

General

It is our goal that your participation will be rewarding and that you will participate again in the future. Given the fact that this is our first day, you may experience some minor inconveniences but please be patient. At this time, we would like to bring to your attention the following items:

Philosophy

This league is designed to be purely recreational in nature and it should be stressed that both the parents and participants should not have the attitude that one must win at all cost.

Equipment

All players must wear always:

- Team T-shirt
- CSA approved helmet along with full facial shield
- Elbow pads
- Hockey Shin Pads or knee and shin pads
- Hockey Gloves
- Jock Strap
- Running Shoes

All players must use a hockey stick that has a wooden blade only.

Scorekeeping

We ask that the home team provide one scorekeeper per game. This scorekeeper must be an adult. It is the coach's responsibility to find such a person. We do appreciate your cooperation in this matter.

Schedule/Times of Games

Given the fact that the league only runs for 2 months, the schedule is quite compact and you will play an average of at least 2 games per week. We have tried to balance the schedule for the timing of the games. There are no practices or tournaments. Moreover, exhibition games outside the schedule are not permitted.

We ask that all teams be ready to play 10 minutes prior to game time. This will ensure no time delays. All teams will receive a 10-minute warm-up prior to game time.

Goalkeeper Equipment

The league loans out goaltender equipment on a per game basis only. Only coaches are permitted to retrieve the equipment and it is not kept by any player.

Rules of the Game

We will be invoking all current Hockey Canada rules with some exceptions;

1. There is no red line for two line passes but it will count for icing.
2. All penalties will either be 3 minutes for minor infractions or 5 minutes for major infractions (running time). All penalties are fully served. If a goal is scored for a minor penalty the penalized team will go back to full strength but the penalized player will stay in the penalty box.
3. Any player who receives a total of 9 minutes of penalties in a game must leave the game. This player will be subjected to league review and could be subjected to further suspensions.
4. Any player who receives two league suspensions will be removed, without refund, from the league.
5. Any disrespect towards league officials, participants and coaches will also lead to ejection from the league.
6. The 'floating blue line' rule will be in effect for all age groups. It reads
"Once the attacking team crosses the opponents blue line, with the ball, then the blue line is eliminated and the attacking zone is now the area from the centre line in. The attacking zone is reset once the ball crosses back over the centre line."
7. All games are 50 minutes, (2 halves – 23 minutes long with a 4 minute break at half) 10 minute warm is in effect until playoffs.

Balancing of Teams

The balancing of teams is necessary in order to assure equitable play. Team balancing will occur after most teams have played 3 games. Although the intent is to bring about fairness amongst all teams, team balancing is not perfect and at times it is impossible to reach fully balanced teams. Such issues as who is in nets and who shows up are mitigating factors that are beyond our control. A player must move if he/she is traded to another player. No refunds will be issued because of team balancing.

Three Goal Rule

In keeping with the spirit of recreational play, our league has adopted the three-goal rule. No player can score more than 3 goals in any one game including playoffs.

League Standings

www.canadianhockeyacademy.com