



2018 SKILLS AND DRILLS SPRING TUNE UP



What

- 4-week basketball skills and drills training program
- Develop competitive skills, footwork, quickness, strength and endurance
- Coaches with unmatched experience and success in athletics
- Experience coaching at the high school, college and professional levels
- Dedicated, positive and motivational program helping to improve skills and gain confidence
- Includes 6 hours of training and a t-shirt
- \$100 per player / \$90 per player if you register 2 or more per family



Who

- **Boys** and **Girls**, all skill levels of players
- 2nd to 11th graders
- Open to the first 40 players



When

- **Sunday nights**
- April 8, 15, 22 and 29
- Session 1: 5:30 – 7:00 pm (2nd – 6th Grade)
- Session 2: 7:00 – 8:30 pm (7th – 11th Grade)



Where

- University Lake School, 4024 Nagawicka Rd., Hartland
- St. John's Military Academy, 1101 Genesee St., Delafield



REGISTER ONLINE AT:

WIFOCUSBASKETBALL.ORG

QUESTIONS: FOCUSCOACHDUSTIN@GMAIL.COM