

# ARCHER FOOTBALL



**Policies, Procedures, and Expectations**

## **COMMITMENT- THERE ARE NO HALFHEARTED CHAMPIONS**

**“Ordinary people with commitment can make an extraordinary impact on their world.”**

**John C. Maxwell**

**Our young people have more distractions than ever before. High school football is one of the last great tools in the high schools that requires young men to make an extraordinary commitment. I believe that every person wants to be a part of something bigger than themselves, and the game of football provides that opportunity. Many people associate commitment with their emotions. If they feel the right way, then they can follow through on their commitment. But true commitment doesn't work that way. It's not an emotion, it is a character trait that enables us to reach our goals. Commitment in the game of football is a rock solid devotion to a common cause. It does not only depend on gifts or abilities, it is a matter of the heart. I believe the game of football resembles the game of life more than any other. When you get knocked down, you have to make a decision. When you get beat, you have to make a decision. When you are successful, you have to make a decision. Are you going to get up? Are you going to stay the course? Are you going to stay committed to the cause? The Archer Football Program must have 100% commitment from the administration, the coaches, the players, and the parents. Do not be halfhearted-Be a champion!**

**“The harder you work, the harder it is to surrender.” Vince Lombardi**

### **Academic Eligibility**

**Students must be academically eligible to participate in extracurricular activities. They must pass 5 out of 6 classes the previous semester and have the proper number of credit hours towards graduation.**

**We expect students to establish high academic standards for themselves. Students are encouraged to check regularly with their teachers to make sure they are maintaining satisfactory grades. Coach Dyer should be notified immediately by any student athlete that is in danger of academic ineligibility so that all avenues for assistance can be explored. Parents need to make sure they have access to Parent Portal and that they are on top of their students grades at all times.**

## Alcohol and Drugs

The Archer Football program has no tolerance for alcohol and drug use.

- Use and/or possession of alcohol is forbidden.  
1<sup>st</sup> offense: 2 game suspension  
2<sup>nd</sup> offense: Dismissal from team
- Use and/or possession of illegal or controlled substances is forbidden at any time.  
1<sup>st</sup> offense: Dismissal from team

Players are reminded that they are representing their families, school, coaches and themselves at all times. They should act in a manner that will portray a positive image of those they represent. Extenuating circumstances may exist at times. The Head Coach will make all final decisions.

## Athletic Clearance Forms (Physicals)

Players must submit a completed Archer High School Athletic Physical and Insurance Form before they participate in any conditioning, practice, or game. Players obtain their physical during school sponsored physical nights or from their own physician. No player will be permitted to condition or participate until the form is completed and on file. All information must be completed to the fullest extent.

## Awards Banquet

All players from the varsity, junior varsity, and freshman teams will be honored and recognized for their efforts and achievements at the end of the season. All players are expected to attend. More information will be distributed to all player families in October. Players should dress appropriately (no jeans, shorts, or t-shirts). The Archer Touchdown Club pays for all players and coaches. Seniors that have paid in full will get their jerseys.

## Touchdown Club

The Archer Touchdown Club, Inc. is a 501c3, volunteer-based, non-profit organization that functions as a support system to the high school's football program. The basic purpose of the organization is to enhance the school's program by:

- Providing continuing support and guidance for our young people.
- Exhibiting the best examples of personal demeanor and sportsmanship.
- Providing assistance, as requested, to the coaching staff.
- Providing our time, talents, and our resources for the furtherance of Archer High School and its academic and athletic programs.

We intend to carry out the above in such a manner that our personal representation, along with our facilities and equipment, and the overall quality of the program is recognized as second to none in our area. The Archer Touchdown Club, Inc. does not act as a board of arbitration between players, parents, and the coaching staff. The organization has NO role in the selection of players or the playing time of individual team members.

