



Safe, Clean Facility

Cardio & Weight Rooms

Cushioned Walking & Jogging Track

Certified Training & Nutrition Program

Plans & Programs to Fit Every Budget

Comfortable, Friendly Environment

Fitness Center Memberships (Prices per month)	
	Month-to-Month
Single	\$34.99
Joint	\$49.99
Family	\$64.99
Salem Staff, Seniors (Over 60), & Students	\$24.99

Membership Initiation Fee is equal to one month's membership rate

**** Save \$\$ with 2 People Training Together ****

Hours of Operation	
Monday – Saturday	5:30 am – 10 pm
Sunday	Noon – 10 pm

Alodia Fitness Center - 22601 Lutheran Church Road, Tomball, TX 77377
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