



## WEST FORSYTH GIRLS LACROSSE PARENT COMMUNICATION



Wednesday, February 7, 2018 | 7:00 pm  
West Forsyth High School Cafeteria

**More details soon!**

### Spirit Wear Sales

**The team store will be closing TONIGHT at 11:59 pm on January 31, 2018.** This is your last chance to purchase school spirit items.



A new backpack and NEW UA navy and white cleats have been added to our spirit wear site. Both items are available using this link [www.wfhslacrosse.com/store](http://www.wfhslacrosse.com/store) and scroll to the bottom of the page. It is recommended that all players carry a WEST GIRLS LACROSSE backpack. Two bags have been issued to players through West Girls Lacrosse over the last few years and are approved for use. Any bags bearing another program or travel team logo, such as Lady Laxers are not recommended.

### Freshman Festival – February 10, 2018

WFHS will welcome the Class of '22 at Freshman Festival on Saturday, February 10th from 9:00-11:00 am! Welcome all Wolverines-TO-BE and tell them all out our program! There will be a group of girls that are rising from the West Youth league that will be planning to join the high school teams. Coach Marchand will be working the girls lacrosse table and will need 4-5 players to help. Details soon!



### Season Kickoff Dinner

A season kickoff dinner will be held on **Friday, February 16 at 6:00 pm at The Applegate home.** Please use this link [www.evite.com/seasonkickoff](http://www.evite.com/seasonkickoff) to view the evite and RSVP. Please note that the dinner is *potluck* and we look forward to everyone participating. If you have specific questions regarding dishes to contribute, please contact Stacy Applegate at [stacyapplegate@gmail.com](mailto:stacyapplegate@gmail.com).



### Player Pack Distribution

Scheduled for Monday, February 12, 2018 immediately following practice at Midway Park.

Player Pack sorting will be held on **Sunday, February 11 at 3:00 pm | LOCATION TBA.** A few volunteers are needed to assist with sorting the player packs, please contact Jenna Merkel [jmerkel74@gmail.com](mailto:jmerkel74@gmail.com) or Kim Bruce [kagbruce@yahoo.com](mailto:kagbruce@yahoo.com) 770-375-5697.

## Registration and Player Fees

**REGISTRATION OF YOUR PLAYER SHOULD BE COMPLETED NOW AND PLAYER FEES ARE DUE FEBRUARY 1.** It is important to complete your player information, including insurance information. We require this information in the event that your player is injured at a game or practice and she is in need of medical care.

Player fee must be **paid in full** prior to the start of season. If you have chosen to pay player fees utilizing the installment plan, the payment for all installments is due now in the amount of \$900. Failure to pay player fees, will delay the delivery of the player pack that includes spirit wear and uniform. These items will be used for games and worn in all team photos. Any player who do not have spirit wear chosen to wear in group photos, will not be allowed to participate in photo.

As of today, our treasurer has collected approximately 60% of player fees. Only 1 family has made arrangements with for monthly payments. \*If you currently working on sponsors and our treasurer has not received the check by this deadline, you will receive a refund at 40% of sponsor donation paid on February 1 and April 1.

## US Lacrosse Membership

All players are required to have an active membership with US Lacrosse and cannot expire during the 2018 spring season. Please verify that your member number is valid. Anyone with an expired or no US Lacrosse Membership will not be allowed to play.



## Sports Physical

All players are required to have an up-to-date sports physical on file in order to tryout for a sport.

If your daughter does not have an up-to-date physical, please make arrangements to complete. Go to [www.planeths.com](http://www.planeths.com). Set up your Planet High School account for a parent and a student. Then link accounts following system prompts. If your player does not have an up-to-date physical on file, she will not be allowed to participate. Physicals can be performed at a location convenient to you, but we have had success using the following facilities.



