



## 2017-2018 Player Club Rules

### 1. Attendance

- a. It is expected that you attend every practice and tournament. Any conflicts should be presented to your coach in writing at the beginning of the season.
- b. If you are sick, you must call your coach before practice starts.
- c. Any conflicts that are not previously approved will result in:
  - i. Three tardies- Sit one game at the next tournament.
  - ii. One missed practice- Sit at least 1 game at the next tournament.
  - iii. One missed tournament- Sit at least 2 missed games, at the next tournament.

### 2. Practice Behavior

- a. In order for you to become a better athlete, you need to put 100% effort in at all times.
- b. You are expected to participate for the entire practice, have good sportsmanship, respect the coaches and never say, "I can't!"
- c. No jewelry is to be worn at any practice and should be left at home.

### 3. Tournament Behavior

- a. When we are at local and travel tournaments, we always dress as a team upon arrival, departure and while working.
- b. When traveling around the tournament facility, all players must travel in groups of at least two players. You must let your captains, and coaches know where you are going.
- c. All sites are to be cleaned after tournament play.
- d. You are to follow the rules set by the coach, chaperone, team parent, and site coordinator.

### 4. Alcohol and Drug Policy

- a. LHVA has a Zero Tolerance Policy!
- b. Possession and/or use of alcohol or drugs at any practice or tournament is strictly prohibited and can result in removal from the team.
- c. If someone is found to be breaking this rule at a tournament, their parent will be called to come pick them up at their expense.

I have read the above rules and regulations and agree to follow them.

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Player's Name (print)

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Parent's Name (print)

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Signature & Date

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Signature & Date