

PLU

FOOTBALL

PACIFIC LUTHERAN UNIVERSITY

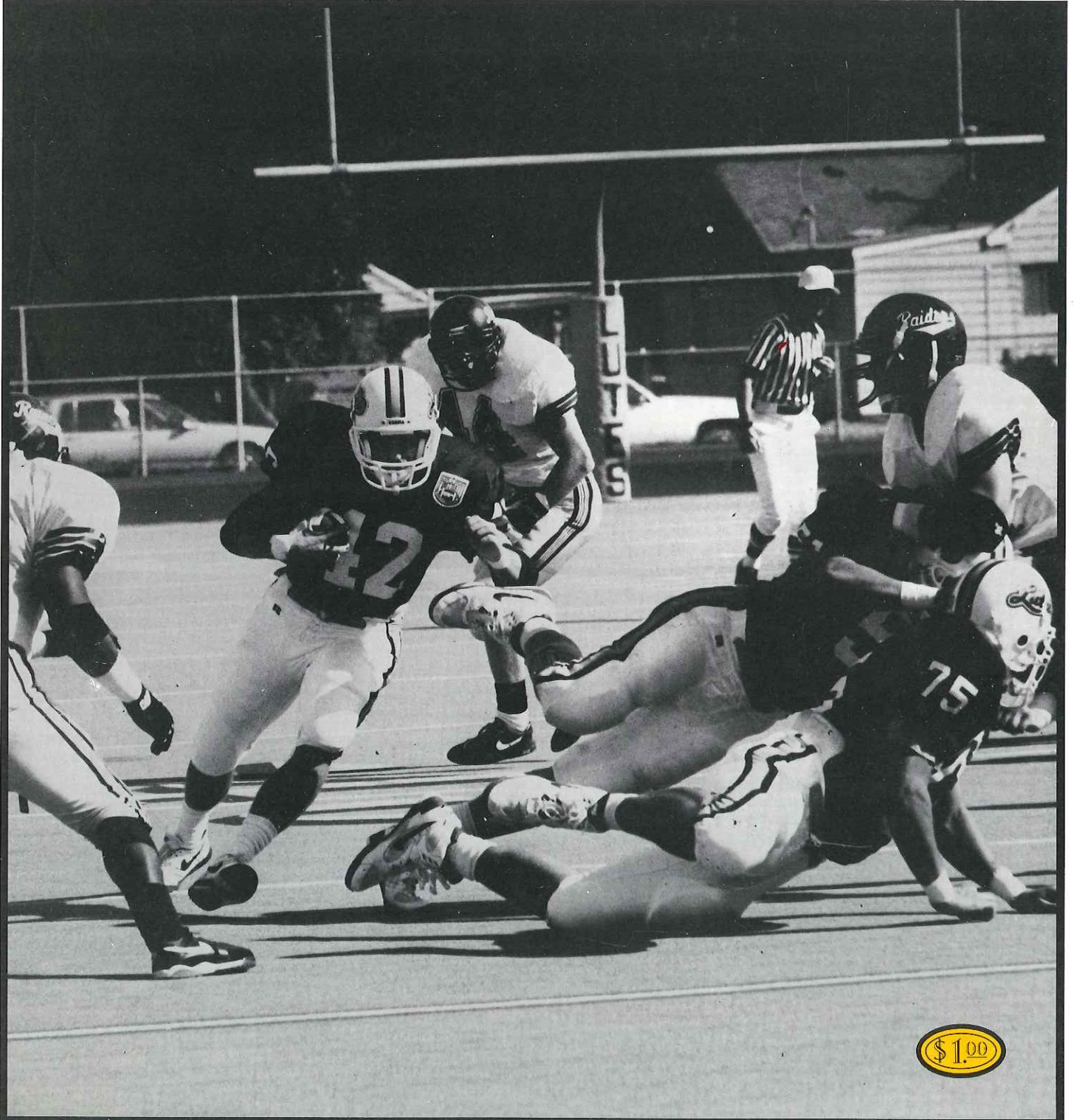
vs.

