

MFCA
901 East Ferry Street
LeSueur, MN 56048

NONPROFIT
ORGANIZATION
US POSTAGE
PAID
HUTCHINSON MN
PERMIT NO. 60

2017 High School Football Minnesota - A publication of the MFCA - "The Keepers of the Game"

2017 HIGH SCHOOL FOOTBALL MINNESOTA

The Official Publication of the Minnesota Football Coaches Association



THE KEEPERS OF THE GAME



C A M B R I A

BEST IN OUR CLASS

Driven to deliver only the best, Cambria® creates countertops with unmatched beauty and durability to give you unbeatable performance. Find more than 140 stunning designs, including Ellesmere™, for your dream kitchen or bath at CambriaUSA.com.



ELLESMEERE™ Coastal Collection™









*Cambria is a proud sponsor of the
Minnesota Football Coaches Association*



WIRELESS INSTANT REPLAY

Our new instant replay solution allows you to review each play before the next snap. Get a closer look and change your gameplan accordingly.

-  **Record Your Way**
Connect your existing camera with a streaming kit, or broadcast your video straight from an iPad or iPhone.
-  **Upload to Hudl**
It only takes a few taps to save every play to Hudl. No wires or laptops needed, just a quick Wi-Fi connection.
-  **Review Multiple Angles**
Record and broadcast from the end zone and press box for a closer look at every play.
-  **Tag as You Go**
ODK every clip and flag key plays to make video easy to find at a moment's notice.
-  **Use It Anywhere**
It's easy to set up and only takes seconds to get started, even on the road or at practice.
-  **Get Help When You Need It**
Hudl Sideline comes with the same support you've come to know and love. Call or email anytime.



Get more information or schedule a demo.

Dave Hinkens
dave.hinkens@hudl.com
(920) 277-2386

See packages at hudlsideline.com

Wilson

**TITLE
RUNS
START
HERE.**

**OFFICIAL BALL
OF THE MFCA.**



 [facebook.com/wilsonfootball](https://www.facebook.com/wilsonfootball)

 [@wilson_football](https://twitter.com/wilson_football)

 [@wilson_football](https://www.instagram.com/wilson_football)

GET IT AT [WILSON.COM](https://www.wilson.com) **#MYWILSON**

PROUD SPONSOR OF:



CELEBRATING 20 YEARS!

FOR TWO DECADES, MINNESOTA'S TOP FOOTBALL PROGRAMS DEPEND ON ADRENALINE FUNDRAISING TO MEET THEIR FINANCIAL NEEDS.

Coaches know that success on the field starts with successful fundraisers. That's why so many coaches call on Adrenaline Fundraising. With decades of experience, we take the risk out of fundraising and guarantee that you will raise more money in less time. We have 160 teams in Minnesota from 9 man to 6A that run our program and we would love to work with you.

w | www.adrenalinefundraising.com • p | (888) 621-5380

STEVE BERG - (612) 810-9149

BILL HOAG - (612) 747-7868

JOE SUHON - (612) 396-7921

DAVID NELSON - (612) 867-4088

MARK RYLANCE - (612) 702-2218

ANDY FRIEDERICHS - (507) 993-6830

SAM CUMMINGS - (507) 884-2801

NICK LEWIS - (218) 205-8736

NICK BERNARD - (507) 995-9444

MIKE KARP - (319) 212-8958

ADRENALINE
FUNDRAISING™



Your Sports Apparel Specialist



Proud Sponsor of the MFCA



Your Minnesota Edge Team

Dan Wessel

877.541.6592

dwessel@thegraphicedge.com

Kent Bass

877.803.3560

kent.bass@thegraphicedge.com

TJ Bruch

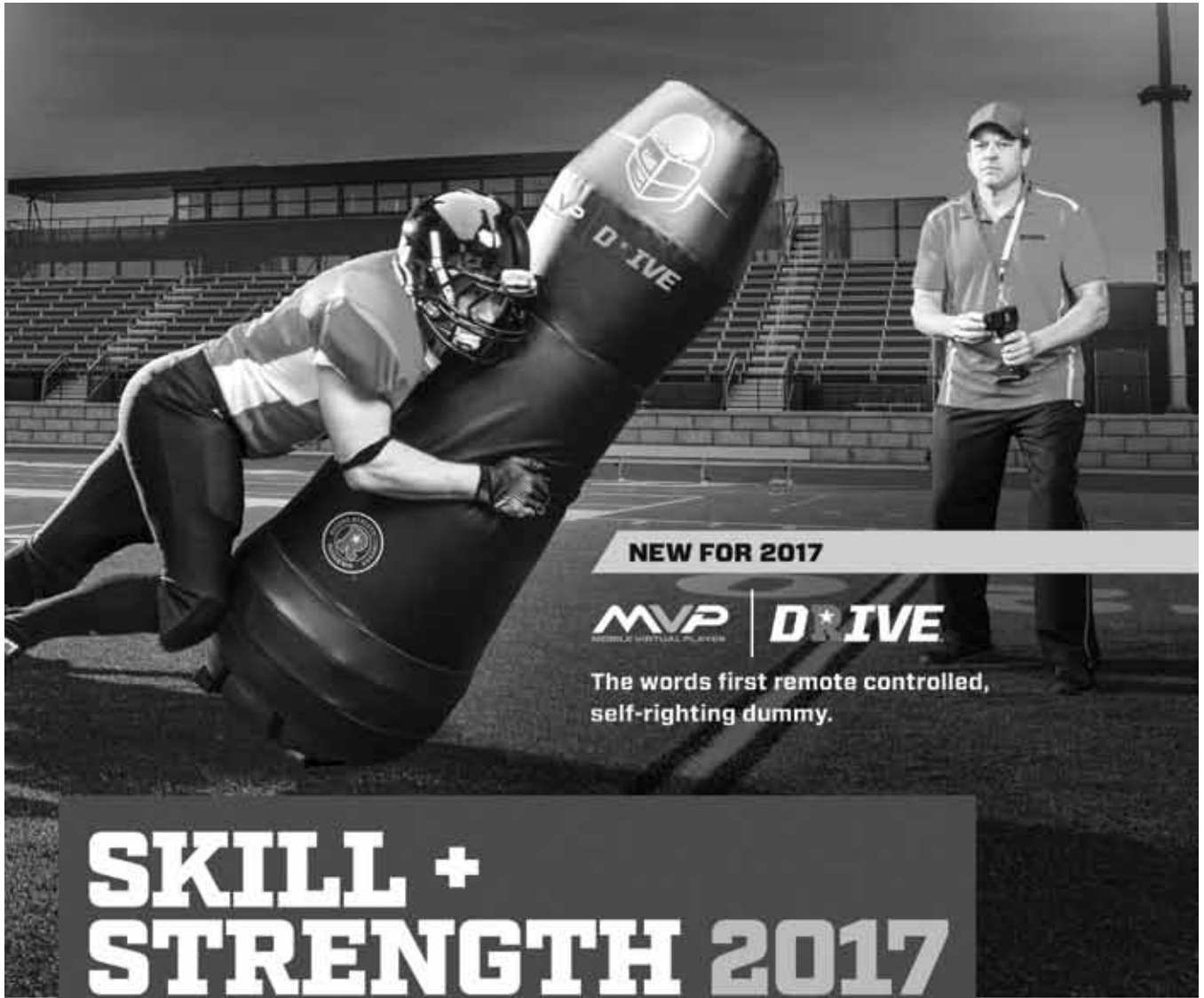
855.829.8354

TJ.Bruch@thegraphicedge.com

www.thegraphicedge.com

800.747.9744 | sales@thegraphicedge.com

No Art Fees • No Set-Up Fees • Satisfaction Guaranteed



NEW FOR 2017

MVP | **D-IVE**
MOBILE VIRTUAL PLAYER

The words first remote controlled,
self-righting dummy.

SKILL + STRENGTH 2017

NEW FOR 2017

Dual Rack XL

Our new larger
dual rack provides
expanded storage
opportunities.



Michigan State University

R **ROGERS**

www.RogersAthletic.com

ONE GOAL MORE TOUCHDOWNS



**SPORTS
MEDICINE**

SportsMedicine.MayoClinic.org
Minneapolis: 612-704-8008
Rochester: 507-722-2007

The Turf of Choice in **MINNESOTA**



TCF Bank Stadium



NEW PRAGUE HIGH SCHOOL



ST LOUIS PARK HIGH SCHOOL

Start planning your field today!

Brian Kramer

816-550-3037

Brian.Kramer@FieldTurf.com

www.FieldTurf.com

 **FieldTurf**®
A Tarkett Sports Company

BADGER BATTLE WEAR GAME ON



4180 Digital Tee

4532 Digital Sleeveless Tight Tee

4189/2189 Digital Panel Short

0280 Digital Arm Sleeve

Screen Printing and Embroidery available!

Contact your local sales rep or check our
website for more styles at www.badgersport.com





MINNESOTA VIKINGS

The Minnesota Vikings would like to thank and encourage all of the outstanding coaches and players during the upcoming season.

Stay Active and Play 60 Minutes!



play60

THE NFL MOVEMENT FOR AN ACTIVE GENERATION

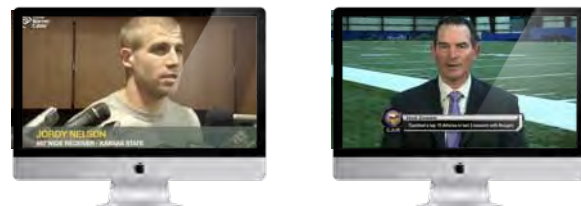


The Greater Game movement was created by coaches, for coaches, to assist coaches. It reinforces why we coach, and rooted in the belief that football is a powerful platform to shape the lives of young men. **We need football now more than ever!** This opportunity is being financially underwritten by generous sponsors, so there is no cost to your football program. The following elements are at your disposal:

- **The Greater Game book.** A series of 50 short messages – five days per week for ten weeks. These messages, which are focused on character development, are supported with powerful photography and quotes from standout NFL players.



- **A video library.** Over one hundred two-minute interviews with NFL coaches and players, to use at your discretion. Again, these interviews hit on the character themes outlined in the book.



- **A downloadable app.** A tool to put the content in the hands of your players and it can be used by your entire football community. Like the book, each message will show up on your players' mobile phones each day.



All of us believe *the value of football starts with the values **within** football.* These are tools to equip you, support you, and encourage you as you continue to positively impact the young men in your program. Periodically, **The Greater Game** will be sending out information, articles, videos, etc. that we think you might find interesting/useful.

We urge you to participate in this program. Again, there is no cost to your program or athletes. Contact Matt Birk with the number of players and coaches and your school's address and we'll get you signed up: mattbirk77@icloud.com

Minnesota Football Coaches Association ~ "The Keepers of the Game"

MINNESOTA FOOTBALL COACHES CLINIC

www.mnfootballcoaches.com



DON'T MISS IT!!

The Official Clinic of the MFCA, in partnership with the University of Minnesota and the Minnesota Vikings

THIS IS YOUR CLINIC.

If you can attend just one clinic, this is the one!!

CLINIC STAFF

- Ron Stolski, MFCA Executive Director, stolski@yahoo.com
- Dave Nigon, Coordinator of Sponsors & Exhibits, dlnigon@yahoo.com
- Claud Allaire, Clinic Coordinator, Schedule & Speakers, claud.allaire@comcast.net
- Jim Dotseth, Clinic Operations & Finances, dotsethj@comcast.net
- Dave Nelson, Advertising and Program Coordinator, dave.nelson@minnetonka.k12.mn.us
- Ray Kirch, Advertising and Program Coordinator, KirchR@District279.org
- Norries Wilson, U of M Liaison, wils1164@umn.edu

April 5-7, 2018

Double Tree Park Place

Hwy 100 & 394

St. Louis Park, Minnesota

.....

FEATURED IN 2018

More Speakers & Breakouts

AWARDS! • Tailgate Party!

*Partnership with Coach Kill and staff
(some breakout sessions at the Bierman complex)*

Sponsored by the MFCA and the University of Minnesota

FOOTBALL MINNESOTA

A Publication of the Minnesota Football Coaches Association

Distinguished Service Award Recipients	88
MFCA Class Coaches of the Year	89
MFCA Sub-District Coaches of the Year.....	90
MFCA Section Coaches of the Year	90
Sub-Dist./Section Coach of the Yr. Questionnaire	91
Coaches with the Most State Championships	92
Most State Playoff Appearances	92
Coaches with 200 or More Wins	93
All Time Winningest High School Coaches by Win Percentage	94
Active High School Coaches with 60 or More Career Wins	96
Butch Nash Award Information.....	98
Butch Nash Award Recipients.....	99
Butch Nash Nomination Form	101

ORGANIZATION INFORMATION

From the desk of Ron Stolski.....	13
MFCA Past Officers.....	14
President's Message	15
Letter from Coach Fleck - University of Minnesota.....	16
MFCA Officers and Committee Chairs	17
MFCA Committee Structure	18
MFCA Code of Ethics	19
MFCA Members	20
MFCA Retired Life Members.....	34
MFCA Sub-District Representatives.....	34
Coach to Coach Program.....	35
Camp Outreach Program.....	36
New Head Coaches.....	38
Recruiting Fair Continues to be a Success.....	39
Tackle Cancer	40
Sub-District Reps Checklist.....	41
District Changes for 2017-2018.....	41
Competitive Section Assignments	45

MFCA COMMUNITY SERVICE

Huge Service Expectation for Lettering at St. Cloud Apollo	49
--	----

TRUSTED COACHES

Trusted Coaches Hosts Youth Summit.....	51
---	----

MFCA SCHOLARSHIP

MFCA Scholarship Winners.....	54
MFCA Scholarship Information	55
MFCA Scholarship Application.....	56

MFCA MR. FOOTBALL

Mr. Football Award Recipient	57
Mr. Football Award Nomination Form.....	58

MFCA CLINIC

Clinic Information.....	60
-------------------------	----

FEATURE ARTICLES

Alexandria Jefferson High School Football.....	61
Building a HS Football Defense Position by Position.....	63
Success is Found Within a Focus on Leadership	65
Thank You and "Lead On".....	67
Offensive Line Technique	69
Four Reasons Athletes End Up on the Injured List	71

HALL OF FAME ~ AWARDS

Assistant Coach of the Year	73
Previous Assistant Coach of the Year.....	73
Previous State Coach of the Year Recipients.....	74
MFCA Coach of the Year.....	75
MFCA Hall of Fame Inductees.....	76
Previously Inducted Hall of Fame Members	82
Hall of Fame Nomination Form	84
Jerry Kill Power of Influence Award Recipient	85
Power of Influence Nomination Form.....	86
Don Swanson Award Recipient.....	87

SUB-DISTRICT STANDINGS & RECAPS

Sub-District Standings.....	102
East	105
East Central North	106
East Metro Blue	107
East Metro White	108
Mid State (Sub 2)	109
Midwest White.....	110
North Central Blue	111
North Central Red.....	112
Northeast	113
Northwest West.....	115
Southeast Red.....	116
South Central White	117
Southwest	117
Twin Cities Maroon	118

ACADEMIC ALL-STATE

All-State Football Team Concept	119
Team Application	120
Individual Application	121
Academic All State Teams.....	122
Academic All State Individuals	123

STATE TOURNAMENT

State Tournament Summary	124
Playoff Results.....	125
State Champion Team Photos	127

MFCA TACKLE CANCER ALL STAR FOOTBALL GAME

2017 Game Information.....	131
2016 Game Information and Game Summary.....	132
North All-Star Football Roster	133
South All-Star Football Roster.....	134
All-Star Game Facts & Figures	135

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION

MSHSCA Information	136
MSHSCA Membership Instructions.....	136

From the desk of

RON STOLSKI, MFCA EXECUTIVE DIRECTOR



Ron Stolski
MFCA Executive Director

Fellow coaches. And so we begin again, the beautiful rhythm of our Autumn quest. The morning dew and the anxious hearts of kids from places near and far await. What a grand time, a grand privilege.

Prior to sharing a thought or two from this office, I want to pause for a word of praise and thanks to all of you for your commitment to the MFCA, and to being a keeper of our game...

At a conference out of state two years ago while participating in a small group discussion with leaders from states across this country, I was privileged to hand out and share copies of this magazine. The comments ranged from "outstanding," "incredible," "how do you do this", and most telling of all, "we could never do this in our state." Needless to say there was a special pride in relaying that we can do this because of the legions of coaches who are, "The Keepers of the Game" in Minnesota, and... gave a special thanks and praise to our editors and publishers Terry and Megan Turek. At the very same conference this past winter, a Ex. Director, came to me with their state's version of a magazine. It isn't much he said, but it is a start. That Director was the same one who said "we could never do this". I was honored to praise him. There is a difference between can't and won't (Stephen G. Nunnink, 1972). And that is the point.

As we have progressed over the past decade or two it is because, as my father taught, "faint heart never won fair lady". Because of you, and the leadership of so many, we are a vibrant, meaningful and forceful organization. Thank you.

But there is this. Let us be certain we do not lose our own voice, the voice that is in your gut. Due to the insatiable social media machine that is the internet, not a minute, hour, or day goes by it seems, when we are not inundated by well intended advisors and/or movements with the latest academy, character movement, self-help notion, newest in tech innovation, ways to beat the offense, ways to beat the defense, etc., etc. Make no mistake, change is constant and the MFCA has been at the forefront of change since its inception, and we realize professionals must never stop learning, but let us exercise a certain caution and be wary of taking the human element out of our great game. As I read recently, "if we are always guided by other peoples thoughts, what is the point of having our own." Some years ago, I ran across a quote, "Better to act with insight and imagination than to be 100% right", it has been one of our guideposts for a very long time.

The kids that come to us are still the "jimmys and joes". They may not need the latest innovation, the internet will give them that. They need to know what you know in your gut. They may need all that our game and YOU can teach them. They may only need someone who cares enough about them to coach them and to ask simply "How was your day." In the end, your legacy will be what you taught them beyond x's and o's Or, what you didn't...

See you on the field,

Ron Stolski

2017-2018 MINNESOTA FOOTBALL

MINNESOTA FOOTBALL COACHES ASSOCIATION

DIRECTOR OF PUBLICATIONS - TERRY TUREK

901 E. Ferry St. Le Sueur, MN 56058

507-665-3305

This publication is issued annually by the MFCA

PAST PRESIDENTS

1956-57	Harvey Shew - Brainerd	1987-88	Dave Nigon - Totino Grace
1957-58	Lew Swearingen - Jackson	1988-89	Keith Swanson - Hoffman-Kensington
1958-59	Red Wilson - Bemidji	1989-90	Jerry Peterson - Owatonna
1959-60	Loren Hagge - Rochester	1990-91	Dave Brokke - Granite Falls
1960-61	Frank Cleve - Minneapolis Henry	1991-92	Con Natvig - Swanville
1961-62	Lew Barle - Greenway	1992-93	George Larson - Cambridge
1962-63	Tom Mahoney - Fairmont	1993-94	Buz Rumrill - Silver Lake
1963-64	Steve Silianoff - So. St. Paul	1994-95	George Tuvey-Janesville-Waldorf-Pemberton
1964-65	Dale School - Redwood Falls	1995-96	George Thole - Stillwater
1965-66	Bill Hansen - Willmar	1996-97	Ken Baumann - Mahnommen
1966-67	Bob Roy - St. Louis Park	1997-98	Dave Hylla - Proctor
1967-68	Marv Gunderson - Winona	1998-99	Neal Hofland - Chokio Alberta
1968-69	Milt Osterberg - Worthington	1999-00	Ken Belanger - Zumbrota-Mazeppa
1969-70	Dick Lagergren - Brainerd	2000-01	Bubba Sullivan - Northfield
1970-71	Les Dreschel - Ada	2001-02	Dick Strand - Southland
1971-72	Don Varpness - New Ulm	2002-03	Dave Nelson - Blaine
1972-73	Ron Raveling - Columbia Heights	2003-04	Mike Mahlen-Verndale
1973-74	Rollie Bromberg - Cloquet	2004-05	Dwight Lundeen - Becker
1974-75	Don Swanson - Minneapolis Henry	2005-06	Flint Motchenbacher - Detroit Lakes
1975-76	Don Stueve - Fergus Falls	2006-07	Clay Anderson - Albert Lea
1976-77	Dean Brown - Winona	2007-08	Wayne Petermeier - Browerville
1977-78	Gary Gustafson - North St. Paul	2008-09	Shannon Gerrety - Blaine
1978-79	Grady Rostberg - Hutchinson	2009-10	Jon Johnson - Litchfield
1979-80	Dick Lawrence - Eveleth	2010-11	Paul Dunn - Springfield
1980-81	Ron Scott - Coon Rapids	2011-12	Jeff Weiland - Orono
1981-82	Jim Roforth - Lake City	2012-13	Jon Bakken - Waterville Elysian Morristown
1982-83	Ron Stolski - Brainerd	2013-14	Gary Sloan - Grand Meadow
1983-84	Tony Thiel - Battle Lake	2014-15	Jeff Ferguson - Totino Grace
1984-86	Dick Walker - Richfield	2015-16	Scott Tschimperle - Glencoe-Silver Lake
1986-87	Jim Simser - New Richland - Hartland	2016-17	John Clark, Jr. - Mahnommen

SECRETARY - TREASURER

1956-57	Frank Cleve - Minneapolis Henry	1983-87	Don Larson - Albert Lea
1957-61	Dwayne Hoberg - St. Louis Park	1987-00	Jim Simser - Fairmont
1961-64	Bob Roy - St. Louis Park	2000-08	Terry Turek - LeSueur-Henderson
1964-74	Chuck Elias - Minneapolis Central	2008-	Jim Dotseth - Minneapolis Henry
1974-83	Jerry Peterson - Owatonna		

PRESIDENT'S MESSAGE

Dear High School Football Coaches of Minnesota,

Welcome back for the start of the 2017 football season in Minnesota! I am truly honored to be President of the Minnesota Football Coaches Association in 2017. High School Football in Minnesota comes in all shapes and sizes. Our profession is a challenging one, but your work this season will bring great pride to your schools and communities and you will develop qualities in your players such as discipline, teamwork, and determination that will guide them through their adult life. Football is a great sport. Football teams can be, and very often are, the catalyst for pride in our schools and our communities. Young men across the state from small schools to large schools have learned lessons in football that they could only learn through playing this game.

I will be starting my 34th season as a Head Football Coach in 2017 and I truly believe the game of football is safer now than it ever has been. My Presidents project this year is to continue to work with USA Heads Up Football and the Minnesota State High School League and collect data and share information about working with USA Heads Up Football and providing opportunities for high school coaches, and especially youth coaches to receive training.

The Football Coaches Association is our association and is something I encourage all of you to get involved in. The MFCA supports the MFCA clinic, The All-Star Game, Recruiting Fair, Mr. Football, the Hall of Fame banquet and much more.

Billy Graham once said, "One coach will influence more people in one year than the average person will do in a lifetime."

Have a great 2017 season and thank you for your cooperation and dedication to the game of football in Minnesota. If I can be of any help to you or answer any questions, feel free to contact me. Remember we are the "Keepers of the Game" I hope you win them all!

Terry Bahlmann

Marshall



PRESIDENT
Terry Bahlmann
Marshall

LETTER FROM COACH P.J. FLECK UNIVERSITY OF MINNESOTA

I hope this letter finds you well and that you have been able to enjoy the summer before the season starts. I want to thank you all for the elite welcome I have received since being named head coach of the Gophers in January. It has been a pleasure and an honor to meet many of you for the first time and to reconnect with some familiar faces as well.

I also want to thank you for attending the Minnesota Football Coaches Association Clinic this past spring. I found it to be highly educational and entertaining. I am confident it will be a yearly staple that my staff and I look forward to with anticipation. If you were unable to make the clinic this year, then I encourage you to try to make it next spring. I can assure you it will be beneficial. There is also something truly special when you get a group of people in the same room who all love football.

I came to Minnesota to build a championship culture and a championship team. Our pursuit for both began the day I was hired. The on-field accolades will come, but first we must build our culture off the field. I have been so impressed by our growth these last few months and have witnessed a group of men working to become a team.

As you know, it all starts in the classroom. Our players sit in the first two rows of class and wear collared shirts. They know their professors and their professors know them. The team's final spring GPA was 3.07, which is the highest recorded semester GPA in school history. I have also marveled at our player's devotion to give back and serve the local community through numerous volunteer efforts. Success in the classroom and in the community will help us build critical cultural sustainability and will correlate to a winning product on the field.

I am excited for this upcoming season – our first together – but there is still a lot of work to be done before we play Buffalo on Aug. 31. Our team learned how to practice in the spring, but we were also missing more than 20 players due to offseason surgeries. I am anxious to get them back healthy in fall camp and see how they and our freshman mix with our returning players.

I want to wish all of you and your programs elite success this upcoming season. I have such fond memories of playing high school football and building strong bonds with teammates. It's the purest level of the sport and you are the guardians of it. It is truly an experience of a lifetime.

In addition, please let me know if there is anything we can do to help you. You are always welcome at our facilities and to attend practices. Please reach out if we can help you in anyway. I hope to see all of you at one of our practices or at TCF Bank Stadium for a game this fall.

Ski-U-Mah and Row The Boat!

Coach P.J. Fleck



MINNESOTA FOOTBALL COACHES ASSOCIATION



EXECUTIVE DIRECTOR

Ron Stolski



PRESIDENT

Terry Bahlmann, Marshall



SECRETARY - TREASURER

Jim Dotseth

COMMITTEE	CHAIR	PHONE	E-MAIL
Academic Individual.....	Dave Frisell	218-208-0841	davefris@hibbing.k12.mn.us
Academic Team.....	Wayne Petermeier	320-766-4816	ribsy@browerville.k12.mn.us
Advisory (MFCA President).....	Terry Bahlmann	507-537-6920	Terry.Bahlmann@marshall.k12.mn.us
All-Star Game.....	Dave Fritze.....	651-230-1007	David.Fritze@district196.org
All-Star Game Hospitality.....	Bill Magnuson	320-253-4700	bill.magnuson@isd47.org
All-Star Selection (South).....	Dave Nelson.....	952-401-5948	Dave.Nelson@minnetonka.k12.mn.us
All-Star Selection (North).....	Bill Magnuson	320-253-4700	bill.magnuson@isd47.org
Awards - Butch Nash/COY.....	Jim Dotseth.....	612-226-626	dotsethj@comcast.net
Banquet.....	Dave Nelson.....	952-401-5948	Dave.Nelson@minnetonka.k12.mn.us
Camp Outreach.....	Wayne Petermeier	320-766-4816	ribsy@browerville.k12.mn.us
Community Service	Beau LaBore.....	651-768-5402	laboreb@stillwater.k12.mn.us
Executive	Ron Stolski	218-820-4742	stolski@yahoo.com
Hall of Fame.....	Paul Lemke.....	320-864-2432	PLemke@gsl.k12.mn.us
Hall of Fame.....	Scott Tschimperle	320-864-2440	stschimperle@gsl.k12.mn.us
Historian	Dave Giles	651-274-9359	dtkgiles@yahoo.com
Jerry Kill Power of Influence	Bubba Sullivan.....	507-663-0630	bubba.sullivan@nfld.k12.mn.us
Membership.....	Marc Bachman.....	507-934-4210.....	mbachman@stpetersschools.org
MFC Clinic	Ron Stolski	218-820-4742	stolski@yahoo.com
MFCA Scholarships.....	Will Wackman.....	763-786-5571 x 5126.....	wwackm@district16.org
Mr. Football.....	Rick Sutton.....	651-683-6910.....	rick.sutton@district196.org
NFF Liaison.....	Dave Nigon	763-232-4976	dlnigon@yahoo.com
Operations/Communication.....	Claud Allaire.....	952-913-6502.....	claud.allaire@comcast.net
Professional Development.....	Ron Stolski	218-820-4742.....	stolski@yahoo.com
Publications.....	Terry Turek.....	507-665-3305 ex.166.....	tturek@isd2397.org
Recruiting Fair.....	Jeff Ferguson.....	763-571-9116X208	ferguson@totinograce.org
Sec-Treasurer	Jim Dotseth.....	763-544-2970.....	dotsethj@comcast.net
U of M Liaison.....	Ron Stolski	218-820-4742	stolski@yahoo.com
Viking Liaison.....	Dwight Lundeen.....	763-261-4901	dlundeen@izoom.net
Web Master.....	Rob Nielson.....	218-847-4491	rnielsen@detlakes.k12.mn.us



Executive Director



Secretary-Treasurer



Executive Committee

MFC A Officers
 President
 1st Vice President
 2nd Vice President
 Asst. Coach Rep.
 Past Presidents
 Retired Coaches

All Star Game
 Membership
 Hall of Fame Banquet
 Mr. Football
 Operations and Communications
 By-Laws and Constitution
 Awards

Standing Committees

U of Minnesota
 Liaison
Ron Stolski

Publications
Terry Turek

Recruiting Fair
Jeff Ferguson

Awards
Jim Dotseth

Professional
 Development
Ron Stolski
Claud Allaire

Website
Rob Nielsen

Minnesota Vikings
 Liaison
Dwight Lundeen

Academic
Wayne Petermeier
Dave Frisell

MFC A Clinic
Ron Stolski

Mr, Football
Rick Sutton

All-Star Game
Dave Fritze

Jerry Kill Power of
 Influence
Bubba Sullivan

Membership
Marc Bachman

Scholarship
Will Wackman

Community Service
Beau LaBore

Historian
Dave Giles

MFCA CODE OF ETHICS

PREAMBLE

One of the distinguishing characteristics of a profession in education may be that its members are cognizant of, and perhaps dedicated to, rendering a service to humanity. As educators who choose to coach football, we must understand that the justification for football is that it provides educational and physical values for those who play the game, and the game essentially belongs to the players who choose to play it.

The welfare of the game depends on how coaches live up to the spirit and letter of ethical conduct, and how coaches, as educators, model ethical conduct, and remain mindful of the trust and confidence placed in them by colleagues, players, and the public.

PURPOSE

This code of ethics has been developed to protect, promote, and preserve the best interests of the game and the coaching profession. Its primary purpose is to clarify and distinguish ethical and professional practices from those which are detrimental. Its secondary purpose is to emphasize the value of football as an experience that contributes to the overall education of the student-athlete and to stress proper functions in relation to schools, players, and the public.

ARTICLE ONE – RESPONSIBILITY TO PLAYERS

1. Coaches shall be aware of the tremendous influence they have on the education of the student-athlete; therefore, they shall never place the value of winning above the value of instilling the highest ideals of character and integrity.
2. Coaches shall follow or create and enforce a set of training rules for players that reflect the positive values of abstaining from drugs, alcohol, and tobacco.
3. Coaches shall never place the value of winning over the safety and welfare of players.
4. Coaches shall not exert pressure on faculty members to give players special consideration.
5. Coaches shall show respect to all players by treating them with integrity and honesty in both verbal and nonverbal behavior, regardless of their role or contribution to the team.
6. Coaches are responsible for their players' actions on the field and must not permit them to perform with the intent of causing injury to opposing players.
7. Coaches shall not seek unfair advantage by teaching deliberate unsportsmanlike behavior to players; they shall instruct players to play within the written rules and within the spirit of the game at all times.

ARTICLE TWO – PROFESSIONAL BEHAVIOR

1. Coaches shall exemplify the highest moral character, behavior, and leadership.
2. Coaches shall display modesty in victory and be gracious in defeat.

3. Coaches shall promote ethical relationships among fellow coaches.
4. Prior to, and following contests, coaches for the competing teams should meet and exchange cordial greetings to set the correct tone for the event.

ARTICLE THREE – SPORTSMANSHIP

1. Coaches shall exhibit, model, and teach good sportsmanship.
2. Coaches shall exert their influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep clubs, booster groups, parents, and administrators.

ARTICLE FOUR – SCOUTING

It is considered ethical to scout opponents only during games and agreed upon scrimmages, and within the designated rules of the conference or section by-laws. The head coach is responsible for the actions of his scouts.

ARTICLE FIVE – RELATIONSHIPS WITH GAME OFFICIALS

Coaches shall respect the integrity and judgment of the game official. Coaches shall not indulge in conduct which would incite players or spectators against officials. Public criticism of officials is considered unethical.

MFCA MEMBERS FOR 2016-2017

Listed below are the dues-paying head coaches of the MFCA. These coaches are representative of the high school football teams in Minnesota. The association would like to remind all coaches to renew their membership for the upcoming year and to encourage their assistants to do the same.

The MFCA believes that it is realistic to have over 90% of all head coaches as members. Membership strengthens the association and allows for better representation for all teams and their concerns.

Remember, the MFCA is not just a "head coaches only" group, several teams have taken advantage of having assistants take a more active role in association meetings and it has improved participation and representation a great deal.

Please note that some coaches names may have been inadvertently omitted.

Coach	School
Aakre, Arek.....	Fosston H.S.
Abbott, Chad.....	Saint Thomas Academy
Achterkirch, Marc	Owatonna H.S.
Adams , Charles	Minneapolis North Community H.S.
Adams, Brendan.....	Rochester John Marshall
Ague, Kyle.....	Legacy Christian Academy
Ahrendt, Thomas	Park Rapids Area H.S.
Albright, Jeremy.....	Rush City H.S.
Alexander, Harold	Saint Cloud Apollo H.S.
Allaire, Claud	Macalester College
Allen, Grant.....	Swanville H.S.
Allen, Kyle.....	Pine City H.S.
Alto, Dan	Kelliher H.S.
Amdahl, Alan.....	Albany H.S.
Anderson, Ben	Howard Lake-Waverly-Winsted H.S.
Anderson, Brad.....	Wayzata H.S.
Anderson, Chad	Cretin-Derham Hall H.S.
Anderson, Clay	Pipestone Area H.S.
Anderson, Cory.....	Milaca H.S.
Anderson, Dennis.....	Murray County Central H.S.
Anderson, Jacob	Eden Valley-Watkins H.S.
Anderson, Jason.....	Roseville Area H.S.
Anderson, Jesse	Saint Michael-Albertville H.S.
Anderson, Jon.....	Bloomington Kennedy H.S.
Anderson, Tom	Eden Prairie H.S.
Anderson, Tyler	MACCRAY H.S.
Anderson, William	Two Harbors H.S.
Andres, Tony	Moose Lake H.S.
Armbrust, Kevin	Sauk Rapids-Rice H.S.
Arndt, Steven	Maple River H.S.

Coach	School
Arnoldi, Paul	Springfield H.S.
Arntson, Scott.....	Esko H.S.
Aro, Michael.....	Eveleth-Gilbert H.S.
Asche, Derek.....	Providence Academy
Ashfield, George	Eagan H.S.
Atherton, Kyle.....	Cleveland H.S.
Auger, Andy.....	Saint Cloud Cathedral H.S.
Aurich, Dean.....	Mayer Lutheran H.S.
Austad, Joshua	Rocori H.S.
Austinson, John.....	Byron H.S.
Aycock, Craig.....	Saint Cloud Tech H.S.
Bachman, Marc.....	Saint Peter H.S.
Bahlmann, Terry	Marshall H.S.
Bailey, Mike	Chanhassen HS
Bain, Joshua.....	Grand Meadow H.S.
Bakken, Jon.....	Waterville-Elysian-Morristown H.S.
Barber, Scott	Worthington H.S.
Baril, Kory.....	Red Lake County Central
Barnack, Tony	Tri-City United HS
Barth, Jeff.....	Upsala H.S.
Bartlett, Ryan.....	White Bear Lake Area H.S.
Bartos, Joe	Little Falls H.S.
Bartosiewski, Ryan	Stillwater Area H.S.
Basil, Joe.....	Maple Grove H.S.
Battaglia, Scott	Moose Lake H.S.
Baumann, Bill	Cambridge-Isanti H.S.
Baumgarten, Dean.....	Little Falls H.S.
Baumgarten, Joel	Rocori H.S.
Baumgartner, Andrew	Yellow Medicine East H.S.
Bedel, Cory.....	Hancock H.S.

Coach	School
Beehler, Michael	Saint Cloud Apollo H.S.
Behrens, Chris	Watertown-Mayer H.S.
Bender, Collin	Edina H.S.
Beneke-Eaves, William	Saint Paul Central H.S.
Beneke, Bruce	Saint Paul Central H.S.
Bengtson, Hokan	Becker H.S.
Benning, Dan	Browerville H.S.
Bense, Keith	Saint Peter H.S.
Benson, Jon	Saint Cloud Tech H.S.
Bentson, James	Pillager H.S.
Berdan, Ronald	Sleepy Eye H.S.
Berg, Cullen	Simley H.S.
Berg, Grant	New Richland-H-E-G H.S.
Bergeson, Bryant	Dilworth-Glyndon-Felton H.S.
Berglund, William	Cloquet H.S.
Bergstedt, Todd	Hermantown H.S.
Bernards, Jefferson	Kasson-Mantorville H.S.
Bernards, Josh	Byron H.S.
Berning, Scott	Howard Lake-Waverly-Winsted H.S.
Bernstrom, Mark	Lancaster H.S.
Bettcher, Josh	Detroit Lakes H.S.
Beuning, Paul	New London-Spicer H.S.
Bevins, Ken	Waubun H.S.
Biermaier, Michael	Browerville H.S.
Birchem, Nick	Hawley H.S.
Birkholz, Adam	Lester Prairie H.S.
Blanchard, Bob	Big Lake H.S.
Blank, David	Wabasso H.S.
Blom, David	Atwater-Cosmos-Grove City H.S.
Blom, David	Atwater-Cosmos-Grove City H.S.
Blom, Gary	Saint James H.S.
Bobbe, John	Andover H.S.
Bohaty, James	Moose Lake H.S.
Bollinger, Brooks	Cretin-Derham Hall H.S.
Boltmann, Reed	Edina H.S.
Bolton, Michael	Atwater-Cosmos-Grove City H.S.
Bonine, Robert	Roseville Area H.S.
Boonstra, Jeff	New London-Spicer H.S.
Boran, Blake	Kimball Area H.S.
Bosshart, Dustin	Saint Clair H.S.
Bouman, Todd	Buffalo H.S.
Bourquin, Jared	Heron Lake/Okabena HS
Bouwman, Justin	Marshall H.S.
Braaten, Luke	Litchfield H.S.

Coach	School
Braaten, Matthew	Cambridge-Isanti H.S.
Brandt, Paul	Thief River Falls Lincoln HS
Bratsch, Carl	G-F-W H.S.
Breitbach, Ryan	Win-E-Mac H.S.
Brekke, Scott	Thief River Falls H.S.
Brennan, Joe	Kimball Area H.S.
Brever, Eric	New Prague H.S.
Brevitz, Robert	Stillwater Area H.S.
Breyen, Mike	Elk River H.S.
Briard, Jeffrey	Springfield H.S.
Brighton, Bryan	Plainview Community HS
Brinkman, Nate	Mountain Lake H.S.
Britten, Dante	Minnehaha Academy
Broich, Todd	Sauk Centre H.S.
Brookins, Bret	East Ridge H. S.
Brown Jr., Thomas (T.J.)	Springfield H.S.
Brown, Andrew	Maple Lake H.S.
Brown, Anthony	Zumbrota-Mazeppa H.S.
Brown, Hugh	Hope Academy
Brown, Zachary	Sauk Rapids-Rice H.S.
Bruer, Steven	Menahga H.S.
Bryniarski, Robert	Browerville H.S.
Buboltz, James	Minnesota Valley Lutheran
Buerkle, Jeff	Anoka H.S.
Buffetta, Brian	Mountain Iron-Buhl H.S.
Buker, Daniel	Litchfield H.S.
Bullert, Michael	Sibley East H.S.
Burgstahler, Lawton	Park Christian H.S.
Burk, Benjamin	Lakeville South H.S.
Burmeister, Patrick	Mankato West H.S.
Butt, Scott	Crookston H.S.
Buysse, Jared	Waconia H.S.
Byklum, Darrin	Fisher H.S.
Campbell, Charlie	Brainerd H.S.
Campbell, Philip	Tri-City United HS
Carlson, Darby	Maple Grove H.S.
Carlson, David	Barnum H.S.
Carlson, Max	Rogers H.S.
Carlson, Tim	Bloomington Jefferson H.S.
Carpenter, Spencer	Sauk Centre H.S.
Carrier, Trevor	LeRoy-Ostrander H.S.
Carroll, John-Howard	Rochester Lourdes H.S.
Cassellius, John	Winona H.S.
Casterton, Nick	Jordan H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Cebulla, Dave	Belgrade-Brooten-Elosa H.S.
Chamernick, Mark	Saint Cloud Cathedral H.S.
Champion, Zach	Mounds View H.S.
Chap, Tom	Glencoe-Silver Lake H.S.
Christensen, Jeremy	Minnewaska Area H.S.
Christensen, Tait	Litchfield H.S.
Christenson, David	Eagan H.S.
Christenson, Martin	Montevideo H.S.
Christianson, Chad	Hancock H.S.
Christianson, Jay	Canby H.S.
Clark Jr, John	Mahnomen H.S.
Clark, Bruce	Lewiston-Altura H.S.
Clark, Paul	Waubun H.S.
Clendening, Chad	Apple Valley H.S.
Coenen, Jerome	Chanhassen HS
Cook, Aaron	Win-E-Mac H.S.
Cook, Bryan	Mora H.S.
Copeland, Adam	Eagan H.S.
Cornell, Gary	Virginia H.S.
Cornell, Keith	Saint Michael-Albertville H.S.
Cotter, Joseph	Lakeville South H.S.
Court, Paul	Rocori H.S.
Cousineau, Joe	Stillwater Area H.S.
Crabtree, Joshua	Luverne H.S.
Cremers, Ed	Virginia H.S.
Cross, Michael	Elk River H.S.
Currie, Robert	Lakeville South H.S.
Curry, Jonathon	Fulda H.S.
Czech, Bradley	Little Falls H.S.
Dahl, Bryan	Chaska H.S.
Dahl, Matthew	Litchfield H.S.
Dahlman, Eric	Edina H.S.
Dahlstrom, David	Foley H.S.
Damm, Dana	Henning H.S.
Dammann, Michael	MACCRAY H.S.
David, Nick	Mound-Westonka H.S.
Davies, Jeffrey	Roseville Area H.S.
Davis, Chris	Tracy-Milroy-Balaton H.S.
Davis, Derrick	Roseville Area H.S.
Davis, Eric	Mankato East H.S.
Davis, Kevin	Champlin Park H.S.
Dehnicke, Adam	Andover H.S.
Deibele, Cole	Monticello H.S.
DelMedico, Pat	Roseville Area H.S.

Coach	School
Demars, Thomas	Pine River-Backus H.S.
DenHartog, John	Hopkins H.S.
Deschneau, Brian	Mounds View H.S.
Destache, Dan	White Bear Lake/Mahtomedi HS
Develice, Thomas	Blaine H.S.
DeWulf, Mike	Nevis H.S.
Dickey, Beau	Blaine H.S.
Dickey, Tom	Lewiston-Altura H.S.
Diercks, Billy	Goodhue H.S.
Dierks, Jon	Mankato East H.S.
Dietel, John	Monticello H.S.
Diggins, Mike	Centennial H.S.
Dinnel, Michael	Pine River-Backus H.S.
Dirkes, David	Albany H.S.
Doering, Nathan	Minnesota Valley Lutheran
Dokken, Peter	Rochester John Marshall
Donahue, Michael	Alexandria H.S.
Donovan, Terry	Kasson-Mantorville/Kenyon Wanamingo
Dorr, Mitch	Cook County H.S.
Dotter, Paul	Chaska H.S.
Douglas, Dan	Montevideo H.S.
Doyscher, Thomas	Norwood-Young America H.S.
Drager, Dustin	Maple River H.S.
Drexler, John	Foley H.S.
Drkula, Tony	Saint Croix Lutheran H.S.
Dukowitz, Chad	Saint Cloud Tech H.S.
Duncan, Richard	West Central Area School
Duncanson, Gavin	Saint Michael-Albertville H.S.
Dunham, Bradley	Ulen-Hitterdal H.S.
Dunn, Paul	Springfield H.S.
Ebner, Robby	Goodhue H.S.
Eck, Keith	Clearbrook-Gonvick H.S.
Edin, Lance	Verndale H.S.
Edmunds, Erik	Proctor H.S.
Edwards, Mal	Benilde-St. Margaret's H. S.
Edwards, Matthew	Breck School
Eichenberger, Lon	Worthington H.S.
Eischens, Curtis	Orono H.S.
Elder, Erin	Windom Area H.S.
Eldred, Travis	Howard Lake-Waverly-Winsted H.S.
Ellefson, David	Hutchinson H.S.
Ellinghuysen, Joel	Lewiston-Altura H.S.
Ellingson, Daniel	Hills-Beaver Creek H.S.
Ellingson, Michael	Triton H.S.

Coach	School
-------	--------

Elliott, Tom	Martin County West H.S.
Elmer, Mark	Stillwater Area H.S.
Elwell, Bobby	Windom Area H.S.
Emley, Gregory	Saint Peter H.S.
Empting, Michael	Alexandria H.S.
Emter, Ryan	Henning H.S.
Enberg, Corey	Montevideo H.S.
Epema, Tim	Montevideo H.S.
Erdmann, Greg	Fulda H.S.
Erdmann, Jeff	Rosemount H.S.
Erickson, Dirk	Rochester John Marshall
Esch, Mark	Mankato West H.S.
Eskierka, Stan	Henry Sibley H.S.
Essler, Dan	New London-Spicer H.S.
Essler, Jared	Saint Michael-Albertville H.S.
Evan, Alexander	Albany H.S.
Evens, Nate	Monticello H.S.
Ewald, Clint	Saint Louis Park H.S.
Fabish, Mark	Northeast Range
Faust, David	carleton college
Feeney, Kevin	Moorhead H.S.
Fellows, Christopher	Montevideo H.S.
Ferguson, Jeffrey	Totino-Grace H.S.
Ferraro, Sam	North Branch H.S.
Ferrier, Aaron	Redwood Valley H.S.
Fettig, Shawn	Glencoe-Silver Lake H.S.
Finlayson, Loren	Sauk Rapids-Rice H.S.
Fischer, Adam	Farmington H.S.
Fischer, Jamie	Mankato Loyola H.S.
Fisher, Derek	Robbinsdale Armstrong H.S.
Flann, Derek	B O L D H.S.
Flaten, Dustin	Norman County East H.S.
Fleischman, Andrew	Edgerton H.S.
Flinn, James	Totino-Grace H.S.
Florek, Jason	Saint Cloud Tech H.S.
Flugum, Jeff	Apple Valley H.S.
Flynn, Jacob	Goodhue H.S.
Foley, Jim	Champlin Park H.S.
Foley, Thomas	Benson H.S.
Foreman, Dennis	East Ridge H. S.
Forsell, Tad	Hermantown H.S.
Foslien, Adam	Benson H.S.
Foss, Brendon	Hancock H.S.
Foss, Dan	Champlin Park H.S.

