

CLAIM A PRIZE BY OCT 5TH



2020 PLAYERS CLUB



2,500 PUCK CHALLENGE

How well do you think your shot would improve if you took 2,500 shots over a 10 week period?

GOAL
Increase shot speed, quickness and accuracy

PLAN
Shoot 2,500 pucks in 10 weeks

WEEKLY GOAL
Shoot 250 pucks per week

DAILY GOAL
Shoot 50 pucks per day (5 days per week)

WEEK 1 & 7



WRIST SHOT
The wrist shot is a valuable tool for players of all ages. This is the most accurate shot in hockey as the puck is in contact with the stick throughout the shooting motion.

WEEK 2 & 5



BACKHAND SHOT
The backhand shot is maybe the most difficult for a goalie to save, and probably the most difficult to master. The backhand shot taken from the backside of the blade. This type of shot is often used on breakaways, penalty shots and in shootouts and is used for deking.

WEEK 3 & 5



SNAP SHOT
The snap shot is quicker than a wrist shot and more accurate than a slap shot. It's probably the most widely used shot in hockey today. The most important attribute of a good snap shot is the speed with which you can release the puck.

WEEK 4



WRIST SHOT BALANCING ON ONE FOOT
Seldom is a player in the perfect position for a shot on goal, this drill works on proper technique while in an off-balance position.

WEEK 6



DRAG & SHOOT
The ability to shoot the puck in various situations that arise during a hockey game is an invaluable skill. The drag & shoot drill provides a game-like situation that includes a set-up move prior to the shot, changing the angle of the shot and creating more speed on the shot.

WEEK 7



SLAP SHOT
Timing and proper technique are the foundation of mastering a powerful slap shot. Of all the shots in hockey, the slap shot has the most speed and power.
NOTE: Mite and Squirt skaters please do Week 1 Wrist Shot.

WEEK 8



STICK HANDLE & QUICK RELEASE
Quickness often trumps over power when it comes to generating quality scoring chances. Whether in traffic or off the rush not giving the goalie a chance to get into their set position is key.

WEEK 9 & 10



PLAYERS CHOICE BONUS WEEK!

GOALIES



Think the 2,500 Puck Challenge is only for players? Think again. The BLAZE is challenging all Goaltenders to take the 2,500 Puck Challenge by taking 2,500 shots using various shots and angles. Find a friend or family member to shoot on you and follow along each week. Remember, you don't have to make 2,500 saves, just in net for 2,500 shots and work on your techniques.

The BLAZE players club provides new and exciting challenges to help players celebrate hockey skills and develop their game at home throughout the year! By joining the club you will gain exclusive access to hockey challenges during the season, key hockey tips, and your chance to win some awesome prizes.

Visit milwaukeeblazehockey.com to register for free and get started today!

▶▶▶ Turn in deadline Oct 5th 2020

Name: _____

Age: _____

Email: _____

Team: _____

Position: _____

Track your shots by checking off each box that is 50 shots per day. Once you are finished, [submit your tracking sheet to collect your prize!](#)

WEEK 1	<input type="checkbox"/>	WEEK 6	<input type="checkbox"/>								
WEEK 2	<input type="checkbox"/>	WEEK 7	<input type="checkbox"/>								
WEEK 3	<input type="checkbox"/>	WEEK 8	<input type="checkbox"/>								
WEEK 4	<input type="checkbox"/>	WEEK 9	<input type="checkbox"/>								
WEEK 5	<input type="checkbox"/>	WEEK 10	<input type="checkbox"/>								

VISIT [YOUTUBE.COM/ONTARIOMINORHOCKEY](https://www.youtube.com/ontariominorhockey) FOR EXAMPLES ON HOW IT'S DONE.

TOTAL SHOTS TAKEN