

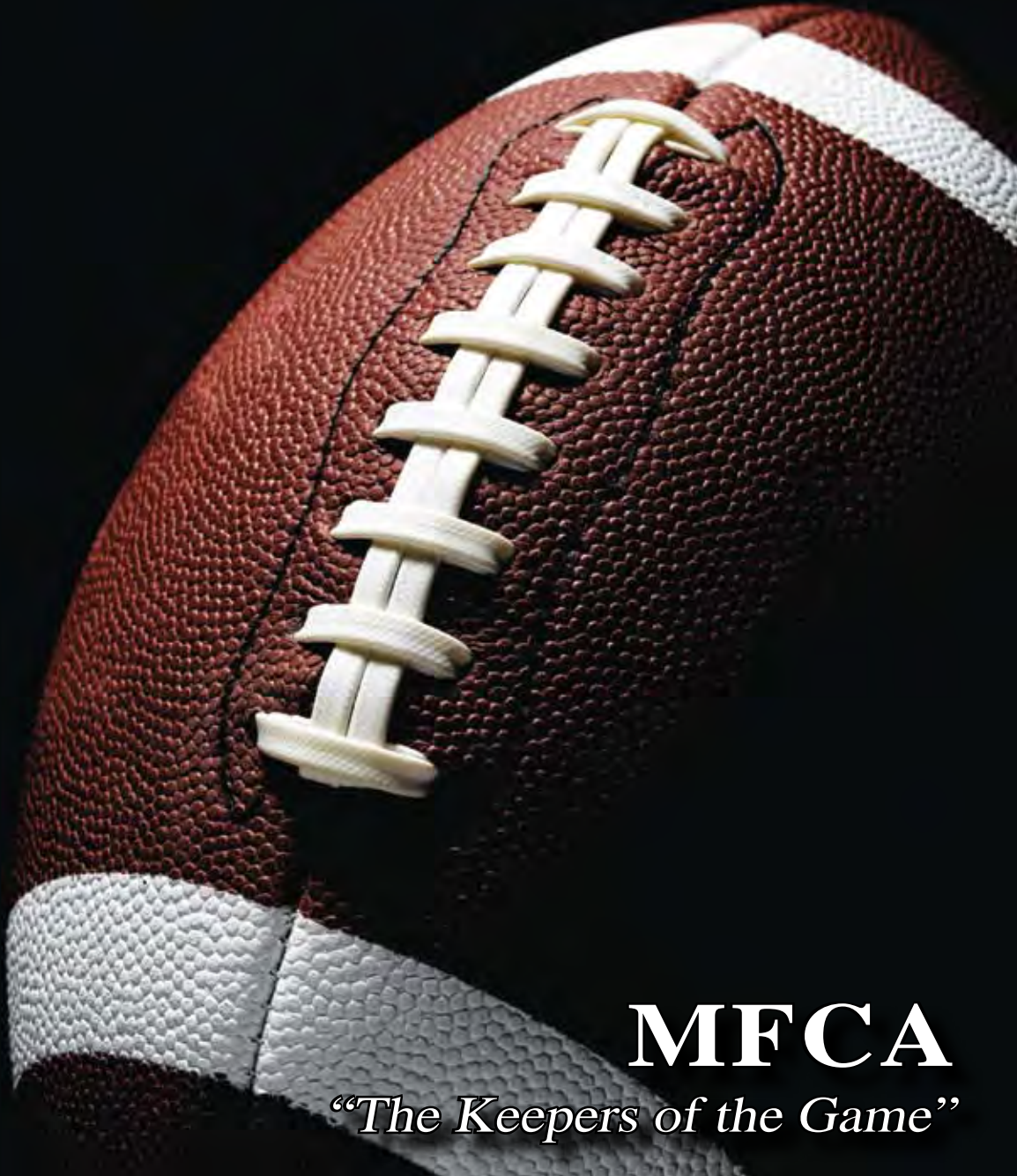
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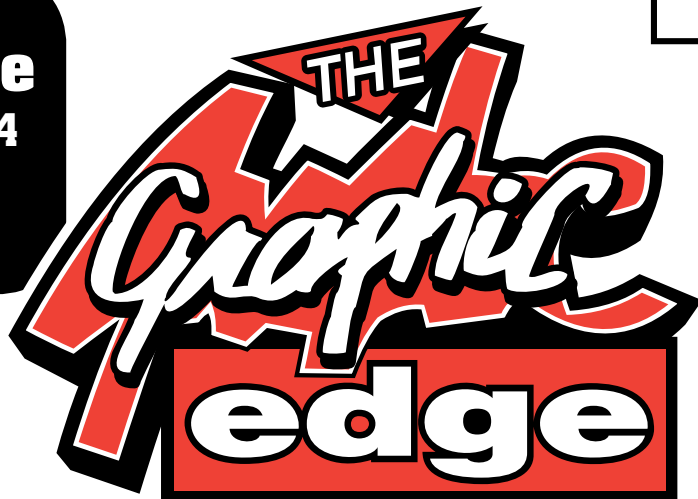


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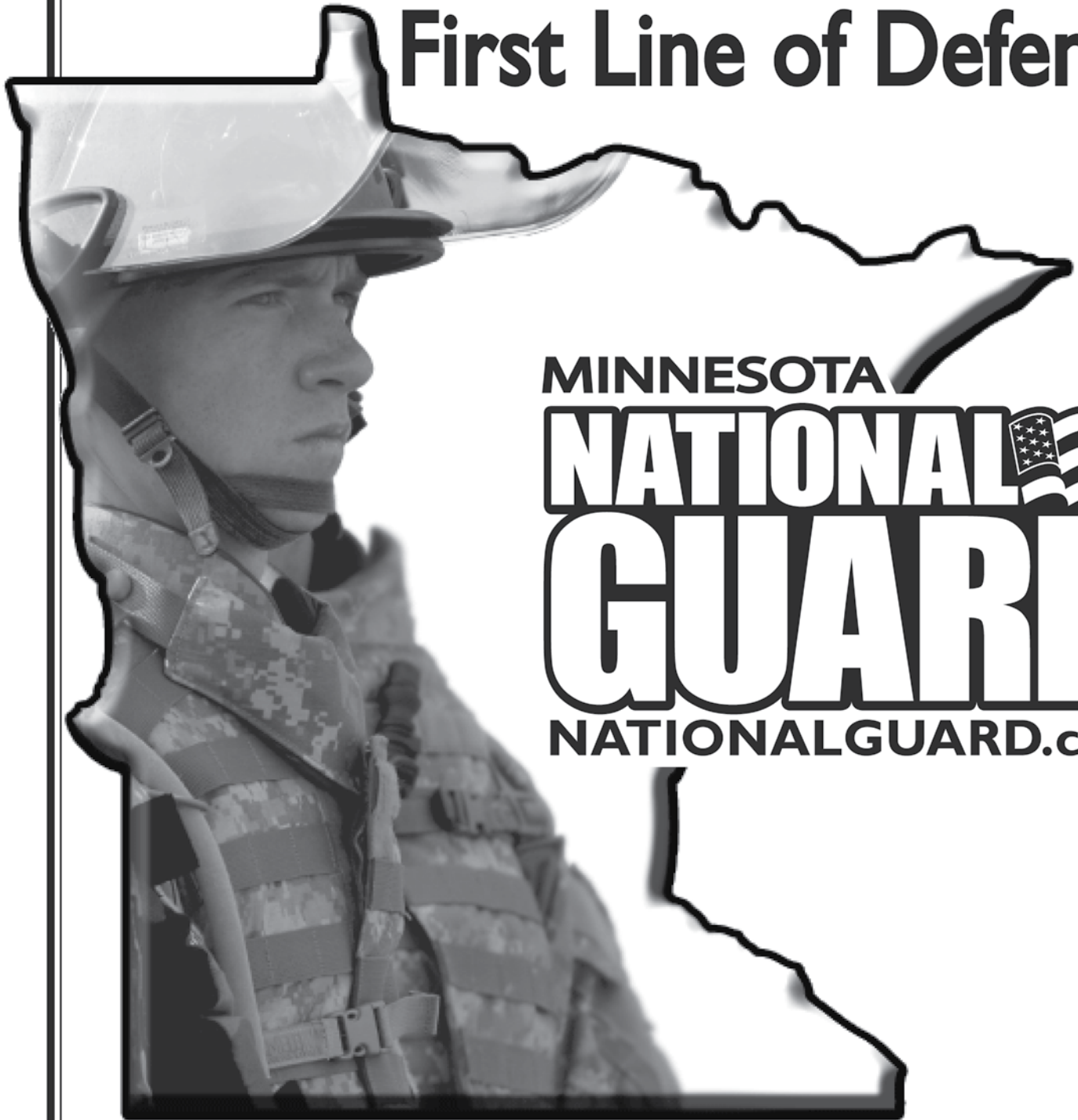
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EXECUTIVE DIRECTOR'S MESSAGE



Ron Stolski
Executive Director

I confess to not being as tech savvy as the average seven year old. In fact, we have a number of grandchildren around that age who, I am certain, have considerable skills on the computer that I have yet to, and may never, master. I am able to use the computer for the most basic skills... can send, receive, reply, and print. And, daily, we all use the computer, valuable tool and resource that it is, to communicate the work of the day. What did we ever do without it? And, also daily, we are all inundated with every kind of 'coaching aid, player help, camp opportunity, combine info., latest coaching secret, gimmick, leadership advice, special academy, etc., etc., you get the picture.. Now, many of these 'opportunities' are perhaps legitimate, valuable, and are in most cases well intended. Still, they reflect a ever growing trend that may not always have the player, coach or program's best interest in mind., The third party is among us .Sooooooo who is in charge of our program(s)? Simply, you are.

Historically, football has been a coaches game, absent many of the outside influences that have inundated other sports. In a column two years ago, this writer mentioned that, on a national level, the AFCA was expressing genuine concern about high school coaches and football being vigilant re the undue influence of outside entities and their impact on our high school game. Our MFCA code of ethics was specifically developed to"

protect, promote, and preserve the best interests of the game and the coaching profession." Let us be certain that we never retreat or shirk from that responsibility; that obligation.

On a related subject, Cretin-Derham Hall grad, Matt Birk, was being interviewed recently on a twin city radio program about his new position with the NFL. During the course of the interview he mentioned that part of his new role would be to help people realize that playing football is a healthy means to an end, not the end itself... and that playing the game had worth for all young players; not just for those few who go on to play college or, fewer still, the pros. Those of us who heard Matt speak, or have read his book, can readily identify with his message.

Let's end with some facts. Football has never been more popular. According to the NFHS, during the 2012-2013 season, 1,093,068 boys (and some girls) played football in the U.S. That same year, in Minnesota, 26,563 boys played. According to our 2013 MFCA survey of our area colleges, including eight college conferences, the U. of M, the junior college conference and a few independents, there were 1833 Minnesota high school players on their combined rosters. As has been stated here before, our obligation is to coach everyone who comes to our program, and to do it to the best of our ability. Some players, naturally, will have the desire and skill to play beyond, and to enhance their post high school experience by playing at another level.. And that is good. But here is what we know. Most of the kids who play in high school do not go on. Their high school team is the last football team they will ever play on. The last memory they will have of our great game. Let's give them all the best we have.

