



GPS CAROLINA

RESIDENTIAL CAMP

SUMMER 2018

ARMSTRONG STATE UNIVERSITY
SAVANNAH, GEORGIA



Dear Parent and Player,

The information contained in this packet is **VITAL** to your experience at a GPS Residential camp. Please read the following information carefully as many of the questions you may have regarding camp will be answered in this document.

We recommend you keep hold of this paperwork as you may need to refer back to it closer the time. Thank you again for choosing GPS Carolina.

Regards,
GPS Residential Camp Department

LOCATION

Armstrong State University
11935 Abercorn Street, Savannah, Georgia 31419

DIRECTIONS

Northbound: Travel north on interstate 95 (I-95N). Take exit 94, GA-204, toward Savannah/Pembroke. Turn right onto GA-204 E for 7.3 miles. Armstrong State University is on your right and has two entrances onto campus. The second entrance (Arts Drive) is the main entrance to the university.

Southbound: Travel south on interstate 95 (I-95N). Take exit 94, GA -204, toward Savannah/Pembroke. Turn left onto GA-204 E for 7.5 miles. Armstrong State University is on your right and has two entrances onto campus. The second entrance (Arts Drive) is the main entrance to the university.

Eastbound: Travel east on interstate I-16 (I-16E). Take exit 157A onto interstate 95 (I-95S) toward Brunswick/Jacksonville for 5.1 miles. Turn onto GA-204 E for 7.5 miles. Armstrong State University is on your right and has two entrances onto campus. The second entrance (Arts Drive) is the main entrance to the university.

ARRIVAL/DEPARTURE TIMES

Registration Time – Sunday July 15th at 3pm
Camp Wrap up/ Check out – Friday July 20th at 11am

WHAT DO I DO ONCE I ARRIVE?

Once parked you will be directed towards CAMP REGISTRATION. Please have any outstanding paperwork (medical forms/payments) ready to be handed in at this time. Registration is also a good time to ask any final questions or queries you may have.

Once you have checked in, resident campers and parents will be escorted to the dorms where they can store their belongings. There will be a very brief parents meeting were any last-minute questions will be answered. Players will be in dorms preparing for the morning activity.

ACCOMMODATION

Each dorm room sleeps two people. All GPS staff members will be staying onsite in the dorm floors to ensure that all players are safe and obey their set curfews.



SAMPLE DAILY SCHEDULE

SUNDAY JULY 15TH 2018

| | |
|------------------|------------------------|
| 3:00pm – 4:30pm | Check In/Registration |
| 4:45pm | Parents Depart |
| 5:30pm | Dinner |
| 7:00pm – 8:00 pm | Ice Breaker Activities |
| 8:00pm – 9:00pm | Free Time |
| 9:00pm | Evening Wrap-Up |

MONDAY JULY 17TH - THURSDAY JULY 19TH 2018

| | |
|------------------|-------------------------|
| 7:30am – 8:30am | Breakfast |
| 9:30am – 11:30am | Field Session 1 |
| 12:00pm – 1:00pm | Lunch |
| 1:30pm – 4:30 pm | Indoor Futsal/Free Time |
| 5:00pm | Dinner |
| 6:30pm | Field Session 2 |
| 9:00pm | Evening Wrap-Up |

FRIDAY JULY 20TH 2018

| | |
|-----------------|------------------------|
| 7:30am – 8:30am | Breakfast |
| 9:00am | Showcase Games |
| 11:00 am | Camp Wrap-Up/Check out |

MEALS

The onsite cafeteria will be serving breakfast, lunch and dinner. GPS work hard with all facilities in providing players many meal options that are based around dietary needs and specific fuels the campers will require to function throughout the daily activities.

MEALS SCHEDULE:

Sunday: Dinner

Monday – Thursday: Breakfast, Lunch & Dinner

Friday: Breakfast Only

Breakfast: 7:30am – 8:30am

Lunch: 12:00pm-1:00pm

Dinner: 5:00pm-6:00pm

If your child has any allergies or special dietary requirements, please contact Ross Leighton prior to your arrival at the camp.

Email: gpsrescamp@globalpremiersoccer.com



WHAT SHOULD I BRING TO CAMP?