SIMON FRASER

September 23, 1995

SPARKS STADIUM

1:30 pm



\$1.00



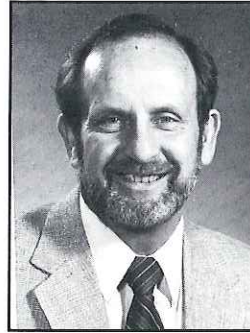
MESSAGE FROM THE PRESIDENT

PLU's approach to sport mirrors our approach to life. The ultimate goal is not winning; that implies that someone must lose. Rather, we emphasize participation, self-improvement, doing one's best, and practicing to

build confidence and competence. From these efforts come excellence and positive results.

Your participation with us today supports this tradition of excellence out of which has come regional and national success in both women's and men's athletic programs. On behalf of our young scholar athletes, we thank you for that support. Enjoy today's game!

Dr. Loren J. Anderson
President



MESSAGE FROM THE DIRECTOR OF ATHLETICS

Thank you for attending today's game! We are grateful for your support and urge you to consider the many opportunities available to enjoy watching our athletics. The national average of college/university student

participation in intercollegiate sports is 7 percent. At PLU, more than 600 students (about three times the national average) chose to participate in an extensive array of intercollegiate sports. We are proud of this participation and the "pursuit of excellence through the joy of sports" evidenced among our students. Go Lutes!

Dr. David Olson
*Athletic Director and Dean
of the School of Physical Education*

Let Our Family Serve Your Family

Service to your family is our highest concern. As a fraternal benefit society, Lutheran Brotherhood provides millions of dollars each year to worthwhile activities like scholarships, student loans, church extension, disaster relief and programs to benefit youth.

Lutheran Brotherhood promotes the personal welfare of Lutherans through our family of financial services:

- IRAs
- Annuities
- Health Insurance
- Life Insurance
- Fraternal Benefits

In short...Lutheran Brotherhood helps provide a better way of life for thousands of Lutherans. Let us show you how to become a part of our Society and demonstrate how our family of financial services can serve your family.

Ken "Skip" Hartvigson, Jr., General Agent
Larry Green and Dave Coltom, Associate General Agents
9709 3rd Ave. N.E., Suite 302
Bellevue, WA 98115
1-800-585-5884

 **LUTHERAN BROTHERHOOD**
A Family of Financial Services for Lutherans

94C2516



PLU ALUMNI ASSOCIATION
Hey Lutes - Go Lutes - Attaway!
535 - 7415



WINNING SEASONS
See us for all your
silkscreening needs!
582 - 3585

LUTES HOST SIMON FRASER IN 1995 HOME OPENER

GAME FACTS: Pacific Lutheran, 0-1 and ranked No. 9 in the NAIA Division II national poll, hosts Simon Fraser, 0-2, in a Columbia Football Association inter-league contest today at Sparks Stadium (capacity 4,500,...kickoff is set for 1:30 p.m.

THE SERIES: Pacific Lutheran has won all 12 of the previous meetings between the schools...the Lutes and Clansmen have faced each other every year since 1983...PLU has not only dominated the series in the win-loss column, it has also done so on the scoreboard...the average victory margin is 25.3 points per game...the last time the teams met at Sparks Stadium, in 1993, the Lutes won by the unusual score of 42-4, Simon Fraser's points coming on a pair of safeties.

LAST YEAR: The Lutes defeated host Simon Fraser, 27-13, in the rain and cold at Burnaby's Swangard Stadium...the 14-point victory margin was the smallest for the Lutes in the series...the Lutes led 13-3 early in the second quarter when Trevor White returned a punt 75 yards for a touchdown, giving the visitors a 21-3 lead...Karl Lerum scored on passes of 30 yards from Karl Hoseth and 34 yards from Dak Jordan...Pacific Lutheran finished the game with 296 yards of total offense and allowed the Clansmen only 175.

