

# COACHING SEMINAR

LED BY CHRIS NEWANS, KCYHA COACHING DIRECTOR

## When?

**September 22nd & 23rd, 2018**

## Where?

KCYHA will be offering this off-ice classroom seminar at three locations - same info will be presented at each location. Coaches may attend the seminar that best fits their schedule:

### **KC Ice Center**

(Shawnee, KS)

Sept 22nd: 9:00 am - 12:00 pm

### **Silverstein Eye Centers Arena**

(Independence, MO)

Sept 22nd: 2:30 pm - 5:30 pm

### **Line Creek Ice Arena**

(Kansas City, MO)

Sept 23rd: 9:00 am - 12:00 pm



## 2018-19 Coaching Seminar

Calling all KCYHA Coaches! Our new citywide KCYHA Coaching Director, Chris Newans, will be hosting a Coaches Seminar at three local ice rinks. This off-ice classroom seminar is free for coaches and will outline important information to ensure a great season!



### *About Chris Newans*

Chris played 17 years of pro hockey, playing in nine leagues over the course of his career. He played and coached for five years in the Elite European Leagues, and was the Head Strength and Conditioning Coach for 7 years at the University of Alaska Anchorage.

Adding to his resume, Chris also coached Varsity High School in the US, as well as AAA level Canada from 2014-2016. He was the Operations Manager at Acceleration Alaska, a high end sports training facility, working with olympic athletes and Stanley Cup NHL players, both on and off the ice.

Chris has three grown children and has lived in the Kansas City/St. Joseph area for one year. When he is not thinking about hockey, his favorite pastime is golf. Chris is looking forward to meeting and working with the local KCYHA coaches, and creating some discussions to start off a great season!

### *Seminar Topics Include:*

- Goals for a Coach
- Ethical Consideration
- Player Encouragement
- Impact Coaches Leave on Players
- Managing Mistakes & Applauding Progress
- Coach/Player Relationships
- Open Discussions

Future seminar will cover on-ice techniques and bench management.