Coach	School
-------	--------

Foss, Derrick	Hancock H.S.
FOSTER, JASON	Saint Louis Park H.S.
Frame, Rick	Breck School
Franck, Larry	Byron H.S.
Franke, Justin	MACCRAY H.S.
Franz, Marc	Rogers H.S.
Fraser, Andrew	Roseville Area H.S.
Fredericksen, Chad	Breckenridge H.S.
Fredrickson, Joshua	Russell-Tyler-Ruthton H.S.
Freed, Jason	Brainerd H.S.
Freeman, Patrick	Murray County Central H.S.
Frisell, Dave	Hibbing H.S.
Fritze, Dan	East Ridge H. S.
Fritze, Kent	Park Rapids Area H.S.
Froehling, Landis	Saint James H.S.
Fruechte, Carl	Caledonia H.S.
Frykman, Jon	Hutchinson H.S.
Fuglestad, Rey	Alexandria H.S.
Fuhs, Steve	Detroit Lakes H.S.
Fuller, Benjamin	Irondale H.S.
Gaffaney, Michael	Yellow Medicine East H.S.
Galindo, Ryan	Minneapolis Washburn H.S.
Galvin, Jim	Mounds View H.S.
Gans, James	Sauk Rapids-Rice H.S.
Gans, John	Sauk Rapids-Rice H.S.
Garlock, Paul	Bloomington Kennedy H.S.
Garry, Jerome	Rochester Lourdes H.S.
Garvin, Joseph	Lake City H.S.
Gavinski, Tim	Saint Michael-Albertville H.S.
Gegenheimer, Matt	Prior Lake H.S.
Gerads, Adam	Swanville H.S.
Geyen, Craig	Monticello H.S.
Gilmer, Jonathan	Lakeville South H.S.
Gimbel, Chad	Blooming Prairie H.S.
Gindorff, Michael	Crosby-Ironton H.S.
Girard, Stephen	Onamia H.S.
Glasener, Vaughn	Melrose Area H.S.
Glass, Todd	Red Lake Falls Lafayette HS
Glazier, Darin	Park H.S.
Glenzinski, Dennis	Bethlehem Academy
Golberg, Kirk	Lakeville South H.S.
Gonnerman, Scott	Benson H.S.
Goodwin, Chris	Blake School (The)
Gornick, Jim	Zimmerman H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Goslee, Kyle.....	Montevideo H.S.
Gossen, Rick.....	Belgrade-Brooten-Elrosa H.S.
Gothier`, Sean.....	Centennial High School
Goudy, Mick.....	Monticello H.S.
Gramm, Tanner.....	Hancock H.S.
Grant, Michael.....	Roseville Area H.S.
Grant, Mike.....	Eden Prairie H.S.
Greenway, Alex.....	Tracy-Milroy-Balaton H.S.
Grimes, Paul (Joe).....	Park Rapids Area H.S.
Gronner, Jeff.....	Cromwell H.S.
Gross, Chris.....	Foley H.S.
Gross, Dan.....	B O L D H.S.
Gross, Derrick.....	Northome H.S.
Gross, Kevin.....	Sartell-Saint Stephen H.S.
Grossman, Jonas.....	Benson H.S.
Grote, Chris.....	Braham H.S.
Grove, Steve.....	Willmar H.S.
Grussing, Mark.....	Benson H.S.
Gullikson, Tony.....	Warren-Alvarado-Oslo H.S.
Gunderson, Jeff.....	Proctor H.S.
Gunderson, Jim.....	Academy of Holy Angels
Gunderson, John.....	Minnesota Valley Lutheran
Gunderson, Troy.....	Grand Rapids H.S.
Gustafson, Benjamin.....	Elk River H.S.
Gustafson, Chad.....	New London-Spicer H.S.
Gustafson, Paul.....	Byron H.S.
Guzy, Grant.....	Spring Lake Park H.S.
Haala, Cory.....	Sleepy Eye H.S.
Habeck, Kurt.....	Eastview H.S.
Hagge, Kevin.....	Lake Crystal-Wellcome Memorial
Hahn, Brady.....	Cleveland H.S.
Hahn, Curtis.....	Saint Michael-Albertville H.S.
Halder, Benjamin.....	Byron H.S.
Hale, Tim.....	Anoka H.S.
Haley, Rick.....	Delano H.S.
Hallman, Charles.....	DeLaSalle H.S.
Halverson, Matt.....	Goodhue H.S.
Halvorson, David.....	Ogilvie H.S.
Hamilton, Steve.....	Elk River H.S.
Hanks, Jon.....	Benilde-St. Margaret's H. S.
Hansen, Kevin.....	Canby H.S.
Hanson, Benjamin.....	Eagan H.S.
Hanson, Keith.....	Saint Peter H.S.
Hanson, Keith.....	Hawley H.S.

Coach	School
Hanson, Mark.....	Saint Francis H.S.
Hanson, Roger.....	East Grand Forks H.S.
Hanson, Scott Hanson.....	Bethlehem Academy
Harig, Rick.....	Bertha-Hewitt H.S.
Harmeyer, Christian.....	Nicollet H.S.
Harmon, Jacob.....	Byron H.S.
Harr, Chris.....	Nevis H.S.
Harris, Brian.....	Dover-Eyota H.S.
Harris, J Mark.....	Stillwater Area H.S.
Hartman, Chuck.....	Sibley East H.S.
Hartung, Tim.....	Stillwater Area H.S.
Hauer, Gabriel.....	Waterville-Elysian-Morristown H.S.
Haugen, Ben.....	Tri-City United HS
Haugen, David.....	Pelican Rapids H.S.
Hauser, Zach.....	Spring Grove H.S.
Hawker, Nathan.....	Saint Clair H.S.
Hayenga, Tim.....	Windom Area H.S.
Hebrink, Ryan.....	Renville County West H.S.
Heggedahl, Larry.....	Floodwood H.S.
Hegland, Lucas.....	Howard Lake-Waverly-Winsted H.S.
Hegland, Matthew.....	Saint Cloud Tech H.S.
Hein, Alex.....	Saint James H.S.
Heine, Karl.....	Saint Cloud Tech H.S.
Heise, James.....	Lake City H.S.
Heiser, Mark.....	Minneapolis Patrick Henry H. S.
Heitzman, Ken.....	Willmar H.S.
Helget, Jeffery.....	Mankato West H.S.
Helget, Justin.....	Saint Peter H.S.
Helland, Kenny.....	Tri-City United HS
Hemberger, Benjamin.....	Fosston H.S.
Hemberger, Mark.....	Ulen-Hitterdal H.S.
Hemenway, Matt.....	Stillwater Area H.S.
Henderson, Donald.....	Triton H.S.
Hendricks, Troy.....	Bemidji H.S.
Hendrickson, Ryan.....	Underwood H.S.
Hennen, Daniel.....	Eden Prairie H.S.
Hennen, Michael.....	Cambridge-Isanti H.S.
Henson, Benjamin.....	Monticello H.S.
Hentges, Scott.....	Sartell-Saint Stephen H.S.
Herder, Joel.....	Breckenridge H.S.
Hermann, Tate.....	Saint Francis H.S.
Hernandez, Timothy.....	Saint Thomas Academy
Hertel, Jeff.....	Roseville Area H.S.
Hertz, Casey.....	Cedar Mountain H.S.

Coach**School**

Heruth, Doug Blaine H.S.
 Heryla, Peter Columbia Heights H.S.
 Hietala, Joseph Duluth East H.S.
 Hildebrandt, Ethan Redwood Valley H.S.
 Hill, Andrew Woodbury H.S.
 Hilliard, Andrew Lakeville South H.S.
 Hills, Alan Aitkin H.S.
 Hinrichs, Jon Hawley H.S.
 Hinrichs, Russ Alexandria H.S.
 Hinsz, Tracy Barnesville H.S.
 Hinz, Colton Belgrade-Brooten-Elrosa H.S.
 Hirt, Bryan Park Rapids Area H.S.
 Hitchen, Chad Fertile-Beltrami H.S.
 Hockinson, Randy Kenyon-Wanamingo H.S.
 Hoffarth, Travis Pine River-Backus H.S.
 Hofstedt, Josh Cannon Falls H.S.
 Hohn, Nick Braham H.S.
 Holcomb, Donny Rochester Mayo H.S.
 Holden, Terry Pine River-Backus H.S.
 Holey, Joel Little Falls H.S.
 Homan, Brian Jordan H.S.
 Hopkins, Bradley Hinckley-Finlayson H.S.
 Hopkins, David Holy Family Catholic H.S.
 Horstman, Brad Providence Academy
 Houghton, Dan Rockford H.S.
 Houston, Michael Saint Paul Harding H.S.
 Howard, Dennis Pine City H.S.
 Howard, Justin Rochester Century H.S.
 Howard, Keith Centennial H.S.
 Howard, Shaun Hibbing H.S.
 Howell, Scott Saint Paul Central H.S.
 Hoyt, David Melrose Area H.S.
 Hruby, Nathan Thief River Falls Lincoln HS
 Huber, Bruce Triton H.S.
 Huberty, Dave Albany H.S.
 Hudak, Pat Farmington H.S.
 Huesmann, Michael Brainerd H.S.
 Huie, Cale Duluth Denfeld H.S.
 Huie, Frank Duluth Denfeld H.S.
 Hulke, Kevin Minnesota Valley Lutheran
 Hulse, Ryan Saint Croix Lutheran H.S.
 Hultstrum, Eric Benson H.S.
 Hungerholt, Aaron LeRoy-Ostrander H.S.
 Hungerholt, Cody Houston H.S.

Coach**School**

Husby, Christopher Maple Grove H.S.
 Huse, Brad United South Central H.S.
 Illikainen, Daryl Hermantown H.S.
 Immerman, Cory Tri-City United HS
 Infanger, William Osakis H.S.
 Inforzato, Kyle Lac qui Parle Valley H.S.
 Inforzato, Kyle Lac qui Parle Valley H.S.
 Isaacs, Justin Deer River H.S.
 Jackman, Jim Litchfield H.S.
 Jacobs, Jon McGregor H.S.
 Jacobson, Jim Frazee H.S.
 Janssen, Christopher Alexandria H.S.
 Janzen, Jeremy Aitkin H.S.
 Jemmings, Dwane Cedar Mountain H.S.
 Jenniges, Isaac Red Rock Central H.S.
 Jensen, John Rochester Lourdes H.S.
 Jeppesen, Bryce Marshall H.S.
 Jeppson, Rob Chaska H.S.
 Jergenson, Chad Minnewaska Area H.S.
 Jevning, Bret Brainerd Forestview MS
 Jipson, Steve Clinton-Graceville-Beardsley H.S.
 Jirik, John North Woods
 Johannes, Jerome Medford H.S.
 Johnson Jr, James Proctor H.S.
 Johnson Jr, Marvin Elk River H.S.
 Johnson, Chris Browerville H.S.
 Johnson, Daniel Silver Bay (Wm. Kelley) H.S.
 Johnson, Eric Owatonna H.S.
 Johnson, Greg Verndale H.S.
 Johnson, Ian Nevis H.S.
 Johnson, Kim Big Lake H.S.
 Johnson, Michael Mankato West H.S.
 Johnson, Mike Parkers Prairie H.S.
 Johnson, Nathan Proctor H.S.
 Johnson, Rob Pine River-Backus H.S.
 Johnson, Tharen Farmington H.S.
 Johnson, Thor Bigfork H.S.
 Johnson, Todd Mahanomen H.S.
 Johnson, Tom Detroit Lakes H.S.
 Johnston, Chad Minneota H.S.
 Johnston, Justin Belle Plaine H.S.
 Jones, Matt Verndale H.S.
 Joran, Joseph Eagan H.S.
 Josephson, Johnny New Prague H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Joyce, Joe.....	Janesville-Waldorf-Pemberton H.S.
Jurkovich, James.....	Saint Thomas Academy
Kainz, Jason	Tracy-Milroy-Balaton H.S.
Kaiser, Ward	Silver Bay (Wm. Kelley) H.S.
Kalkbrenner, Dain.....	Willmar H.S.
Kamphenkel, James.....	Sauk Centre H.S.
Kapsner, Bob	Park Rapids Area H.S.
Kasowski, Ryan	East Grand Forks H.S.
Kassel, John	Grand Meadow H.S.
Kauffmann, Eric.....	Kerkhoven-Murdock-Sunburg H.S.
Keenan, Nick	Big Lake H.S.
Kegler, Jared	Faribault H.S.
Kelash, Chris	Hinckley-Finlayson H.S.
Keller, Trevor.....	Ortonville H.S.
Kelley, Michael.....	Randolph H.S.
Kemp, Joe	Wabasso H.S.
Kenfield, Jason.....	Red Lake Falls H.S.
Kent, Terry	Lancaster H.S.
Kesler, Mike.....	Rochester Lourdes H.S.
Kigner, Ross.....	Roseville Area H.S.
King, Rex	Simley H.S.
Kingsland, Thomas.....	North Branch H.S.
Kinnunen, Bill.....	Grand Rapids H.S.
Kinsella, Joe	Burnsville H.S.
Kirk, Tim	Mountain Lake H.S.
Kirkeby, Kevin	Rochester John Marshall
Kish, Thomas	Zimmerman H.S.
Kittelson, Cody	Wabasso H.S.
Kittelson, Matt	Blooming Prairie H.S.
Klamm, Ken.....	Prior Lake H.S.
Klancher, Kevin.....	Stillwater Area H.S.
Klaphake, Phillip	Sauk Rapids-Rice H.S.
Kleinschmidt, Michael	Albany H.S.
Klimek, Shawn	Nevis H.S.
Klinefelter, Jason.....	Saint Cloud Cathedral H.S.
Klingbeil, Tim.....	Wabasha-Kellogg H.S.
Klug, Dennis	Maple Lake H.S.
Klusmann, Jason.....	Pine Island H.S.
Klyve, Mike.....	Barnum H.S.
Kneeshaw, Corey	New Ulm H.S.
Knudsen, Tim	Maple Lake H.S.
Knutson, James	Lakeville South H.S.
Knutson, Kyle	Perham H.S.
Knutson, Lucas	Glenville-Emmons H.S.

Coach	School
Knutson, Robert.....	Champlin Park H.S.
Kobernusz, Kelly.....	Holdingford H.S.
Kockelman, Nick	Canby H.S.
Koehler, Bryce	McGregor H.S.
Kokos, Brian	Blue Earth Area H.S.
Konold, Jon.....	Willmar H.S.
Korolewski, Ryan	Elk River H.S.
Korton, Mike.....	Champlin Park H.S.
Kosek, Gary	Norwood-Young America H.S.
Kovach, Paul	Eagan H.S.
Kovich, Robert	Lakeville North H.S.
Krause, Dan	Buffalo Lake-Hector H.S.
Krebs, Tyler.....	Burnsville H.S.
Kreuser, Rodney	Totino-Grace H.S.
Krieger Sr, Patrick.....	Benilde-St. Margaret's H. S.
Kroulik, Casey.....	Clearbrook-Gonvick H.S.
Kruger, Joe	Adrian H.S.
Kruger, Marcus.....	Deer River H.S.
Kruse, Mark	Saint Croix Lutheran H.S.
Kucera, Brent.....	Sleepy Eye Saint Mary's H.S.
Kucera, David	Hutchinson H.S.
Kuechenmeister, Randall	Blue Earth Area H.S.
Kuhnke, Shawn.....	Braham H.S.
Kvam, Darrin.....	East Central H.S.
Kyvig, John.....	Andover H.S.
Labine, Mike	Detroit Lakes H.S.
LaBore, Beau.....	Stillwater Area H.S.
Ladd, Dave	Academy of Holy Angels
LaFrance, Jeffrey	Waterville-Elysian-Morristown H.S.
Lahr, Brent	Mounds View H.S.
Laine, Robert.....	Lake of the Woods H.S.
Lais, Gene	Worthington H.S.
Lamb, Kevin	Plainview-Elgin-Millville H.S.
Lamker, Derrin	Edina H.S.
Lamppa, Brian.....	Ely H.S.
Lancaster, Andrew.....	Eagle Valley H.S.
Langer, Adam.....	Eden Valley-Watkins H.S.
Langer, Jason	Belgrade-Brooten-Elrosa H.S.
Langer, Michael.....	Brainerd H.S.
Langmade, Jeremy.....	Pine City H.S.
Lanners, Nicholas	Royalton H.S.
Lanoué, Tom	Luverne H.S.
LaPointe, Ryan	Rogers H.S.
Larsen, Joshua	Monticello H.S.

Coach	School
-------	--------

Larson, Bob	Mahnomen H.S.
Larson, Cory	Dawson-Boyd H.S.
Larson, David	Hutchinson H.S.
Lattimore, Joseph	Rush City H.S.
Leadens, Mark	Elk River H.S.
LeBoutillier, Steven	Westbrook-Walnut Grove H.S.
Ledahl, Jody	Cambridge-Isanti H.S.
Leintz, Jon	Saint Cloud Cathedral H.S.
Lemke, Jeffrey	Saint Croix Lutheran H.S.
Lemke, Jonathan	Glencoe-Silver Lake H.S.
Lemke, Paul	Glencoe-Silver Lake H.S.
Lenarz, Thomas	Cloquet H.S.
Leniz, Aitor	Braham H.S.
Lepper, Jay	Prior Lake H.S.
Liapis, Richard	Worthington H.S.
Lieser, Brent	Royalton H.S.
Lindahl, Aaron	Redwood Valley H.S.
Lindahl, Roger	Benson H.S.
Lindberg, Brad	Breckenridge H.S.
Lindow, Bucky	Cannon Falls H.S.
Lingen, Bryce	Thief River Falls H.S.
Litecky, Bernie	Totino-Grace H.S.
Litecky, Brian	Totino-Grace H.S.
Loe, Brian	Thief River Falls Lincoln HS
Lombardi, Matthew	Maple Grove H.S.
Longtin, Eric	North H.S.
Lossow, Rodney	Minneapolis South H.S.
Louis, Ned	Faribault H.S.
Louzek, David	Moose Lake H.S.
Loven, Jay	Swanville H.S.
Lowe, Dan	LeRoy-Ostrander H.S.
Lund, Jon	Farmington H.S.
Lund, Nathan	Minnewaska Area H.S.
Lundeen, Dwight	Becker H.S.
Lundeen, Matt	Redwood Valley H.S.
Lundgren, Brent	North Branch H.S.
Lux, Dennis	New Ulm Cathedral H.S.
Lynch, Joseph	Saint Croix Lutheran H.S.
Macken, Jerry	Cretin-Derham Hall H.S.
Madigan, Mark	Simley H.S.
Magnuson, Bill	Pequot Lakes H.S.
Magnusson, Tim	Thief River Falls H.S.
Maher, Matthew	Park H.S.
Maher, Nathan	Monticello H.S.

Coach	School
-------	--------

Mahlen, Michael	Verndale H.S.
Mahon, Dominic	North H.S.
Mahoney, Mat	Fairmont H.S.
Maine, Douglas	Owatonna H.S.
Malling, Greg	Coon Rapids H.S.
Malone, Paul	Rochester Century H.S.
Marcussen, Don	LeSueur-Henderson H.S.
Marich, Colby	Walker-Hackensack-Akeley H.S.
Market, Tony	Lakeville North H.S.
Marmon, Jack	Little Falls H.S.
Marquis, Ethan	Stephen-Argyle Central H.S.
Martig, Gregg	Saint Cloud Tech H.S.
Martin, Jon	Breck School
Martin, Travis	Windom Area H.S.
Marx, Ryan	Plainview-Elgin-Millville H.S.
Maser, Dan	Concordia Academy-Roseville
Mathiasen, Jeffrey	Saint Cloud Apollo H.S.
Mathiasen, Jordan	Saint Cloud Apollo H.S.
May, Michael	LeSueur-Henderson H.S.
McCraven, Nate	Norman County West H.S.
McCready, Scott	Saint Charles H.S.
McDonald, Jason	Shakopee H.S.
McDonald, Tom	Waconia H.S.
McEachran, John	Perham H.S.
McGowan, John	Park H.S.
McIntyre, Ryan	Two Harbors H.S.
McKittrick, Hayden	Marshall H.S.
McLachlan, Scott	Albany H.S.
Mcmartin, Kyle	Bemidji H.S.
McMullen, Steve	Mahnomen H.S.
McPhail, Donald	Pine Island H.S.
McPherson, Joe	Orono H.S.
Meagher, Max	Paynesville Area H.S.
Meece, Evan	Underwood H.S.
Mensink, Chris	Fillmore Central H.S.
Metzger, Rex	Hills-Beaver Creek H.S.
Meyer, Aaron	Stewartville H.S.
Meyer, Chris	Monticello H.S.
Meyer, David	Detroit Lakes H.S.
Meyer, James	Rocori H.S.
Meyer, Rick	Sauk Centre H.S.
Mikla, Jeremy	Milaca H.S.
Mills, Seth	Spectrum H.S.
Minus, anthony	Saint Paul Humboldt H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Mitchell, Luke Holdingford H.S.
Moeller, Gordy Minnewaska Area H.S.
Mogensen, Glenn Farmington H.S.
Mooers, David Duluth East H.S.
Moore, Jonathan West Central Area School
Mootr, Jefr Moore Verndale H.S.
Morford, Jamie Royalton H.S.
Morgenroth, Jeremy Win-E-Mac H.S.
Morris, Aaron Park Rapids Area H.S.
Mortenson, Jason Kimball Area H.S.
Moscho, Chris Belgrade-Brooten-Elrosa H.S.
Moses, Alexander Moorhead H.S.
Mueller, Patrick Saint Michael-Albertville H.S.
Muetzel, David Mahtomedi H.S.
Muir, Seth Owatonna H.S.
Murphy, Thomas Nicollet H.S.
Mushatt, Brett Sauk Rapids-Rice H.S.
Myers, Jeff Browerville H.S.
Myhre, Aaron Grand Meadow H.S.
Myrvik, Matt Minneota H.S.
Naatz, Ian Rochester John Marshall
Naatz, Peder Hawley H.S.
Narum, Trevor Lake City H.S.
Natvig, Con Browerville H.S.
Negen, Jackson Robbinsdale Armstrong H.S.
Nelson, Brian Fertile-Beltrami H.S.
Nelson, Bruce East Grand Forks H.S.
Nelson, Dave Minnetonka H.S.
Nelson, Dave Lakeview H.S.
Nelson, Matt Kasson-Mantorville H.S.
Nelson, Paul Shakopee H.S.
Nelson, Stephen New Life Academy of Woodbury
Nelson, Thomas Two Harbors H.S.
Nelson, Troy Brainerd H.S.
Nemanich, Jerome Sartell-Saint Stephen H.S.
Neseth, Brandon United South Central H.S.
Newgard, TJ Luverne H.S.
Newman, Evan Hillcrest Lutheran Academy
Neyens, Brad Nevis H.S.
Nickels, Scott Rochester Lourdes H.S.
Niedenfuer, Joshua Anoka H.S.
Nielsen, Rob Detroit Lakes H.S.
Noga, John Parkers Prairie H.S.
Nokleby, Adam Benson H.S.

Coach	School
Noll, Chuck Melrose Area H.S.
Norton, Matthew Saint Francis H.S.
Nowotny, Kevin Adrian H.S.
O'Neill, Tim Rochester John Marshall
Obr, Tmiothy Tartan H.S.
OConnor, John Fillmore Central H.S.
Odland, Brian Saint Peter H.S.
ODonnell, Michael Rush City H.S.
Oie, Justin Rogers H.S.
Oja, Daryl Melrose Area H.S.
Ojanen, Jeffrey Cloquet H.S.
Oldenburg, Dustin Martin County West H.S.
Olig, Adam Plainview-Elgin-Millville H.S.
Olson, Brent Lewiston-Altura H.S.
Olson, Chad Wabasso H.S.
Olson, Chad Farmington H.S.
Olson, Curt Underwood H.S.
Olson, Eric Ottertail Central HS
Olson, Rusty Orono H.S.
Olson, Steve Fergus Falls H.S.
Olson, Todd carleton college
Omang, Josh Detroit Lakes H.S.
ONeill, Mark Champlin Park H.S.
Orth, Thomas Henry Sibley H.S.
Ortmann, Tony Marshall H.S.
Ostrom, Jeff Bemidji MS
Ott, John Red Wing H.S.
Otterblad, Jamie Silver Bay (Wm. Kelley) H.S.
Oye, Todd Luverne H.S.
Page, Trevor Red Lake Falls H.S.
Pahl, Ryan Pine River-Backus H.S.
Palmer, Scott Buffalo H.S.
Parendo, Derek Proctor H.S.
Parker, James Stephen-Argyle Central H.S.
Parzyck, Ian Holy Family Catholic H.S.
Patrin, Tim Brandon H.S.
Paul, Eric Moorhead H.S.
Paul, James Wheaton H.S.
Pavlovich, Merrill Delano H.S.
Peabody, Timothy Brainerd Forestview MS
Pearson, Kevin Fergus Falls H.S.
Pedersen, Ben Detroit Lakes H.S.
Pederson, Andrew Fillmore Central H.S.
Pederson, Rob Eden Valley-Watkins H.S.

Coach**School**

Perrault, Ed..... Kerkhoven-Murdock-Sunburg H.S.
 Pervenance, Larry Chisholm H.S.
 Petermeier, WayneBrowerville H.S.
 Peters, Stew Red Wing H.S.
 Peterson, Matthew..... Esko H.S.
 Peterson, Paul Pillager H.S.
 Peterson, SeanDelano H.S.
 Pfeiffer, AaronWalker-Hackensack-Akeley H.S.
 Phillips, Andrew Watertown-Mayer H.S.
 Pick, ScottMankato West H.S.
 Piller, NathanBlooming Prairie H.S.
 Plaisance, Don New Prague H.S.
 Plaschko, Jeff..... Saint Paul Johnson H.S.
 Pohlkamp, Joe Brainerd H.S.
 Pohlkamp, Leo Pierz H.S.
 Pollock, Benjamin..... Byron H.S.
 Polzine, JaredPine City H.S.
 Poncelet, Tony..... Goodhue H.S.
 Pope, Kevin Morris Area School
 Potthoff, DougSpring Lake Park H.S.
 Powell, GREGBigfork H.S.
 Puhmann, Michael..... Stillwater Area H.S.
 Puncochar, Joe.....Howard Lake-Waverly-Winsted H.S.
 Qual, Zackary Wabasso H.S.
 Quinn, Collin.....Blake School (The)
 Quiram, Tom..... LeSueur-Henderson H.S.
 Quirk, Donald..... Chisholm H.S.
 Raasch, DarinZumbrota-Mazeppa H.S.
 Rach, LancePerham H.S.
 Rader, JimFrazee H.S.
 Radniecki, Matt..... New York Mills H.S.
 Ramey, Deryl Brainerd H.S.
 Ramey, Jeffrey..... Brainerd H.S.
 Rand, MichaelPark H.S.
 Rasmussen, John Sauk Rapids-Rice H.S.
 Redman, Aaron..... Mounds View H.S.
 Reed, Charlie Woodbury H.S.
 Reese, Justin.....Fridley H.S.
 Reinhardt, Matthew..... Saint Charles H.S.
 Reiter, DeanFaribault H.S.
 Remick, Brian Red Lake Falls H.S.
 Reno, Tony.....Dilworth-Glyndon-Felton H.S.
 Richards, Gabe..... Warroad H.S.
 Richter, Patrick.....Walker-Hackensack-Akeley H.S.

Coach**School**

Riebel, Scott..... Big Lake H.S.
 Riess, Paul Cloquet H.S.
 Riley, Brian..... Sauk Centre H.S.
 Riley, Chris Zimmerman H.S.
 Roberts, Burt Woodbury H.S.
 Roberts, LukeSebeka H.S.
 Roberts, Wayne.....Eveleth-Gilbert H.S.
 Robertson, Brian Lake Park-Audubon
 Robinson, TroyBecker H.S.
 Rockwell, John..... Columbia Heights H.S.
 Rodgers Jr, Charles..... Brainerd H.S.
 Roehrkasse, Shea.....Saint Peter H.S.
 Rogers, Bryon.....Chisago Lakes Area H.S.
 Rohlfs, Brad Sauk Rapids-Rice H.S.
 Roney, Don Totino-Grace H.S.
 Rooker, Tom Totino-Grace H.S.
 Rosa, Evan Janesville-Waldorf-Pemberton H.S.
 Rosholt, John Watertown-Mayer H.S.
 Ross, Bob Ortonville H.S.
 Ross, Carter Westbrook-Walnut Grove H.S.
 Ross, Chuck..... Underwood H.S.
 Ross, Scott Two Harbors H.S.
 Rostberg, Andrew..... Hutchinson H.S.
 Roundtree, ElmoreEastview H.S.
 Rousemiller, ChrisLakeville South H.S.
 Routh, Robert..... Mankato Loyola H.S.
 Rowe, Mike..... Rocori H.S.
 Rude, Corey..... Hutchinson H.S.
 Rundell, Edwin..... Watertown-Mayer H.S.
 Runka, Luke Watertown-Mayer H.S.
 Rustad, Andrew Benson H.S.
 Ruud, PaulGlencoe-Silver Lake H.S.
 Sagedahl, Daren.....B O L D H.S.
 Salmi, Darrell Stillwater Area H.S.
 Sanders, Tyler Saint Clair H.S.
 Sanford, ThomasBrainerd Forestview MS
 sanness, kaare..... Spring Grove H.S.
 Sauerbrei, Stacy Worthington H.S.
 Scalese, James Lancaster H.S.
 Schaffer, Mike.....Mankato West H.S.
 Scharenbroich, John..... Saint Cloud Tech H.S.
 Scheuer , Michael Byron H.S.
 Schimek, Brent..... Deer River H.S.
 Schlichte, Dave.....Mankato West H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Schlieff, Jeff	Spring Lake Park H.S.
Schluchter, Wayne	Saint Cloud Tech H.S.
Schmidt, Brett	Hawley H.S.
Schmidt, Matt	Nevis H.S.
Schmidt, Tyrone	Saint Francis H.S.
Schmiedeberg, Donnie	Lancaster H.S.
Schmiedeberg, Rick	Warren-Alvarado-Oslo H.S.
Schmiesing, Tony	Sauk Centre H.S.
Schmitz, Charles	Park Rapids Area H.S.
Schmitz, Greg	Woodbury H.S.
Schmitz, Greg	Woodbury H.S.
Schnabel, Ethan	Moorhead H.S.
Schnathorst, Vern	Detroit Lakes H.S.
Schneider, Dale	Eden Prairie H.S.
Schneider, Dave	Eden Valley-Watkins H.S.
Schneider, Ronnie	Roseville Area H.S.
Schoeck, Chad	Little Falls H.S.
Schoenborn, Doug	Fosston H.S.
Schoenecker, Nicholas	New Prague H.S.
Schoenfelder, Roger	Blue Earth Area H.S.
Scholl, Scott	Minnehaha Academy
Schoneck, Brian	Maple River H.S.
Schroeder, Adam	Saint James H.S.
Schroeder, Adam	Hayfield H.S.
Schroeder, Brent	Caledonia H.S.
Schroeder, Robert	Mankato Loyola H.S.
Schueler, David	Yellow Medicine East H.S.
Schuller, Nolan	Jackson County Central H.S.
Schuller, Thomas	Jackson County Central H.S.
Schultz, Bob	Wayzata H.S.
Schultz, John	New Richland-H-E-G H.S.
Schumacher, Noah	Stillwater Area H.S.
Schwaegerl, Greg	Montevideo H.S.
Schwanke, Benjamin	Roseville Area H.S.
Schwartz, Bob	Greenway H.S.
Schwarz, Peter	Hill-Murray School
Schwegel, Brandon	Bagley H.S.
Scoblic, Joe	Lester Prairie H.S.
Scull, Kirby	Saint Paul Como Park H.S.
Sedlak, Jason	Saint Thomas Academy
Seiler, Mark	Mankato East H.S.
Seipkes, Don	Ottertail Central HS
Sell, Doug	Cedar Mountian-Morgan HS
Semmen, James	Lanesboro H.S.

Coach	School
Senf, Bennett	Truman H.S.
Sepulveda, Albert	Rogers H.S.
Sexauer, Chad	South Saint Paul H.S.
Sherwin, Kelly	Eastview H.S.
Sieling, John	Parkers Prairie H.S.
Simdorn, Chris	Roseville Area H.S.
Sinclair, Aaron	Little Falls H.S.
Skaalerud, Justin	Saint Cloud Apollo H.S.
Skala, Matthew	Owatonna H.S.
Slinden, Dan	Eden Prairie H.S.
Sloan, Gary	Grand Meadow H.S.
Sluzewicz, Dustin	Rogers H.S.
Smith, Curtis	Martin County West H.S.
Smith, Justin	Woodbury H.S.
Snell, Luke	Byron H.S.
Snetsinger, Edward	Mahnomen H.S.
Snyder, Boyd	Royalton H.S.
Soderberg, Anthony	Dilworth-Glyndon-Felton H.S.
Sola, Thomas	Northfield H.S.
Solberg, Matt	Proctor H.S.
Solem, Grant	Lake Crystal-Wellcome Memorial
Solem, Steve	B O L D H.S.
Solem, Trevor	Minnewaska Area H.S.
Solie, Delles	Owatonna H.S.
Spahn, Greg	Grand Rapids H.S.
Sparling, Jay	Braham H.S.
Spurrell, Adam	Maple Grove H.S.
Stadum, Jeremy	Little Falls H.S.
Stanger, Corey	Monticello H.S.
Stangler, Jim	Saint Agnes H.S.
Stanton, Chris	Randolph H.S.
Stanton, Douglas	Lakeville North H.S.
Stanwick, Chad	Eden Valley-Watkins H.S.
Stapleton, John	Pine Island H.S.
Staska, Bob	McGregor H.S.
Steele, Ryan	Lewiston-Altura H.S.
Steer, Joshua	Fergus Falls H.S.
Stejskal, Anthony	Grand Meadow H.S.
Stejskal, Deke	Grand Meadow H.S.
Stelter, Kevin	Owatonna H.S.
Stephan, Josh	Minnetonka H.S.
Stephenson, Andrew	Spring Lake Park H.S.
Stern, Kyle	LeRoy-Ostrander H.S.
Sterner, John	Lakeview H.S.

Coach**School**

Steve, Nick..... Saint Michael-Albertville H.S.
 Stevenson, Chet Brainerd H.S.
 Stewart, John Spring Lake Park H.S.
 Stiel, Daniel Benson H.S.
 Stinson, Brent..... Kingsland H.S.
 Stockhaus, Ryan Osseo H.S.
 Stoffel, Mike Saint Francis H.S.
 Stohs, Justin..... Watertown-Mayer H.S.
 Stokke, Todd Lewiston-Altura H.S.
 Stolski, Ron Brainerd H.S.
 Stoltz, Zach Pine City H.S.
 Stork, Dan New Richland-H-E-G H.S.
 Storlie, Dan Byron H.S.
 Strain, Dana Hastings H.S.
 Strand, Bryan..... Barnesville H.S.
 Strand, Jordan..... Burnsville H.S.
 Strand, Nate..... Barnesville H.S.
 Strand, Randy..... Adrian H.S.
 Stroup, Christopher Osakis H.S.
 Strouth, Brandon Alexandria H.S.
 Stumpf, John Brainerd H.S.
 Style, David Norwood-Young America H.S.
 Sukalski, Cody Andover H.S.
 Sukalski, Trent Jackson County Central H.S.
 Sullivan, Bob "Bubba" Northfield H.S.
 Sullivan, Matthew B O L D H.S.
 Sundby, Tim Chanhassen HS
 Sundry, Alex Braham H.S.
 Sussner, Steve Minneota H.S.
 Sutton, Rick..... Eagan H.S.
 Svoboda, Daniel Glencoe-Silver Lake H.S.
 Swaggert, Brent Saint Francis H.S.
 Swanberg, Dave LeSueur-Henderson H.S.
 Swanson, Richard Duluth Denfeld H.S.
 Swanson, Trevor Thief River Falls Lincoln HS
 Swansson, Lane..... Woodbury H.S.
 Sweeney, Shawn Lake City H.S.
 Sweere, Stephen Perham H.S.
 Swenson, Joel Royalton H.S.
 Syrstad, Bryan Crosby-Ironton H.S.
 Tallum, Jeremy..... Marshall County Central H. S.
 Teasck, Jeff Virginia H.S.
 Teigland, Gene..... New Life Academy of Woodbury
 Telecky, Jason..... Monticello H.S.

Coach**School**

Telecky, Matt Hutchinson H.S.
 Terlinden, Kraig Glencoe-Silver Lake H.S.
 Terres, Nathan..... Melrose Area H.S.
 Terry III, Robert Henry Sibley H.S.
 Tesdahl, Neil Crosby-Ironton H.S.
 Thein, Mark Pine Island H.S.
 Theisen, Leo..... Westbrook-Walnut Grove H.S.
 Thiel, Jason Saint Croix Lutheran H.S.
 Thielen, Jon..... Eden Valley-Watkins H.S.
 Thielges, Randal Royalton H.S.
 Thode, Timothy Hutchinson H.S.
 Thompson, Davin Rushford-Peterson H.S.
 Thompson, Larry..... Lakeville South H.S.
 Thompson, Nathan Orono H.S.
 Thompson, Neil Owatonna H.S.
 Thompson, Steven Bemidji H.S.
 Thornton, Mark..... Northfield H.S.
 Threinen, Broc Kasson-Mantorville H.S.
 Thul, Jerry Maple River H.S.
 Thunder Hawk, Terry Murray County Central H.S.
 Tiarks, Andrew Saint Croix Lutheran H.S.
 Timm, Dan..... Minnewaska Area H.S.
 Timm, Justin Redwood Valley H.S.
 Tinjum, Paul..... Ada-Borup H.S.
 Tollefson, Rod..... Sibley East H.S.
 Tollefsrud, Paul Mabel-Canton H.S.
 Torgerson, Douglas..... Atwater-Cosmos-Grove City H.S.
 Torson, Tracy..... Saint Francis H.S.
 Townsend, Matthew Columbia Heights H.S.
 Traphagen, Zach Canby H.S.
 Traurig, Dave Wayzata H.S.
 Trelstad, Jason Shakopee H.S.
 Trewick, Michael Saint Cloud Tech H.S.
 Tri, Adam..... Eden Valley-Watkins H.S.
 Tri, Ray Eden Valley-Watkins H.S.
 Tri, Ryan..... Howard Lake-Waverly-Winsted H.S.
 Trowbridge, Philip Barnesville H.S.
 Tschida, Jon Saint Cloud Tech H.S.
 Tschimperle, Scott..... Glencoe-Silver Lake H.S.
 Tucker, Ernest..... Roseville Area H.S.
 Tumberg, Kevin Wadena-Deer Creek H.S.
 Turek, Terry..... LeSueur-Henderson H.S.
 Umbreit, Jacob Maple River H.S.
 Urban, Nick Watertown-Mayer H.S.

"THE KEEPERS OF THE GAME"

Urbaniak, Karl	Mabel-Canton H.S.	Wiese, Marc	Owatonna H.S.
Urbaniak, Keith	Kittson Central H.S.	Wigern, Mark	Glencoe-Silver Lake H.S.
Urman, Paul	Long Prairie-Grey Eagle H.S.	Wilcek, James	Mounds View H.S.
Valentine, Randy	Duluth Denfeld H.S.	Wilebski, John	Goodridge H.S.
Van Voorhis, Anthony	Champlin Park H.S.	Wilhelmi, Brandon	Springfield H.S.
VandeBerg, Eric	Eastview H.S.	Wilkie, Richard	Andover H.S.
VanHee, Jeff	Madelia H.S.	Willaert, Nick	Madelia H.S.
VanOverbeke, Travis	Staples-Motley H.S.	Willaert, Stephen	Madelia H.S.
VanVoorhis, Tom	Champlin Park H.S.	Wille, Brian	Fairmont H.S.
Veach, Nathan	West Lutheran H.S.	Williams, Jeffrey	Owatonna H.S.
Vesel, Brett	Austin H.S.	Williams, John	Rochester John Marshall
Vik, Dave	Montevideo H.S.	Wilson, Brian	Virginia H.S.
Vik, Jon	Rochester Century H.S.	Wilson, Jonathan	Saint James H.S.
Viken, Les	Fosston H.S.	Wingert, Daren	Pine Island H.S.
Viss, Dylan	Morris Area School	Winslow, Miles	Stillwater Area H.S.
Volk, Jeff	Blackduck H.S.	Woitalla, Mark	Northfield H.S.
Voss, Justin	North Branch H.S.	Wolfe, Ben	Saint Louis Park H.S.
Vossen, Brian	Lakeville North H.S.	Wolfe, Pat	Fosston H.S.
Vrklan, Robert	G-F-W H.S.	Wollin, Dave	Waterville-Elysian-Morristown H.S.
Wackman, William	Spring Lake Park H.S.	Wood, Nathan	West Central Area School
Wager, Justin	Dawson-Boyd H.S.	Woodley, Bryan	Champlin Park H.S.
Wagner, Jeffrey	Waterville-Elysian-Morristown H.S.	Woodman, Dean	Underwood H.S.
Waling, Cory	Lancaster H.S.	Worel, Ken	Rogers H.S.
Wallace, Lindsay	Delano H.S.	Wynn, Ryan	Anoka H.S.
Walters, Dean	Owatonna H.S.	Ylkanen, Scott	Mounds View H.S.
Warneke, Rob	Pine Island H.S.	Yoney, Brandon	Moorhead H.S.
Wasurick, Bo	Jordan H.S.	Yost, Chris	Saint James H.S.
Watne, Joshua	Thief River Falls Lincoln HS	Young, Matt	Saint Cloud Cathedral H.S.
Watson, Michael	Centennial H.S.	Yrjo, Brady	Braham H.S.
Way, Christian	Blaine H.S.	Yule, Brent	Owatonna H.S.
Webb, Matt	Rogers H.S.	Zeitchick, David	Saint Paul Highland Park
Weber, Andy	Carlton H.S.	Ziebarth, Dave	Academy of Holy Angels
Weiers, Andrew	Shakopee H.S.	Ziegler, George	Roseau H.S.
Weiland, Jeffrey	Orono H.S.	Ziegler, William	Alexandria H.S.
Weinandt, Ryan	Dassel-Cokato H.S.	Zigan, Andrew	Monticello H.S.
Weinberger, Richard	Eagan H.S.	Zorn, Nick	Zumbrota-Mazeppa H.S.
Weiss, Bill	Chisago Lakes Area H.S.	Zoucha, Joshua	Minneapolis Southwest H.S.
Weiss, Braedan	Saint Louis Park H.S.	Zupke, Matthew	B O L D H.S.
Welle, Brandon	Melrose Area H.S.	Zupke, Tim	Mayer Lutheran H.S.
Welle, Jonathan	Little Falls H.S.		
Wells, Dirk	Burnsville H.S.		
Wendland, Brad	Waseca H.S.		
Weninger, Michael	Luverne H.S.		
Whitehead, Thomas	Murray County Central H.S.		
Wieland, Paul	Stillwater Area H.S.		
Wieme, Jake	Kenyon-Wanamingo H.S.		
Wiener, Ryan	Royalton H.S.		

MFCA RETIRED LIFE MEMBERSHIP

Do you want to stay active in the MFCA? Life membership in the MFCA for retired coaches is the answer. We now offer an opportunity for retired coaches to remain involved in association matters. Membership is open to all retired coaches (both assistant and head) who are life members of the State Coaches Association or who have been long-time football coaches. A one-time fee of \$25.00 brings all the benefits of association membership. PASS THE WORD! Contact Jim Dotseth, 2220 Merrimac Lane No, 55447, dotsethj@comcast.net

Anderson, Lyle
Anderson, Robert P.
Aurich, Dean
Bakken, Jon
Barnett, Raymond
Baumann, Kenneth
Belanger, Kenneth
Belseth, Mike
Bergloff, Clark
Bjornaraa, Bud
Brinkman, Dan
Brokke, Dave
Bromberg, Roland
Buntje, Mark
Canakes, Stav
Celt, Bob
Collison, Bob
Conzemius, John C.
Coppie Clayton
Darnell, Doug
Davies, John
DeRocher, Darien
Domschot, Ronald
Dotseth, Jim
Draheim, Ed D
Ekmark, Doug
Elias, Charles F
Elston, Del
Engen, Gary
Foley, Jerome T
Foley, Patrick
Fox, Don
Fredlund, Frank
Fritze, Dave
Gasner, Paul
Gaudy, Mick
Gaughran, Dick
Graham, Gary
Gross, John
Gustafson, J. Gary

Halsted, Charles
Hansen, John
Harrington, Nate
Heikkinen, Marv
Helland, Ken
Helleckson, Russ
Henderson, Roy
Herges, Peter
Herzog, Paul
Hiebert, Del
Hill, Ken O.
Hill, Steve
Hills, Greg
Hofland, Niel
Hohn, Nick
Holzer, Michael
Idstrom, Thomas
Jacobson, Kenneth
Jaeger, Rick
Jerdee, Jerry
Johnson, DeWayne
Johnson, Norm
Kallok, Richard
Kalpin, Dennis
Karlsogdt, Terry
Knutson, James
Konrath, Fred
Kostich, Dan
Kroulik, Ivan
Kroulik, Mark
Larson, George
Lemke, Carl
Lien, Ken
Litecky, Bernie
Lubarski, Conrad
Lundeen, Dwight
Mader, James L
Majeski, Bob
Manke, Rick,
Marton, William

McLean, Terry
Meidt, Gehard
Menage, Elmer
Miller, Paul
Mork, Paul
Motschenbacher, Flint
Murphy, Tom
Natvig, Con
Nelson, Dave
Nielsen, Rob
Nigon, David
Nigon, Denny
Nohner, Mark
Nordquist, Stuart
Nunnink, Stephen
Ogorek, Terry
Olson, Stan C
Olson, Warren
Olson, Warren H.
Ott, Steve
Otterblad, Larry
Pavlovich, Merrill
Peterick, John C
Petermeier, Ribsy
Peters, Glen
Peterson, Lloyd
Quenette, William
Ramey, Deryl
Rauen, Willie
Risbrudt, Richard
Robinson, Ron
Roff, Dan
Roforth, Jim
Roham, Dan
Rohman, Dan
Rosenow, Bruce
Rossini, Reno
Rostberg, Grady
Roy, Bob
Rumrill, Buz

Scanlan, Mal
Schmitz, John
Schneider, Gregg
Scott, Ron
Scott, Ron L
Sedlock, Lenny
Seipkes, Don
Siegler, Al
Simser, Jim
Skjei, Stan
Stein, Mark
Stolski, Ron
Stoterau, Dennis
Strand, Dick
Strand, Randy
Stritesky, Gene
Sullivan, Bob
Sullivan, Bubba
Swanson, Keith
Taylor, Dean
Thiel, Anthony J.
Thole, George
Thompson, John
Torgerson, Doug
Traurig, Leo
Tri, Ray
Trimble, Gary
Turek, Terry
Tuvey, George E
Uhlir, David
Vagle, Virg
Walker, Richard
Webert, Maurice
Wemeier, George
Willhite, Jack M.
Wilson, Bill
Wolfe, Ben
Youso, Robert
Zeman, Dick

MFCA SUB-DISTRICT REPRESENTATIVES

Listed below are the names of the MFCA sub-district delegates who represent their respective sub-districts to the Association. Please note any misprints, mistakes, or errors and address them to the MFCA Secretary, Jim Dotseth.

These are the coaches who are responsible for carrying information to and from sub-district on behalf of the Association and MSHSL matters. They are a vital link in the entire process

and the Association will only improve as these members are utilized to the fullest.

Sub-district representatives should have a "checklist" that will help organize MFCA duties. Please contact Jim Dotseth or visit the website www.mnfootballcoaches.org for a hard copy of the checklist.

