



NEW PARTICIPANTS- PAPERWORK NEEDED ON FIRST DAY OF PRACTICE:

1. **PROOF OF AGE** – (A COPY OF EITHER- PLAYERS BIRTH CERTIFICATE, PASSPORT, OR BAPTISMAL CERTIFICATE~
ALL ORIGINALS MUST HAVE A SEAL MUST BE IN FOR THE LEAGUES WEIGH-IN DATE.

ALL PARTICIPANTS - PAPERWORK NEEDED ON FIRST DAY OF PRACTICE:

2. **REGISTRATION FORM** – fee paid, signed & dated
3. **EMERGENCY CONTACT FORM**
4. **HEADS UP (Parent_Athlete) CONCUSSION FORM** – signed & dated
5. **PARENT AGREEMENT FORM** – signed & dated
6. **PLAYER AGREEMENT FORM** – signed & dated
7. **PARENTAL CONSENT AND WAIVER FORM** – signed & dated
8. **PHOTO WAIVER FORM** – signed & dated
9. **EQUIPMENT ACKNOWLEDGEMENT FORM** – signed & dated
10. **MEDICAL FORMS MUST BE IN NO LATER THAN LEAGUES OFFICIAL WEIGH-IN** – signed, stamped, & dated by Child's Physician

WHAT TO WEAR & THINGS NEEDED ON THE FIRST DAY OF PRACTICE:

Football:

1. **MOLDED FOOTBALL CLEATS** (NO SPIKES, SCREW-INS, OR SANDALS EVER!);
IF PLAYER DOES NOT HAVE CLEATS YET~ MID SIZE ANKLE SNEAKERS (BASKETBALL SNEAKERS)

CHEER:

- a) Sneakers recommended by coach. Speak to your coach on first day...

All Participants:

1. **SHORTS OR SWEATPANTS, SOCKS, AND SHIRT...**
2. **WATER BOTTLE WITH YOUR CHILD' NAME ON IT** – PLEASE USE ONLY WATER DURING PRACTICE...
3. **ATHLETIC SPORTS BAG WITH THEIR NAME ON IT**– FOR BELONGINGS; INHALER, ETC.

THINGS “NEVER” TO BRING TO PRACTICE AND GAMES:

1. **JEWELRY** – ABSOLUTELY NONE OF ANY SORT...
2. **GAME DEVICES** – ABSOLUTELY NONE OF ANY SORT...
3. **SILLY BANDS, RUBBER BANDS, OR ANY LOOSE TYPE BANDS THAT ARE NOT PERMITTED IN SPORTS...**
4. **SODA, FRUIT JUICE, CANDY, GUM, AND SNACKS OF ANY KIND**
(PLEASE EAT A LIGHT SNACK BEFORE COMING TO ALL PRACTICES AND GAMES...)

LEAVE NO DOUBT



PARENT CHECKLIST

PROOF OF BIRTH () COPY / ORIGINAL () BIRTH CERT. () PASSPORT () BAP.DOC.

Returning Football Players Card

REGISTRATION FEE PAID

REGISTRATION FORM COMPLETED

EMERGENCY CONTACT FORM COMPLETED

MEDICAL FORM COMPLETED - PHYSICIAN MUST BE STAMP, DATE, & SIGN

HEADS UP CONCUSSION FORM COMPLETED - Football only

PARENT AGREEMENT FORM COMPLETED

PLAYER AGREEMENT FORM COMPLETED

PARENTAL CONSENT & WAIVER FORM COMPLETED

PHOTO WAIVER FORM COMPLETED

EQUIPMENT FEE PAID - Football only/ CHEER Package included in Reg. Fee

EQUIP. ACKNOWLEDGEMENT FORM COMPLETED



LEAVE NO DOUBT