



AUSTIN TEXANS

MONTHLY NEWSLETTER

February 2017

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Message from the President

Hello Texans Families,

We are happy to be a cash sponsor and supporter of the Strides for Seniors event which supports the Drive A Senior program here in the Austin area. The 5K Fun Run is an event put together by students at Pflugerville and Hendrickson high schools. This includes Texans players Danielle Lacasse and Ella Fischer. The program raises money and develops volunteers to provide rides for seniors, who otherwise could not get around safely.

The Run is April 1st starting at Bohls Park in Pflugerville. It will not be timed and will contain elements that mimic disabilities seniors could have that would aid their ability to drive. Therefore, there will be optional sections where participants use walkers, blindfolds, wheelchairs, etc. !

The collaboration between the high schools is the first time the two schools have done something like this!

PLEASE PARTICPATE in this great event! More details are at strideforseniors Your registration fee will go toward the \$6,000 fundraising goal.

*Thanks,
Jeff Hartle*



Volunteer Spotlight- Scot Reynolds x 2!

While we have many volunteers to recognize monthly, we could not pass up the opportunity to recognize Scott for his continued excellence in maintenance of TFP and Riverwalk. The field conditions drew raves from scores of people participating in the Warm-Up Cup. In collaboration with past President Dale Legband, our sites are among the best in Central Texas! Thanks for your dedication, Scott and Dale!



From our Girls Director | JD Cochran



HIGHLIGHTS FROM THE COPA TOURNEY:

The 03G placed as a runner up in the championship game. The team experienced two PK shootouts at the knockout stages, both the semi and the final. The first game was a good opening game of the tournament against a team that was organized defensively, making the team work through how to break down an organized defense. With the second and third game being against direct/athletic teams, the 03G worked on and improved on the ability to stay connected as a defensive unit to win possession and create attacks further up the field. The final was against the Lonestar TCL Composite team that beat us previously on Saturday. With the improvements in defensive shape and the thought process of where to start defending (line of confrontation) the Austin Texans 03G outplayed their opponent in the final in the tactical sense. The game ended at 2-2 in regulation and went to PK's (again for the second time in the tournament). The opponents came out winners with a score of 4-5 in PK's.

The 04G advanced to the semifinals and faced very strong opponents along the way. They played against a very technical passing side that helped our team work on group defending in order to lock opponents into a space to effectively use our numbers to gain possession. The second game was against a team with a high backline which allowed the 04G to work on direct play once entering the midfield 1/3rd. In the semifinal they faced a disciplined hard working team that had several athletes. This helped the team grow even further in group defending and eliminating space and players that were dangerous.

05G played up to U13 11 a side in Copa Tourney. The team played very well defeating 04 FC Westlake 3-1 to get to the semifinals. In the semi finals they played Rush 04 and tied 2-2. Went to Penalties and lost 5-4. Great games and I am very proud of the development of the players individually and as a team!

06 girls had a very good showing at Copa. The girls played 3 games and ended the tournament with 2 ties and a win. The girls missed out on going to the finals by goal differential. The Copa was the third tournament of the year and it was a great way for the team to prepare for the upcoming season. They faced different styles of play; up-tempo, long ball, long throw ins, and aggressive styles. In every game, the girls created many opportunities on goal. Goals scored on us were either direct kicks, or by not clearing balls out of danger. Overall the girls have improved and competing in every game. We have added a couple of girls to the group from different area clubs.

From our Youth Development Director | Tony Kallas



We continue to grow our Recreational base and Academy teams going into the Spring season!

All U5/U6 rosters are maxed out with 6 players.

Currently we are at 315 total players, and still expecting some additional registrations at the older age groups. Last Spring we ended up with 291 players.

We now have a total of 91 players in our boys and girls academies, at the 2007, 2008, and 2009 birth years.

