



Vikings Microsoccer Program

Guidelines & Frequently Asked Questions (FAQ)

SF Vikings offers an exciting Microsoccer Program to children across several age groups and skill levels. It's a fun way to get your Pre-K through 1st grader involved with soccer! Our Microsoccer Program is built for early players to introduce them to the game, learn the basics and develop skills with same-aged peers. The Microsoccer Program's mission is to create a fun, positive environment that helps build interest and a love for soccer!

Microsoccer Divisions by Age Group

Pre-Kindergarten - U6 -

- "Under 6" age group
- For players who will be 6 years or younger by spring season

Kindergarten - U7 -

- "Under 7" age group
- For players who will be 7 years or younger by spring season

First Grade - U8 -

- "Under 8" age group
- For players who will be 8 years or younger by spring season

Microsoccer Guidelines

- Microsoccer teams are registered by school grade, not birth year
- Child plays in the the same or younger grade as the grade that the team is registered to play
- All divisions will play 4v4 with NO goalkeeper
- All teams will have the same size roster: max & min (13 max roster/10 min roster)
- There are no standings or recorded scores in Microsoccer; our primary responsibility is player development, not winning.
- A "player development first" approach takes away the pressure of winning and allows a focus on teaching & coaching
- Parent-coached teams; Option to have a trained SF Vikings coach at additional cost

Note: US Soccer Coaching and child development experts advise on a "player development first" game for these age groups.

Registration for the Spring 2017 Microsoccer season is now open and runs through January 31st. Parents can choose to sign up child as individual players or as part of a team.

Player Registration



- Spring 2017 season starts: Saturday, March 25th and runs for 6 weeks
- No games scheduled on Easter weekend, April 15th.
- Spring season ends: May 6th; Any canceled games will be made-up on May 13th

Registration Cost:

- Individual Player: \$60/season
- Team: \$580/season
- Low Income School: \$270/season

SF Vikings Soccer Club

1434 Taraval St, San Francisco CA 94116

Questions? Contact us:

Staff: Jose Flores office.sfvsc@gmail.com

President: Libby Rappolt libbs13@gmail.com

For more information or to register with
SF Vikings Microsoccer Program:

www.sfvsc.org



SF Vikings Soccer Club

Recreational & Competitive Soccer - FAQ

SF Vikings Soccer Club offers players an opportunity to join one of over 50 recreational and competitive Vikings teams. Once a child moves out of Microsoccer age groups, they are eligible to join either a Vikings Recreational or Competitive team. We're proud to be San Francisco's oldest, premier soccer club with a standing history of focusing on player development and building teams that play hard and strong together!

Levels of Competition & Team Formation

1 | Travel Gold/Premier Team

- Travel within N. California for competitive games/play
- Players try out for teams
- 2-3 practices/week
- Ages U9 – U18

2 | Travel Silver Team

- Travel within N. California for competitive games/play
- Players try out for teams
- 2 practices/week
- Ages U9 – U18

3 | Prep Bronze/Silver or Recreational Team

- Games played in SF
- Players try out and/or request recreational team play
- 2 practices/week
- Ages U9 – U14



Player Development Model – Other Ways to Develop Skills

Year-Round Play for Competitive Teams

- Competitive teams participate in Fall and Spring seasons
- Teams can elect to play Winter Futsal and Summer League for year-round experience

Skills Academy

- Optional weekly fall skills training
- Developmental program for U8-U11 Recreational League players

Summer Camps

- Optional series of weekly developmental camps offered in the summer
- Available to players age 5-12 years

Elite Skills Camps

- Optional skills training with specialized coaching
- Focused on striker, defender and goalie training for players age 11-15 years

Recreational League for U15+ age group

- Fall and Spring 7v7 Recreational League for players who want to continue non-travel play after they age out of the Vikings League
- Available for players age 15-18 years (U15-U18)



How do tryouts work?

The lead coach for the age groups runs a practice session. Other coaches evaluate players on technical skill, tactical decisions, physical effort, and psychological attitude.

When will I know if my child is selected?

The lead or assistant coach for the age group will contact every player within a week of the second tryout date, so everyone should have an answer by February 10th.

How do I contact the Vikings Club about the selection if I haven't heard by February 10th?

Please call the office at (415)753-3111 during (Mon-Fri 9:30-4:00) or email Libby Rappolt: libbs13@gmail.com

When do I have to commit to the team?

Team acceptance and deposit is due by February 12th.