



2026 BLASTBALL GUIDELINES & HOUSE LEAGUE RULES

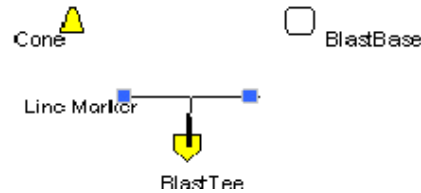
OBJECTIVE

BlastBall provides an ideal entry-level experience for the youngster who will go on to more advanced levels of the game. Blastball teaches all five basic fundamentals of baseball... hitting, throwing, catching, running and fielding. This is a non-competitive league solely for players' enjoyment. The purpose is for the players to learn the fundamentals of baseball and have fun!

LEAGUE RULES

1. Up to four teams will play on one diamond. Each time at the diamond a team will rotate and play a 30-minute game and practice for 30 minutes in the outfield.
2. Teams playing in the first game will be responsible for setting up the field, with teams playing in the second game responsible for cleaning up the diamond.
3. All coaches will decide on the weather at least an hour before game time.
4. Defensive players can play with or without a glove due to the softness and size of the ball used.
5. Batters can wear a helmet if they bring their own. A helmet is not required because the bat and ball are foam.
6. Only ATEC Blastball equipment is to be used – no other equipment is permitted.

FIELD SETUP



- Place the Blast Tee at home plate on the diamond.
 - To the right along the first baseline, place the Blast Base 30 feet from the Blast Tee.
 - To the left along the third base line, place the cone 30 feet from the Blast Tee. This establishes your fair/foul line to the right and left on the field.
- Now, pace off 10 feet directly in front of the Blast Tee and lay out your Line Marker running between the first and third base lines.
 - This becomes the fair/foul line for play. If a ball is hit inside that line, it is a foul and should be re-teed for another try. If it goes beyond the line, either in the air or on a roll, it is considered in play.

GAME PLAY

1. Each team shall have at least 2 players and a maximum of 6 players. If a team does not have the minimum number of players at the start of the game, the coaches may confer and 'loan' player(s) to the team that is short of players.
2. All teams will bat once around the line-up per half inning.
3. There is no 'on-deck' circle – all players must remain on the bench or designated area until it is their turn to bat.
4. All the defensive players on a team take an infield position by having the players create an arc between the foul lines. The defensive coach will position the players on the field, remain on the field to instruct them, and ensure they rotate positions each inning.
5. The defensive players must remain beyond the line marker, and inside the left and right baselines prior to the ball being in play. Once the ball is hit fair, the defensive players may move anywhere on the field.
6. The offensive team coach will manage ball placement on the Blast Tee at home plate and make fair or foul calls.
7. The offensive team coach will place the BlastBall on the Blast Tee, and the batter will hit the ball. If the ball is hit fair, the batter will run to the Blast Base.
8. When the ball is hit into play, defensive players can throw the ball to a coach near the Blastball base. "Safe" or "out" calls are not made at this level.

POST-GAME FIELD CHECKLIST

Following the game, the items below must be completed by parent volunteers and coaches:

1. Rake the home plate area to ensure it is smooth and any holes have been filled in properly.
2. Return all equipment, bases, etc. to the equipment bin – keep the bin neat and clean for the next team.
3. Ensure that the equipment bin is locked (2 locks) and the keys are returned to the lock box.
4. Secure/close the lock box and clear the combination/code.
5. Lock the porta-potty after checking to see that nobody is still inside.

PARENT INFORMATION

1. For the safety of all players, RMLL requires parents to stay at the diamond during Blastball to support their player in case of injury or a washroom break.
2. Don't hesitate to get into the field and help the coach. There are many tasks that a parent can help the coach with, including: prepping and setting up the field, organizing players on the bench while hitting during the game, and helping during drills.
3. Players should wear pants during Blastball. Pants are better than shorts at protecting players when they fall on the shale diamond.
4. Players do not need helmets at Blastball because the Blast bats and Blast balls are foam. If players have a helmet, they can wear it, but it is not required.
5. Players cannot use metal bats. Coaches will ask players and parents to leave their own bats at home. Only Blast bats can be used at Blastball.
6. If your team is playing the game first, please be at the diamond 10 minutes prior to game time to help prep and set up the diamond. Players can also do a quick warm-up during this time.