Sub-District	Coach	School
Big Southeast Blue	John Cassellius	Winona
Big Southeast Red	Jon Vik	Rochester Century
East Centra North	Mike Kleinschmidt	Albany
East Central South	Paul Lemke	Glencoe-Silver Lake
East Metro Blue	Beau LaBore	Stillwater
East Metro Red	Eric Longtin	North St. Paul
East Metro White	Ben Hanson	Eagan
Mid Southeast East	Tony Poncelet	Goodhue
Mid Southeast West	Brandon Neseth	United South Central
Mid State Blue	Ribsy Petermeier	Browerville
Mid State Red	Jon Thielen	Eden Valley-Watkins
Mid State White	Scott Gonnerman	Benson
Midwest Blue	Jim Jacobson	Frazee
Midwest Red	Jon Thielen	Eden Valley-Watkins
Midwest White	Jeremy Christensen	Minnewaska
North Central Blue	Keith Cornell	St. Michael-Albertville
North Central Red	Jon Konold	Willmar
North Central White	Bill Weiss	Chisago Lakes
North Blue	Mitch Dorr	Cook County
North Red	Derrick Gross	Kelliher-Northome
North Silver	Shawn Klimek	Nevis
North White	Jeff Gronner	Cromwell
Northeast Blue	Bryan Syrstad	Crosby-Irondale
Northeast Red	Derek Parendo	Proctor
Northeast Silver	Brent Schimek	Deer River
Northeast White	Ed Cremers	Virginia

Sub-District	Coach	School
Northwest East	Brian Remick	Red Lake County
Northwest West	Brian Remick	Red Lake County
South Central Blue	Jon Bakken	Waterville-EM
South Central Red	Justin Johnston	Belle Plaine
South Central White	Bobby Elwell	Windom Area
South Red	Gary Sloan	Grand Meadow
South White	Leo Theisen	Westbrook Walnut Grove
Southeast Red	Trevor Narum	Lake City
Southeast White	Brent Schroeder	Caledonia
Southwest Red	Kyle Inforzato	Lac qui Parle Valley
Southwest White	Cory Haala	Sleepy Eye Public
Southwest White	Paul Dunn	Springfield
Suburban Red	Tim Carlson	Bloomington Jefferson
Suburban White	Ben Fuller	Irondale
Twin City Blue	Charles Adams III	MPLS North
Twin City Gold	Collin Quinn	SMB Coop
Twin City Maroon	Carl Lemke	St. Croix Lutheran
Twin City Red	Mark Heisler	MPLS Henry
West Metro North	Tom Develice	Blaine
West Metro South	Matt Gegenheimer	Prior Lake
West North 1	Casey Kroulik	Clearbrook-Gonvick
West North 2	Dustin Flaten	Norman County East
West South 1	Mike Mahlen	Verndale
West South 2	Brian Dahl	Clinton-Graceville

COACH TO COACH PROGRAM

The Coach to Coach program began with the 2006 football season. The program was developed by the MFCA Executive Committee and is designed to allow Minnesota high school football coaches to contact successful, retired coaches and get their insight on how to implement ideas on a variety of topics such as offense, defense, special teams, program building, and many more.

Represented among these coaches are numerous state championship coaches, 200+ game winners, and many coaches who have thirty or more years of coaching football. The retired coaches listed are willing to give some of their best advice and information acquired over their long and successful careers. Member coaches are encouraged to utilize this program to improve their programs in any area.

The Coach to Coach program lists some of the most successful and legendary coaches in Minnesota high school football his-

Coach	Address	City/State	Zip	Phone Number
Belanger, Ken	21875 Marek Road	Frederic, WI	54837	715-327-8726
Mike Belseth	1438 Andrews Avenue	Breckenridge	56520	218-643-2442
Celt, Bob	1963 Cherry Street	Red Wing	55066	651-388-5980
Collison, Bob	7500 Cahill Road #215 C	Edina	55439	952-942-9055
Darnell, Doug	6825 Dupont Avenue North	Brooklyn Center	55430	763-560-1702
Davies, John	22439 Beach Road	Deerwood	56444	218-546-6460
DeRocher, Darien	7101 Brown's Lane	Brainerd	56401	218-825-8466
Domschot, Ronald	105 Knut Street	Alexandria	56308	320-763-7140
Dotseth, Jim	2220 Merrimac Lane No	Plymouth	55447	612-226-6260
Elias, Charles	8106 Highwood Dr., Apt Y223	Bloomington	55438	952-884-1013
Fox, Don	1809 3rd Avenue Southwest	Austin	55912	507-433-3016
Gasner, Paul	51 142nd Avenue Northwest	Andover	55304	763-757-2340
Graham, Gary	11825 Bluegill Drive	Sauk Centre	56378	320-352-2881
Gross, John	6745 3rd Avenue Southeast	Medford	55049	507-451-9533
Gustafson, Gary	2246 Thomas Lane	White Bear Lake	55110	651-777-0286
Heikkinen, Marv	2806 Solway Road	Menahga	55733	218-628-1663
Herges, Pete	PO Box 66	Albany	56307	320-845-2981
Hill, Ken	1031 3 1/2 Avenue North	Sauk Rapids	56379	320-252-4035
Hofland, Neil	201 2nd Street West	Chokio	56221	320-324-7363
Jacobson, Kenneth	517 Park Street	Chatfield	55923	507-867-4759
Konrath, Fred	2227 Foxtail Court	Lino Lakes	55110	651-426-0752
Kostich, Dan	109 37th Avenue South	Moorhead	56560	218-233-1079
Larson, George	444 Maple Dell Road	Cambridge	55008	763-689-2371
Lubarski, Conrad	909 Bradford PO Box 1	Argyle	56713	218-437-6354
Mader, Jim	PO Box 330	Albany	56307	320-845-2814
Manke, Rick	18135 Willow Springs	Detroit Lakes	56501	218-847-7106
Menage, Elmer	816 North Estey	Luverne	56156	507-283-2479
Mork, Paul	2166 Regent Drive	White Bear Lake	55110	651-429-6429
Nigon, David	2606 Rivers Bluff Lane	Anoka	55303	763-571-9116
Olson, Warren	569 Rice Creek Terrace	Fridley	55432	763-571-2297
Peterson, Lloyd	112 Ranch Avenue	Marshall	56258	507-532-5916
Quenette, William	3616 5th Street South	Moorhead	56560	218-233-7752

"THE KEEPERS OF THE GAME"

Coach	Address	City/State	Zip	Phone Number
Robinson, Ron.....	415 South Range Road	Springfield.....	56087	507-723-4718
Roff, Dan.....	5470 Vinewood Lane	Plymouth	55441	763-550-1109
Roham, Dan	405 3rd Street.....	Belview	56214	507-938-4274
Scanlan, Mal.....	1938 Fairmont Avenue.....	St Paul	55105	651-699-7877
Schneider, Gregg	1391 Valley View Road	Chaska	55318	952-448-5667
Scott, Ron.....	12816 Jonquil Street NW	Coon Rapids.....	55448	612-546-3262
Siegle, Al.....	PO Box 273	Pelican Rapids.....	56572	218-863-5861
Simser, Jim.....	940 Liberty Lane.....	Fairmont.....	56031	507-235-8689
Strand, Richard.....	Box 316	Mayville, ND	58257	701-430-1562
Stoterau, Dennis.....	114 W Chestnut Street	Redwood Falls.....	56283	507-644-8063
Swanson, Keith	114 Dakota Avenue.....	Hoffman	56339	320-986-2697
Taylor, Dean	32899 Apache Lane.....	St. Joseph.....	56374	320-253-2525
Thole, George.....	2114 Fair Meadows Road	Stillwater	55082	651-439-5991
Traurig, Leo.....	812 South Payne Street	New Ulm	56073	507-354-8376
Walker, Richard	7420 Edinborough #6315.....	Edina.....	55435	952-806-9922
Wemeier, George	1624 Waterbury.....	Waconia.....	55387	952-442-5432

CAMP OUTREACH PROGRAM

What a great way for our association to give back to its own members that are part of this wonderful association. Nine schools took advantage this year. One of the biggest things we look for in choosing the schools that receive the camp scholarship award is that they do not have a booster club to help pay or offset the cost of their camp. A lot of the schools would not have half of their players show up if they had to pay a fee for the teams summer camp. This \$500.00 goes a long way in helping pay for coaches to come and work with our kids. Again, what a great way for the MFCA to give back, it shows that the association is truly there to help out its members. This is just another reason with a very long list as to why EVERY coach should become a member.

Eric Kauffmann

Head Football Coach
302 15th Street N
PO Box 168
Kerkhoven, MN 56252

Jay Loven

Head Football Coach/USA
5 Brentwood Circle
Swanville, MN 56382

Scott Gonnerman

Head Football Coach
Benson H.S.
1400 Montana Ave.
Benson, MN. 56215

Chuck Ross

Head Football Coach
Underwood H.S.
100 Southern Ave. E.
Underwood, MN. 56586-0248

Matt Lundeen

Head Football Coach
Redwood Valley High School
100 George Ramseth Drive
Redwood Falls, MN 56283

Mike Mahlen

Head Football Coach
Verndale High School
411 SW Brown Street
Verndale, MN 56481

Christian Harmeyer

Head Football Coach
One Pine Street
P.O. BOX 108
Nicollet, MN 56074

John Sieling

Head Football Coach
411 S Otter AVE
P.O. Box 46
Parkers Prairie, MN 56361

Wayne Petermeier

Head Football Coach
Browerville-Eagle Valley H.S.
620 Park Ave.
P.O. Box 185
Browerville, MN 56438

CAMP OUTREACH APPLICATION

MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Wayne Petermeier, P.O. Box 185 / 6th and Park Ave., Browerville, MN.56438

School Name _____

Class _____ Sub-District _____ Section _____

Head Coach _____

How many years have you been coaching? _____ As a Head Coach _____

How many coaches on your staff? _____

What are their names? _____

Your Phone Number _____ email _____

This camp is to help your program. You need to do the ground work on getting a staff to come to your school.

What coaching staff have you contacted to come to your school? _____

How many members of their staff will be working the camp? _____

What is the travel distance round trip for the coaching staff? _____

What would you like taught at the camp? _____

What age groups would be involved? _____

Would this be a CONTACT or NON-CONTACT camp? _____

****Please attach a letter outlining reasons why you feel your school should be chosen for this scholarship.**

Include why you want the staff you have chosen to come to your school and any other important information you feel is necessary.

NEW HEAD COACHES 2017

Coach	School	Coach	School
Dan Krause.....	Buffalo Lake Hector	Kevin Armbrust	Milaca
Vince Varpness.....	Burnsville	Adam Flanders,.....	Minneapolis Roosevelt
Dwane Jemmings.....	Cedar Mountain-Morgan HS	Rodney Lossow	Minneapolis South
Mal,Edwards.....	Coon Rapids	Alex Hoselton.....	Minneapolis Southwest
Bryan,Syrstad	Crosby-Ironton	Aaron Moberg	Mounds View
Brian Bessingpas.....	Dassel-Cokato	Jake Norby	New Prague
Chris Juergens	DeLaSalle	Eric,Olson.....	Ottertail Central
Derrin Lamker	Edina	Nate Freier.....	Red Wing
Jonathon Curry	Fulda	Kris Pulford.....	Richfield
Bennett Senf.....	Granada-Huntley-East Chain/Truman	Tom Flood	Saint Agnes
John Benson.....	Kimball Area	Brent Swaggert	Saint Francis
Ryan,Vinzant.....	La Crescent	Alan Halverson	Sibley East
Grant Solem.....	Lake Crystal-Wellcome Memorial	Matthew Diediker.....	Tartan
Tyler,Krebs.....	Lakeville South	Bryce Lingen.....	Thief River Falls Lincoln HS
Aaron Hungerholt	LeRoy-Ostrander	Corey Shea	Waconia
Adam Hurley	Lyle	Lambert Brown	Wayzata
Rick Meyer.....	MACCRAY	Aaron Cook.....	Win-E-Mac
JJ Helget.....	Mankato West	Gene Lais	Worthington
Jerry Thul	Maple River		

RECRUITING FAIR CONTINUES TO BE A SUCCESS

This past May, the Recruiting Fair had over 50 colleges and over 45 high schools in attendance.

The MFCA partners with PREPTREE to put the data together and hold a combine event.

In 2018, we would like to increase attendance at the Combine, and event that college coaches attend and find very helpful to their recruiting.

When we finalize the location and date of the combine, we will get that information out to people. Jim Dotseth, Rob Nielson and Chris Scotch (form Preptree) have done great work on behalf of the MFCA Recruiting Fair and combine.

Jeff Ferguson, Totino-Grace HS
(763) 571-9116

TACKLE CANCER

Thanks to all the Minnesota High School and College Football teams who have supported Tackle Cancer in the past! Through your efforts over \$1,000,000 has been raised over the past five years. The goal this year is \$300,000 - The MFCA needs you! You should have received a Tackle Cancer mailing in July. We are excited to team up with Thrivent Financial this year. Thrivent is offering a \$250 gift card to each school who is holding a Tackle Cancer event. You can use the gift card to purchase materials to be used at your event - t-shirts, banners, footballs, etc. Details are included in your July mailing.

The mission of the Randy Shaver Cancer Research and Community Fund is to support the cancer community in Minnesota by funding research, prevention, treatment and other programs relating to the cancer community's needs.

September and October are “Tackle Cancer Months” for Minnesota High School Football Teams! Here is how you can get into the game:

- Choose a home game or games in September or October
- Promote the “Tackle Cancer” Game in school and throughout your community
- Collect donations at the gate before the game or in the stands during halftime
- More details will be mailed to head coaches in May

“Together we are the key to the cure”

Thank you for your efforts to raise awareness and support for Minnesota's Cancer Community!

TACKLE CANCER - TOP 10 IDEAS

Coach – here is a list of ideas that are working at schools around the state. We encourage you to get your booster club involved or form a parent committee to organize your Tackle Cancer game. It is helpful to find volunteers who have been affected by cancer and are passionate about this cause.

1. Collect donations at the gate before the game and at the concession stand during the game.
Have your announcer remind fans during pre-game to make their donation.
2. Two Minute Challenge – during halftime, following halftime activities, pass buckets down each row of your home section. Put two minutes up on the scoreboard and have your PA announcer give directions and “play by play!”
3. Sell wristbands to the student body during the week during lunch periods.
4. Make up Tackle Cancer T-Shirts and sell to the student body during the week.
5. Get your Student Council involved – many school leadership groups are looking for meaningful projects to get involved with.
6. Make a video during pre-fall practice to show to your student body or to the elementary and middle schools. You can also put the video on your website to promote your event.
7. Reach out to teachers at elementary school and middle schools to see if they would like to participate in Tackle Cancer. In its simplest form, each school can take up a donation.
8. Create a competition between your school and the school you host for the Tackle Cancer game. This has been made popular by Apple Valley and Eastview.
9. Involve the other sports in Tackle Cancer so that it reflects the school instead of the football team. Events and collections can take place at soccer, swimming and diving, volleyball, cross country, and tennis events.
10. Reach out to businesses in your community for partnerships in this effort. Some businesses already work together to fight cancer and may want the community cooperation.

JOIN THE EFFORT!

Through your efforts, over \$1,000,000 has been raised over the past five years!
The goal this year is \$300,000 – the MFCA needs you!

The Tackle Cancer Team –

- Gophers vs. Michigan State – Saturday, October 14
- Vikings vs. San Francisco 49er's - Sunday, August 27
- NSIC and MIAC Conferences – throughout September and October
- Minnesota High School Football Teams – throughout September and October

The mission of the Randy Shaver Cancer Research and Community Fund is to support the cancer community in Minnesota by funding research, prevention, treatment and other programs relating to the cancer community's needs.

Benefitting organizations include: Masonic Cancer Center, University of Minnesota Medical Foundation, Priceless for a Purpose, Camp Kesem, Children's Healthcare Foundation, Open Arms – Memorial Blood Centers, Firefly, Cycle Health, Mayo Clinic, Fariview Foundation, Hennepin Health Foundation

September and October are “Tackle Cancer Months” for Minnesota High School Football Teams! Here is how you can get into the game:

- Choose a home game or games in September or October
- Promote the “Tackle Cancer” Game in school and throughout your community
- Collect donations at the gate before the game or in the stands during halftime

“Together we are the key to the cure”

Thank you for your efforts to raise awareness and support for Minnesota's Cancer Community!



SUB-DISTRICT REPS CHECKLIST

Please discuss the following at your conference meeting: MFCA Website: www.mnfootballcoaches.com

ACADEMIC ALL-STATE: www.mshsca.org/football/academinfo.htm			
Committee Chairs:			
Individual	Dave Frisell	davefris@hibbing.k12.mn.us	218-262-0446
Team	Wayne Petermeier	ribsy@browerville.k12.mn.us	320-594-8105
		Deadline: November 1st	
		Deadline: November 1st	
INDIVIDUAL - ACADEMIC ALL-STATE		TEAM - ACADEMIC ALL-STATE	
Class	Name	School	Fax Number
9M	Mike Mahlen	Verndale	218-445-5185
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Scott Gonnerman	Benson	320-843-2262
3A	Brian Odland	St. Peter	507-934-4783
4A	Andy Rostberg	Hutchinson	320-587-0955
5A	Eric Longtin	North St. Paul	651-748-6091
6A	Tom Develice	Blaine	763-506-6503
Class	Name	School	Fax Number
9 Man	Chuck Ross,	Underwood	218-826-6310
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Jon Bakken	WEM	507-362-4561
3A	Leo Pohlkamp,	Pierz	320-468-6577
4A	Ryan Weinandt,	Dassel-Cokato	320-286-4131
5A	Bubba Sullivan	Northfield	507-645-3455
6A	Dave Nelson,	Minnetonka	952-401-5905
ALL STAR GAME:	www.allstarfootball.org/ Nomination Form: www.mshsca.org/football/outstatenom.pdf		Director: Dave Fritze david.fritze@district196.org
			Deadline: October 18th
BUTCH NASH AWARD / ASSISTANT COACH OF THE YEAR	www.mshsca.org/football/nash.pdf www.mshsca.org/football/AsstCOY.pdf (Assistant COY must be a previous Butch Nash Award winner)		Committee chair: Jim Dotseth dotsethj@comcast.net
			Deadline: January 1st
CAREER RECORDS:	www.mshsca.org/football/indcoach.htm Also, 200 wins; 50, 45, 40, 35, or 30 years of service.		Inform Jim Dotseth dotsethj@comcast.net
COMMUNITY SERVICE AWARD:	www.mshsca.org/football/COMMUNITYSERVICEFORM.pdf		Committee Chair: Beau LaBore, laboreb@stillwater.k12.mn.us
			Deadline: January 1st
SUB-DISTRICT COACH OF THE YEAR:	www.mshsca.org/football/coyquestioner.pdf		Awards Committee Chair: Jim Dotseth dotsethj@comcast.net Fax: 1-888-590-8819
			Deadline: January 1st
HALL OF FAME:	www.mshsca.org/football/hof.pdf		Committee chairs: Paul Lemke plemke@gsl.k12.mn.us and Scott Tschimperle stschimperle@gsl.k12.mn.us
			Deadline: January 1st
MEMBERSHIP:	www.mshsca.org / Application: www.mshsca.org/membapp.htm		
MENTOR PROGRAM:	Ron Stolski, stolski@yahoo.com		
MFC CLINIC REGISTRATION:	www.mshsca.org/football/mfclclinic/Registration.htm THE MFCA sponsored football clinic. April 5-7, 2018 at the Doubletree in St. Louis Park.		
MR. FOOTBALL:	www.mshsca.org/football/mrfb.pdf		Committee Chair: Rick Sutton rick.sutton@district196.org
			Deadline: November 10th
JERRY KILL POWER OF INFLUENCE:	www.mshsca.org/football/poiform.pdf		Committee chair: Bubba Sullivan, bubba.sullivan@nfl.k12.mn.us
			Deadline: January 1st
SCHOLARSHIP PROGRAM:	www.mshsca.org/football/scholarship.htm		Committee Chair: Will Wackman, wwackm@splkpark.k12.mn.us
			Deadline: March 1st
SUMMER CAMPS:	www.mshsca.org/football/mfcateamcamp.pdf		Contact Ribsby Petermeier, ribsy@browerville.k12.mn.us Phone: 320-594-8111
			Deadline: April 15th
RECRUITING FAIR:	www.mnfootballcoaches.com/news_article/show/610735?referrer_id=2248209		Committee Chair: Jeff Ferguson, ferguson@totinograce.org
			May 7, 2018

DISTRICT CHANGES FOR 2017-18

The MSHSL has approved changes to football districts that will begin with the 2017 football season. Most districts will remain the same. The changes were approved at the June meeting of the MSHSL board.

DISTRICT: 9 – WEST

Ada-Borup High School
Bertha-Hewitt High School
Brandon-Evansville High School
Clearbrook-Gonvick High School
Clinton-Graceville-Beardsley H.S.
Goodridge/Grygla-Gatzke
Hancock High School
Hillcrest Lutheran Academy
Kittson County Central
Laporte High School
Norman County West High School
Park Christian High School
Rothsay High School
Stephen-Argyle Central High School
Underwood High School
Verndale High School
Warren-Alvarado-Oslo High School
Waubun High School
Wheaton Herman Norcross
Win-E-Mac High School

DISTRICT: 9 - NORTH

Bigfork High School
Carlton High School
Cherry High School
Cook County High School
Cromwell-Wright High School
Ely High School
Floodwood High School
Isle High School
Kelliher/Northome
Lake of the Woods / Indus
Littlefork-Big Falls High School
McGregor High School
Mountain Iron-Buhl High School
Nevis High School
North Woods High School
Northeast Range High School
Northland/Hill-City
Ogilvie High School
Onamia High School
Silver Bay (Wm. Kelley) High School
South Ridge High School
Wrenshall High School

DISTRICT: 9 - SOUTH

Alden Conger/Glenville-Emmons
Buffalo Lake-Hector-Stewart High

School

Cleveland/Immanuel Lutheran
Edgerton/Ellsworth
Fulda High School
GHEC/Truman
Grand Meadow High School
Heron Lake-Okabena
Hills-Beaver Creek High School
Houston High School
Lanesboro High School
LeRoy-Ostrander High School
Lyle-Pacelli
Mabel-Canton High School
MACCRAY High School
Madelia High School
Mountain Lake Area
Nicollet High School
Randolph High School
Red Rock Central High School
Renville County West High School
Russell-Tyler-Ruthton High School
Sleepy Eye Saint Mary's High School
Spring Grove H.S.
West Lutheran High School
Westbrook-Walnut Grove High School

DISTRICT: BIG SOUTHEAST

Austin High School
Faribault High School
Mankato East High School
Mankato West High School
New Prague High School
Northfield H.S.
Owatonna High School
Red Wing High School
Rochester Century High School
Rochester John Marshall
Rochester Mayo High School
Winona High School

DISTRICT: SOUTHEAST

Byron High School
Caledonia High School
Cannon Falls High School
Chatfield High School
Dover-Eyota High School
Kasson-Mantorville High School
La Crescent High School
Lake City High School
Lewiston-Altura High School

Pine Island High School
Plainview-Elgin-Millville High School
Rochester Lourdes High School
St. Charles High School
Stewartville High School
Triton High School
Zumbrota-Mazepa High School

DISTRICT: MID SOUTHEAST

Bethlehem Academy
Blooming Prairie High School
Cotter High School
Fillmore Central High School
Goodhue High School
Hayfield High School
Janesville-Waldorf-Pemberton H.S.
Kenyon-Wanamingo High School
Kingsland High School
Lester Prairie \ Holy Trinity
Mankato Loyola High School
Mayer Lutheran High School
Medford High School
Rushford-Peterson High School
Southland High School
St. Clair High School
United South Central High School
Wabasha-Kellogg High School

DISTRICT: SOUTH CENTRAL

Albert Lea High School
Belle Plaine H.S.
Blue Earth Area High School
Fairmont High School
G-F-W High School
Jackson County Central High School
Jordan High School
Lake Crystal-Wellcome Memorial
LeSueur-Henderson High School
Luverne High School
Maple River High School
Marshall High School
Martin County West H.S.
New Richland-H-E-G H.S.
New Ulm High School
Norwood-Young America High School
Pipestone Area High School
Redwood Valley High School
Saint James Area
Sibley East High School
St. Peter High School

Tri-City United High School
Waseca High School
Waterville-Elysian-Morristown H.S.
Windom Area High School
Worthington High School

DISTRICT: SOUTHWEST

Adrian High School
Canby High School
Cedar Mountain/Comfrey
Dawson-Boyd High School
Lac qui Parle Valley High School
Lakeview High School
Minneota High School
Minnesota Valley Lutheran
Murray County Central High School
New Ulm Cathedral High School
Ortonville High School
Sleepy Eye High School
Springfield High School
Tracy-Milroy-Balaton High School
Wabasso High School
Yellow Medicine East H.S.

DISTRICT: EAST CENTRAL

Albany High School
Annandale High School
Dassel-Cokato High School
Delano High School
Foley High School
Glencoe-Silver Lake High School
Holy Family Catholic H.S.
Litchfield High School
Little Falls High School
Milaca High School
New London-Spicer High School
St. Cloud Cathedral
Watertown-Mayer High School
Zimmerman High School

DISTRICT: MID STATE

Atwater-Cosmos-Grove City H.S.
B O L D High School
Belgrade-Brooten-Elrosa H.S.
Benson High School
Browerville H.S.
Eden Valley-Watkins High School
Holdingford High School
Howard Lake-Waverly-Winsted H.S.
Kerkhoven-Murdock-Sunburg H.S.
Kimball Area High School
Maple Lake High School
Melrose Area High School
Minnewaska Area H.S.
Montevideo High School
Morris Area/Chokio-Alberta
New York Mills High School

Osakis High School
Parkers Prairie High School
Paynesville Area High School
Pierz High School
Rockford High School
Royalton High School
Sauk Centre High School
Upsala/Swanville

DISTRICT: NORTHWEST

Badger/GB-MR
Bagley High School
Blackduck High School
Cass Lake-Bena High School
Fertile-Beltrami High School
Fosston High School
Lake Park-Audubon
Mahnommen High School
NCE/UH Titans
Northern Freeze
Pine River-Backus High School
Polk County West
Red Lake County Rebels
Red Lake High School
Walker-Hackensack-Akeley H.S.
Warroad High School

DISTRICT: NORTH CENTRAL

Alexandria Area High School
Andover High School
Becker High School
Bemidji High School
Big Lake High School
Brainerd High School
Buffalo High School
Cambridge-Isanti High School
Chisago Lakes High School
Elk River High School
Hutchinson High School
Monticello High School
Moorhead High School
Princeton High School
Rocori High School
Rogers High School
Saint Cloud Tech
Sartell-Saint Stephen High School
Sauk Rapids-Rice High School
St. Cloud Apollo High School
St. Francis High School
Willmar High School

DISTRICT: NORTHEAST

Aitkin High School
Barnum High School
Braham High School
Chisholm High School
Cloquet High School

Crosby-Ironton High School
Deer River High School
Duluth Denfeld High School
Duluth East High School
East Central H.S.
Esko High School
Eveleth-Gilbert High School
Grand Rapids High School
Greenway Naskwauk Keewatin
Hermantown High School
Hibbing H.S.
Hinckley-Finlayson High School
International Falls H.S.
Marshall School, Duluth
Mesabi East High School
Moose Lake/Willow River
Mora High School
North Branch High School
Pine City High School
Proctor High School
Rush City High School
Two Harbors High School
Virginia High School

DISTRICT: MIDWEST

Barnesville High School
Breckenridge High School
Crookston High School
Detroit Lakes High School
Dilworth-Glyndon-Felton H.S.
East Grand Forks High School
Fergus Falls High School
Frazee High School
Hawley High School
Long Prairie-Grey Eagle H.S.
Ottertail Central Bulldogs
Park Rapids Area High School
Pelican Rapids High School
Pequot Lakes High School
Perham High School
Pillager High School
Roseau High School
Staples Motley High School
Thief River Falls High School
United North Central Warriors
Wadena-Deer Creek High School
West Central Area/Ashby Knights

DISTRICT: SUBURBAN

Academy of Holy Angels
Apple Valley High School
Benilde-St. Margaret's School
Bloomington Jefferson High School
Bloomington Kennedy High School
Chanhassen High School
Chaska High School
Coon Rapids High School
DeLaSalle High School

"THE KEEPERS OF THE GAME"

Forest Lake High School
 Hastings High School
 Henry Sibley High School
 Hill-Murray School
 Hopkins High School
 Irondale High School
 Mahtomedi High School
 North High School
 Orono High School
 Park Center High School
 Park High School
 Richfield High School
 Robbinsdale Armstrong High School
 Robbinsdale Cooper High School
 Simley High School
 South Saint Paul High School
 Spring Lake Park High School
 St. Louis Park High School
 St. Thomas Academy
 Tartan High School
 Waconia High School

DISTRICT: METRO

Anoka H.S.
 Blaine High School
 Burnsville High School
 Centennial High School

Champlin Park High School
 Cretin-Derham Hall High School
 Eagan High School
 East Ridge High School
 Eastview High School
 Eden Prairie High School
 Edina High School
 Farmington High School
 Lakeville North High School
 Lakeville South High School
 Maple Grove High School
 Minnetonka High School
 Mounds View High School
 Osseo
 Prior Lake High School
 Rosemount High School
 Roseville Area High School
 Shakopee High School
 St. Michael-Albertville H.S.
 Stillwater Area High School
 Totino-Grace High School
 Wayzata High School
 White Bear Lake Area High School
 Woodbury High School

DISTRICT: TWIN CITY

Breck School

Brooklyn Center High School
 Columbia Heights High School
 Concordia Academy
 Fridley High School
 Minneapolis Edison High School
 Minneapolis North Community H.S.
 Minneapolis Patrick Henry H.S.
 Minneapolis Roosevelt High School
 Minneapolis South High School
 Minneapolis Southwest High School
 Minneapolis Washburn High School
 Mound Westonka High School
 New Life Academy/St. Croix Preparatory Academy
 Providence Academy
 Saint Paul Harding H.S.
 SMB Wolfpack
 Spectrum High School
 St. Agnes High School
 St. Anthony Village High School
 St. Croix Lutheran High School
 St. Paul Central High School
 St. Paul Como Park H.S.
 St. Paul Highland Park
 St. Paul Humboldt High School
 St. Paul Johnson High School

Minnesota FOOTBALL COACHES
 Get your team ready for the upcoming season!

Half Helmet DECALS
 Create a Bold New Look!
 (Chrome Finishes Available. Call for Pricing.)

Team Picture PLAQUES
 Reward Your Team Today!

Chrome Finish DECALS
 Look Great, Play Great!

Custom SIGNS
 The Only Way to Display!

PRICES as low as \$9.00 a pair

PRICES as low as \$5.03 a pair

LEYDEN

MISSION DAK FOOTBALL

Healy Awards Inc.
 N94 W14431 Garwin Mace Dr.
 Menomonee Falls, WI 53051

PROUD SPONSOR of the
 Minnesota Football Coaches Association

FOR ADDITIONAL ITEMS Check out www.healyawards.com

1-800-558-1696

COMPETITIVE SECTION ASSIGNMENTS

Class: 6A

SECTION: 3

Burnsville High School
Eagan High School
Eastview High School
Farmington High School
Lakeville North High School
Lakeville South High School
Prior Lake High School
Rosemount High School

SECTION: 4

Cretin-Derham Hall High School
East Ridge High School
Mounds View High School
Roseville Area High School
Stillwater Area High School
Totino-Grace High School
White Bear Lake Area High School
Woodbury High School

SECTION: 5

Blaine High School
Centennial High School
Champlin Park High School
Coon Rapids High School
Forest Lake High School
Maple Grove High School
St. Michael-Albertville H.S.
Coop: 14 "Anoka H.S."
Anoka High School (HOST)
Legacy Christian Academy
PACT Charter School

SECTION: 6

Buffalo High School
Eden Prairie High School
Edina High School
Hopkins High School
Minnetonka High School
Robbinsdale Armstrong High School
Shakopee High School
Wayzata High School

Class: 9MAN

SECTION: 1

Grand Meadow High School
Houston High School
Lanesboro High School
LeRoy-Ostrander High School
Mabel-Canton High School
Spring Grove High School
Coop: 100 "Cleveland/Immanuel Lutheran"
Cleveland High School (HOST)
Immanuel Lutheran H.S.
Coop: 262 "Lyle-Pacelli"
Austin Pacelli High School
Lyle High School (HOST)

SECTION: 2

Buffalo Lake-Hector-Stewart High School
MACCRAY High School
Ogilvie High School
Red Rock Central High School
Renville County West High School
Russell-Tyler-Ruthon High School
Sleepy Eye Saint Mary's High School
West Lutheran High School

SECTION: 3

Fulda High School
Heron Lake-Okabena
Hills-Beaver Creek High School
Madelia High School
Nicollet High School
Westbrook-Walnut Grove High School
Coop: 142 "Edgerton/Ellsworth"
Edgerton High School (HOST)
Ellsworth High School
Coop: 316 "Mountain Lake Area"
Mountain Lake High School (HOST)
Mt. Lake Christian High School
Coop: 453 "GHEC/Truman"
Granada-Huntley-East Chain H.S.
Truman High School (HOST)

Classification Enrollments

9 Man	165 and under
A	166-204
AA	205-317
AAA	318-499
AAAA	500-942
AAAAA	943-1667
AAAAAA	1668-2979

SECTION: 4

Bertha-Hewitt High School
Brandon-Evansville High School
Clinton-Graceville-Beardsley H.S.
Hancock High School
Onamia High School
Underwood High School
Verndale High School
Coop: 484 "Wheaton Herman Norcross"
Herman-Norcross High School
Wheaton High School (HOST)

SECTION: 5

Carlton High School
Cromwell-Wright High School
Floodwood High School
Isle High School
McGregor High School
South Ridge High School
Wrenshall High School
Coop: 212 "Hill City/Northland"
Hill City High School (HOST)
Northland High School

SECTION: 6

Ada-Borup High School
Laporte High School
Nevis High School
Norman County West High School
Rothsay High School
Waubun High School
Win-E-Mac High School
Coop: 456 "NCE/UH Titans"
Norman County East High School
Ulen-Hitterdal High School (HOST)

SECTION: 7

"THE KEEPERS OF THE GAME"

Bigfork High School
Cook County High School
Ely High School
Littlefork-Big Falls High School
Mountain Iron-Buhl High School
North Woods High School
Northeast Range High School
Silver Bay (Wm. Kelley) High School

SECTION: 8

Clearbrook-Gonvick High School
Stephen-Argyle Central High School
Warren-Alvarado-Oslo High School
Coop: 196 "Goodridge/Grygla-Gatzke"
Goodridge High School
Grygla-Gatzke High School (HOST)
Coop: 197 "Kittson County Central"
Kittson Central High School (HOST)
Lancaster High School
Coop: 235 "Kelliher/Northome"
Kelliher High School (HOST)
Northome High School
Coop: 246 "Lake of the Woods / Indus /
Rainy River"
Indus High School
Lake of the Woods H.S. (HOST)
Coop: 277 "Northern Freeze"
Marshall County Central H.S. (HOST)
Tri-County High School

Class: A

SECTION: 1

Blooming Prairie High School
Fillmore Central High School
Goodhue High School
Hayfield High School
Kingsland High School
Rushford-Peterson High School
Southland High School
Wabasha-Kellogg High School

SECTION: 2

Janesville-Waldorf-Pemberton H.S.
Mankato Loyola High School
Randolph High School
St. Clair High School
United South Central High School
Coop: 8 "Alden-Conger/Glenville-
Emmons"
Alden-Conger High School (HOST)
Glenville-Emmons High School
Coop: 46 "Bethlehem Academy"
Bethlehem Academy (HOST)
Ellendson Home School

SECTION: 3

Adrian High School
Minnesota Valley Lutheran
Murray County Central High School
New Ulm Cathedral High School
Sleepy Eye High School
Springfield High School
Wabasso High School
Coop: 81 "Cedar Mountain/Comfrey"
Cedar Mountain High School (HOST)
Comfrey High School

SECTION: 4

Belgrade-Brooten-Elrosa H.S.
Kerkhoven-Murdock-Sunburg H.S.
Kimball Area High School
Mayer Lutheran High School
Parkers Prairie High School
Coop: 67 "Browerville-Eagle Valley"
Browerville High School (HOST)
Eagle Valley High School
Lafreniere Home School
Coop: 254 "Lester Prairie \ Holy Trinity"
Holy Trinity High School
Lester Prairie High School (HOST)
Coop: 458 "Upsala/Swanville"
Swanville High School
Upsala High School (HOST)

SECTION: 5

B O L D High School
Canby High School
Dawson-Boyd High School
Lac qui Parle Valley High School
Lakeview High School
Minneota High School
Ortonville High School
Yellow Medicine East H.S.

SECTION: 6

Lake Park-Audubon
New York Mills High School
Pelican Rapids High School
Pine River-Backus High School
Walker-Hackensack-Akeley H.S.
Coop: 35 "Ottertail Central Bulldogs"
Battle Lake High School (HOST)
Henning High School
Coop: 213 "Hillcrest Lutheran Academy"
Hillcrest Lutheran Academy (HOST)
Permann Home School

SECTION: 7

Blackduck High School
Braham High School
Chisholm High School
Deer River High School
Hinckley-Finlayson High School

Mesabi Academy School
Coop: 510 "East Central H.S."
East Central High School (HOST)
Harvest Christian School

SECTION: 8

Cass Lake-Bena High School
Fertile-Beltrami High School
Fosston High School
Mahnommen High School
Red Lake High School
Coop: 165 "Polk County West"
Climax High School
Fisher High School (HOST)
Sacred Heart High School
Coop: 193 "Badger/GB-MR"
Badger High School
Greenbush-Middle River High School
(HOST)
Coop: 368 "Red Lake County Rebels"
Red Lake County Central
Red Lake Falls High School (HOST)

Class: AA

SECTION: 1

Caledonia High School
Chatfield High School
Kenyon-Wanamingo High School
Lewiston-Altura High School
St. Charles High School
Triton High School
Coop: 491 "Cotter High School"
Cotter High School (HOST)
Hope Lutheran High School

SECTION: 2

Blue Earth Area High School
Lake Crystal-Wellcome Memorial
LeSueur-Henderson High School
Maple River High School
Medford High School
New Richland-H-E-G H.S.
Waterville-Elysian-Morristown H.S.

SECTION: 3

G-F-W High School
Pipestone Area High School
Redwood Valley High School
Tracy-Milroy-Balaton High School
Windom Area High School
Coop: 399 "Saint James Area"
Butterfield-Odin High School
St. James High School (HOST)
Coop: 526 "Martin County West H.S."
Martin County West High School
(HOST)

Martin Luther High School

SECTION: 4

Howard Lake-Waverly-Winsted H.S.
Maple Lake High School
Minneapolis North Community H.S.
Rush City High School
St. Agnes High School
St. Paul Humboldt High School
Coop: 106 "Concordia Academy-Roseville"

Carlson Christian Academy Home School

Concordia Academy-Roseville (HOST)

SECTION: 5

Atwater-Cosmos-Grove City H.S.
Benson High School
Eden Valley-Watkins High School
Holdingford High School
Minnewaska Area H.S.
Paynesville Area High School
Sauk Centre High School

SECTION: 6

Breckenridge High School
Long Prairie-Grey Eagle H.S.
Osakis High School
Pillager High School
Wadena-Deer Creek High School
Coop: 310 "Morris Area/Chokio-Alberta"
Chokio-Alberta High School
Morris Area School (HOST)
Coop: 505 "West Central Area/Ashby Knights"

Ashby High School
West Central Area School (HOST)

SECTION: 7

Aitkin High School
Barnum High School
Crosby-Ironton High School
Eveleth-Gilbert High School
Mesabi East High School
Royalton High School
Coop: 308 "Moose Lake/Willow River"
Moose Lake High School (HOST)
Willow River High School

SECTION: 8

Bagley High School
Barnesville High School
Crookston High School
Frazee High School
Hawley High School
Roseau High School
Warroad High School

Coop: 284 "United North Central Warriors"

Menahga High School (HOST)
Sebeka High School

Class: AAA

SECTION: 1

Byron High School
Dover-Eyota High School
La Crescent High School
Pine Island High School
Plainview-Elgin-Millville High School
Rochester Lourdes High School
Stewartville High School
Zumbrota-Mazeppa High School

SECTION: 2

Glencoe-Silver Lake High School
Holy Family Catholic High School
Jordan High School
Norwood-Young America High School
Watertown-Mayer High School
Coop: 39 "Belle Plaine H.S."
Belle Plaine High School (HOST)
Holy Family Academy
Coop: 379 "Rockford H.S."
Fritz Home School
Rockford High School (HOST)
Singh Academy Home School
Coop: 689 "Providence Academy"
Heritage Christian Academy
Maranatha Christian Academy
Providence Academy (HOST)

SECTION: 3

Fairmont High School
Jackson County Central High School
Luverne High School
Sibley East High School
St. Peter High School
Tri-City United High School
Worthington High School

SECTION: 4

Breck School
Cannon Falls High School
Lake City High School
Minneapolis Edison High School
Minneapolis Roosevelt High School
St. Croix Lutheran High School
Coop: 372 "New Life Academy/St. Croix Preparatory Academy"
Bethany Academy
Liberty Classical Academy
Master's Home School
New Life Academy of Woodbury (HOST)

St. Croix Preparatory Academy

SECTION: 5

Annandale High School
Brooklyn Center High School
Milaca High School
Minneapolis Patrick Henry H. S.
Mora High School
Pine City High School
Spectrum High School

SECTION: 6

Albany High School
Litchfield High School
Melrose Area High School
Montevideo High School
New London-Spicer High School
Pierz High School
St. Cloud Cathedral High School

SECTION: 7

Esko High School
International Falls H.S.
Proctor High School
Two Harbors High School
Virginia High School
Coop: 131 "Marshall School, Duluth"
Lakeview Christian Academy
Marshall School, Duluth (HOST)
Coop: 194 "Greenway Naskwauk Keewatin"
Greenway High School (HOST)
Nashwauk-Keewatin High School

SECTION: 8

Dilworth-Glyndon-Felton H.S.
East Grand Forks High School
Park Rapids Area High School
Pequot Lakes High School
Perham High School
Staples Motley High School
Thief River Falls High School

Class: AAAA

SECTION: 1

Albert Lea High School
Faribault High School
Kasson-Mantorville High School
Red Wing High School
Winona High School

SECTION: 2

Dassel-Cokato High School
Hutchinson High School
Mankato East High School
Marshall High School

New Ulm High School
Waseca High School

SECTION: 3

Hill-Murray School
Simley High School
South Saint Paul High School
St. Paul Harding High School
St. Paul Johnson High School

SECTION: 4

Columbia Heights High School
DeLaSalle High School
Fridley High School
Minneapolis South High School
St. Anthony Village High School
St. Paul Como Park H.S.

SECTION: 5

Academy of Holy Angels
Benilde-St. Margaret's School
Mound Westonka High School
Orono High School
Richfield High School
Coop: 53 "SMB Wolfpack"
Blake School (The) (HOST)
Hope Academy
Minnehaha Academy
St. Paul Academy and Summit School

SECTION: 6

Becker High School
Big Lake High School
Delano High School
Foley High School
Princeton High School
Zimmerman High School

SECTION: 7

Cloquet High School
Duluth Denfeld High School
Grand Rapids High School
Hermantown High School
North Branch High School
Coop: 211 "Hibbing H.S."
Hibbing High School (HOST)
Victory Christian Academy

SECTION: 8

Detroit Lakes High School
Fergus Falls High School
Little Falls High School
Rocori High School
St. Cloud Apollo High School
Willmar High School

Class: AAAAA

SECTION: 1

Austin High School
Owatonna High School
Rochester Century High School
Rochester John Marshall
Rochester Mayo High School
Coop: 329 "Northfield H.S."
Arcadia Charter School
Northfield High School (HOST)

SECTION: 2

Bloomington Jefferson High School
Chanhassen High School
Chaska High School
Mankato West High School
New Prague High School
Waconia High School

SECTION: 3

Apple Valley High School
Bloomington Kennedy High School
Hastings High School
Henry Sibley High School
Park High School
St. Thomas Academy

SECTION: 4

Mahtomedi High School
Minneapolis Washburn High School
North High School
St. Paul Central High School
St. Paul Highland Park
Tartan High School

SECTION: 5

Irondale High School
Minneapolis Southwest High School
Park Center High School
Robbinsdale Cooper High School
Spring Lake Park High School
St. Louis Park High School

SECTION: 6

Elk River High School
Monticello High School
Osseo High School
Rogers High School
Sauk Rapids-Rice High School
Coop: 396 "Saint Cloud Tech"
St. Cloud Tech High School (HOST)
St. John's Prep

SECTION: 7

Andover High School
Cambridge-Isanti High School

Chisago Lakes High School
Duluth East High School
St. Francis High School

SECTION: 8

Alexandria Area High School
Bemidji High School
Brainerd High School
Moorhead High School
Sartell-Saint Stephen High School

COMMUNITY SERVICE AWARD – FOOTBALL IS MORE THAN JUST A GAME

Coaches can make a significant impact on their players, school, community, and world through the community service award by conducting a community service project.

Minnesota Football Coaches Association Community Service Award Guide

The Community Service Award began in 2008. The award encourages teams to display their student-athletes' service while portraying qualities of leadership, community, and giving to others. Giving, without the expectation of receiving anything in return, is a powerful quality that can be instilled in our young men.

It is great to see teams seek this award. More importantly, it is great to see how teams contribute to our communities, state, country, and world. We are happy to share the good things that our

programs, led by our coaches, do for student-athletes and society. If your team performs a community service activity of any kind, please fill out the online form. The form is simple, but the message it will send can be resounding.

If your program has not conducted a community service activity, please consider one. No act is too small when it comes to giving back. Please view the work of recognized teams on the MFCA website. Moreover, consider the following community service ideas and organizations:

Food shelf, Food drive, School mentoring, Elementary reading, DARE volunteers, Flood prep and relief, Hospitals/ hospice, Nursing homes, Public Safety Departments, Environmental projects, Community cleanup day, Walk/ Runs, Drug, alcohol,

violence, abuse education, Blood drives, Adopt a member of a nursing home, Adopt a Highway, Animal Shelters/ zoos, Raise money for a charity, Compete with a rival to fundraise for charity, Youth football camps or leagues, Work food or soup lines, Serve area schools and parks, Contact your town hall for needs, Raise money for school supplies

Do not underestimate the difference that a community service experience can have on your communities and team. More often than not, those who gain the most are the young men performing the service. If you need any assistance, please contact Beau LaBore, MFCA Community Service Committee Chair, at laboreb@stillwaterschools.org.

HUGE SERVICE EXPECTATIONS FOR LETTERING AT ST. CLOUD APOLLO

Community service has become a primary focus of the St. Cloud Apollo football program. Under the leadership of Head Coach Justin Skaalerud, Eagle players must conduct 25 hours (in the current year) of community service to earn a varsity letter. According to Skaalerud, the goal is two pronged. "The first and most important goal is to teach our young men that giving back to their community is important," he said. "The

second goal is to improve the image of our program and show our community all of the wonderful student-athletes we have at Apollo High School."

Community service has been imbedded into the football program. The Eagle football program has used service to build a bridge between the school and community. While it took some time to establish, in 2016, 92 9-12 high school players

"THE KEEPERS OF THE GAME"

volunteered 25 hours or more.