Ron Stolski

2013-2014 MINNESOTA FOOTBALL

MINNESOTA FOOTBALL COACHES ASSOCIATION

DIRECTOR OF PUBLICATIONS - TERRY TUREK

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This publication is issued annually by the MFCA

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1956-57	Harvey Shew - Brainerd	1986-87	Jim Simser - New Richland - Hartland
1957-58	Lew Swearingen - Jackson	1987-88	Dave Nigon - Totino Grace
1958-59	Red Wilson - Bemidji	1988-89	Keith Swanson - Hoffman-Kensington
1959-60	Loren Hagge - Rochester	1989-90	Jerry Peterson - Owatonna
1960-61	Frank Cleve - Minneapolis Henry	1990-91	Dave Brokke - Granite Falls
1961-62	Lew Barle - Greenway	1991-92	Con Natvig - Swanville
1962-63	Tom Mahoney - Fairmont	1992-93	George Larson - Cambridge
1963-64	Steve Silianoff - So. St. Paul	1993-94	Buz Rumrill - Silver Lake
1964-65	Dale School - Redwood Falls	1994-95	George Tuvey-Janesville-Waldorf-Pemberton
1965-66	Bill Hansen - Willmar	1995-96	George Thole - Stillwater
1966-67	Bob Roy - St. Louis Park	1996-97	Ken Baumann - Mahnommen
1967-68	Marv Gunderson - Winona	1997-98	Dave Hylla - Proctor
1968-69	Milt Osterberg - Worthington	1998-99	Neal Hofland - Chokio Alberta
1969-70	Dick Lagergren - Brainerd	1999-00	Ken Belanger - Zumbrota-Mazeppa
1970-71	Les Dreschel - Ada	2000-01	Bubba Sullivan - Northfield
1971-72	Don Varpness - New Ulm	2001-02	Dick Strand - Southland
1972-73	Ron Raveling - Columbia Heights	2002-03	Dave Nelson - Blaine
1973-74	Rollie Bromberg - Cloquet	2003-04	Mike Mahlen-Verndale
1974-75	Don Swanson - Minneapolis Henry	2004-05	Dwight Lundeen - Becker
1975-76	Don Stueve - Fergus Falls	2005-06	Flint Motchenbacher - Detroit Lakes
1976-77	Dean Brown - Winona	2006-07	Clay Anderson - Albert Lea
1977-78	Gary Gustafson - North St. Paul	2007-08	Wayne Petermeier - Browerville
1978-79	Grady Rostberg - Hutchinson	2008-09	Shannon Gerrety - Blaine
1979-80	Dick Lawrence - Eveleth	2009-10	Jon Johnson - Litchfield
1980-81	Ron Scott - Coon Rapids	2010-11	Paul Dunn - Springfield
1981-82	Jim Roforth - Lake City	2011-12	Jeff Weiland - Orono
1982-83	Ron Stolski - Brainerd	2012-13	Jon Bakken - Waterville Elysian Morristown
1983-84	Tony Thiel - Battle Lake	2013-14	Gary Sloan, Grand Meadow
1984-86	Dick Walker - Richfield		

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1956-57	Frank Cleve - Minneapolis Henry	1983-87	Don Larson - Albert Lea
1957-61	Dwayne Hoberg - St. Louis Park	1987-00	Jim Simser - Fairmont
1961-64	Bob Roy - St. Louis Park	2000-08	Terry Turek - LeSueur-Henderson
1964-74	Chuck Elias - Minneapolis Central	2008-	Jim Dotseth - Minneapolis Henry
1974-83	Jerry Peterson - Owatonna		

PRESIDENT'S MESSAGE

I am honored to be writing this summer letter as the current President of the MFCA. Our association has had a long and productive existence, serving coaches and in turn the schools and football athletes that compete in our state since 1956.

The work of the association is OUR work and something we should all be proud of, and includes the MFCA Clinic, Recruiting Fair, All Star Game, Hall of Fame and awards banquet and so much more. More importantly, our association with each other provides opportunities for friendships to grow and sharing to occur in a way that benefits our student athletes.

The great game of football in the state of Minnesota continues to thrive and continues to evolve. Teaching and techniques get better and better, particularly those related to player safety. Communities and schools rally in the fall on game night, bringing families together in a wholesome atmosphere.

I encourage all of you (us) to get involved in our association by attending events, responding to surveys and ensuring that your voice is heard. Please encourage your assistants to join the association as well. When coaches come together for the greater good of the game and our kids, cool things happen!

As you may know, some changes are likely coming regarding the management of summer football. While change is often hard for coaches, the MSHSL is in tune with what is happening nationally regarding heat acclimatization, contact, practice length and other safety related issues. I will be sending a survey later this summer to gather input from all Minnesota football coaches, and working with the league through our association to put together a plan that is in keeping with national trends as well as our interests and the interests of our athletes.

Enjoy the rest of the summer. I hope this letter finds you healthy and happy.

Jeff Ferguson

President, MFCA



PRESIDENT

Jeff Ferguson
Totino-Grace

LETTER FROM COACH KILL UNIVERSITY OF MINNESOTA

I hope you enjoyed your summer and found some time to relax and enjoy the nice weather. With that being said, I trust you are just as excited as I am that football season is finally here again. It's always a thrill to get back out on the field and watch young men work together to achieve one goal. It's the reason our sport is the greatest there is.

One of the reasons I am writing today is to thank you for attending the Minnesota Football Coaches Association Clinic this past spring.

The clinic is one of the highlights of my year, and I thought the event this past March was one of the best we have had since I have been here. My staff and I always enjoy seeing old acquaintances and meeting new friends. The speakers this year, from Matt Birk to Ken Sparks, were tremendous and we can all learn from these outstanding men who have helped forge the history of our great sport. I cannot thank you enough for attending, and I hope you found it as beneficial as I did.



If you were unable to make the clinic this year, then I encourage you to attend next year. It's three days that I find highly rewarding, and I am sure you will as well. It keeps getting better and better and hopefully I will see you there next year.

At Minnesota, our program is headed in the right direction. The team worked hard this past year and won eight games, which included four-straight Big Ten wins and victories against perennial powers Nebraska and Penn State. We just finished our spring practices, and I was encouraged by what I saw. Our team will be young in the fall, but I believe they will play hard from whistle-to-whistle and will play a style of football that will make our fans and state proud.

I want to wish all of you and your programs good luck this upcoming season. There is nothing like high school football. Please remind your young men to enjoy the moments and to savor everything there is about playing on Friday night under the lights. It is truly a one-of-a-kind experience.

In addition, please let me or my staff know if there is anything we can do to help you. You are always welcome at our facilities and always welcome to attend practices. Please contact our director of football operations Adam Clark (agclark@umn.edu or 612-624-1344) if we can help you in any way. I hope to see all of you at one of our practices or at TCF Bank Stadium for a game this fall.

All the best and Go Gophers!

Coach Kill

MINNESOTA FOOTBALL COACHES ASSOCIATION



EXECUTIVE DIRECTOR
Ron Stolski



PRESIDENT
Jeff Ferguson
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SECRETARY - TREASURER
Jim Dotseth

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MFCA CODE OF ETHICS

PREAMBLE

One of the distinguishing characteristics of a profession in education may be that its members are cognizant of, and perhaps dedicated to, rendering a service to humanity. As educators who choose to coach football, we must understand that the justification for football is that it provides educational and physical values for those who play the game, and the game essentially belongs to the players who choose to play it.

The welfare of the game depends on how coaches live up to the spirit and letter of ethical conduct, and how coaches, as educators, model ethical conduct, and remain mindful of the trust and confidence placed in them by colleagues, players, and the public.

PURPOSE

This code of ethics has been developed to protect, promote, and preserve the best interests of the game and the coaching profession. Its primary purpose is to clarify and distinguish ethical and professional practices from those which are detrimental. Its secondary purpose is to emphasize the value of football as an experience that contributes to the overall education of the student-athlete and to stress proper functions in relation to schools, players, and the public.

ARTICLE ONE – RESPONSIBILITY TO PLAYERS

1. Coaches shall be aware of the tremendous influence they have on the education of the student-athlete; therefore, they shall never place the value of winning above the value of instilling the highest ideals of character and integrity.
2. Coaches shall follow or create and enforce a set of training rules for players that reflect the positive values of abstaining from drugs, alcohol, and tobacco.
3. Coaches shall never place the value of winning over the safety and welfare of players.
4. Coaches shall not exert pressure on faculty members to give players special consideration.
5. Coaches shall show respect to all players by treating them with integrity and honesty in both verbal and nonverbal behavior, regardless of their role or contribution to the team.
6. Coaches are responsible for their players' actions on the field and must not permit them to perform with the intent of causing injury to opposing players.
7. Coaches shall not seek unfair advantage by teaching deliberate unsportsmanlike behavior to players; they shall instruct players to play within the written rules and within the spirit of the game at all times.

ARTICLE TWO – PROFESSIONAL BEHAVIOR

1. Coaches shall exemplify the highest moral character, behavior, and leadership.
2. Coaches shall display modesty in victory and be gracious in defeat.

3. Coaches shall promote ethical relationships among fellow coaches.
4. Prior to, and following contests, coaches for the competing teams should meet and exchange cordial greetings to set the correct tone for the event.

ARTICLE THREE – SPORTSMANSHIP

1. Coaches shall exhibit, model, and teach good sportsmanship.
2. Coaches shall exert their influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep clubs, booster groups, parents, and administrators.

ARTICLE FOUR – SCOUTING

It is considered ethical to scout opponents only during games and agreed upon scrimmages, and within the designated rules of the conference or section by-laws. The head coach is responsible for the actions of his scouts.

ARTICLE FIVE – RELATIONSHIPS WITH GAME OFFICIALS

Coaches shall respect the integrity and judgment of the game official. Coaches shall not indulge in conduct which would incite players or spectators against officials. Public criticism of officials is considered unethical.

MFCA MEMBERS FOR 2013-2014

Listed below are the dues-paying head coaches of the MFCA for the year 2013-14.

These coaches are representative of the high school football teams in Minnesota. The association would like to remind all coaches to renew their membership for the upcoming year and to encourage their assistants to do the same.

The MFCA believes that it is realistic to have over 90% of all head coaches as members. Membership strengthens the association and allows for better representation for all teams and their concerns.

Remember, the MFCA is not just a "head coaches only" group, several teams have taken advantage of having assistants take a more active role in association meetings and it has improved participation and representation a great deal.

Please note that some coaches names may have been inadvertently omitted.

Coach	School
Aakre, Arek.....	Fosston H.S.
Aakre, Harrison.....	Montevideo H.S.
Abbott, Chad.....	Saint Thomas Academy
Achterkirch, Marc	Owatonna H.S.
Adams III, Charles	Minneapolis North Community H.S.
Adams, David.....	New Life Academy of Woodbury
Ague, Kyle.....	Watertown-Mayer H.S.
Ahmed, David	Saint Cloud Tech H.S.
Ahrendt, Thomas	Park Rapids Area H.S.
Aker, Dave	East Grand Forks Sacred Heart HS
Albers, Craig	Jordan H.S.
Albright, Jeremy.....	Rush City H.S.
Alexander, Harold	Saint Cloud Apollo H.S.
Algarin, Luis	Pierz H.S.
Allaire, Claud	Macalester College
Allen, Daniel	Sauk Rapids-Rice H.S.
Allen, Michael	Northfield H.S.
Alto, Dan	Kelliher H.S.
Amdahl, Alan.....	Albany H.S.
Andersen, Kory.....	Lake Crystal-Wellcome Memorial
Anderson, Aron	Brainerd H.S.
Anderson, Benjamin.....	Howard Lake-Waverly-Winsted H.S.
Anderson, Brad.....	Wayzata H.S.
Anderson, Brody	Saint Cloud Apollo H.S.
Anderson, Chad	Cretin-Derham Hall H.S.
Anderson, Cory.....	Milaca H.S.
Anderson, Dennis.....	Murray County Central H.S.
Anderson, Jacob	Eden Valley-Watkins H.S.
Anderson, Jon.....	Bloomington Kennedy H.S.
Anderson, Murray.....	Virginia H.S.

Coach	School
Anderson, Robert	Melrose Area H.S.
Anderson, Tom	Eden Prairie H.S.
Anderson, William	Two Harbors H.S.
Andres, Tony.....	Moose Lake H.S.
Anfenson, Tim.....	Saint Michael-Albertville H.S.
Arduser, Terry	Madelia H.S.
Arnoldi, Paul	Springfield H.S.
Aro, Michael.....	Eveleth-Gilbert H.S.
Asche, Derek.....	Providence Academy
Ashfield, George	Bloomington Kennedy H.S.
Asuma, Robert	Cherry H.S.
Atherton, Kyle.....	Cleveland H.S.
Attig, Aric.....	Thief River Falls Lincoln HS
Aufdenkamp, William.....	Frazee H.S.
Auger, Andy	Saint Cloud Cathedral H.S.
Aurich, Dean.....	Mayer Lutheran H.S.
Austad, Joshua	Rocori H.S.
Austinson, John.....	Byron H.S.
Aycock, Craig.....	Saint Cloud Tech H.S.
Bach, Andrew	Sleepy Eye Saint Mary's H.S.
Bachman, Marc.....	Saint Peter H.S.
Bahlmann, Terry	Marshall H.S.
Baker, Sam.....	Waconia H.S.
Bakken, Jon.....	Waterville-Elysian-Morristown H.S.
Bakkethun, Justin	Cherry H.S.
Baldry, Dean	Yellow Medicine East H.S.
Ballweg, Alexander	Stillwater Area H.S.
Balmer, Pete	Mora H.S.
Barnes, John	Saint Thomas Academy
Barnette, Coss.....	Blaine H.S.

