



North Carolina Olympic Development Program Monthly Newsletter

Each month this newsletter aims to inform our members through valuable content about the Olympic Development Program (ODP), soccer in the state, and soccer around the country!

Upcoming ODP Training / Events

The 2017-18 Olympic Development Program season is in full swing with upcoming ODP Training and Events listed below:

BOYS

Training - April 22nd - 2001, 2002, 2003, & 2004. 2005, 2006, 2007

GIRLS

Training - April 21st - 2001, 2002, 2003, & 2004. 2005, 2006, 2007

Selections for 2001 - 2005 Region III ODP Camp in July will be made following the April Training

Please check the ODP Calendars at www.ncsoccer.org/boysodp & www.ncsoccer.org/girlsodp as dates & times are subject to change.

Region III ODP Camp Approaching in July

Each July North Carolina ODP sends teams to the Region III ODP Camp in Alabama where they compete against other ODP state teams from around the region and potentially international & MLS youth teams. More information is available at the Region Camp tabs at www.ncsoccer.org/boysodp and www.ncsoccer.org/girlsodp



2002 and 2003 Boys Selected for Region III Trip to Portugal

Our staff is proud to announce that four players from our 2002 & 2003 Boys Age Groups were selected to the Region III



Regional Team on their trip to Portugal!

Carter Beck (2002), Connor Smith (2002), Jonny Mennell (2003), and William Watson (2003) had the opportunity to travel to Portugal earlier this month to train and play matches against top youth teams in Portugal.

At the end of each Age Groups Region III Camp in July, a 40 player Regional Pool is selected. From this pool, the top players are selected to the Regional Team to compete in both domestic & international trips!

Congratulations Carter, Connor, Jonny, and William!

Professional Soccer Kicks Off this Spring!



Our three professional teams in North Carolina have started their seasons. Watching professional teams play is a great way to observe the game & grow as a player. Check out the schedules for all three teams!


[Charlotte Independence Schedule](#)
[North Carolina Courage Schedule](#)
[North Carolina FC Schedule](#)

ODP Health Tip Corner

For the Love of the Game!

March is National Athletic Training Month! Did you know that North Carolina ODP has Athletic Trainers at every Training Session & Event? Learn more about this valuable group in this month's ODP Health Tip Corner!

Thank You, Athletic Trainers!
By: Keri Jones, MS, LAT, ATC
NC ODP Administrator, Medical Staff Coordinator



March is National Athletic Training Month and we would be remiss to not acknowledge, celebrate, and most of all thank the Athletic Trainers who work with NC ODP program to protect the health and safety of our players.

Athletic trainers (ATs) are highly qualified, multi-skilled health care professionals who work under the supervision of a physician and are trained in prevention, evaluation and rehabilitation of orthopedic injuries, concussion management, cardiac arrest, head illnesses, cervical spine injuries and manual therapy. Athletic trainers graduate from an accredited athletic training education program, all hold a bachelor degree with the majority holding a master's degree or higher. Upon graduation, athletic trainers must become nationally board certified by successfully passing the Board of Certification (BOC) examination. Athletic trainers are licensed or regulated by a state board in 49 states and the District of Columbia. ATs are held to the NATA Code of Ethics and must complete continuing education requirements.


There are a lot of important players within the structure of a team and athletic trainers can play a vital role. ATs help to protect athletes from injuries; provide medical care and supervision during games and practices; offer rehabilitative services and/or injury prevention education to players and their parents. Athletic trainers can make a medical decision regarding a player's return-to-play status allowing administrators to administrators, coaches to coaches, parents to cheer, players to play and referees to ref.

A few stats you may not be aware of:

- An American Academy of Pediatrics study showed that the presence of athletic trainers can have a significant positive impact on student athlete health, results in lower injury rates, improved diagnosis and return-to-play decisions for concussion and other injuries
- The CDC believes that many sports-related injuries are predictable and preventable
- 60% of all organized sports injuries occur during practice
- US Soccer employs, supports and encourages the use of ATs at all US Soccer sponsored events

The North Carolina Olympic Development Program is beyond fortunate to be able to staff all our training sessions, SubRegional events and Region camp with athletic trainers of our own. These ATs are familiar with the philosophy of NC ODP, respected by our technical and coaching staffs and committed to protecting the health and safety of our NC ODP players. They work tirelessly behind the scenes for long hours and in all sorts of weather to provide compassionate care for our athletes.

We would like to thank the following ATs for being an invaluable part NC ODP: **Jan Smith, Liam Beckley, Patrick O'Neill, Rick Mendler, Mary Dumas, Eric Magglio, Mary Jule, All Waymouth, Corrinna Rosquillo, David Murphy, Carrie Powell, Jerry Sullivan, Nate Sammons and Ben Ball.** I can't thank them enough for all they do for our program; they make my job that much easier and that much more enjoyable. If you see them around, please say thank you!



STAY CONNECTED