There are many ways for the players to volunteer in the St. Cloud community. Some examples include trash clean up at the Stearns County Fair and the July 3rd festival, assistance with Kids Against Hunger, and loading luggage at for the MS Bike Ride.

Nevertheless, the program that Skaalerud takes the greatest pride in

takes place in February long after the equipment is collected. Eagle gridders return to their former elementary school classrooms to celebrate "I Love to Read Month" by reading children books to the boys and girls. "This is a great way for us to give back to the community and to recognize the elementary teachers for all of their hard work," Coach Skaalerud stated.

In the end, heavily weaving service into the football program has achieved Coach Skaalerud's vision for what football is all about: "We want to use football as a tool to teach life skills that will carry on after High School." ■

Minnesota

National Guard



2017 Mora High School Graduate

Football is the start of a journey...

The Minnesota National Guard is the start of a lifetime.

Let us help you develop tomorrow's leaders, today.

The Minnesota National Guard can assist you in making your BEST team by providing:

- ★ Leadership challenges and training
- ★ Team building activities
(Rock climbing wall, obstacle courses, etc.)
- ★ Augmented physical fitness training
- ★ Coach/player leadership retreats
(Limited spaces and opportunities available)

We live here We work here We serve here

Contact your local Minnesota Army National Guard Recruiter for more information:

Blaine: SSG Nathan Pauly 651-775-8849

Cambridge: SFC Mark Hammer 651-775-9449

Maplewood: SSG Benjamin Nelson 651-587-6015

Stillwater: SFC Isaac Girling 651-746-4774



We live here | We work here | We serve here

TRUSTED COACHES HOSTS YOUTH SUMMIT

Trusted Coaches, the educational division of the Minnesota Youth Athletic Services, recently held the 2017 Minnesota Youth Football Summit, designed for youth football leaders and coaches. The Summit was held on Saturday, June 24, from 9:00 am to 1:00 pm at U.S. Bank Stadium, home of the Minnesota Vikings. The Summit also included a free U.S. Bank Stadium tour.

Anthony LaPanta, of Fox Sports North and a youth/high school coach, emceed the event. This event was free to the youth football community, thanks to the generous support of the Minnesota Super Bowl Host Committee's Legacy Fund and the Minnesota Vikings.

The Summit was created in order to bring the Minnesota youth football community together to examine the challenges and identify innovative solutions to make the game more

enjoyable for children while enhancing safety. Opening remarks were made by Dan Klinkhammer, MYAS Executive Director, Dana Nelson, Super Bowl 52 Legacy Fund, and Brad Madson and E.J. Henderson of Minnesota Vikings Youth Football. This event was endorsed by the Minnesota Football Coaches Association and the Minnesota State High School League.

Keynote Presenters Joe Erhmann (Former Pro-Bowl defensive lineman with the Baltimore Colts and Detroit Lions; named the "The Most Important Coach in America" by Parade Magazine) and Jody Redman (Executive Director and Co-Founder of InsideOut Initiative, and Associate Director, Minnesota State High School League). Joe and Jody have developed the InSideOut Initiative (<https://insideoutinitiative.org/>) sports education system based on Joe's book InsideOut



"THE KEEPERS OF THE GAME"

Coaching: How Sports Can Transform Lives. InSideOut is funded by the NFL Foundation to educate school coaches on how to reclaim the transformative power of sports. The program is currently active in seven NFL markets: Dallas, Denver, Los Angeles, Baltimore, Cleveland, Cincinnati and Houston, and has trained tens of thousands of coaches. The program plans on moving into other NFL markets and reaching out to the youth sports community.

Dr. Uzma Samadani, Associate Professor of Neurosurgery at the University of Minnesota, who is a national authority on youth concussion studies. She emphasized that the benefits of the great game of football far outweigh the risks, which are apparent in any activity that someone participates in.

Dawson Blanck, Executive Director of Trusted Coaches, explained www.trustedcoaches.org and how it is important for youth coaches, administrators and parents within a youth football organization. The recent partnership between USA Football/Heads Up Football and Trusted Coaches combines an online membership and certification programs onto a single risk management platform, that features a convenient dashboard for youth sports administrators. This collaborated effort creates a "one-stop shop" for youth football coaches and organizations.

USA Football Master Trainer, Terry Donovan, described the "rugby" shoulder tackling technique, the new "rookie tackle" experimental program and the comprehensive USA Football resources that are available for administrators, coaches, and parents.



A panel of esteemed high school coaches and a separate panel of youth sports leaders discussed youth football problems and solutions that enhance the great game of football. Both panels were moderated by Kevin Merkle, Associate Director of the Minnesota State High School League. The high school panel included former Vikings, Dr. Leo Lewis III and Brooks Bollinger, as well as Dave Nelson and Adam Fischer. They provided great perspective on ways the high school program can easily and effectively connect with the youth football organization in their community. This in turn promotes pride and connectivity from the grass roots to the high school level.

For further information, please contact Dawson Blanck, Trusted Coaches Executive Director at dawson@trustedcoaches.org or 763-746-1719. ■

During the school year visit the MFCFA Website for updated information!

MINNESOTA FOOTBALL COACHES ASSOCIATION

"The keepers of the game"



www.mshsca.org/football/index.htm

MFCA SCHOLARSHIP

Sixteen Minnesota high school football players received scholarships this past season in recognition of their fine play on the field and academic excellence in the classroom. The players will receive a \$500 scholarship for this upcoming school year.

Each of the scholarships is named for a Minnesota high school football coach who had a significant impact on high school football and the coaches association.

2017 Winners

Tom Mahoney (Fairmont) Scholarship Winner: **Jack Schultz- NRHEG**

Don Swanson (MPLS Henry) Scholarship Winner: **Sam Gerrety- Blaine**

Les Dreschsel (Ada) Scholarship Winner: **Griffin Chase- Nevis**

David Nigon (TG) Scholarship Winner: **John McClay- Elk River**

Al Siegle (Pelican Rapids) Scholarship Winner: **Anders Amdahl- Albany**

Andy Nelson (Lake Benton) Scholarship Winner: **Malachi Graupman- Lake Crystal- WM**

Steve Silianoff (South St. Paul) Scholarship Winner: **Benjamin Peterson- Stillwater**

Dave Hylla (Proctor) Scholarship Winner: **Parc Chamernick- Hibbing**

Bob Peterson (Esko) Scholarship Winner: **Jake Jolowsky- Hibbing**

Dale Scholl (Redwood) Scholarship Winner: **Carter Wattenhofer- Litchfield**

Warren Olson (Brooklyn Center) Scholarship Winner: **Collin Franz- Rogers**

Jim Gustafson (Albert Lea) Scholarship Winner: **Zach Bennett- East Rige**

John Gross (Medford) Scholarship Winner: **Max Martig- St. Cloud Tech**

Jim Simser (Fairmont) Scholarship Winner: **Adam Maser- Concordia Academy**

Ron Scott (Coon Rapids) Scholarship Winner: **Alexander Riley- Zimmerman**

Dick Walker (Richfield) Scholarship Winner: **Daniel Voxland- Academy of Holy Angels**

How football has impacted my life

"Lifelong friendships have been created for me from football. The team work, cooperation, and camaraderie needed among players is the difference from groups of individuals, and true teams." - **Collin Franz, Rogers**

"Following my injury, I discovered an entirely new way to lead and found myself being a better teammate than I had before. I learned to love amidst my own struggle, lead amidst a losing season, and most importantly, encourage others in their faith amidst my own internal struggle." - **Adam Maser, Concordia Academy**

"I've developed lasting relationships with my teammates and my coaches; I have learned to work with a group towards a common goal. If I had to choose one way that football has impacted me the most, it is how football has taught me to continue to work even when the odds are not in your favor." - **Anders Amdahl, Albany**

"To be a great football player one must be mentally tough. Occasionally in a game I would make a mistake or a play would breakdown, but I kept my mind clear to be ready for the next play. This skill I learned in football can be translated into everyday life. Life

is not always going to go the way I want it to. I will have to adjust to adversity." - **Daniel Voxland, Holy Angels**

Leadership and brotherhood are values that the game of football has made prominent in my life. Becoming a captain my senior year was a tremendous opportunity to gain valuable leadership experience. Working together with my fellow captains was a privilege I will never forget." - **Max Martig, St. Cloud Tech**

"No only has football shown me life values, it has also kept me out of trouble and has pushed me to excel in academics. It has guided me away from bad temptations, which I am very grateful for today." - **Griffin Chase, Nevis**

"My favorite memories were when the players would give me a high five or say hi after the game. They were my idols and I wanted to be just like them when I got older. When it was my turn to play varsity football, I realized it was my duty to have a positive impact on the youth players." - **Sam Gerrety, Blaine**

"This sport is an essential part of my life and I can't imagine living without it- the sport has brought me challenge, camaraderie, and excitement while also teaching

me perseverance, resilience, and determination." - **Jack Schultz, NRHEG**

"My coach gave me these words of advice, "You can outwork almost everyone you meet." I may not be the biggest or strongest person, but I can outwork most of my opponents. I relate this not only to football, but also life." - **Carter Wattenhofer, Litchfield**

"one of these lessons is the value of giving your all everyday. This lesson taught me that any goal I set for myself can be captured by working a little harder each day and by striving for personal greatness." - **Zachary Bennett, East Ridge.**

"My education has helped me attain the knowledge and skills I'll need for the future, but football has taught me about life. It has taught me how to lead and become the best person I can be. Nothing in life has shaped me as much as football." - **Parc Chamernick, Hibbing**

"In football, you are always working with teammates to achieve a common goal. This carries over to real life because you will always be working with people to complete projects for a job." - **Malachi Graupman, Lake Crystal- WM**

"The saying says 'when the going gets tough, the tough get going,' but with my group of motivated teammates it was when the going gets tough, we all get going. That idea of going it together has created a brotherhood no outsider could ever understand." - **Alex Riley, Zimmerman**

We have a saying on our football team: C-L-I-P-S-W-U-D. It stands for commitment, loyalty, persistence, sacrifice, work ethic, unity, and dedication. These attributes are what my coaches teach us. These are not specific to football or sports. These are skills for life." - **Jake Jolowsky, Hibbing**

"Another lesson is that we must serve the community. Whether it is through youth camps, adapted football day, nursing home visits, or other service activities, football has showed me the importance of helping others." - **Benjamin Peterson, Stillwater**

"I started my football career in eight grade where I first fell in love with the sport. I liked how easy it was to talk to my teammates and the friends I made. When I entered high school as a freshman, I was honored to play with many of and as I grew older these friends became my tight-knit family"- **John McClay, Elk River**

MINNESOTA

FOOTBALL COACHES ASSOCIATION

SCHOLARSHIP

The Minnesota Football Coaches Association will award scholarships to students who are currently enrolled in a Minnesota High School and are members of their high school football team.

Eligibility

- Applicant must plan to be enrolled in college for the 2017-2018 academic year.
- A minimum grade point average of 3.0 (B) is required. The student's high school transcript must accompany the application.
- Student must write a 250 word essay that describes how the sport of football has impacted their life.
- Essay must be typed.
- Application must be accompanied by two letters of recommendation from high school faculty members familiar with the student's academic and extra-curricular achievements.
- Head Football Coach must be a member of the MFCA.

Submission of Application

Submit the application and all other material required to:

MFCA Football Scholarship
Attn: Will Wackman
1100 81st Avenue NE
Spring Lake Park, MN 55432

Applications must be postmarked by March 1, 2018

Application will be judged on the following criteria

1. Academics
2. School/Community Involvement
3. Essay
4. Athletic Achievement
5. Letters of Recommendation

Notification and payment

The scholarship winner will be chosen by a committee of MFCA members and will be announced by May 15, 2018. The check will be mailed to the college during the summer of 2018 following verification of enrollment.

For Additional Information:

Contact Will Wackman
1100 81st Avenue NE, Spring Lake Park, MN 55432
Tel. (763) 786-5571 x 5126
wwackm@district16.org

MINNESOTA FOOTBALL COACHES ASSOCIATION SCHOLARSHIP

Name: _____ School: _____

Permanent Address: _____

City/State/Zip: _____ Telephone: _____

E-mail: _____

School Address: _____

City/State/Zip: _____ Telephone: _____

SSN#: _____ Head Coach's Name: _____

Grade Point Average: _____ (on a 4.0 scale) ACT Composite Score: _____

Anticipated date of Graduation: _____ College Choice: _____

Verification of Application

By signing below, the student confirms that the information provided is accurate and that the essay was written by that same student. The student also asserts to his/her intent to attend a university or college in the fall of 2018. The school official confirms that all the information above is accurate and up-to-date.

Student Signature _____

School Official: _____ Signature: _____

Title: _____ Phone: _____

NOTE THESE ITEMS MUST BE RECEIVED WITH APPLICATION FORM:

- Official High School Transcript
- 250 Word Essay
- Two letters of Recommendation
- Activities Resume (including Athletic Achievement and School/Community Involvement)

MR. FOOTBALL 2016, WADE SULLIVAN



MR. FOOTBALL
Wade Sullivan, Lakevill North



MR. FOOTBALL FINALISTS:

Wade Sullivan, a running back from Lakeville North High School (East Metro District – White Sub-District, Class 6A) was named Mr. Football for 2016 by the Minnesota Football Coaches Association (MFCA).

Here are some highlights from Wade Sullivan’s outstanding 2016 high school football season:

- 2016 Minnesota AP All-State First Team selection
- 2016 Star Tribune All-Metro First Team selection
- Senior year rushing: rushed for 1900 yards (averaged 6.1 yards per carry) with 31 rushing touchdowns
- Senior year receiving: 11 receptions for 83 yards with one receiving touchdown
- Senior year returns: 220 return yards
- Senior year passing: 4 for 4 for 126 yards and one passing touchdown
- Career rushing: 3,310 yards with 49 rushing touchdowns
- Career all-purpose: 4,192 yards and 53 touchdowns

The other finalists for the Mr. Football Award in alphabetical order:

Name	School	Position	Conference	Class
Blaise Andries	Marshall	OT/DT	South Central Red	4A
Christophor Bain	Grand Meadow	RB/LB	North Central Red	9M
Mitchell Fulton	Wabasso	RB/S	Southwest	1A
Sam Gibas	Elk River	RB/LB	North Central Blue	5A
Noah Gindorff	Crosby Ironton	QB/LB/K	Northeast Blue	2A
Zach Ojile	Spring Lake Park	QB/DB/P	Suburban Red	5A
Jaran Roste	Alexandria	QB	North Central Red	5A
Jacob Stanislawski	Winona	OL/DL	Big Southeast Blue	4A
Tanner Teige	Big Lake	RB/WR/K	North Central White	4A

Mr. Football Award Committee

Chairman, Rick Sutton	Eagan
Dwight Lundeen	Becker
Will Wackman	Spring Lake Park
Mike Hennen	Cambridge
Scott Gonnerman	Benson
Jeff Weiland	Orono
Karl Urbaniak	Mable-Canton
Mike Gindorff	Crosby-Ironton
Clay Anderson	Pipestone Area
Jim Dotseth	Sec-Treas.
Charles Adams III	Mpls. North



MR. FOOTBALL AWARD



An annual award recognizing Minnesota's best high school football player

SPONSORED BY:

Minnesota Football Coaches Association and the Minnesota Vikings

NOMINATION FORM

Award Criteria

- The recipient must be a graduating senior
- The head coach of all nominees must be a current member of the MFCFA
- Nominees cannot have any MSHSL Eligibility violations from grade 9-12
- Each player must have their nomination approved by their sub-district and the MFCFA Sub-District Rep will pass the nominee on to the committee chair
- Sub-District Nominations
- Sub-Districts will choose the number of nominations that they make – no limitation in number; however, nominations must be made in keeping with the integrity of the award (it truly is an honor to be nominated), and must be approved by the coaches and put forward by the Sub-District Rep.

Selection Process

- **Sub-District Reps** e-mail Rick Sutton with nominees' name/school by **Nov. 10th**
- **Head Coach** must submit nomination forms to Rick Sutton by **Nov. 10th**
- Selection committee evaluates nominees and chooses 11 finalists on **Nov. 11th**
- Each finalist will have a committee member assigned as an evaluator
- The "Elite Eleven" finalists will be required to submit two complete game films and a highlight film to the committee, preferably through HUDL
- Mr. Football Banquet will be held Sunday, **December 10th** at the Doubletree Park Place

Coaches are to e-mail, fax or mail the nomination materials to the committee chair:

Mr. Football Committee Chairman

Rick Sutton, Eagan

Eagan High School, 4185 Braddock Trail

Eagan, MN 55123

Fax: 651.683.6910

Work: 651.683.6900

Cell: 612.860.6624

Mr. Football Committee

Chairman Rick Sutton, Eagan; Charles Adams III, Mpls. North; Clay Anderson, Pipestone Area; Jim Dotseth, Retired Coaches Rep; Mike Gindorf, Crosby-Ironton; Scott Gonnerman, Benson; Mike Hennen, Cambridge-Isanti; Dwight Lundeen, Becker; Karl Urbaniak, Mabel-Canton; Will Wackman, Spring Lake Park; Jeff Weiland, Orono

Download nomination form at: www.mshsca.org/football/mrfb.pdf

MR. FOOTBALL NOMINATION FORM

Annual award recognizing Minnesota's best high school football player

RETURN THIS NOMINATION FORM TO RICK SUTTON, EAGAN, BY NOVEMBER 10th

Player's Name _____ Jersey # _____ Position(s) played _____

School _____ Sub-District _____ Class _____

Head Coach _____ Current MFCA Member? _____

Coach's Contact Information

E-mail: _____

School Phone: _____ Cell Phone: _____

School Address: _____

Parent(s)' Contact Information

Name(s): _____

Address: _____ Phone: _____

2017 Statistics

Career Statistics: _____

Honors/Awards: _____

Coach's Comment (Please include the type of player and person the nominee is as well as what he has meant to your team and program)

Minnesota Football Coaches Association ~ "The Keepers of the Game"

MINNESOTA FOOTBALL

COACHES CLINIC

www.mnfootballcoaches.com

MFCA CLINIC A GREAT SUCCESS!

The 2017 MFCA Clinic was held on March 3 through April 1 at the Doubletree in St. Louis Park and the University of Minnesota. This was our ninth annual clinic and every year our goal is to outperform our previous year's clinic and we certainly accomplished this goal on many fronts in 2017. This year's headliners featured one of the longest standing division I college head coaches in Duke's David Cutcliffe; perhaps the most in demand head coach in our own Gophers head coach PJ Fleck; arguably the most successful football staff at any level in recent years in North Dakota State and head coach Chris Klieman; staff from the hottest major college program in the last three years San Diego State including former Gophers Interim Head Coach Jeff Horton; and arguably one of the most respected and innovative coaches in the country in Dartmouth's Buddy Teevens! At the high school level, our clinic featured outstanding coaches from Georgia, Florida and Arizona, as well as top Minnesota high school coaches. In addition to outstanding speakers, this year was record breaking both in attendance, with close to 1500 coaches registered for the clinic, as well as exhibitors, with close to 60 participating. New Gopher head coach PJ Fleck's Saturday evening sessions was jam packed with coaches

sitting on the floor as well as lining the hallway leading up to the presentation room! The clinic also featured many association events including a sub-district representative meeting, association business meeting, retired coaches reception, and included a new feature in the form of a State Champions Panel featuring head coaches from all 7 Minnesota State Champions sharing insights into their successful season! Our Saturday schedule included a youth coaches clinic held at the Doubletree as Gopher meetings and practice held at Bierman. The following comment from Duke's David Cutcliffe helps put our memorable clinic weekend in perspective "I have spoken at hundreds of clinics in my career.. this isOne of the BEST High School clinics I have ever seen" The 2018 MFCA Clinic will be our tenth Anniversary and is scheduled for April 5-7, 2018!

Your support helps benefit
the MFCA Activities.
Thanks for helping!

Claud Allaire
Clinic Coordinator



Alexandria Jefferson High School Football

RUSS HINRICHS

Varsity Football Co-Offensive Coordinator, Alexandria Jefferson High School

Russ Hinrichs Graduated from Jefferson in 1994. He worked as an assistant coach under Alexander head coach Dennis Kalpin from 1994 to 2007, working as volunteer assistant from 1994 to 1999. He became the Defensive Coordinator in 2000 for coach Kalpin, and remained in that position when Mike Empting became the head coach in 2008 and continued as such until 2013. He switched over to an offensive assistant in 2014 and is currently the Co-Offensive Coordinator for Alexandria. Coach Hinrichs has also served as the Head Baseball coach from 2008 to 2014.

Russ graduate from St. Cloud State University in 1999 and earned a Master's Degree in Education from Walden University in 2008. He has been teaching at Alexandria since 2000 in Special Education. His wife Patti also works in the Alexandria school system as an adaptive education teacher and they have two children, Thomas(10) and David(7).

The Alexandria Cardinals have a proud tradition of great football teams going all the way back to the program's only state championship in 1974. Alexandria made state tournament appearances in 1981 and 1986 and dominated the Central Lakes Conference and outstate football in the 90s. The Cardinals made state tournament appearances in 1994, 1996, 1998, 1999, 2001, and 2002. Since that last appearance in 2002 the Cardinals had made 5 section title games but we were not able to get over that hump and get back to a state tournament. That drought was ended this past fall when the Cardinals defeated Sartell to win the Section 8 5A title and advance to the state tournament. Our season came to an end with a loss to eventual state champion Elk River in the state Quarterfinals, but the seeds of success for the 2016 team were planted four years earlier with a change in practice philosophy, offensive philosophy, and a summer schedule that redefined the program.

Like many football programs in the state, we had seen our numbers decline over the last few years. As a football staff we knew that there were changes we need to make philosophically and in program building to both increase numbers and get back to the on-field success we were accustomed to. We decided that our number one focus was going to be increasing our participation numbers starting with our 9th grade group. From there we looked at changing our two a day practice schedule to make it more conducive to parents and kids work schedules. Finally, and maybe most importantly, we made the commitment as a staff that we would take a program to a team camp during the summer to both serve as an off-season training program and also build chemistry between the players and coaching staff prior to actual start of fall camp.

In order to increase our participation numbers, we had to start with re-thinking our fall camp practice schedule. We have increasingly seen more of our athletes choosing work at a young age over participating in activities. The strain of a practice in the morning and then one in the evening was a factor in our decreased participation numbers. As a result we made the change to develop a practice schedule that had all of our athletes out the door by 2:00 each day. Within our schedule we build in meeting times in the morning, a two hour practice, lunch, weight room, more meeting time, a walk through, special teams, and 7 on 7 period. As a part of that, our captains parents organize lunches every day for athletes which has also increased a community and family atmosphere to a program. It is a 'we are all in this together' mentality that we may have lost. This practice schedule also limits the amount of travel for the parents of the athletes who do not have their license. As coaches we meet everyday at 2:00 and are out of the building before 3:00 each day. We have a group of coaches with young kids and young families, so this schedule also provides balance in our lives during the busy fall season.

Another reality we were facing as a program is the competition for athletes with the other programs in our school and the increased era of specialization. Historically, the Cardinals have been a wing-T program, built on running the ball, balance in the passing game, and physically wearing our opponents down with our size and numbers. With our decrease in numbers and our difficulty getting a commitment for football from our bigger athletes, we were now on the other end of the spectrum. In order to be competitive with the large schools we play in our section and district, we were going to need a philosophical

change to how we did things as a program both in practice and games.

Prior to the state high league changes in practice regarding contact and length, you would not find a more physical practice than the one taking place in our program. We would hit every day, two a day practicing with full pads that were needed to prepare us for a schedule including teams that were always going to be bigger than us. As a result we were losing key players for Friday nights on Tuesdays and Wednesdays. It is now common for us to do little or no contact in practice all week prior to a game. We have made the philosophical decision to save the hitting for game nights. We want our athletes as fresh as possible and our goal is to have all hands on deck come game time. We also made the transition as an offense to a spread team, no huddle with run-pass options. We wanted an up-tempo style that we hoped would allow us to recruit some of those athletes who were basketball or baseball players who had previously not been playing football. This change in style of play has also helped our defense. Defensively, our kids see the same spread plays everyday in practice that many of the other programs are running. We no longer have to use valuable practice time teaching our scout players how to run inside zone or the run pass options that have become the norm.

A key component of our offensive success is a 7 on 7 schedule during the summer involving a passing league and select tournaments. It is all about getting our best athletes out during the summer together throwing, catching, and defending the pass. This has also helped our players learn the offense and defense and develop a chemistry together that was missing. This philosophy has allowed us to improve our program without hitting. As coaches we have stuck to a simple plan of taking what the defense is giving us. We are committed to being able to attack a defense multi dimensionally. We can run the ball inside, outside and off-tackle. We can throw screens, playaction, quick throws and deep throws. We can throw the ball outside, down field, in the middle of the field and an organized short passing game. We don't have a preference if we run the ball 50 times a game or throw it 50 times a game, it is a week to week game plan based on the defense we are seeing.

We wanted a scheme that is simple, easy for the kids to understand and execute, but also one that is going to test the defense vertically and horizontally on every play. There are games where we see defenses that we never saw teams run on film. We trust our athletes, put them in situations where they can be successful, and try to make it as fun as possible. This is a generation of kids who have grown up playing Madden Football on their play stations. Our goal is to have 70-80

snaps a game. This puts a tremendous stress on our defense, but our defensive coaches understand this and support this philosophically. As a defensive team we have improved in our pass defense as result of our offensive change, and we have developed a mental toughness on both sides of the ball.

Finally, we made the commitment as a staff to bring our program to a team camp at NDSU. The three day camp required us to hold four days of workouts in preparation for the team camp. When we finish the fourth day of pre-camp practice and prepare to

leave for NDSU, most of our offense and defensive schemes have been introduced and the players have a feel for how things will go in the fall. It is the beginning of our team building process and the excitement it generates continues to grow. The first year we took 31 players to NDSU, this year we have 71 players signed up so far and will have both a Varsity and JV team participate. The decision to attend the team camp and the things we get accomplished prior to and during the team camp is the single most important change we made in our program.

Football is and always will be a numbers game. We are selling to our parents and community that we can have up to 33 different starters every Friday night. There is room for all shapes and sizes in our program. The energy and excitement for Cardinal football has returned to our community and our numbers continue to increase. This fall we have the largest group of sophomores we will have had in many years. The next step for our program is studying the impact of tackling football at the 5th and 6th grade level. We will be partnering with TackleBar to introduce their program into our 5th grade program this fall. In the fall of 2018 we will move completely away from tackle football at the youth level. We acknowledge the concern of parents surrounding concussions in football and our goal is to get ahead of it at our youth levels. Football is the greatest team game ever invented and the extrinsic rewards young people gain from being part of a team cannot be undersold. We will continue to defend our great sport. The partnership we have worked to develop with our parents, administration, and community have made Vikings Savings Bank Field the place to be on Friday nights in the fall. ■

Building a HS Football Defense Position by Position

JEFF OJANEN

Defensive Coordinator, Cloquet High Sch00L

I graduated from University of Minnesota – Duluth in spring of 2007. I have been teaching at Cloquet High School since 2007, and have been on the football staff since 2003. 2017 will be my 10th season as the Defensive Coordinator. My wife, Nikki, and I live in Cloquet and have been married for 5 years. We have a 15 month old daughter Eleanor and she is our 1st child.

Most high school football coaches are not blessed with 22 players that will fit each starting spot on both sides of the ball. So, we often struggle with finding the right person for each position. At Cloquet High School we have the same struggles as many programs do with finding 22 starters for our football team. We believe in finding as close to 22 starters as we can, so we are not having players play both ways the whole game. We will have some players play both ways but it doesn't happen much during each game. From our experience as a staff the last 15 seasons, we are better off playing kids one way. We go up against many programs that will only play their best 15 or 16 kids. Early in the season, they may have the advantage in the 1st half but ultimately we are the more fresh team in the 2nd half. As the season progresses, we would even think that we would at worst be equal to the teams that play a lot of kids both ways in the 1st half and then have a huge advantage when it comes to the 2nd half. Finding 22 young men that are capable of filling every starting position can be a challenge. I will give you some insight on how we look for our 11 starters on defense.

Each position has its own requirements and challenges and we understand that we probably will not have 11 players on our roster that check off each of the requirements for that position. So, we need to find the best player for each position and accepting that we will not find the perfect person for each position. One thing that we try to find for each position is the quickest person that can play that position and being the fastest means different things at each position. Speed is a killer at the high school level, so sacrifice some size for more speed. We feel one of the most intimidating things that film can show is how much speed your opponent has on defense. You can cover up a lot of deficiencies on the defensive side with speed. Getting as many of the 11 guys to the ball as quick as possible is one of the most important things in high school football. A coach recently told me and I agree, "Only bad things happen at 40 yard intervals for defense." So, we aren't looking for the

players that can run the fastest 40, we want our players to be quick. We always lead every team defensive session with the reminder to "Play Fast", always trying to get our players to make faster reads and trusting that read. But speed is not everything, here is what we look for at each position:

Defensive Lineman

Many coaches think that the biggest players should be playing defensive line. When I first started to coach, I would never consider someone smaller to play on the line. That has changed over the years, probably because of how offenses have changed. Finding that balance of speed and size is important but you should never sacrifice speed for size at the high school level in most circumstances. If the game was played inside the 5 yard line all the time, then I may change my mind. Most programs will have a good number of kids that will fit the category of being big enough to play defensive line, but do they have enough quickness to play there. Are they the quickest players off the ball, can they beat the offensive lineman across the line of scrimmage. They may not win the fight every play but if they can get 1 yard deep, we feel we won that battle. Being quicker than the guy that is supposed to block you, makes offense have to account two players to you, which I would imagine just kills Offensive Coordinators. They have to devote two blockers to someone that may not even be that big but can be so disruptive. Along with quickness, we look for players that play with the proper technique and leverage. We all use the phrase, "you have get lower" about a thousand times during the season. Make sure to teach and find those players that play the game low will give them and your team a much better chance at being successful during the season. We also look for our smartest players, this often means that they aren't always the best players physically but they know how to get the most out of themselves. Knowing what your responsibility is without having to think about it is a huge advantage for

any defensive player. So just being bigger than most players doesn't qualify you as the best defensive lineman, make sure that player can also play low, quick and smart.

At defensive tackle, we preach to our kids that we want you to play so fast and with the proper technique that the offensive line will have to double team you. If they don't, you have a chance to make a tackle in the back field. Having them think about playing fast comes with challenges. Some of our players will think, I got in the backfield so I did my job. We spend time showing on film proper technique and demonstrating and practicing it in practice. In Cloquet, we preach, "get 1 yard deep and find the football," they give our defensive tackles an aiming point and a goal to get to. It is something we can easily show on film of players doing this right and wrong. At defensive end, we ask for a lot of the same things as defensive tackles but we want them to be able to contain at times and to play inside and control a gap from week to week and from series to series.

Linebackers

We often separate linebackers into middle and outside linebacker positions. All teams will have a wide range of players that can play linebacker, you will have some that are small and quick to ones that will be ultra-aggressive. We try to put our most aggressive players at Mike LB position. We ask our Mike to cover from B gap to B gap and play downhill. We don't often care if they can chase something down outside of that. If we know they will stick their nose into any play between the tackles, then we know we can build a defense around that. For our Sam and Will positions we look for that linebacker that may not be the strongest but someone that plays smart, fast and likes to tackle. This means we aren't looking for someone that just likes to hit, we want someone that can tackle. So we will take the smaller person at Sam or Will if they are good tacklers. We also want to get our linebackers to make fast reads and trust them. Early in the season, we talk with a lot about what there reads are depending on formation and game plan. During two-a-days we will try to get them to read and react to these so fast they make mistakes. We want them to want to get to the ball so fast that they might make a bad read. We tape our practices so we can show them when they make a bad read and why they might have made that bad read. Getting our linebackers to read fast, allows them to play the game at a quicker speed.

Secondary

Many coaches think that players in the secondary have to be able to cover someone. We feel that is true to a point, they more importantly have to know how to tackle in the open field.

There are not a lot of HS Quarterbacks that will not hurt you consistently with deeper completions. So we need to be great tacklers to keep those short passes to short gains and force the offense to complete a high percentage of passes to move the football on a consistent basis. We will even sacrifice a little speed to make sure we have the best tacklers on the field, remember, only bad things happen at 40 yard intervals for defenses.

Tackling is just as important to our two safeties positions. In Cloquet, we play with a Free Safety and a Strong Safety in our defense. Our Free Safety has to have a different set of skills than our Strong Safety. Our Free Safety will play over the top most of the time and be our last line of defense. He has to be a great tackler but we would also like him to be discipline and not get too aggressive until the Quarterback commits with where he wants to throw the ball. Again, we will sacrifice a little bit of speed to make sure our FS is a great tackler. Along with tacking well, we want our Free Safety to anticipate well, we feel this is something that can't be taught. We have had Free Safeties that anticipate well and they may lead our team in interceptions and we have players that may be half a step late but will make the tackle. Our Strong Safety has to be able to tackle well but he has to be the smartest person on the field. We ask our Strong Safety to do a lot from week to week. He will line up in many different spots and have the still set to play just about every position on the defensive side. This position is filled by our most complete football player, most of us will have one of these players and if lucky we might have two.

In conclusion, I might not have told you much more than you already know about building your defense. We feel that speed and tackling are the two most important things to building a successful defense at the high school level. We all want our players to be bigger and faster than what we have. But, that is the challenge and joy of coaching high school football, we have to develop what we are given. Don't pigeon hole players because they are bigger or smaller than others. Look at the quickness that players has, he may be great at getting off the football or he may be a great tackler but not have a great 40 time. All of these players can be used and not trying to find the one player that fills all categories. There are many strategies that football teams use, so we should be using the skills that our players have defending those different strategies. ■

Success is Found Within a Focus on Leadership

JOHN CASSELLIUS, Winona Winhawks Head Football Coach

Education

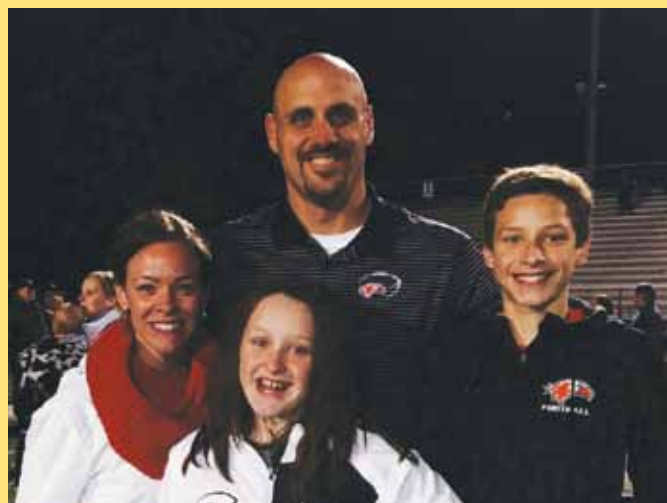
2006-2008 Master of Education Teaching and Learning, Saint Mary's University, Winona, MN
2006-2007 Health Major, Bemidji State University, Bemidji, MN
1996-2001 B.S. in Health & Human Performance (K-12 Certification), Minor: Health Education & Coaching University of Wisconsin – River Falls, River Falls, WI

Teaching Experience

August 07- Current .. Winona Senior High School Winona, MN (9-12 Physical Education, Health Education, and Weight Training)
August 05-June 07 ... Winona Middle School Winona, MN (5-8 Physical Education and Health Education Teacher)
August 03-June 05 ... Hill-Murray School Maplewood, MN (8-12 Physical Education and Weight Training)
August 02-June 03 .. Achieve Language Academy St. Paul, MN (K-8 Physical Education and Health)

Coaching Experience

2005-Current Head Football Coach, Winona Senior High School, Winona, MN
- 2016 AAAA Coach of the Year
- 2016 Big South East Blue District Coach of the Year
- 2016 Section 1 AAAA Coach of the Year
- 2016 All Start MFCA Coach
- 2015 Big South East Blue District Coach of the Year
- 2008 Big 9 Conference Coach of the Year
2005- 2014 Assistant Co-ed Track Coach, Winona Senior High School, Winona, MN
1999-2004 Seasons .. Defensive Coordinator, Varsity Football, Hill-Murray High School, Maplewood, MN
2001-2005 Seasons .. Head Co-ed Track Coach, Hill-Murray High School,



Maplewood, MN

2002-2005 Seasons .. Freshman Girls Basketball, Hill-Murray High School, Maplewood, MN

1999-2000 Seasons .. Assistant Co-ed Track Coach, Hill-Murray High School, Maplewood, MN

1997-98 Seasons Co-Head Coach Boys Basketball, Spring Valley Middle School, Spring Valley, WI

1996-97 Seasons Assistant Girls Basketball Coach, Skyview Community School, Oakdale, MN

1998 Season Volunteer Varsity Football Coach, Glenwood City High School, Glenwood City, WI

Family

My wife, Emily, and I have been married for 15 years. Emily is a third grade teacher in Winona Area Public Schools. We have two kids. Bryan is 12 and Molly is 10.

Leadership amongst a football team must go beyond the coaching staff for a team to be successful. Every football season I am deliberate about setting players up to lead the team. The end of a football season always brings a new group of young men that are eager to lead. Varsity players vote for three or four juniors that will step up to lead as seniors. This group of players are considered our "Planning Committee" during the off- season.

As we all know, the football season is year-round. I believe it is important to include players in all planning that takes place

between seasons. During the winter and spring months our Planning Committee works with the coaching staff to create a slogan or quote for the upcoming season, plan summer camps and activities, plan the summer leader outing, and act as a sounding board between players and coaches. This committee also helps design and choose the apparel that will be available and they help create the team t-shirts that has the year's slogan or quote on the back.

As we approach the upcoming season, I extend the Planning Committee to a group of eight seniors that will serve as team

leaders. At the end of our team summer camp, any player that will be a senior has the opportunity to apply to be a leader. The team and coaching staff choose leaders by voting. Players and coaches vote for players they feel have shown leadership qualities at camp, in the weightroom, and outside of football. I believe that leaders play a very important role in the cohesiveness and success of a program, both on and off the field. These eight leaders have much responsibility placed upon them, therefore, the leaders must be of upright character and willing to accept the challenges they will face as leaders of our football team.

Once the eight leaders are chosen, they must each sign a contract. The contract states that it is an honor and a privilege to have been selected as a leader. Leaders must sign the contract agreeing that: A Leader:

- Is an extension of the head coach to the team. In this role, the leaders will help mediate concerns and ideas between the team and the coaching staff.
- Will stand up for our team and our program in all situations.
- Will demonstrate exemplary character in all areas of life.
- Is committed to the furthering of the football program and will work with younger football teams to foster pride and enthusiasm for their football experience as well as the varsity football program.
- Will organize team events and be responsible for maintaining a chain of communication among teammates.
- Is willing to keep team morale as a priority and take steps to boost enthusiasm and morale when necessary.
- Will make tough and possibly unpopular decisions in the best interest of our football program.
- Will commit to leaving our football program in better condition - with a deepened tradition than before.
- Understands that failure to consistently fulfill responsibilities, or engaging in behavior detrimental to the football program, may result in the revocation of his position as a leader.

In addition to agreeing to the above, leaders must commit to attending our summer leader outing. The eight leaders and the coaching staff attend this outing. The purpose of this 3-day event is to build relationships, train on leadership, experience serving others, work together as a team, learn how to compete against each other, and show support for each other. This outing takes place at a cabin. It is incredible to watch relationships grow and bonds form between teammates in such a short amount of time. Amazing things happen around a campfire, on jet skis, and while sharing meals together. Leaders are partnered up and each partnership is responsible for a meal. They bring enough ingredients and prepare that meal for the others. One

of the highlights of this outing every year is a scavenger hunt we do. At the end of the scavenger hunt, the leaders find a letter from their parents. I ask parents to take time to write a heart-felt letter to their son highlighting strengths and acknowledging how proud they are of their son. This is always a memorable moment for each leader.

After this memorable outing, the leaders are always incredibly excited to get the season started. During the season, the responsibilities of a leader include communicating, facilitating, and decision-making. Leaders are expected to serve as communicators between coaches and teammates, facilitators of meetings and problem-solving situations, and help make decisions on various things as they arise. Leaders rotate as captains for games and are responsible for deciding who will be captains each week.

I have found that allowing players to take ownership of the team and some of the responsibilities that come with that has played a part in the success of our team. A sense of pride for being a Winhawk football player is felt, and it wasn't always that way. Earning the title of Team Leader is not taken lightly and is respected amongst the team. This has helped in building strong team morale. The young men on our team take leadership skills with them far beyond the football field. My hope is that these skills help them experience success in all areas of their life. ■

Thank You and “Lead On”

KEVIN MERKLE, Associate Director MSHSL

Reprinted with permission by the MSHSL.

I am writing what likely will be my last column for the Bulletin. For those who are not aware, I will be moving to a part-time position with the League, beginning in August. I would like to express my appreciation and leave you with some final thoughts. There are many individuals to whom I am thankful for in helping me become who I am—there are too many to mention by name. Among them, my parents, coaches, teachers, and mentors, and the many teachers, coaches, and administrators I have had the opportunity to work with in more than 43 years in education. I’ve been very fortunate to work with, and for, many outstanding individuals.

I want to especially thank Dave Stead; my fellow Associate Directors, Lisa Lissimore, Craig Perry and Jody Redman; my Assistant Amanda Johnson, and the remainder of the MSHSL Staff. Your assistance and support have been critical and is valued. I also want to thank the many coaches, ADs and officials from across Minnesota, and the many MSHSL Board members with whom I’ve had the opportunity to work. Minnesota is blessed to have so many outstanding individuals working in these positions. Every day, I am grateful for having had the opportunity to work for the MSHSL. As I shared when I first started with the League, I love high school sports and I love the state of Minnesota, so I am truly appreciative of having had the opportunity to serve the MSHSL’s member schools. While there are times when I have failed, I have always tried to approach this position as one of service—to the ADs, coaches, officials, and community members; and especially students.

Most importantly, a huge thank you to my family. My wife, Candy, daughter Lauren and sons, Josh and Jake. In the type of positions that I have held, their support is critical. They have been gracious in allowing me to serve others—many times at their expense. Although I tried my best to not allow that to happen often, I’m sure there were too many times where I failed. So, thank you, and forgive me. As I step down from being as actively involved, I encourage you to provide strong leadership for high school activities; especially those of you who are coaches and administrators. I learned many years ago that both coaching and being an administrator is a mix of management and leadership. Managing is critical: planning practices,

ordering equipment, scheduling games, hiring officials, making sure that there is enough popcorn for the concession stand, etc. You won’t last long as a coach, AD or Administrator if you don’t take care of the management tasks. However, while management, in and of itself can be a full-time job, you must also lead. Leadership is more difficult and because you get so busy managing, you must be very intentional about taking the time to lead. You need to be a leader for the students you coach or administer; for the coaches you direct; for your parents, and for your community.

I share two examples. First, when we recently developed the pitch-count policy, some of the concern expressed by coaches and ADs was “what about youth sports?” The feeling is that we can have pitch counts for our school programs, but we cannot control what happens in the offseason, so why bother? While we cannot control youth sports, we can provide the leadership to help change that culture. In this example, we need to educate parents and players about arm care, pitch counts, rest, conditioning, etc. We need to educate our players, parents, youth sport coaches and youth sport leaders. We need to become the experts in our community and not be afraid to speak up and provide leadership to create change. This is a responsibility of coaches and administrators. The second example revolves around football and the changes that have been made to make the game safer. Who better to educate youth sport leaders, coaches, and parents on these issues than coaches and administrators? Education on concussions and concussion management, leadership with regard to length of practices, amount of contact and the age at which tackle football should begin, are all topics on which “we” need to become the experts and provide leadership. High school coaches and administrators are in a position to make a difference. You may not have control, but you have influence—often more times more than you think. Educate yourself, become an expert, take advantage of opportunities that arise, and create opportunities to share your expertise.

There are many other areas where leadership is needed: sports specialization; keeping our programs in perspective; keeping the focus on life lessons; creating the culture for your programs to be successful; parent education; coaches’ education; etc. Many of us want to do something that makes a difference, but we tend to focus on that which will make a big difference. This can be difficult and therefore discouraging. I have found

that most of the time it is not one, two, or three “big things” that are needed. More often, it’s many small things that add up to make a big difference. You are all capable of doing those small things. During the 43 years that I have been in education, I have tried to provide leadership. I know that I fell short (especially when I first started); and I have failed many times along the way. However, I hope that as my career progressed, I have been able to provide a higher level of leadership. That comes from experience, and having the opportunity to be in positions that provided opportunity for influence. I will conclude with a short story that you may have heard. This is a story that I shared with student leaders when I was an activities director, and a picture and saying in regard to this story is in my office.

“A man was walking along the beach one day after a storm and noticed all of the starfish that had washed up on the shore. The starfish were dying as they lay on the sand. As the man looked up he saw a young boy nearby, who picked up

a starfish and threw it gently back into the sea. The boy then picked up another starfish and threw it back, and then another and another. The man said to the boy, “What are you doing?” The boy replied, “I’m throwing the starfish back into the water before they die.” The man replied, “But there are miles of beach and thousands and thousands of starfish. You cannot possibly make a difference. It’s impossible to save them all.” The boy then picked up another starfish, threw it into the ocean, looked at the man and said, “To that one, it made all of the difference.”

Our efforts can, and do, make a difference. Please continue to provide leadership that will make a difference. Thanks for allowing me the opportunity to serve. As I continue in a very part-time role, I look forward to continuing to nurture and build relationships, and to contribute in a way that will make a difference. ■



Offensive Line Technique

ED WARINNER, Offensive Line Coach, University of Minnesota

Minnesota Coaches Association,

I could not be more excited to be here in Minnesota, and appreciate the opportunity to speak with you today about this game we are all so passionate about. I've had the chance to coach at many different institutions across the country, and I've quickly realized that the University of Minnesota, and the state of Minnesota in general, is a special place. I believe that together we will continue to grow the game in Minnesota and build an elite culture of football at all levels of the game. If I can ever help with any of you, please do not hesitate to reach out. Our facility is always open to you and our staff is always available.

While not always the most glamorous element of the game, I'm passionate about working with the offensive line to establish the most important part of the offensive game. Without strong line play, all of the other areas of the team cannot function properly, whether it be running or passing schemes. If you don't have a strong line then you don't have a strong offense. In terms of positions, the offensive line is as sophisticated as they come in our sport. It takes five individuals working as one to resist the opposition and move the ball down the field. If one individual does not do their job then it can cause the entire line to malfunction for a play or a series. Chemistry and cohesion are critical to dominant offensive line play.

I've had the chance to work with all facets of the offense during my career, and truly believe the importance of good fundamentals in line play cannot be overstated. I am going to expound on some of those fundamentals, which can be practiced daily, that I believe are key to a team's success.

Pad Level and Power Walking

In order to win at the line of scrimmage, you need to block somebody and move a man against his will. You have to have tremendous technique, but also have to have a desire to dominate your opponent. One thing that is critical is pad level. By that, I mean that your pads have to be underneath your opponent's pads because you are trying to get physical leverage. When I talk about pad level, I am referring to the level of your shoulder pads and your eyes. To have the necessary pad level you have to bend your ankles, knees, and hips and you

have to keep your chest up. Your base has to be firm because you move with that base. I call moving through that base with power walking. In other words, simulate pushing a wheelbarrow loaded with 200 pounds or trying to push a car that is in neutral. To do that you have to bend and push, but maintain good body posture. That power of your feet goes into the ground and you drive with your hips and lower-body strength. That's what I mean by power walking.