Coach	School
Bartholomaeus, Brett.....	Red Rock Central H.S.
Bartlett, Ryan.....	White Bear Lake Area H.S.
Basil, Joseph	Saint Louis Park H.S.
Battaglia, Scott	Willow River H.S.
Baumann, Brad.....	Maple Lake H.S.
Baumgarten, Dean.....	Little Falls H.S.
Baumgarten, Joel	Rocori H.S.
Baumgartner, Michael	Park Rapids Area H.S.
Becker, Chad.....	Browerville H.S.
Beckmann, James.....	Bethlehem Academy
Bedel, Cory.....	Hancock H.S.
Behrens, Chris	Watertown-Mayer H.S.
Bender, Collin.....	Waconia H.S.
Beneke-Eaves, William	Saint Paul Central H.S.
Beneke, Bruce	Saint Paul Central H.S.
Bengtson, Hokan	Becker H.S.
Benick, James.....	New Prague H.S.
Benning, Chris.....	Browerville H.S.
Benning, Dan	Browerville H.S.
Bense, Keith	Saint Peter H.S.
Benson, David.....	Park Rapids Area H.S.
Benson, Jon	Saint Cloud Tech H.S.
Berdan, Ronald	Sleepy Eye H.S.
Berg, Grant.....	New Richland-H-E-G H.S.
Bernards, Jefferson.....	Kasson-Mantorville H.S.
Bernhard, Paul	Northfield H.S.
Berning, Scott	Delano H.S.
Bestor, Tim.....	Stewartville H.S.
Bettcher, Josh.....	Detroit Lakes H.S.
Betton, Ray.....	Academy of Holy Angels
Beuning, Paul	New London-Spicer H.S.
Bickle, JD.....	Rochester Century H.S.
Biegner, Chris	Alexandria H.S.
Biermaier, Michael.....	Browerville H.S.
Birchem, Nick	Hawley H.S.
Birkholz, Adam	Lester Prairie H.S.
Bjornjeld, Mark	Lac qui Parle Valley H.S.
Black, Chris.....	Bloomington Kennedy H.S.
Blanck, Dawson	Saint Agnes H.S.
Blank, David.....	Wabasso H.S.
Blom, Gary.....	Saint James H.S.
Blom, Raymond.....	Crosby-Ironton H.S.

Coach	School
Blomdahl, David.....	Braham H.S.
Bobbe, John.....	Andover H.S.
Boe, Erick	Saint Peter H.S.
Bohaty, James	Moose Lake H.S.
Boltmann, Reed.....	Edina H.S.
Bolton, Michael	Atwater-Cosmos-Grove City H.S.
Boonstra, Jeff	New London-Spicer H.S.
Borman, Jason	Russell-Tyler-Ruthton H.S.
Bouman, Troy	Pipestone Area H.S.
Bouwman, Justin	Marshall H.S.
Bowe, kurt	Mound Westonka/Holy Family Coop
Boyle, Jay	International Falls H.S.
Braaten, Matthew	Cambridge-Isanti H.S.
Brager, Nathan.....	Ada-Borup H.S.
Brainard, Paul	Eveleth-Gilbert H.S.
Brandl, Robert.....	Comfrey H.S.
Branstad, Peter	Minneapolis Washburn H.S.
Bratsch, Carl.....	Sibley East H.S.
Breitbach, Ryan	Win-E-Mac H.S.
Brennan, Joe.....	Saint Cloud Apollo H.S.
Brent, Benjamin.....	Rogers H.S.
Brever, Eric.....	Saint Anthony Village H.S.
Brevitz, Robert	Stillwater Area H.S.
Breyen, Michael	Elk River H.S.
Briard, Jeffrey	Springfield H.S.
Brighton, Bryan	Plainview Community HS
Brinkman, Daniel	Hutchinson H.S.
Brinkman, Nate.....	Mountain Lake H.S.
Brookins, Bret.....	East Ridge H. S.
Brown Jr, Thomas (T.J.).....	Springfield H.S.
Brown, Anthony	Pine Island H.S.
Brown, Brian	Concordia Academy-Roseville
Brown, Lambert	Chaska H.S.
BROWN, MIKAL.....	Hibbing H.S.
Brue, Charles	Hillcrest Lutheran Academy
Bruer, Steven	Menahga H.S.
Bryniarski, Robert	Browerville H.S.
Buboltz, James.....	Minnesota Valley Lutheran
Buerkle, Jeff	Anoka H.S.
Buffetta, Brian	Mountain Iron-Buhl H.S.
Buirge, Robert.....	Park Center H.S.
Bullert, Michael	Sibley East H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Buns, Gary	Saint Charles H.S.
Burggraff, Brady	Upsala H.S.
Burmeister, Patrick	Mankato West H.S.
Butenhoff, Peder	Fergus Falls H.S.
Butt, Scott	Crookston H.S.
Buyse, Jared	Russell-Tyler-Ruthton H.S.
Campbell, Philip	Tri-City United HS
Carlson, Darby	Maple Grove H.S.
Carlson, David	Barnum H.S.
Carlson, Karl	Park Rapids Area H.S.
Carlson, Lee	Saint James H.S.
Carlson, Luke	Faribault H.S.
Carlson, Tim	Bloomington Jefferson H.S.
Carrier, Jason	Houston H.S.
Carroll, John-Howard	Rochester Lourdes H.S.
Cassellius, John	Winona H.S.
Casterton, Nick	Jordan H.S.
Cebulla, Dave	Belgrade-Brooten-Elrosa H.S.
Chamernick, Mark	Saint Cloud Cathedral H.S.
Christensen, Jeremy	Clinton-Graceville-Beardsley H.S.
Christenson, David	Eagan H.S.
Christenson, Martin	Montevideo H.S.
Christianson, Chad	Hancock H.S.
Christianson, Jay	Canby H.S.
Clark Jr, John	Mahnomen H.S.
Clark, Alan	Monticello H.S.
Clark, Jim	La Crescent H.S.
Clark, Nathan	Mankato Loyola H.S.
Clark, Paul	Waubun H.S.
Clausen, Robert	Saint Michael-Albertville H.S.
Clendening, Chad	Apple Valley H.S.
Coenen, Jerome	Chanhassen HS
Cook, Aaron	Win-E-Mac H.S.
Coplin, Ted	Shakopee H.S.
Cornell, Gary	Virginia H.S.
Cornell, Keith	Saint Michael-Albertville H.S.
Cotter, Joseph	Lakeville South H.S.
Court, Paul	Rocori H.S.
Cousineau, Joe	Stillwater Area H.S.
Crabtree, Joshua	Luverne H.S.
Cremers, Ed	Virginia H.S.
Cross, Michael	Elk River H.S.

Coach	School
Currie, Robert	Lakeville South H.S.
Curry, Jonathon	Fulda H.S.
Czech, Bradley	Little Falls H.S.
Dahl, Brian	Clinton-Graceville-Beardsley H.S.
Dahl, Mark	Luverne H.S.
Dahlman, Bradley	Edina H.S.
Dahlstrom, David	Foley H.S.
Dallager, Lee	Granada-Huntley-East Chain H.S.
Dammann, Michael	MACCRAY H.S.
Danna, Tony	Hill-Murray School
Danzeisen, Lloyd	Kimball Area H.S.
David, Nick	Mound-Westonka H.S.
Davis, Bruce	Montgomery-Lonsdale H.S.
Davis, Chris	Tracy-Milroy-Balaton H.S.
Davis, Clarence	Park Rapids Area H.S.
Davis, Eric	Mankato East H.S.
Davis, Kevin	Champlin Park H.S.
Davis, Timothy	Shakopee H.S.
DeCann, Jay	Little Falls H.S.
Deibele, Cole	Monticello H.S.
deLeon, James	Stillwater Area H.S.
DenHartog, John	Hopkins H.S.
Deschneau, Brian	Mounds View H.S.
Deschneau, Mike	Forest Lake H.S.
Desjarlait, Nolan	Red Lake H.S.
Destache, Dan	White Bear Lake/Mahtomedi HS
Develice, Thomas	Blaine H.S.
Dewanz, Jeff	Alexandria H.S.
DeWitt, Brian	Nevis H.S.
DeWulf, Mike	Nevis H.S.
Dickey, Beau	Blaine H.S.
Dierks, Jon	Mankato East H.S.
Dietel, John	Monticello H.S.
Diggins, Mike	Centennial H.S.
Digiovanni, Jeremy	Elk River H.S.
Dinnel, Michael	Pine River-Backus H.S.
Doering, Nathan	Minnesota Valley Lutheran
Doherty, Jason	Zimmerman H.S.
Domschot, Mark	Centennial H.S.
Donahue, Michael	Alexandria H.S.
Donnay, Ryan	Rogers H.S.
Donohue, Kevin	Providence Academy

Coach	School
Dorr, Mitch	Cook County H.S.
Douglas, Dan	Montevideo H.S.
Drager, Dustin	Maple River H.S.
Drazan, Dan	Pine Island H.S.
Dreier, Matt	Holy Family Catholic H.S.
Drewlo, Steve	Blaine H.S.
Drews, John	Rochester John Marshall
Drexler, David	West Central Area School
Drexler, John	Foley H.S.
Drkula, Tony	Saint Croix Lutheran H.S.
Duncan, Richard	West Central Area School
Dunn, Paul	Springfield H.S.
Edblad, Jeffrey	Cambridge-Isanti H.S.
Edin, Lance	Verndale H.S.
Edmunds, Erik	Proctor H.S.
Ellefson, David	Hutchinson H.S.
Ellefson, Tim	Hutchinson H.S.
Ellingboe, Erik	Saint Cloud Cathedral H.S.
Ellinghuysen, Joel	Lewiston-Altura H.S.
Ellingson, Daniel	Hills-Beaver Creek H.S.
Elliott, Darin	Nicollet H.S.
Elmer, Mark	Stillwater Area H.S.
Elston, Chad	Mora H.S.
Elwell, Bobby	Windom Area H.S.
Empting, Michael	Alexandria H.S.
Epema, Tim	Montevideo H.S.
Erdmann, Greg	Fulda H.S.
Erdmann, Jeff	Rosemount H.S.
Esch, Mark	Mankato West H.S.
Eskierka, Stan	Henry Sibley H.S.
Essler, Dan	New London-Spicer H.S.
Essler, Jared	Saint Michael-Albertville H.S.
Etienne, Jeff	Richfield H.S.
Evans, Joel	Worthington H.S.
Evens, Nate	Monticello H.S.
Evenson, Julius	Belgrade-Brooten-Elrosa H.S.
Fabish, Mark	Northeast Range
Fahleen, Michael	Wheaton H.S.
Feeney, Kevin	Moorhead H.S.
Ferguson, Jeffrey	Totino-Grace H.S.
Ferraro, Sam	Champlin Park H.S.
Ferrier, Aaron	Redwood Valley H.S.

Coach	School
Filzen, Tyler	Kimball Area H.S.
Finanger, Phil	Edina H.S.
Finlayson, Loren	Sauk Rapids-Rice H.S.
Fischer, Adam	Fridley H.S.
Flann, Derek	Tracy-Milroy-Balaton H.S.
Flaten, Dustin	Ulen-Hitterdal H.S.
Fleischman, Andrew	Edgerton H.S.
Flinn, James	Totino-Grace H.S.
Florek, Jason	Saint Cloud Tech H.S.
Floysand, David	Park H.S.
Flugum, Jeff	Apple Valley H.S.
Fogelson, Mike	Bemidji H.S.
Foley, Jim	Champlin Park H.S.
Foley, Thomas	Benson H.S.
Forsgren, Colby	Pelican Rapids H.S.
Fort, Nathan	Pine City H.S.
Foslien, Adam	Benson H.S.
Franck, Larry	Byron H.S.
Frank, Johnny	Faribault H.S.
Franz, Marc	Rogers H.S.
Fredericksen, Chad	Breckenridge H.S.
Freed, Jason	Brainerd H.S.
Freeh, Bob	Zimmerman H.S.
Frethem, Mark	Bertha-Hewitt H.S.
Frisell, Dave	Robbinsdale Armstrong H.S.
Fritze, Kent	Park Rapids Area H.S.
Froehling, Mark	Farmington H.S.
Fruechte, Carl	Caledonia H.S.
Fryklund, Rick	Saint Thomas Academy
Frykman, Jon	Hutchinson H.S.
Fuller, Benjamin	Saint Paul Highland Park
Gabel, Jason	Martin County West H.S.
Gaffaney, Michael	Yellow Medicine East H.S.
Galvin, Jim	Mounds View H.S.
Gans, James	Sauk Rapids-Rice H.S.
Garry, Jerome	Rochester Lourdes H.S.
Garvin, Joseph	Lake City H.S.
Gatzlaff, Ryan	Houston H.S.
Gaughran, Richard	Eden Prairie H.S.
Gegenheimer, Matt	Prior Lake H.S.
Geiser, Cody	Sebeka H.S.
Gerads, Adam	Swanville H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Gergen, Theo.....	Eagan H.S.
Geyen, Craig	Monticello H.S.
Gilmer, Jonathan.....	Lakeville South H.S.
Gimbel, Chad	Blooming Prairie H.S.
Gindorff, Michael	Crosby-Ironton H.S.
Glasener, Vaughn.....	Melrose Area H.S.
Glass, Todd	Red Lake Falls Lafayette HS
Glazier, Darin	Park H.S.
Gonnerman, Scott.....	Benson H.S.
Gonnion, Mark.....	Pine River-Backus H.S.
Gornick, Jim.....	Zimmerman H.S.
Goslee, Kyle.....	Montevideo H.S.
Gossen, Rick.....	Belgrade-Brooten-Elrosa H.S.
Gotto, Lukas.....	Windom Area H.S.
Goudy, Bryan.....	Orono H.S.
Goudy, Mick.....	Rogers H.S.
Grams, Steven.....	Mesabi East H.S.
Grams, Trent	Little Falls H.S.
Granning, Ty	Alexandria H.S.
Grant, Mike.....	Eden Prairie H.S.
Green, John.....	Apple Valley H.S.
Greene, Kevin.....	Annandale H.S.
Greenwald, Seth.....	Eagan H.S.
Grey, Bob	Montevideo H.S.
Grimes, Paul (Joe)	Park Rapids Area H.S.
Grimmius, Brad.....	Worthington H.S.
Groen, Leonard.....	Anoka H.S.
Gronner, Jeff	Cromwell H.S.
Gross, Bryce	Brainerd H.S.
Gross, Chris	Foley H.S.
Gross, Dan	B O L D H.S.
Gross, Derrick.....	Northome H.S.
Gross, Kevin	Sartell-Saint Stephen H.S.
Guggisberg, Michael	Kimball Area H.S.
Guider, Steve	Blaine H.S.
Gullickson, Kolby	Marshall County Central H. S.
Gullikson, Tony	Warren-Alvarado-Oslo H.S.
Gunderson, Jeff	Proctor H.S.
Gunderson, Jim	Academy of Holy Angels
Gunderson, John	Minnesota Valley Lutheran
Gunderson, John	Buffalo H.S.
Gunderson, Troy.....	Grand Rapids H.S.

