

LAURA BENZING-KASEY

Laura Benzing-Kasey joins the NCR High Performance All-Stars Coaching team for the fifth year in a row as the Lead Coach for all NCR High Performance All-Star Tryouts.



Laura is an accomplished former Division I volleyball player and coach with extensive experience in both collegiate and international competition. Throughout her coaching career in the Pac-12 and Big Ten conferences, she helped develop numerous All-Americans, including Big Ten and National Players of the Year, while mentoring athletes who went on to successful professional playing and coaching careers. Laura's teams achieved significant success, capturing Big Ten championships and reaching three NCAA Final Fours. As a long-time recruiting coordinator, she played a pivotal role in securing top-tier talent, including multiple top-ranked recruits and 2020's #1 national recruiting class.

A standout athlete herself, Laura enjoyed a successful playing career, earning All-Conference and Academic All-American honors in Division I volleyball. She also played professionally in Germany. After transitioning from coaching, Laura earned a Master of Education and now works as a learning specialist, training medical professionals in the use of medical record software. She combines her expertise in education and technology to support the healthcare industry's learning and development needs.

Passionate about giving back to the volleyball community, Laura continues to coach youth camps with Crossfire Volleyball and assist with NCR All-Stars tryouts and selection camps. She lives in Bloomington with her husband and two young sons, where she balances parenting and her professional career with her commitment to nurturing the next generation of volleyball players.

Laura also oversees the NCR Coaches Hub Newsletter, where her extensive volleyball playing and coaching experience along with her education focused on learning and training provide an invaluable service to all NCR members.