"Pound The Ground"

When I say "pound the ground," to our linemen, it means focusing on your feet. It's important to drive your feet into the ground so you have great traction. Because if you don't have good traction you can't push a 300-pound opponent. You have to get all of your cleats in the ground. It's critical for your base, balance and posture. When you have your cleats on the ground, your weight should be on the inside of your feet and that allows you to power walk and have low pad level. That bend we talked about earlier in your ankles knees and hips, helps create that critical reverse arch in the back, which is where your power comes from.

"Violent Striking" and "The Difference"

On the football field, we want our lineman to use their hands to effectively strike their defensive counterpart. Where they strike is critical because it has a lot to do with their ability to control their opponent. With that in mind, we want them to strike on the chest plate. They should have their thumbs up and slide their hands into a position where their thumbs are on their opponent's chest plate and lower pectoral muscles. Their thumbs should be above their fingers and their elbows should be tight. That is the kind of violent strike we want, because it is really a race to see who can get their hands inside first. If a defender gets their hands inside first then they are able to manipulate where the offensive lineman can put their hands and can then eliminate that lineman and turn a potential gain into a wasted snap. But if our lineman get their hands inside first, then the defensive player's hands are on the outside and he can't move our lineman. Having your hands inside allow you to control the man and move him. It's all about control and

movement. If you can do that then you are helping your offense.

How do you win the battle at the line? As mentioned earlier, it all depends on how quickly you strike and getting your hands in the right place. We work on that a lot, as it is a race to see who can do that first. Once the ball snaps, who can get to their first? We call that the difference. By that, we mean it is the difference between winning and losing a block. How quickly you can get out of your stance and get your hands into that perfect fit position.

“Aiming Point”

One of the most important things that I teach in run blocking is, what is my aiming point to contact the defender? Do I want to contact him with my eyes and hands right down the middle, outside number, inside number, outside armpit, inside armpit? Where do I want to strike and then what is the footwork I am going to use to get there? My coaching is based on what is my aiming point and how do I get the first two steps in the ground correctly to get started on that aiming point. If you can get the first two steps in the ground quickly then you can get to your aiming point and you can get your hands in the fit position first. This gives you a great chance of winning. After that, the battle between winning and losing comes down to physical strain, toughness and want to. How bad do you want to beat your opponent? How bad do you want that extra yard, which can be the difference between winning and losing? I continually stress first step, second step, strike to the fit position, where is my aiming point and where do I want my eyes to our players.

“S.P.A.R.”

Pass protection is obviously different because pass protection is getting out of your stance to the perfect posture that you want to be in to protect. Pass protection to me is summarized in this word, SPAR. Sparring is a term used in boxing when two guys in hand-to-hand combat. That is really what pass protection is. Our lineman is trying to keep his opponent moving around between him and the quarterback. He is continually trying to stay between him and the quarterback. I translate sparring into:

Stance to set. P is posture and punch. A player's posture is totally different in pass protection compared to run blocking. Instead of calling it strike, which we do while talking about run protection, we call it punch. How does a player keep the defender away in pass protection? Space is your friend when you are pass protecting. A is arms in bars. If you can create space then you want to get your arms locked out. And the last part is React and Respond. How you react and respond to your opposition will go a long way into a successful block and therefore a successful snap.

That's a quick way that I describe pass protection. You work on drills that go stance to set followed by working on establishing perfect posture and then your punch. Then you work on arms in bars and then you react and respond. Where is your opponent going and how do you respond to his movements? How do you respond if he knocks your hand down or how do you respond if he spins? That's how I teach pass protection. A few drills can help pull it together. We are constantly working on perfecting our stance to set. Then we use medicine balls to practice our punches. Several years ago I got the idea to use those pop-up bags for the offensive line as well. You typically see the defense use them in practice, but they are great for line play as well. You can hit one and it comes right back up, so you can hit it again. It helps a player work on how they react and respond.

Thank you again for allowing me to share a few thoughts on offensive line play with you. I feel it's the most critical position on the field. Again, if I can ever be of service to you, please don't hesitate to reach out. ■

Four Reasons Athletes End Up On The Injured List

This article was originally published by EXOS at teamexos.com. Florida-based writer Pete Williams is a longtime editorial contributor to EXOS.

Scan the roster of any championship team at season's end. Sure, there's plenty of talent, a few overachievers, and an effective mix of veterans and rookies. Often overlooked, however, is how few injuries the team suffered along the way.

Rarely is a title won without losing key contributors, at least temporarily. Teams that endure few injuries often attribute it to luck, when in reality it's usually a reflection of a yearlong training program that places an emphasis on the four EXOS pillars: mindset, nutrition, movement, and recovery. Here's how to protect your team's talent investment by minimizing four of the leading causes of athletes ending up on injured reserve.

1. They're overtrained.

Some athletes, such as MMA fighters and triathletes, have a tendency to overtrain just to fit multidisciplined sports into a weekly schedule. Single-sport athletes also overtrain now more than ever with the shift from the traditional three-sport competition to a year-round, one-sport specialization as early as the elementary school years.

Overtraining is most commonly the result of too much sport-specific training. But it also can be the result of too much one-dimensional weight room training at the expense of movement and recovery, two of the four pillars of the EXOS system.

In some cases, overtraining leads to burnout. More commonly it produces chronic overuse injuries that in some ways are more troublesome than those caused by trauma because overuse injuries aren't always diagnosed immediately and systematically addressed. Fatigue from overtraining can also make an athlete more vulnerable to contact injuries.

"We see a lot of athletes who have no recovery built into their workouts or their training calendars," says Trent Wilfinger, EXOS vice president of pro/elite sports. "That's a key part of the educational process to avoid overtraining."

"Injuries involving violent on-field trauma receive the most coverage, but athletes are far more likely to miss time

for reasons that can be prevented or at least minimized by an integrated program that places a premium on recovery."

2. They're overpowered.

An abundance of power can be a bad thing, says Brent Callaway, EXOS performance director, if that power cannot be expressed through efficient movement.

If athletes focus solely on building size and strength, then they might lack stability and mobility, which can lead to inefficient movement and injury. Traumatic, noncontact knee injuries, typical of football and basketball, can be a product of an overpowered athlete, not just a slippery court or unyielding artificial turf surface. The solution is an integrated program that emphasizes movement skills.

"You might have an abundance of horsepower but lack the ability to transfer it effectively because of bad mechanics and a lack of stability," Callaway says. "If your movements aren't clean because of a bad suspension, you're a walking time bomb in terms of injury."

3. They're underprepared.

Underprepared injuries take several forms. There's the recreational athlete who enters a marathon having never run more than a 10K. There's the high school or college baseball player who transitions from signing a professional contract to the demands of a longer season without any tweaks to performance training. And there's the pro in one sport who jumps into another sport in the offseason with little preparation.

No wonder many pro contracts forbid athletes from dabbling in a long list of other sports during their offseason. Many a pro has suffered a serious injury, even voiding a contract, from surfing, snowmobiling, or playing basketball in the offseason.

In January 2004, Aaron Boone, then of the New York Yankees, tore his left ACL playing pickup basketball. The Yankees voided the third baseman's one-year, \$5.75 million contract and traded

for Alex Rodriguez to replace Boone, who missed the entire season.

"There's a lot of risk in trying to attempt movements, even recreationally, that you've never done or haven't done in some time," says John Stemmerman, EXOS director of performance.

"The regeneration piece is often missing from other programs but it's really the key for avoiding injury and improving overall performance."

4. They're under-recovered.

Since the early days of EXOS, founder Mark Verstegen has emphasized the formula "work plus rest equals success."

In recent years professional teams have embraced recovery. MLB players no longer attempt to emulate Cal Ripken Jr. and play all 162 games in one season, let alone year after year. Advanced metrics dictate how many innings pitchers, especially young ones, throw each outing and each season. Some NBA and NFL coaches rest starters once playoff positions have been clinched.

While many teams have embraced recovery or regeneration,

it's more than taking an occasional day off or consuming a post-workout recovery shake. It's a mindset of integrating recovery strategies of sleep, nutrition, soft-tissue work, and other measures into every day, week, month, and year. That can be a tough sell in a more-is-better culture even though the results are supported by science.

"The goal is to implement these perfect-day strategies so that you address everything from sleep to fueling to corrective strategies," Stemmerman says. "The regeneration piece is often missing from other programs but it's really the key for avoiding injury and improving overall performance."

Mayo Clinic's Sports Medicine has teamed-up with EXOS to provide performance and nutrition services for all clients and athletes. EXOS supported a record 84 total athletes in this year's NFL draft, including a record 16 athletes taken in the first round. EXOS has now supported 7 #1 overall, 150 first round, and 759 total NFL draft picks of all-time.

For more information, visit sportsmedicine.mayoclinic.org, or call 612-704-8008 to schedule your appointment today. ■



FROM
3T
— TO —
**BIG
TEN**

LIFETOUCH PHOTOGRAPHY
HAS YOU COVERED

Lifetouch

www.lifetouch.com

MINNESOTA STATE FOOTBALL COACHES 2016 ASSISTANT COACH OF THE YEAR

Football Hall of Fame Annual Banquet

Will Wackman, Spring Lake Park, 5A



Previous Assistant Coach of the Year Recipients:

1989 Paul Gasner Totino-Grace, Class A	1998 Kevin Nowotny Adrian, 1A	2007 Conroe LeRoy Erickson Buffalo, 5A	2011 Mark Ritter Eden Prairie, 5A
1990 Jerry Foley Stillwater, Class AA	1999 Gary Hansen Chatfield, 2A	2008 Mark Weitalla Northfield, 4A	2012 Bob Kovich Lakeville North, 6A
1991 John Peterick Mahnomens, Class C	2000 Mike Kleinschmidt Albany, 3A	2009 Jay Anderson Totino-Grace, 4A	2013 Marc Achterkirch, Owatonna, 5A
1992 Bob Hooper Detroit Lakes, Class A	2001 Bruce Nelson Eagan, 5A	2010 Mick Goudy Rogers, 4A	2014 Dan Brinkman, Hutchinson, 5A
1993 Jerry Carlson Cambridge, Class AA	2002 Bruce Rosenow Hutchinson, 4A	2015 Jeff Wagner, Waterville- Elysian-Morristown, 2A	
1994 Roger Trobec Sartell, Class A	2003 Bernie Litecky Totino-Grace, 4A		
1995 Jeff Olson St. Peter, Class A	2004 Doug Heruth Blaine, 5A		
1996 Steve Nunnink Brainerd, Class AA	2005 Glen Bernard Rushford-Peterson, 1A		
1997 Dale Bockovich Cook County, 1A	2006 Richard Johnson Lakeville South, 5A		

MINNESOTA STATE FOOTBALL COACHES PREVIOUS STATE COACH OF THE YEAR

Football Hall of Fame Annual Banquet

<p>1965 Bill Severin Grand Meadow, Region I</p>	<p>1978 Jim Simser New Richland-Hartland, Region I</p>	<p>1991 Neal Hofland Chokio-Alberta, 9 Man</p>	<p>2004 Dave Nelson Minnetonka, 5A</p>
<p>1966 Stav Canakes Edina, Region V</p>	<p>1979 Ron Raveling Columbia Heights, Class AA</p>	<p>1992 Larry Thompson Lakeville, Class AA</p>	<p>2005 Mark Kroulik Stephen-Argyle, 9M</p>
<p>1967 Tom Mahoney Fairmont, Region II</p>	<p>1980 Les E. Drechsel Crookston, Class A</p>	<p>1993 Rick Manke Detroit Lakes, Class A</p>	<p>2006 Jim Reinhardt Rushford-Peterson, 1A</p>
<p>1968 Jerry Sullivan Minneapolis Roosevelt, Region V</p>	<p>1981 Gary Roebuck Holdingford, Class B</p>	<p>1994 DeWayne Johnson Anoka, AA</p>	<p>2007 Jeff Ferguson Totino-Grace, 4A</p>
<p>1969 Art Haas Austin, Region I</p>	<p>1982 George Thole Stillwater, Class AA</p>	<p>1995 Ken Jacobson Chatfield, Class C</p>	<p>2008 Carl Fruechte Caledonia, 2A</p>
<p>1970 Gary Gustafson North St. Paul, Region IV</p>	<p>1983 Ron Scott Coon Rapids, Class AA</p>	<p>1996 Clark Bergloff Mora, Class A</p>	<p>2009 Jon Bakken Waterville-Elysian-Morristown, 2A</p>
<p>1971 George Larson Cambridge, Region IV</p>	<p>1984 Grady Rostberg Hutchinson, Class</p>	<p>1997 Bob "Bubba" Sullivan Northfield, Class 4A</p>	<p>2010 Ron Stolski Brainerd, 5A</p>
<p>1972 George Wemeier Minneapolis Washburn, Region V</p>	<p>1985 Norm Johnson Minneapolis Roosevelt, Class AA</p>	<p>1998 Keith Bergstedt Cromwell, 9 Man</p>	<p>2011 Carl Lemke St. Croix Lutheran, 3A</p>
<p>1973 Dick Lawrence Eveleth, Region VII</p>	<p>1986 George Larson Cambridge, Class A</p>	<p>1999 Lyle Anderson Cook County, 1A</p>	<p>2012 Brent Schroeder Caledonia, 2A</p>
<p>1974 John Drews Rochester John Marshall, Region I</p>	<p>1987 Dave Brokke Granite Falls, Class B</p>	<p>2000 Mike Grant Eden Prairie, 5A</p>	<p>2013 Jeff Williams Owatonna, 5A</p>
<p>1975 Bob Swanson Mountain Iron, Region VII</p>	<p>1988 Gerhard Meidt Minneota, Class C</p>	<p>2001 Flint Motschenbacher Detroit Lakes, 4A</p>	<p>2014 Dwight Lundeen Becker, 4A</p>
<p>1976 Lyle Eidsness St. Peter, Region II</p>	<p>1989 Jim Mader Albany, Class A</p>	<p>2002 Mike Mahlen Verndale, 9 Man</p>	<p>2015 Gary Sloan, Grand Meadow, 9M</p>
<p>1977 Paul Benson Granite Falls, Region III</p>	<p>1990 Ken Baumann Mahnomon, Class C</p>	<p>2003 Dave Dose Glencoe-Silver Lake, 3A</p>	

MINNESOTA STATE FOOTBALL COACHES 2016 COACH OF THE YEAR

Football Hall of Fame Annual Banquet

Jeff Ferguson, Totino-Grace

This is the second MFCA Coach of the Year Award for Jeff Ferguson. He was also selected as the MFCA Coach of the Year in 2007.

Jeff Ferguson is the first Class 6A coach to win the MFCA Coach of the Year Award and the 10th Coach of the Year from the large school MSHSL class (AA 1972-1996, 5A 1997-2011, 6A 2012 to present). He coached Totino-Grace to the 2016 Class 6A State Football Championship last November in Prep Bowl XXXV at U.S. Bank Stadium. The 2016 state championship was 10th state title for Totino-Grace and the eighth state title for the Eagles under Jeff Ferguson.

Jeff Ferguson coaching career highlights:

- Inducted to the MFCA Hall of Fame in 2015
- Years as a head coach: 15 (2002-2016)
- Career record is 173-21 (winning percentage .892)
- State Tournament appearances: 13 (2003, 2004, 2005, 2006, 2007, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016)
- State championships: 8 (Class 4A 2003, 2004, 2006, 2007, 2009, 2010; Class 5A 2012; Class 6A 2016)
- State Runner-up (Class 6A): 1 (2014)
- MFCA Coach of the Year: 2 (2007, 2016)
- MFCA Class Coach of the Year: 7 (Class 4A 2003, 2004, 2006, 2007, 2009; Class 6A 2014, 2016)
- Minnesota High School All-Star Football Game coaching assignments: 3 (assistant coach 1992, 2011; head coach December 2016)
- Number of All-Star players coached = 35



2017 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Larry Knutson, KQWB Radio

Citation Division

Larry is a 1966 graduate of Ashby High School in Ashby, Minnesota. While a student there, he participated in football, basketball, and baseball. Upon graduation he went to Fergus Falls Community College and finished his college career at Moorhead State University. He then started his radio career.

Larry had stints in Cloquet, Morris, and East Grand Forks before settling down in Moorhead where he has been since 1979. He has broadcast football, volleyball, basketball, hockey, and baseball. Larry has broadcast over 3,000 games in his career! He sums up his career like this: "As a radio play-by-play announcer for the past 38 years, I have had the privilege of working with coaches who not only try to put their best team into competition but also to send the best student/athlete into life after school. There are many untold stories of how coaches tend to the student/athletes away from their sport in order for them to become better citizens. Coaches continue to be role models and mentors." Some of his favorite

highlights include: Moorhead football State championship in 1987 and the many games between Moorhead and its Bemidji and Brainerd opponents. Larry has always promoted what is good about high school football, high school athletics, and high school coaches according to area coaches.

Larry has also been inducted into the Concordia Moorhead Hall of Fame, Moorhead High School Hall of Honor and received the Mike Augustine Award from the Minnesota Intercollegiate Athletic Conference for his outstanding contributions to MIAC athletics.

In his free time, Larry enjoys, of course, going to sporting events. He also has traveled to Morocco, Canada and to both coasts of the United States. He is married to JoAnn and has two children Tami and Janet.



2017 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Brad Anderson, Wayzata High School Division

Brad is a 1982 graduate of Wayzata High School where he was an all-conference and all-state football player. Brad earned a football scholarship from Mankato State University, and then transferred to the U of Minnesota where he played one year under Lou Holtz before a career-ending knee injury. He transferred and graduated from Augsburg College in 1989. He went on to earn a master's degree from the University of St. Thomas and then an Administrative Degree from the University of St. Mary's.

Brad's first teaching position took him to Henry Sibley for three years before coming to Wayzata. He has been a biology teacher, Peer Coach, and now a Q-Comp Administrator. During his 18 years as a head coach at Wayzata his teams have amassed a 156 – 47 record! He has won ten conference championships and ten section titles. His teams also won three state championships in 2005, 2008, and 2010. He has also coached two runners up finishes in 2004 and 2011. Brad has been a conference coach of the year various times, a ten-time section coach of the year and a two class coach of the year in 2005 and 2010. He has also coached four players who have gone on to play in the NFL.

But these are not the only things that Brad has cared about.

Brad loved collaborating and sharing ideas with other coaches. Attending and presenting at conferences are two ways he fostered this collaboration. He truly enjoyed the company of other coaches. Brad also enjoyed deep conversations with his staff about life, faith, and football.

One of his favorite memories was playing Cretin Derham Hall when Marion Barber was a back for Wayzata and Joe Mauer was the quarterback for Cretin. It was a Wayzata victory. Another favorite memory was winning the state title in 2010 when his daughter was a senior. Sharing that moment with her and her classmates was a once in a lifetime experience. Brad enjoyed shaping and molding kids in to young men through the game of



football. Faith, family and football were his priorities for coaching and life.

In Brad's free time he enjoys traveling, and going to college bowl games. He also enjoys movies, plays, fitness, and football. He is married to Maari and has two daughters Barrett and Isabelle.

2017 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Richard Risbrudt, Hillcrest Lutheran / Fergus Falls High School Division

Richard is a 1972 graduate of Ashby High School in Ashby, Minnesota. While at Ashby, Richard excelled at football, basketball, track, baseball, and golf: lettering 14 times, earning four all-conference awards and an MVP award! After graduation, he attended Fergus Falls Community College and then completed college at Concordia College in Moorhead earning a degree in Chemistry. He then went to Moorhead State College to get his Education degree.

In 1976, Richard moved to Hillcrest Academy and became the head football coach. As the head coach for 27 years he accumulated a 171 – 101 record with eight conference titles and 10 section titles. In his 10 state tournament appearances he had one semifinal appearance, five runner-up, and one state title in 2001. In 2005 he moved to Fergus Falls High School and now has a career record of 202 – 147 with two more conference titles and another state tournament appearance. In 2001 Richard was named the 9 Man State Coach of the Year along with being named the section coach of the year 11 times and conference coach of the year three times. Some of his favorite memories were playing in the first 9 Man State Championship in the Metrodome, coaching in the All-Star Game Outstate team and defeating the Metro All-Stars in 1999. In 2005, after moving to Fergus Falls, he raised \$30,000 to start a youth football program for the community. He also earned the MFCA's Community Service Award for coordinating his team's visits to the Veteran's Home in Fergus Falls every Monday before practice. In 2008, Richard was named Central Lakes Conference and Section 8A Coach of the Year.

In the off season he enjoys traveling! He has visited Alaska, Norway, England, South Korea, Japan, Canada and various other states. His hobbies include camping, biking, traveling, fishing, sporting events



and spending time with the family at the lake. He is married to Denise and they have three children: Lindsay Gietzen, (and husband Sam), Jeffrey (and wife Kaylie), and Nicholas. The Risbrudt's have four grandchildren, Ivy Lin, Lena Dee, Annie Jo and Samuel John.

2017 HALL OF FAME INDUCTEE

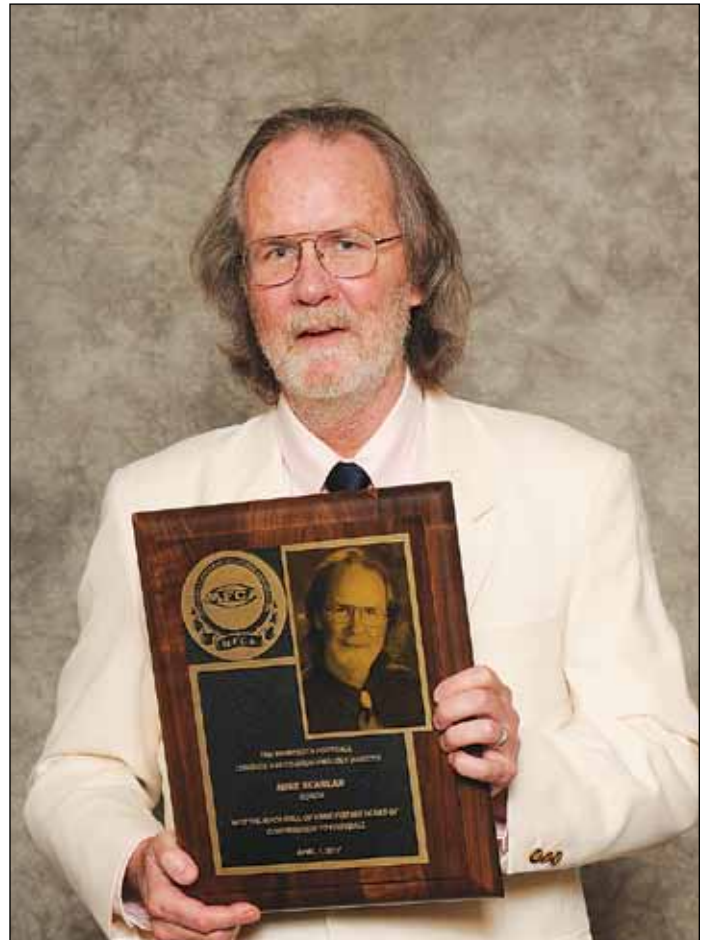
Football Hall of Fame Annual Banquet

Michael Scanlan, Cretin-Derham Hall High School Division

Michael is a 1970 graduate of Cretin High School where he earned letters in football, hockey, and baseball. He was also all-conference in those sports and was named all-state in baseball. He went to Butler University and played football and baseball for one year. He transferred to the University of St. Thomas where he played both football and baseball, graduating with a B.A. in social studies and later earning a counseling degree.

Michael started his teaching career at Red Wing High School, teaching social studies and serving as an assistant football and hockey coach. After six years in Red Wing, he moved on to Cretin-Derham Hall. He has spent 16 years as a head football coach, five of them as a co-head coach amassing a 154 – 28 career record. He was part of 12 state tournament appearances with two state championships in 1999 and 2009 and four runners up finishes! Michael has been named conference and section coach of the year various times, and in 2009 he was named the 5A State Class Coach of the Year. He has coached eight players that have gone on to play in the NFL.

In Michael's free time he enjoys the music of the Belfast Cowboys, waterskiing and golf. He is married to Mary and has a daughter Mallory.



2017 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Curtis Strand, McLeod West High School Division

Curtis was a 1973 graduate of Mayville-Portland High School in Mayville, North Dakota where he lettered in football, basketball, and track. He furthered his education at the University of North Dakota, transferred to Mayville State to finish his B.S. in education, majoring in science/physical education. He later completed his master's degree in education at Northern State in Aberdeen, South Dakota.

His first teaching jobs were in St. Thomas in North Dakota and Bellingham, Minnesota. During this time, he compiled a record of 25 – 12 with a conference title to his credit. In 1983, he moved to Stewart, Minnesota and served as the head coach there until a merger happened with Brownton and formed McLeod West Schools. At Stewart, his record was 57 – 34 with one conference title, one section title, and a state runner up finish in 1988. While at McLeod West, he amassed a 83 – 59 record with five conference and 5 section titles. His team won the state championship in 2001. When the McLeod West district disbanded, he went on to become the head coach for Buffalo Lake/Hector/Stewart Schools. His career record is 183 – 104. Curtis is a four-time conference coach of the year and a six-time section coach of the year and in 2001 he was named the 1A State Class Coach of the Year. He was an outstate coach in the All-Star game in 2002. In 2014 he was inducted in the Mayville State University Coaches Hall of Fame!

Some of Curtis's favorite memories include coaching in two prep bowls and coaching his son in Prep Bowl 2001. Curtis also loved going to clinics, catching up with his cousin, Hall of Famer Dick Strand, and coaching against other Hall of Famers Buz Rumrill from Silver Lake and Gene Stritesky from Ogilvie.

Curtis sums up coaching like this, “the greatest things about coaching are the relationships I’ve built with the players, the



friendships developed with coaches, and now watching my son establish himself in the teaching and coaching profession”.

Since retiring Curtis has served as a substitute teacher and a substitute rural mail carrier. In his free time he enjoys golfing, officiating baseball, basketball, and football, bicycling and playing with the grandkids. He is married to Connie and has one son Nate. His travels have taken him to Orlando, Washington D.C., and New York City.

2017 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Rick Sutton, Eagan High School Division

Rick is a 1980 graduate of Brooklyn Center High School where he lettered in football, hockey, and track. Upon his graduation, he went to St. Cloud State University earning a B.S. in English Education in 1985 and returning to earn his M.A. in English in 1995.

Rick's first years as a head football coach and teacher took him to Cottonwood, Minnesota for five years where he earned a 37 – 16 record with four conference titles and one section title. He then returned to his alma mater Brooklyn Center in 1990 for three seasons earning a 22 – 9 record and two conference titles. He then went to Mankato West High School in 1994 and took over a program that needed rebuilding. He started out 1 – 23 before finishing with a 56 – 51 record and with two section titles and two 4A state championships in 1999 and 2002. After his twelve seasons at West, he moved to Eagan High School in 2006 and has improved that program as well. His Eagan teams have been in the section finals five of the last seven seasons. His record at Eagan is at 46 - 54. Rick's overall record is 161 - 136.

Personal awards for Rick include being an eight-time conference coach of the year and a three-time section coach of the year, and a two-time state class 4A coach of the year in 1999 and 2002. In 2002 he was also named the Minnesota Vikings State Coach of the Year and a delegate to the NFL's Youth Summit in 2003.

Rick is an active member of the MFCA serving on its executive committee in his role of Chair of the Mr. Football Committee, as a conference representative, helping with the Hall of Fame banquet, and serving on various other committees regarding football in Minnesota. Rick sums up coaching like this, "In what other profession do rivals share all that they know with others in order to make the game better for all, but especially for the young men who play?"



During Rick's free time he enjoys running and reading. He has traveled to the Caribbean and several states with his family. He is married to Carmon and has two children, Kelsey (Dennis) and Maggie (Alex).

PREVIOUSLY INDUCTED HALL OF FAME MEMBERS

Sponsored by the Minnesota High School Football Coaches Association

1965

Bernie Bierman
Frank Cleve
Bernie Cole
Jake Christiansen
Vein Morrison
Bronko Nagurski
Ted Peterson
Lew Swearingen

1966

Bert Batson
Lester S. Barnard
Red Hastings
John Gagliardi
Lefty Ranweiler

1967

Francis "Pug" Lund
Louis Todnem
Paul Giel
Cliff Morlan
Joe Markley

1968

Lee Brockmeyer
Sid Hartman
Charles "Bud" Wilkinson
Elmer Wigen

1969

C.P. Blakeslee
Dick Bradley
Ray Christenson
Jim Byrne
Lloyd Hollingsworth
Pete Guzy

1970

Ed Widseth
Adrian Christenson
Jake Christiansen
Walter Hertz
Frank O'Rourke
Les Knuti
Bud Grant
Wendell Vlasin

1971

Manny Marget
Butzie Maetzold
George "Butch" Nash
Harold M.
"Snooks" Sullivan

1972

Dick Wildung
Jim Lee
Jerry Krueger
William F. Broekmeier
Fred Vant Hull

1973

Earl Teas
Chuck Elias
Ralph Anderson
Jerry Dahlberg
Bruce Smith
Mary Helling

1974

Oats LeGrand
Jerry Ekstein
Kenneth "Red" Wilson
Edor Nelson
Doc Watson

1975

Art Haas
Les Neil
Bob Collison
Russ Helleckson
Dick Mahar
Bernie Lusk

1976

Kermit Anderson
Will Gullickson
Dwayne Hoberg
Jack Malevich
Jim Pederson
George Roscoe
Murray Warmath

1977

Frank "Butch" Larson
Herschel H. Lysaker
Art Avis
Jim Carrington
Lee Krough
Jim McLaughlin
Leo Sebastian

1978

Chuck Dixon
Chauncey Martin
Ted Meinhover
Roy "Chip" Rasmussen
George Reedy
Marti Rossini
John Vucinovich

1979

Bruce Bakke
Herman Frickey
Bill Hanson
LeRoy McMahan
Dick Mulkern
Harry Newby
Milt Osterberg
Bob Schrank
Steve Silianoff
Lloyd Stein

1980

Bruce Bennett
Neal Davis
James Gustafson
James Molnar
Norm Wagner
Jim Wallace

1981

Lou Barle
Irv Nerdahl
Glenn Redmann
Clayton Tonnemaker

1982

Bob Gove
Wally Hitt

Gary Olson
Don Nyland
Dale Scholl

1983

Stan Nelson
Joe Mrkonich
Jim Gotta

1984

Dick Lawrence
Tom Briere
Jim Henkes

1985

Don Swanson
Bob Roy
Bruce Frank
Don Riley
Giffy O'Dell

1986

Chuck Halsted
Ralph Hagberg
Pete Herges
Ike Pesonen
Cliff Senne

1987

Terry Egerdahl
Lauren "Huns" Hagge
Donald "Bill" McMoore
Jerry Sullivan
Angelo Taddie

1988

Herbert Claffy
Mac Dahl
Art Fredrickson
Ralph Peterson
Ron Raveling
Cal Stoll

1989

John Drugg
Don Fox
Jim Griffin

Bill Severin
Harvey Shew
Tony Thiel

1990

Roland Bromberg
Gary Gustafson
Tom Mahoney
Bob O'Neil
Dick Rezanka
Al Siegle

1991

Morgan Brandrup
John Davies
Earl Gramling
Roy Hokkanan
Ron Scott
Bob Youso

1992

Stay Canakes
Dan Devine
John Hansen
Joe Mayer
Warren Olson
George Wemeier

1993

Les Dreschel
Ken Mauer
Tom Porter
Dana Powers
Dick Walker

1994

Dick Bakke
George Larson
Jim Malosky
Andy Nelson
Marsh Nelson
George Smith

1995

Gerry Brown
Bruce Frank
Norman Johnson
Bob Peterson
Pat "Bruno" Waldner

1996

Jim Christopherson
Mary Gunderson
Mike Morrissey
Lloyd Peterson

1997

Bill Beck
John Drews
Ross Fortier
Andy Lia
Jerry Peterson

1998

John Conzemius
Frank Fredlund
Bob Sullivan
Jerry Wallskog
Wes Wistrom

1999

Bill Martin
Gerhard Meidt
Grady Rostberg
Buz Rumrill
Mal Scanlan
Omer Sieben

2000

Jerry Hegna
Andy McCarty
Elmer Menage
Ed Mettner
Jim Simser
George Thole

2001

Ken Belanger
John Gross
Don Bertek
Roger Lipelt
Keith Swanson
Stuart Nordquist

2002

Pepper Lysaker
Ken Baumann
Rick Manke
Paul Mork
Willie Rauen
Jim Roforth

2003

Lyle Anderson
Clark Bergloff
Jim Mader
David Main
Dave Nigon
Dick Strand

2004

Dean Taylor
Stan Olson
Gary Graham
Deryl Ramey
Randy Shaver

2005

Ken Jacobson
Jerry Sonnek
Terry McLean
Neal Hofland
Dick Jonckowski
Donovan Larson

2006

Charles Kavanagh
Ken Hill
Rich Kallok
Stan Skjei
Richard Tressel
Gordon Hinck

2007

Keith Bergstedt
Dave Brokke
Robert Hage
Dan Kostich
Conley "Con" Natvig
Tom Witschen

2008

Don Elston
Mario Lucia
Jim Sims
Ron Stolski
Gary Trimble

2009

Roger French
Dave Hylla
DeWayne Johnson
Dwight Lundeen
Mike Mahlen

2010

Dave Dose
Jim Dotseth
Dennis Hale
Jim Reinhardt

2011

Terry Karlsgodt
Mark Kroulik
Bob Majeski
Merrill Pavlovich
Don Stueve
Darrel "Bozo" Wincek

2012

Earl Bauman
Paul Gasner
Dick Hanson
Steve Nunnink
Terry Ogorek
Tyrone Wacker

2013

Gene Stritesky
Jerry Foley
Steve Ott
Ivan Kroulik
Jerry Carlson
Don Seipkes

2014

Jon Bakken
Dave Fritze
Mike Grant
Tom Idstrom
Dave Nelson
Larry Thompson
Marc Trestman

2015

Jeff Ferguson
Paul Miller
John Sherman
Steve Solem

2016

Don Henderson
Steve Johnson
Bernie Litecky
Rand Middleton
Flint Motschenbacher
Leo Pohlkamp

2017

Brad Anderson
Larry Knutson
Richard Risbrudt
Mike Scanlan
Curtis Strand
Rick Sutton

"HALL OF FAME" NOMINATION FORM

MINNESOTA FOOTBALL COACHES ASSOCIATION

Contact:

Scott Tschimperle: tschis@gsl.k12.mn.us

Paul Lemke: lemkep@gsl.k12.mn.us

DIRECTIONS:

1. Please have nominee (if possible) complete this nomination form completely.
2. Please type or print neatly.
3. Please answer questions in all categories of the nomination form that are applicable.
4. Please include a picture (black and white preferred) of the nominee to be used for press purposes.
5. Nominations must be received by Jan. 1st, 2018

NAME: _____ DATE: _____

PRESENT ADDRESS: _____

(city, state, zip)

TELEPHONE (HOME): _____ (WORK): _____

BIRTHDATE: _____ MARRIED: _____ SINGLE: _____

SPOUSES NAME: _____ CHILDREN AND AGES: _____

PRESENT EMPLOYMENT POSITION: _____

NOMINATED BY: _____

ADDRESS OF NOMINATOR: _____ (city) _____ (state) _____ (zip)

NOMINATOR'S TELEPHONE (HOME): _____ (WORK) _____

Induction into the Football Coaches "Hall of Fame" is gained through one of three divisions. These divisions are:

- A. The high school division (Coaches)
- B. The college division (Coaches)
- C. The citation division (Writers, Announcers, Athletic Directors, Fans, etc.)

IN WHICH DIVISION IS THE INDIVIDUAL NAMED ABOVE NOMINATED? _____

NOMINEES HOBBIES: _____

NOMINEES TRAVELS: _____

EDUCATION

High School(s): School, City/State, Years, Degree Received

JERRY KILL POWER OF INFLUENCE 2017 AWARD RECIPIENT

The Power of Influence Award: Criteria and History

The Minnesota Power of Influence award is presented by the MFCA to recognize one of the many extraordinary football coaches in Minnesota. The Minnesota award winner is our association's nominee for the national Power of Influence Award, which is presented jointly by the American Football Coaches Association and the American Football Coaches Foundation®.

The Power of Influence Award was created as a way for the AFCA and AFCF to honor a deserving high school football coach for his effect on his players, school and community. The individuals nominated must be active head football coaches and must embody the life-changing qualities of respect and inspiration. They must have touched lives and caused student-athletes and others to want to emulate their honesty, patience and modesty. This award is not based on wins and losses, however, it is noted that coaches of powerful influence have longevity and success.

Previous Minnesota Power of Influence winners and national nominees have included: Dwight Lundeen of Becker 2009, Dave Nelson of Minnetonka 2008, Dave Hylla of Proctor 2007, Mike Mahlen of Verndale 2006, and Ron Stolski of Brainerd 2005. Stolski went on to be named the national Power of Influence Award winner by the AFCA and AFCF.



Jeff Schlieff, Spring Lake Park

PREVIOUS POWER OF INFLUENCE AWARD RECIPIENTS

2006 Ron Stolski Brainerd High School	2009 Dave Nelson Minnetonka High School	2012 Paul Mork White Bear Lake/New Life Academy	2015 Jon Bakken Waterville-Elysian-Morristown
2007 Mike Mahlen Verndale High School	2010 Dwight Lundeen Becker High School	2013 Mark Froehling, Farmington	2016 Don Seipkes Ottertail Central
2008 Dave Hylla Proctor High School	2011 Jeff Ferguson Totino-Grace High School	2014 Bob "Bubba" Sullivan, Northfield	

2017 DON SWANSON AWARD

The Don Swanson award represents exemplary service to the MFCA. It is presented annually to a member of our association who personifies what the late Don Swanson exemplified: unconditional service to and for football in Minnesota. "Swannie" was a respected teacher, coach, administrator, and friend to all who knew him. His passing in 2009 left us all with a void. He was a proud graduate of South

High school and Gustavus Adolphus College and a life-long educator in the city of Minneapolis. His work as part of the MFCA clinic is legendary and he will never be replaced. In honoring "Swannie," we remember his sense of humor, his quick wit, his engaging charm, and, most importantly, his tireless efforts on behalf of students and coaches. He was one of our finest — a true 'Keeper of the Game'.

Bill Magnuson, Pequot Lakes

Bill is a graduate of Park Rapids Area High School and the University of Minnesota-Morris, where he was a two time NAIA All-American running back for the Cougars. After college, Bill student taught in Willmar, Minnesota and coached football under the great Deryl Ramey.

After three years in Willmar, Magnuson landed his first teaching job (7th and 9th grade Science) in Windom, Minnesota. While at Windom, he was the head football coach for 5 years after assisting the first year.

After getting married in July of 2000 to his beautiful wife, Loni, he accepted a teaching position in the Sauk Rapids-Rice School district. In his first year in Sauk Rapids, he assisted long time head coach, Ken Hill, and then in 2001 took over as the head football coach for the Storm for the next 15 years.

In the fall of 2016 Magnuson accepted a new position in the Pequot Lakes school district as a 7th grade Life Science teacher and is currently an assistant varsity football coach under former NFL kicker, Chip Lohmiller.

In his 20 years as a head football coach Bill's teams have won 4 section championships and finished as state runner up in class B in 1996 (Windom). Coach Mags has coached in many other areas in including both middle school and high school basketball and



baseball. He is also very active member in the MFCA especially in the area of the All-Star game.

Bill and Loni now reside in Breezy Point, MN and have three sons, Bode, 14, Riggs, 12, and Tade, 8. Coach Mags credits his coaching philosophy and style to the many positive influences and contacts he has had during both his playing days and coaching career.

PREVIOUS AWARD RECIPIENTS

2010
Mike Watson, Centennial

2011
Wayne "Ribsy" Petermeier, Browerville

2012
Conley Natvig

Swanville, Swanville-Grey Eagle,
Browerville

2013
Jon Gross, Medford

2014
Rob Nielsen, Detroit Lakes

2015
Terry Turek
Le Sueur-Henderson

2016
Dave Nelson
Minnetonka

DISTINGUISHED SERVICE AWARD RECIPIENTS

1990Jim Lano, Normandy Inn	2004Gordon Shaw, University of Minnesota
1991 Bud Olson, Bud Olson Awards	2005Bill Hoag, Varsity Gold
1992Bob Roy, St. Louis Park High School	2006Healy Awards
1993Don Swanson, Minneapolis Patrick Henry High School	2007Doubletree Park Place Hotel, Minneapolis
1994 Bill Etter, Chi Chi's Restaurant	2008 Dave Fritze, Minnesota High School All-Star Football Game
1995 Tom Mahoney, Fairmont High School	2009Brad Madson, Minnesota Vikings
1996..... Joe Samuelson, Stillwater High School	2010TCF Bank Stadium
1997Dick Walker, Richfield High School	2011Dave Lee, WCCO Radio
1998 Jim Dotseth, Minneapolis Patrick Henry High School	2012 Mike Turner, Varsity Photos, Inc. & Varsity Awards
1999Randy Shaver, KARE 11 TV	2013 Dave Giles, MFCA Historian
2000Jim Simser, Fairmont High School	2014.....Kevin Merkle, Minnesota State High School League
2001Butch Nash, University of Minnesota	2015Jim Becker, Eagan
2002Jostens	2016.....John Gross, Medford
2003Ralph Anderson, Becker County Record and Detroit Lakes Tribune	2017Dan O'Brien, University of Minnesota

OFFICIAL HOME AND SPONSOR OF THE MFCA



DOUBLETREE
BY HILTON™

MINNEAPOLIS – PARK PLACE

**Call 1-800-245-9190 to receive the special High School Coaches Rate of \$99.00
Just mention Code HSC when making reservation!**

*Based on availability at time of booking and subject to applicable sales tax. Not available during MFCA Clinic Dates.
Groups or Teams should call hotel direct for special tournament and group rates*

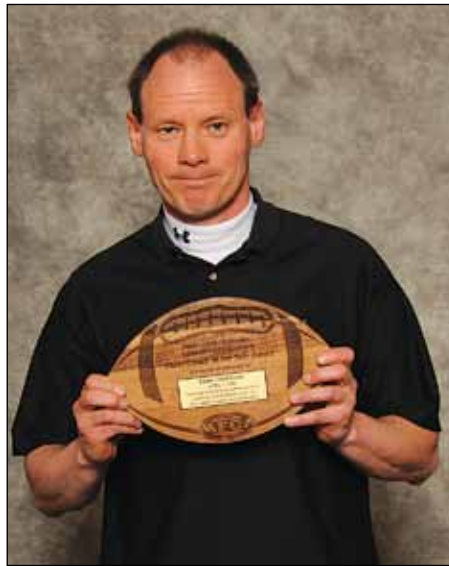
Double Tree by Hilton Minneapolis-Park Place
1500 Park Place Blvd., Minneapolis, MN 55416

952-542-8600
www.DoubletreeMinneapolis.com

2016 CLASS COACHES OF THE YEAR



9-MAN COACH OF THE YEAR
Gary Sloan, Grand Meadow



CLASS 2A COACH OF THE YEAR
Carl Fruchte, Caledonia



CLASS 3A COACH OF THE YEAR
Mike Kesler, Rochester Lourdes



CLASS 4A COACH OF THE YEAR
John Cassellius, Winona



CLASS %A COACH OF THE YEAR
Steve Hamilton, Elk River



CLASS 6A COACH OF THE YEAR
Jeff Ferguson, Totino Grace

Not Pictured: Charles Adams III, Minneapolis North

SUB-DISTRICT COACHES OF THE YEAR

SUB-DISTRICT	COACH	SCHOOL	CLASS
Big Southeast Blue	John Cassellius	Winona	4A
Big Southeast Red	Jeff Williams	Owatonna	5A
East Central North	Dwight Lundeen	Becker	4A
East Central North	Tom Kish	Zimmerman	4A
East Central South	Andy Rostberg	Hutchinson	4A
East Metro Blue	Dan Fritze	Eastridge	6A
East Metro Red	Chad Sexauer	South St. Paul	4A
East Metro White	Brian Vossen	Lakeville North	6A
Mid Southeast East	Davin Thompson	Rushford-Peterson	1A
Mid Southeast West	Joe Joyce	Janesville-Waldorf-Pemberton	1A
Mid State Blue	Jay Loven	Upsala/Swanville	1A
Mid State Blue	Jamie Morford	Royalton	2A
Mid State Red	Jon Thielen	Eden Valley-Watkins	2A
Mid State White	Steve Solem	BOLD	1A
Midwest Blue	Bill Infanger	Osakis	2A
Midwest Red	Steve Olson	Fergus Falls	4A
Midwest White	Bryan Strand	Barnesville	2A
North Blue	Brian Lamppa	Ely	9M
North Central	Blue Steve	Hamilton Elk River	5A
North Central	Red Gregg	Martig St. Cloud Tech	5A
North Central	White Jason	Telecky Monticello	5A
North Red	John Jirik	North Woods	9M
North Silver	Shawn Klimek	Nevis	9M
North White	Jeff Gronner	Cromwell	9M
Northeast Blue	Tom Sanford	Aitkin	3A
Northeast Red	Derek Parendo	Proctor	3A
Northeast Silver	Brad Hopkins	Hinckley-Finlayson	1A

SUB-DISTRICT	COACH	SCHOOL	CLASS
Northeast White	Wayne Roberts	Eveleth-Gilbert	2A
Northwest East	Paul Peterson	Pillager	2A
Northwest West	John Clark, Jr.	Mahnomen	1A
South Central	Blue Dean Aurich	Mayer Lutheran	1A
South Central Red	Brad Wendland	Waseca	4A
South Central White	Tom Schuller	Jackson County Central	3A
South East	Gary Sloan	Grand Meadow	9M
South West	Kyle Atherton	Cleveland	9M
South West	Erik Hermanson	Cleveland	9M
Southeast Red	Mike Kesler	Rochester Lourdes	3A
Southeast White	Carl Fruechte	Caledonia	2A
Southwest East	Joe Kemp	Wabasso	1A
Southwest West	Chad Johnston	Minneota	1A
Suburban Red	Jeff Schlieff	Spring Lake Park	5A
Suburban White	Mike Bailey	Chanhasen	5A
Twin City Blue	Jim Stangler	St. Agnes	2A
Twin City Gold	Derek Asche	Providence Academy	3A
Twin City Maroon	Carl Lemke	St. Croix Lutheran	3A
Twin City Red	Matt Townsend	Columbia Heights	4A
Twin City Red	Nick David	Mound Westonka	4A
West Metro North	Jeff Ferguson	Totino-Grace	6A
West Metro South	Mike Grant	Eden Prairie	6A
West North 1	Ethan Marquis	Stephen-Argyle	9M
West North 2	Paul Clark	Waubun	9M
West South 1	Mike Mahlen	Verndale	9M
West South 2	James Paul	Wheaton-Herman-Norcross	9M

2016 SECTION COACHES OF THE YEAR

CLASS: 9 MAN – SECTION COACH

- 1 Gary Sloan, Grand Meadow
- 2 Kyle Atherton, Cleveland/Immanuel Lutheran
- 2 Erik Hermanson, Cleveland/Immanuel Lutheran
- 3 Andrew Fleischman, Edgerton/Ellsworth
- 4 Evan Newman, Hillcrest Lutheran
- 5 Jeff Gronner, Cromwell-Wright
- 6 Paul Clark, Waubun
- 7 Brian Lamppa, Ely
- 8 Ethan Marquis, Stephen-Argyle

CLASS: 1A – SECTION COACH

- 1 Davin Thompson, Rushford-Peterson
- 2 Joe Joyce, Janesville-Waldorf-Pemberton
- 3 Patrick Freeman, Murray County Central
- 3 Derek Flann, Tracy-Milroy-Balaton
- 4 Charles Adams III, Minneapolis North
- 5 Joe Kemp, Wabasso
- 6 Wayne "Ribsy" Petermeier, Browerville
- 7 Shawn Kuhnke, Braham
- 8 John Clark, Jr., Mahnomen

CLASS: 2A – SECTION COACH

- 1 Carl Fruechte, Caledonia

- 2 Brian Schoneck, Maple River
- 3 John K. Sterner, Lakeview, Cottonwood
- 4 Gary Kosek, Norwood-Young America
- 5 Jon Thielen, Eden Valley-Watkins
- 6 Paul Peterson, Pillager
- 7 Jamie Morford, Royalton
- 8 Bryan Strand, Barnesville

CLASS: 3A – SECTION COACH

- 1 Mike Kesler, Rochester Lourdes
- 2 Justin Johnston, Belle Plaine
- 3 Tom Schuller, Jackson County Central
- 4 Carl Lemke, St. Croix Lutheran
- 5 Leo Pohlkamp, Pierz
- 6 Kevin Pope, Morris Area/C-A
- 7 Bob Schwartz, Greenway/N-K
- 8 Anthony Soderberg, Dilworth-Glyndon-Felton

CLASS: 4A – SECTION COACH

- 1 John Cassellius, Winona
- 2 Terry Bahlmann, Marshall
- 3 Chad Sexauer, South St. Paul
- 4 Justin Reese, Fridley
- 5 Jon Hanks, Benilde-St. Margaret
- 5 Patrick Krieger, Benilde-St. Margaret

- 6 Jeff Weiland, Orono
- 7 Tom Lenarz, Cloquet
- 8 Mike Rowe, Rocori

CLASS: 5A – SECTION COACH

- 1 Jeff Williams, Owatonna
- 2 Mark Esch, Mankato West
- 3 Chad Clendening, Apple Valley
- 4 Dave Muetzel, Mahtomedi
- 5 Jeff Schlieff, Spring Lake Park
- 6 Steve Hamilton, Elk River
- 7 Rich Wilkie, Andover
- 8 Mike Empting, Alexandria Area

CLASS: 6A – SECTION COACH

- 1 Jeff Ferguson, Totino-Grace
- 2 Brian Vossen, Lakeville North
- 3 Tom Develice, Blaine
- 4 Dave Nelson, Minnetonka
- 5 Mike Grant, Eden Prairie
- 6 Matt Lombardi, Maple Grove
- 7 Jeff Erdmann, Rosemount
- 8 Mike Korton, Champlin Park

SUB-DISTRICT / SECTION COACH OF THE YEAR QUESTIONNAIRE
MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Jim Dotseth, 2220 Merrimac Lane No, Plymouth, MN 55447 or Fax 1-763-374-9059

Candidates name in full _____
first middle last

Address _____ City/Zip Code _____

E-mail _____ Home phone _____ Work phone _____

Birthdate _____ College attended _____ Year graduated _____

Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Sub-District _____ School _____

Were you Sub-District Coach of the Year? _____ Yes; _____ No.