Coach	School
Gustafson, Chad	New London-Spicer H.S.
Guzy, Grant	Spring Lake Park H.S.
Haala, Cory.....	Sleepy Eye H.S.
Haapajoki, Wade	Brainerd H.S.
Habeck, Kurt.....	Eastview H.S.
hagge, kevin.....	Lake Crystal-Wellcome Memorial
Hahn, Curtis.....	Saint Michael-Albertville H.S.
Hahn, Zachary.....	Andover H.S.
Hajek, Ryan	Cambridge-Isanti H.S.
Halbmaier, Jeff.....	Montevideo H.S.
Hale, Tim	Anoka H.S.
Haley, Rick	Delano H.S.
Haller, Michael	Sibley East H.S.
Halvorson, David	Ogilvie H.S.
Hamilton, Steve.....	Elk River H.S.
Handt, Clayton.....	Shakopee H.S.
Hanks, Jon	Benilde-St. Margaret's H. S.
Hanlon, Ryan	Fosston H.S.
Hansen, Bret	Saint Cloud Apollo H.S.
Hansmann, Wayne	Pine City H.S.
Hanson, Benjamin	Red Lake Falls Lafayette HS
Hanson, Erik.....	Carlton H.S.
Hanson, Erik.....	Monticello H.S.
Hanson, Keith.....	Hawley H.S.
Hanson, Mark	Saint Francis H.S.
Hanson, Roger	East Grand Forks H.S.
Hanson, Scott Hanson	Bethlehem Academy
Hardy, Joshua.....	Fisher H.S.
Harkonen, Anthony	Hibbing H.S.
Harmoning, Mitch	Saint Michael-Albertville H.S.
Harris, Brian	Dover-Eyota H.S.
Harris, J Mark.....	Stillwater Area H.S.
Hartman, Charles.....	Sibley East H.S.
Harvey, Christian.....	Saint Clair H.S.
Hastings, Timothy.....	Minneapolis Roosevelt H.S.
Hauer, Gabriel.....	Waterville-Elysian-Morristown H.S.
Haugen, Aaron	Pelican Rapids H.S.
Haugen, Ben.....	Tri-City United HS
Haugen, David.....	Pelican Rapids H.S.
Hedervare Jr, Joseph	Waseca H.S.
Hedstrom, Peter	Springfield H.S.
Heers, Chad.....	Monticello H.S.

Coach	School
Heggedahl, Larry	Floodwood H.S.
Hegland, Matthew	Saint Cloud Tech H.S.
Heid, Corey.....	Browerville H.S.
Heikkila, Luke.....	Two Harbors H.S.
Hein, Alex	Saint James H.S.
Heine, Karl.....	Saint Cloud Tech H.S.
Heise, James	Lake City H.S.
Heiser, Mark.....	Minneapolis Patrick Henry H. S.
Helget, Jeffery.....	Mankato West H.S.
Helland, Kenny	Tri-City United HS
Hemberger, Benjamin.....	Fosston H.S.
Hemberger, Mark.....	Ulen-Hitterdal H.S.
Hemenway, Matt.....	Stillwater Area H.S.
Hemming, Steve	Richfield H.S.
Henderson, Donald.....	Triton H.S.
Hendricks, Troy	Bemidji H.S.
Hendrickson, Ryan	Underwood H.S.
Henn, Paul.....	Waconia H.S.
Hennen, Daniel.....	Eden Prairie H.S.
Hennen, Michael.....	Cambridge-Isanti H.S.
Henning, Mike	Wabasso H.S.
Hentges, Patrick	G-F-W H.S.
Hentges, Scott	Sartell-Saint Stephen H.S.
Herbes, Mark	Upsala H.S.
Herder, Joel	Breckenridge H.S.
Hergenrader, Chris	Saint Anthony Village H.S.
Herm, Larry	Foley H.S.
Hernandez, Timothy	Saint Thomas Academy
Heruth, Doug	Blaine H.S.
Heryla, Peter	Columbia Heights H.S.
Hewitt, Shane	Rochester John Marshall
Hietala, Joseph	Duluth East H.S.
Hill, Steven	Minnewaska Area H.S.
Hilliard, Andrew	Lakeville South H.S.
Hills, Alan.....	Aitkin H.S.
Hinrichs, Jon	Hawley H.S.
Hinrichs, Russ.....	Alexandria H.S.
Hoemke, Gregory	Benilde-St. Margaret's H. S.
Hoffarth, Travis	Pine River-Backus H.S.
Hofstedt, Josh	Cannon Falls H.S.
Hogan, James.....	Marshall School, Duluth
Hohn, Nick.....	Braham H.S.

Coach	School
Holcomb, Donny.....	Rochester Mayo H.S.
Holden, Terry	Pine River-Backus H.S.
Holey, Joel	Little Falls H.S.
Holgate, Dan	New Prague H.S.
Holsman, Zach.....	Park Rapids Area H.S.
Holt, Tom	International Falls H.S.
Hook, Japel	Eden Prairie H.S.
Hopkins, Brad.....	Hinckley-Finlayson H.S.
Hopkins, David	Holy Family Catholic H.S.
Houghton, Dan.....	Rockford H.S.
Houston, Michael	Saint Paul Harding H.S.
Hovland, Brian	Underwood H.S.
Howard, Dennis.....	Pine City H.S.
Howell, Scott	Saint Paul Central H.S.
Hoyt, David	Melrose Area H.S.
Huber, Bruce	Triton H.S.
Huberty, Dave.....	Albany H.S.
Hudak, Pat.....	Farmington H.S.
Hudspith, Bill.....	Esko H.S.
Huesmann, Mike.....	Brainerd H.S.
Huie, Frank	Duluth Denfeld H.S.
Hulke, Kevin.....	Minnesota Valley Lutheran
Hulse, Ryan	Saint Croix Lutheran H.S.
Hungerholt, Aaron	LeRoy-Ostrander H.S.
Hunt, John.....	Buffalo H.S.
Hup, Daniel	Windom Area H.S.
Huse, Brad	United South Central H.S.
Huynh, Sadrian.....	Saint Croix Lutheran H.S.
Ihrke, William.....	Plainview-Elgin-Millville H.S.
Illikainen, Daryl.....	Hermantown H.S.
Immerman, Cory.....	Tri-City United HS
Infanger, William	Osakis H.S.
Iversen, Allen.....	Lakeville South H.S.
Jackman, Jim	Litchfield H.S.
Jackson, Robert.....	White Bear Lake Area H.S.
Jacobs, Jon	McGregor H.S.
Jacobson, Jim.....	Frazee H.S.
Jankowski, Jamie	Woodbury H.S.
Jemmings, Dwane.....	Cedar Mountain H.S.
Jenkins, Giovan	Minneapolis Washburn H.S.
Jenniges, Isaac.....	Red Rock Central H.S.
Jennissen, Mark.....	Staples-Motley H.S.

"THE KEEPERS OF THE GAME"

Coach	School
jensen, john	Rochester Lourdes H.S.
Jevning, Bret.....	Brainerd Forestview MS
Jipson, Steve	Clinton-Graceville-Beardsley H.S.
Jirik, John.....	North Woods
Johannes, Jerome.....	Medford H.S.
Johnson Jr, James.....	Proctor H.S.
Johnson Jr., Marvin	Elk River H.S.
Johnson, Chad	Sibley East H.S.
Johnson, Chris	Browerville H.S.
Johnson, Craig	Watertown-Mayer H.S.
Johnson, Daniel.....	Silver Bay (Wm. Kelley) H.S.
Johnson, Dick.....	Lakeville South H.S.
Johnson, Erik	Staples-Motley H.S.
Johnson, Greg.....	Delano H.S.
Johnson, Greg.....	Verndale H.S.
Johnson, Jeff	Chatfield H.S.
Johnson, Mark	Montevideo H.S.
Johnson, Michael.....	Foley H.S.
Johnson, Michael.....	Lake City H.S.
Johnson, Michael.....	Eagle Valley H.S.
Johnson, Michael	Waconia H.S.
Johnson, Nathan.....	Proctor H.S.
Johnson, Nathan.....	Fosston H.S.
Johnson, Randy.....	Milaca H.S.
Johnson, Rick	Thief River Falls H.S.
Johnson, Robert.....	Pine River-Backus H.S.
Johnson, Thor	Bigfork H.S.
Johnson, Todd.....	Mahnomen H.S.
Johnson, Todd.....	Austin H.S.
Johnson, Tom	Detroit Lakes H.S.
Johnston, Chad	Minneota H.S.
Johnston, Justin	Belle Plaine H.S.
Jones, Matt.....	Verndale H.S.
Jones, Ricardo.....	Eden Prairie H.S.
Joran, Joseph	Eagan H.S.
Jordahl, Mike	Perham H.S.
Jordan, Shane	Central Lakes College/Brainerd High School
Joyce, Joe.....	Janesville-Waldorf-Pemberton H.S.
Jurkovich, James.....	Saint Thomas Academy
Kaczor, Ruth.....	Saint Cloud Tech H.S.
Kainz, Jason	Tracy-Milroy-Balaton H.S.

Coach	School
Kaiser, Ward	Silver Bay (Wm. Kelley) H.S.
Kalkbrenner, Dain	Moorhead H.S.
Kamphenkel, James.....	Sauk Centre H.S.
Kapsner, Bob	Park Rapids Area H.S.
Karlsogdt, Terry	Atwater-Cosmos-Grove City H.S.
Kauffmann, Eric	Kerkhoven-Murdock-Sunburg H.S.
Keenan, Nick	Big Lake H.S.
Kegler, Jared	Faribault H.S.
Keister, Bryan	Stillwater Area H.S.
Kelash, Chris	Hinckley-Finlayson H.S.
Keller, Trevor	Ortonville H.S.
Kemp, Joe	Wabasso H.S.
Kent, Terry	Lancaster H.S.
Kesler, Mike	Rochester Lourdes H.S.
Ketchum, Mark	Andover H.S.
King, Bill	Litchfield H.S.
King, Rex	Simley H.S.
Kinnunen, Bill.....	Grand Rapids H.S.
Kinsella, Joe	Burnsville H.S.
Kinser, Benjamin	Northland H.S.
Kirby, Paul.....	Rush City H.S.
Kircher, Jeff.....	Little Falls H.S.
kirk, Tim.....	Mountain Lake H.S.
Kirkeby, Kevin	Rochester Lourdes H.S.
Kish, Tom.....	Zimmerman H.S.
Kittelson, Matt	Blooming Prairie H.S.
Kleinschmidt, Michael	Albany H.S.
Klimek, Shawn	Nevis H.S.
Klingbeil, Tim.....	Wabasha-Kellogg H.S.
Klubben, Patrick.....	Saint Peter H.S.
Klug, Nicholas	Sauk Rapids-Rice H.S.
Klyve, Mike.....	Barnum H.S.
Knudsen, Tim	Maple Lake H.S.
Knutson, James	Lakeville South H.S.
Knutson, Kyle	Perham H.S.
Knutson, Robert	Champlin Park H.S.
Kobernusz, Kelly.....	Holdingford H.S.
Kockelman, Nicholas	Canby H.S.
Kokos, Brian	Blue Earth Area H.S.
Konold, Jon	Willmar H.S.
Korton, Mike.....	Champlin Park H.S.