Resident campers should pack the following items:

- 1 Pair of sneakers and cleats
- Shin guards
- 10 sets of shorts and T-shirts/soccer shirts
- 1 warm-up
- 1 Warm jacket or windbreaker
- 10 pairs of athletic socks
- 10 pairs of underwear
- Water bottle or cooler
- 1 pair pyjamas
- 2 towels
- 1 pillow and pillow case - Casual clothes
- 2 Sheets, 1 blanket or sleeping bag - Money for pizza, soda, snacks
- Toothpaste, soap, shampoo
- Sunscreen and mosquito repellent
- Quiet games

Resident campers should not bring large amounts of food to camp. Snacks and drinks are permitted but should be in moderation.

CAMPERS SHOULD NOT BRING VALUABLE ITEMS WITH THEM

GPS is not liable for any damage to valuable items a camper decides to bring along with them.

BIRTHDAYS

If your child's birthday falls during their week at camp, please inform a GPS staff member at registration so that we may honor the occasion in the traditional GPS way.

HOMESICKNESS

Younger children can understandably be anxious about sleeping away from Mom and Dad. However, because of the caring and friendly atmosphere we create, we experience very few problems. If your child does get homesick, we ask for your support. Our experience shows that a parent, who can be understanding, yet firm, when faced with homesickness, will help their child to blossom and mature from the whole experience.

MEDICAL STAFF

All GPS Residential camps have a fully qualified nurse or athletic trainer on staff 24 hours per day. The staff responsible for medical care must hold any medications presently prescribed to your son or daughter. Please send such medication with a doctor's order so that it may be dispensed correctly. The coaching and medical staff monitors every injury however minor. Even so, some players love camp so much they attempt to "hide" injuries so that they may continue to play. Parents are seldom fooled. If you gain any indication from a visit or a telephone call that your child is more injured or ill than they may appear, please inform the staff. You will meet the medical staff at registration.

MEDICAL FORM

It is a State Health requirement that you submit an immunization record for your child. This record must be official from your child's doctor, include any vaccination dates and be in date.

PARENTS OPEN AFTERNOON

GPS feel it is important that parents are offered a chance to see their kids play. GPS would like to extend an invitation for you to visit us during the final games on Friday morning. These games will take place from 9am-11am. If at any other time you would like to come onsite, please notify a GPS staff member working on the site in advance. You can contact one of the GPS Residential Camp Directors below to arrange a visit.



IMPORTANT CONTACT INFORMATION

Residential Camp Director: Ross Leighton
Cell: (207) 518 3892
Email: gpsrescamp@globalpremiersoccer.com

FAQ'S

Where will my child sleep and what will the arrangements be like?

Campers will be housed in a dorm room that sleeps two. Several staff members will reside on the dorm floor.

What will they do for meals?

All food is supplied on-site; however, there may be the option for players to purchase further snacks from staff at the camp.

What will my child do each day?

Players will be playing on the beautiful grass fields. Night-time activities include – Fun soccer games such as soccer tennis, 5-a-side tournaments and soccer golf. We also feature team building activities, movies and quiz nights. GPS staff members will supervise all activities.

What should I do with my child's medication?

There will be a registered nurse or qualified athletic trainer at registration to collect late medical forms and meds. This person will be staying on site for the entire week.

Will my child be allowed off site?

Under no circumstances will your child be allowed off site unless with a parent or guardian that has signed the camper out. Your child will be under constant supervision for their whole camp experience.

Will my child get plenty of soccer training?

Campers will be on the field, two or three times a day for 2 hour periods working on a specific GPS devised curriculum that will challenge players technically, tactically, physically and psychologically. A GPS Residential camp is a great way to help your child develop as a soccer player and as a person.

Can I request my child room with a friend?

Of course. If you would like your child to room with a friend or someone specific please make this known before camp starts by contacting Ross (gpsrescamp@globalpremiersoccer.com). Clearly list the camp name, date, your child's name and the name of whom they would like to share with. We cannot guarantee this but we will do our upmost to make it happen.

If you have any further questions before camp please do not hesitate to contact us:

Email: gpsrescamp@globalpremiersoccer.com

Please note that if any child loses a room key, the parent will be responsible for the \$75 replacement fee.



Please use the following sheet to make any important notes you may want to ask us when it comes to registration.