If not, who is your Sub-District Coach of the Year? _____ School _____

School Address _____ City/Zip Code _____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

Years as a head football coach _____ Season Record _____ Career Record _____

List other background information that would help the committee in their selection (previous championships, awards, etc.)

Submitted by: _____ Signature _____

COACHES WITH THE MOST STATE CHAMPIONSHIPS

While numerous coaches have coached state championship teams and several have coached teams to two state titles a select few have been able to guide their teams to three or more state championships. The coaches listed below won at least three state titles at one or more schools. If any coaches have been omitted, reader should contact the Secretary-Treasurer.

Titles	Coach	School(s)	Years
10.....	Mike Grant.....	Eden Prairie.....	1996,97,2000,02,06,07,11,12,13,14
8.....	Jeff Ferguson.....	Totino Grace.....	2003,04,06,07,09,10,12,16
7.....	Mark Kroulik.....	Stephen; Stephen/Argyle.....	1992,2003,04,05,06,07,09
6.....	Ken Baumann.....	Mahnomen.....	1980,90,91,92,93,98
5.....	Dick Hanson.....	Burnsville.....	1972,80,85,89,91
4.....	Rick Manke.....	Glyndon-Felton.....	1985
		Detroit Lakes.....	1992,93,95
4.....	George Thole.....	Stillwater.....	1975,82,84,95
4.....	Gerhard Meidt.....	Minneota.....	1986,87,88
		Rothsay.....	1972
4.....	Dave Dose.....	Glencoe-Silver Lake.....	2000,03,06,07
4.....	Brent Schroeder.....	Caledonia.....	2010,2011,2012,2015
4.....	Gary Sloan.....	Grand Meadow.....	2013,2014,2015,2016
3.....	Grady Rostberg.....	Hutchinson.....	1983,84,98
3.....	George Larson.....	Cambridge.....	1986,87,2000
3.....	Dwight Lundeen.....	Becker.....	2005,2014,2015
3.....	Ken Jacobsen.....	Chatfield.....	1994,95,96
3.....	Lyle Anderson.....	Cook County.....	1997,98,99
3.....	Dave Main.....	Gaylord.....	1973,75,79
3.....	Keith Bergstadt.....	Cromwell.....	1995,96,98
3.....	Jim Reinhardt.....	Rushford-Peterson.....	2002,2004,2006
3.....	Jon Bakken.....	Waterville-Elysian-Morristown.....	1989,1999,2009
3.....	Don Henderson.....	Triton.....	1994,2000,2006
3.....	Larry Thompson.....	Lakeville/South.....	1988,92,2003
3.....	Brad Anderson.....	Wayzata.....	2005,08,10
3.....	Carl Fruchte.....	Caledonia.....	2007,2008,2016
3.....	Mike Kesler.....	Rochester / Lourdes.....	2010,2014,2016

MOST STATE PLAYOFF APPEARANCES

State Playoffs began in 1972 Through 2016 season

No.	School	No.	School	No.	School	No.	School
26.....	Totino Grace	16.....	Cromwell	13.....	Cambridge-Isanti	12.....	Deer River
25.....	Mahnomen	15.....	Becker	13.....	Glencoe-Silver Lake	12.....	Detroit Lakes
23.....	Cretin-DH	15.....	Hawley	13.....	Pierz	12.....	Leroy-Ostrander
22.....	St. Thomas Academy	15.....	Moorhead	13.....	Rochester John Marshall	12.....	Minneota
20.....	Albany	15.....	Stephen-Argyle	13.....	Wayzata	12.....	Rochester Lourdes
20.....	Eden Prairie	15.....	Verndale	12.....	Blaine		
19.....	Hutchinson	13.....	Apple Valley	12.....	Burnsville		
19.....	Stillwater	13.....	Breckenridge	12.....	Caledonia		

WINNINGEST ALL TIME HIGH SCHOOL COACHES

200 OR MORE WINS

Wins	Losses	Ties	Coach	School	Years	Win %
371	120	3	Mike Mahlen	Verndale	48	0.7540
371	168	5	Ron Stolski	Brainerd	55	0.6866
348	148	3	Dwight Lundeen	Becker	46	0.7004
320	69	0	Mike Grant	Eden Prairie	34	0.8226
307	66	6	George Larson-r	Cambridge	40	0.8179
291	138	0	Merrill Pavlovich	Delano	41	0.6783
287	66	2	Ken Baumann-r	Mahnomen	32	0.8113
286	145	0	Carl Lemke	St. Croix Lutheran	44	0.6636
285	69	2	George Thole-r	Stillwater	31	0.8034
277	89	1	Grady Rostberg-r	Hutchinson	34	0.7561
275	133	2	Stuart Nordquist-r	International Falls	41	0.6732
273	85	0	Jon Bakken	Waterville-Elysian-Morristown	32	0.7626
269	115	2	Jim Roforth-r	Osakis	45	0.6995
268	76	0	Steve Solem	BOLD	31	0.7791
266	160	0	Don Seipkes-r	Ottertail Central/Henning	43	0.6432
265	122	11	George Smith-r	Mahtomedi	43	0.6796
263	86	2	Neal Hofland-r	Chokio-Alberta	35	0.7521
259	102	9	Les Dreschel-r	Red Lake Falls/Crookston	40	0.7122
259	105	13	John Hansen-r	Osseo	40	0.7042
259	143	0	Larry Thompson-r	Lakeville South	38	0.6443
256	94	8	Tom Mahoney-r	Fairmont	38	0.7263
252	83	0	Leo Pohlkamp	Pierz	31	0.7522
250	108	0	Dave Nelson	Minnnetonka	33	0.6983
246	137	0	Terry Karlsgodt-r	Atwater-Grove City- Cosmos	39	0.6423
242	82	0	Don Henderson	Triton	30	0.7469
241	91	0	Dave Nigon-r	Totino Grace	31	0.7259
236	79	0	Gerhard Meidt-r	Rothsay/Minneota/Big Lake	32	0.7492
236	104	0	Randy Strand	Adrian	32	0.6941
233	108	3	Buz Rumrill-r	Glencoe/Silver Lake	33	0.6817
230	65	0	Jim Mader-r	Albany	26	0.7797
230	138	1	Roger Lipelt-r	Wayzata/Providence	40	0.6247
224	95	0	Terry Bahlmann	Marshall	33	0.7022
223	91	1	Jim Simser-r	Fairmont/New Richland-H	32	0.7095
222	91	0	Stan Olson-r	LeRoy-Ostrander	30	0.7093
221	97	0	Dave Brokke-r	Granite Falls/YME	31	0.6950
220	74	0	Clark Bergloff-r	Mora	29	0.7483
220	127	1	Don Stueve-r	Fergus Falls	37	0.6336
216	130	6	Billy Beck-r	Lac Qui Parle Valley	39	0.6222
214	141	0	Bob Jackson-r	White Bear Lake/SLP	35	0.6028
212	64	0	Gary Graham-r	Browerville	25	0.7681
212	83	8	Kenneth "Red" Wilson-r	Bemidji	34	0.7129
212	121	2	DeWayne Johnson-r	Anoka	33	0.6358
209	91	0	Jerry Wallskog-r	LeCenter/BDRSH/Monty	31	0.6967
207	92	0	Terry Ogorek-r	Kittson County Central	30	0.6923
207	109	2	Andy Nelson-r	Lake Benton/Verdi	34	0.6541
206	89	0	Ron Johnson-r	Clearbrook/Gonvick Tr	31	0.6983
205	58	2	Dick Hanson-r	Burnsville	25	0.7774
204	92	0	Terry Highum-r	Lanesboro	31	0.6892

AWARDS

203	66	1	Stav Canakes-r	Edina	27	0.7537
202	106	13	Bruce Frank-r	Le Sueur	37	0.6495
202	120	2	Con Natvig-r	Swanville	33	0.6265
202	147	0	Richard Risbrudt-r	Fergus Falls	35	0.5788
200	65	0	Rich Kallok-r	Cretin-DH	22	0.7547
200	77	3	Bob Youso-r	Moose Lake/Willow River	30	0.7196
200	89	0	Ken Mauer-r	St. Paul Harding	32	0.6920
200	111	0	Dean Taylor-r	Sartell/St. Cloud Cathedral	32	0.6431

ALL TIME WINNINGEST HIGH SCHOOL COACHES BY WIN PERCENTAGE 200 OR MORE WINS

Wins	Losses	Ties	Coach	School	Years	Win %
165	12	0	Mark Kroulik-r	Stephen-Argyle	15	0.9322
173	21	0	Jeff Ferguson	Totino Grace	15	0.8918
77	12	2	Bill Severin-r	Grand Meadow	11	0.8571
124	22	0	Carl Fruechte	Caledonia	13	0.8493
173	34	1	Gerry Brown-r	St. Thomas Academy	21	0.8341
88	17	2	Clifford Senne-r	Welcome	14	0.8318
104	22	0	Mike Scanlan-r	Cretin-Derham Hall	11	0.8254
320	69	0	Mike Grant	Eden Prairie	34	0.8226
106	23	0	Mark Esch-r	Mankato West	11	0.8217
156	34	0	Keith Bergstedt-r	Cromwell	16	0.8211
307	66	6	George Larson-r	Cambridge	40	0.8179
170	38	0	Dave Louzek	Moose Lk/Willow River	18	0.8173
287	66	2	Ken Baumann-r	Mahnomen	32	0.8113
141	29	10	Vern Morrison-r	St. Cloud Tech	20	0.8111
149	31	12	Red Hastings-r	Austin	20	0.8073
108	25	3	Dick Bakke-r	Monticello	15	0.8051
285	69	2	George Thole-r	Stillwater	31	0.8034
151	37	0	John Clark Jr	Mahnomen	16	0.8032
163	40	0	Andy Rostberg	Hutchinson	18	0.8030
114	28	0	Mike Kesler	Rochester Lourdes	12	0.8028
115	29	0	Wally Mahlmstrom-r	Mahtomedi	13	0.7986
131	33	2	George Wemeier-r	Minneapolis Washburn	18	0.7952
135	35	0	Chad Johnston	Minneota	15	0.7941
133	35	0	Andrew Fleischman	Edgerton/Ellsworth	14	0.7917
157	42	0	Peder Naatz	Hawley	17	0.7889
83	22	1	Lauren "Huns" Hage-r	Waseca	13	0.7877
192	52	0	Steve Ott-r	Deer River	22	0.7869
117	32	0	Dave Ziebarth-r	St. Thomas Academy	13	0.7852
117	32	0	Kevin Feeny	Moorhead	13	0.7852
161	44	3	Jim Gotta-r	Moorhead	26	0.7813
230	65	0	Jim Mader-r	Albany	26	0.7797
268	76	0	Steve Solem	BOLD	31	0.7791
205	58	2	Dick Hanson-r	Burnsville	25	0.7774
136	38	3	Robert Hage r	Hector	20	0.7768
156	47	0	Brad Anderson-r	Wayzata	18	0.7685
212	64	0	Gary Graham-r	Browerville	25	0.7681
181	56	0	Rick Manke-r	Detroit Lakes	21	0.7637
168	51	3	Pete Herges-r	Albany	32	0.7635
273	85	0	Jon Bakken	Waterville-Elysian-Morristown	32	0.7626

101	32	0	Neil Johnson-r	Wheaton	12	0.7594
112	36	0	Jeff Gronner	Cromwell-Wright	13	0.7568
277	89	1	Grady Rostberg-r	Hutchinson	34	0.7561
200	65	0	Rich Kallok-r	Cretin-DH	22	0.7547
85	25	8	Omer Sieben-r	Melrose	15	0.7542
371	120	3	Mike Mahlen	Verndale	48	0.7540
203	66	1	Stav Canakes-r	Edina	27	0.7537
149	49	0	Tom Schuller	Jackson Co Central	18	0.7525
252	83	0	Leo Pohlkamp	Pierz	31	0.7522
263	86	2	Neal Hofland-r	Chokio-Alberta	35	0.7521
176	56	6	John Drews-r	Rochester John Marshall	25	0.7521
236	79	0	Gerhard Meidt-r	Rothsay/Minneota/Big Lake	32	0.7492
220	74	0	Clark Bergloff-r	Mora	29	0.7483
242	82	0	Don Henderson	Triton	30	0.7469
125	42	2	Herm Frickey-r	Hibbing	28	0.7456
114	39	0	Mike Kleinschmidt	Albany	14	0.7451
198	68	0	Jim Reinhardt-r	Rushford-Peteson	23	0.7444
139	49	0	Flint Motschenbacher-r	Detroit Lakes	17	0.7394
116	41	0	James Miller-r	Rochester Mayo	15	0.7389
141	50	0	Tony Thiel-r	Battle Lake	21	0.7382
136	48	1	Harold "Gabby" Pierce-r	Bricelyn	22	0.7378
190	68	0	Ivan Kroulik-r	Kasson-Mantorville	24	0.7364
103	36	3	Norm Larsen-r	Mantorville/Preston/St. Paul Park	17	0.7359
135	50	0	Mike Belseth-r	Breckenridge	17	0.7297
175	65	0	Bob Majeski-r	Hastings	21	0.7292
94	35	0	Bryan Strand	Barnsville	11	0.7287
192	72	0	Gary Sloan	Grand Meadow	24	0.7273
256	94	8	Tom Mahoney-r	Fairmont	38	0.7263
241	91	0	Dave Nigon-r	Totino Grace	31	0.7259
188	66	18	Bill Hansen-r	Willmar	33	0.7243
101	36	8	Frank Cleve-r	Minneapolis Henry	20	0.7241
183	67	11	Irv Nerdahl-r	Robbinsdale	32	0.7222
91	35	0	Mick Goudy-r	Monticello/Fertle-Beltrami	13	0.7222
200	77	3	Bob Youso-r	Moose Lake/Willow River	30	0.7196
180	69	4	Dick Walker-r	Richfield	21	0.7194
102	40	0	Mac Dahl-r	LaCrescent	16	0.7183
175	68	4	Chuck Halsted-r	Two Harbors	30	0.7166
144	57	0	Tony Thiel-r	Wheaton/Herman/Norcross	19	0.7164
111	44	0	Peter Haugen-r	Washburn	15	0.7161
151	58	7	Angelo Taddie-r	Nashwauk-Keewatin	31	0.7153
113	45	0	Tyrone Wacker-r	Gaylord/Jackson	16	0.7152
75	30	0	Zach Hauser	Spring Grove	10	0.7143
122	49	0	Ribsy Petermeier	Browerville/Eagle Valley	16	0.7135
212	83	8	Kenneth "Red" Wilson-r	Bemidji	34	0.7129
186	75	0	Dave Main-r	Sibley East/Gaylord	27	0.7126
259	102	9	Les Dreschel-r	Red Lake Falls/Crookston	40	0.7122
185	75	0	David Main-r	Gaylord	22	0.7115
104	40	8	Art Hass-r	Austin	17	0.7105
120	49	0	Dan Kostich-r	Moorhead	16	0.7101
223	91	1	Jim Simser-r	Fairmont/New Richland-H	32	0.7095
222	91	0	Stan Olson-r	LeRoy-Ostrander	30	0.7093
196	81	0	Dave Hylla-r	Proctor	27	0.7076
186	77	0	Mal Scanlon-r	Cretin/Johnson/Washington	27	0.7072
167	68	5	Pat Waldner-r	Bloomington Jefferson	23	0.7063
259	105	13	John Hansen-r	Osseo	40	0.7042
145	61	0	Chad Gimbel	Blooming Prairie	20	0.7039

224	95	0	Terry Bahlmann	Marshall	33	0.7022
80	34	0	Sean McMenemy-r	DeLaSalle	11	0.7018
136	56	7	John Drugg-r	Wells-r	24	0.7010
348	148	3	Dwight Lundeen	Becker	46	0.7004
113	47	5	Mario Lucia-r	Big Fork/Grand Rapids	20	0.7000

ACTIVE HIGH SCHOOL COACHES WITH 60 OR MORE CAREER WINS

Wins	Losses	Ties	Coach	School	Years
371	120	3	Mike Mahlen	Verndale	48
371	168	5	Ron Stolski	Brainerd	55
348	148	3	Dwight Lundeen	Becker	47
320	69	0	Mike Grant	Eden Prairie	34
291	138	0	Merrill Pavlovich	Delano	41
286	145	0	Carl Lemke	St. Croix Lutheran	44
273	85	0	Jon Bakken	Waterville-Elysian-Morristown	32
268	76	0	Steve Solem	BOLD	31
259	143	0	Larry Thompson	Lakeville South	38
252	83	0	Leo Pohlkamp	Pierz	31
250	108	0	Dave Nelson	Minnnetonka	33
242	82	0	Don Henderson	Triton	30
236	104	0	Randy Strand	Adrian	32
224	95	0	Terry Bahlmann	Marshall	33
194	99	0	Dean Aurich	Mayer Lutheran	29
192	72	0	Gary Sloan	Grand Meadow	24
191	115	0	Bubba Sullivan	Northfield	28
180	169	0	Ken Helland	Tri-City United/LeCenter	37
180	180	0	John Sieling	Parkers Prairie	40
175	77	0	Jeff Schlieff	Spring Lake Park	24
173	21	0	Jeff Ferguson	Totino Grace	15
170	38	0	Dave Louzek	Moose Lk/Willow River	18
165	131	0	Karl Urbaniak	Mable-Canton	34
164	110	0	Joe Scoblic	Lester Prairie-Holy Trinity	27
163	40	0	Andy Rostberg	Hutchinson	18
160	118	0	Jeff Erdmann	Rosemount	27
159	101	0	Dave Hopkins	Holy Family	25
157	42	0	Peder Naatz	Hawley	17
156	47	0	Brad Anderson	Wayzata	18
153	105	0	Randy Kuechenmeister	Blue Earth Area	26
152	81	0	Denny Lux	New Ulm Cathedral	22
151	37	0	John Clark Jr.	Mahnomen	16
150	89	0	Daryl Illikainen	Hermantown	24
149	49	0	Tom Schuller	Jackson Co Central	18
148	70	0	Jeff Williams	Owatanna	21

Wins	Losses	Ties	Coach	School	Years
145	61	0	Chad Gimbel	Blooming Prairie	20
135	35	0	Chad Johnston	Minneota	15
133	35	0	Andrew Fleischman	Edgerton/Ellsworth	14
133	119	0	Leo Theisen	Westbrook Walnut Grove	27
131	116	0	John Jirik	North Woods	26
129	89	0	Brian Nelson	Fertile-Beltrami	22
126	78	0	Jeff Plaschko	St. Paul Johnson	21
124	22	0	Carl Fruechte	Caledonia	13
122	49	0	Ribsy Petermeier	Browerville/Eagle Valley	16
122	85	0	Jeff Weiland	Orono	21
121	52	0	Jim Galvin	Mounds View	16
121	69	0	Paul Dunn	Springfield	18
121	90	0	Kelly Sherwin	Eastview	19
120	84	0	Chuck Ross	Underwood	19
117	32	0	Kevin Feeney	Moorhead	13
117	78	0	Carter Ross	Westbrook Walnut Grove	20
114	28	0	Mike Kesler	Rochester Lourdes	12
114	39	0	Mike Kleinschmidt	Albany	14
112	36	0	Jeff Gronner	Cromwell-Wright	13
112	53	0	Todd Oye	Luverne	15
112	87	0	Bill Weiss	Chisago Lakes	20
111	54	0	Cory Larson	Dawson-Boyd	15
110	76	0	Bob Staska	McGregor	19
109	62	0	Stan Miller	Isle	19
108	88	0	Darrin Byklum	Polk County West	20
107	69	0	Dan Essler	New London-Spicer	17
106	23	0	Mark Esch	Mankato West	11
106	85	0	Steve Hamilton	Elk River	18
102	94	0	Clay Anderson	Pipestone Area	18
101	127	0	Brett Vesel	Austin	24
99	66	0	James Semmen	Lanesboro	15
99	71	0	Jim Buboltz	Minnesota Valley Lutheran	16
98	97	0	Dave Haugen	Pelican Rapids	19
97	42	0	Brian Dahl	Clinton-Graceville-Beardley	12
97	42	0	Steve Jipson	Clinton-Graceville-Beardley	12
96	100	0	Tim Knutsen	Maple Lake	18
95	65	0	Scott Howell	St. Paul Central	16
94	35	0	Bryan Strand	Barnsville	12
94	47	0	Joe Kemp	Wabasso	13
93	50	0	Mike Korton	Champlin Park	14
91	41	0	Chad Sexauer	So. St. Paul	14
91	67	0	Troy Hendricks	Bemidji	14
89	48	0	Marc Franz	Rogers	14
89	55	0	Brian Lamma	Ely	14
87	60	0	Brad Wendland	Waseca	15
87	99	0	Matt Lundeen	Redwood Valley	19
85	47	0	Jay Loven	Upsala/Swanville Area	13

AWARDS

Wins	Losses	Ties	Coach	School	Years
82.....	23.....	0.....	Scott Tschimperle	Glencoe-Silver Lake	9
82.....	84.....	0.....	Brian Remick.....	Red Lake County.....	17
81.....	70.....	0.....	David Zeitchick.....	St. Paul Highland Park.....	16
79.....	38.....	0.....	Shawn Kuhnke.....	Braham.....	11
79.....	62.....	0.....	Tony Gullickson	Warren-Alverado	14
78.....	38.....	0.....	Dave Muetzel.....	Mahtomedi.....	10
78.....	51.....	0.....	Jon Hanks	Benilde-St. Margaret's	12
78.....	51.....	0.....	Patrick Krieger.....	Benilde-St. Margaret's	12
78.....	57.....	0.....	Dan Stork.....	NRHEG.....	14
77.....	63.....	0.....	Tim Kirk.....	Mt. Lake Area.....	14
77.....	100.....	0.....	Bob Wolf.....	Concordia Academy-Roseville.....	19
75.....	30.....	0.....	Zach Hauser.....	Spring Grove	10
75.....	59.....	0.....	Ned Louis.....	Faribault.....	13
74.....	51.....	0.....	Jonathan Malling.....	Coon Rapids H.S.....	11
74.....	66.....	0.....	Jon Vik.....	Rochester Century	15
73.....	41.....	0.....	Chad Fredericksen.....	Breckenridge.....	11
73.....	49.....	0.....	Justin Johnston	Belle Plaine	12
73.....	80.....	0.....	Rich Wilkie	Andover	15
73.....	91.....	0.....	Chris Simdorn.....	Roseville Area	16
72.....	49.....	0.....	Paul Peterson.....	Pillager H.S.....	13
72.....	66.....	0.....	Jeff Buerkle.....	Anoka.....	14
71.....	49.....	0.....	Larry Haggedah.....	Floodwood	12
71.....	61.....	0.....	Chip Lohmiller.....	Pequot Lakes.....	13
68.....	42.....	0.....	Shawn Klimek.....	Nevis.....	11
68.....	56.....	0.....	Andy Hill.....	Woodbury.....	12
67.....	38.....	0.....	Mat Mahoney.....	Fairmont	10
66.....	31.....	0.....	Anthony Soderberg	Dilworth-Glyndon-Felton.....	9
66.....	40.....	0.....	Casey Kroulik	Clearbrook-Gonvick.....	12
66.....	45.....	0.....	Brent Olson	Lewiston-Altera.....	11
66.....	51.....	0.....	Thor Johnson.....	Bigfork	12
65.....	70.....	0.....	Tom Lenarz.....	Cloquet	14
65.....	90.....	0.....	Tom Nelson	Two Harbors	16
64.....	15.....	0.....	Brian Vossen.....	Lakeville North	7
64.....	39.....	0.....	Matt Gegenheimer.....	Prior Lake.....	11
64.....	56.....	0.....	Mitch Dorr	Cook County	12
63.....	30.....	0.....	Paul Clark.....	Waubun	9
63.....	46.....	0.....	Gregg Martig.....	St. Cloud Tech.....	12
63.....	52.....	0.....	Derrick Gross	Kelliher/Northome.....	12
63.....	54.....	0.....	Beau LaBore.....	Stillwater.....	12
63.....	80.....	0.....	Mark Fabish.....	Northeast Range/Cook.....	15
62.....	37.....	0.....	Aaron Meyer	Stewartville.....	10
62.....	49.....	0.....	Jeff Johnson.....	Chatfield	11
61.....	69.....	0.....	Rick Harig.....	Bertha-Hewitt	13
60.....	51.....	0.....	Ray Betton	Shakopee.....	12

BUTCH NASH AWARD

The Minnesota High School Football Coaches Association feels that Butch Nash is the epitome of the ideal assistant coach. Total loyalty, coaching competency, outstanding rapport with players and fellow coaches, integrity beyond reproach, and many years of dedicated service to a worthy profession are the qualities that describe Butch.

These are the qualities exemplified by the assistant coaches who have been chosen to receive this year's Butch Nash Award.

Award Requirements

An active assistant football coach at the high school level.

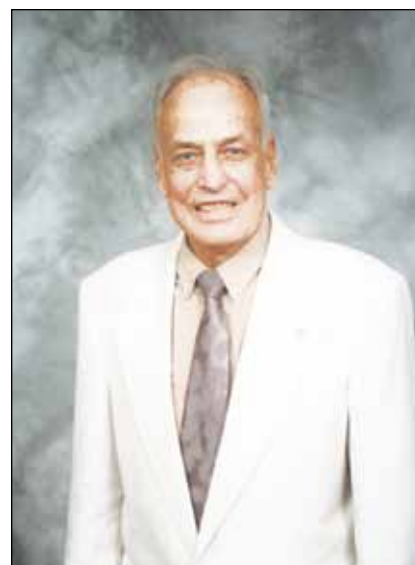
Although not strictly limited to varsity level coaches, the Executive Committee sets a requirement of being an assistant who is a "front liner" – in the limelight,

under the gun, recipient of praise and/or criticism approaching the level of the head coach.

Certainly, a few younger coaches can meet these requirements, BUT, in all candor, years of service to a program will influence the selection committee's choices (generally 15 or more years).

Both the head coach and the nominee must be members of the MFCA.

No more than one assistant from a high school program will be honored in a given year.



Butch Nash
Minnesota Gophers

BUTCH NASH AWARD RECIPIENTS



Adam Birkholz, Lester Prairie/Holy Trinity



James Bohaty, Moose Lake/Willow River

Not Pictured: Joseph Basil, Maple Grove

BUTCH NASH AWARD RECIPIENTS



Gary Cornell, Virginia



Michael Cross, Elk River



Clint Ewald, St. Louis Park



Todd Johnson, Mahnomon



Andrew Lancaster, Browerville/Eagle Valley



Scott McLachlan, Albany Valley



Rob Pederson, Eden Valley-Watkins



Greg Powell, Big Fork



John Rockwell, Columbia Heights

Butch Nash Award Nomination Form

(Award for assistant football coaching at the high school level)

Candidates name in full _____
First middle last

Address _____ City/Zip Code _____

E-mail _____ Home phone () _____ Work phone () _____

Birthdate _____ College attended _____ Year graduated _____

Candidate: Member MSHSCA? ____ Yes; ____ No. Member MFCA? ____ Yes; ____ No.

Head Coach: Member MSHSCA? ____ Yes; ____ No. Member MFCA? ____ Yes; ____ No.

Head Coach e-mail _____ Home ph: _____ Work ph: _____

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Sub-district _____ School _____
(please circle)

School Address _____ City/Zip Code _____

Current football coaching assignment _____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

Total number of years as high school assistant football coach (minimum 15 years) _____

List other background information that would help the committee in their selection (previous championships, awards, etc.)

Submitted by: _____
Head Football Coach

Return to: **Jim Dotseth, 2220 Merrimac Lane No, Plymouth, MN 55447**
Fax: 1-763-374-9059, Email: dotsethj@comcast.net

MINNESOTA HIGH SCHOOL FOOTBALL SUB-DISTRICT STANDINGS

Please note that there may have been changes to certain conferences. There may be mistakes due to "typos"/lack of information. Teams are listed in order of conference finish with regular season, and final season records.

District - Big Southeast (Blue) Standings

Mankato West	5-0	11-1
Winona	4-1	11-2
Mankato East	2-2	4-5
Austin	2-2	4-6
Faribault	1-4	4-6
Red Wing	0-5	0-9
New Prague		

Big Southeast (Red) Standings

Owatonna	5-0	9-3
Northfield	4-1	7-3
Rochester Mayo	3-2	5-4
Rochester Century	1-4	3-7
New Prague	1-4	2-7
Rochester John Marshall	1-4	2-7

East Central - (North) Standings

Zimmerman	6-1	7-2
Becker	6-1	6-3
Albany	5-2	7-4
New London-Spicer	5-2	6-4
St. Cloud Cathedral	3-4	4-6
Little Falls	2-5	2-7
Foley	1-6	2-7
Milaca	0-7	0-9

East Central (South) Standings

Hutchinson	7-0	9-1
Glencoe-Silver Lake	4-3	6-4
Litchfield	4-3	6-4
Annandale	4-3	4-5
Delano	4-3	4-5
Dassel-Cokato	2-5	2-7
Watertown-Mayer	2-5	2-7
Holy Family Catholic	1-6	2-7

East Metro (Blue) Standings

East Ridge	6-1	7-3
Cretin-Derham Hall	5-2	7-3
Mounds View	5-2	7-3
Stillwater Area	4-3	5-4
Woodbury	4-3	4-5
Roseville	3-4	3-6
Forest Lake	1-6	1-8
White Bear Lake	0-7	0-9

East Metro (Red) Standings

Mahtomedi	8-0	10-1
South St. Paul	8-0	10-1
Park of Cottage Grove	6-2	7-3
St. Thomas Academy	5-3	6-4
Hastings	4-4	5-5
Henry Sibley	3-5	3-6
Tartan	3-5	3-6
Hill-Murray	1-7	2-8
Simley	1-7	2-8
North St. Paul	1-7	1-8

East Metro (White) Standings

Lakeville North	6-1	9-2
Rosemount	6-1	9-2
Burnsville	5-2	7-3
Apple Valley	4-3	7-4
Farmington	4-3	4-5
Eastview	2-5	3-6
Lakeville South	1-6	1-8
Eagan	0-7	0-9

Mid Southeast (East) Standings

Rushford-Peterson	6-1	12-2
Fillmore Central	6-1	9-2
Goodhue	5-2	7-3
Lewiston-Altura	5-2	7-3
Hayfield	2-5	3-6
Southland	2-5	3-6
Wabasha-Kellogg	2-5	3-6
Kingsland	0-7	0-9

Mid Southeast (West) Standings

Kenyon-Wanamingo	7-0	9-2
Blooming Prairie	6-1	7-3
Janesville-Waldorf-Pemberton	5-2	8-4
Bethlehem Academy	4-3	5-5
St. Clair	3-4	4-6
Medford	2-5	2-7
United South Central	1-6	2-7
Mankato Loyola	0-7	0-9

Mid State (Sub 1) Standings

Eden Valley-Watkins	6-1	11-2
Pierz	6-1	10-2
Holdingford	4-3	5-4

Maple Lake	3-4	6-5
Melrose	3-4	4-5
Paynesville Area	3-4	4-6
Rockford	2-5	3-6
Howard Lake-Waverly-Winsted	1-6	3-7

Mid State (Sub 2) Standings

BOLD	7-0	10-1
Morris Area/Chokio-Alberta	6-1	9-2
Yellow Medicine East	4-3	6-4
Atwater-Cosmos-Grove City	3-4	4-5
Sauk Centre	3-4	4-6
Minnewaska Area	2-5	2-7
Montevideo	2-5	2-7
Benson	1-6	1-8

Mid State (Sub 3) Standings

Royalton	6-1	9-2
Upsala/Swanville Area	6-1	8-2
Browerville/Eagle Valley	4-3	9-4
Parkers Prairie	4-3	7-4
Kerkhoven-Murdock-Sunburg	4-3	5-5
Belgrade-Brooten-Elrosa	2-5	2-7
West Central Area/Ashby	2-5	2-7
Kimball Area	0-7	0-9

Midwest (Blue) Standings

Osakis	5-1	8-3
Otter Tail Central	5-1	8-3
Staples-Motley	4-2	5-5
United North Central	3-3	5-5
Wadena-Deer Creek	3-3	3-6
Frazee	1-5	1-8
Long Prairie-Grey Eagle	0-6	0-9

Midwest (Red) Standings

Fergus Falls	7-0	8-1
Detroit Lakes	6-1	7-2
Perham	5-2	6-4
Pequot Lakes	4-3	7-4
Park Rapids Area	3-4	4-5
Thief River Falls	2-5	2-7
East Grand Forks	1-6	2-7
Roseau	0-7	0-9

Midwest (White) Standings

Barnesville	6-0	11-1
Dilworth-Glyndon-Felton	5-1	11-2

Breckenridge	4-2	6-4
Hawley	3-3	7-4
Warroad	2-4	4-5
Crookston	1-5	2-7
Pelican Rapids	0-6	0-9

North Central (Blue) Standings

Elk River	5-0	13-0
St. Michael-Albertville	4-1	8-2
Rogers	3-2	6-3
Buffalo	2-3	3-6
St. Francis	1-4	6-5
Cambridge-Isanti	0-5	2-7

North Central (Red) Standings

St. Cloud Tech	7-0	9-1
Alexandria	6-1	9-2
Brainerd	5-2	6-4
Sartell-St. Stephen	5-2	6-4
Moorhead	4-2	5-5
Rocori	3-3	9-4
Willmar	2-5	4-7
Sauk Rapids-Rice	1-6	2-7
Bemidji	1-6	1-8
St. Cloud Apollo	0-7	1-8

North Central (White) Standings

Monticello	5-0	7-3
Chisago Lakes Area	4-1	4-5
Big Lake	3-2	6-5
Princeton	2-3	4-7
Duluth East	1-4	1-8
North Branch	0-5	1-9

Northeast (Blue) Standings

Aitkin	5-0	7-2
Mora	4-1	8-3
Crosby-Ironton	3-2	7-3
Moose Lake-Willow River	1-4	4-5
Esko	1-4	2-8
Pine City	1-4	2-8

Northeast (Red) Standings

Proctor	4-1	8-2
Grand Rapids	4-1	6-3
Cloquet	3-2	7-4
Hermantown	3-2	5-4
Duluth Denfeld	1-4	2-7
Hibbing	0-5	2-7

Northeast (Silver) Standings

Hinckley-Finlayson	7-0	9-1
Braham	6-1	8-3
Rush City	5-2	8-3
Deer River	4-3	6-4
Chisholm	3-4	4-6

Barnum	1-6	1-8
East Central	1-6	1-8
Mesabi East	1-6	1-8

Northeast (White) Standings

Greenway/Nashwauk-Keewatin	3-1	7-3
Eveleth-Gilbert	3-1	6-3
Two Harbors	3-1	6-4
Virginia	1-3	3-6
International Falls	0-4	0-9

Northwest (Red) Standings

Mahnomen	6-0	10-2
Polk County West	4-2	8-3
Fosston	3-3	5-5
Fertile-Beltrami	3-3	4-6
Lake Park-Audubon	3-3	3-6
Badger/Greenbush-Middle River	1-5	2-7
Red Lake County	1-5	1-8

Northwest (White) Standings

Pillager	6-0	11-1
Bagley	4-2	7-3
Pine River-Backus	4-2	6-3
Walker-Hackensack-Akeley	4-2	6-3
New York Mills	2-4	2-7
Blackduck	1-5	1-7
Red Lake	0-6	0-9

South Central (Blue) Standings

Mayer Lutheran	7-1	9-2
Maple River	6-1	10-3
New Richland-H-E-G	6-2	7-3
Norwood-Young America	5-2	7-4
Lester Prairie/Holy Trinity	3-4	4-5
Sibley East	3-4	4-6
Waterville-Elysian-Morristown	2-4	4-5
Lake Crystal-Wellcome Memorial	2-5	3-6
LeSueur-Henderson	1-6	1-8
Gibbon-Fairfax-Winthrop	0-6	0-8

South Central (Red) Standings

Marshall	7-0	11-1
Waseca	7-1	8-2
Belle Plaine	5-2	9-3
Fairmont	5-2	7-3
Worthington	4-3	4-5
Jordan	4-4	6-5
Albert Lea	2-5	2-7
New Ulm	1-6	2-7
Tri-City United	1-6	2-7
St. Peter	0-7	1-8

South Central (White) Standings

Jackson County Central	7-0	10-1
Redwood Valley	6-1	9-2
Blue Earth Area	5-2	6-4
Luverne	4-3	6-4
Pipestone Area	3-4	4-6
Windom Area	2-5	2-7
St. James Area	1-6	1-8
Martin County West	0-7	0-9

Southeast (Red) Standings

Rochester Lourdes	7-0	13-0
Kasson-Mantorville	5-2	8-3
Stewartville	5-2	6-3
Byron	4-3	6-4
Cannon Falls	4-3	6-5
Plainview-Elgin-Millville	2-5	3-6
Lake City	1-6	2-8
La Crescent	0-7	0-9

Southeast (White) Standings

Caledonia	7-0	14-0
Zumbrota-Mazeppa	5-2	8-3
Triton	5-2	6-4
St. Charles	5-2	5-4
Pine Island	2-5	4-6
Chatfield	2-5	2-7
Dover-Eyota	2-5	2-7
Winona Cotter	0-7	0-9

Southwest (East) Standings

Wabasso	7-0	11-2
Red Rock Central	6-1	7-3
Sleepy Eye Saint Mary's	5-2	6-4
Minnesota Valley Lutheran	4-3	6-5
New Ulm Cathedral	3-4	3-6
Sleepy Eye	2-5	2-7
Springfield	1-6	1-8
Cedar Mountain/Comfrey	0-7	0-9

Southwest (West) Standings

Minneota	7-0	9-1
Lakeview	5-2	9-3
Dawson-Boyd	5-2	6-3
Murray County Central	4-3	8-4
Adrian	4-3	7-4
Canby	4-4	5-5
Lac qui Parle Valley	3-5	3-6
Russell-Tyler-Ruthton	2-5	3-6
Ortonville	1-6	2-7
Tracy-Milroy-Balaton	1-6	2-7

Suburban (Red) Standings

Spring Lake Park	7-0	12-1
Robbinsdale Cooper	6-1	8-2
Robbinsdale Armstrong	5-2	5-4

"THE KEEPERS OF THE GAME"

Benilde-St. Margaret's	4-3	10-3
DeLaSalle	3-4	4-6
Irondale	2-5	3-7
St. Louis Park	1-6	2-8
Park Center	0-7	0-9

Suburban (White) Standings

Chanhassen	7-0	9-1
Waconia	5-2	7-3
Chaska	5-2	6-4
Orono	4-3	7-5
Bloomington Jefferson	3-4	3-6
Holy Angels	2-5	4-6
Richfield	2-5	3-6
Bloomington Kennedy	0-7	1-8

Twin City (Blue) Standings

Minneapolis North	5-0	13-0
Spectrum	4-1	5-5
St. Agnes	3-2	4-5
Brooklyn Center	2-3	4-6
Minneapolis Roosevelt	1-4	2-7
Minneapolis Edison	0-5	1-8

Twin City (Gold) Standings

SMB	5-0	9-1
Providence Academy	4-1	6-3
New Life Academy	3-2	6-4
St. Paul Johnson	2-3	4-5
St. Paul Harding	1-4	2-7
Minneapolis South	0-5	0-9

Twin City (Maroon) Standings

St. Croix Lutheran	6-0	12-1
Fridley	4-2	8-3
St. Paul Highland Park	4-2	6-4
Minneapolis Washburn	3-3	5-5
St. Paul Central	3-3	5-5
St. Anthony Village	1-5	2-7
Minneapolis Southwest	0-6	1-8

Twin City (Red) Standings

Mound Westonka	5-0	8-1
Columbia Heights	4-1	5-5
Minneapolis Henry/West Metro	3-2	6-4
Breck	2-3	2-7
St. Paul Como Park	1-4	3-7
Concordia Academy	0-5	1-8

West Metro (North) Standings

Totino-Grace	7-0	13-0
Blaine	5-2	9-3
Champlin Park	5-2	8-4
Anoka	4-3	4-5
Centennial	3-4	5-5
Andover	2-5	5-7

Osseo	2-5	2-7
Coon Rapids	0-7	0-9

West Metro (South) Standings

Eden Prairie	7-0	11-2
Maple Grove	5-2	8-3
Minnetonka	5-2	8-3
Prior Lake	4-3	5-5
Edina	3-4	5-5
Hopkins	2-5	4-6
Wayzata	2-5	2-7
Shakopee	0-7	1-8

District 9 – North (Blue) Standings

Ely	3-0	10-1
Silver Bay	2-1	6-3
Cook County	1-2	4-6
Mountain Iron-Buhl	0-3	5-4

District 9 – North (Gold) Standings

Nevis	4-0	10-1
Ogilvie	3-1	5-4
Hill City/Northland	2-2	3-6
Isle	1-3	2-7
Onamia	0-4	0-9

District 9 – North (Red) Standings

North Woods	5-0	8-2
Kelliher/Northome	4-1	4-5
Bigfork	3-2	4-5
Northeast Range	2-3	4-6
Lake of the Woods	1-4	1-7
Littlefork-Big Falls	0-5	0-8

District 9 – North (White) Standings

Cromwell-Wright	5-0	12-1
South Ridge	4-1	7-4
Floodwood	3-2	7-3
Wrenshall	2-3	3-6
McGregor	1-4	3-6
Carlton	0-5	0-9

District 9 – South (East) Standings

Grand Meadow	8-0	13-0
Spring Grove	7-1	9-2
Houston	6-2	7-3
Mabel-Canton	6-2	7-3
Alden-Conger/G-E	4-4	4-5
Lanesboro	4-4	4-5
Randolph	3-5	3-6
LeRoy-Ostrander	2-6	2-7
West Lutheran	0-8	1-9
Lyle-Pacelli	0-8	0-9

District 9 – South (West) Standings

Cleveland	8-0	13-1
Edgerton/Ellsworth	7-1	10-2
Hills-Beaver Creek	6-2	8-3
Mountain Lake Area	5-3	6-4
Fulda	4-4	5-5
Madelia	3-5	3-6
Westbrook-Walnut Grove	3-5	3-6
Granada-Huntley-EC/Truman	2-6	2-7
Heron Lake-Okabena	1-7	1-7
Nicollet	1-7	1-8

District 9 – West (North 1) Standings

Stephen-Argyle	5-0	10-2
Kittson County Central	4-1	7-3
Clearbrook-Gonvick	3-2	6-5
Warren-Alvarado-Oslo	2-3	5-5
Goodridge/Grygla	1-4	3-6
Northern Freeze	0-5	1-8

District 9 – West (North 2) Standings

Waubun	5-0	12-1
NCE/U-H	4-1	6-4
Ada-Borup	3-2	7-3
Norman County West	2-3	2-7
Win-E-Mac	1-4	2-7
Cass Lake-Bena	0-5	0-9

District 9 – West (South 1) Standings

Verndale	5-0	10-1
Hillcrest Lutheran Academy	5-1	10-2
Bertha-Hewitt	4-2	5-4
Rothsay	3-3	3-6
Underwood	2-4	2-7
Laporte	1-5	1-8
Park Christian	0-5	0-7

District 9 – West (South 2) Standings

Wheaton/Herman-Norcross	6-0	9-1
Brandon/Evansville	5-1	7-3
Hancock	4-2	5-4
MACCRAY	3-3	6-5
Clinton-Graceville-Beardsley	2-4	3-6
Renville County West	1-5	4-6
Buffalo Lake-Hector-Stewart	0-6	1-8

East

By S. Lee Epps, Bluff Country Newspapers

The East Sub-district of the 9-man football South District can boast of a fourth straight state championship. Grand Meadow has played in five consecutive state title games, winning the last four. The Superlarks have taken those state title contests by very impressive 22, 48, 14 and 20-point margins.

These purple-clad players have prevailed in 50 straight football games, which is the longest active winning streak in Minnesota high school football. GM led the sub-district in points scored, total offense and turnover margin (+15).

Christophor Bain of Grand Meadow was one of 10 finalists for Mr. Football. The senior standout was the lone 9-man finalist this year and the school's first gridder to earn this acclaim.

