



Oregon Women's State Committee Meeting
June 19th, 2015
Portland, OR.

1. Call to Order Molly Gill
 - a. Called to order at 6:07pm
 - b. In attendance: Julia Eagen, Kirsten Gackowski, Lynn McCaffrey, Molly Gill, Sara Halverson. Kira Oldham-Curtis, Khumbalani Moyo, Kelsey Kottek, Jenie Evans
2. General Committee Business
 - a. New board member/positions
 - i. Kira Oldham Curtis has served her tenure as the Xcel representative for our committee. Jenie Evans has agreed to take on the role for the next two years.
 - ii. Susan Engle will be the new Northern Compulsory Representative (taking over for Jenie Evans) and will serve a two year term in that position.
 - iii. Khumbalani Moyo remains our Southern Compulsory Representative and Sara Halverson will continue on as the Optional Representative.
 - b. Calendar
 - i. Reviewed dates for 2015-2016 calendar in preparation for the scheduling meeting.
 - ii. Updated schedule following this document.
3. State Championship Guidelines Molly Gill/All
 - a. Updates of the guidelines have been adjusted to reflect the majority of changes made to the Rules and Policies for 2015-2016. Final revisions will be made over the summer and the handbook will be distributed to those hosting championship meets this season by September 2015.
 - b. It was proposed that we no longer present achievement ribbons for Level 3 gymnasts at the state meet to bring the process in line with the rest of the compulsory level awards required.
 - i. Julia Eagen made a motion to adopt the proposal.
 - ii. The motion was seconded by Kelsey Kottek.
 - iii. The committee voted unanimously to adopt the above proposal.
4. Judges Selections for Championship meets Ann Heppner
 - a. Fall Compulsory State top 10
 - i. The committee still needs information regarding availability of judges for championship meets so was unable to vote at this time.
 1. The committee will vote via email in August when more information is available.
 - b. The committee made recommendations for judges to be added to Regionals based on the rubric provided by Ann Heppner.
5. State Scheduling Meeting Molly Gill/All
 - a. The committee reviewed the topics to be discussed at the state scheduling meeting (please see last page of this document).
6. Future State Clinics Molly Gill
 - a. With the cancellation of this year's state clinic, the committee discussed planning for next year.
 - b. Julia Eagan and Sara Halverson agreed to assist in organization and planning for an athlete centered clinic the weekend of July 30-31, 2016.

7. Xcel State Invitational

- a. The committee discussed hosting the Xcel State Invitational as a fundraiser for the State Administrative Committee.
 - i. Kelsey Kottek made a motion adopt the new fundraiser for 2016.
 1. Entry fees and raffle profits will go to the State Administrative Committee.
 2. Gate and concessions will go to the host gym.
 - ii. Sara Halverson seconded the motion.
 - iii. The committee unanimously voted to host the Xcel State Invitational in 2016.
 - iv. The meet will be held at The Gym-Nest Ltd.
- b. New Xcel requirements
 - i. The Xcel program now has a “declaration” date of March 11, 2016.
 1. Xcel athletes must declare their intended level by that date.
 - ii. The committee discussed adding a requirement of Xcel athletes competing in at least one Xcel meet prior to competing at the Xcel State Invitational.
 1. Kirsten Gackowski made a motion to adopt the above proposal.
 2. Jenie Evans seconded the motion.
 - iii. The committee voted unanimously to adopt the new Xcel policy.

8. Closing remarks

Molly Gill/All

- a. Next meeting: Fall Compulsory State in Portland in November 2015

9. Addendum

- a. Following the state scheduling meeting the committee discussed adding a ninth judge as the meet referee to the request for judges at compulsory state meets.
 - i. Molly Gill made a motion to include a meet referee as an additional judge requested for the fall and spring compulsory state meets.
 - ii. Kirsten Gackowski seconded the motion.
 - iii. All committee members present voted to adopt the above.

USAG Oregon Meet Schedule

SEPTEMBER 2015

- 4-6 Labor Day Weekend
- 11-13 FlightSchool – Sapphire Invitational
 - NAAG – Back to School
 - OSUGA – Flipping Into Fall
- 18-20 NAWGJ Oregon – Judge’s Cup at Rigert Elite
- 25-27 Riverside – Oregon Trail Invitational

OCTOBER 2015

- 2-4 Gym-Nest – Tiki Tumble
 - GymPlus
- 9-11 Ashland Y
 - MAC – Bulldog Invitational
- 16-18 Precision Elite – Autumn Odyssey
 - USGA – Flip’r’Treat
- 23-25 Metro – Ghostbusters
 - NAAG – Spookfest

