

Cost of Camp  
**Both sessions: \$55.00**  
**One session: \$30.00**

Please make checks payable to:  
**Saratoga Central Catholic  
Baseball**

Camp will be conducted at:  
**Saratoga Central  
Catholic Gymnasium  
and Baseball Training  
Center**  
**247 Broadway,  
Saratoga Springs**



Head Coach: Alphonse Lambert  
(518)587-7070 ext. 109  
(518)338-8996 (cell)  
lambert@saratogacatholic.  
org [www.spasaints.com](http://www.spasaints.com)

**Coach Lambert** has been the head baseball coach at Saratoga Central Catholic for 30 years. He was hired in 1988 as the youngest head baseball coach in NYS (22 years old). Coach Lambert took over a struggling program that was winless the year before and had only 2 winning seasons in the past 15 years. In 3 years the Saints program proceeded to win 3 consecutive league championships. The Saratoga Central Catholic Baseball program is now regarded as one of the top programs in NYS. Coach Lambert's teams have won 14 league championships, 5 sectional and 3 regional championships. His 2000 team led by former MLB player Tim Stauffer went 27-2 winning 26 consecutive games and advanced to the NYS championship game losing in 9 innings to Falconer HS out of Buffalo. To date Coach Lambert's career record is 526-183 (.745 winning %) including a 43-26 (.623%) in the post season. In 2010 Coach Lambert was named Diamond Sports Regional Coach of the Year. He is a member of the NYS Baseball Hall of Fame as well as the City of Saratoga Springs and St. Peter's/Saratoga Catholic Hall of Fame.

**Coach Long** has been the head assistant coach at Saratoga Central Catholic for 12 years having coached at the modified, JV and Varsity levels. Coach Lambert credits Coach Long for much of the Saints hitting success over the years. "With a very simple approach to the art of hitting Coach Long has made the Saints an offensive force every year". He has been the head coach for the Saratoga Stampede American Legion Programs for 10 years. Coach Long has directed the team to NYS championships in 2009, 2010 and 2012. He was an All-American at Union College and played minor league baseball in the Yankee organization until injuries ended his playing career. His love and passion of the game come from his family. Coach Long's grandfather was a barnstorming teammate of Bath Ruth and his father Dale Long, Sr. played in the MLB for 11 years in the 1950 and 60s. Dale Long, Sr. still holds the record for home runs in consecutive games with 8, tied with Don Mattingly and Ken Griffey, Jr. Coach Long is inducted into several Hall of Fames including the NYS Baseball and the Albany Twilight League Hall of Fame.

# Saints Baseball Camp

under the direction of  
NYS Baseball  
Hall of Fame Inductees  
Coach Alphonse Lambert  
Coach Dale Long



## Saturday, March 10th, 2018

1. Ages 5-6 9:00 am—10:15 am
2. Ages 7-8 10:45 am—12:45 pm
3. Ages 9-10 2:00 pm—4:00 pm
4. Ages 11-12 4:30 pm—6:30 pm

## Sunday, March 11th, 2018

1. Ages 5-6 9:00 am—10:15 am
2. Ages 7-8 10:45 am—12:45 pm
3. Ages 9-10 2:00 pm—4:00 pm
4. Ages 11-12 4:30 pm—6:30 pm

## SAINTS BASEBALL

Saratoga Central Catholic HS  
247 Broadway  
Saratoga Springs, NY



# General Sessions

These sessions are designed to give each player professional instruction in such vital areas as hitting, pitching, defense, and base running. There will be individual attention paid to each player. This will be a hands-on clinic where participants will be working to improve their skills. Players in both sessions must bring sneakers (no black soles) baseball hat, glove, bat, sneakers, shorts or sweats, and t-shirt.

Location: Saratoga Central Catholic

## Coaching Staff

**Phonsey Lambert**—Head Baseball Coach Saratoga Central Catholic (30 years), 526-183 (.745), 2010 Diamond Sports Regional Coach of the Year. 2013 Inductee NYS Baseball Hall of Fame

**Dale Long, Jr.**—Assistant Baseball Coach Saratoga Central Catholic, Saratoga Stampede American Legion Head Coach 2009 -2010, and 2017, NYS American Legion Champions, 2012, 2013 Inductee NYS Baseball Hall of Fame

**Current SCC Varsity Baseball Players**

WE REQUEST pre-registration so that you will not be shut out or caused any delay. Walk-ins will only be admitted if space is available. No pre-registration money will be refunded.



**For further information:**

[www.spasaints.com](http://www.spasaints.com) Or email:  
[lambert@saratogacatholic.org](mailto:lambert@saratogacatholic.org)

or call:

(518) 587-7070 ext. 109

Name: \_\_\_\_\_  
Address: \_\_\_\_\_

Age: \_\_\_\_\_

School: \_\_\_\_\_

Phone: \_\_\_\_\_

Parents: \_\_\_\_\_  
Emergency #: \_\_\_\_\_

Email: \_\_\_\_\_

CK#: \_\_\_\_\_

Cash \$: \_\_\_\_\_

DOB: \_\_\_\_\_

I recognize there exists a risk of injury from the activities involved in the program, and knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases of others, and assume full responsibility for our child's participation. I, or myself and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release and hold harmless Alphonse Lambert and Dale Long, Jr., officials, agents, employees, sponsors, advertisers, and owners and lessors of the premises ("Releases") from any and all injury, disability, death or loss or damage to person or property whether arising from the negligence of the releases or otherwise. I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, an sign it freely and voluntarily without any inducement. No refunds will be granted...no exceptions.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please make checks payable to: Saratoga Central Catholic Baseball and mail to 247 Broadway, Saratoga Springs, NY 12866 Visit our website at: [www.spasaints.com](http://www.spasaints.com)