



Welcome to the NSCRO Cowboy Cup
March 25 & 26, 2017

Hosted by
The University of Dallas
and the
Lonestar Conference



COLLEGIATE RUGBY
IN **TEXAS**
ON THE MOVE

NATIONAL SMALL COLLEGE RUGBY ORGANIZATION



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The Home of Small College Rugby in America



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Dear Competitor,

Congratulations on earning the right to participate in the NSCRO playoffs. The University of Dallas, the Lonestar Rugby Conference and NSCRO would like to welcome you to the 2017 NSCRO Cowboy Cup. This event will take place on March 25 & 26 on the campus of the University of Dallas in Irving, Texas. The winner and runner up of the Champions Cowboy Cup will qualify for the PacWest Region Championship on April 7-8 in Claremont, California on the campus of Claremont-McKenna College. The Region Champion will qualify for the National Championship on April 29-30 at Infinity Park in Rugbytown USA – Glendale, CO. The winner of the Challenge Cowboy Cup will qualify for the National Championship on April 22-23 at Founders Field in Cheswick, PA.

The NSCRO Representative – in charge of the event for NSCRO – is Shayne Roberson. Phone-210-846-4739. Email- shayner@hotmail.com

Be sure to coordinate the day, time and location for your Team Check-In with Shayne.

There will be 6 teams competing, tents will be provided for each team.

All participants are to abide by the following regulations:

1. All trash must be put into receptacles or individual trash bags and disposed of accordingly.
2. Pets must remain on a leash at all times. You are also required to clean up after your pet.
3. There are bathrooms and porta potties adjacent to the site.
4. NO alcohol may be brought on site. All NSCRO players and representatives are expected to abide by NSCRO's Code of Conduct and Alcohol Policy found herein.
5. The University of Dallas is a family atmosphere. All are welcome. There is a zero tolerance policy for profanity or inappropriate conduct on site.
6. The far sideline (tree side) will be restricted to teams, medical and officials engaged in the match taking place on the field, all other spectators are asked to remain away from the "active sideline".
7. Water will be provided to all teams.
8. There will be concessions selling food and drink.

NSCRO thanks the Texas Rugby Referee Association for support in providing match officials.

Have a great rugby experience!

Filip Keuppens, Head Coach, University of Dallas Rugby, fkeuppens@yahoo.com, 716-435-5757

Shayne Roberson, Commissioner, Lonestar Conference

Stephen Cohen, President, NSCRO, president@nscro.org



Event Location & Schedule

Venue – Bob Macnab Rugby Field

University of Dallas

3468 Tom Brannif Drive

Irving, TX 75062

Google Maps location: <https://goo.gl/maps/vRRM5nk2mQU2>

Match Schedule

All times shown are Central Time Zone

Saturday – March 25, 2017

11AM – Champions Cup Semifinal

University of Denver (Rocky Mountain #1) vs. University of Dallas (Lonestar #2)

1PM – Champions Cup Semifinal

Angelo State University (Lonestar #1) vs. Regis University (Rocky Mountain #2)

3PM - Challenge Cup Final - **Tarleton State University (Lonestar RC) vs. Iowa Central Community College (Mid-America RFU)**

followed by the NSCRO Awards Ceremony (Challenge Cup teams only)

Sunday – March 26, 2017

10AM - Champions Cup 3rd Place

12PM - Champions Cup Final

followed by the NSCRO Awards Ceremony



MAP of RUGBY PITCH, PARKING AREA and FACILITIES





Medical Information

Emergency Action Plan for the 2017 Cowboy Cup

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Location: University of Dallas

3468 Tom Braniff Drive, Irving, TX 75062

Event Director: Filip Keuppens, 716-435-5757, fkeuppens@yahoo.com

Medical Staff: Certified Athletic Trainers will be provided by the University of Dallas

1. The Medical Staff on site will be responsible for treating minor injuries to players and for caring for more serious injuries. We will have EMT personnel at each match field. The Staff makes the decision and if an ambulance is not at the field, calls 911 to request EMS (ambulance).
2. Instruct EMS to report to Bob Macnab Rugby field at 3468 Tom Braniff Drive, Irving, TX. Field is located adjacent to the University of Dallas campus near the intersection of John Carpenter Freeway and Tom Braniff Drive.
3. The Event Director delegates responsibility of flagging down EMS and clearing bystanders from victim. Clearing space for ambulance will be done by designated safety coordinators.
4. The Medical Staff provides emergency care until EMS personnel arrive. Caregiver then provides pertinent info (cause of injury, vital signs, treatment rendered, medical history) and assists with emergency care as needed.
5. The Event Director advises the Coach of the player's team to assign someone to accompany the athlete to the hospital as well as bring pertinent medical history of the player and their personal belongings, including medical insurance card and ID.
6. The injured player's club contacts parents/guardians/family as necessary.
7. The Coach is to complete the appropriate injury report as required by the player's school or organization.