Coach	School
Kosters, Lucas.....	Alexandria H.S.
Kotsmith, Craig.....	Braham H.S.
Kovach, Paul	Eagan H.S.
Kovich, Robert	Lakeville North H.S.
Kratt, Roy	Byron H.S.
Krebs, Tyler.....	Burnsville H.S.
Krenik, David	Tri-City United HS
Kreuser, Rodney	Totino-Grace H.S.
Krieger, Patrick.....	Benilde-St. Margaret's H. S.
Kroulik, Casey.....	Clearbrook-Gonvick H.S.
Kroulik, Matt	Red Lake County Central
Kruse, Mark	Saint Croix Lutheran H.S.
Kruse, Ryan	Tracy-Milroy-Balaton H.S.
Kucera, Brent	Sleepy Eye Saint Mary's H.S.
Kucera, David	Hutchinson H.S.
Kuechenmeister, Randall	Blue Earth Area H.S.
Kuehn, Joe.....	Willmar H.S.
Kuhnke, Shawn.....	Braham H.S.
Kyvig, John.....	Andover H.S.
Labine, Mike	Detroit Lakes H.S.
LaBore, Beau.....	Stillwater Area H.S.
Ladd, Dave	Bloomington Kennedy H.S.
LaFrance, Jeffrey	Waterville-Elysian-Morristown H.S.
Laine, Robert	Lake of the Woods H.S.
Lakeberg, Joe.....	Braham H.S.
Lalim, Jeff.....	Yellow Medicine East H.S.
Lamb, Kevin	Plainview-Elgin-Millville H.S.
Lamker, Derrin	Osseo H.S.
Lamppa, Brian.....	Ely H.S.
Langer, Adam.....	Eden Valley-Watkins H.S.
Langer, Jason	Belgrade-Brooten-Elrosa H.S.
Langer, Michael	Brainerd H.S.
Langmade, Jeremy.....	Bemidji H.S.
Lanners, Nicholas	Royalton H.S.
LaPointe, Ryan	Rogers H.S.
Larkin, Jim	Mountain Iron-Buhl H.S.
Larsen, Joshua	Monticello H.S.
Larson, Allen.....	Shakopee H.S.
Larson, Bob	Mahnomen H.S.
Larson, Cory.....	Dawson-Boyd H.S.
Larson, Eric.....	Westbrook-Walnut Grove H.S.

Coach	School
Larson, Nicholas.....	Alexandria H.S.
Ledahl, Jody.....	Cambridge-Isanti H.S.
Leintz, Andrew.....	Saint Cloud Cathedral H.S.
Leintz, Jon	Saint Cloud Cathedral H.S.
Leither, Jamie	Kimball Area H.S.
Lemke, Carl	Saint Croix Lutheran H.S.
Lemke, Jeff	Saint Croix Lutheran H.S.
Lemke, Paul.....	Glencoe-Silver Lake H.S.
Leniz, Aitor	Braham H.S.
Liapis, Matt.....	Cass Lake-Bena H.S.
Liapis, Richard.....	Worthington H.S.
Lichty, Brent.....	Rochester John Marshall
Lien, Mike	Nevis H.S.
Lieser, Brent	Royalton H.S.
Lindahl, Roger.....	Benson H.S.
Lindberg, Brad	Breckenridge H.S.
Lindgren, Daniel	Stephen-Argyle Central H.S.
Lindow, Bucky.....	Cannon Falls H.S.
Lindquist, Chris.....	Saint Francis H.S.
Lingen, Bryce.....	Thief River Falls H.S.
Lipinski, Keith.....	Saint Francis H.S.
Litecky, Bernard.....	Totino-Grace H.S.
Litecky, Bernie.....	Totino-Grace H.S.
Loberg, Tim	Champlin Park H.S.
Loberg, Timothy	Champlin Park H.S.
Lockwood, Keith	White Bear Lake Area H.S.
Lofgren, Ben	Hawley H.S.
Lombardi, Matt.....	Maple Grove H.S.
Longerbone, Brian	Comfrey H.S.
Longtin, Eric.....	North H.S.
Louis, Ned.....	Faribault H.S.
Louzek, David.....	Moose Lake H.S.
Loven, Jay	Swanville H.S.
Lowry, Paul.....	Lac qui Parle Valley H.S.
Lubarski, Nevin.....	Stephen-Argyle Central H.S.
Lubitz, John	Perham H.S.
Luedtke, Ryan	Janesville-Waldorf-Pemberton H.S.
Lund, Nathan.....	Blue Earth Area H.S.
Lundeen, Dwight.....	Becker H.S.
Lundeen, Matt	Redwood Valley H.S.
Luther, John.....	Park Rapids Area H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Lux, Dennis	New Ulm Cathedral H.S.
Lynch, Brian	Breckenridge H.S.
Macken, Jerry	Cretin-Derham Hall H.S.
Madigan, Mark.....	Simley H.S.
Magnuson, Bill	Sauk Rapids-Rice H.S.
Magnusson, Tim.....	Thief River Falls H.S.
Mahlen, Michael.....	Verndale H.S.
Mahoney, Mat	Fairmont H.S.
Maine, Douglas	Owatonna H.S.
Malin, Jon	Farmington H.S.
Malone, Paul.....	Rochester Century H.S.
Manthey, Todd.....	Anoka H.S.
Maranell, Granger.....	Russell-Tyler-Ruthton H.S.
Marcussen, Don	LeSueur-Henderson H.S.
Market, Tony	Lakeville North H.S.
Marmon, Jack.....	Little Falls H.S.
Marquardt, Robert	Park H.S.
Marquis, Ethan.....	Stephen-Argyle Central H.S.
Martig, Gregg.....	Saint Cloud Tech H.S.
Martin, Brett	Shakopee H.S.
Martin, Jon	Breck School
Martin, Zachary	Wadena-Deer Creek H.S.
Martinez, Andres	Saint Cloud Tech H.S.
Martz, Stacy	Barnesville H.S.
Mathiasen, Jeffrey	Saint Cloud Apollo H.S.
Mathiasen, Jordan.....	Saint Cloud Apollo H.S.
Matson, Jared.....	Glenville-Emmons H.S.
May, Michael	LeSueur-Henderson H.S.
McBroom, Jon.....	Shakopee H.S.
McCready, Scott	Saint Charles H.S.
McDermott, Zach	Bemidji H.S.
McEachran, John.....	Perham H.S.
McIntire, Randy	Tracy-Milroy-Balaton H.S.
McIntyre, Ryan.....	Two Harbors H.S.
McLachlan, Scott	Albany H.S.
McLean, Tim	Saint Francis H.S.
McMenomy, Sean.....	DeLaSalle H.S.
McMullen, Steve	Mahnomen H.S.
McNally, Brian	Chisago Lakes Area H.S.
McPherson, Joe	Orono H.S.
Meagher, Max	Paynesville Area H.S.
Meier, Aaron	Royalton H.S.

Coach	School
Meier, Andrew	Tri-City United HS
Mensink, Chris	Fillmore Central H.S.
Mettler, Kevin.....	Mankato Loyola H.S.
Metzger, Rex.....	Hills-Beaver Creek H.S.
Meyer, Chris	Monticello H.S.
Meyer, David.....	Detroit Lakes H.S.
Meyer, James.....	Rocori H.S.
Meyer, Rick.....	Sauk Centre H.S.
Michaels, Chad	Burnsville H.S.
Mikla, Jeremy	Milaca H.S.
Miller, Andrew	East Central H.S.
Mills, Seth	Spectrum H.S.
Minnema, Michael.....	Minneapolis Edison H.S.
Mitchell Jr, Daniel	Big Lake H.S.
Mitchell, Luke	Holdingford H.S.
Mithun, Paul	Staples-Motley H.S.
Moeller, Gordy	Minnewaska Area H.S.
Moga, Dale.....	Houston H.S.
Monson, Shane.....	Braham H.S.
Moore, Jeff	Verndale H.S.
Morford, Jamie	Royalton H.S.
Morgenroth, Jeremy.....	Win-E-Mac H.S.
Moritko, Jeffrey.....	Totino-Grace H.S.
Mork, Paul	New Life Academy of Woodbury
Morris, Aaron.....	Park Rapids Area H.S.
Moscho, Chris.....	Belgrade-Brooten-Elrosa H.S.
Moscho, Ryan.....	Melrose Area H.S.
Motschenbacher, Flint	Detroit Lakes H.S.
Mueller, Patrick	Saint Michael-Albertville H.S.
Muetzel, David.....	Mahtomedi H.S.
Mullen, Aaron	Tartan H.S.
Murphy, Thomas	Nicollet H.S.
Myers, Jeff	Browerville H.S.
Myhre, Aaron.....	Grand Meadow H.S.
Myhre, Derek.....	Waconia H.S.
Myrvik, Matt	Minneota H.S.
Naatz, Peder	Hawley H.S.
Narum, Trevor	Lake City H.S.
Natvig, Con	Browerville H.S.
Nelson, Brian	Fertile-Beltrami H.S.
Nelson, Bruce	East Grand Forks H.S.
Nelson, Dave	Minnetonka H.S.

Coach	School
Nelson, Dave	Lakeview H.S.
Nelson, Matt	Kasson-Mantorville/Kenyon Wanamingo
Nelson, Paul	Shakopee H.S.
Nelson, Tom	Two Harbors H.S.
Nelson, Troy	Brainerd H.S.
Nemanich, Jerome	Sartell-Saint Stephen H.S.
Newman, Rich.....	Barnum H.S.
Nickels, Scott.....	Rochester Lourdes H.S.
Niedenfuier, Joshua	Anoka H.S.
Nielsen, Rob.....	Detroit Lakes H.S.
Niklaus, Todd	Saint Anthony Village H.S.
Nitti, Nick.....	North Branch H.S.
Noll, Chuck.....	Melrose Area H.S.
Norby, Jake	New Prague H.S.
Norland, Tyler.....	Thief River Falls H.S.
Norton, Matthew	Saint Francis H.S.
Nowotny, Kevin	Adrian H.S.
Nutt, Alan	Monticello H.S.
Odland, Brian	Saint Peter H.S.
Oelfke, Randy.....	Warren-Alvarado-Oslo H.S.
Oie, Justin	Rogers H.S.
Oja, Daryl	Melrose Area H.S.
Ojanen, Jeffrey.....	Cloquet H.S.
Oland, Andrew.....	Rothsay H.S.
Olson, Brent.....	Lewiston-Altura H.S.
Olson, Chad	Wabasso H.S.
Olson, Chad	Farmington H.S.
Olson, Curt	Underwood H.S.
Olson, Eric.....	Ottertail Central HS
Olson, Heath.....	Spring Grove H.S.
Olson, Jeremy	Maple River H.S.
Olson, Reid.....	Lyle H.S.
Olson, Rusty.....	Orono H.S.
Olson, Steve.....	Fergus Falls H.S.
Olson, Todd.....	Richfield H.S.
ONeill, Mark.....	Champlin Park H.S.
Orth, Thomas	Henry Sibley H.S.
Ortmann, Tony.....	New Ulm H.S.
Otterblad, Jamie	Silver Bay (Wm. Kelley) H.S.
Otterness, Christopher	Kasson-Mantorville H.S.
Otto, Josh	Belle Plaine H.S.
Oxton, John	Lakeville North H.S.

