



MEMBERSHIP INFORMATION

The Central Pennsylvania Figure Skating Club (CPFSC) is a non-profit organization established in 1995, and is a member club of United States Figure Skating- national governing body of the sport of figure skating. The mission of CPFSC is to encourage the participation, practice, instruction and involvement of its members in all disciplines of skating recognized and endorsed by USFS.

CPFSC provides opportunities for its members to test and advance their skills and skating level, perform exhibitions, and participate in seminars to improve their knowledge and understanding of the sport both on and off the ice. CPFSC also organizes, sponsors, and facilitates competitions for the purpose of promoting figure skating in the Central Pennsylvania area while stimulating interest and awareness of the sport. Lastly, CPFSC strives to host events that support the local community and its charitable organizations.

Membership is open to individuals who are skaters as well as those interested in supporting the development and growth of figure skating at a local level. CPFSC requires a parent to register for membership with the skater if the skater is under the age of 18. The membership year runs from July 1 to June 30. Full Membership includes a subscription to Skating magazine, voting rights, special discounts and incentives and the right to test, participate, and compete in U.S. sanctioned events.

MEMBERSHIP BENEFITS

- Eligibility to participate in the NEW EXCEL CLUB - ***NEW BENEFIT***
- FREE Jacket with Embroidered Club Logo and Member Name - ***FULL MEMBERS ONLY*- *NEW BENEFIT***
- One FREE test at home club test session - ***FULL MEMBERS ONLY*- *NEW BENEFIT***
- 1-year U.S. Figure Skating & Central Pennsylvania Figure Skating Club Membership.
- 1-year subscription to Skating magazine (one per household)
- Discount on freestyle ice sessions at Twin Ponds (10 sessions for \$85) ***FULL MEMBERS ONLY***
- 15% Discount on ice contract at Twin Ponds – ***FULL MEMBERS ONLY***
- Discounted test fees at CPFSC- sponsored and reciprocal club test sessions
- Free Performance Participation in Club sponsored ice shows
- CPFSC Email News and Updates
- Club parties and extra special events
- Opportunities to purchase discount or special tickets to ice shows at Giant Center
- \$250 travel stipend & reimbursement of registration fees for all qualifying level competitors at USFS
- Regional, Sectional, or National championship events – ***FULL MEMBERS ONLY***
- Discounted fees for club-sponsored camps, clinics and workshops
- Opportunities to volunteer in club activities that support the sport of figure skating
- Testing Incentive Gift Card Program (choice of \$10 gift card for skaters passing tests) – ***FULL MEMBERS ONLY***

**Members must meet minimum volunteer criteria during 2019-2020 membership to be eligible to receive benefits during the 2020-2021 membership year.*



MEMBERSHIP TYPES & FEES

- **FULL INDIVIDUAL MEMBERSHIP** (18 and over)
 - Skating Member \$85
 - Non-Skating Member \$70

- **FAMILY MEMBERSHIP** (Under 18 member requires a parent/guardian member sign-up)
 - First Skating Member + Parent/Guardian \$120
 - Add second skater family member \$45
 - Add third skater family member \$40

- **INTRODUCTORY MEMBERSHIP** (First-time members)
 - Individual Skater (18+) \$45
 - Skater (under 18) + Parent/Guardian \$80

- **ASSOCIATE MEMBERSHIPS** (home club membership held elsewhere)
 - Individual Skater \$70
 - Synchro Skater \$55
 - Professional Coach \$50

- **COLLEGIATE MEMBERSHIP** (4-Year Membership)
 - Full-time Student Only \$110

APPLY ONLINE!

Visit www.centralpennfsc.org/membership for more information.



VOLUNTEER REQUIREMENT & BUYOUT OPTION *NEW FOR 2019-2020*

The success of the Central Pennsylvania Figure Skating Club (CPFSC) is hugely dependent on the wonderful members volunteering at our events. CPFSC is very conscious of bringing benefits to our members that help grow the club & our skaters, as individuals.

As a member of the Central PA Figure Skating Club, you are expected to volunteer time for one or more of the events below for a total minimum of 8 hours per member. Electronic sign-up sheets will be sent to members to coordinate shifts and times required for each event.

