### 2017 BGCA Soccer Preseason Parents Meeting Agenda

Date: May 6, 2017 Time: 9am-12pm

Location: 2300 W. 36<sup>th</sup> Ave., Anchorage, AK 99517

### **Topics for Discussion**

### Introductions

- Director of Athletics
- **Athletics Staff**
- Coaching Staff

## About Boys & Girls Clubs - Alaska Athletics

- Statement of Purpose
  - Vision Statement
  - Mission Statement
  - **Guiding Goals**
  - Organizational Characteristics
  - **External Identifiers**
- Safety is our #1 Priority
  - Physical
  - Mental
  - **Emotional**
  - Social
- Core Values
  - Safety
    - Cooperation
  - Accountability
  - Integrity
  - Optimism
  - Commitment
  - Teach life lessons as well as sport
    - Sportsmanship
    - Teamwork
    - Responsibility Respect 0

    - Persistence
    - Leadership 0 Humility
    - Integrity 0
    - 0 Courage
    - Compassion 0
    - 0 Teamwork
    - Respect 0
    - More?
- Enjoyment
  - Create the environment where it's positive and fun 0
    - Measures of Enjoyment
      - Players want to be there
      - Player want to play for their coach
- Player Development
  - Long-term Player Development Model
    - Age/Skill appropriate playing environment
      - Children do not learn in the same way as adults, especially when the learning process involves both intellectual and physical activity. Age conditions the way a person perceives and interacts with the world and with others.
  - Boys & Girls Clubs Alaska Soccer Long-Term Player Development Model
- 6-3-1 Philosophy
  - Ensures all teams are progressing and improving consistently, as well as experiencing the emotions of winning and losing through manipulating six wins, three losses and one tie throughout the year.
  - If a team is winning all the time, they are encouraged to schedule a scrimmage against tougher competition to be sure they are being pushed. Likewise, if a team is in a losing slump, then a scrimmage is encouraged against an opposition that they should beat, to regain a positive attitude, develop a goal scoring mentality and create confidence
  - Development is always more important than winning with the Boys & Girls Clubs Alaska Athletics, and so understanding all experiences of the game is essential to team and player development.

Competition will naturally be present whenever there is an athletics contest to determine a winner. However, with Boys & Girls Clubs - Alaska Athletics, though winning may be a desirable result, it is not the top priority for our Athletics programs.
 Life lessons like enjoyment, mindfulness, accountability, respect, and compassion are and our coaches are trained to encourage each child to develop his/her talents and skills through participation, fair play, sportsmanship, cooperation, teamwork, and effort.

#### 2017 Soccer

- Regular Season
  - o U6-U15: May 15-August 4, 2017
    - Season Format (10 Games)
      - Stage 1: Everyone will play each other once/twice
      - Stage 2: Placing in Stage 1 determines remaining games for Stage 2 (U8+)
      - No practice/games on Memorial Day and Independence Day
        - Monday prior to Independence Day is team decision
  - o U4: June 5-July 26, 2017
    - Season Format (6 Games)
      - Everyone will play each other once/twice
      - No practice/games on Independence Day
        - Monday prior to Independence Day is team decision

- Jamboree
  - o U6-U8: May 20, 2017
  - o U4: July 29, 2017
  - Boys & Girls Clubs Alaska: Woodland Park Clubhouse (Schedule to be published online May 8, 2017)
- Postseason Tournament
  - U10-U15: August 5, 2017
    - Woodland Park (U10) & Russian Jack Park (U12-U15)
    - Seeding based on end-of-season standings
- Other Soccer Programs
  - 2017 BGCA Soccer Skills Camp
    - U10-U12: May 30-June 2, 2017 from 9-11am
      - Boys & Girls Clubs Alaska: Woodland Park Clubhouse
    - BGC Alaska PreComp Soccer Training
      - U8-U11: Tuesdays beginning June 6, 2017
        - Boys & Girls Clubs Alaska: Woodland Park Clubhouse
      - BGC Alaska PreComp Soccer Training aims to further long-term player development by fast-tracking players into a higher-level, competitive soccer environment coached by some of Alaska's premier, professional-level soccer coaches.
  - o BGC Legends
    - Beginning in Fall 2017, Boys & Girls Clubs Alaska will begin offering a Competitive branch to its Soccer program for players born between January 1, 2006 – December 31, 2009
    - BGC Legends teams are composed of players who not only have natural athletic ability, but are committed to training to acquire the necessary skills to be successful on the pitch and are committed to traveling distances appropriate for age division and level of development.

