



THE RINK RAT



Dec, 1st 2017

<http://www.graha.org/p>

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Happy
Holidays



The GRAHA board and staff wish you all a very Merry Christmas and a Happy New Year. Enjoy this time with your family and friends and we look forward to seeing you next year. We appreciate all for being a part of the GRAHA family, Thank you.

GRAHA FAMILIES ONLY:

Wear your GRAHA jersey and watch the Panthers for free

Current GRAHA Griffins travel, GRAHA Panthers House, Cross Ice, learn to Skate/Play players can attend any Davenport University hockey game as long as they wear their jerseys. Parents/siblings ETC, Would need to pay regular admission price. Come on out and watch the teams play! They have four hockey programs including Women's D1, Men's D1, D2, and D3 team. Check for their schedule at www.Davenportnvsports.com

GRAHA Squirt Black Team Captures Championship



“The kids from GRAHA Squirt Black worked hard and truly played as a team for the entire tournament. They enjoyed the comradery of 11 other Squirt teams from across Michigan at this event. Cadillac runs a fantastic tournament and this one was no exception. As always, a special thank you to all of the parents who support this great group of kids and the GRAHA organization! Go GRAHA Panthers!!” (Timmer)

SQ A GRAHA Griffins Runner up at the Firebolts Hockey Tournament



Griffins helped GRAHA Practice and sign autographs

**GRAHA
player
Mia, get's
a moment
to get an
autograph
from one
of her
favorite
Griffins,
Joe
Hicketts.**



Three stars of the game:

- ★ The kids, Thank you for all of your hard work and commitment
- ★ The Parents, Thank you for your support and Loyalty
- ★ MERRY CHRISTMAS and have a HAPPY NEW YEAR!!



Metro's Minute



Tips this month are from the Flu, to locker room and ice safety. Great stuff provided by USA Hockey.

<https://eur03.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.usahockey.com%2Fplayersafety&data=02%7C01%7C%7C790d9dff2a8b4c355eee08d53c288f8f%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C636481067259784391&sdata=jHjg%2FCm1Wh4QppLtnhgCqi%2BJdfn0At2WdwLDjL7iOjA%3D&reserved=0>

“UPCOMING GRAHA EVENTS”

- Christmas Day December 25, 2017
- New Year's Eve December 31st, 2017
- Scholastic Stars January 21, 2018 at 3PM Davenport University
- District tournament weekend February 2-4 2018



Between the Glass



Between the Glass with Jacob Blok: GRAHA's Tier II Bantam A

1. What brought you to coaching as a young man?

I've always wanted to coach when I was done playing competitive hockey and with all the doors that were opened, and opportunities given to me through hockey, I wanted to give back to the sport. Hockey teaches its players skills for on the ice as well as off the ice and I want to help grow the love for the game in the Grand Rapids area.

2. What do you love about coaching the most?

So far, I have loved seeing players improve in certain areas of the game and start moving towards a more complete play-style.

3. What is the number 1 tip you would give to hockey players?

Be coachable and humble. If you are humble, you will never stop learning.

4. What was your favorite hockey in-season moment?

My favorite hockey moment was when Detroit Catholic Central's entire team came and prayed with my high school team after they beat us in the State Final Four following the passing away of my teammate, Ryan Fischer. It really showed how much hockey is a brotherhood.

5. Who will win the Stanley Cup this year?

Probably not the Red Wings, maybe the Golden Knights.

6. Who is your favorite player of all time?

Nicklas Lidstrom is my favorite player of all time. He was an amazing defenseman but was one of the most humble players in the league.