



INDIANA STATE WRESTLING ASSOCIATION, INC.

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Congratulations 2017 Indiana High School Girls State Wrestling Participants!

January 23, 2017

The ISWA would like to congratulate all the young ladies that made history by participating in the very first IHSGW State Championships! You are true pioneers for wrestling in Indiana! We applaud your commitment to train hard, sacrifice time, blood, sweat tears all in the name of progressing what we all believe is the right thing to do to advance our sport.

Our job at the ISWA is to provide opportunities, and develop programs for young ladies to grow and compete in the sport of wrestling. Today there are so many great scholarship opportunities to wrestle for college programs as a woman. There are currently 33 women's college programs around the country. We also currently have two Indiana women ranked in the top 10 of US Women's Freestyle; Kayla Miracle ranked #2 128 lbs., and Sara Hildebrandt #1 121 lbs.

The ISWA provides young ladies an opportunity to wrestle in their own women's division in both the ISWA Folkstyle State Finals and the ISWA Freestyle State Finals. The ISWA also provides an opportunity to wrestle the country's most prestigious National tournament the USA Wrestling Freestyle Nationals at Fargo North Dakota. This is the national tournament that draws many college coaches to scout women to fill rosters for their teams.

Ladies we invite you to get involved in a local club that teaches freestyle which is the style of wrestling for women in college. We encourage you to seek out tournaments that offer a women's division. We have several clubs around the state that offer an RTC (Regional Training Center) where you can gain some additional training. It was just a few years ago we took 10 young ladies to Fargo and placed with All American Status and two of our girls became All Americans. We would very much like to take the largest team ever of girls to Fargo this year, so get involved and help us accomplish that!

Ladies getting involved with the ISWA through our clubs and tournaments we assure you that starting this year any coach who is planning on coaching at the State Tournament must have a background check. All coaches and team leaders on ISWA sponsored trips hold USA Coaching Certificates and background checks.

Once again we thank you and congratulate you on a historical season and a very successful championship.

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