COMPETITIVE	RECREATIONAL
Professionally licensed, paid coaching staff	Volunteer coaches
Greater frequency and purposeful training opportunities	Minimal practice schedule
Competitive games versus Alaska Youth Soccer affiliated clubs	Games within the BGC program
Travel to games, both in-state and out-of-state	No travel
Invitation only after Competitive Evaluations (Tryouts)	Any player can join
Higher level of Commitment	Minimum level of commitment

- o Indoor Soccer
  - Spring (February-April) & Fall (September-November) Seasons
    - 8 weeks
      - o U5-U8: 2x per week
      - o U10-U12: 3x per week
  - Fall 2017 BGCA Indoor Soccer registration opens June 5, 2017



## Role of the Parent

- The role of the parent is extremely important for all young athletes.
- Whether it is at practice/training, during a game or on the ride home it essential that there is positive feedback.
- At training and games players should feel that they can perform what the coach is asking them to do and not what their mother or father is asking them to do.
- "Boys & Girls Clubs Alaska Athletics is much like a school system". It takes time and there are many developmental aspects that have to be covered in order to eventually get the final product.
  - Think of the soccer field as a playground!
  - o Emphasize enjoyment
  - o Encourage your child regardless of success
  - o Cheer for all Children!
  - Applaud a good effort no matter who makes it
  - o It's okay to talk to other teams parents
  - Be a parent not a coach!
    - Resist the urge to critique, especially in front of the children!
  - Please read the rules
    - Spectators Responsibilities (13:00:00)
- Help Your Child Be Prepared:
  - Nutritional Snacks
  - o Hydrate Water or Sport Drink before, during and immediately after a game
  - Weather: Sun Screen, Rain / Cold Weather Gear
  - o Shinguards, Properly Inflated Ball, Appropriate Footwear
- 5 Guidelines for the Sidelines
  - o Cheer
  - o Relax and Let Them Play
  - Yelling Directions = Distraction
  - o Remember, they are just kids having fun
  - Have reasonable expectations
- Positive Soccer Experience for ALL children
  - Positive comments only
  - Let the Coaches coach and let the Officials officiate
  - o Please don't use Verbs
  - Catch the Players Being Successful!
- ZERO TOLERNECE for disrespectful behavior

Don't be THAT parent

### **General Information**

- 2017 Official BGCA Soccer Rules
  - Please familiarize yourself with General Rules
    - 5:03:00 Team/Technical Area and Spectators viewing areas
    - 5:08:00 Jewelry
    - 5:10:00 Shinguards
    - 10:03:02 A goal may be scored directly from a kick-off
    - 10:10:00 Heading the ball
      - Heading is prohibited in U4-U12 Divisions
      - Guidelines for U15 Division
    - 10:12:00 Fair Play Rule
    - 13:00:00 Spectator Responsibilities
  - Please familiarize yourself with Divisional-specific Rules
    - 3:00:00 Season
    - 7:00:00 Time Considerations
    - 8:00:00 Roster Sizes and Number of Players on the Field
    - 9:00:00 Minimum Playing Time
    - 10:04:00 Kick-ins and Throw-ins
    - 10:06:00 Direct Free Kicks
    - 10:07:00 Indirect Free Kicks
    - 10:08:00 Offside
- Chain of Command
  - Players/Parents should address all concerns/issues with the Coach first
  - Practice 24 hour rule
  - Get it in writing
    - Parents should not contact the BGCA directly unless the Coach is doing something illegal, unethical, immoral, or unsafe
- Communication
  - Overcommunication is always best 0
  - Get it in writing
    - Follow up conversations with an e-mail
  - Be clear, concise, and right to the point
- Schedules Requests/Issues
  - Direct towards your child's Coach
    - Coaches will have had opportunity to review before being published officially
    - Unlikely to change schedule once set
- Required player documents
  - Verification purposes
  - Blanket BGCA Athletics Policy 0
  - Documents will not be kept on file (just checked off a list) If played in a BGCA Athletics program in 2016, should be on record
- Player Cards
- - Checked before each games (U10-U15)
  - Only released to players who are eligible to play
  - All required documents submitted
  - No outstanding balances
- Anyone working with children must complete the Consent for a Criminal Background Check
  - Completed appropriate paperwork
    - Criminal Background Check
    - Coach Education
      - National Soccer Coaches Association (NSCAA) Foundations of Coaching course
        - CDC Heads Up: Concussion in Sports Intro Course
  - Only individuals who have completed the Consent for a Criminal Background Check will be allowed on the sidelines during games. All other spectators must remain in the stands (when applicable).
    - Approved adults will be awarded a Coaching Badge to be worn on the sidelines.
- Uniforms
  - Distribute week before the season 0
  - Consistent with number of players on the Roster
  - Sponsors
  - Will need to be returned for printing SportsEngine App
- Teams Pages are most up-to-date records
  - Team Specific Schedules
  - Scores

- Standings
- Team Messaging

- Team Messaging

  Team ID can be found on Team Page

  Final thoughts on Boys & Girls Clubs Alaska Soccer

  Please remember, 99.99999% of youth athletes around the nation will NOT play in the World Cup. But if we as an organization, coaches, and parents work together for the kids, we can help them do well in school, earn a college degree, be a valuable member of our community, and hopefully, maybe one day, one of these kids will cure cancer.

