

2022 – 2023 YGSBL RULES

The Young Girl's Select Basketball League - **YGSBL** - is a 5th through 8th grade highly organized, well respected youth girl's high school **Feeder Program** league for those participating with their select high school affiliated feeder program.

Player Eligibility: Players must play on the team in the school district in which they reside; i.e. - all players living in the Pewaukee School District must play for a Pewaukee team. **Due to open enrollment, players residing within a school district with multiple youth programs may play for any one of those programs. Once registered for a program they may not move to another program during the season.** Upon occasion parents may request in writing (to the league directors) that their child play for another team. There must be an explanation why and the high school coaches from both programs will be informed and both must agree to grant permission. Once a player quits one team she may not join another without consent of the league. Each case will maintain its own merit and must be submitted in writing. Just because a request is made does not automatically

qualify an out of district player to play on a team in the YGSBL. In fact, it is rare for exceptions to be made to protect the integrity of this coveted high school feeder league. **Team Roster:** A team may consist of no more than 15 players which shall be submitted on the official league team roster/waiver form to the league director 1 week prior to the team's 1st league game. It is advisable to limit rosters to no more than 12 players for game playing time availability and player development purposes. For teams with low numbers, season ending injuries or other factors resulting in a player's dismissal, teams may submit an added player request with the league director.



Players may only play for one team in any and all levels for League Play and the end of season League Tournament. Players name may only appear on 1 roster.



Players may play up a grade level, but may not play down a grade level.

***** 1.

Rules: The YGSBL shall use the High School Rules published by the National Federation of State High School Associations as modified by the WIAA and the YGSBL.

2. **Playing Time:**

a. **5th and 6th Grade** games will consist of *18 minute halves with a running clock:*

Note: the clock will stop the last 1 minute of both the 1st half and 2nd half and overtime period(s) if needed

7th and 8th Grade games will consist of *13 minute halves with a stopped clock:*

(2 minute halftime for all games)

b. There shall be a minimum of 3 minutes between games.

c. If the score is tied at the end of regulation. Sudden Death Rule - First team to score is the winner.

d. If the margin of score is 15 points or more in the last 6 minutes of the game, there shall be a continuous clock. For the remainder of the game, the clock stops only for injuries and time-outs.

e. Each team is allotted **3 time-outs per game** with no carry-overs into overtime. Each team will have 1 time-out per overtime period.

3. **Start Time/Grace Period:** A team that does not have 4 roster eligible players and an adult coach within 5 minutes of the scheduled start time of the game forfeits. If the start of a game is delayed by more than five minutes because a preceding game runs late, a team must have 4 roster eligible players and an adult coach within the 3 minute warm up period at the end of the preceding game.
4. **Conduct of Players, Coaches and Bench Personnel:**
 - a. A maximum of 3 non-players is allowed on a team's bench.
 - b. All adult bench personnel, especially coaches, are expected to set a good example by showing respect for game officials and their decisions.
 - c. Only the head coach, under the rules of the game, may approach the scorer's table to correct an error. If other adults approach the scorer's table to object to the official scorer's book they may be subject to an escort out of the gymnasium. If a head coach cannot control "their team's parents" a possible forfeit may be necessary. The game officials will mandate a coach's assistance for fan control.
 - d. **The Head Coach will be subjected to a modified "SEAT BELT RULE"**. During the game the Head Coach should stay in contact with the bench area. Brief standing will be allowed for player substitutions and/or instruction but coaches should be seated throughout the game. If this is not followed a coach will be warned and then that coach may be assessed a technical foul(s).
All Assistant Coaches/Bench Personnel must be seated throughout the game.
 - e. Players, coaches or bench personnel who use profanity directed toward an official during a game shall be charged with a flagrant technical foul. Under National Federation Rules, the penalty for a flagrant foul includes disqualification (ejection from the gymnasium) of the offender.
 - f. Coaches or bench personnel disqualified from a game must leave the premises immediately; failure to comply may result in a game forfeit and/or coach expulsion.
 - g. Coaches or bench personnel disqualified from a game, or players disqualified from a game because of unsportsman like conduct shall receive at least a one game suspension beginning with the team's next League game. Suspensions can be issued and extended at the discretion of the YGSBL Directors. **If a Coach is disqualified from a game 2 times in a season a minimum of a 4 game suspension will be implemented. 3 times in a season results in permanent expulsion from coaching in the league and the respective club director and high school coach will be informed.**
 - h. Whenever an unsportsmanlike ejection or any bench disqualification occurs, game officials are required to notify the Gym Supervisor or YGSBL Directors.
 - i. There is no maximum or minimum playing time for players. Playing time is at each coach's discretion or respective club guidelines.
5. **Conduct of Spectators:**

Respect must be shown for game officials and opponents by all in attendance.

