

# Boys & Girls Basketball / Grades 5 & 6

## League Rules and Information

Teams should be split equally. No all star teams. All players are to play equal amounts of time.

### **I. Game Times & Officials:**

1. Game times vary - refer to the schedule. If the game time must be changed, it is up to the host-school to contact all concerned. Please do not contact Waconia Community Ed. unless a Waconia team is involved.
2. Officials are supplied by the host school. Officials are to be at least varsity age. Two officials per game.

### **II. Game Length:**

1. Game Time: 2 - 20 minute running time halves. The horn sounds and the clock stops at each 5 minute mark for mandatory substitutions. Clock stops the last 2 minutes of the game for all whistles, unless there is a 10 point or more lead, in those cases the clock runs.
2. Time-outs: 3 per game, no carry over. If overtime occurs, you are given one time-out per over time.  
Overtime: 2 minutes Stop time each. The second and beyond OT's are sudden death.

### **III. Balls:**

1. The official size ball is the 28.5 size ball
2. Balls should be available at the host site incase teams don't have their own.

### **IV. Defense:**

1. No zones. Person-to-person at all times.
2. No trapping permitted - ever, except near the basket where players group up naturally.
3. 5th Grade Girls: Defensive players position themselves inside the 3 point arc.  
They can move out from the 3 point arc to guard once the ball crosses half court.
4. 5th Grade Boys and 6th Grade Girls: Defensive players may pick up their opponent at half court.
5. 6th Grade Boys: Man to man pressing is allowed by both teams all game. If ahead by ten points, the team that is ahead can't press.

### **Pressing:**

1. Person to Person pressing is allowed in the last 2 minutes of the game by either team.....unless:  
5th Grade = you are ahead by 5 points or more, the team that is ahead, can't press.  
6th Grade = you are ahead by 10 points or more, the team that is ahead, can't press.
2. Pressing constitutes defending the person in the back court.

### **V. Free Throw Line:**

1. 5th graders have option of shooting from the 12 foot line. 6th graders shoot from 15 feet.
2. Players are to be given a "team warning" on the first line violation, the next violation is to be enforced. If a 5<sup>th</sup> Grader shoots from the 15 ft. line, it is ok to cross the 15 ft line, but not the 12 ft line. 6<sup>th</sup> graders must stay behind the 15 ft line.
3. Line up 3 players per each side per MSHSL rules.

### **VI. Fouls / Free Throws / Jump Ball & Alternating Possession:**

1. You can foul out. Keeping track of fouls is the responsibility of each coach, or his or her appointee.
2. Per MSHSL rules.
3. Jump balls at the start of the game and overtime per MSHSL rules. Otherwise alternating possession.

### **VII. Points of Emphasis:**

1. Each community is asked to have first aid and basketballs available for visiting teams.