



BERKSHIRE SCHOOL - Sheffield, MA

THE ULTIMATE HOCKEY CAMP



Session #1 July 7-13, 2019
Session #2 July 13-19, 2019

2019 Camp Schedule

NOTE: Activities may be added, cancelled or re-scheduled as deemed necessary by Planet Hockey Staff



Session #1 | July 7-13, 2019 | Coleman NHL Combine

v.1

July 7 SUNDAY Day 1		July 8 MONDAY Day 2		July 9 TUESDAY Day 3		July 10 WEDNESDAY Day 4		July 11 THURSDAY Day 5		July 12 FRIDAY Day 6		July 13 SATURDAY Day 7	
ACTIVITY		ACTIVITY		ACTIVITY		ACTIVITY		ACTIVITY		ACTIVITY		ACTIVITY	
2:30-3:00	Check-in	7:30am	Wake up	7:30am	Wake up	7:30am	Wake up	7:30am	Wake up	7:30am	Wake up	7:00am	Wake up
3:00-3:30	Orientation	8:00-8:30	Breakfast	8:00-8:30	Breakfast	8:00-8:30	Breakfast	8:00-8:30	Breakfast	8:00-8:30	Breakfast	7:30-8:00	Breakfast
3:30-4:00	Dorm move-in	8:45-9:00	Pre-skate meeting	8:45-9:00	Pre-skate meeting	8:45-9:00	Pre-skate meeting	8:45-9:00	Pre-skate meeting	8:45-9:00	Pre-skate meeting	8:15-8:45	Team Skills
4:30-5:45	ICE #1	9:30-11:00	ICE #2	9:30-11:00	ICE #4	9:30-11:00	ICE #6	9:30-11:00	ICE #8	9:30-11:00	ICE #10	9:00-9:30	Clean/Move out
6:00-6:45	Dinner	11:30-12:15	Dryland Training	11:30-12:15	Dryland Training	11:30-12:15	Dryland Training	11:30-12:15	Dryland Training	11:30-12:15	Dryland Training	10:15-11:30	ICE #12 'PH CUP'
7:00-7:30	Team Meeting	12:15-12:45	Classroom	12:15-12:45	Classroom	12:15-12:45	Classroom	12:15-12:45	Classroom	12:15-12:45	Classroom		Final Game
	Camp Security	12:45-1:30	Lunch	12:45-1:30	Lunch	12:45-1:30	Lunch	12:45-1:30	Lunch	12:45-1:30	Lunch	12:00-12:30	Closing
	Safety Rules	1:30-2:00	Off Ice Stick Skills	1:30-2:00	Off Ice Stick Skills	1:30-2:00	Off Ice Stick Skills	1:30-2:00	Off Ice Stick Skills	1:30-2:00	Off Ice Stick Skills		
7:30-9:15	Team Skills	2:30-4:00	ICE #3	2:30-4:00	ICE #5	2:30-4:00	ICE #7	2:30-4:00	ICE #9	2:30-4:00	ICE #11		
10:00pm	Lights Out	4:45-6:00	Team Skills	4:45-6:00	Team Skills	4:45-6:00	Team Skills	4:45-6:00	Team Skills	4:45-6:00	Team Skills		
		6:15-7:00	Dinner	6:15-7:00	Dinner	6:15-7:00	Dinner	6:15-7:00	Dinner	6:15-7:00	Dinner		
		7:00	Evening Activity	7:15-8:30	Q&A Session	7:00	Evening Activity	7:00	Evening Activity	7:00	Evening Activity		
		8:00-9:00	Hockey Night in Berkshire		with NHL players	8:00-9:00	Students vs. Coaches' Game	9:30	In Dorms	8:00-9:00	Hockey Night in Berkshire		
			NHL Game	10:15pm	Lights Out		'Battle at Berkshire'	10:15pm	Lights Out		NHL Game		
		10:15pm	Lights Out			10:15pm	Lights Out			10:15pm	Lights Out		

PROGRAM DETAILS

Team Skills - Floor Hockey, Shooting Competitions, Stickhandling, Speedball, Dodgeball, Soccer, Basketball, Ultimate Frisbee, Hiking, Team Building

Off Ice Stick Skills - Stickhandling, Shooting instruction, Goaltending Training

Evening Activity - Gym Activities, Movie Night, Guest Speaker, Hockey Concepts, Team Meeting, Game Night, Trivia

Hockey Night in Berkshire NHL Game - optional add-on game with/against current NHL players

Battle at Berkshire' Student vs. Coaches Game - optional add-on game vs. Planet Hockey Coaches