



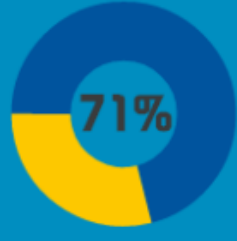
CONCUSSIONS

BY THE NUMBERS

A concussion is a type of traumatic brain injury (TBI) caused by a bump, blow, or jolt to the head that can change the way your brain normally works. Concussions can also occur from a fall or a blow to the body that causes the head and brain to move quickly back and forth.

DID YOU KNOW...

1.6 - 3.8 MILLION sports- & recreation-related TBIs occur in the United States each year.



71% of all sports- & recreation-related TBI emergency department visits were among males.

ED visits for sports- and recreation-related TBIs, including concussions, among children and adolescents increased by 60% during the last decade.



High-risk activities

with the greatest number of TBI-related ED visits



bicycling



football



basketball



soccer



playground activities



contact sports



Source: Centers for Disease Control and Prevention

Visit BaylorHealth.com/SportsCare for more information on concussions.