 - a. If an official deems the conduct of a team's spectators to be inappropriate, the official shall inform the team's head coach and, if necessary, give the coach time to address the spectators for the purpose of correcting the problem. **The head coach is responsible for the conduct of their team's parents/fans and will receive technical foul(s) or league disciplinary action accordingly.**
 - b. Should inappropriate conduct occur after the head coach has been informed (per rule 5a), a flagrant technical foul shall be assessed against the team.
 - c. If inappropriate conduct occurs after the flagrant technical foul has been assessed (per rule 4b), the game shall be terminated and the offending team shall forfeit.

The penalty for any and all technical, flagrant and intentional fouls is an automatic 2 points and possession of the ball.

Note: Officials must inform the scorers to make the necessary documentation in the scorebook whenever any part of this rule is invoked. Game officials can, at their discretion, have spectators removed from the gym without any penalty to either team. Game supervisors and the gym supervisor(s) shall notify the YGSBL Directors whenever a spectator is removed from the gym.

6. **Uniforms:** No technical fouls for illegal shirts or numbers shall be issued. All team members must wear the same color jerseys. **(No administrative technical fouls)**
7. **Game Ball:** Either team will supply a game ball for each game. A legal “women's” ball will be used. (Circumference of 28.5 and weight between 18 and 20 ounces.)
8. **Free Throw Line:** Standard free throw line for 6th through 8th grades.
(5th grade will be 2 feet closer to the basket than the traditional 15' line.)

9. Half Court Defensive Play:

Any style of defense is permissible at the 7th and 8th grade levels.

5th and 6th grade teams **may not** use a zone defense or a half court trapping defense once the ball crosses the half court line. **Man to Man defense only**, teams may switch on picks, may play help side defense in the lane area but double teaming the ball is not allowed. A defensive player should actually guard an offensive player, be in a consistent guarding position with that player and not just stand or retreat to a spot or position on the floor.

10. Back Court Pressure:

- a. **6th, 7th & 8th Grades:** No rules prohibiting back court pressure throughout the game until a team has attained a (15) fifteen point, or more lead. Any type of back court defense may be implemented.
- b. **5th Grade:**
No defensive player is allowed in the opponent's backcourt until **the last two minutes of the game and overtime.** Any type of back court defense may be implemented during the allowable period. The restriction begins once the defense secures the rebound or gains possession (complete control) of the ball.
- c. **All Levels:** A team with a lead of 15 points or more may not apply any defensive pressure in the opponents back court and must retreat to the opponent's front court once the opponent clearly secures possession of the ball. At any court where the division line is difficult to determine, leniency will be allowed.

Note: A technical foul may be assessed against the offending team's head coach for repeated violations of 10a, 10b, or 10c

11. **Protests:** The league will not recognize any protests unless it relates to rostered players. Protests concerning the validity of a rostered player must be submitted in writing by the head coach within 48 hours of the completed game in question.
12. **Reschedule/Forfeits:** Any team that forfeits or initiates a rescheduled game for any reason must pay the league a **\$25 fee** per occurrence/game. If your team cannot play a scheduled game you must make every effort to reschedule. Court and referee assignment is the responsibility of the team requesting the reschedule with the approval of the

opposing coach. Referee fees and or gym fees for rescheduled games are the responsibility of the team that requests the reschedule where ever the games are played.

13. **Tie Breakers** -League Standings/Tournament Pairings

1st Tie Breaker is head to head results, then next is least points allowed, 3 way or more ties get more complicated and will be based on head to head results and then a point differential formula in those games played against ted teams.

Thank you for your participation in the YGSBL - END 2022-2023 RULES