***A minimum of 5 total volunteer hours must be completed at options below :**

- Holiday Show (Sunday, Dec 15)
- Reflections Synchro Invitational (Feb 16-17)**
- Club Sponsored Test Sessions (TBD)

***Additional volunteer hours may be completed at these events:**

- Season Kickoff Party (Sunday, Sept 8)
- National Skating Month (Saturday, January 11)
- Skate Swap/Flea Market
- Club Info Table at Learn to Skate

*Dates subject to change based on ice availability

If you do not meet the minimum volunteer requirement of 8 total hours by March 1, 2020, a \$100 buyout fee will be added to your account and due by March 15, 2020.

I have read this **VOLUNTEER REQUIREMENT AND BUYOUT FEE NOTICE** and understand that as a member of CPFSC I am required to volunteer a minimum of 8 total hours for available shifts at events noted above. I acknowledge that I have the option to buy out this requirement for a fee of \$100 and will be required to do so if the minimum volunteer hours are not met by March 1, 2020 and paid by March 15, 2020 to remain a member in good standing (eligibility to compete, test and perform).

Printed Name of Participant

Signature of Participant
(or parent/guardian for participant under age 18)

Date



MEMBERSHIP APPLICATION

7/1/2019 – 6/30/2020

Member Information

Title	First Name	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>

Address

Address 2

City	State	Zip Code
<input type="text"/>	<input type="text"/>	<input type="text"/>

Email Address	Phone Number
<input type="text"/>	<input type="text"/>

Date of Birth (mm/dd/yyyy)	Gender	U.S. Citizen (Y/N)?
<input type="text"/>	<input type="text"/>	<input type="text"/>

Circle primary activity role below. Check all activities that also apply.

- | | |
|--|---|
| <input type="radio"/> Adult Skater | <input type="radio"/> Club Officer/Board Member |
| <input type="radio"/> Coach | <input type="radio"/> Parent/Guardian |
| <input type="radio"/> Competitive Skater | <input type="radio"/> Synchronized Team Skater |
| <input type="radio"/> Recreational Skater | <input type="radio"/> Team Skater |
| <input type="radio"/> Associate Skater | <input type="radio"/> Testing Partner |
| <input type="radio"/> U.S. Figure Skating Official/Officer | <input type="radio"/> Other _____ |

USFS Membership #

*If you are a new member, enter 0000. Leave blank if unknown or unsure.



Second Family Member Information (Parent/Guardian required for under 18 applicants):

Title	First Name	Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>

Address

Address 2

City	State	Zip Code
<input type="text"/>	<input type="text"/>	<input type="text"/>

Email Address	Phone Number
<input type="text"/>	<input type="text"/>

Date of Birth (mm/dd/yyyy)	Gender	U.S. Citizen (Y/N)?
<input type="text"/>	<input type="text"/>	<input type="text"/>

Circle primary activity role below. Check all activities that also apply.

- | | |
|--|---|
| <input type="radio"/> Adult Skater | <input type="radio"/> Club Officer/Board Member |
| <input type="radio"/> Coach | <input type="radio"/> Parent/Guardian |
| <input type="radio"/> Competitive Skater | <input type="radio"/> Synchronized Team Skater |
| <input type="radio"/> Recreational Skater | <input type="radio"/> Team Skater |
| <input type="radio"/> Associate Skater | <input type="radio"/> Testing Partner |
| <input type="radio"/> U.S. Figure Skating Official/Officer | <input type="radio"/> Other _____ |

USFS Membership #

*If you are a new member, enter 0000. Leave blank if unknown or unsure.



U.S. FIGURE SKATING MEMBER CODE OF CONDUCT

GR 1.02 CODE OF CONDUCT

The following code of conduct applies to all participants in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating including but not limited to competitions, exhibitions and training camps:

I recognize that my participation in all activities hosted, supported, sponsored or engaged in by U.S. Figure Skating, including but not limited to competitions, exhibitions and training camps, is an honor and privilege that carries certain responsibilities. I agree to fully abide by the rules and guidelines set forth by U.S. Figure Skating or its properly designated agents. As a precondition to participation in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating, I will adhere to the following tenets in good faith:

A. I will exhibit the highest standards of fairness, ethical behavior and genuine good sportsmanship in all of my relations with others.

B. I will not damage public or private property. I understand that I may be held financially responsible for damage deemed to be wantonly or willfully executed on my part, and that I may be subject to disciplinary action by U.S. Figure Skating.

C. I will not use or possess illegal drugs, and I will not engage in criminal activity. I understand that, if I am found to use or possess illegal drugs, or if I am found to engage in any criminal activity during any activity hosted, supported, sponsored or engaged in by U.S. Figure Skating, I may be subject to criminal penalties as well as penalties imposed by U.S. Figure Skating.