For additional information and questions please contact me at tkallas@autintexanssc.com or (361) 290-1070

From our Boys Director | Daryuosh Yazdani

I am very pleased to be named Boys Director of Coaching, and I wish my colleague Jose Reyes all the best in his future endeavors.

In future columns I will outline my philosophy and how that directly affects the development of all of our players. You will notice some “cross-over” of girls staff and boys staff in certain training activities. This is part of our plan to utilize our best staff to benefit all players in the club. I thank JD and all girls staff in supporting this vision.

I bring strong playing experience: 43 caps with the Iran National Team; 19 years of professional play in Iran, Belgium, the German Bundesliga, United Arab Emirates, and in the USL in Los Angeles. I have earned the highest coaching certification in Asia, as well as the USSF National Youth License.

My goal is to assist the players and coaches to be the best they can be. I am committed to this great organization, and look forward to being part of its growth, both in quality and quantity.



From our General Manager & Goalkeeping Director | Ric Granryd

I would like to take this opportunity to give shouts out to all those involved in making the 1st Annual Girls Showcase and the Warm-up Cup successes for the club, financially and organizationally.

Both events were fraught with challenges from the start. The Showcase idea was hatched in November '16 for a February 4-5 '17 kickoff. The event attracted a maximum of 45 teams and over 80 college coaches registered to attend. A first-ever Goalkeeper Combine attracted 25 registrants.

The Warm-Up Cup had to be moved from its original date to a weekend before due to WDDOA scheduling. This change also made other complexes unavailable due to being in winter maintenance mode. That necessitated utilizing 3 venues creative field configurations, and Friday night games to accommodate the teams. While we were slightly lower on total teams due to field availability, we attracted a record number of out-of-town teams. And as mentioned in our Volunteer Spotlight section, our fields drew rave reviews from participants.

Thanks to all, who made these events successful!!

We would also like to welcome Hannah Devine to our coaching staff. A recent graduate from Texas Tech in Kinesiology, she was a stand out player at Texas Tech under then U20 National team coach Tom Stone. She was also a former player for Girls DOC JD Cochran, and recently earned her USSF “E” license. This spring, you will see Hannah in a variety of roles – Academy, Recreational, and helping with training and game observation of select teams. We expect her to play a larger role beginning next season.



SPRING BREAK EVENTS!

In case you are not travelling out of town for Spring Break, and you still want to train and prepare for the Spring season and beyond, we have some soccer activities to fill the bill!

SPRING BREAK CAMP

March 13-15, 2017

Continue to develop your skills and have fun!



AUSTIN TEXANS
SPRING BREAK CAMP

DATE	March 13-15	DAY 1	1v1 Attacking and Defending
TIME	9:00am - 11:00am	DAY 2	Passing and Receiving
LOCATION	Texans Fields at Riverwalk 1 Riverwalk Dr. Hutto, Texas	Day 3	Shooting and Finishing
REGISTER	www.austintexanssc.com	BONUS	You can apply your camp fee toward your commitment fee in May for 2017-2018 tryouts

Time: 9:00am - 11:00am

Location: Texans Fields at Riverwalk, 1 Riverwalk Dr. Hutto, TX

Cost: \$95 per player

Ages: U4 - U19

If you have any questions, please contact our Camp Director, Link Scoggins at scoggins@austintexanssc.com or [940-230-6995](tel:940-230-6995).

Click [here](#) to register!

GOALIE WARS

March 15, 2017

Test your GK skills and fitness in this fun event dedicated to Goalkeepers!!



AUSTIN TEXANS PRESENTS
GOALIE WARS
3/15
AT TEXANS PFLUGERVILLE FIELD

dell children's
POWERED BY DELL TECHNOLOGIES

For details and registration information:

http://www.austintexanssc.com/news_article/show/758850?referrer_id=842181

Sun Protection... What's all the fuss?

