

# Coaching Education and Training Program

Level I



# This program is made possible through a generous grant from the Craig H. Neilsen Foundation

Established in 2002, the Craig H. Neilsen Foundation is the largest private foundation dedicated to improving the quality of life for those living with spinal cord injury (SCI), by supporting innovative program services, specialty training and research on effective therapies, interventions and treatments, leading to a cure. Today, the Foundation funds SCI scientific research (basic, translational, clinical and psychosocial research); quality of life programs; postdoctoral and SCI medicine fellowships; and other projects to support the SCI community throughout the United States and Canada.

## Level I Objectives

- Understand the importance of an athlete centered, mastery based coaching philosophy
- Understand the classification system, rules of and foundational skills needed for wheelchair basketball and how to teach them
- Understand the terminology and cue words used in wheelchair basketball and the importance of standardizing their use
- Understand the need for individual, small group and team skills and drills development
- Understand the importance of game-like drills that require decision making

## Level I Objectives

- Understand the role of feedback in enhancing skill development
- Understand possible modification to rules and equipment based on age/functional ability
- Understand disability specific issues related to training and injury prevention
- Understand the role of sport in activities of daily living (ADL)
- Understand the basic tenants of program development and athlete recruitment and retention

#### WHO is the NWBA?

3000 + registered athletes, coaches, administrators, etc

228 Teams: in 38 states, Washington D.C & Puerto Rico

Division I: 27

Division II: 31

Division III: 58

Women: 11

College: 16, 10 men, 6 women

Varsity: 53

Prep: 32







#### **Presentation Outline**

- Coaching Surveys
- Coaching Philosophy
- Methods of Teaching
- Program Development
- Planning/Goal Setting
- Long Term Athlete Development
- Disability Specific Considerations
- Classification
- Rules
- Skill Development

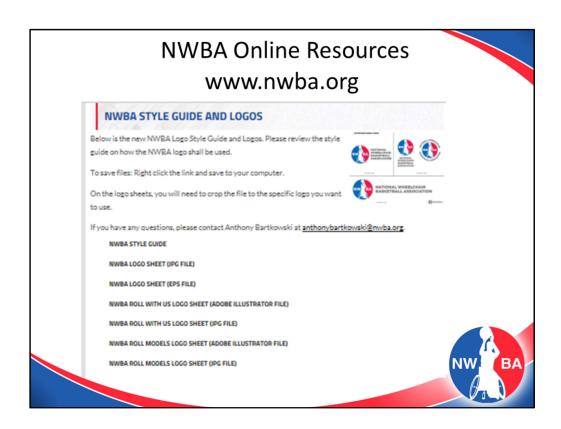


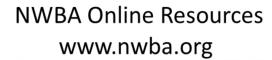
Webinar is designed around wheelchair basketball but the concepts can be applied to any sport and any season.











#### NWBA PROMOTIONAL POSTERS



Below are links to the promotional posters that may be used to promote the NWBA and its programs. Versions marked with "White Space" may be customized by local teams, conferences and divisions.

To save the file, right click on the link and save to your computer.

NWBA MEN'S HOOP DREAMS (PDF FILE)

NWBA MEN'S ROLL WITH US POSTER (POF FILE)

NWBA MEN'S ROLL MODELS POSTER (POF FILE)

NWBA WOMEN'S ROLL MODELS POSTER (POF FILE)

NWBA WOMEN'S ROLL WITH US POSTER (POF FILE)

8X11 WHITE SPACE POSTERS

8X14 WHITE SPACE POSTERS

**LOCAL NWBA SPONSORSHIP DECK** 



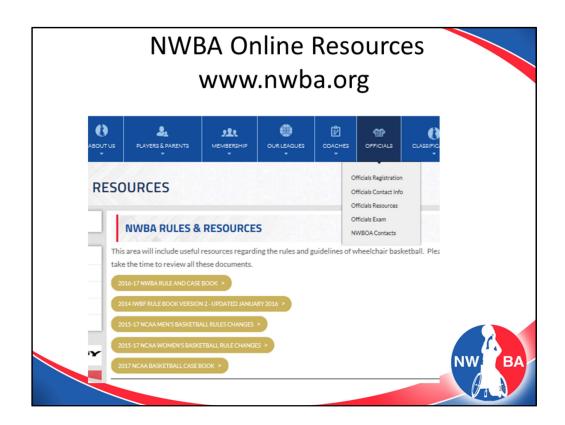








The NWBA website has a number of resources readily available to coaches under the Coaches tab of the main home-page of the website.



The NWBA website has a additional resources under the Officials' tab of the main home-page of the website including: current rule book and Case Book, current NCAA rule changes and NCAA Case Book .



