

OREGON SOCCER CLUB EMERGENCY ACTION PLAN

An Emergency Action Plan (EAP) is a written set of systems and processes that are followed if a serious health or environmental condition occurs.

1. Notify the head coach immediately
2. Stop the game and begin assessment of player
 - a. Conscious or unconscious
Unconscious players should be considered to have a life-threatening condition. Check and establish airway, breathing, circulation (ABC)
3. Serious Injury
 - a. In the event of a serious injury, have a coach or a parent call 911 for emergency assistance. Caller should relay the following: 1) location, 2) type of emergency, 3) suspected injury, 4) present condition 5) current assistance being given.
 - b. Ask if there is a doctor or medical personnel on the field
 - c. Designate a parent to direct emergency service to the player. Do not move the player.
 - d. Contact the player's parent of guardian if on the field
 - e. If unable to do so, reference the Medical/Contact information for contact information, preexisting injuries, allergies, date of birth, hospital preference
4. Minor Injury
 - a. If injury is minor, relocate to the sideline when the player is able to do so
 - b. Use the team first aid kit and treat to the level of training.
 - c. Contact the player's parent of guardian if available.
 - d. If not on the field, reference the Medical/Contact information for the parents contact information or at a minimum speak with the parent or guardian to inform them of the injury and discuss care before leaving the field.