Coach	School
Oye, Todd.....	Luverne H.S.
Page, Trevor	Red Lake Falls H.S.
Palke, Joe	Mounds View H.S.
Palmer, Scott	Buffalo H.S.
Parendo, Derek.....	Proctor H.S.
Parzyck, Ian	Holy Family Catholic H.S.
Patrek, Nolan	Saint Anthony Village H.S.
Pattrin, Tim.....	Brandon H.S.
Paul, Eric.....	Moorhead H.S.
Pavlovich, Merrill	Delano H.S.
Peabody, Timothy.....	Brainerd Forestview MS
Pedersen, Ben	Detroit Lakes H.S.
Pederson, Andrew.....	Fillmore Central H.S.
Pederson, Rob.....	Eden Valley-Watkins H.S.
Pederson, Tim	Hawley H.S.
Pendino, Mike	East Ridge H. S.
Perrault, Ed.....	St. Paul Academy and Summit School
Pervenance, Larry	Chisholm H.S.
Petermeier, Wayne	Browerville H.S.
Peters, Brian.....	Woodbury H.S.
Petersen, Jeff	Rogers H.S.
Petersen, Mark.....	Saint Francis H.S.
Peterson, Sean	Delano H.S.
Pfiefer, David	Blooming Prairie H.S.
Philipp, Steve	Red Lake Falls Lafayette HS
Phillips, Michael	Saint Francis H.S.
Piller, Nathan	Blooming Prairie H.S.
Plaisance, Don	New Prague H.S.
Pohlkamp, Joseph.....	Brainerd H.S.
Pohlkamp, Leo	Pierz H.S.
Polzine, Jared	Pine City H.S.
Poncelet, Tony.....	Goodhue H.S.
Pope, Kevin	Morris Area School
Poppen, James	Cambridge-Isanti H.S.
Potthoff, Doug	Spring Lake Park H.S.
Presler, Kevin	Royalton H.S.
Prickett, Todd	Thief River Falls Lincoln HS
PROSE, ERIC	Park H.S.
Puhrmann, Michael.....	Stillwater Area H.S.
Quinn, Collin.....	Minnehaha Academy
Quiram, Tom.....	LeSueur-Henderson H.S.
Quirk, Donald.....	Chisholm H.S.

"THE KEEPERS OF THE GAME"

Coach	School
Raasch, Darin	Zumbrota-Mazeppa H.S.
Rach, Lance	Perham H.S.
Rader, Jim	Frazee H.S.
Radniecki, Matt.....	New York Mills H.S.
Ramey, Deryl	Brainerd H.S.
Ramey, Jeffrey.....	Brainerd H.S.
Ramp, Patrick	Rochester John Marshall
Ramsdell, Dave	Big Lake H.S.
Rasmussen, John	Sauk Rapids-Rice H.S.
Rauen, William	Zumbrota-Mazeppa H.S.
Raymond, Jacob.....	Foley H.S.
Redman, Aaron.....	Mounds View H.S.
Reed, Charles.....	Cretin-Derham Hall H.S.
Reiter, Dean	Faribault H.S.
Reker, Jon	Red Wing H.S.
Remick, Brian	Red Lake Falls H.S.
Rice, Ron	DeLaSalle H.S.
Richards, Gabe.....	Warroad H.S.
Richter, Gene	Saint Cloud Tech H.S.
Richter, Patrick.....	Walker-Hackensack-Akeley H.S.
Riess, Paul	Cloquet H.S.
Rignell, Richard.....	Anoka H.S.
Riley, Brian.....	Sauk Centre H.S.
Riley, Chris	Zimmerman H.S.
Ringhofer, Timm.....	International Falls H.S.
Risbrudt, Jeff.....	Ashby H.S.
Ritcher, Gene	Saint Cloud Tech H.S.
Roberts, Wayne.....	Eveleth-Gilbert H.S.
Robertson, Brian	Barnum H.S.
Rocheleau, David.....	Pierz H.S.
Rockwell, John.....	Columbia Heights H.S.
Roeker, Cory	Maple River H.S.
Rogahn, Joshua.....	Rogers H.S.
Roney, Don	Totino-Grace H.S.
Rosburg, Bill.....	Chanhassen HS
Rosenow, Bruce	Hutchinson H.S.
Rosholt, John	Watertown-Mayer H.S.
Ross, Carter	Westbrook-Walnut Grove H.S.
Ross, Chuck.....	Underwood H.S.
Ross, Jeffery	Sauk Centre H.S.
Ross, Michael.....	Champlin Park H.S.

Coach	School
Rostberg, Andrew.....	Hutchinson H.S.
Roundtree, Elmore	Eagan H.S.
Rousemiller, Chris.....	Lakeville South H.S.
Rude, Corey.....	Hutchinson H.S.
Rudenick, Brandon.....	Edina H.S.
Rundell, Edwin.....	Watertown-Mayer H.S.
Runka, Luke	Watertown-Mayer H.S.
Rusin, Nick	Blaine H.S.
Russell, Dan.....	Shakopee H.S.
Ruud, Paul	Glencoe-Silver Lake H.S.
Sagedahl, Daren.....	B O L D H.S.
Salmi, Darrell	Stillwater Area H.S.
Samson, Bob	Woodbury H.S.
Sanford, Thomas	Brainerd Forestview MS
Sanford, Todd.....	Brainerd Forestview MS
Sauerbrei, Stacy	Worthington H.S.
Saueressig, Jeff.....	Chisago Lakes Area H.S.
Savolainen, Adam.....	Saint Cloud Apollo H.S.
Scanlan, Mike.....	Cretin-Derham Hall H.S.
Scearcy, Lowell	Pillager H.S.
Schaffer, Mike.....	Lake Crystal-Wellcome Memorial
Schantz, Randy.....	Thief River Falls H.S.
Scharenbroich, John.....	Saint Cloud Tech H.S.
Schimek, Brent.....	Deer River H.S.
Schimming, David.....	Montevideo H.S.
Schindler, Aaron.....	Barnesville H.S.
Schlagel, Larry	North Branch H.S.
Schleper, Thomas	Shakopee H.S.
Schlichte, Dave	Mankato West H.S.
Schlieff, Jeff	Spring Lake Park H.S.
Schluchter, Wayne.....	Saint Cloud Tech H.S.
Schmidt, Brett	Hawley H.S.
Schmidt, Jason	Monticello H.S.
Schmidt, Tyrone	Saint Francis H.S.
Schmidtke, Todd	Martin County West H.S.
Schmiedeberg, Rick.....	Warren-Alvarado-Oslo H.S.
Schmiesing, Tony	Sauk Centre H.S.
Schmitt, Matt.....	Nevis H.S.
Schmitz, Charles.....	Park Rapids Area H.S.
Schmitz, Greg.....	Woodbury H.S.
Schmitz, Mark	Stewartville H.S.

Coach	School
Schnaible, Blaine.....	Marshall H.S.
Schnathorst, Vern	Detroit Lakes H.S.
Schneider, Dale	Eden Prairie H.S.
Schneider, Dave	Eden Valley-Watkins H.S.
Schoeck, Chad	Little Falls H.S.
Schoenecker, Nicholas	International Falls H.S.
Schoenfelder, Roger	Blue Earth Area H.S.
Schoneck, Brian.....	Maple River H.S.
Schroeder, Adam	Saint James H.S.
Schroeder, Brent Schroeder.....	Caledonia H.S.
Schuller, Nolan.....	Jackson County Central H.S.
Schuller, Thomas.....	Jackson County Central H.S.
Schulte, Trevor	Yellow Medicine East H.S.
Schultz, Bob.....	Wayzata H.S.
Schultz, Bob.....	Ulen-Hitterdal H.S.
Schultz, John	New Richland-H-E-G H.S.
Schultz, Matthew.....	Red Wing H.S.
Schultz, Pat	Belle Plaine H.S.
Schumacher, Noah.....	Stillwater Area H.S.
Schumann, Larry.....	Belgrade-Brooten-Elrosa H.S.
Schwegel, Brandon	Bagley H.S.
Schwartz, Dean.....	Glencoe-Silver Lake H.S.
Scoblic, Joe	Lester Prairie H.S.
Sedlock, Lenny	Minneapolis South/Spectrum
Seiler, Mark.....	Mankato East H.S.
Seipkes, Don.....	Ottertail Central HS
Sell, Doug	Cedar Mountain-Morgan HS
Semmen, James	Lanesboro H.S.
Severson, John	Alexandria H.S.
Sexauer, Chad	South Saint Paul H.S.
Shaughnessy, Kyle.....	Melrose Area H.S.
Sherwin, Kelly	Eastview H.S.
Shirkey, John	Thief River Falls H.S.
Sieben, Michael.....	Sartell-Saint Stephen H.S.
Sieling, John	Eagle Valley H.S.
Simdorn, Chris	Roseville Area H.S.
Simon, Mark.....	Sleepy Eye Saint Mary's H.S.
Sinclair, Aaron	Little Falls H.S.
Skaalerud, Justin.....	Saint Cloud Apollo H.S.
Skadsem, Brian	Virginia H.S.
Skjerven, Courtney	Thief River Falls H.S.

Coach	School
Skjerven, Justin	Thief River Falls Lincoln HS
Slater, Gerald	Mounds Park Academy
Slinden, Dan	Eden Prairie H.S.
Slingluff, Terry	Saint Cloud Tech H.S.
Sloan, Gary.....	Grand Meadow H.S.
Smith, Anthony	Lac qui Parle Valley H.S.
Smith, Justin.....	Woodbury H.S.
Smith, Scott	Spring Lake Park H.S.
Smith, Thomas.....	Brainerd H.S.
Snyder, Boyd.....	Royalton H.S.
Soderberg, Anthony	Dilworth-Glyndon-Felton H.S.
Solem, Steve.....	B O L D H.S.
Solem, Trevor	Minnewaska Area H.S.
Solie, Delles.....	Owatonna H.S.
Soma, Jeff	Maple River H.S.
Sommers, Kevin	Kimball Area H.S.
Sorem, Blake.....	Edina H.S.
Soule, Aaron	Randolph H.S.
Spahn, Greg.....	Bigfork H.S.
Spaniol, Tom	South Ridge
Sparling, Jay.....	Braham H.S.
Spaulding, Jason.....	Kimball Area H.S.
Spehn, Richard	Simley H.S.
Spreigl, Manuel	South Saint Paul H.S.
Spurrell, Adam	Wayzata H.S.
Stadum, Jeremy	Little Falls H.S.
Stanger, Corey	Monticello H.S.
Stangler, Jim	Saint Agnes H.S.
Stanton, Chris.....	Randolph H.S.
Stanton, Douglas	Lakeville South H.S.
Stanwick, Chad.....	Eden Valley-Watkins H.S.
Stapleton, John	Pine Island H.S.
Staska, Bob.....	McGregor H.S.
Stauffacher, Jerold.....	Belle Plaine H.S.
Steele, Ryan	Lewiston-Altura H.S.
Steer, Joshua	Fergus Falls H.S.
Stejskal, Anthony	Grand Meadow H.S.
Stejskal, Deke.....	Grand Meadow H.S.
Stelter, Kevin	Owatonna H.S.
Stencel, Pierre	United South Central H.S.
Stender, Julius.....	Hillcrest Lutheran Academy

"THE KEEPERS OF THE GAME"

Coach	School
Stephenson, Andrew.....	Spring Lake Park H.S.
Stevenson, Chet	Brainerd H.S.
Stevenson, Derek.....	Red Rock Central H.S.
Stewart, John	Spring Lake Park H.S.
Stinson, Brent.....	Kingsland H.S.
Stoffel, Mike.....	Saint Francis H.S.
Stohs, Justin.....	Watertown-Mayer H.S.
Stolski, Ron	Brainerd H.S.
Stoltz, Zach	Pine City H.S.
Stone, Jody	Shakopee H.S.
Stork, Dan	New Richland-H-E-G H.S.
Storlie, Dan	Byron H.S.
Strain, Dana	Hastings H.S.
Strand, Bryan.....	Barnesville H.S.
Strand, Nate.....	Barnesville H.S.
Strand, Randy.....	Adrian H.S.
Strelow, Dale	Mora H.S.
Stroup, Christopher	Osakis H.S.
Strukel, Jason	Virginia H.S.
Stumpf, John	Brainerd H.S.
Style, David	Burnsville H.S.
Sukalski, Trent	Jackson County Central H.S.
Sullivan, Bob "Bubba"	Northfield H.S.
Sullivan, Matthew.....	B O L D H.S.
Sunnarborg, Joe.....	Owatonna H.S.
Sutton, Nathan	Saint Croix Lutheran H.S.
Sutton, Rick.....	Eagan H.S.
Svoboda, Daniel.....	Glencoe-Silver Lake H.S.
Swaggert, Brent	Saint Francis H.S.
Swaggert, Tyson.....	Alexandria H.S.
Swalla, Dieken.....	Minnewaska Area H.S.
Swanson, Joel	Kasson-Mantorville H.S.
Swanson, Richard	Duluth Denfeld H.S.
Swanson, Rick	Blaine H.S.
Sweeney, Quinn	Lake City H.S.
Sweeney, Shawn	Lake City H.S.
Swegarden, Jed	Lake Park-Audubon
Swenson, Joel	Royalton H.S.
Tallum, Jeremy.....	Marshall County Central H. S.
Tangen, Donald.....	Waconia H.S.
Tanner, Jeff.....	Atwater-Cosmos-Grove City H.S.