Bethany Bend Urgent Care  
13081 Highway 9 North, Milton, GA 30004  
Phone: 770-521-6690  
[www.wellstreet.com/milton-urgent-care](http://www.wellstreet.com/milton-urgent-care)

CVS Minute Clinic  
4895 Post Road, Cumming, GA  
Phone: 678-341-6858  
[www.cvs.com/minuteclinic/post\\_road](http://www.cvs.com/minuteclinic/post_road)

## 2018 Spring Season Roster

### CONGRATULATIONS TO ALL OUR PLAYERS.

WFHS Girls Lacrosse 2018 Varsity	WFHS Girls Lacrosse 2018 V / JV PIVOT	WFHS Girls Lacrosse 2018 JV
Athey, Lily	Allbritton, Megan	DeMarchi, Emma
Bell, Grace	Applegate, Hannah	Hamilton, Kaylee
Brougher, Katie	Burrell, Bri	Hayes, Caroline
Bruce, Maggie	Dziuba, Keli	Huggins, Abby
Evangelista, Tayler	Krogman, Ava	Jenkins, Amanda
Gadsden, Tori	Sindersine, E	Keller, Anne
Hipe, Kathryn	Steigerwalt, Bella	Kiagiadakis, Mia
Houlberg, Maddie	Villacorta, Izzy	Lanier, Madi
Houlberg, Sam	Wood, Lola	Lomanto, Brianne
Junea, Sarah Beth		Lucas, Eliza
Madson, Ella		Mac Au, Jaella
Merkel, Cami		Niedzialek, Marta
Pulliam, Kate		Ordway, Zoe
Sabol, Savannah		Reed, Jenna
Sowa, Kelsey		Sindersine, A
Stiptech, Jordan		Tate, Morgan
VanDuyse, Olivia		Tucker, Laine
Voshall, Madison		Wassilchak, Arden
Warr, Harper		Williams, Sophy
Wawrek, Reagan		Womble, Catherine
White, Jillian		

## Practice Schedule

All teams will practice daily from 5:00 – 7:00 pm on the Upper Field at Midway Park. Any changes will be announced through email, text and social media. The players and coaches use GROUP ME for direct communication.

## 2018 Game Schedule\*

\* Schedule may change. Please continue to refer to the website and player/parent communications.

### HOME GAMES IN BOLD

Junior Varsity			Varsity		
Date	Time	Opponent	Date	Time	Opponent
February 17	3:30 pm	Harrison	February 17	2:00 pm	Harrison
			<b>February 21</b>	<b>5:30 pm</b>	<b>Archer</b>
			<i>CHATTANOOGA TOURNAMENT</i> in Chattanooga at Baylor School		
			February 23	7:30 pm	Baylor School
			February 24	1:30 pm	Oak Mountain, AL
February 28	7:15 pm	South Forsyth	February 28	7:15 pm	South Forsyth
<b>March 6</b>	<b>5:55 pm</b>	<b>St. Pius</b>	<b>March 6</b>	<b>7:30 pm</b>	<b>St. Pius</b>
March 8	7:30 pm	North Forsyth	March 8	5:55 pm	North Forsyth
March 13	7:30 pm	Alpharetta	March 13	5:55 pm	Alpharetta
<b>PEACHTREE CITY OVERNIGHT GAMES</b>					
March 16	5:15 pm	Starrs Mill	March 16	6:45 pm	Starrs Mill
March 17	9:00 am	McIntosh	March 17	11:00 am	McIntosh
March 19	5:55 pm	Johns Creek	March 19	7:30 pm	Johns Creek
<b>March 28</b>	<b>7:30 pm</b>	<b>Cambridge</b>	<b>March 28</b>	<b>5:55 pm</b>	<b>Cambridge</b>
April 17	7:15 pm	Woodward	April 17	5:30 pm	Woodward
			April 20	6:00 pm	Milton
			<b>April 21</b>	<b>11:00 am</b>	<b>Forsyth Central</b>
			<b>April 27</b>	<b>7:00 pm</b>	<b>Roswell</b>

JV Tournament in Alpharetta originally scheduled has been cancelled. This does not affect the number of required games per season for the JV team. The team is already playing 1 extra game to meet requirements.

Lambert game will be rescheduled. New coaching changes created a conflict. Once a date is secured, it will be communicated. We are making every effort to play a game on that date to coordinate with the previously scheduled WEST YOUTH LACROSSE DAY.

### Overnight Games

The girls lacrosse program has the opportunity to participate in different games that require overnight stays. The VARSITY team will participate on February 23-24 in Chattanooga, TN. Then VARSITY AND JV teams will participate on March 16-17 in Peachtree City, GA. All players will be expected to travel with the team on buses and girls will be expected to room together in the hotel. Room assignments will be made prior to the trip. All expenses for the players to travel are included in her player fees. Additional expenses would include hotel arrangements for families if travelling with the team or food. If you do not plan to attend the overnight games, you will need to coordinate transportation of your player to the field. A Parent Transportation Waiver will be required for your player. Detailed information will be distributed for discounted hotel rooms and travel.

