



## BK Women's Lacrosse 2024

### BK WOMEN'S LAX BOARD:

President: Mike & Katie Aldape [mkaldape@gmail.com](mailto:mkaldape@gmail.com)  
VP / League Rep: Alison Berriochoa [asberriochoa@yahoo.com](mailto:asberriochoa@yahoo.com)  
Treasurer: Lori Shandro [lori@shandrogroupp.com](mailto:lori@shandrogroupp.com)  
Volunteer Coordinator / Fundraising: Andrea Anderson [Andrea@4anderson.net](mailto:Andrea@4anderson.net)  
Spirit Wear: Liz Keating [lizkeating03@gmail.com](mailto:lizkeating03@gmail.com)  
Communication/Registration Coordinators: Erin Brady [Erinmhb75@gmail.com](mailto:Erinmhb75@gmail.com) &  
Melissa Wolfe [mwolfe@cosholaw.com](mailto:mwolfe@cosholaw.com)  
Event Coordinator: Stephanie Dahl [Stephbdaahl@me.com](mailto:Stephbdaahl@me.com)

BK Women's LAX Email: [bkwomenslax@gmail.com](mailto:bkwomenslax@gmail.com)

### CLUB SPORT:

We are a club sport. Meaning we are defined as a student organization under Bishop Kelly High School. We follow all rules of BK and respect and appreciate that they oversee everything for our club. Our club was established to promote the interest in Women's lacrosse. We are not an "official" BK school sport. Our Varsity players do have the opportunity to receive a school letter. The major difference between is that as a club sport we are not assisted financially by Bishop Kelly, we are more community based. All funds for our club come from players, fund raising and volunteering.

### REGISTRATION:

**DEADLINE FEBRUARY 12, 2024**



For each player we will need them to complete the registration and register with USA Lacrosse using the above QR codes.

USA Lacrosse Member Number:

USA Lacrosse Membership Expiration Date:

How to obtain membership: <https://myaccount.usalacrosse.com/login>

## **BK Player Registration Fee / Uniform Deposit / Volunteer Deposit:**

Payable to “Bishop Kelly Women’s Lacrosse”.

1. **\$375** for the BK Player Registration Fee (This fee is nonrefundable).
2. **\$200** for the BK Team Retreat Fee (This fee is nonrefundable).
3. **\$100** for the Uniform Deposit. **Checks will be held** until 6/1/23 and will not be cashed unless your player does not return her uniform at the end of the season.
4. **\$100** for Volunteer Deposit. **Checks will be held** until 6/1/23. Parents/Family Members/Friends of Players are required to volunteer for 2 (two) events per player. There are numerous ways to volunteer for the 2023 season. IF you do not fulfill your commitment to volunteer for 2 events, your \$100.00 check will be cashed. *IF you wish to NOT volunteer you can opt out by letting the Board know now and your check will be cashed and added to the club account to help with expenses.* Questions please see our Volunteer Coordinator.

Checks can be turned in tonight or sent to:

Bishop Kelly  
BK Women’s LAX  
7009 Franklin Road  
Boise, Idaho 83709

Or – Drop off directly to the front office at Bishop Kelly

### **3. BK Sports Forms:**



Make sure BK has your daughter’s required **two (2) forms**: *BK Athletics’ Permission Form* and *BK Athletics’ Physical Form* on file. If your daughter played another sport at BK this year these may already be completed.

The forms can be found at [Athletic Forms \(bkathletics.org\)](http://bkathletics.org)

### **REQUIRED EQUIPMENT:**

- **Mandatory Equipment**

Women’s Lacrosse Stick

Goggles

Colored Mouth Guard

Cleats

Gloves – optional (recommended early season)

Black Compression shorts

Gear for Cold Weather & Rain (BLACK & WHITE long sleeve shirts)

Equipment is available at Lax ID Store, Idaho Sporting Goods and Sports Authority;  
[longstreth.com](http://longstreth.com), [stx.com](http://stx.com), [harrowsports.com](http://harrowsports.com)

**TRYOUTS:**

**1/31/24 - 2/2/24 4pm-6pm**

Teams announced **2/5/24**

**RETREAT:**

**2/18/24 Sunday – 2/19/24 Monday**



**JAMBOREE:**

- **Tournament JV & Varsity Saturday February 24, 2024**  
Location and Schedule to be provided as soon as finalized.

**INVITATIONAL GAMES BK GIRLS AND BOYS:**

- vs. Bishop Manogue Reno, Nevada @ Bishop Kelly  
**Saturday April 13, 2024.** Times to be determined.

**GO KNIGHTS!**