NOVEMBER 2015

- 6-8 Umpqua Valley – Harvest Invitational
 - Westside – Last Chance Qualifier
 - Super Camp (Omega?)
- 13-14 High Tech Camp (Metropolitan)
- 20-22 Compulsory State (Westside – location TBD)
- 27-29 Thanksgiving

DECEMBER 2015

- 18-20 NAAG – Jumpstart (Level 6-10; Xcel)

JANUARY 2016

- 8-10 OGA – World Cup (Level 3-10; Xcel)
- 15-17 FlightSchool – Above & Beyond Invitational (Level 1-10; Xcel)
 - State of Jefferson (Level 2-10; Xcel)
- 22-24 USGA – Arctic Rush (Level 3-10; Xcel)
- 29-31 Athletic Edge – Pacific Edge Invitational in Newport (Level 3-10; Xcel)

FEBRUARY 2016

- 5-7 ABK (Level 3-5)
- 12-14 GymPlus (Level 3-10)
 - MAC Open (Level 3-10; Xcel)
 - Drop Back Date!
- 19-21 Umpqua Valley (Level 1-10; Xcel)
- 26-28 NAAG – Emerald Team Challenge (Level 2-10; Xcel)

MARCH 2016

- 4-6 Metro – Rose City Challenge at The Hoop (Level 3-10; Xcel)
OSUGA (Level 3-10; Xcel)
- 11-13 Ashland Y (Level 2-5; Xcel)
Gym-Nest – Shamrock Invitational (Level 3-5; Xcel)
Xcel Declaration Date
- 18-20 Optional State Meet and Compulsory Invitational (Athletic Edge at Willamette University)
- 25-27 Easter Weekend

APRIL 2016

- 1-3 Regionals (Palouse Empire Gymnastics, Pullman, WA)
NCAA Regionals
- 8-10 Westside – Last Chance Qualifier
Pacific Rim (Everett, WA)
- 15-17 Xcel State Invitational (Gym-Nest & Oregon State Admin Committee)
- 22-24 Compulsory State (USGA at Marist High School)

MAY 2016

- 7-9 Westerns (Missoula, MT)
- 14-17 Nationals (Ft. Worth, TX)

JUNE 2016

- 23-26 National Congress & Olympic Trials in San Jose

JULY 2016

- 30-31 State Clinic

AUGUST 2016

- 26-28 Region 2 Congress (ECGA, Redmond, WA)

State Scheduling Meeting

June 21st, 2015

A. What you need to do to when you are hosting a meet:

- Request Judges (have sheets) – Katrina for Fall / Debbie for Winter/Spring
- Informational Flyers (Dates, Location, Host Name, Equipment to be offered, entry fees, and awards/prizes/gifts) – show S of J flyer
- Check Rules and Policies for proper procedures for the levels that you are hosting
- Check pro numbers and athlete verification through USA Gymnastics. You should no longer be having athletes 'demo' – only those athletes qualified by USA Gymnastics for their level should be out on the floor showing routines.
- Send copy of signed sanctioned only to USA Gymnastics National Office
- Send results to coachmollygill@gmail.com – please send by levels results if possible
- Please list placements on results you send or give to coaches
- Refunds – this is VERY important to do promptly

B. What to do when you are going to a meet.

- Notify gym your intention to attend as soon as you get your schedule set.
- Send in a roster and deposit. (proper roster)
- Send roster to State Chairman at beginning of season
- Make sure that the host is paid in full and the coach is not left answering that question upon their arrival to the meet.
- Inform your parents of what to expect and how to treat others with respect (host site, officials, and other competitors etc ..). You should be fielding complaints, then the next step is to me, and then hopefully they do not have the need to go beyond that.
- Post flyers for your parents to see or actually send them the flyer via e-mail. Do NOT have your parents calling the meet host for information.
- What is Gratis for coaches: Hospitality (meals) and paper results

C. Be Informed!!

- Websites to frequently check: **if you are current in your USA Gymnastics membership** you will frequently get updates from USA Gymnastics, but you should be looking up JO updates. Oregon website: www.usagoregon.com Regional Website: www.usagregion2.com
- Rules and Policies – download a copy and have it available in gym
- Technical Handbooks – all gyms should have a copy
- Education – take the opportunities USA Gymnastics gives – we all get stale and can use new ideas etc...
- Chain of command: You should do your best to find the answer in the rules that you have been given first, and you should be educating those around you (parents, other coaches etc..) then the next step is me, if it is a regional question and I do not have an answer then the RACC (Marian) or Linda (ROTC) or Lori (RJOC), lastly is the National Office.