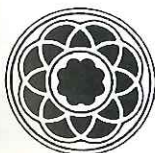
THE COACHES: PLU's **Frosty Westering** (Nebraska-Omaha '52) is in his 24th season at PLU, where he holds a 192-48-4 record (.795 winning percentage)...the NAIA's winningest active coach, his overall record is 236-74-6 (.757) in his 31st year...he was named NAIA Coach of the Year in 1983 and 1993, and was inducted into the NAIA Hall of Fame on January 8, 1995...Westering is 12-0 lifetime against the Clansmen...**Chris Beaton**, the 1992 Mt. Rainier League Coach of the Year, is in his 13th season at Simon Fraser and has a 48-70 overall record...he is 0-12 against PLU.

LAST WEEK: Western Washington raced to a 17-0 first half lead, then held on to defeat hard-charging **Pacific Lutheran**, 30-26, last Saturday at Bellingham...the Lutes scored on a 2-yard run by Josh Requa (*Sedro-Woolley / Sedro-Woolley HS*) to close the halftime gap to 17-7, fell behind 24-7, then closed the margin to 24-20 on a pair of TD runs by Corey Bray (*Eugene, OR / North Eugene*) in the third period...two field goals gave the host Vikings a 30-20 lead with 2:17 left, but the stubborn Lutes drove 55 yards on 14 plays and scored on Dak Jordan's 8-yard pass to Gavin Stanley...the ensuing on-side kick was recovered by PLU, but before it traveled the required 10 yards...Western snapped an 18-game unbeaten streak against PLU...**Simon Fraser** fell to 0-2, losing at home to Lewis & Clark, 24-23...SFU quarterback Trevor Martin threw for two touchdowns, but the Clansmen defense was pierced for three scoring aerals by the Pioneers.

A LOOK AT SIMON FRASER: The Clansmen are off to a 0-2 start, having lost on September 9 on the road to the University of British Columbia, 29-7, and last weekend to Lewis & Clark...the Clansmen are last in the CFA in offense, averaging only 213 yards per game, 73 on the ground and 140 through the air...defensively, SFU has allowed 386 yards per contest...offensively, Simon Fraser hopes to get some production out of sophomore running back David Mattiazzo, who carried the ball 158 times for 611 yards and four TDs last year...quarterback Trevor Martin was 96-of-218 for 1,096 yards and five touchdowns last year, and this year shares time with Ranjit Bawa...the defense is anchored by 1994 All-Mt. Rainier League second team linebacker Justin Ring, and defensive lineman Sean McGowan...lineman Doug Brown has a pair of QB sacks already this season...defensive back Marshall Pawar has two interceptions for SFU.

VAN VALEY STEPS UP FOR LUTES: Pacific Lutheran figured to struggle a little bit early on as it adjusted to the unexpected loss of sophomore running back Pete Finstuen (*Woodinville / Woodinville HS*), who was lost for the season when he tore the ACL in his left knee in the Alumni game...the adjustment period is not yet over, but suffice it to say that sophomore Brian Van Valey (*Gig Harbor / Peninsula HS*) is going to make it quicker than any Lute fan could have hoped...Van Valey, best known around PLU athletic circles for his national-caliber javelin throwing for Lute track & field coach Brad Moore, had a big day against Western Washington...Van Valey carried the ball 10 times for 111 yards, and he also caught five passes for an additional 24 yards...Van Valey ripped off huge chunks of yards for PLU, getting most of them going right at the middle of the tough Western Washington defense...Van Valey's performance helped the Lutes rush for 187 yards on 33 carries for the game.

STANLEY MOVES UP: Senior tight end Gavin Stanley (*Tigard, OR / Tigard HS*) caught five balls for 47 yards and a touchdown last weekend to move into 19th place on the all-time Columbia Football Association receiving list...Stanley has 131 catches for 1,705 yards in his career...among Pacific Lutheran players, only Aaron Tang (1991-94) with 191 catches for 3,031 yards, Mike Welk (1987-90) with 153 catches for 2,248 yards and Chad Barnett (1990-93) with 142 catches for 2,191 yards, are ahead of Stanley.