The Club's primary function is to raise money to benefit the Archer football program. The Archer Touchdown Club holds monthly meetings and all parents are encouraged to join. The Touchdown Club Board, committee members and all the volunteers work to help make the program run smoothly for the players, coaches and parents. Along with the executive board, there are several appointed non-board positions. The following committee chairs are selected each year:

- Concessions
- Field Crew
- Golf Tournament
- Taste of Archer
- Mom's Huddle
- Website
- Grade Reps
- Youth Night
- Corporate Sponsorship Director

Board Members assist in the fundraisers and serve as a conduit and sounding board for answering parent questions. Additionally, they assist in organizing volunteers and providing policy input to the head coach. We thank you in advance for volunteering to help our program succeed.

## Coaching Staff

The Archer football coaching staff includes a well-rounded staff of coaches who have played and coached high levels of football. While coaches have been designated to work with specific teams, every coach will spend time working with players at all three levels in an effort to offer his expertise in certain areas. Each coach has his unique football experiences and perspectives, which contributes to his own style. Please take advantage of the opportunity to learn from each coach. The coaches are here because they love coaching young men and they love the game of football. They each bring something valuable to the program with their knowledge and experience. Please give them the respect they deserve at all times.

## Coaching Decisions

Football is a game of arm chair quarterbacks. Coaches make decisions based on what is best for the team and the overall program. No coach, player or single individual is bigger than the program. Decisions about playing time are not always based on football talent, but rather on how each player fills certain positions and how they work within the team concept. Players who have negative attitudes or who disrespect their coaches and/or teammates will find themselves on the bench-or off the team-no matter their skill level. Players are to work through their issues with their position coaches and with the head coach. If there is an issue that a coach might not be aware of, please have your student-athlete speak directly with the head coach and allow him the opportunity to address the concern. Do not contact the coach over issues such as playing time or game decisions. Parents are welcome to attend and watch practices, but they are not allowed inside the fenced areas, including the playing field, locker rooms, and weight room.

## Colleges- We have had 49 players sign in the last 7 years.

We hope that all student-athletes in the Archer Football Program will strive to go to college after they graduate from AHS, and, if they desire, that they are able to continue their football careers in college. The college football coaches have already found Archer High School. They will ask these three questions almost 100% of the time when they are recruiting: 1. Can I have a copy of his transcript and test scores? 2. What kind of character does he have? 3. Can he play at "our" level? We provide hudl film to the college coaches as well as academic and weight room numbers. The college coaches will ultimately decide if they believe an individual has what it takes to play at their level. There are many different levels of college football and many different opportunities to continue to play the game.

Please keep an open mind because there could be opportunities at smaller schools at the Division 11 or Division 111 levels, or at an NAIA or junior college.

All high school student-athletes should be cleared by the NCAA Clearinghouse if they would like to continue to participate in intercollegiate sports in college. We recommend that student athletes begin the process during their sophomore or junior years. More information can be found at the following link.

<http://www.collegesportsscholarships.com/ncaaclearinghouse.htm>

## Equipment

All program equipment should be treated with care and respect. Equipment is inventoried and assessed annually to ensure players have the best possible equipment. If a player loses equipment that he has been issued he will be charged full price in order for the TD Club to replace the item. ALL EQUIPMENT IS BOUGHT AND PAID FOR BY THE TD CLUB.

## Fundraising

All fundraising efforts come from the Archer Touchdown Club, and all players and parents are expected to volunteer their time and effort. Fundraising efforts go directly to the Archer Touchdown Club to assist with debt reduction, uniform cost, equipment, field renovations, camp fees, etc. No effort is "too small," and your willingness to help is greatly appreciated. We have set our player fees accordingly for 2017. Our goal is to have the best high school football program in the state of Georgia and we will not slow down until we accomplish that goal. DO YOUR PART!!