VARSAITY ONLY	VARSAITY/JV
Information packet distributed on 01/30/18. <a href="#">Chattanooga, Tennessee Travel Document</a> Hotel: Embassy Suites 2 games: The Baylor School and Oak Mountain, AL	Information packet will be distributed soon. Peachtree City, Georgia Travel Document <b>COMING SOON</b> Hotel: Peachtree City Golf and Conference Center 2 games: Starrs Mill High School and McIntosh High School

### Volunteer Opportunities

We are rapidly approaching the beginning of 2018 and the spring lacrosse season. All volunteer coordinators will have information and sign up opportunities at the meeting on February 7. As discussed at the parent meeting, the success of a program is determined by the involvement of the parents and volunteers.

<b>Concessions</b>	Kim & Brian Brougher
<b>Fundraising Support</b>	Stacy Applegate
<b>Field/Facility Operations</b>	Justin Sandersine
<b>Resource Volunteer Coordinator</b>	Fire Brown & Gadsden
<b>Special Event Coordinator</b>	Jon White
<b>Website Coordinator</b>	Paul Sciandra

**URGENT VOLUNTEER REQUEST:** We need a designated photographer for the JV and the Varsity teams. Additionally, we will need one more videographer for all games.

## Fundraising

Our efforts to raise funds have paid off! Our total fundraising efforts have raised **\$29,993.88** since our parent meeting on October 4, 2017.

<b>Sponsorships</b>	More than 35 received	\$19,799.09
<b>Golf Cart Ticket Fundraiser</b>	350 tickets sold total \$7,108.58	\$3,554.29
<b>Discount Card Fundraiser</b>		\$6,640.50

## Sponsorships

We will continue to accept sponsorships throughout the season. Many potential sponsors ask our team to visit them after the new year when budgets are updated for the calendar year. If you visited a potential sponsor that ask you to revisit them, please follow up with them. All sponsors should submit their check and a high-res and low-res logo asap. Any sponsorships received now will not be included on the t-shirt, but will be used for all printed and social media and our website. All sponsors who have agreed to sponsorships have been personally contacted on the phone by Stacy Applegate. Once our sponsor tshirts are received, she will hand deliver thank you gifts to each of the sponsor. PLEASE NOTE: if a sponsorship was not received by the November deadline, the sponsor logo will not be included on the sponsor tshirt. The logo will appear on all social media, website and announcements. Sponsor company logos should be submitted to [stacyapplegate@gmail.com](mailto:stacyapplegate@gmail.com). Checks should be sent to Pam Pulliam, 4020 Northridge Drive, Cumming, GA 30040.

## Lady Laxers 2018 Summer Program

GIRLS SUMMER TRYOUTS HAVE BEEN COMPLETED: For more information, please contact Erik Merkel at [ladywolverinelaxers@gmail.com](mailto:ladywolverinelaxers@gmail.com).



**LADY LAXERS**  
**SUMMER 2018**

 June 1-3 Roswell, GA	 June 2-3 Peachtree City, GA		 June 16-17 Charleston, SC	 June 23-24 Nashville, TN
 June 9-10 Emerson, GA	 June 5-7 Cumming, Ga		 July 14-15 Chattanooga, TN	 July 20-22 Richmond, VA
<b>High School Blue</b> 2019-2022	<b>High School White</b> 2019-2022	<b>Middle School</b> 2023,2024	<b>Youth</b> 2025, 2026, 2027	<b>Lil' Laxers</b> 2027,2028
Southern Alliance Tournament	Southern Alliance Tournament	Southern Alliance Tournament	Southern Slam	Southern Slam
Palmetto Lax Classic	Palmetto Lax Classic	Palmetto Lax Classic	Summer Lax Splash	Summer Lax Splash
Music City Lacrosse Festival	Music City Lacrosse Festival	Music City Lacrosse Festival	Chattanooga Challenge	Chattanooga Challenge
Capital Cup IWLCA		Summer Camp June 5-7	Summer Camp June 5-7	Summer Camp June 5-7
<b>\$800</b>	<b>\$650</b>	<b>\$650</b>	<b>\$650</b>	<b>\$650</b>

Player Evaluations: 1/27/18 Midway Upper  
HS/MS 11am

[www.ladywolverinelaxers.com](http://www.ladywolverinelaxers.com)  
[Ladywolverinelaxers@gmail.com](mailto:Ladywolverinelaxers@gmail.com)