

Referee Checklists & Rules

Checklists

Make sure to follow these pre-game, halftime, and post-game checklists

Pre-Game

- Arrive 30 minutes before game time.
- Meet up with our referee crew
- Check in with each coach. See if they have any questions. Go over game times, substitution rules, head injury protocol. Check game balls.
- Refer to team check-in procedures below.
- Inspect field and make sure goals are anchored. Don't start games until goals are anchored.
- Have appropriate pre-game talk with crew
- Make sure goals and cards are tracked.

Halftime

- Review 1st half
- Provide constructive feedback.
- Suggest what to work on in 2nd half.

Post-Game

- Stick around for post-game handshakes. Make sure coaches and players maintain good sportsmanship.
- Comp: return player passes and game card to teams; record goals and cards on game card.
House: keep score/cards for a few days (just in case)
- Review 2nd half. Were suggestions implemented in 2nd half?
- Provide 1-2 things to work on for next game
- Call or text Bob (or the ref-in-charge) if a red card was issued (player or coach).
- Complete dismissal report or incident report (in case of serious injury, inappropriate fan behavior, or any unusual incident).

See more specific checklists for each competition level in 'Rules' page.

Rules

Soccer is governed by FIFA's 'Laws of the Game'. Here is the link (<http://www.cnra.net/2016/08/2016-17-laws-game-update/>). From there, each competition level, age group, and league have additional sets of rules and checklists. Listed below are rules for House, Competition, NPL, Adult, and Middle School games.

House Rules

<http://www.impactsoccer.org/doclib/Field%20and%20Game%20Information.pdf>

Specific Referee Checklists. Since no player passes exist, simply gather the players together and make sure they are properly equipped.

Competition Rules

Complete rules (<https://drive.google.com/file/d/0B1JGP30ZaZzbcEdSdHVTYUpLeIk/view>)

Age	Game Length (min)	Half time (min)	No. of Players	Roster Size	Ball Size	Header
U9-U10	2 x 25	5	7v7 (min 5)	14	3	No
U11-U12	2 x 30	5	9v9 (min 6)	16	4	U11 No; U12 Yes
U13	2 x 35	10	11v11 (min 7)	18	5	Yes
U14-U16	2 x 40	10	11v11 (min 7)	18	5	Yes
U17-Adult	2 x 45	10	11v11 (min 7)	18	5	Yes

Player pass **must** be present. Roster (game card) can be electronic if necessary. Player **must** be listed on the roster. If team does not have player passes, game is played under protest.

Substitutions

Substitutions are at the referee's discretion. A substitution can take place for either team at the following times:

1. Prior to a kick-off
2. A goal kick
3. A throw-in by either team

4. After the referee stops play for an injury or yellow card or red card

Unlimited substitutions are allowed but NorCal Premier Soccer reminds all coaches to handle substitutions in a professional manner so as not to detract from the game.

Specific Referee Checklists. Check in each team. Make sure each player has a player pass **and** is on the roster. The physical player pass must be present. An electronic version of the roster is acceptable.

Send-off and Incident Reports. All NorCal affiliated games (not House/Adult/Middle School games), if a red card was issued or there was a noteworthy incident (i.e., severe injury, poor field conditions, issues with coaches/spectators, game abandonment, or player/coach pass issues), the appropriate form must be submitted. Go here: <http://norcalpremier.com/resources/referees/forms/>

NPL Rules

Complete rules (<https://drive.google.com/file/d/0B1JGP30ZaZzbcEdSdHVTYUpLelk/view>)

Age	Game Length (min)	Half time (min)	No. of Players	Roster Size	Ball Size
U14-U16	2 x 40	10	11v11 (min 7)	18	5
U17-Adult	2 x 45	10	11v11 (min 7)	18	5

Player pass **must** be present. Roster (game card) can be electronic if necessary. Player **must** be listed on the roster. If team does not have player passes, game is played under protest.

Substitutions

Substitutions are allowed at the referee's discretion. A substitution can take place for either team at the following times:

1. Prior to a kick-off
2. A goal kick
3. A throw-in
4. After the referee stops play for an injury or yellow card

Substitutions are permitted as follows:

- First Half - No Re-Entry
- Second Half – One (1) Re-Entry

There will be 1 re-entry per half for an injured GK (no field player re-entry).

In accordance with the new USSF Head Injury guidelines, a substitution for a suspected head injury will not count against re-entry rules.

Specific Referee Checklists. Check in each team. Make sure each player has a player pass **and** is on the roster. The physical player pass must be present. An electronic version of the roster is acceptable.

Send-off and Incident Reports. All NorCal affiliated games (not House/Adult/Middle School games), if a red card was issued or there was a noteworthy incident (i.e., severe injury, poor field conditions, issues with coaches/spectators, game abandonment, or player/coach pass issues), the appropriate form must be submitted. Go here: <http://norcalpremier.com/resources/referees/forms/>

Adult Rules

These are the adult rules: <http://www.impactsoccer.org/doclib/ref2016IMPACTADULTCOEDRULES.pdf>

Report all red cards and incidents to Bob Sabella.

Middle School Rules

- Girls games start at 3:45
- Boys games play after the girl's game, at approximately 5:15
- Two 30-minute halves with a 5 minute halftime
- Unlimited substitutions on any possession
- Referee's choice; parents can be asked to AR but only call in/out.
- *Report all red cards and incidents to Bob Sabella.*