Gary Sloan, a 24-year veteran mentor at Grand Meadow, was the coaches association choice for the 9-Man State Coach of the Year for a third season. He has coached seven state-tournament teams and has led the Superlarks to 192 gridiron wins (72 losses).

Tussle at the top

While Grand Meadow was state-ranked No. 1 all season, Spring Grove was No. 2 all year until falling to the Superlarks in the final regular season game. That 13-point decision was the closest any team came to GM in 2016. However, the Larks doubled that margin versus the Lions in the Section One championship game 47-21.

Spring Grove, the last team besides GM to play in the state tournament, has a 46-9 record since that 2011 section title - all nine losses having come against Grand Meadow.

With two of the top teams in the state in the same sub-district, it was indeed a challenge for the other eight members. Not counting the sub-district setback to GM, Spring Grove averaged a 57-9 win in the other sub-district games.

Each regular season game in 2016 was a sub-district game, but it was not a true round robin with nine league rivals and an eight-game schedule.

Third place deadlock

A rung below the state-ranked duo at the top, there was also a two-team struggle for third place. Mabel-Canton had a second straight 7-3 season and 6-2 sub-district record. Houston matched that 7-3, 6-2 statement and tied the Cougars for third and fourth places.

The Cougars did not play Grand Meadow, and the Hurricanes did not face Spring Grove. Mabel-Canton downed Houston 36-28 but dropped a 44-14 decision to fifth place Lanesboro. Mabel-Canton was the least penalized team, punished with only 33 flags.

Fifth place stalemate

Lanesboro (4-5) tied Alden-Conger/Glenville-Emmons (4-5) for fifth and sixth places, each at 4-4 in league play. A-C/G-E defeated Lanesboro 42-34 but could not match the win versus M-C. This was the third straight season that Lanesboro has had a 4-4 regular-season record.

G-E and A-C competed as a shared program for the first time, expected to be a two-year commitment. Separately, each had won only one game in 2015 before going 4-5 together. However, the combined enrollments bumped the team up into the 11-man playoffs.

Few close calls

It was another season of blowouts. There were only four of the 40 sub-district games decided by single-digit margins, and only one close playoff game. Three of those four tight regular-season games involved Randolph. The Rockets fell short in all three of those nail biters - 28-30 versus Houston, 40-46 in overtime against Mabel-Canton and 33-36 versus A-C/G-E.

Thus Randolph (3-5 East, 3-6 season) closed in seventh place. Those close outcomes resulted in the greatest shift in the sub-district standings with the Rockets having tied for third place the previous autumn.

LeRoy-Ostrander (2-6 East, 2-7 season) finished in eighth place, aided by a 28-26 overtime victory over West Lutheran.

West Lutheran and Lyle/Pacelli did not play each other and both went winless (0-8) in regular-season, sub-district play.

L/P drew the second-lowest number of penalty flags (35) and led the league in fewest penalty yards - 30 per game.

West Lutheran, the only member assigned to Section Two for the playoffs, did turn some heads in postseason play. With the No. 7 section seed, the Warriors eliminated No. 2 Ogilvie 22-18.

By the numbers

The highest scoring game featurd 114 total points when Grand Meadow downed West Lutheran 80-34. The Superlarks were also part of the other century-mark score, a 78-22 win versus Lyle/Pacelli.

Defense dominated most during Houston's 14-0 victory over Alden-Conger/Glenville-Emmons. That was one of seven regular-season, sub-district shutouts. There were four playoff whitewashes. Grand Meadow blanked three of its six postseason opponents - two in the state tournament (36-0 and 35-0) ■

East Central North

The 2016 season was fiercely competitive with tight games abounding every Friday night. In the end, no team was left unscathed in their pursuit of an unblemished record. But as the smoke cleared, Zimmerman (6-1) and Becker (6-1) stood atop the standings. Congratulations to both of those outstanding programs on their co-championship! Hats off to Albany who advanced to their section championship game and to the other sub-district north teams for their excellent performances on the gridiron last fall. ■

Standings	District	Overall
Zimmerman	6-1	7-2
Becker	6-1	6-3
Albany	5-2	7-4
New London/Spicer	5-2	6-4
St. Cloud Cathedral	3-4	4-6
Little Falls	2-5	2-7
Foley	1-6	2-7
Milaca	0-7	0-9

Sub-District Awards

MVP Alex Riley (12) Zimmerman
 MV Quarterback Josh Fobbe (9) Becker
 MV Running Back Jackson Ness (12) New London/
 Spicer
 MV Wide Receiver Lucas Dertinger (11) Becker
 Co-MV Offensive Lineman... Anders Amdahl (12) Albany
 Trey Johnson (12) New London/
 Spicer
 MV Defensive Lineman Kolby Peacock (12) Zimmerman
 MV Linebacker Nash Thrush (12) New London/
 Spicer
 MV Defensive Back Carter Huberty (11) Albany
 MV Special Teams Players.... Thunder Heyer (12) Zimmerman
 Coachs of the Year Tom Kish Zimmerman
 Dwight Lundeen Becker
 Assistant Coachs of the Year Chris Riley
 Zimmerman
 Tyler Neidfeldt Becker
 Academic Champions St. Cloud Cathedral

East Metro Blue

East Ridge Goes Back-to-Back For First Time in School History

The 2015 Class 6A State Runner-Up repeated as East Metro Blue Champion with a 6-1 record. Led by four-year starting running back and University of Minnesota commit Dominik London, who racked up 742 yards and 10 touchdowns, the black and gold offense led the sub-district in rushing and total offense. Part of that rushing attack was the league Offensive MVP Ty Okada, who rushed for 5.9 yards per carry. The senior quarterback also made timely completions to all-district tight end Zach Bennett who was second in receiving yards. The Raptors defense surrendered just 248 yards per game, paced by a pair of 200 pound linebackers in Michael Remke and Will Walker. Nevertheless, likely the biggest difference maker in this sub-district championship team was their four-year starter at punter and kicker, two-time All-Metro honoree Grant Ryerse. The Gopher recruit hit six of 10 field goals from distances of 26, 32, 39, 40, 52, and a state record 55 yards. Even more impressive was the nearly automatic touchback each time he kicked off. East Ridge, who lost the season opener in overtime state participant Lakeville North, missed a return trip to state when they fell to Champlin Park.

Standings	District	Overall
East Ridge	6-1	7-3
Cretin Derham Hall	5-2	7-3
Mounds View	5-2	7-3
Stillwater	4-3	5-4
Woodbury	4-3	4-5
Roseville.....	3-4	3-6
Forest Lake	1-6	1-8
White Bear Lake	0-7	0-9

Cretin-Derham Hall finished the regular season with a 6-2 record for a fifth straight year, earning them league runner-up. A regular season-ending loss to Mounds View cost the St. Paul school a share of the sub-district title. The Raiders gave first-year head coach Brooks Bollinger a season-opener to remember when they beat Lakeville South on a Hail Mary as time expired. CDH gave up the fewest yards (224 per game) and the fewest points (109) led by sub-district most valuable defensive lineman James Jackson and tackler Zach Panek. The secondary contributed a league-best 17 interceptions. Offensively, a big offensive line led by the

league most valuable offensive lineman Nick Newmann, paved way for over 1,000 yards and 14 touchdowns for backs Marquez Thompson and Terrance Nash. The Raiders joined East Ridge and Mounds View as section runner-up with a 21-20 win over Anoka and a 41-7 loss to eventual state runner-up Eden Prairie.

Mounds View finished the regular season with impressive wins against Woodbury and at CDH to secure second place in the conference with a 5-2 record (6-2 overall). Mounds View looked and played in a similar fashion, but was able to win games with the seventh best offense and the sixth best defense. Commonly known for a rushing attack, the Mustangs featured the sub-district leading passer Ryan Nickel who threw for 875 yards and 10 touchdowns. Nickel, who also averaged 39 yards per punt, found Max Janes 16 times. Janes dominated wide receivers in yards per catch (22.0) from his tight end position. Mounds View opened the playoffs with a win over Osseo before falling to Lakeville North 31-10 in the section championship.

Stillwater (4-3, 5-3 overall) ended a three-game skid with a three-game win streak over Mounds View, White Bear Lake, and Forest Lake. The Ponies finished second in turnover ratio (plus eight) and fewest penalties and penalty yards. Balanced on offense, senior quarterback Grayson Hosch completed 54% of his passes to main target Fisher Jakupciak. On defense, versatile player Ben Peterson, who earned Minnesota Football Coaches Association Academic All-State honors, paced a defense that steadily improved. The top punter in the league was Mason Schwerzler and averaged 41.2 yards per try. The Ponies led twice against Burnsville in the playoffs but fell 21-14.

Woodbury (4-3, 4-4 overall) had a rollercoaster season. Despite a disappointing 0-3 start, the Royals finished the regular season .500 and was the lone league team to defeat sub-district champion East Ridge, 47-25. Woodbury was led by four players who signed D1 letters of intent and two players who signed D2 letters of intent. The six players signing was a school record. The six logged a lot of playing time on both sides of the ball, led by Gopher lineman recruit Nathan Bursch. The Royals lost to Prior Lake 19-12 in the first round of the playoffs.

The Roseville Raiders record was not indicative of their season. Though 3-4 (3-5 overall), Roseville lost two games in the last minute and controlled Woodbury in a 28-6 victory before the Royals won four of five games. They had the second best defense giving up just 228 yards per game and the second leading passer in Luke Bouchart. His 868 yards paced the offense but was plagued by 11 interceptions. His best target was all conference wide receiver Levi Brown who hauled in 23 balls for 297 yards and two touchdowns. The Raiders took an 18-14 lead into the fourth quarter against eventual state participant Maple Grove.

Sub-District Awards

Most Valuable Offensive Player.....Ty Okada, QB, East Ridge
Most Valuable Defensive Player..Nico Bolden, DB, Woodbury
Offensive Lineman of the YearNick Newmann, Cretin Derham Hall
Defensive Lineman of the YearJames Jackson, Cretin Derham Hall
Coach of the Year Dan Fritze, East Ridge
MCFA Conference Coach of the Year Dan Fritze, East Ridge

In its last season playing a regular season against 6A schools, Forest Lake (1-6, 1-7) snapped five-year, 41-game losing streak with a 20-14 victory over White Bear Lake (0-7, 0-8). While the Rangers did not win another game, the win snapped a streak that started in 2011. The Bears, who featured the second best offense, struggled to stop teams with the worst defense. WBL was more competitive than their record. Perhaps the best indication of this was a 28-21 defeat to undefeated East Metro Red Champion Rosemount in the first round of the playoffs.

The old Suburban East Conference (2001-2014) and current East Metro Blue had one coaching change as Jim Galvin of Mounds View resigned to become the Mustang Activities Director. In 16 years, Galvin posted a 128-52 record with five conference and eight section titles. Aaron Moberg, a former Mustang and long-time assistant coach, replaced Galvin as head coach. Chris Simdorn of Roseville becomes the most experienced coach in the league, entering his 17th season leading Roseville. He is followed by Stillwater coach Beau LaBore (16), Woodbury coach Andy Hill (7), White Bear Lake coach Ryan Bartlett (6), East Ridge coach Dan Fritze (4), and Cretin Derham Hall coach Brooks Bollinger (2).

In 2017, East Metro Blue will be without Forest Lake, a common opponent since 2001, as they play a regular season outside of Class 6A.

East Metro Blue was represented in the first Minnesota High School Football All Star Game at US Bank Stadium by four schools on two teams. The lone North All Star was DB Levi Brown of Roseville. The South featured DL James Jackson of Cretin Derham Hall, RB Dominik London and PK Grant Ryerse of East Ridge, and DL Jalen Morrison of Woodbury.

With the addition of turf to Stillwater Area High School in 2016, all East Metro Blue games going forward will be played on an artificial surface. Stillwater welcomes improvements to the Pony Stadium entryway and permanent ticket booths, restrooms, and concessions in 2017. ■

East Metro White

East Metro White Sub-District had a very competitive season. Three teams qualified for the State Tournament and were awarded with the Mr. Football award. The district championship had to wait until week 8 where Rosemount and Lakeville North went into triple overtime with Rosemount coming out on top and taking the tiebreaker for the sub-district championship. \pRosemount , lead by safety Griffen LaNue, finished the season at 7-1 overall and qualified for the 6A State Tournament for the 4th time in the last 5 seasons. They fell to Champlin Park in the state quarterfinals.\pLakeville North finished the regular season with a 7-1 record. They started with a big win over East Ridge in the season opener. They were down 0-17 and came back to win the game in overtime where East Ridge chose to go for 2. That gave their team a lot of confidence and helped them find a way to win close games against Burnsville and Farmington later in the season. However, they lost the final regular season game to Rosemount in triple overtime. They went on to qualify for the State Tournament where they lost to eventual State Champs, Totino Grace in the quarterfinals. Running Back Wade Sullivan was named Mr. Football, which was a first for Lakeville football players.

Burnsville finished third in the conference with a 5-2 record. They finished with a 7-3 overall record and lost in the section final to Minnetonka. Jackson Martens, Steph Olson and Jake Shepley were all named to the Associated Press All State Teams. Tyler Krebs stepped down as head coach at the end of the season to take the same role at Lakeville South after Larry Thompson retired. Vince Varpness was named the new head coach at Burnsville.

Apple Valley powered through their final 6A regular season finishing 4th with an overall record of 5-3 in the White sub-district. Valley qualified for the State Tournament for the 3rd time in the past 5 seasons. They lost in the quarterfinals to Owatonna. Valley

Standings	District	Overall
Rosemount.....	6-1	7-1
Lakeville North	6-1	7-1
Burnsville.....	5-2	6-2
Apple valley.....	4-3	5-3
Farmington.....	4-3	4-4
Eastview.....	2-5	3-5
Lakeville South	1-6	1-7
Eagan	0-7	0-8

will be moving to 5A regular season play in 2017

Farmington doubled their wins from the previous season under second year head coach Adam Fisher. They finished with an overall record of 4-4 and lost in section play to Hopkins.

Eastview finished the season with an overall record of 3-5, good for 6th in the White sub-district. Their week 5 game versus in-town rival Apple Valley was a shoot out with Apple Valley coming out with a 42-41 victory. That would be the last regular season game played between the in-town rivals. \pLakeville South finished with a 1-7 overall record. Even with district lineman of the year Eric Rousemiller, South could not come out on top on any of their tight games, losing 3 games by 1 score or less. Following the season, long time Lakeville Coach and South's only Head Coach to date Larry Thompson announced his retirement. Tyler Krebs was named the new head coach. \pEagan struggled mightily in first year head coach Ben Hanson's inaugural season. Eagan finished 0-8 overall. But the Wildcats did not roll over , going toe to toe with Apple Valley in week coming up just one score short of breaking into the win column. ■

Mid Southeast East

2016 was another year of great football in the Mid Southeast. When the dust settled it was Rushford Peterson and Fillmore Central on top. Fillmore Central's only loss in the district was to Rushford Peterson 18-8, while R-P's only loss came from Goodhue 28-21. Rushford Peterson and Fillmore Central would eventually meet again in the section 1A finals where the Trojans came out on top 22-21. RP went on to finish 2nd in State with a loss to Minneapolis North 30-14 in the championship.

Next fall the Mid Southeast will have a few changes. Lewiston-

Standings	District	Overall
Rushford-Peterson	7-1	12-2
Fillmore Central.....	7-1	9-2
Goodhue.....	6-2	7-3
Lewiston-Altura	6-2	7-3
Southland.....	3-5	3-6
Wabasha-Kellogg.....	3-5	3-6
Hayfield.....	3-5	3-6
Kingsland.....	0-8	0-9

Altura will be leaving the district as Winona Cotter and Blooming Prairie will be joining the district.

Lineman of the Year – Jacob McNamara from Goodhue. Anchored a line that averaged 170 yards rushing per game.

Defensive Player of the Year – Thomas Hennessy from Lewiston-Altura. 58 solo 56 assist 11 TFL, 2 sacks, 4 FF, 1 FR for a TD. 1 INT.

Offensive Player of the Year – Noah Carlson from Rushford-Peterson. Noah rushed for 2,859 yards on 343 carries and 41 TD's. He had 8 catches for 217 yards and 3 TD's. He also had 3 special teams TD's. ■

Mid State (Sub 2)

DISTRICT HIGHLIGHTS

Mid State (Sub 2) teams played in Section Championship games in 2016: BOLD, Morris Area, and YME. Morris Area beat Albany and played in the Class AAA state tournament.

Steve Solem (BOLD Head Coach) won the Mid State (Sub 2) title posting a 7-0 record. This was Coach Solem's 31st year as head coach.

Jeremy Christianson finished his first year as head coach of the Minnewaska Area Lakers with a 2-5 record.

Next season, Osakis will be in the Mid state (Sub 2), while YME will be placed in a different District. ■

Standings	District	Overall	Coach (Yrs. as head)
BOLD.....	7-0.....	10-1.....	Steve Solem (38)
Morris.....	6-1.....	9-2.....	Kevin Pope (4)
YME.....	4-3.....	6-4.....	Mike Gaffaney (10)
ACGC.....	3-4.....	4-5.....	David Blom (3)
Sauk Centre.....	3-4.....	4-6.....	Brian Riley (2)
Montevideo.....	2-5.....	2-7.....	David Vik (8)
Minnewaska.....	2-5.....	2-7.....	Jeremy Christenson (1)
Benson.....	1-6.....	1-8.....	Scott Gonnerman (16)

Sub-District Awards		
D Lineman of the Year.....	Shawn Aarhus.....	Sr Benson
D Back of the Year.....	Chase Metzger.....	Sr Morris Area
D Back of the Year.....	Kyle Froseth.....	Sr Sauk Centre
D Linebacker of the Year.....	Jon Schulte.....	Sr BOLD
O Lineman of the Year.....	Logan Dahlk.....	Sr BOLD
O Back of the Year.....	Jacob Zosel.....	Sr Morris Area
O Receiver of the Year.....	Max Peterson.....	Sr Benson
O QB of the Year.....	Simon Weller.....	Sr Sauk Centre
Specialist of the Year.....	Chris Claussen.....	Sr Minnewaska Area
Mr Football nominee.....	Jacob Zosel.....	Sr Morris Area
Coach of the Year.....	Steve Solem.....	BOLD

Midwest White

The Midwest District White division was in its 2nd year of existence and saw a new champion crowned in Barnesville, coached by Bryan Strand. Barnesville went on to have an exceptional year winning the district title and eventually winning the Section 8AA title with a big game over the Hawley Nuggets. Barnesville beat Pillager in the first round of state 42-14 at Moorhead High School. Barnesville would lose to Caledonia in the state semi-finals and Caledonia would go on to win the title.

Coming in 2nd in the district was DGF, coached by Anotho Sodeberg, who would go on to win their Section 8AAA title with a win over Pequot Lakes. DGF won their first round state game vs Morris 43-20. DGF lost in the state semi-finals to the eventual state champions, Rochester Lourdes.

Barnesville and DGF faced off in week 5 and the game came down to the wire with Barnesville winning 22-21. It was a terrific game with two good football teams playing four quarters of great football. Other teams in the Midwest District was Hawley Nuggets coached by Peder Naatz, Breckenridge Cowboys coach by Chad Fredrickson, Warroad Warriors coached by Gabe Richards, Crookston Pirates coach by Scott Butt and Pelican Rapids Vikings coach by David Haugen.

The 2017 will see some changes to the district with DGF going to the Red Division and the bigger schools, Roseau will be taking their place in the White Division, Warroad will

Standings	District	Overall
Barnesville	6-0	11-1
DGF	5-1	11-2
Breckenridge	4-2	6-4
Hawley	3-3	7-4
Warroad	2-4	4-5
Crookston	1-5	3-7
Pelican Rapids	0-6	0-9

Sub-District Awards		
Quarterback of the Year	Carson Yaggie	Breckenridge
Offensive Back of the Year	Brady Tweeton	Barnesville
Receiver of the Year	Stevin Lipp	Breckenridge
Offensive Lineman of the Year	Kieran Johnson	Barnesville
Linebacker of the Year	Ryan Poehls	DGF
Defensive Back of the Year	Ben Beyer	DGF
Defensive Lineman of the Year	Sam Wamre	Hawley
Specialist of the Year	Drew Stalboerger	DGF
Coach of the Year	Bryan Strand	Barnesville
Player of the Year	Kieran Johnson	Barnesville

be moving out of the Midwest Division and moving into the Northwest District and Frazee will be moving into our division from the Blue division. Another change is that Pelican Rapids will be moving to Class A for the 2017 football season, but for the time being will remain in our division within the district. ■

North Central Blue

For the 2nd straight year, the North Central Blue District produced the AAAAA State Champion. This year, the Elk River Elks represented the District and won the State Championship following St. Michael-Albertville's title run in 2015. Buffalo, Cambridge-Isanti, Elk River, Rogers, St. Francis, and St Michael-Albertville make up the Blue portion of the North Central District.

Elk River, led by Coach Steve Hamilton, dominated most

Standings	District	Overall
Elk River Champions	5-0	8-0
St. Michael-Albertville	4-1	7-1
Rogers	3-2	6-2
Buffalo	2-3	3-5
St. Francis	1-4	4-4
Cambridge-Isanti	0-5	2-6

games in their season averaging well over 400 yards on the ground per game. The Elks averaged over 44 pts per game on offense and gave up just over 11 pts per game on defense. With offenses today in football, it is rare to see teams throw under 10 passes a game. Elk River attempted under 30 passes for the ENTIRE SEASON on their way to the 1st ever Football State Championship.

Jared Essler's St. Michael-Albertville Knights featured a strong defense and a solid running game on the way to an 8-2 record. The Knights only losses of the year came to eventual State Champ Elk River. The Knights move to AAAAAA next year ending many rivalries with North Central Blue opponents.

Rogers, led by Marc Franz, had a solid season playing strong defense and running the ball effectively on offense. This formula is the same one Rogers has used over the last number years as they continue to have a successful program. The Royals finished the season 6-3 losing a tough section battle to

Monticello.

Todd Bouman's Buffalo Bison showed improvement on their way to a 3-6 record. The Bison were led by a potent offense featuring a hard to stop aerial attack. Buffalo returns many starters and looks to be a tough opponent in the fall of 2017.

St. Francis's defense led the way as the Saints finished the season with a 6-5 overall record. Their strong District schedule prepared them for a strong playoff run as they fell in the Section Championship to Andover in hard fought 20-18 battle. Brent Swaggert was recently named the Head Coach of the Saints after serving as an Assistant for the last number of years.

The Cambridge-Isanti Bluejackets finished the season with a 2-6 record. Mike Hennen's Bluejackets were in a few close games throughout the season including a 22-36 loss in the Section playoffs to eventual Section Champion Andover. ■

North Central Red

St. Cloud Tech

St. Cloud Tech was able to clinch the District Championship going undefeated in the regular season and finishing 9-1 on the year. Tech's no huddle hurry-up offense put up record numbers and a opportunistic defense created additional scoring opportunities by forcing key turnovers and making big plays. An experienced senior class including quarterback Chris Backes and a dominant group on the interior of the offensive line anchored by Center Micah Mangel and guards Jack Mussman and Gunnar Johnson led the Tiger's offense. On defense, an experienced senior linebacking corps including middle backers Nick Schmitt and Drew Amundson along with Max Martig and Linus Segbe on the outside. Tech will have a strong nucleus back in the defensive backfield and at receiver and runningback for the 2017 campaign.

Brainerd Warriors

The cliché of 'you must come to play' every Friday night is a truism in the Central Lakes conference As it pertains to the Brainerd Warriors, 2016 was no exception. Between opening and ending losses to eventual state champion Elk River and the tough section champions Alexandria, the Warriors were in fast paced scoring duels each and every night, losing to high powered Alexandria and gaining wins over Sauk Rapids, St. Cloud Apollo (twice), Willmar, Bemidji and Moorhead. With the exception of Elk River and Sartell, each and every game was closely played and featured hi-lights by each team, as the

Standings	District	Overall
St. Cloud Tech	7-0	9-1
Alexandria	6-1	9-2
Brainerd	5-2	6-4
Sartell-St. Stephen	5-2	6-4
Moorhead	4-2	5-5
Rocori	3-3	9-4
Willmar	2-5	4-7
Sauk Rapids-Rice	1-6	2-7
Bemidji	1-6	1-8
St. Cloud Apollo	0-7	1-8

offenses seemed to rule the night. The Warriors, a relatively young team, led by All-Conference Jr. running back Charlie Geraets (1660 yds, 20 Td's) and Jr. All-Conference Lb'r Luke Johnson, finished 6-4 for the season. Perhaps the hi-light of the season occurred when the Warriors won a come from behind victory over Moorhead. Following a Moorhead go ahead touchdown with 1:59 remaining, Brainerd Soph QB, Sam Miller. from his own 43, threw deep across the middle. The Warriors benefited from a fortunate bounce off a Souds' defender into the hands of Soph receiver Pat Gervanek. Gervanek scampered for the winning touchdown. And so it goes in the very tough Central Lakes. Come to play every night.

Sartell Sabres

The Sabre's got off to a slow start again in 2016, losing their first three games including a hard fought game with Rogers (14-17), a loss to a talented Tech team (7-28), and a shut-out on the road at Moorhead (24-0). After the slow start, the Sabres rallied to defeat Bemidji (21-0), Rocori (40-13), Sauk Rapids (21-7), and a defeat of Brainerd (35-6) to end the regular season at 5 wins and 3 losses. After a first round bye, the Sabres defeated Brainerd for a second time on the year, this time shutting out the Warriors 35-0 and earning the chance to play for the Section 8 Championship. The Sabres traveled a short distance to St. John's University to take on top seeded Alexandria for right for a birth in the State Tournament. The Cardinals proved to be too much for the Sabres, although Sartell made a valiant comeback, scoring two TDs in the 4 quarter, and driving with two minutes down by 8 points, before Alexandria sealed the victory with an interception in the end zone. The Sabres ended the season with 6 wins and 4 losses. The Sabres will start a brand new 11 players on defense. Preston Simpson (CB-12) and Jordan Och (SS-12) bring some much-needed experience to the Sabre defense, but there will be a lot new faces. On offense, Gavin Reitz (40 carries/383 yards) returns as an explosive Fullback, and Tight Ends Trent Meyer (15 rec./272 yards) and Riley Hartwig (9 rec/130 yards) returns as solid blockers and dynamic receivers.

Rocori Spartans

Rocori Spartans led by 22 seniors went to state for their third straight year (4th in the last six years). The Spartans who finished their second year in the competitive North Central Red Division finished 5-3 in the regular season. Rocori entered the Section 8 4A playoffs as a three seed for the third year in a row. The Spartan were able to beat three excellent football teams (Little Falls, Detroit Lakes, and Wilmar) to earn the right to go to the State 4A playoffs. Rocori beat a good Orono team to get their 9th win of the season. The Spartans lost in the State Semi-Final in an exciting game to Winona 34-30. Off the field the Spartans got it done in the classroom earning their 7th Team Academic Gold Standard. Nick Warne was a starting defensive end and running for the Spartans also was named to the all-academic team. For the 6th year in a row, the Spartans have had someone make that team. Rocori will have a lot of experience returning for the 2017 season.

Willmar Cardinals

The young Willmar Cardinals started slow in 2016, losing their first four games. The second half the of the regular season was much improved as the young and inexperienced players became more comfortable and played with more confidence. By the time the playoffs rolled around the Cardinals were ready to make a little run. On Senior Night the Cardinals played their best game of the year against Sauk Rapids-Rice defeating the

Storm 39-22. That gave the boys confidence heading into the playoffs where they knocked off Thief River Falls in the section quarterfinals 42-6. In probably the most dramatic game of the season the Cardinals traveled to Fergus Falls for the second consecutive season to take on the #1 seeded Otters in the section semifinals. The Cardinals came back from a 21 point deficit with under 5 minutes to go in the game. That victory set up Willmar to take on the Rocori Spartans for the second consecutive year. The Cardinals played them tough but were unable to overcome the good Spartan football team, losing 14-6.

It was a fun season, led by some good senior leaders and young and upcoming players. Tyler Johnson and Brady Reigstad were the stalwarts of the Cardinal offense and defense, starting on both sides of the football. The 2017 season looks to be an exciting one with the Cardinals returning all district players in QB Donald Jurek and WR Noah Slagter.

Sauk Rapids Rice Storm

The 2016 team showed a lot of toughness and grit even though the results were nowhere near our team's goals. The season began with a game that ended on an eighty-yard drive in the final minute and game winning field goal as time expired. We then played a number of highly talented teams. Many of them we played close but were unable to make a few critical plays that could have changed the outcome. As the season progressed, we were able to give some younger players opportunities to show what they can do. Many of these players opened eyes and became more comfortable in leadership roles. Our final home game of the season was also our final victory. We made a number of the critical plays throughout the game that gave us a lead and found a way in the end to get the win.

Bemidji Lumberjacks

The Lumberjacks finished the season with a 1-8 record, losing in the section quarterfinals. The Jacks moved the ball with the ground game, featuring RB Ethan Bush and through the air with QB Jonah Muller and his favorite target WR Alex Vollen. The defense was lead by SR LB Nate Snell.

The outlook for 2017 looks promising, with a young group of talent. Key returning starters WR/DB Eric Bieberdorf, and OC Kaleb Pemberton. Coach Hendricks will begin his 16 th season as the head Coach.

St. Cloud Apollo Eagles

The Apollo Eagles finished the 2016 season 1-8. The Eagles were competitive each and every week with three of their loses by 7 points or less. The Eagles looks to bounce back in 2017 with a majority of the offensive and defensive starters returning after gaining valuable experience in 2016 and the JV team having a successful season. ■

Northeast

Red Sub District

Cloquet

After a one year hiatus the Lumberjacks were once again 7AAAA champions in 2016. This year's trip to the state tournament was their 3rd in the last four years. Cloquet's season ended on a 42-7 loss to the Red Knights of Benilde St. Margaret in the Quarterfinal round of the State Tournament. The Lumberjacks finished in 3rd place in the Northeast District's "Red" Division with a 5-3 regular season record. All three losses were within a touchdown, two of which were decided in the last minute of the game. Cloquet was led by Seniors Evan Pokornowski (LB) and Devin Reynolds (DT) on a solid defense that held opponents to 18 points per game. Offensively the Lumberjacks were led by a host of juniors including Spencer Wehr (FB) and Tim Pokornowski (QB) and averaged 25 points and 370 yards per game. The Lumberjacks fielded a great mix of Seniors and Juniors and return a solid nucleus for the 2017 season.

Duluth Denfeld

Hermantown

The Hawks 4-0 start was a little surprising after losing 20 seniors and finishing 10-1 and only returning 2 offensive starters. But, the new seniors and juniors stepped up and filled the holes and finished number one seed in the section. The second half of the season didn't hold up for the Hawks. An injury plagued second half of the season caught up with them. The starting line-up lost 5 - 2 way starters for the rest of the season. The team's last hurrah was a win over conference champion Grand Rapids 38-14. The Hawks lost to rivals Cloquet and Proctor and their finale with Moose Lake finishing the season 5-3. Having a bye in the first round of the playoffs would normally give enough time to get players back in the line-up, but, concussions symptoms continued to haunt the Hawks until the end. Although, the Hawks were short in the end and had players in different positions, they never gave up and finished proudly with their heads held high. They started 5 seniors and 4 Sophomores in the last game of the playoffs. Seniors Mitch Pelkey, TJ Gamradt and Jon Cornelius had exceptional seasons for the Hawks. Before their injuries, seniors Nolan Halverson, Logan Judnick and Drew Adamec had contributed greatly to the Hawks early success. Dominating Junior Luke Lindberg was the starting FB and MLB for the first 6 games before a concussion took him out for the rest of the season. The positive things from the season are that the Sophomores and Juniors

coming back next year will have a lot of playing experience. The Hawks JV team was undefeated on the season and will provide next year's team with an experienced athletic group coming back for 2017.

Hibbing

Proctor

The Proctor Rails campaign for the 2016 football season was one where the Rails found themselves playing a schedule of teams who were all larger than the Rails. In spite of this challenge the Rails ended the season with an 8-2 record, ending their season in the Section 7AAA final game.

The Rails started their Northeast District Red play with a loss to Grand Rapids. The Rails entered the game with a record of 2-0 but stumbled against their first district foe 29-0. After this loss the Rails did not lose in district play the rest of the year.

The Rails rebounded with a convincing win against a resurgent Hibbing team taking the contest 28-8.

Next up for the Rails was Duluth Denfeld. In 2015 the Hunters had shocked the Rails for their first win of the year. The Rails came into the 2016 game more focused and dispatched the Hunters 30-12.

Proctor looked to continue its' winning streak in their next game taking on Cloquet. This is a game that has become a rivalry game and a tough fought contest. Senior John Aase took the opening kickoff back for a touchdown putting the Rails up 6-0. That score held until late in the fourth quarter when Cloquet scored, made the extra point and made the game 7-6. Things were looking desperate for the Rails when with minutes to go in the game Proctor blocked a Cloquet punt deep in Cloquet territory setting up a John Aase field goal winning the game for Proctor 9-7.

The schedule did not get easier for the Rails in that the next game was the annual Hammer Game. This is a game that has been played between the two schools since 1941. The Rails were looking to break the Hawk streak of keeping the traveling trophy. The Rails came out strong and won the game 20-16 to gain the Hammer back.

The Rails ended up tying with Grand Rapids for the Northeast Red District title this year.

Post season awards for the Rails included the following All District players: 1st Team – Seniors John Aase, Beau Adams and Dakota Ellis-Ciaccio, Juniors Kaleb Stevens and Cody Hampton with Honorable Mentions – Senior AJ Maas and Junior Lucas Nordquist.

In addition the Rails earned Defensive Player of the Year –

John Aase and Lineman of the Year – Beau Adams.

Coach of the Year for Northeast Red District went to the Rails head coach, Derek Parendo and Assistant Coach of the Year to Rails Assistant Jeff Gunderson.

Grand Rapids

The Grand Rapids Thunderhawks saw their first ever district championship in school history materialize during the 2016 campaign. Rapids opened the season at 3-1, with shutout victories over North Branch (14-0) and eventual Northeast Red District Co-Champions Proctor (29-0). The victory over Proctor was the only blemish on their regular season schedule.

After victories over Cloquet and Hibbing, Rapids fell to Hermantown and finished the regular season with victories over Duluth Denfeld and Pine City. After earning the programs first ever #1 seed in section play, Grand Rapids fell to eventual section champion Andover in the section semi-finals.

Grand Rapids saw six players named to the Northeast Red All District 1st Team. On Offense, Grand Rapids had seniors Cole Walters (OL) Ty LeCrone (RB), Gavin Kuschel (RB) honored while defensive players juniors Brody Holm (DL), Zach Engen (DL), and senior Jack Bowman (DL) were selected to represent the Red subdistrict. Honorable Mention honors went to seniors Dylan Surface (OL), Alex Body (OL) and Kermit Goins (RB).

Gavin Kuschel was named Offensive Player of the Year for the Northeast Red District.

WHITE

GNK

Eveleth-Gilbert

International Falls

Marshall School-Duluth

Did not field a varsity team in 2016

Two Harbors

The Agates posted a 6-4 record overall as well as finished in a 3 way tie for the Northeast White District Championship after being Northeast White District Champs last season. Two Harbors rushed for over 3,000 yds for the 4th straight season with Spencer Ross leading the way with 1,450 yds and 19 TD's. The Agates were led by 17 seniors including captains Trey Fleck, Keller Conrow, Colton McCullough, and Alex Oling.

Virginia

BLUE

Aitkin

The Aitkin Gobblers finished the season with a 7-2 record. Aitkin will graduate close to 20 players. It was a very memorable season and we will need to work hard to replace our seniors.

Crosby-Ironton

The Crosby-Ironton Rangers finished the season 7-3. The Ranger's offensive attack was led by All NEFD senior QB, Noah Gindorff with 1468 yards rushing and 22 TD's. He completed 46 of 92 pass attempts for 787 yards and 6 TD's. Gindorff was also a Mr. Football Finalist and the NEFD Blue Offensive MVP. All NEFD senior tailback, Jake Larson also ran for 1176 yards and 13 TD's. Leading receivers for the Rangers were junior TE Eli Winegarner with 16 catches for 237 yards and 1 TD and senior receiver, Michael Leonhardt with 9 catches for 178 yards and 3 TD's. Senior guard, Matt Stangel and senior fullback, Logan Peterson were also named to the All NEFD Blue first team. Junior tackle Brehndan Knox, junior center Beau Sanford and senior punter Evan Edmundson were named honorable mention.

The defense was led by senior LB's Gindorff (130 tackles, 7.5 sacks), Stangel (110 tackles) and Peterson (101 tackles).

Esko

Moose Lake-Willow River

Mora

Pine City

The 2016 Dragon Football team played extremely competitive in the very difficult Northeast District. The team finished 2-8 on the season with wins over Moose Lake-Willow River and the Annandale Cardinals in the first round of the Section playoffs. That win advanced the Dragons to the Section Semi-Finals for the first time since 2010. The Dragons were defeated by Mora, ending the 2016 season. Offensive lineman Daniel Showalter and running back Aaron Pulkrabek were selected All-District. Running back Jacob Lunceford led the Dragons with 8 touchdowns on the season and linebacker Carter Utecht was the Pine City leader in tackles.

SILVER

Barnum

Barnum saw a lot of individual improvement this year. 2015 was tough with many freshmen forced into starting roles. 2016 saw many individuals improving their game and attendance in the weight room during the offseason was up. Seniors Colton Ziegler, Logan McNulty, and some other upperclassmen set the tone early for their younger teammates and focused on making the team better as a whole and growing the program. Many younger players relied on their experience from last year to take another step forward. Finding one win and closing the gap between ourselves and the other teams on the schedule was big for this young group. Being in the position to win games was a step forward. Understanding what it takes to finish a game out and get the victory is the next step. The Bombers will

look to improve on individual strength and the win column in 2017.

Braham

The Braham Bombers finished the year with an overall record of 8-3 and a Northeast District Silver Division record of 6-1. The Bombers finished in second place of the Silver Division and Champions of Section 7A, which led to their 5th state tournament appearance in 6 years. The Bombers eventually lost in the State Quarterfinals to Wabasso. Braham was led by All-District players Jesse Anderson, Eric Eskuri, Cody Carlson, Josh Zimpel and Grant Wilsey. All-District Honorable Mentions Hunter Giffrow, Hunter Richmond and Tom Baker.

Chisholm

Deer River

The Deer River Warriors finished the 2016 campaign 6-4 losing to eventual section champion Braham 26-20 in the 2nd round of the play-offs. The Warriors graduate 12 seniors from this year's squad including All-District players Chad Benham, Tyrese Jackson, and Jacob Schimek. Schimek was also the 2016 All-District Most Valuable Defensive player. Returning in 2017 will be All District running back Jamaal Baird along with Tyler Gunderson who was the 2nd leading tackler on the squad in 2016. The Warriors will be returning a strong junior class of 12 players to start their 2017 senior season.

East Central

The East Central Eagles finished the season 1-7. Their win was a homecoming victory over Barnum. Despite their record, the Eagles were in many close contests. Senior Jamison Seibert was the team's leading rusher, and was an All Conference

selection. All Conference Honorable Mention went to Junior receiver Logan Lindstrom, who was the team leader in receptions. Sophomore linebacker Matt Klocke who was the leading tackler, and Junior lineman Adam Fiebing.

Hinckley-Finlayson

The Hinckley-Finlayson Jaguars are coming off of one of their best seasons in years, finishing with a 9-1 record. The Jaguars will be bringing back 14 juniors from this year's team to build on, and along with some underclassmen gaining playing time, the Jaguars hope to be back in the mix again for a strong season.

Mesabi East

Rush City

The Rush City Tigers finished the year with a record of 8-3 and as Section 7AA Runner Up, their first section title game since 2009. In the Northeast Silver Sub District they finished third with a 5-2 mark. The Tigers were led by All District players Tyler Oscarson (QB/CB), Riley Sykes (FB/LB), Dylan Mielke (DL/RB), and Ethan Anderson (CB/WR). All District Honorable mention players were Zach Mell (C/DL), Dalton Mielke (OL/DL), and Dylan Groshens (WR/S).

The Tigers were led offensively by Tyler Oscarson (916 rushing yards with 13 rushing TDs, and 672 passing yards with 8 TDs), and Riley Sykes (876 rushing yards with 13 rushing TDs). Their leading receiver was Ethan Anderson with 411 receiving yards and 3 TD's. The heart and soul of the Tigers defense was Dylan Mielke who led the team in tackles, sacks, and blocked punts. ■

Northwest West

Since the start of district football, the West Division of the Northwest District has been ruled by Mahnomen. In 2017, Mahnomen will try to continue their domination while a few other teams will try to rise to the top.

Mahnomen will look to use the same formula for success they have shown in the past with a strong running game and solid defense. They will only have four seniors so younger players will play key roles from the start.

Polk County West will return 8 regulars on each side of the ball in 2017. They have lost in the section final the last two years to Mahnomen and are hoping the 3rd time will result in a section championship.

The BGMR Gators are bringing back 6 seniors for the 2017

season. They will be led by QB Tyler Isane, a 3 year starter, and running back Logan Anderson. This will be their 4th season back in 11 man football and hope to build off their 2-7 record from last year.

Fosston returns several underclassmen from last year's 5-5 team. The Greyhounds will look to seniors Brett Sundquist and Krister Anderson in the backfield for leadership. Seniors Zach Vig and Jason Voxland will anchor the lines on both sides of the ball. Cole Olson returns as a senior linebacker on defense. The Hounds also expect being things from juniors Isaac Dryburgh, Teigen Hextell, and Karsten Broadley.

The Falcons of Fertile-Beltrami will return 6 on offense and 7 on defense with experience. They will need to replace several

key positions on both sides and gain some depth with younger players. Learning quickly and staying healthy will be key to the season as numbers will be down from years past.

Red Lake County will try to rebound from an unusual down season. The Rebels will look to get back to basics and try to

execute better than a year ago. Getting young guys to play key roles and staying healthy will be very important for the Rebels



Southeast Red

Perennial state power Rochester Lourdes went undefeated in sub-district play to claim the Southeast Red Sub-District crown in 2016. The Eagles edged Stewartville in week 8 by a score of 29-28 to take the championship. Lourdes went on to win the class 3A state championship in a classic battle versus St. Croix Lutheran 42-35. The Eagles were led by the senior quarterback/running back combination of Noah Hillman and Carter Greguson. The combination accounted for 26 TDs and 1809 yards rushing in district play.

Stewartville and Kasson-Mantorville each finished the regular season with 6-2 records. Stewartville wide receiver Nick Thiel led the sub-district with 21 total regular season touchdowns and 1081 receiving yards on 56 receptions. KM's Noah Ryan finished the regular season with 811 rushing yards and 12 total TDs. Ryan was also voted the sub-district defensive player of the year from his defensive end position.

Byron had a turnaround season behind first year head coach Ben Halder. The Bears went 5-3 in the regular season and 6-4 overall. Senior running back Caden Blazing rushed for over 800 yards while junior quarterback Michael Coble threw for just over 1000 yards and 12 TDs.

Cannon Falls enjoyed a nice run in the Section 1AAA playoffs before being clipped by Rochester Lourdes in the section championship game. Senior tailback Mason Hofstedt put up some amazing rushing numbers for the Bombers, going for

Standings	District	Overall
Rochester Lourdes	7-0	14-0
Stewartville.....	6-2	6-3
Kasson-Mantorville.....	6-2	7-3
Byron	4-3	6-4
Cannon Falls.....	4-3	6-5
Plainview Elgin-Millville.....	2-5	3-6
Lake City	1-6	2-8
LaCrescent	0-7	0-9

Awards
Offensive Player of the Year:..... Nick Thiel, Stewartville
Defensive Player of the Year Noah Ryan, Kasson-Mantorville
Lineman of the YearGrant Overton, Kasson-Mantorville
Co-MVPs
Mason Hofstedt, Cannon Falls
Carter Greguson, Rochester Lourdes
Coach of the Year.....Mike Kesler, Rochester Lourdes

1,438 yards in the regular season and eclipsing the 2,000 yard mark during the playoffs.

Plainview Elgin-Millville, Lake City and LaCrescent were in rebuilding mode in 2016 and look to improve for the 2017 season. ■

South Central White

Two teams came out of the South Central – White district with dominant regular seasons, leading to one team reaching the 3A state tournament. Sub-District champion Jackson County Central (JCC) with a 8-0 regular season record was lead by Offensive Back of the Year – QB, Easton Bahr, Defensive Lineman of the Year – Matt Strom, and Co-Defensive Back of the Year – S, Nico Feroni. On the season multiple Huskies placed their names in the top 5 of their record books for season and career numbers. JCC had key victories early in the year against Maple River, Pipestone, Luverne, and Blue Earth – all games being within one touchdown. From here the Huskies ended the season in dominant fashion winning all games by a four-touchdown margin until beating Fairmont for the section title, 21-14. Additionally, Sub-District Coach of the Year Tom Schuller broke the JCC wins record with his 145th win of his career vs.

MCW during the regular season. JCC would eventually fall to the 3A State Champion Rochester Lourdes in the first round of the state playoffs.

Sub-District runner-up Redwood Valley finished the regular season with an impressive 7-1 record with their only regular season loss to JCC. The Cardinals were lead by Co-Defensive Back of the Year James Pendleton and an explosive offensive attack. Redwood started the season on a hot streak getting to 6-0 with convincing wins of two touchdowns or more. Redwood ended its season with a loss in the Section Championship came to Lakeview.

Other sub-district honors went to Offensive Linemen of the Year – Logan Stratton, Luverne and Specialist of the Year – Tyl Woelber, Pipestone. ■

Southwest

The season started off with a match-up between the defending state champions, state ranked Minneota Vikings and the Wabasso Rabbits. The Vikings won a close game which propelled them to an undefeated regular season and a West Sub-District title. The Rabbits ran the table in the East claiming the sub-district title. The two teams met again in the Section 5A semi-finals at Minneota where the Rabbits exacted their revenge defeating the Vikings 30-20 and in the process ended a Viking 36 game winning streak. The Rabbits went on to defeat BOLD in the Section 5A title game. Wabasso ended up losing in the state semi-finals to eventual champion Minneapolis North 8-16. Two teams that tied for fourth in the West Sub-District met in the Section 3A title game. Murray County Central avenged an early season loss to Adrian by winning the title in overtime 27-26. Murray County Central was defeated in the state quarterfinals by eventual state runner-up Rushford Peterson 21-44. Red Rock Central (6-1) and Sleepy Eye St. Mary's (5-2) put together solid seasons in the East. Lakeview (5-2) and Dawson-Boyd (5-2) point together a quality season in the West. Individually, Mitchell Fulton (RB) – Wabasso was a

Standings	East Sub District
Wabasso	7-0
Red Rock Central.....	6-1
SESM.....	5-2
MVL.....	4-3
New Ulm Cathedral.....	3-4
Sleepy Eye.....	2-5
Springfield.....	1-6
Cedar Mtn. Comfrey.....	0-7

Standings	West Sub District
Minneota*	7-0
Lakeview	5-2
Dawson-Boyd.....	5-2
Adrian	4-3
MCC.....	4-3
Canby.....	4-3
LQPV	2-5
RTR.....	2-5
TMB.....	1-6
Ortonville.....	1-6

"THE KEEPERS OF THE GAME"

Mr. Football finalist and played in the All-star game at US Bank Stadium. Tanner Differding (DT) - Minneota and Eli Weber (WR) - Dawson-Boyd played for the south team in the All-star game as well.