Coach	School
Taylor, Steve.....	Saint Cloud Tech H.S.
Teasck, Jeff	Virginia H.S.
Telecky, Jason.....	Monticello H.S.
Terlinden, Kraig	Glencoe-Silver Lake H.S.
Terry III, Robert	Henry Sibley H.S.
Thein, Mark	Pine Island H.S.
Theisen, Brett	Blaine H.S.
Theisen, Leo.....	Westbrook-Walnut Grove H.S.
Thiel, Tony	Wheaton H.S.
Thielen, Jon.....	Eden Valley-Watkins H.S.
Thielges, Randal	Royalton H.S.
Thompson, Davin	Rushford-Peterson H.S.
Thompson, Larry.....	Lakeville South H.S.
Thompson, Mitchell.....	Rushford-Peterson H.S.
Thompson, Nathan	Orono H.S.
Thompson, Neil	Owatonna H.S.
Thompson, Steven	Faribault H.S.
Threinen, Broc	Kasson-Mantorville H.S.
Thunder Hawk, Terry	Murray County Central H.S.
Thyen, Mike	Hibbing H.S.
Timm, Justin	Redwood Valley H.S.
Tinjum, Paul.....	Isle H.S.
Toivonen, Greg	Alexandria H.S.
Tollefson, Rod	Sibley East H.S.
Tollefsrud, Paul	Mabel-Canton H.S.
Torgerson, Douglas.....	Atwater-Cosmos-Grove City H.S.
Torson, Tracy.....	Saint Francis H.S.
Townsend, Matthew	Columbia Heights H.S.
Traurig, Dave	Wayzata H.S.
Trewick, Michael	Saint Cloud Tech H.S.
Trom, Chuck.....	Andover H.S.
Trowbridge, Philip.....	Barnesville H.S.
Tschida, Jon	Saint Cloud Tech H.S.
Tschimperle, Scott.....	Glencoe-Silver Lake H.S.
Turek, Terry.....	LeSueur-Henderson H.S.
Tye, Eric	Braham H.S.
Umbreit, Jacob	Maple River H.S.
Urban, Nick	Watertown-Mayer H.S.
Urbaniak, Karl	Mabel-Canton H.S.
Urbaniak, Keith.....	Kittson Central H.S.
Urman, Paul	Long Prairie-Grey Eagle H.S.

Coach	School
Valentine, Randy	Duluth Denfeld H.S.
VandeBerg, Eric	Eastview H.S.
Vang, Elliott.....	Saint Paul Highland Park
Veach, Nathan	West Lutheran H.S.
Verhel, Andy	Duluth Denfeld H.S.
Vesel, Terry	Hibbing H.S.
Vik, Dave	Montevideo H.S.
Vik, Jon	Rochester Century H.S.
Viken, Les.....	Fosston H.S.
Viss, Dylan	Morris Area School
Vogel, Matthew	Cambridge-Isanti H.S.
Volk, Jeff.....	Blackduck H.S.
Vossen, Brian	Lakeville North H.S.
Vrieze, Nathan.....	Martin County West H.S.
Vrklan, Robert.....	G-F-W H.S.
Wackman, William.....	Spring Lake Park H.S.
Wagner, Steve	Sauk Rapids-Rice H.S.
Waling, Cory	Lancaster H.S.
Wallace, Lindsay.....	Delano H.S.
Walquist, Scott.....	Princeton H.S.
Walter, Brad.....	Lyle-Pacelli HS
Walter, Matthew.....	Annandale H.S.
Waltman, Simon.....	Little Falls H.S.
Wanous, Doug	Owatonna H.S.
Warneke, Rob.....	Pine Island H.S.
Watson, Matthew	Centennial H.S.
Watson, Michael.....	Centennial H.S.
Way, Christian	Blaine H.S.
Webb, Matt	Rogers H.S.
Weibel, Shane	Cambridge-Isanti H.S.
Weidauer, Barry	Yellow Medicine East H.S.
Weiers, Andrew	Hayfield H.S.
Weiland, Jeffrey	Orono H.S.
Weinandt, Ryan	Dassel-Cokato H.S.
Weiss, Bill	Chisago Lakes Area H.S.
Weiss, Brent	Pine City H.S.
Weiss, Mike.....	Stillwater Area H.S.
Welle, Brandon	Eden Valley-Watkins H.S.
Welle, Jonathan.....	Little Falls H.S.
Wells, Dirk.....	New Prague H.S.
Wendland, Brad.....	Waseca H.S.

Coach	School
Wenninger, Michael.....	Luverne H.S.
Wheelock, Brad	Saint Cloud Tech H.S.
Whitehead, Thomas.....	Murray County Central H.S.
Wieland, Paul.....	Stillwater Area H.S.
Wiese, Marc.....	Owatonna H.S.
Wieshalla, Jeff	Browerville H.S.
Wigern, Mark.....	Glencoe-Silver Lake H.S.
Wilebski, John.....	Goodridge H.S.
Wilhelmi, Brandon.....	Springfield H.S.
Wilkie, Rich.....	Andover H.S.
Wilkling, Bruce	Nicollet H.S.
Williams, Jeffrey	Owatonna H.S.
Wilson, Jonathan	Saint James H.S.
Winkels, Mark.....	Dover-Eyota H.S.
Wisniewski, Luke.....	Eagan H.S.
Wittner, Tyler	Cass Lake-Bena H.S.
Wolf, Gary	Pequot Lakes H.S.
Wolfe, Ben	Saint Louis Park H.S.
Wolfe, Pat.....	Fosston H.S.
Woodley, Bryan	Champlin Park H.S.
Woodman, Dean.....	Underwood H.S.
Wright, Jamie	Mora H.S.
Wurm, Neal	Saint Cloud Tech H.S.
Wyandt, Shane	Farmington H.S.
Yaeger, Adam	Stillwater Area H.S.
Young, Jonathan.....	Long Prairie-Grey Eagle H.S.
Young, Jonathan.....	Coon Rapids H.S.
Zagelmeyer, Michael	Hermantown H.S.
Zeise, Mark.....	Lakeville South H.S.
Zeitchick, David.....	Saint Paul Highland Park
Zeman, Michael.....	Rogers H.S.
Zeman, Richard	Lakeville South H.S.
Ziebarth, Dave	Saint Thomas Academy
Ziegler, George.....	Roseau H.S.
Ziegler, William.....	Alexandria H.S.
Zigan, Andy	Monticello H.S.
Zimmerman, Darin.....	Hancock H.S.
Zoucha, Joshua	Minneapolis Southwest H.S.

MFCA RETIRED LIFE MEMBERSHIP

Do you want to stay active in the MFCA? Life membership in the MFCA for retired coaches is the answer. We now offer an opportunity for retired coaches to remain involved in association matters. Membership is open to all retired coaches (both assistant and head) who are life members of the State Coaches Association or who have been long-time football coaches. A one-time fee of \$25.00 brings all the benefits of association membership. PASS THE WORD! Contact Jim Dotseth, 4180 Trenton Lane N, Plymouth, MN 55441, dotsethj@comcast.net

Anderson, Colin	Hansen, John	Menage, Elmer	Scott, Ron
Anderson, Lyle	Harrington, Nate	Miller, Paul	Scott, Ron L
Anderson, Robert P.	Heikkinen, Marv	Mork, Paul	Siegle, Al
Barnett, Raymond	Helleckson, Russ	Nigon, David	Simser, Jim
Baumann, Kenneth	Henderson, Roy	Nordquist, Stuart	Skjei, Stan
Belanger, Kenneth	Herges, Peter	Nunnink, Stephen	Smith, George
Belseth, Mike	Hiebert, Del	Ogorek, Terry	Stolski, Ron
Bjornaraa, Bud	Hill, Ken O.	Olson, Stan C	Stoterau, Dennis
Bromberg, Roland	Hills, Greg	Olson, Warren	Strand, Dick
Buntje, Mark	Hofland, Niel	Olson, Warren H.	Strand, Richard
Celt, Bob	Hohn, Nick	Ott, Steve	Stritesky, Gene
Collison, Bob	Holzer, Michael	Otterblad, Larry	Sullivan, Bob
Conzemius, John C.	Idstrom, Thomas	Peterick, John C	Swanson, Keith
Darnell, Doug	Jacobson, Kenneth	Peters, Glen	Taylor, Dean
Davies, John	Jaeger, Rick	Peterson, Lloyd	Thiel, Anthony J.
DeRocher, Darien	Jerdee, Jerry	Peterson, Ralph J.	Thole, George
Domschot, Ronald	Johnson, DeWayne	Quenette, William	Thompson, John
Dotseth, Jim	Kallok, Richard	Rauen, Willie	Traurig, Leo
Draheim, Ed D	Knutson, James	Robinson, Ron	Tri, Ray
Elias, Charles F	Konrath, Fred	Roff, Dan	Trimble, Gary
Elston, Del	Kostich, Dan	Roforth, Jim	Tuvey, George E
Foley, Jerome T	Kroulik, Mark	Roham, Dan	Uhlir, David
Foley, Patrick	Larson, George	Rohman, Dan	Vagle, Virg
Fox, Don	Lien, Ken	Rossini, Reno	Waldner, Pat Bruno
Fredlund, Frank	Lubarski, Conrad	Rostberg, Grady	Walker, Richard
Gasner, Paul	Mader, James L	Roy, Bob	Wemeier, George
Graham, Gary	Majeski, Bob	Rumrill, Buz	Willhite, Jack M.
Gross, John	Manke, Rick,	Scanlan, Mal	Wilson, Bill
Gustafson, J. Gary	Martin, Bill	Schmitz, John	Youso, Robert
Halsted, Charles	Marton, William	Schneider, Gregg	

MFCA CONFERENCE REPRESENTATIVES

Listed below are the names of the MFCA conference delegates who represent their respective conferences to the Association. Please note any misprints, mistakes, or errors and address them to the MFCA Secretary, Jim Dotseth.

These are the coaches who are responsible for carrying information to and from conferences on behalf of the Association and MSHSL matters. They are a vital link in the entire process

Conference	Coach	School
Big Nine.....	Jon Vik	Rochester Century
Big North	John Jirik.....	Orr
Central Lakes South.....	Jon Konold.....	Willmar
Central Minnesota.....	Jon Thielen.....	Eden Valley-Watkins
Gopher Valley 1A	Chad Gilbel	Blooming Prairie
Gopher Valley 2A	Jon Bakken.....	Waterville-EM
Granite Ridge	Larry Herm	Foley
Great Northern	Jeff Gronner.....	Cromwell
Great Polar Blue.....	Mike Gindorff.....	Crosby-Ironton
Great Polar Red.....	Mitch Dorr	Cook County
Great Polar White.....	Dave Louzek.....	Moose Lake/Willow River
Heart-O-Lakes Classic	Dave Haugen	Pelican Rapids
Heart-O-Lakes North	Flint Motschenbacher.....	Detroit Lakes
Heart-O-Lakes North	Aaron Morris	Park Rapids
INDEPENDENT	Matt Townsend.....	Columbia Hts
Lake	John DenHartog	Hopkins
Little Sioux	Mike Damman	MACCRAY
Metro East	Eric Longtin.....	North St. Paul
Minneapolis City	Giovan Jenkins	MPLS Washburn
Minnesota River	Justin Johnston	Belle Plaine
Mississippi 8 Blue.....	Mike Hennen.....	Cambridge-Isanti
Mississippi 8 Red.....	Bill Weiss	Chsiago Lakes
Missota	Bubba Sullivan.....	Northfield
North Suburban	Will Wackman	Spring Lake Park
North Tri-County	Dustin Flaten.....	Ulen-Hitterdal
Northstar East	Mark Nohner	Fosston

and the Association will only improve as these members are utilized to the fullest.

Conference representatives should have a "checklist" that will help organize MFCA duties. Please contact Jim Dotseth or visit the website to obtain a checklist <www.mshsca.org/football/Conference_Mtg_Checklist.pdf>

Conference	Coach	School
Northstar West.....	Mark Nohner	Fosston
NW Suburban North.....	Tom Develice.....	Blaine
NW Suburban West.....	Derrin Lamker	Osseo
Pheasant North	Mike Mahlen.....	Verndale
Pheasant South	Tony Thiel	Weaton
Prairie North	Bryan Strand.....	Barnsville
Prairie South	Wayne Petermeier	Browerville
Sea Range.....	Derek Parendo.....	Proctor
South Central	Mat Mahoney.....	Fairmont
South Suburban.....	Rick Sutton.....	Eagan
Southeast	Gary Sloan	Grand Meadow
Southern Confederacy E	Tom Murphy	Nicollet
Southern Confederacy W	Tom Murphy	Nicollet
Southern FB Alliance - Blue.....	Brent Schroeder	Caledonia
Southern FB Alliance - Red.....	John Austinson.....	Byron
Southern FB Alliance - White.....	Brent Olson.....	Lewiston-Altura
Southern Minnesota	Cory Haala	Sleepy Eye Public
Southwest	Terry Bahlmann	Marshall
St. Paul City	Dave Zeitchick.....	Highland Park
Suburban East.....	Beau LaBore.....	Stillwater
Top-of-the-State.....	Cory Waling	Kittson Central
Tri-Metro East.....	Todd Niklaus.....	St. Anthony
Tri-Metro West	Sean McMenomy.....	DeLaSalle
West Central North	Scott Gonnerman.....	Benson
Wright County E.....	Paul Lemke.....	Glencoe-Silver Lake
Wright County W	Paul Lemke.....	Glencoe-Silver Lake

COACH TO COACH PROGRAM

The Coach to Coach program began with the 2006 football season. The program was developed by the MFCA Executive Committee and is designed to allow Minnesota high school football coaches to contact successful, retired coaches and get their insight on how to implement ideas on a variety of topics such as offense, defense, special teams, program building, and many more.