PACIFIC LUTHERAN UNIVERSITY

PROBABLE STARTERS

OFFENSE

LE	18	Karl Lerum
LT	78	Kirk Estes
LG	74	Phil McNiven
C	51	Brian Walker
RG	68	Marc Elliott
RT	62	Curt Mulder
RE	88	Gavin Stanley
QB	13	Dak Jordan
RB	2	Josh Requa
RB	33	Ryker Labbee
RB	42	Corey Bray

DEFENSE

DE	90	Josh Arnold
DT	96	Brandon Woods
DT	70	Ryan Mangan
DE	47	Jon Roberts
LB	3	Josh Wyrick
LB	44	Travis Hale
LB	48	Owen Von Flue
CB	25	Rob McIlraith
S	17	Bryan Alexander
S	5	Josh Johnston
CB	22	John Hammil

SPECIAL TEAMS

P	27	Kenny Frisch
PK	11	Chris Maciejewski

(subject to change)

GO LUTES

1995

LUTE FOOTBALL SCHEDULE

Sept. 16	at Western Wash. <i>Western 30, PLU 26</i>
Sept. 23	Simon Fraser
Sept. 30	Central Wash.
Oct. 7	at Western Oregon
Oct. 14	Whitworth
Oct. 21	at Lewis & Clark
Oct. 28	Linfield
Nov. 4	at Willamette 1 p.m.
Nov. 11	Puget Sound

(Home games at Sparks Stadium, Puyallup)

All games begin at 1:30 p.m. unless otherwise noted.