The Southwest District will take on a different look the next 2 years. The district goes from 18 to 14 teams with RRC, SESM, Cedar Mtn., and RTR all going to 9-man football, MVL moving

out of the district and YME moving into the district. Teams in the East will be Adrian, Murray County Central, New Ulm Cathedral, Sleepy Eye, Springfield, Tracy-Milroy-Balaton, and Wabasso. Teams making up the West will be Canby, Dawson-Boyd, Lac qui Parle Valley, Lakeview, Minneota, Ortonville, and Yellow Medicine East. ■

Awards	East	West
Coach of the Year.....	Joe Kemp - Wabasso.....	Chad Johnston - Minneota
MVP	Mitchell Fulton (SR) – Wabasso	Eli Weber (SR) – Dawson-Boyd
Offensive Back.....	Mitchell Fulton (SR) – Wabasso.....	Jake Werner (SR) – Lakeview
Offensive Lineman.....	Trevor Pederson (SR) – RRC.....	Tanner Differding (SR) – Minneota
Defensive Back.....	Cooper Taylor (JR) – Wabasso.....	Eli Weber (SR) – Dawson-Boyd
.....	Cole Pankonin (SR) – RRC	
Defensive Lineman.....	Devan Liebl (SR) – Wabasso.....	Trenton Bahn (SR) – Lakeview
.....		Matt McNab (SR) – MCC

Twin Cities Maroon

The second year for the Maroon Division of the Twin City District provided exciting games, supposed upsets and just good football. Competition, as last year, seemed appropriate, accomplishing the goal of district football. Teams seemed to have settled in, now one year more comfortable with the new competition, road trips and stadiums.

St. Croix Lutheran took top honors with a perfect 6-0 district record, Fridley and Highland Park tied for second at 4-2, while St. Paul Central, Minneapolis Washburn, St. Anthony Village and Minneapolis Sothwest rounded out the last four spots. With two new replacements to the division for 2017, fair and stiff competition should be even more evident throughout this season. ■

Academic All-State Football Team Concept

Purpose of Awards – To promote and recognize academic achievement by Minnesota high school football teams in each classification.

Proposal – Team academic recognitions in each class will be awarded based on the following standards and procedures.

Criteria

GOLD AWARDS: A team must have a GPA of 3.26 or above for the past school year for their whole home official roster. (NO FRESHMAN)

SILVER AWARDS: A team must have a GPA of 3.0 - 3.25 for the past school year for their whole home official roster. (NO FRESHMAN)

Guidelines and Procedures

- * The teams and awards from each class will be chosen by the Academic All-State Team Committee.
- * A team must use all members on their official home roster in determining the team GPA. (may include Grades 10-12, no freshmen for small schools.)
- * Each player's name and GPA must be recorded and sent to the class representative.
- * A 4.00 system will be used and 4.00 will be the highest grade possible. No weighted grades.

- * Grades will be rounded to two decimal points.
- * Grades will be from the past full school year. No summer school or current fall grades should be included.
- * Individual GPA's will be added together and divided by the number of team members to determine the team GPA. The team GPA must be included on the entry form.
- * A school official (principal, councilor, etc.) must sign the form.
- * To be eligible for the team academic awards, the head coach must be a current member of the MHSFCA.
- * Forms must be submitted to the class representatives by November 1st and award winners must be submitted to the committee by November 8th.

INDIVIDUAL Academic All-State Football - Player Guidelines and Procedures

A review of the Minnesota State Football Coaches Association's basic requirement for the team are:

- 1) Must be a senior varsity letterman for the current season who is a starter on either offense, defense or kicker.
- 2) The player must have outstanding football and leadership ability plus academic excellence.
- 3) Player must carry a 3.0 (4.0 scale) grade-point average in an academic core curriculum in his sophomore, junior and first quarter of the senior year.
- 4) Player shall not have any Minnesota State League eligibility penalties or infractions during his high school career.
- 5) Each class will select a team consisting of the number stated below:
9-Man=13 3A=16 6A=19
1A=14 4A=17
2A=15 5A=18
- 6) The teams will not be selected by position, but the committee will select the top football players of each class who meet the criteria stated above.
- 7) The Coach submitting the player application must be a member of the Minnesota State Football Coaches Association.

Guidelines & Procedures:

- 1) All applications should be typed or printed with correct names and data.

- 2) The selection committee must have a good summary of not only the player's academic record, but the player's football accomplishments.
- 3) If the first quarter grades are not out for the applicant's senior year, his first quarter senior subjects must be listed.
- 4) All applications must be sent to your class academic team representative. If you have any problems, contact your class representative first. Please check the time deadlines on the application form.

Remember: This is your state's FOOTBALL COACHES ASSOCIATION'S endeavor.

Individual All-State Player Committee

Class	Name	School	Fax Number
6A	Tom Develice	Blaine	763-506-6503
5A	Eric Longtin	North St. Paul	651-748-6091
4A	Andy Rostberg	Hutchinson	320-587-0955
3A	Brian Odland	St. Peter	507-934-4783
2A	Scott Gonnerman	Benson	320-843-2262
1A	Wayne Petermeier	Browerville	320-594-8105
9M	Mike Mahlen	Verndale	218-445-5185
Chairman	Dave Frisell,	Hibbing	
	218-262-0446	davefris@hibbing.k12.mn.us	

Academic All-State Football Team Application

School _____ Class _____

Address _____ Section _____

Head Coach _____ Phone (_____) _____

Players Name	G.P.A.	Players Name	G.P.A.
1) _____		26) _____	
2) _____		27) _____	
3) _____		28) _____	
4) _____		29) _____	
5) _____		30) _____	
6) _____		31) _____	
7) _____		32) _____	
8) _____		33) _____	
9) _____		34) _____	
10) _____		35) _____	
11) _____		36) _____	
12) _____		37) _____	
13) _____		38) _____	
14) _____		39) _____	
15) _____		40) _____	
16) _____		41) _____	
17) _____		42) _____	
18) _____		43) _____	
19) _____		44) _____	
20) _____		45) _____	
21) _____		46) _____	
22) _____		47) _____	
23) _____		48) _____	
24) _____		49) _____	
25) _____		50) _____	

Send Team Application to (Fax Numbers):

9 Man	Chuck Ross,	Underwood	218-826-6310
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Jon Bakken	WEM	507-362-4561
3A	Leo Pohlkamp,	Pierz	320-468-6577
4A	Ryan Weinandt,	Dassel-Cokato	320-286-4131
5A	Bubba Sullivan	Northfield	507-645-3455
6A	Dave Nelson,	Minnetonka	952-401-5905

Chairman: Wayne Petermeier Browerville 320-594-8105
ribsy@browerville.k12.mn.us

Composite

(Signature of verifying school official)

Title

Class 6A, 5A, 4A and 3A make copy of page for additional names.

INDIVIDUAL APPLICATION

Academic All-State Player

Name of Applicant _____ Grade _____

Birthday: Month _____ Day _____ Year _____ Height _____ Weight _____

School _____ Coach _____

Football position played as a Starter Offense: _____ Defense: _____

Circle Class: 9-Man 1A 2A 3A 4A 5A 6A Kicking Game: _____

Accumulative High School G.P.A. _____ Attach a Transcript or list subjects completed or enrolled in.

Grade 10 Subjects	Grade 11 Subjects	1st Quarter Senior Subjects
1. _____	1. _____	1. _____
2. _____	2. _____	2. _____
3. _____	3. _____	3. _____
4. _____	4. _____	4. _____
5. _____	5. _____	5. _____
6. _____	6. _____	6. _____
7. _____	7. _____	7. _____

Use a 4.00 Scale for G.P.A.

Pursuant to the provision of PL 93-380 (Family Educational Rights and Privacy Act of 1974), I hereby grant permission to release a copy of my academic record and G.P.A. average for use by the Minnesota Football Coaches Association in selecting the Academic All-State Team.

Signature of Parent or Student Applicant if 18 years or older

PLAYER INFORMATION

Coaches: Please use the following format to submit data for your applicant.

School Background Information:

- 1) List academic honors.
- 2) List other school activities and leadership role in school.
- 3) List other sports with varsity participation.

Football Information:

- 1) Football position: List in order of which player has best demonstrated ability (offense defense kicking game).
- 2) List all football honors - previous and this season.
- 3) Statistics (list stats from this season and career totals). Mention any school or conference records. Mention if a lineman has any team stats that may be pertinent to the team's success.
- 4) Coaches comment: Please submit a short letter to the academic team selection committee describing your player in terms of ability performance potential character and what makes this football player special.

Time Deadlines:

- 1) All applications must be in the hands of the class representatives by Nov. 1.
- 2) Class selection committees must have teams picked by Nov. 1 and sent to the academic chairman.
- 3) Class representatives must notify all team selections by Nov. 1.

Send Individual Application to (Fax Numbers):

6A	Tom Develice	Blaine	763-506-6503
5A	Eric Longtin	North St. Paul	651-748-6091
4A	Andy Rostberg	Hutchinson	320-587-0955
3A	Brian Odland	St. Peter	507-934-4783
2A	Scott Gonnerman	Benson	320-843-2262
1A	Wayne Petermeier	Browerville	320-594-8105
9M	Mike Mahlen	Verndale	218-445-5185
Chairman	Dave Frisell,	Hibbing	
	218-262-0446	davefris@hibbing.k12.mn.us	

2016 ACADEMIC ALL STATE TEAMS

GOLD TEAM RECOGNITION

Team	Coach	Team	Coach	Team	Coach
9-Man		Class 2A		Apple Valley	Chad Clendening
Hancock	Chad Christianson	Minnewaska Area	Jeremy Christensen	Cambridge-Isanti	Mike Hennen
Kittson County Central	Cory Waling	Eden Valley - Watkins	Jon Thielen	St. Thomas Academy	Jason Sedlak
Nce-Uh	Dustin Flaten	Hawley	Peder Naatz	Class 6A	
Class 1A		Class 3A		Totino Grace	Jeff Ferguson
Wabasso	Joe Kemp	Litchfield	Jim Jackmann	Rosemount	Jeff Erdmann
Mankato Loyola	Marc Bachman	Class 4A		Cretin Derham Hall	Brooks Bollinger
Wabasha-Kellogg	Tim Klingbeil	Fergus Falls	Steve Olson	Lakeville North	Brian Vossen
New York Mills	Matt Radniecki	Detroit Lakes	Josh Omang	Farmington	Adam Fischer
Dawson-Boyd	Cory Larson	Class 5A			
St. Clair	Dustin Bosshart	Mankato West	Mark Esch		

SILVER TEAM RECOGNITION

Team	Coach	Team	Coach	Team	Coach
9 Man		Maple River	Brian Schoneck	Class 5A	
Ely	Brian Lamppa	Sauk Centre	Brian Riley	Brainerd	Ron Stolski
Verndale	Mike Mahlen	Lewiston-Altura	Brent Olson	Bemidji	Troy Hendricks
Fulda	Greg Erdmann	Benson	Scott Gonnerman	Alexandria	Mike Empting
Brandon-Evansville	Tim Pattrin	Class 3A		Hastings	Dana Strain
Westbrook-Walnut Grove	Leo Theisen/	Morris Area-Chokio/Alberta	Kevin Pope	Moorhead	Kevin Feeney
Carter Ross		Rochester Lourdes	Mike Kesler	Northfield	Bubba Sullivan
Underwood	Chuck Ross	Plainville-Elgin Millville	Kevin Lamb	Owatonna	Jeff Williams
Stephen-Argle Central	Ethan Marquis	St. Cloud Cathedral	Mark Chamernick	Chisago Lakes	Bill Weiss
Maccray	Justin Franks	Melrose	Vaugh Glasner/Chuck Noll	Waconia	Sam Baker
Class 1A		Lake City	Trevor Narum	Rogers	Marc Franz
Lac Qui Parle Valley	Kyle Inforzato	Perham	Kyle Knutson	North H.S. (St. Paul)	Eric Longtin
Goodhue	Tony Poncelet	Pierz	Leo Pohlkamp	Monticello	Jason Telecky
Lake Park - Audubon	Brian Robertson	Albany	Mike Kleinschmidt	Rochester Century	Jon Vik
Springfield	Paul Dunn	Luverne	Todd Oye	Sartell	Scott Hentges
Parkers Prairie	John Sieling	Glencoe-Silver Lake	Scott Tschimperle	Spring Lake Park	Jeff Schlieff
Kimball Area	Joe Brennan	Milaca	Cory Anderson	Andover	Rich Wilkie
Murray County Central	Patrick Freeman	Holy Family	Dave Hopkins	Duluth East	Joe Heitalla
Kerkhoven-Murdock-Sunburg	Eric Kauffman	Class 4A		St. Michael - Albertville	Jared Essler
Minneota	Chad Johnson	Orono	Jeff Weiland	Class 6A	
Janesville-Waldorf-Pemberton	Joe Joyce	Byron	Ben Holder	Minnetonka	Dave Nelson
Browerville	Wayne Petermeier	Wilmar	Jon Konold	Stillwater	Beau Labore
Red Rock Central	Isaac Jennings	Dassel Cokato	Ryan Weinandt	Blaine	Thomas Develice
Canby	Nick Kockelman	Marshall	Terrybahlmann	Edina	Reed Boltman
Adrian	Randy Strand	Rocori	Mike Rowe	Eastview	Kelly Sherwin
Class 2A		South St. Paul	Chad Sexauer	Eastridge	Dan Fritze
Zumbrota-Mazeppa	Daren Raasch	Hibbing	Dave Frisell	Eden Prairie	Mike Grant

2016 ACADEMIC ALL STATE INDIVIDUALS

9 Man

Joshua Heiman/ Ely
Zion Smith/ Cromwell-Wright
Tyler Reese/ Hancock
Hunter Chaput/ Win-E-Mac
Tanner Ketola/Silver Bay
Sawyer Strelnieks/ Cromwell-Wright
Renick Homan/ MACCRAY
Thomas Gryskiewicz/Stephen-Argyle
Central
Mac Schluttner/ Verndale
Spencer Billings/ Kittson County Central
Sam Bates/ Ulen- Hitterdal
Jordan Brownlow/ Verndale
Billy Staska/ McGregor

Class A

Bryce Irsfeld/ Browerville
Tate Thooft/ Russell-Tyler-Ruthon
Anthony Buboltz/ Minnesota Valley
Lutheran
Jacob McNamara/Goodhue
Mitchell Fulton/ Wabasso
Matthew McNab/ Murray County
Central
Colton Ziegler/ Barnum
Brandin Dahl/Kerkhoven-Murdock-
Sunburg
Jacob Schimek/ Deer River
Trevor Pederson/ Red Rock Central
Timothy Johnson/ Hinckley-Finlayson
Nicholas Antony/ Canby
Jon Schulte/ BOLD
Camden Heimerman/ Blooming Prairie

Class AA

Max Peterson/ Benson
Carson Yaggie/ Breckenridge
Thomas Hennessy/ Lewiston- Altura
Brandon Robley/ Caledonia
Simon Weller/ Sauk Centre
Austin Friese/ Yellow Medicine East
Noah Gindorff/ Crosby- Ironton
Noah Decker/ Maple River
Jack Schultz/ NRHEG
Benjamin Thoma/ Bagley
Colin Richards/ Minnewaska Area

Chris Sanders/ Blue Earth Area
Nathan Utecht/ Eden Valley- Watkins
Jesse Pigman/ Windom Area
Sandin Skow/ St. James

Class AAA

Carter Wattenhofer/ Litchfield
Jon Madsen/ Litchfield
Logan Wagner/ Litchfield
Jordan Kaczmarek/ Glencoe-Silver Lake
Logan Stratton/ Luverne
Noah Hillman/ Rochester Lourdes
Carter Greguson/ Rochester Lourdes
Lane Girtz/ Pierz
Chase Metzger/ Morris Area
Ryan Dietz/ Morris Area
Denner Dougherty/ Morris Area
Parker Rieland/ Albany
Anders Amdahl/ Albany
Keller Conrow/ Two Harbors
Tyler Keech/ Two Harbors
Ian Johnson/ Two Harbors
Jared Rohloff/Morris Area

Class AAAA

Grant Overton/ Kasson- Mantorville
Nick Warne/ Rocori
Jake Jolowsky/ Hibbing
Parc Chamernick/ Hibbing
Tristin Kinkade/ Waseca
Eric Wilson/ Benilde St. Margarets
Mason Penske/ Marshall
Maguire Peterson/ Hutchinson
Fletcher Vilt/ Hutchinson
Timothy Jack Gamradt/ Hermantown
Daniel Voxland/ Holy Angels Academy
Caden Blazing/ Byron
William Conzet/ Highland Park
Tyler Johnson/ Willmar
Ryan Bunker/ Mound Westonka
Jareth Hoernemann/ Dassel-Cokato
Luke Makovsky/ Mankato East

Class AAAAA

Mitchell Bourgerie/ St. Michael
Albertville
Anders Brown/ Chisago Lakes
Jacob Brown/Hastings

Charles Scott Cameron/ Bloomington
Kennedy
Vince Clark/ Andover
Collin Franz/ Rogers
Sam Gantman/ Henry Sibley
Peter Gould/ St. Thomas Academy
Peter Haley/ Mankato West
Brennan Hawkins/ Minneapolis
Southwest
Aron Johnson/ Chisago Lakes
Jared Juth/ Rochester John Marshall
Alexander Margo/ Grand Rapids
John McClay/ Elk River
Will Odland/ Alexandria
Luke Paschka/ Alexandria
Logan Romero/ St. Louis Park
Caleb Skiba/ Cambridge-Isanti

Class AAAAAA

Jeremy Ziemer/ Lakeville North
Joesph Russell/ Totino Grace
Ben Peterson/ Stillwater
Nathan Shoemaker/ Minnetonka
TJ Liggett/ Rosemount
Thomas Hintz/ Blaine
Riley Trettel/ Centennial
John Steiger/ Minnetonka
Kyle Halverson/ Totino Grace
Tommy Fuller/ Eden Prairie
Grant Ryerse/ East Ridge
Ryan Calvert/ Eastview
Mike Delich/ Eastview
Zach Panek/ Cretin
Zach Bennett/ East Ridge
Matt Gilray/ Burnsville
Ben Kytta/ Blaine
Jameson Bryan/ Eastview
Kole Hinrichsen/ Farmington

2016 PREP BOWL

Grand Meadow, Minneota, Caledonia, Pierz, Becker, St. Michael-Albertville, Osseo

9 Man

In classic matchup of contrasting styles, it was Grand Meadows punishing running game that took control over Cleveland's passing game for a 41-21 title win.

The Superlarks, coached by Gary Sloan, used a physical offensive line powerful running back to consistently pile up rushing yards, while Cleveland, co-coached by Kyle Atherton and Erik Hermanson, tried to stay in the game with their passing attack.

Class A

Minneapolis North captured its first state title in football with a 30-14 victory over Rushford-Peterson.

The Polars, coached by Charles Adams, used a balanced attack to build and maintain their lead. Rushford-Peterson, under Davin Thompson, tried to get their running untracked but were held in check by North's pursuing defense.

Class AA

The Caledonia Warriors completed a perfect season, 13-0, with superlative performance in the title game against Eden Valley-Watkins. The Warriors passed for over 300 yards and five touchdowns and stormed out to a 40-0 halftime lead in overwhelming Eden Valley-Watkins, coached by Jon Thielen.

The final score was 61-12 with Caledonia, coached by Carl Fruechte, winning its seventh state title in the last ten seasons.

Class AAA

Rochester Lourdes and St. Croix Lutheran played one of the more entertaining state title games in any class as a pass and double lateral play set up the game winning score with less than a minute to go in the game. The game showcased the offenses of both teams as over 800 yards of offense was generated, leading to the final 42-35 score. The only downside to offensive display was the seven combined turnovers that slowed drives.

Lourdes, 13-0, coached by Mike Kesler, committed only two turnovers, in the run heavy game that saw both teams rely on solid ground games. Carl Lemke coached St. Croix Lutheran to a 12-1 season and its third title game in the last six seasons.

Class AAAA

Benilde-St. Margarets and Winona engaged in a hotly contested game that came down to the final series. The Red Knights prevailed 31-28 after taking the lead with five minutes to play and then intercepting the Winhawks in the late stages of the game.

The title was the first for Benilde-St. Margarets, 10-3, coached by co-coaches Jon Hanks and Patrick Krieger. Winona, 11-2, under John Casselius, was also looking for its first state title.

Class AAAAA

The Elk River Elks completed a 13-0 season with a dominating performance in the 5A state title game against Spring Lake Park. The Elks, under the direction of head coach Steve Hamilton, came in with one of the states top running attacks and they continued that success by rushing for 446 yards and defeating the previously undefeated Panthers, coached by Jeff Schlieff, 42-14. Elk River's running game was working so well that the Elks did not attempt a pass during the game.

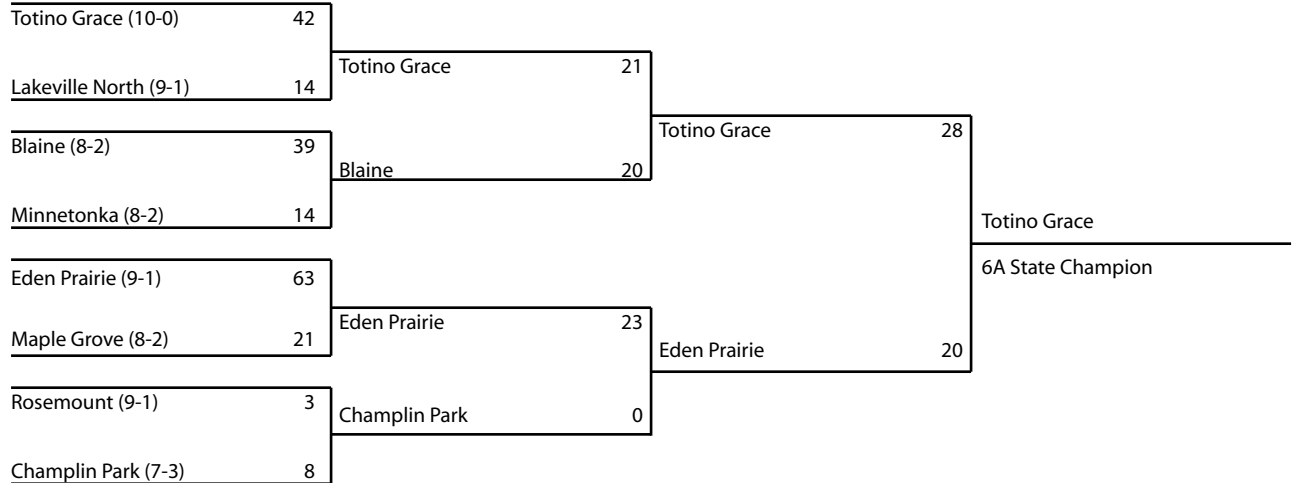
Class AAAAAA

Totino Grace, coached by Jeff Ferguson, won its 10th state title but first one in class 6A by defeating Eden Prairie, coached by Mike Grant, 28-20.

The first half of the game was a tight, defensive battle and was tied 7-7. Then in the second half the Eagles capitalized on several Eden Prairie mistakes and turned them into points. Grace utilized a solid running game that rolled up over 260 rushing yards against a stout Eden Prairie defense. Grace finished the season with a perfect 13-0 record while Eden Prairie went 11-2.

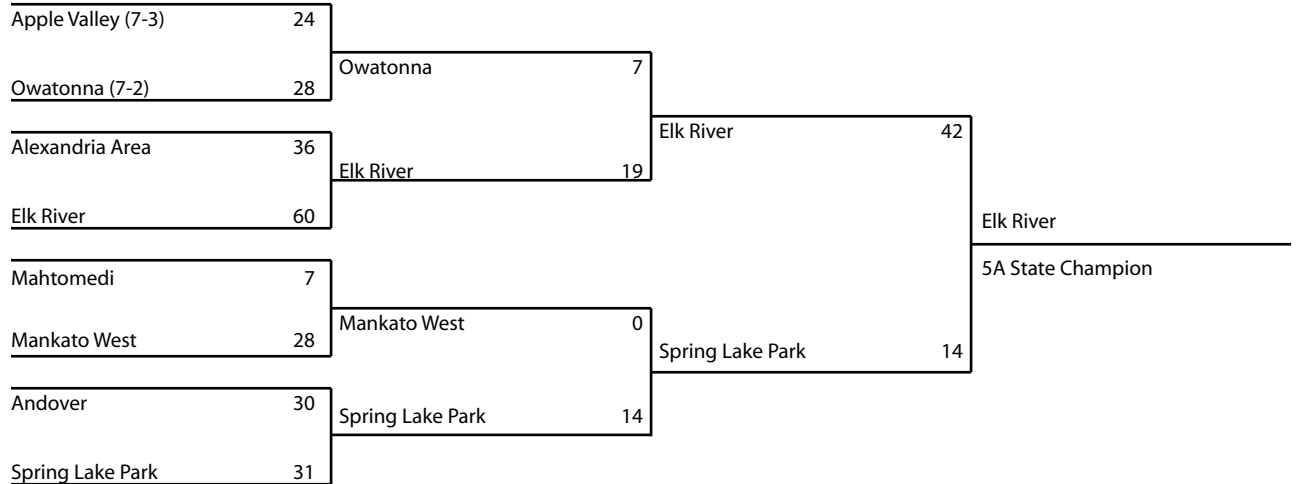
2016 Playoff Results

CLASS 6A PLAYOFFS



CLASS 5A PLAYOFFS

SECTION CHAMPIONS



SECTION CHAMPIONS				CLASS 4A PLAYOFFS	
South Saint Paul (10-1)	0				
Winona (9-1)	24	Winona	34		
Rocori (8-3)	30	Rocori	30	Winona	28
Orono (7-4)	7				Benilde-St. Margaret's
Fridely (8-2)	7				4A State Champion
Marshall (10-0)	40	Marshall	34	Benilde-St. Margaret's	31
Cloquet (7-3)	7	Benilde-St. Margaret's	44		
Benilde-St. Margaret's (7-3)	42				

SECTION CHAMPIONS				CLASS 3A PLAYOFFS	
Jackson County Central (10-0)	0				
Rochester Lourdes (10-0)	30	Rochester Lourdes	21		
Dilworth-Glyndon-Felton (10-1)	43	Dilworth-Glyndon-Felton	43	Rochester Lourdes	42
Morris Area/Chokio-Alberta (9-1)	20				Rochester Lourdes
St. Croix Lutheran (10-0)	32				3A State Champion
Belle Plaine (9-2)	21	St. Croix Lutheran	28	St. Croix Lutheran	35
Greenway/Nashwauk-Keewatin (7-2)	0	Pierz	35		
Pierz (9-1)	34				

SECTION CHAMPIONS				CLASS 2A PLAYOFFS	
Lakeview (9-2)	16				
Caledonia (11-0)	56	Caledonia	55		
Barnesville (10-0)	42	Barnesville	20	Caledonia	61
Pillager (11-0)	14				Caledonia
Norwood-Young America (7-3)	7				2A State Champion
Maple River (9-2)	12	Maple River	13	Eden Valley-Watkins	12
Royalton (9-1)	12	Eden Valley-Watkins	46		
Eden Valley-Watkins (9-1)	29				

CLASS 1A PLAYOFFS

SECTION CHAMPIONS

Murray County Central (8-3) 21

Rushford-Peterson (10-1) 44

Mahnomen (10-1) 28

Browerville-Eagle Valley (8-3) 40

Minneapolis North Community 32

Jannville-Waldorf-Pemberson (8-3) 13

Braham (8-2) 0

Wabasso (10-1) 22

Rushford-Peterson 49

Browerville-Eagle Valley 0

Minneapolis North Community 19

Wabasso 27

Rushford-Peterson 14

Minneapolis North Community 30

Minneapolis North Community

A State Champion

CLASS 9-MAN PLAYOFFS

SECTION CHAMPIONS

Edgerton/Ellsworth (10-1) 0

Grand Meadow (11-0) 36

Stephen-Argle Central (10-1) 18

Waubun (11-0) 41

Hillcrest Lutheran Academy (10-1) 22

Cleveland/Immanuel Lutheran (11-0) 39

Ely (10-0) 7

Cromwell-Wright 35

Grand Meadow 35

Waubun 0

Cleveland/Immanuel Lutheran 38

Cromwell-Wright 29

Grand Meadow 41

Cleveland/Immanuel Lutheran 21

Grand Meadow

9-Man State Champion

CLASS 6A CHAMPION - TONTINO GRACE



CLASS 5A CHAMPION - ELK RIVER



CLASS 4A CHAMPION - BENILDE-ST. MARGARET'S



CLASS 3A CHAMPION - ROCHESTER LOURDES



CLASS 2A CHAMPION - CALEDONIA



CLASS 1A CHAMPION - MINNEAPOLIS NORTH COMMUNITY



CLASS 9-MAN CHAMPION - GRAND MEADOW



ANNOUNCING A FOOTBALL SHOWCASE



45th Annual Minnesota High School MFCA / VIKING TACKLE CANCER

ALL STAR FOOTBALL GAME

3:00 P.M. SATURDAY, DECEMBER 9, 2017
US BANK STADIUM, MINNEAPOLIS, MN

A Celebration of the Keepers of the Game!

- Youth Clinics
- A Salute To All-Star Alumni With A Special Alumni Gathering
- The First Ever All Mfca Membership Meeting
- Selected Tours
- Photo Ops With Viking Cheerleaders
- Viking Player Autographs
- Bands, Dancelines

★ ★ ★ Sponsored by the MFCA and the Minnesota Vikings ★ ★ ★

44th Annual Minnesota High School

3:00 P.M. SATURDAY, DECEMBER 3, 2016 • U.S. BANK STADIUM, MINNEAPOLIS

MINNESOTA FOOTBALL SHOWCASE

2016 Game Summary

SOUTH: 15

Mike Grant, Eden Prairie

NORTH: 7

Jeff Ferguson, Totino-Grace

Now renamed the Minnesota Football Showcase and under the primary sponsorship of the Minnesota Vikings, the MFCA All-Star Football Game entered a brand new era on December 3, 2016. The All-Star Game made its indoor debut at the spectacular U.S. Bank Stadium in downtown Minneapolis. The All-Star Game was played as a post-season event for the first time, after being played as a summer event for 54 years.

What happens when you take 94 of the best players in Minnesota (including 45 All-State players), have 16 of the top coaches in Minnesota (including 8 MFCA Hall of Famers), practice for three days and play in the best football venue in the world? Answer: the defenses dominate, the longest scoring play is a defensive touchdown and an offensive lineman becomes an Offensive Most Valuable Player while performing as a fullback. All of that happened in the 44th Annual All-Star Football Game. The game was managed by Dave Fritze and his staff from the MFCA.

The South defeated the North 15-7 and the South All-Stars now lead the overall North-South series 13-10-1.

The first quarter was scoreless. The North's touchdown came with 5:42 remaining in the second quarter. Completing a six-play, 46-yard drive, Jaran Roste (QB Alexandria) hit Michael Wandmaker (WR Andover) with a 7-yard touchdown pass. The PAT was good by Connor Cusick (PK Virginia). The halftime score was North 7, South 0.

The third quarter was also scoreless, making the score North 7, South 0 after three quarters.

The South All-Stars scored all of their points in the fourth quarter, taking the lead on a two-yard touchdown run by Christophor Bain (RB, Grand Meadow) and a two-point conversion run by Eric Wilson (OL/FB Benilde-St. Margaret's) with 10:11 remaining. The score culminated a 16-play, 55-yard drive and put the South in the lead 8-7.

With 6:25 remaining, the South sealed the victory with a 40-yard pass interception and return for a touchdown by Brock Boltmann (DB, Edina). The PAT by Grant Ryerse (PK East Ridge) was good to complete the scoring.

MVPs: North – Offense Sam Gibas (RB, Elk River), Defense Joe Russell (DB, Totino-Grace); South – Offense Eric Wilson (OL/FB, Benilde-St. Margaret's), Defense Brock Boltmann (DB, Edina)

Over 100 All-Star Game alumni players and coaches attended the All-Star Game and the first-ever All-Star Alumni reception.

In addition to the All-Star Football game, the Minnesota Football Showcase featured performances by the Lakeville North High School Marching Band, the Eastview Lightning Dance Team and Cheer Teams from Brainerd, Eagan, East Ridge, Edina, St. Michael-Albertville and White Bear Lake.

Sponsored by

Minnesota Football Coaches Association

Your support helps benefit
the MFCA Award Activities.
Thanks for helping!

Dave Fritze
Game Manager



2016 NORTH ALL-STAR FOOTBALL

Num	Name	School/City	Position	Conference	Class
1	Jaran Roste	Alexandria	QB	North Central-Red	5A
2	Tanner Teige	Big Lake	DB	North Central-White	4A
3	Josh Heiman	Ely	DB	9 - North-Blue	9M
4	Gayflor Flomo	Totino-Grace	RB	West Metro-North	6A
5	Sam Gibas	Elk River	OLB	North Central-Blue	5A
6	Levi Brown	Roseville	DB	East Metro-Blue	6A
7	Luke Chuol	Centennial	DE	West Metro-North	6A
8	Joe Russell	Totino-Grace	DB	West Metro-North	6A
9	Sammy Byrd	Centennial	DE	West Metro-North	6A
10	Zion Smith	Cromwell-Wright	ILB	9 - North-White	9M
11	Shea Gerrety	Blaine	OLB	West Metro-North	6A
12	Michael Wandmaker	Andover	WR	West Metro-North	5A
13	Zachary Ojile	Spring Lake Park	INJD, QB	Suburban-Red	5A
14	JT Baker	DeLaSalle, Minneapolis	DB	Suburban-Red	4A
15	Charlie Waters	Totino-Grace	ILB	West Metro-North	6A
16	Noah Gindorff	Crosby-Ironton	TE	Northeast-Blue	2A
17	Greg Lux	Eden Valley-Watkins	WR	Mid State-Sub 1	2A
18	Jamire Jackson	Minneapolis North	ILB	Twin City-Blue	1A
20	Isaiah Cherrier	Mound Westonka	DB	Twin City-Red	4A
21	Max Bautch	Blaine	OLB	West Metro-North	6A
22	Blake Patrick	Holdingford	WR	Mid State-Sub 1	3A
23	Chris Backes	St. Cloud Tech	QB	North Central-Red	5A
24	Carson Tunheim	Detroit Lakes	DE	Midwest-Red	4A
25	Blake Huebner	St. Francis	DT	North Central-Blue	5A
26	Jacob Zosel	Morris Area/Chokio-Alberta	OLB	Mid State-Sub 2	3A
27	Rylie Sheridan	Fergus Falls	RB	Midwest-Red	4A
28	Spencer Potter	Greenway/Nashwauk-Keewatin	DB	Northeast-White	3A
29	Jackson Ness	New London-Spicer	RB	East Central-North	3A
30	Ryan Poehls	Dilworth-Glyndon-Felton	ILB	Midwest-White	3A
31	Mitchell Zayas	Sartell-St. Stephen	DT	North Central-Red	5A
43	Alex Riley	Zimmerman	DB	East Central-North	4A
44	Graham DeVore	Mahtomedi	TE	East Metro-Red	5A
45	Colton Aydt	Champlin Park	OLB	West Metro-North	6A
50	Jack Fiedler	St. Michael-Albertville	OL	North Central-Blue5A	54
	Anders Amdahl	Albany	OL	East Central-North	3A
64	Joshua Ojile	Spring Lake Park	OL	Suburban-Red	5A
66	Gavin Blomberg	Providence Academy	OL	Twin City-Gold	3A
71	Jack Mussman	St. Cloud Tech	OL	North Central-Red	5A
72	Carter Hangsleben	Monticello	OL	North Central-White	5A
73	Eric Abojei	Robbinsdale Cooper	OL	Suburban-Red	5A
77	Matthew Moczynski	Robbinsdale Armstrong	OL	Suburban-Red	6A
78	Beau Adams	Proctor	OL	Northeast-Red	3A
79	Nash Jensen	Osseo	OL	West Metro-North	6A
81	Tyler Johnson	Buffalo	WR	North Central-Blue	6A
88	Cameron Witt	Champlin Park	WR	West Metro-North	6A
89	Tyler Keech	Two Harbors	DE	Northeast-White	3A
97	Connor Cusick	Virginia	PK	Northeast-White	3A

NORTH STAFF

Head Coach:
Jeff Ferguson,
Totino Grace

Assistants:
 Mike Mahlen - Verndale
 Dave Louzak - Moose Lake
 Don Seipkes - Ottertail
 Merrill Pavlovich - Delano

John Clark - Mahnomen
 Bernie Litecki - Totino Grace
 Doug Heruth - Blaine

2016 SOUTH ALL-STAR FOOTBALL

Num	Name	School/City	Position	Conference	Class
1	Carter Greguson	Rochester Lourdes	ILB	Southeast-Red	3A
2	Christian Engeman	Fairmont	DB	South Central-Red	3A
3	Kole Hinrichsen	Farmington	QB	East Metro-White	6A
4	Brock Boltmann	Edina	DB	West Metro-South	6A
5	Amitri Collins-Westlund	St. Paul Highland Park	WR	Twin City-Maroon	4A
6	Boye Mafe	Hopkins	DE	West Metro-South	6A
7	Mason Hofstedt	Cannon Falls	OLB	Southeast-Red	3A
8	Griffin Lanoue	Rosemount	WR	East Metro-White	6A
9	James Jackson	Cretin-Derham Hall	DE	East Metro-Blue	6A
11	Jermaine Johnson	Eden Prairie	DT	West Metro-South	6A
12	Rob Meidl	Mankato West	QB	Big Southeast-Blue	5A
13	Ryan Duffy	South St. Paul	OLB	East Metro-Red	4A
14	Alex Spillum	Chanhausen	DB	Suburban-White	5A
15	Leif Bungum	Triton	DB	Southeast-White	2A
16	Reece Winkelman	Marshall	TE	South Central-Red	4A
17	Eli Weber	Dawson-Boyd	WR	Southwest-West	1A
18	D'Angelo Moore	Minneapolis Washburn	DB	Twin City-Maroon	5A
21	Lucas Fisher	Rochester Century	DB	Big Southeast-Red	5A
22	Jackson Martens	Burnsville	ILB	East Metro-White	6A
23	Wade Sullivan	Lakeville North	RB	East Metro-White	6A
24	Desmond Bassett	Mankato East	DB	Big Southeast-Blue	4A
26	Christophor Bain	Grand Meadow	RB	9 - South-East	9M
27	Charles (CJ) Terry	Mankato West	INJD, RB	Big Southeast-Blue	5A
28	Dominik London	East Ridge	RB	East Metro-Blue	6A
29	Nikolas Thiel	Stewartville	WR	Southeast-Red	4A
32	Mitchell Fulton	Wabasso	OLB	Southwest-East	1A
35	Justin Schultz	Waconia	DB	Suburban-White	5A
36	Jalen Morrison	Woodbury	DE	East Metro-Blue	6A
40	Mike Delich	Eastview	OLB	East Metro-White	6A
42	Noah Ryan	Kasson-Mantorville	DE	Southeast-Red	4A
52	TJ Wright	St. Thomas Academy	ILB	East Metro-Red	5A
54	Cal Prigge	Byron	OL	Southeast-Red	4A
55	Eric Rousemiller	Lakeville South	OL	East Metro-White	6A
59	Ezekiel Ott	Caledonia	DE	Southeast-White	2A
60	Jack Schultz	NRHEG	DT	South Central-Blue	2A
67	Connor Kruse	Waconia	OL	Suburban-White	5A
68	Eric Wilson	Benilde-St. Margaret's	OL	Suburban-Red	4A
69	Jacob Stanislawski	Winona	OL	Big Southeast-Blue	4A
70	Logan Dahlk	B O L D	OL	Mid State-Sub 2	1A
73	JJ Drew	Eden Prairie	OL	West Metro-South	6A
74	Blaise Andries	Marshall	OL	South Central-Red	4A
75	Aaron Moore	Minnnetonka	OL	West Metro-South	6A
78	Tanner Differding	Minneota	DT	Southwest-West	1A
80	Grant Ryerse	East Ridge	PK	East Metro-Blue	6A
82	Powers Warren	Minnnetonka	TE	West Metro-South	6A
88	Tyler Knutson	Prior Lake	WR	West Metro-South	6A
90	Derince Melton	SMB Wolfpack	DE	Twin City-Gold	5A

SOUTH STAFF

Head Coach:
Mike Grant,
Eden Prairie

Assistants:
Terry Bahlman - Marshall
Gary Sloan - Grand Meadow
Carl Lemke - St. Croix Lutheran

Don Henderson - Triton
Randy Strand - Adrian
Larry Thompson - Lakeville South
Marc Achterkirch - Owatonna

ALL-STAR GAME FACTS & FIGURES (AND IRONIES)

Here are some facts regarding the 2015 All-Star Game rosters:

1. This is the final year that traditional conferences will be represented in the All-Star Football Game. Schools will be members of MSHSL-assigned football scheduling districts beginning in the 2015 high school football season.
2. Player totals by MSHSL class:
9-Man 2, 1A 3, 2A 8, 3A 12, 4A 15, 5A 24, 6A 24
3. Conferences with players on both rosters = 6:
Central Minnesota, Little Sioux, Suburban East, Tri-Metro, West Central, Wright County
4. Most players (one school) = 3: Totino-Grace
5. Most players (one conference) = 10: Northwest Suburban
6. Most consecutive years represented = 16:
Totino-Grace (record is 23 years – Stillwater 1976-1998)
7. Largest and smallest schools represented:
Eden Prairie (enrollment 2,845) and Grand Meadow (enrollment 94)
8. First representative in 2015 (4):
East Ridge, Kelliher/Northome, Maple Lake, Mesabi East
9. In 2015, these schools have player representatives in the All-Star Football Game for the first time in more than 10 years:
Cloquet (2000), Columbia Heights (2001), Crosby-Ironton (2002), St. Francis (2002), Stewartville (2004)
10. Dawson-Boyd has a representative on each All-Star team:
North: Michael Lee, WR
South: Cory Larson, Assistant Coach
11. Six All-Star players have older brothers who also played in the All-Star Game:
Dawson Brown (Becker; brother Gavin 2011), Ben Mezzenga (Totino-Grace; brother Gabe 2010), Michael Veldman (Becker; brother Matt 2007), Clark Wieneke (Maple Grove; brother Jake 2013), Sam Zenner (Eagan; brother Zach 2010), Shane Zylstra (New London-Spicer; brother Brandon 2011).
12. Four All-Star players are second generation All-Stars (their fathers also played in the All-Star Game):
Jake Lacina (Cretin-Derham Hall; father Corbin; 1989 Cretin-Derham Hall), Ben Mezzenga (Totino-Grace; father Tony 1983 Totino-Grace), Ryan Schlichte (Mankato West; father Dave 1979 Worthington), Michael Veldman (Becker; father Gregg 1978 South St. Paul).
13. Three other All-Star players are also second generation All-Stars (their fathers coached in the All-Star Game):
James Hendricks (Bemidji, father Troy), Brad Bahlmann (Marshall, father Terry), Ben Buthe (New Prague, father Tony).
14. This is only the third game in the current series (1974-2015), where none of the quarterbacks are from the largest schools MSHSL class (6A in the 2014 season). This also occurred in 1988 (no QBs from AA) and 2010 (no QBs from 5A).
15. In the 2015 All-Star Game, there are 11 players from Dakota County schools, which is the most of any county. This is noteworthy because this is only second time in game history where a county other than Hennepin had the most All-Star players. This also occurred in 2009 (Dakota County schools had 13 players, Hennepin County schools had 9).
16. The 2015 game has both the AP Player of the Year (Ryan Schlichte) and the MFCA Mr. Football Award winner (Robbie Grimsley, also the Star Tribune Metro Player of the Year). Both will play for the South All-Stars.
The last time the AP Player of the Year and the MFCA Mr. Football Award winner (if different individuals) played on the same All-Star team was in 2009 (Metro team - Eric Peterson, Blaine and Varma Sonie, Apple Valley).
The last time the AP Player of the Year and the Star Tribune Metro Player of the Year (if different individuals) played on the same All-Star team was in 1998 (Metro team - Ryan Iversen, Eden Prairie and Marvin Spencer, Blaine).
17. This is the first time since 1975 that there is only one All-Star quarterback from a Metro area school. This year, it is Billy Hart (DeLaSalle, South team). In 1975, it was Steve Winum (Bloomington Jefferson, North). Ironically, Winum suffered a broken thumb injury during the 1975 All-Star training camp and was limited to defensive back duty in the All-Star Game.
18. Coaches note: first All-Star Game since 1978 where both head coaches are from Metro area schools. In 1978, it was Gerry Brown (St. Thomas Academy, South) and George Wemeier (Minneapolis Washburn, North). In 2015, it is Derrin Lamker (Osseo, North) and Brian Vossen (Lakeville North, South).
19. This is only the fourth time overall that an All-Star team has a head coach from the Twin Cities metro area and both quarterbacks are from schools in outstate Minnesota (North head coach Derrin Lamker from Osseo; quarterbacks James Hendricks from Bemidji and Michael Veldman from Becker). This also occurred in 1975 (South), 1978 (South) and most recently in 2012 (North).

Reasons Why MSHSCA Membership is Beneficial - www.mshsca.org

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$1,000,000 Liability Insurance for classroom and coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Offers a national clinician exchange for our qualified high school clinicians.
10. Opportunity to be recognized as Minnesota Coach of the Year.
11. Opportunity to be recognized as Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Information available on MSHSCA Website.

MSHSCA Membership Perks *Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any other offers, discounts, groups or conventions.*

Sheraton Minneapolis West

Contact Lindsey at 952-960-3536

Ramada Plaza Minneapolis

612-331-1900 code L16

Country Inn and Suites - Plymouth

763-473-3008 (20% of regular rate)

Embassy Suites - Brooklyn Park

763-560-2700 hotel code MSPBR

Minneapolis Marriott West

952-544-4400

Doubletree Park Place Hotel

952-542-8600 \$89

Minnesota Zoo - Apple Valley

Corporate Rates - 20% OFF on all admissions
Call John Erickson for discount card, (H)218-847-6796

Liberty Mutual

Robert Ackermann -
763-543-4344 Automobile and homeowners insurance discounts available to MSHSCA members. Mention that you are with MSHSCA when calling.

Roseville Visitors Bureau Discounts

www.visitroseville.com

MEMBERSHIP MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION *All memberships run*

from Aug. 1 to July 31 This corresponds to the school year NOT the calendar year.

Procedure for Online Registration **You do not have to use a credit card to register online!*

1. To begin, go to www.mshsca.org.
2. Use the link for 2015-16 membership.
3. Use the right hand side to join for the new members. Use left hand side for returning members.
4. Login is your email address and your password is zzz if you did not change it last year.
5. Follow the steps to join, on page 3, you will have to choose at least one sport association to support.
6. On the last page, you will have a chance to choose your method of payment. (check, money order OR credit card)
7. Print your receipt.
8. The receipt can be for your business office if the school is paying with one check.
9. The last step is to click finish.

Questions: Please call 218-847-6796 or email john.wayne1948@gmail.com with questions

Please do not hesitate to call, we work out of our home and should be home most of the time to answer your questions.

Thank you for using our online system,

John and Mary Erickson

Please note: if you choose to pay by check or money order, your card will be sent when payment is received.