D. I will adhere to the rules of U.S. Figure Skating and the host organization at all activities hosted, supported, sponsored or engaged in by U.S. Figure Skating. E. I will comply with all applicable anti-doping rules including, but not limited to, ISU anti-doping rules.

F. I will conduct myself in a manner not detrimental to the welfare of figure skating. I understand that my actions reflect on U.S. Figure Skating and the sport of figure skating both positively and negatively. I understand that if my acts, statements, or conduct are considered detrimental to the welfare of figure skating by the appropriate authority, I may be subject to penalties imposed by U.S. Figure Skating pursuant to GR 1.04.

G. I understand that the penalties that may be imposed may include, but are not limited to, loss of future international selections, loss of financial support from U.S. Figure Skating and its Memorial Fund, and loss of participation in activities hosted, supported, sponsored or engaged in by U.S. Figure Skating.

H. I understand that all disciplinary proceedings will be conducted pursuant to Article XXV, Section 3, of the U.S. Figure Skating bylaws, and that my rights and remedies are derived therefrom.

GR 1.03 U.S. Figure Skating will not tolerate or condone any form of harassment (including sexual harassment), misconduct, (including sexual, physical and emotional misconduct), bullying or hazing of any of its members including coaches, officials, directors, employees, parents, athletes and volunteers — or any other persons — while they are participating in or preparing for a figure skating activity or event conducted under the auspices of U.S. Figure Skating.

Signature _____

Date _____



U.S. FIGURE SKATING SKATER'S CODE OF CONDUCT

As a member of our club, all skaters must adhere to this Code of Conduct at all times.

General Guidelines:

Central Pennsylvania Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct. This Skater Code of Conduct has been established to ensure the safety of all members using our ice to ensure quality practice time for all home club, associate, non-members and guests who purchase ice from the club and who participate in all club-related activities.

1. All skaters, regardless of whether they hold home club, associate, non-member or guest status must follow and uphold the tenets in this Skater Code of Conduct regarding behavior on and off the ice. All club members are expected to exhibit good sportsmanship and be courteous toward their fellow skaters, coaches, parents of skaters, U.S. Figure Skating officials and guests.
2. Our club is committed to promoting a positive and friendly environment for all skaters. Remember 'The Golden Rule' —treat other people like you want to be treated—with respect.

Ice Etiquette and Safety:

1. While in lesson or practice, it is the skater's responsibility to always be conscientious and aware of other skaters around them.
2. Skaters must skate with the flow of other skaters and familiarize themselves with the most commonly used areas for jumps and spins.
3. The only time a skater has the SOLE right of way is when they are skating their program to music. When you hear another member's music, please extend that person the courtesy and move out of their path momentarily. This only takes a moment and you will enjoy the same courtesy while you are performing your program.
4. Advanced skaters are expected to exhibit patience toward beginner members of the club.
5. Remember, you were an inexperienced skater once, and it takes time for our future generation to advance to the point where they are completely comfortable skating with all levels of skaters.

Unsafe or discourteous behavior of any kind will not be tolerated.

Signature _____

Date _____



U.S. FIGURE SKATING PARENT CODE OF CONDUCT

The Central Pennsylvania Figure Skating Club is committed to creating a safe and positive environment for members' physical, emotional and social development and ensuring that it promotes an environment free of misconduct. Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character" (Arizona Sports Summit Accord). By signing below I hereby agree that:

1. I will encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition and test session.
2. I will place the emotional and physical well-being of my child and others ahead of my desire to win.
3. I will encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
4. I will promptly inform my child's coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
5. I will teach my child that doing his/her best is more important than winning.
6. I will do my best not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials or volunteers in response to a poor performance or for any other reason.
7. I will do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
8. I will teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation or ability. I will also take action and report any acts of bullying, harassment or abuse to the appropriate authorities.
9. I will applaud any effort in both victory and defeat emphasizing positive accomplishments and learning from mistakes.
10. I will teach my child to resolve conflicts calmly and peacefully without resorting to hostility or violence.
11. I will be a positive role model for my child and others.
12. I will demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third-party any illegal drug prohibited by applicable federal, state, or municipal law.
13. I will not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating, or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. I will expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association and other accredited organizations.
15. I will respect my child's coach and refrain from "side line" coaching my child or other skaters.
16. I agree to educate myself regarding the proper procedures to follow when establishing or terminating a coaching relationship.
17. I will respect the decisions of officials, their authority and decisions during competitions and test sessions and teach my child to do the same. 18. I will show appreciation and recognize the importance of volunteers and club officials. I will fulfill my responsibility to help my club with membership, special projects, competitions and test sessions.
19. I will become familiar with the rules of the U.S. Figure Skating and teach my child accordingly.
20. I will support and respect all skaters and their right to participate.