- Taste of Archer-
- Corporate Sponsors/Program Ads-
- Our Fund-

## Game Days

Players must be in attendance at least four periods on the day of a game to be eligible to participate in any game or practice. Missing a game for an unexcused reason:

First Offense-Dismissal from team

## Practice (In Season)

Players are expected to attend practice every day unless there is an accepted excuse that has been cleared by Coach Dyer only. PLAYERS should notify Coach Dyer 678-407-7773 and leave a message or email if they are too sick to attend. Players checking out sick must notify their coach IN PERSON before leaving campus. Sending word is not acceptable!! Please avoid making doctor or dentist appointments during practice times. Our time is critical and we need 100% of our players everyday!

ALL 9<sup>th</sup>-12<sup>th</sup> players will practice on all holidays, teacher workdays, and system wide school holidays. Your son is not allowed to miss practice on any of these days.

- First Offense- 1 game suspension
- Second Offense- Dismissal from team

The varsity and JV teams will practice together while the freshman team will practice separate. The teams may also hold Saturday practices early in the season. Times will be announced. Parents are welcome to attend and watch practices, but they are not allowed inside the fenced areas for any reason, including the playing field, locker rooms, or weight room unless they were specifically granted permission in advance for team business. Parents should avoid any interaction with players and/or coaches during practices or games.

## Typical In-Season Practice Week

9<sup>th</sup> Grade- Mon and Tuesday of game weeks: 2:40-5:15; Wed: 2:40-4:30; Thursday- Game Day  
10<sup>th</sup>-12<sup>th</sup>- Mon, Tues, Wed: 2:40-6:40 (Players will watch film each day after practice with their position coach) Thursday-Varsity will have a short practice and will be dismissed by 4:15. This is a game day for JV.

**\*Parents- please make sure your son is picked up shortly after practice is over. He needs to get home to eat, study and rest. Coaches do not get paid to sit and wait with your son. They have families to get home to as well. Thank you in advance for taking care of this responsibility.**

## **Injuries**

**All football players should report all injuries to Chris Johnson and Carley Kemmer and Coach Dyer immediately through the proper communication channels, regardless if the injury occurred during a football practice or game. The school provides two athletic trainers who will develop and provide pre and post game treatments. Please see steps and procedures below:**



**Chris Johnson and Carley Kemmer-**

1. Chris and Carley are on campus everyday and are here to serve our athletes.

**(678 231-3753 Chris Johnson [Cbrooks@yaho.com](mailto:Cbrooks@yaho.com) (217) 781-2703 Carley Kemmer**

You are encouraged to put these contacts in your phones. They are available at any time to assist the parent and athlete. All athletes need to see **Chris or Carley** before going to the doctor for an athletic injury. They can speed this process up greatly by helping you set appointments. They are our direct line to Dr. Jove.

2. Chris and Carley provide a tremendous service to our athletes at Archer High School. They are highly trained professionals with a wealth of knowledge and experience. If you are a parent and you have any concern please contact them first. Do not go to your pediatrician for sports related injuries. Our trainers and orthopedics are highly skilled and trained in these areas and will take care of your son.

3. Our team physician is Dr. Maurice Jove, MD. He works out of Gwinnett Bone and Joint Specs. There are two convenient locations: **2400 Wisteria Drive Suite A Snellville, GA 30078 & 4743 Atlanta Hwy #100, Loganville, GA.** Dr. Jove also works out of Decatur and that address is **Georgia Knee and Sports Medicine 2801 N Decatur Rd Suite 200 Decatur, GA 30033.**



**Hydration Guidelines for Athletes**

Don't rely on thirst as an indicator of your body's need for fluids. By the time you're thirsty, you're already dehydrated! If your urine is dark and there's not much of it, you're dehydrated and should increase your fluid intake.

- Drink fluids until your urine is pale yellow/clear and plentiful.
- In general, drink as much fluid as you can comfortably tolerate both before, during and after exercise. Drinking small amounts frequently usually works better than drinking a large amount once or twice.