PACIFIC LUTHERAN UNIVERSITY

NO.	NAME	POS.	HT.	WT.	YR.	HOMETOWN	NO.	NAME	POS.	HT.	WT.	YR.	HOMETOWN
2	Josh Requa	RB	5-8	180	So.	Sedro-Woolley	45	Chuck Inman	DB	5-10	170	Sr.	Portland, OR
3	Josh Wyrick	LB	6-2	195	So.	Yakima	47	Jon Roberts	LB	5-9	205	Jr.	Black Diamond
4	Tyler Boob	LB	6-1	205	Fr.	Wapato	48	Owen Von Flue	LB	5-10	205	Jr.	Silverton, OR
5	Josh Johnston	DB	5-10	175	So.	Tacoma	49	Derek Reinke	LB	6-0	205	Fr.	Yakima
6	David Roy	LB	5-11	185	So.	Silverton, OR	50	Travis Roy	DL	5-10	220	Jr.	Silverton, OR
7	Ed Nau	DB	5-9	165	Fr.	Tacoma	51	Brian Walker	OL	6-2	235	Jr.	Boise, ID
8	Josh Sneva	DB	5-11	180	Fr.	Mt. Vernon	53	Matt Hoffmann	OL	6-2	215	Fr.	San Jose, CA
9	Mike Safford Jr.	PK	6-0	200	So.	Puyallup	55	Josh Hostetter	DL	6-2	240	Fr.	Anchorage, AK
10	Ben Hunt	DB	6-2	180	Jr.	Bellevue	57	Scott Ross	OL	6-2	230	So.	Yakima
11	Chris Maciejewski	PK	6-0	180	Fr.	Silverton, OR	58	Dan Alexander	DL	6-2	225	Jr.	Seattle
12	Brent Anderson	TE	6-1	190	Jr.	Puyallup	59	Eric Miles	OL	6-1	245	So.	Toppenish
13	Dak Jordan	QB	6-2	195	So.	Portland, OR	62	Curt Mulder	OL	6-2	240	Jr.	Puyallup
15	Aaron Sonnichsen	QB	6-1	200	Fr.	Prosser	63	Corky Canaday	OL	6-2	220	Fr.	Paso Robles, CA
16	Mark Andrus	QB	6-3	220	Fr.	Honolulu, HI	64	Marcus Womack	OL	6-3	210	Fr.	Renton
17	Bryan Alexander	DB	5-11	185	Sr.	Melba, ID	65	Andrew Finstuen	OL	6-1	220	Fr.	Spokane
18	Karl Lerum	TE	6-3	205	So.	Tacoma	66	Eric Arena	OL	6-1	235	Fr.	Issaquah
19	Eric Jensen	QB	6-1	185	Fr.	Eugene, OR	67	Ross Stewart	OL	6-3	235	So.	Yakima
20	Mario Brown	DB	5-9	175	So.	Sedro-Woolley	68	Marc Elliott	OL	6-1	250	Jr.	Newberg, OR
21	Tim Beaudin	RB	5-11	180	Fr.	Yelm	70	Ryan Mangan	DL	6-4	250	Jr.	Kent
22	John Hammil	DB	6-0	190	Sr.	Milton	71	Jon Wall	DL	6-2	245	Sr.	Gig Harbor
23	Jacob Croft	RB	6-0	195	Fr.	Seattle	72	Daron Wolschleger	DL	6-2	235	So.	Enumclaw
24	Judd Hunter	LB	6-4	180	Fr.	LaCenter	73	Robbie Case	DL	6-3	230	Fr.	Moxee
25	Rob McIlraith	DB	6-0	185	Jr.	Puyallup	74	Phil McNiven	OL	6-3	235	So.	Tacoma
26	Mark Givens	DB	5-10	180	Sr.	Suquamish	75	Curtis Fenimore	OL	6-4	245	So.	Sedro-Woolley
27	Kenny Frisch	DB	6-0	190	So.	Melba, ID	77	Travis Ness	OL	6-3	230	Sr.	Clatskanie, OR
28	Kevin Lint	RB	5-10	170	Fr.	Sedro-Woolley	78	Kirk Estes	OL	6-0	220	Sr.	Boulder City, NV
29	Aaron McCarty	DB	5-9	170	So.	Portland, OR	79	Ray Kurtz	DL	6-0	265	Sr.	Missoula, MT
30	Joe Turgeon	RB	5-11	205	Sr.	Cathlamet	80	Cale Piland	TE	6-2	205	Jr.	Vancouver
31	Brian Van Valey	RB	5-10	185	So.	Gig Harbor	81	Jarrad Mock	TE	6-0	180	Fr.	Portland, OR
32	Peter Finstuen	RB	5-10	190	So.	Woodinville	82	Zach Hiatt	TE	6-2	190	Fr.	Astoria, OR
33	Ryker Labbee	RB	5-10	180	Jr.	Toppenish	83	Karl Keintz	TE	6-1	180	Jr.	Helena, MT
34	Jason Mark	RB	5-7	170	Fr.	Bellevue	84	Kurt Kalbrener	DB	6-1	175	Fr.	Lynnwood
35	Tim Lax	LB	6-0	175	Fr.	Portland, OR	85	Wai Tim Petersen	TE	6-2	180	Fr.	Manson
36	Jason Soto	RB	5-7	180	So.	Tacoma	86	Tyler Kechely	TE	6-3	185	Fr.	Gresham, OR
37	Scotter Watts	RB	5-10	200	So.	Vancouver	87	Thorin Southworth	TE	6-1	180	So.	Toppenish
38	Greg China	LB	5-10	215	Jr.	Honolulu, HI	88	Gavin Stanley	TE	6-2	195	Sr.	Tigard, OR
39	Kirk Hamilton	DB	5-8	170	Jr.	Burlington	90	Josh Arnold	DE	5-10	210	Jr.	Silverton, OR
40	Mark Leaf	DL	6-3	215	Sr.	Cascade, ID	91	Jeff Meissner	DL	6-4	215	So.	Sedro-Woolley
41	Jeremy Johnston	LB	6-1	220	Fr.	Tacoma	95	Mike Jacobs	DL	6-1	200	Sr.	Heidelberg, Germany
42	Corey Bray	RB	6-0	190	Sr.	Eugene, OR	96	Brandon Woods	DL	6-1	230	So.	Salem, OR
43	Nate Grygorciewicz	DB	5-10	165	Fr.	Elma	97	Aaron Stewart	DL	6-3	215	So.	Yakima
44	Travis Hale	LB	6-0	215	So.	Tacoma	99	Andy Armstrong	DL	6-2	260	Fr.	Tacoma

