

“OLD MAN TAKEDOWN”

PRESENTED BY

THURSTON MAT CLUB

MARCH 17, 2017

(Night before OWCE Trials)

THURSTON HIGH SCHOOL

333 N. 56th ST

SPRINGFIELD, OR

Best 2 out of 3 takedowns wins the match

Folkstyle rules

Must be 18+

4-5 man Crab pools grouped by age/weight

(To the best of our ability)

Weigh Ins : Friday 5-6pm

Wrestling Starts at 630pm

\$20 to wrestle

\$3/spectator or \$10 for family

Prizes to include for best dressed, best takedown, oldest....etc....

For questions email: Thurstonareamatclub@gmail.com or on facebook @ Thurston Area Mat club