.org/clublist.



www.psrvb.org