



Northbrook Summer Hockey 2018

All goalies are free to attend the July and August clinics at their level. If goalies are going to attend a clinic at no cost, they must inform Rich Blakey (rblakey@gmail.com). This does not include August day camp.

Registration for the programs can be done on the following websites:

Northbrook Hockey League (NBHL) – <http://www.northbrookbluehawks.org>

Northbrook Jr. Spartans - <https://www.northbrookjuniorspartans.org>

Northbrook Park District – nbparks.org

Programs may be cancelled after June 25th if there is not sufficient registration. Register early. In the past programs have filled and programs were closed to additional registration. NBHL/NBJS programs will not be prorated. Any refunds are subject to a \$20 processing fee.

AND DON'T FORGET...

July 4th parade – NBHL will be in the July 4th Northbrook parade. Check the website for more information and how to participate.

Contacts:

Rich Blakey (Rblakey30@gmail.com)

Scott Sortal (ScottSortal@gmail.com)

NBHL Clinics

All Hockey programs run by the Northbrook Hockey League (NBHL) will be full equipment.

NEW June Progressive Power Skating Clinics

Cost: \$150 per skater (minimum 20, maximum 35 participants)

These sessions are designed to improve balance and edge control, knee bend, stride and recovery, agility, and acceleration.

Date	SQUIRTS		PEEWEEES and BANTAMS	
	Time	Location	Time	Location
June 11	7:30 – 8:30 PM	Mt. Prospect – South	8:40 – 9:40 PM	Mt. Prospect – South
June 14	6:00 – 7:00 PM	Northbrook – A	7:10 – 8:10 PM	Northbrook – A
June 18	7:10 – 8:10 PM	Mt. Prospect – South	8:20 – 9:20 PM	Mt. Prospect – South
June 21	6:00 – 7:00 PM	Northbrook – B	7:10 – 8:10 PM	Northbrook – B
June 25	6:20 – 7:20 PM	Mt. Prospect – South	7:30 – 8:30 PM	Mt. Prospect – South
June 28	6:00 – 7:00 PM	Northbrook – B	7:10 – 8:10 PM	Northbrook – B

NEW for Pee wee and Bantam players: July 9 – August 16

OFF-ICE component: 12 sessions focused on footspeed, agility, core/balance, and interval training

ON-ICE component: 12 sessions focused on skating, puck handling, and battles/cross ice games

Cost: \$275 (minimum 20, maximum 35 participants)

OFF-ICE – PEEWEEES and BANTAMS		
Day/Dates	Time	Location
Mondays July 9 – Aug 13	5:30 – 6:30 PM	Wood Oaks Hill
Thursdays July 12 – Aug 16	5:15 – 6:15 PM	Northbrook Sports Center

ON-ICE – PEEWEEES			ON-ICE – BANTAMS		
Day/Dates	Time	Location	Day/Dates	Time	Location
Tuesdays July 10 – Aug 14	7:50 – 9:00 PM	Northbrook – B	Mondays July 9 – Aug 13	8:30 – 9:40 PM	Northbrook – B
Thursdays July 12 – Aug 16	6:50 – 8:00 PM	Northbrook – B	Thursdays July 12 – Aug 16	7:20 – 8:30 PM	Northbrook – B

Thursday Night Skating, Skills, and Small Area Games (July 12 – August 16)

Open to all (MITE/SQUIRT) players looking get on the ice weekly leading up to Fall Tryouts.

Cost: \$180 (minimum 20, maximum 35 participants)

MITES			SQUIRTS		
Day/Dates	Time	Location	Day/Dates	Time	Location
Thursdays July 12 – Aug 16	4:10 – 5:20 PM	Northbrook – A	Thursdays July 12 – Aug 16	5:30 – 6:40 PM	Northbrook – A

Warhawks Summer Hockey – Girls Rule

We are pleased to announce our Summer Skill-based Clinic for Girls in the U10 ('09 & '08), U12 ('07 & '06), U14 ('05 & '04) & U16 ('03 & '02) levels. Advanced U8 girls may participate.

Classes will be lead by the Warhawks Girls Hockey Staff.

Cost: \$150

U10 & U12			U14 & U16		
Day/Dates	Time	Location	Day/Dates	Time	Location
Wednesdays July 11 – Aug 15	6:50 – 7:50 PM	Northbrook	Wednesdays July 11 – Aug 15	8:00 – 9:00 PM	Northbrook

Pre-Season Day Camp – August 13 - 17

Here is your chance to get back on the ice for the upcoming fall season. All on ice sessions are 90 – 120 minute based on level, and off ice is 1 hour. Players should bring an off ice stick and have gym shoes, shorts, t-shirts as well as full equipment for all ice sessions. Minimum is 20 participants, maximum is 35 participants.

Level	Mites	Squirts	Peewee	Bantam
Days	M-F	M-F	M-F	M-F
Drop off	8 am	8:15 am	11 am	12 noon
Pick up	11:30 am	11:45 am	3 pm	3:45 pm
Location	Northbrook A	Northbrook A	Northbrook A	Northbrook A
Cost	\$250	\$265	\$280	\$295

Daily schedule

On ice	8:30 – 9:50 am	10 am – 11:30 am	11:40 am – 1:20 pm	1:30 – 3:30 pm
Off ice	10:15 – 11:15 am	8:15am – 9:30 am	1:40pm – 2:45 pm	12:00 – 1 pm

Northbrook Park District Camps

Please contact the Park District to register for these classes and camp. All participants in the Northbrook Park District classes should wear a helmet with a mask, elbow pads, shin pads and gloves. There are additional Classes in May/June on Thursday evening and Saturday morning.

The following classes will be offered on Tuesday nights starting June 13:

1. Learn to skate for Hockey (4-8 year olds)
2. Learn to play Hockey (4-8 year olds)
3. Pre-mites (5-8 year olds)
4. 3 on 3 cross ice (5-13 year olds)
5. Intro to Girls Hockey

Session 1

Time: 5:50 – 6:30 pm

Dates: Tuesdays, 6/12 – 7/10 – no class 7/4

Cost: \$99 Res/\$125 Non-Res

Session 2

5:50 – 6:30 pm

Tuesdays, 7/17 – 8/14

\$99 Res/\$125 Non-Res

Hockey Training Academy

Birth year: Ages 5 to 12

Players focus on training and improving skills through concentrated exercises and drills. NBHL/NBJS will coach and direct the program. Interested in being a goalie? Individual instruction and a discount are available. All participants will be required to wear full equipment. Call 847.291.2993 or email RBlakey30@gmail.com for more details.

Dates of the camp are:

Weeks	Cost
July 9 – 13	\$315 Res/\$395 Non - Res
July 16 – 20	\$315 Res/\$395 Non - Res
July 23 – 27	\$315 Res/\$395 Non - Res
July 30 – August 3	\$315 Res/\$395 Non - Res
August 6 – 10	\$315 Res/\$395 Non - Res

Ages 5 – 8 camp is 8 am – 2 pm daily.

Ages 9 – 12 camp is 8 am – 2:30 pm daily.

Swimming option is available daily. Please contact the Park District at 847.291.2993 for more information.