Emergency Action Plan for the 2017 Cowboy Cup

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8. If a player is diagnosed by a qualified healthcare professional that they sustained a concussion, the Event Director reminds the player's coach of the USA Rugby Policy regarding Concussions which includes the 5 Rs shown below as well as compliance with the IRB Concussion Guidelines.

It is imperative that the athlete *does not return* to play until he or she is symptom-free and has been cleared for return to play by a qualified healthcare professional. USA Rugby strongly recommends that the player complete the GRTP (Graduated Return to Play) procedure prior to return to full play and competition.

USA Rugby's policy requires that ALL rugby players, staff, parents, referees, volunteers, and even fans follow these five basic steps when dealing with suspected concussions:

1. **Recognize** – Learn the signs and symptoms of a concussion so you understand when an athlete might have a suspected concussion.
2. **Remove** – If an athlete has a concussion or even a suspected concussion he or she must be removed from play immediately.
3. **Refer** – Once removed from play, the player should be referred immediately to a qualified healthcare professional who is trained in evaluating and treating concussions.
4. **Recover** – Full recovery from the concussion is required before return to play is authorized. This includes being *symptom-free*. Rest and some specific treatment options are critical for the health of the injured participant.
5. **Return** – In order for safe return to play in rugby, the athlete must be symptom-free and cleared in writing by a qualified healthcare professional who is trained in evaluating and treating concussions. USA Rugby strongly recommends that the athlete complete the GRTP (Graduated Return to Play) protocol.

Directions to Nearest Hospital from Rugby Field

Parkland Hospital, 5200 Harry Hines Blvd, Dallas, TX 75235

Get on TX-114 E

Take TX-183 E and I-35E S to N Stemmons Fwy in Dallas.

Take exit 431 from I-35E S

Take Medical District Dr to Lofland Blvd



Accommodations

Your club and its fans are encouraged and welcome to stay at the event hotel.

Homewood Suites by Hilton Dallas-Irving-Las Colinas

Address: 4300 Wingren Dr, Irving, TX 75039

Phone: (972) 556-0665

Google Map Location: <https://goo.gl/maps/mKJFX3DH42x>

Featuring all-suite accommodations this Homewood Suites hotel brings you the comforts of home and the convenience of the office. Suites include a full kitchen, hot full breakfast daily, evening social Monday - Thursday, business center and internet access to keep you comfortable and connected.

**When you make your reservation, please say it is with “University of Dallas”
The rate per room is \$99 per night (2 queen suite with sleeper sofa).**

Local Restaurants

Nearest Grocery Store: 4010 N MacArthur Blvd, Irving, TX 75038

Nearest Wal-Mart: 4100 W Airport Fwy, Irving, TX 75062

Sandwich shops:

Subway: E Airfield Dr B16, Dallas, TX 75261

Firehouse Subs: Irving Towne Center, 2450 N Belt Line Rd, Irving, TX 75062

Potbelly: 2350 N Belt Line Rd, Irving, TX 75062

Dinner near recommended hotel:

Italian Café: The Shores At Las Colinas Apartments

387 Las Colinas Blvd E., #120, Irving, TX 75039 / italianitaliancafe.com / (972) 401-0216

Zeytin Mediterranean Grill: 114 E John Carpenter Fwy, Suite 100, Irving, TX 75062 /

zeytingrill.com / (972) 887-2000



Alcohol Policy

Possession and/or consumption of alcoholic beverages is not allowed by anyone (players, coaches, spectators, etc.) in attendance at an NSCRO-sanctioned match or event. The onus of responsibility for compliance is on the individual club they are associated with. League matches played under the jurisdiction of a local Union or Conference are not considered sanctioned by NSCRO with regard to this policy.

Teams are requested to refrain from evening gatherings involving consumption of alcohol during attendance at an NSCRO playoff match or event.

Failure to comply with this Policy as well as applicable laws may result in team and/or player disqualification and/or enforcement by either college/university or city police. Any breach of this Policy at this event, as witnessed and reported by any individual will be forwarded to the appropriate disciplinary committee for action as well as possible disqualification from future NSCRO playoff matches

Conduct of Players, Coaches and Spectators

Collegiate rugby players and coaches represent their colleges and are ambassadors of collegiate rugby in the United States. As such, collegiate rugby players and coaches are expected to behave with dignity both on and off the field. Collegiate rugby players and coaches should not tolerate rude or anti-social behavior of any sort which would reflect negatively on the image of NSCRO, USA Rugby or the student athlete's college/university, or the image of collegiate rugby as a serious and disciplined athletic endeavor. Any breach of this Code of Conduct will be forwarded to the appropriate disciplinary committee for action.

Players, coaches and spectators are not to use foul language or make threatening remarks before, during or after the match. Such behavior whether directed at a teammates, opponents, match officials, spectator or even part of a pre-match "chant" or play call (such as for a line out) is unacceptable. Doing so will be considered a violation of the Code of Conduct and disciplinary action will be taken as appropriate by the appropriate Organization.