**General guidelines for fluid intake are:**

- 2-3 cups      about 2 hours before exercise
- 1 cup          5-10 minutes before exercise
- 1 cup          every 15-20 minutes during exercise,  
                         especially in warm Weather

- Cool beverages are absorbed better than warm beverages.

**Sports Drinks**

These drinks can be beneficial to those athletes who exercise at a high intensity for 60 to 90 minutes or more. It is very important to replace the spent potassium, sodium and other electrolytes during workout. Athletes should consider consuming a sports drink enriched with electrolytes to replenish the ones they lose.

The trainers job is number one to take care of the athletes but also to make this as easy as possible for the parents. That means they are here to answer any questions that you might have and to set up the doctors appointment for you if one is needed.

**Other Sports/Activities**

**Archer High School football players are encouraged to participate in other sports and school activities during the winter and spring seasons. Multi-sport athletes are well rounded and maintain their physical conditioning. Those who participate in clubs, student government, and other organizations gain valuable experience, knowledge, and friendships.**

However, football players are expected to commit themselves to the football program during football season, beginning with the first day they attend practice.

## **Off-Season Workouts**

Out of season workouts are part of the player-parent commitment to Archer Football, unless they are involved in another Archer winter or spring sport. Off season workouts are critical for each individual's personal physical development. Speed, agility, size and strength are critical in the game of football. Athletes will work out 2 days a week after school until 4:15 starting in January and ending in May unless the athlete is participating in another sport at Archer High School. AAU teams or other NON-Archer teams DO NOT take priority over Archer Athletics and are not an acceptable excuse for missing workouts. Summer workouts (June-July) are not optional for football players unless on family vacation, college football camps, or other reasons that have been excused by Coach Dyer. Summer workouts allow us to prepare our athletes for the rigors of the summer heat and for the physical nature of the upcoming football season. Athletes are allowed to work summer jobs if needed, but are expected to schedule their work hours around workout times and days. Coach Dyer will be happy to speak to employers on behalf of the student-athletes. We are in the kid business and we are here to serve our athletes and make them the best they can be.

## **Parents**

The biggest role that parents can play is to support their student-athletes in school and with their athletic endeavors. Attendance and demonstrating good sportsmanship at our games and functions is expected and greatly appreciated. Please remember to keep all your comments positive, whether they are about your own son, another player or parent, a coach, a ref, or any other opposing player, parent, or coach. Parents, too, represent the Archer community.

Parent responsibilities also include joining the Archer Touchdown Club, supporting all fundraisers, and willingly accepting all assigned duties in the concession stand, grill, press box, or any other function that supports our program or players.

## **Player Conduct**

Players should play the game with pride and class. It is a PRIVILEGE to play football for Archer High School, and not a right. All coaches, players, fans, refs, and other school personnel should be treated with respect.

The coaching staff will not tolerate inappropriate conduct. Inappropriate behavior is grounds for discipline from the coaching staff, including suspension or removal from the football program. The use of profanity, throwing equipment, arguing or questioning a ref and/or any other embarrassing, demeaning or offensive behavior is strictly prohibited.

## **Playing Time**

The concept of “equal playing time” does not exist at the high school level. Positions will consistently be earned, and starting line-ups may change from week to week. Because coaches are looking at an entire roster in a variety of situations, there are players who might play one game and then not play the next. Players will be asked to fulfill certain roles and are expected to fulfill those roles for the good of the team and the program. EVERY ROLE is an important one and is crucial to the overall success of the team.

## **Contacting Coach Dyer**

If you need to contact Coach Dyer, you may do so at 678-407-7773 or through email. I will respond as soon as possible. Do not contact the athletic director or other school personnel when trying to reach me. ALWAYS CALL ME FIRST IF IT PERTAINS TO FOOTBALL.

Do not contact me about playing time issues. Positions are won and lost on the playing field. These issues are decided on by the entire coaching staff, and each coach is responsible for assessing their individual players on a daily basis. Players are always able to discuss these issues with their position coaches and with myself at the appropriate time.