CAPTAINS: #22 John Hammil, #33 Ryker Labbee, #88 Gavin Stanley

HEAD COACH: Frosty Westering (24th year, Nebraska-Omaha '52)

Defensive Coordinator: Paul Hoseth (28th year); **Offensive Coordinator:** Scott Westering (14th year); **Defensive Coach:** Craig McCord (8th year)

Staff Coach: Scotty Kessler (5th year); **Student Assistant Coaches:** Jason DiStefano (1st year), Jason Fawcett (1st year), Karl Hoseth (1st year); **Head Trainer:** Gary Nicholson (23rd year).

PHD FOOTBALL – PRIDE, HUSTLE, DESIRE

PACIFIC LUTHERAN UNIVERSITY FOOTBALL ★ 1995

17 Bryan Alexander



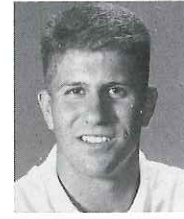
58 Dan Alexander

12 Brent Anderson

16 Mark Andrus

66 Eric Arena

99 Andy Armstrong



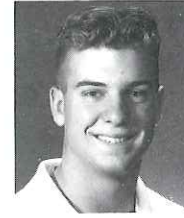
90 Josh Arnold

21 Tim Beaudin

4 Tyler Boob

42 Corey Bray

20 Mario Brown



63 Corky Canaday

73 Rob Case

38 Greg China

23 Jacob Croft

68 Mark Elliot



78 Kirk Estes

75 Curtis Fenimore

65 Andrew Finstuen

32 Peter Finstuen

27 Kenny Frisch



26 Mark Givens

43 Nate Grygorcewicz

44 Travis Hale

39 Kirk Hamilton

22 John Hammil



82 Zach Hiatt

53 Matt Hoffman

55 Josh Hostetter

10 Ben Hunt

24 Judd Hunter



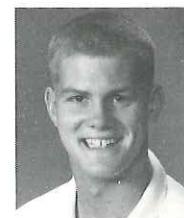
45 Chuck Inman

19 Eric Jensen

41 Jeremy Johnston

5 Josh Johnston

13 Dak Jordan



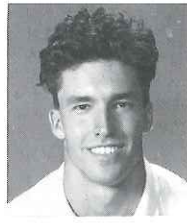
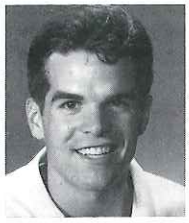
84 Kurt Kalbrener

86 Tyler Kechely

83 Karl Keintz

79 Ray Kurtz

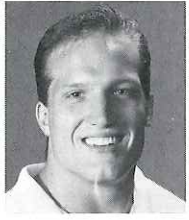
PACIFIC LUTHERAN UNIVERSITY FOOTBALL ★ EMAL



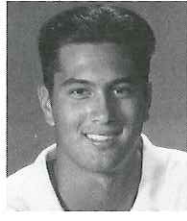
- 33 Ryker Labbee**
- 35 Tim Lax**
- 40 Mark Leaf**
- 18 Karl Lerum**
- 28 Kevin Lint**



- 11 Chris Maciejewski**
- 70 Ryan Mangan**
- 34 Jason Mark**
- 29 Aaron McCarthy**
- 25 Rob McIlraith**



- 74 Phil McNiven**
- 91 Jeff Meissner**
- 59 Eric Miles**
- 81 Jarrad Mock**
- 62 Curt Mulder**



