



Frequently Asked Questions

Questions	Response
Does my team require a travel permit or ATF?	No, entry form approvals by the club and District Association at the time of entry into competition eliminate the need for travel permits or ATF's.
Are OPDL Teams Allowed to enter the MilkUP Ontario Cup?	No. Please refer to the 2025 Ontario Cup Competition Rule 5.8, HERE .
Are League 1 players allowed to play in the MilkUP Ontario Cup?	There has been a revision this year regarding the rules around League 1 player participation in the MilkUP Ontario Cup. Please refer to section 6.2 h) of the 2025 Ontario Cup Competition Rules for more information HERE .
How do I read the Draw Chart?	Please click HERE and thoroughly read the information in this document. If you still have any questions please email Ryan at rraposo@ontariosoccer.net .
Why are there sometimes delays with updating results from the Ontario Cup website?	District Ontario Cup Coordinators are responsible for updating the game results on the Ontario Cup website. It is important for teams to send the game results to their District Ontario Cup Coordinator within 24 hours of the match. If you have any questions regarding delays of results being posted, please follow-up with your District Ontario Cup Coordinator.
Why is there not a tournament round anymore?	Based on annual survey results and feedback, the knock-out with two game guarantee is

	currently the preferred competition format. The competition format is reviewed on a yearly basis.
Why does my team need to travel outside of our district for a semi-final game when we are both close to each other?	As per the 2025 Ontario Cup Competition Rules, all semi-final games are played at neutral venues. Please review section 11.0 of the 2025 Ontario Cup Competition Rules HERE .
Are teams allowed to do roster checks in preliminary rounds?	Yes, as per the 2025 Ontario Cup Competition Rule 6.5 a). Please refer to rule 6.0 for more information on player eligibility HERE .
How do the travel grants work?	<p>Teams travelling over 200km one way are eligible to submit a travel grant. This year there is a new online form that teams will use for submitting travel grants. You can find more information on our website HERE.</p> <p>Please be aware that the reimbursement process can take several weeks to process, so we appreciate your patience during this time.</p> <p>For more information on what teams are entitled to claim please review section 12.0 of the 2025 Ontario Cup Competition Rules HERE.</p>
What are the costs associated with the National Championships?	Ontario Soccer will cover 50% of FLIGHT costs if teams are travelling by plane. Teams will be responsible for covering costs surrounding accommodations, food, etc.