

NORCO

NORTHERN COLORADO
VOLLEYBALL CLUB

January 20th, 2017

Happy Birthday!!

If you see any of the following around, make sure to wish them a Happy Birthday! Coaches Alex Bodayla, Dan Choi, Dayna Harned, Kelly Mundhenk, and Club Director Cathy Mahaffey.



Spring Clinics!!

Are you ready to get back in the gym! Here's a great opportunity to fine tune some skills after the Holiday rush:



Hitting Clinic Saturday, February 4th 2-4 pm

Led By: 17 Black Assistant Coach Steve Colpus and 13 Black Assistant Coach Evan Sanders

Assisted By: Erin Furness, Maggie Kelly, Jayce Tappy, Nicole Pranger, and Laura Billington

[**February 4th Hitting Clinic Registration**](#)



Passing/Defense Clinic Saturday, February 11th 12-2 pm

Led By: 18 Black Head Coach Michelle Buckner and 12 Black Head Coach Gavin Markovits

Assisted By: Kendra Cunningham, Ryna Gray, Brittni Marr, Lexie Paul, and Sabrina Hornby

[**February 11th Passing/Defense Clinic Registration**](#)

Serve/Serve Receive Clinic Saturday, February 25th 11 am - 1 pm

Led By: 11 Black Head Coach Kelly Allen and 14 Black Head Coach Glenn Sapp

Assisted By: Lindsay Miller, Courtney Zimmerman, Jaime



Colaizzi, Raleigh Lienemann, and Tami Bustamante
[February 25th Serve/Serve Receive Clinic Registration](#)



Hitting Clinic Saturday, March 18th 11 am - 1 pm
 Led By: 15 Black Head Coach Bob Poulter and 15 Blue Head Coach Sam Miller
Assisted By: Ashley Acuff, Tami Mikelson, Kylee Hoagland, Jenna

Gibson, Aime Kiefer, and Juliana Tyo
[March 18th Hitting Clinic Registration](#)



Serve/Jump Serve Clinic Saturday, April 8th 1-3 pm
 Led By: 16 Black Head Coach Jared Rudiger and 17 Blue Head Coach Kate Hampson
Assisted By: Kelly Mundhenk, Clara Koeltzow, Arielle Boone, Melanie Weiss, and Hilda Taheran
[April 8th Serve/Jump Serve Clinic Registration](#)

Youth Programs are Back!

The All-Star Skills Camp is designed to help advance the skills of intermediate volleyball player ages 10-14 years. This program is open to both boys & girls and focuses on advancing the fundamental skills and techniques to prepare them for the next level of volleyball. The practices are skill-based with occasional game-play. This program is ran by NORCO coaches and upper-level player volunteers. The coaches will be running drills and teaching the players the intermediate to advanced skills. Meanwhile, the players will help to maintain the flow of the drill, collect balls, and assist the coaches as needed. This structure is in place to ensure quality instruction and growth for each player while maintaining an affordable price. Cost for this 5 week session is \$100, use the link below to register!

[All-Stars - Register HERE!!](#)



Teams are Traveling!!

Travel - Check the [travel section](#) on the web for your team's flight information, hotel, and how to book parent/family rooms!



RMR Classic 2017

The RMR Classic was the start to the season for many teams, but that didn't stop NORCO! 15 Silver placed 1st in their division, 12 Black came in 2nd, and 14 Blue came in 3rd.

Congratulations teams!!



Classic 2017



12 Black fought hard and took home 2nd place!! 13 White even stopped by for a match and to celebrate!



15 Silver - 1st Place

15 Silver - Winners of the 15's White Division