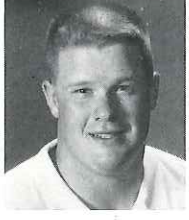
- 7 Ed Nau**
- 77 Travis Ness**
- 85 Wai Tim Peterson**
- 80 Cale Piland**
- 2 Josh Requa**



- 47 Jon Roberts**
- 57 Scott Ross**
- 6 David Roy**
- 44 Travis Roy**
- 9 Mike Safford**



- 8 Josh Sneva**
- 15 Aaron Sonnichsen**
- 87 Thorin Southworth**
- 88 Gavin Stanley**
- 97 Aaron Stewart**



- 67 Ross Stewart**
- 30 Joe Turgeon**
- 31 Brian Van Valey**
- 48 Owen Van Flue**
- 51 Brian Walker**



- 71 Jon Wall**
- 37 Scooter Watts**
- 72 Daron Wolschleger**
- 96 Brandon Woods**
- 3 Josh Wyrick**

COLUMBIA FOOTBALL ASSOCIATION

The Columbia Football Association (CFA) is a 12-school football alliance which was formed in 1985, merging the old five-team Northwest Conference and the nine-team Evergreen Conference into one of the most powerful and respected NAIA football-playing associations in the country. Since the association's inception, CFA teams have won three national championships and placed second nationally five more times. As of the 1988 season, all of the schools in the CFA compete in NAIA Division II.

The CFA is divided into two leagues, the Mt. Rainier League (public schools), and the Mt. Hood League (private schools). The public and private school format is new for the 1995 season. Each school plays a complete round-robin schedule in its league, plus four inter-league games (which do not count toward league standings). Pacific Lutheran now plays in the Mt. Hood League along with Lewis & Clark, Linfield, Puget Sound, Whitworth and Willamette. The Mt. Rainier League is comprised of Central Washington, Eastern Oregon, Simon Fraser, Southern Oregon, Western Oregon and Western Washington.

Pacific and Oregon Tech, two of the CFA's original schools, have discontinued their football programs.

The champion of each league receives an automatic berth into the 16-team NAIA Division II national playoffs, provided they are also ranked in the top 20 in the NAIA national poll. Additionally, teams finishing second in league play can advance to the playoffs if they are ranked in the top 16 of the final NAIA Division II coaches poll and if the field has not been filled by conference champions.

1995 CFA MASTER SCHEDULE

SEPT. 9: Alumni at Lewis & Clark; Alumni at Linfield; **Alumni at PLU**, 7 p.m.; Alumni at Western Oregon, 1 p.m.; Alumni at Willamette; Central Washington at Montana State, 11 a.m.

SEPT. 16: Lewis & Clark at Simon Fraser; **PLU at Western Washington**; Willamette vs. Central Washington at Kennewick; Southern Oregon at UPS; Western Oregon at Linfield; Whitworth at Eastern Oregon.

SEPT. 23: **Simon Fraser at PLU**; Western Washington at UPS; Central Washington at Whitworth; Linfield at Southern Oregon; Western Oregon at Willamette; Eastern Oregon at Lewis & Clark.

SEPT. 30: UPS at Simon Fraser; Whitworth at Western Washington; Willamette at Southern Oregon, 6 p.m.; Lewis & Clark at Western Oregon; **Central Washington at PLU** 7p.m.; Linfield at Eastern Oregon.

OCT. 7: Simon Fraser at Whitworth; Western Washington at Linfield; UPS at Central Washington; Southern Oregon at Lewis & Clark; **PLU at Western Oregon**; Eastern Oregon at Willamette.

OCT. 14: Simon Fraser at Central Washington; Southern Oregon at Western Washington; Western Oregon at Eastern Oregon; Linfield at Willamette; **Whitworth at PLU**; Lewis & Clark at UPS.

OCT. 21: Eastern Oregon at Simon Fraser; Central Washington at Western Washington; Western Oregon at Southern Oregon; **PLU at Lewis & Clark**; Willamette at Whitworth; UPS at Linfield.

