



## THE PAS PEEWEE A HUSKIES HOCKEY CLUB PREPARING FOR THE BANNER



### UPCOMING SCHEDULE

- ★ **February 27<sup>th</sup> - Practice – 7:45 pm – Full Ice**
  - Be at the rink in dressing room for 7 pm – 15 minute chalk talk
  - On ice at 7:45 pm SHARP!
- ★ **March 1<sup>st</sup> - Practice – 7:00 am – Full Ice**
  - Be ready to go on ice at 7:00 am SHARP!
- ★ **March 1<sup>st</sup> – Team Event – 6:00 pm to 7:30 pm – Andre's House**
  - Spagetti supper and video/team building activity!

MAKE FRIENDS  
FUN!  
#19 JACE

NEW  
DRILLS  
#15 JESSE  
CHALLENGING  
#8 AIDEN  
#18 ETHAN

SKILL DEVELOPMENT  
IMPROVE  
IMPROVE AT  
SKATING  
#3 AJ

BE MORE INTO FIGHTING  
FOR THE PUCK  
KIDS TO ENJOY  
THEMSELVES.

#11 ALEX  
HAT TRICK  
GET BETTER AT SHOOTING  
FRIENDS  
GOALS  
2017-18 PEEWEE A  
HUSKIES  
DEFENCE!  
FAIR PLAY!  
#31 NOLAN  
PREP FOR CHECKING  
HAVE FUN!  
GO TO DIFFERENT PLACES  
SOCIALIZE WITH PARENTS  
WIN



DEVELOPMENT  
#6 RIEL  
ORGANIZATION  
#12 LOGAN  
#30 MATT  
TRAVEL  
#10 AMIE  
TEAM SPIRIT  
GET BETTER  
#16 JAYDEN  
KIDS HAVE FUN  
HAVE FUN AND  
PLAY HARD  
ICE TIME!  
#9 XAIVER  
WIN SOME GAMES  
#14 TERRELL  
WORK  
HARD  
WIN PROVINCIALS

*"When you want what you've never had  
You must learn to do what you've never done"*



## ***THE PAS PEEWEE & HUSKIES HOCKEY CLUB*** ***PREPARING FOR THE BANNER***



### ***Provincial Playoff Goals***

- |   |                                    |
|---|------------------------------------|
| ★ <i>Stick to the game plan</i>             | <i>Be prepared at all times</i>    |
| ★ <i>Minimum 10 shots per period</i>        | <i>Pucks wide in N-Zone</i>        |
| ★ <i>Zero retaliation/emotion penalties</i> | <i>Good Citizens and Teammates</i> |

### **Game Plan**

- ★ All back check hard to our house – stop, talk / face puck / stick on puck/body on body.
- ★ 5 Foot Rule....get it out.....get it in deep!
- ★ Tight coverage in Defensive Zone – **Mark UP!** If you're by yourself, someone is open!
- ★ Overload wall – set up house in Offensive Zone! Cycle and pass D.
- ★ Protect the middle of the ice – D side positioning.
- ★ Shoot and chase your shot.
- ★ Pass the puck! Move and get open to receive the puck back.

**PUCKS OUT ..... FIRST TIME ..... EVERY TIME!**

***PUSH!***

*The challenge isn't someone else*

*The challenge is within*

*It's the aching in your lungs*

*It's the burning in your legs*

*And the voice that yells can't*

*But you don't listen*

*You just push harder*

*Then you hear a voice whisper can*

*And you realize the person you thought you were*

*Is no match for the one you really are.*

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# The Pas Peewee A Huskies

## ROAD TO THE BANNER SCHEDULE

**DOWN BY 2!**

### FRIDAY, MARCH 2<sup>ND</sup>

- 12:00 pm Arrive at the arena
- 12:30 pm Prep for game and pre-game meeting with coaches in dressing room
- 12:45 pm Begin off ice warm up (15 minutes)
- 1:20 pm Pre Game Prep – All players dressed and ready to go
- **1:30 PM** **GAME - HUSKIES VS. FLIN FLON**  
*Post-game review with coaches and cool down after game*
- 3:30 pm Post game food/fuel
- 4:30 pm Arrive at arena for Opening Ceremonies
- 4:45 pm Staging for Opening Ceremonies – Huskie Room
- 5:00 pm Opening Ceremonies
- 9:00 pm HOME TIME!
- 10:00 pm Lights out! No cell phones, texting, Facebook, etc. Need to sleep.

### SATURDAY, MARCH 11<sup>TH</sup>

- 8:00 am Breakfast – make sure all players have eaten
- 8:45 am Arrive at the arena prep for game – meet with coaches
- 9:15 am Begin off ice warm up
- 9:45 am Pre Game Prep – All Players dressed and ready
- **10:00 AM** **GAME - LORETTE VS HUSKIES**  
*Post-game review with coaches and cool down after game*
- NOON Post game food/fuel and rest

***NEXT GAMES DEPENDS ON STANDINGS - COULD BE AS EARLY AS 5:00 PM***

### SATURDAY

Game 8	Consolation Semi-Final		
	6th overall	vs	7th overall
			5:00 p.m.
	(5th place team receives bye to Consolation Final.)		

### SUNDAY

Game 9	2nd overall	vs	3rd overall	9:00 a.m.
Game 10	1st overall	vs	4th overall	11:00 a.m.
Game 11	Consolation Final			
	5th overall	vs	Winner Game 8	1:00 p.m.
Game 12	Bronze Game			3:00 p.m.
	Loser-Game 9	vs	Loser-Game 10	
Game 13	Championship Game			5:00 p.m.
	Winner-Game 9	vs	Winner-Game 10	

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### Other things to remember

- Be on time! We all need to warm up together as a team and at the same time.
- Be Prepared! Have your Gatorade/mid game snack/etc. in the dressing room at the start of the game. There will be no “can you get my mom to buy me a Gatorade” during this weekend.
- No Gatorade in water bottles – dressing rooms only.
- Get your skates sharpened! Do not forget your hockey socks! Mouth guards! Neck guards!
- Have your warm up stuff with your....shorts/shirt/running shoes.
- If you dress good, you feel good, you play good!
- Remember.....be a good citizen and be remembered for the good stuff. How you act when no one is watch is what a champion is made off.
- Drink lots of water this week. Need to hydrate before our games.

Rest, proper eating habits and good warm up/cool down will help us be successful this weekend.



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