By Moise L. Levy, M.D.
Pediatric/Adolescent Dermatology
Physician-in-Chief
Dell Children's Medical Center
Dell Medical School



Much has been said regarding sun protection. While most of us experience the bulk of our lifetime exposure to sunlight during our childhood and adolescent years, it is of interest that the message still deserves repeating. One publication showed that education regarding this topic when provided by pediatricians is not terribly successful. We should extend our delivery of information to the parents and their children in an effort to attempt a broader behavioral change.

So why talk about this at all? It is well known that excess exposure to ultraviolet light is associated with premature aging of our skin and increased risk of skin cancers, including malignant melanoma which can often be fatal. There are, in addition, systemic conditions such as lupus erythematosus and other “collagen vascular” diseases which are associated with worsening of systemic features from unprotected sun exposure. Certain medicines which are commonly taken such as antibiotics for acne are known to increase our sun sensitivity. The public... children, adolescents, and their parents... can help with this message. This is up to all of us. Minimizing exposure to sunlight/ultraviolet light during the middle of the day (10 AM-2 PM) is helpful. Regular application of sunscreens whenever going outside... even during cloudy days... should be a routine like brushing of teeth. Reapplying sunscreen after 2-4 hours should be done, particularly if one is in and out of pools, lakes, sea water or if sweating. Sunscreens with SPF of 30 or greater are advised. One should really never go into a tanning booth unless instructed to do so by a physician for help with a particular skin condition. In addition to sunscreens, photoprotective clothing is available and is comfortable to wear. Hats and caps do help, as well. Lastly, do not forget about your eyes which can be harmed by excessive ultraviolet light, as well.

We have one “suit” of skin to use during our lives. As we have learned to care for our hearts and other internal organs, the same idea should be applied to our skin. These practices should start early in life and become routine.

Spring Fundraising Update

Fundraising Update:

Another reminder: The Spring Fundraiser will be selling chocolate candy bars. All players, including Academy, will be responsible for either selling or buying out of the fundraiser.

If you wish to get ahead of the game and buyout, please use the link below.

<https://www.gotsport.com/asp/application/reg/Default.asp?ProgramID=48579>



Nicki Huschka
Fundraising Director
fundraising@austintexanssc.com

Texans Education Update

The Austin Texans Night at Cedar Ridge High School was a success! We are looking forward to planning more high school nights next year. Our Austin Texan players walked the varsity team out before the game. They also scrimmaged on the field at halftime. The kids loved it! This idea was suggested at the last minute by a high school coach. Next year, we will have more time to plan and host more games. We do need parents who attend the high schools to reach out to the coach and set it up, but it's easy. The coaches have been great, and the kids love it. Boys and girls games must be planned separately because they play in opposite locations. If you need guidance or support getting it going, we can help. We will send out a reminder at the beginning of the 2018 high school season to encourage people to volunteer to organize an Austin Texans Night at their school.



If you have any ideas of “continuing education” topics you would like to see for Texans families, please email any feedback or suggestions to education@austintexanssc.com.

HAPPY BIRTHDAY TO ALL!!

Christopher
Birkenheiser
Maxwell Bledsoe
Jacob Bogusch
Alyssa Briere
Ernesto Cabale
Gonzalez
Amanda Carroll
Alyssa Castro
kristhofer cedillo
vasquez
Connor Crain
Robert Deckard
Stephanie Delgado
Zoe Dick
Olivia Escalante
Patrik Fagan
Justin Gitre
Dylan Gray
Courtney Hecker
Rocket Hoff
Ashleigh Jamison

Kyla Johnson
Elliott Keefe
Jilian Kennis
Maya Levee
Alexandro Luis
Everett Luong
Luis Medina
Thomas Meehan
Aaron Merritt
Ava Mikulencak
Ben Mitchell
Jessica Morales
Erin Mueller
Gavin Munoz
Joe Najera
Harper Payne
Jonas Resalund
Simon Stone
Olivia Sula
Giovanna Thach
Emily Thompson

Peyton Wimble
Megan Wooster
Madysen Zamora