OCT. 28: Simon Fraser at Western Oregon; Western Washington at Eastern Oregon; Southern Oregon at Central Washington; UPS at Willamette; Whitworth at Lewis & Clark; **Linfield at PLU**.

NOV. 4: Western Washington at Simon Fraser, 7 p.m.; Central Washington at Western Oregon; Eastern Oregon at Southern Oregon, 1 p.m.; Whitworth at UPS, 1 p.m.; **PLU at Willamette**, 1 p.m.; Lewis & Clark at Linfield, 1 p.m.

NOV. 11: Simon Fraser at Southern Oregon, 1 p.m.; Western Oregon at Western Washington; Central Washington at Eastern Oregon; Linfield at Whitworth, 1 p.m.; **UPS at PLU**; Willamette at Lewis & Clark, 1 p.m..

(All games start at 1:30 p.m. unless otherwise noted.)

EXCELLENCE DEFINES PLU'S FROSTY WESTERING

An Era of Excellence.

That's what Frosty Westering has produced in his 23 years as head football coach at Pacific Lutheran. It's that excellence that led to his induction this past January into the NAIA Hall of Fame.

Westering's success on the field speaks for itself. In the last decade (1985-94), PLU has compiled an impressive 94-17-4 record (.835 winning percentage), a mark that ranks first in NAIA Division II football and 11th among gridiron programs at all collegiate levels.

Westering, 67, came to PLU in 1972 after successful coaching stops at Parsons College (IA) and Lea College (MN). Since his arrival at PLU, excellence has been the trademark of EMAL ("Every Man A Lute") football. No PLU team under his guidance has suffered a losing season, and in fact, only one has lost as many as four games in a season. His Lutes have played for the NAIA Division II national title in 1980, 1983, 1985, 1987, 1991, 1993 and 1994, winning in 1980, 1987 and 1993. Westering's overall record at PLU is a staggering 192-47-4 (.798), making him the winningest football coach in PLU history. He is also the winningest active NAIA coach with 236 career victories (236-73-6, .758) and has coached 21 NAIA First Team All-Americans. With Westering at the helm, Pacific Lutheran has appeared in 13 of the past 16 NAIA Division II national playoffs.

Excellence on the football field, however, is only a by-product of Westering's overall coaching philosophy. His PHD (Pride, Hustle, Desire) brand of football emphasizes a double-win theme: victory on the scoreboard and the satisfaction of playing to one's personal potential. Westering, a former marine drill sergeant and football letter-winner at both Northwestern and Nebraska-Omaha, has written a book, *Make The Big Time Where You Are*, which deals with the double-win philosophy.

Pacific Lutheran football players also portray excellence in the classroom and in the community, where they are role models for hundreds of youth in the Parkland area through their personal involvement at McIlvaigh and Lister schools. During the 1994-95 school year, they donated more than 2,300 hours at the schools.

A full professor with a doctorate in Education from the University of Northern Colorado, Westering specializes in sports motivation and sports psychology and is in high demand as a speaker at regional and national gatherings. He is also an active member of the Fellowship of Christian Athletes. He and his wife, Donna, have five children and 11 grandchildren.

ACCOMPLISHMENTS / AWARDS / HONORS

- Member of NAIA Hall of Fame
- NAIA National College Football Coach of the Year in 1983 and 1993
- Winningest active coach in the NAIA with 236 career wins
- PLU's all-time winningest football coach with 192 victories
- Directed Lutes to seven NAIA Division II championship games
- Won national championships in 1980, 1987 and 1993
- Columbia Football League Northern Division Coach of the Year in 1985, 1986 and 1993
- Northwest Small-College Coach of the Year in 1979, 1980, 1983 and 1993
- Six-time Northwest College Division Coach of the Year
- Has coached 21 NAIA First Team All-Americans
- His teams have finished in the top five in final NAIA Div. II rankings in 11 of the past 15 years
- Member of Iowa Collegiate Coaching Hall of Fame
- Two-time Tacoma News Tribune Man of the Year in Sports
- Author of book, *Make The Big Time Where You Are*