Signature _____

Date _____



**WAIVER & RELEASE OF LIABILITY, ASSUMPTION OF RISK
AND INDEMNITY AGREEMENT ("Agreement")**

In consideration of participating in Central Pennsylvania Figure Skating Club (CPFSC) activities, I represent that I understand the nature of figure skating activities ("activity") and that I am qualified, in good health and in proper physical condition to participate in such "activity". I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the "activity".

I fully understand that this "activity" involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the "activity", the conditions in which the "activity" takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the "activity".

I hereby release, discharge, and covenant not to sue the CPFSC, United States Figure Skating, it's directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants and if applicable, owners and lessors of premises on which the "activity" takes place (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim.

The CPFSC has the right, but not the obligation, to provide rules, regulations and/or ice monitors for Club Ice. We hereby acknowledge that the CPFSC shall not be responsible for the supervision of the members at Club Ice.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant

Date

Signature of Participant
(or parent/guardian for participant under age 18)



PARENTAL CONSENT AND INDEMNIFICATION AGREEMENT

I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such "activity". I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claims against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasees may incur as the result of any such claim.

Printed Name of Parent/Guardian

Date

Signature of Parent/Guardian

Consent for Medical Attention or Treatment

I certify that I, the member, or I, the parent/guardian of said participant, give my consent to the CPFSC and the facility the activities are taking place in and their staff and to members of the CPFSC, their Board of Directors and volunteers to obtain medical care from any licensed physician, hospital or clinic, including transportation and emergency medical services, for myself/ourselves and/or said participant for any injury that could arise from participation in these activities.

Name of 1st Minor Child Member (please print)

Name of 2nd Minor Child Member (please print)

Name(s) of Parent(s)/Guardian(s)

1st Parent/Guardian Signature

Date

2nd Parent/Guardian Signature

Date

Name of Adult Member

Signature

Date

This Consent for Medical Attention shall be binding and effective for the 2019-2020 membership year of the CPFSC.



GENERAL INFORMATION

1. Check the bulletin board at Twin Ponds East, club website: www.centralpennfsc.org, and Facebook page: www.facebook.com/CPFSC for information and updates.

2. Discounted freestyle sessions & contracts are available to eligible Full Members Only, and will be administered through the Club Benefits Coordinator, Susan Silva – shk530@aol.com.

Discounted freestyle stickers will be available for purchase from Tiffany Bieber, and from CPFSC Skating Professionals, Amy Henderson and Janice Reinke.

Discounted Freestyle Stickers will be available for purchase in sheets of 10 stickers for \$85.

Individual stickers will not be sold. CPFSC members with ice contracts will be reimbursed 15% of the ice contract fee.

Proof of payment to Twin Ponds for the ice contract (i.e. receipt from Twin Ponds) is required for reimbursement.

DISCOUNTED CLUB FREESTYLE STICKERS ARE NOT AVAILABLE DIRECTLY FROM TWIN PONDS

3. Performance and testing opportunities will be planned throughout the year.

4. Members are encouraged and expected to volunteer their time in assisting with events such as performances, competitions, test sessions, and open house events.

2019-2020 CPFSC Board of Directors

- President - Becky Hilgers
- Vice-President - Reneé Greenawalt
- Treasurer – Lori Tully
- Secretary – Susan Silva
- Assistant Treasurer – Angela Noon
- Josette Plank – Test Chair
- Vita Arena
- Michele Cekovic
- Mary Consevage
- Christine Dunham
- Chelsea Fry
- Judy Smith
- Brian Boltz

Mail paper applications to:

**Judy Smith
305 E Green St
Camp Hill, PA 17011**

Checks payable to: CPFSC

Questions about Membership – Contact Judy Smith at jxk213@gmail.com

Questions about Club Benefits – Contact Susan Silva at shk530@aol.com

Questions about Test Sessions – Contact Josette Plank at jcplank@gmail.com

Questions about Competitions - Contact Becky Hilgers at hersheyett@aol.com

Questions about Discounts & Reimbursements – Contact Lori Tully at lori.tully@yahoo.com

General Inquiries – contact members@centralpennfsc.org

Please visit our club website at www.centralpennfsc.org for more member information and resources!