The Coach to Coach program lists some of the most successful and legendary coaches in Minnesota high school football history. Rep-

resented among these coaches are numerous state championship coaches, 200+ game winners, and many coaches who have thirty or more years of coaching football. The retired coaches listed are willing to give some of their best advice and information acquired over their long and successful careers. Member coaches are encouraged to utilize this program to improve their programs in any area.

Coach	Address	City/State	Zip	Phone Number
Belanger, Ken.....	21875 Marek Road.....	Frederic, WI.....	54837	715-327-8726
Mike Belseth.....	1438 Andrews Avenue	Breckenridge.....	56520	218-643-2442
Celt, Bob.....	1963 Cherry Street.....	Red Wing.....	55066	651-388-5980
Collison, Bob.....	7500 Cahill Road #215 C.....	Edina.....	55439	952-942-9055
Darnell, Doug.....	6825 Dupont Avenue North	Brooklyn Center	55430	763-560-1702
Davies, John.....	22439 Beach Road.....	Deerwood	56444	218-546-6460
DeRocher, Darien	7101 Brown's Lane.....	Brainerd.....	56401	218-825-8466
Domschot, Ronald.....	105 Knut Street.....	Alexandria	56308	320-763-7140
Dotseth, Jim.....	4180 Trenton Lane.....	Plymouth	55441	763-544-2970
Elias, Charles	10362 Columbus Circle.....	Bloomington	55420	952-884-1013
Fox, Don	1809 3rd Avenue Southwest.....	Austin.....	55912	507-433-3016
Gasner, Paul	51 142nd Avenue Northwest.....	Andover.....	55304	763-757-2340
Graham, Gary	11825 Bluegill Drive.....	Sauk Centre.....	56378	320-352-2881
Gross, John.....	6745 3rd Avenue Southeast.....	Medford	55049	507-451-9533
Gustafson, Gary	2246 Thomas Lane.....	White Bear Lake.....	55110	651-777-0286
Heikkinen, Marv	2806 Solway Road	Menahga.....	55733	218-628-1663
Herges, Pete.....	PO Box 66.....	Albany.....	56307	320-845-2981
Hill, Ken.....	1031 3 1/2 Avenue North.....	Sauk Rapids.....	56379	320-252-4035
Hofland, Neil	201 2nd Street West.....	Chokio.....	56221	320-324-7363
Jacobson, Kenneth.....	517 Park Street.....	Chatfield.....	55923	507-867-4759
Konrath, Fred.....	2227 Foxtail Court	Lino Lakes.....	55110	651-426-0752
Kostich, Dan.....	109 37th Avenue South.....	Moorhead.....	56560	218-233-1079
Larson, George.....	444 Maple Dell Road.....	Cambridge	55008	763-689-2371
Lubarski, Conrad	909 Bradford PO Box 1	Argyle.....	56713	218-437-6354
Mader, Jim	PO Box 330	Albany.....	56307	320-845-2814
Manke, Rick,	18135 Willow Springs	Detroit Lakes	56501	218-847-7106
Martin, Bill	2785 Matilda Street.....	Roseville	55113	651-484-6416
Menage, Elmer	816 North Estey	Luverne.....	56156	507-283-2479
Mork, Paul	2166 Regent Drive.....	White Bear Lake.....	55110	651-429-6429
Nigon, David.....	2606 Rivers Bluff Lane	Anoka.....	55303	763-571-9116
Olson, Warren.....	569 Rice Creek Terrace	Fridley	55432	763-571-2297

Coach	Address	City/State	Zip	Phone Number
Peterson, Lloyd	112 Ranch Avenue.....	Marshall.....	56258	507-532-5916
Quenette, William	3616 5th Street South	Moorhead.....	56560	218-233-7752
Robinson, Ron.....	415 South Range Road	Springfield.....	56087	507-723-4718
Roff, Dan.....	5470 Vinewood Lane	Plymouth	55441	763-550-1109
Roham, Dan	405 3rd Street.....	Belview	56214	507-938-4274
Scanlan, Mal.....	1938 Fairmont Avenue.....	St Paul	55105	651-699-7877
Schneider, Gregg	1391 Valley View Road	Chaska	55318	952-448-5667
Scott, Ron.....	12816 Jonquil Street NW	Coon Rapids.....	55448	612-546-3262
Siegle, Al.....	PO Box 273	Pelican Rapids.....	56572	218-863-5861
Simser, Jim.....	940 Liberty Lane.....	Fairmont.....	56031	507-235-8689
Strand, Richard.....	Box 316	Mayville, ND	58257	701-430-1562
Stoterau, Dennis.....	114 W Chestnut Street	Redwood Falls.....	56283	507-644-8063
Swanson, Keith	114 Dakota Avenue	Hoffman	56339	320-986-2697
Taylor, Dean	32899 Apache Lane.....	St. Joseph.....	56374	320-253-2525
Thole, George.....	2114 Fair Meadows Road	Stillwater	55082	651-439-5991
Traurig, Leo.....	812 South Payne Street	New Ulm	56073	507-354-8376
Waldner, Pat Bruno.....	6408 Brook Lane.....	Savage	55378	952-447-3504
Walker, Richard	7420 Edinborough #6315.....	Edina.....	55435	952-806-9922
Wemeier, George	1624 Waterbury	Waconia.....	55387	952-442-5432

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MINNESOTA FOOTBALL COACHES ASSOCIATION ENDORSES USA FOOTBALL'S HEADS UP FOOTBALL PROGRAM

The Minnesota Football Coaches Association (MFCA) executive committee has endorsed USA Football's Heads Up FootballSM program to make the game better and safer for youth and high school football players. USA Football is the sport's national governing body.

The endorsement of Heads Up Football by MFCA will benefit all 382 high school football programs in Minnesota including more than 25,000 participating student-athletes. The organization is committed to providing the safest possible environment for all coaches, parents and players involved with football in Minnesota. Already more than 2,000 youth football programs nationwide are adopting Heads Up Football this season.

Before the 2013 season begins, all Minnesota high school head football coaches and assistant coaches will be encouraged to be trained in Heads Up Football techniques that reinforce tackling mechanics aimed at reducing helmet contact, Centers for Disease Control and Prevention (CDC) concussion recognition and response protocols and proper helmet and shoulder pad fitting. Coaches also will be encouraged to complete USA Football's varsity-level coach training course designed for

National Federation of State High School Associations (NFHS) membership.

In addition, each Minnesota high school will be encouraged to designate one coach from its staff to serve as its Player Safety Coach. This individual will be trained by USA Football to implement Heads Up Football's player safety protocols, including coaching certification, and will be encouraged to conduct safety clinics for fellow coaches, parents and players.

"The MFCA is pleased to join the nation's leaders in football: the NFL, NFL Foundation, NCAA, NFHS, AFCA, and the Sports and Fitness Industry Association, in endorsing USA Football's Heads Up Football program," Minnesota Football Coaches Association Executive Director RON STOLSKI said. "A program whose primary aim is to provide an opportunity for additional, comprehensive education and training designed to make the game safer for youth and high school football players."

Minnesota Football Coaches Association supports USA Football's five primary elements of Heads Up Football:

Heads Up Tackling	USA Football's Heads Up Tackling technique, endorsed by medical and football experts, teaches players to keep their heads up and out of the line of contact.
Coaching certification	All coaches will be encouraged to complete USA Football's varsity-level coach training course designed for National Federation of State High School Associations (NFHS) membership.
Concussion recognition and response	Coaches learn and are assessed on Centers for Disease Control and Prevention (CDC) concussion recognition and response protocols. Coaches, parents and players are taught concussion-related protocols at the start of the season and have them reinforced throughout the year.
Player Safety Coach	Appointed by each participating Heads Up Football high school or youth program. This individual is trained by USA Football to implement Heads Up Football's player safety protocols, including coaching certification, and will be encouraged to conduct safety clinics for fellow coaches, parents and players.
Equipment fitting	Coaches, parents and players are taught proper helmet and shoulder pad fitting.

In addition to the NFL and NFL Foundation, organizations that support Heads Up Football include the NCAA, National Federation of State High School Associations, American Football Coaches Association and the Sports and Fitness Industry Association.

USA Football's Heads Up Tackling technique was developed with contributions of USA Football's Tackle Advisory Committee, which includes Northwestern head coach PAT FITZGERALD, UCLA head coach JIM MORA, former NFL running back MERRIL HOGE, Miami Christopher Columbus High School head coach CHRIS MERRITT and sports psychologist DR. DAVID YUKELSON.

About USA Football: USA Football leads the game's development, inspires participation and ensures a better and safer experience for all youth, high school and other amateur players. The independent nonprofit is the official youth football development partner of the NFL, its 32 teams and the NCAA's Atlantic Athletic Conference. USA Football (www.usafootball.com), endowed by the NFL and NFLPA in 2002, provides more than \$1 million annually in equipment grants and youth league volunteer background check subsidies.

DISTRICT PLAN PROCEEDS

Minnesota high school football is going through a major change as the MSHSL is looking to create an entirely new format for regular season football scheduling throughout the state.

Currently called the "District Plan," the new format would replace the conference system of regular season scheduling that had been in place for decades. The composition of the "District Plan" will be done by a 10 person committee selected by the MSHSL, the members of whom are listed below. The plan would be to divide the state into "districts" of approximately 12 to 18 teams per "district." The "district teams" would then meet during the summer and compose their own regular season schedules based on school enrollments, geography and school rivalries.

District assignments were approved by the MSHSL board on June 2, 2014 and they're to have regular season schedules for the 2015 and 2016 seasons finalized by Nov. 1 2014.

District Placement Committee

- Brad Johnson, Rochester
- Todd Oye, Luverne
- Chuck Evert, Battle Lake
- Mike Biermaier, Thief River Falls
- Brent Schimek, Deer River
- Derek Parendo, Proctor
- John Ross, Sartell
- Brian Brown, Concordia Academy
- Dan Roff, Fridley
- Rick Sutton, Eagan

The Districts are listed below with Subdistricts included. It should be noted that the "subdistricts" are only "probable" at this point. The District member schools will determine their schedules and may or may not use the proposals listed.

RECRUITING FAIR CONTINUES TO BE A SUCCESS

The MFCA sponsored recruiting fair continues under the leadership of Jeff Ferguson, head football coach at Totino Grace high school. Jeff has built the Recruiting Fair into one of the best recruiting events in the upper Midwest and it is greatly appreciated by college and high school coaches alike.

The Recruiting Fair was once again held at the Doubletree Park Place Hotel in Minneapolis. The Recruiting Fair is a great way to promote Minnesota high school football players and has proven to be a great service to them.

The high school coach plays a vital role in the success of this event. Coaches are encouraged to provide player information at the coach's website during the months of February and March. The information can be entered directly onto the Coaches' Association Web Site. (Go to www.mnfootballcoaches.com). Once the data is collected, it will be used to produce a prospect booklet and email data which will be made available to all of the colleges in the upper Midwest, and any interested colleges beyond that.

Each HS coach that registers and attends will also receive a copy of the book. It is very important that coaches get their junior prospects into the booklet, even if the coach cannot attend the recruiting fair.

Entering your data is very simple:

1. Go to the following site: www.mnfootballcoaches.com
2. Enter the information for your Junior prospects in the boxes provided.
3. Double check to be sure all information is correct and then click submit. Once you have submitted the information, you will not be able to retrieve it to make corrections.
4. **All prospect information should be entered between February 24th and March 5th !**
5. You will receive an emailed confirmation shortly after submitting your prospects.

On the evening of the fair, high school coaches will have a table and chairs where they can meet and discuss their prospects with

the college coaches. IF YOU PLAN ON ATTENDING THE FAIR, EMAIL JEFF FERGUSON (jeff.ferguson@totinograce.org) by April 1st AND A TABLE WILL BE SET UP FOR YOU. If you are attending the fair, it is a good idea to bring film to hand out and academic information about the athletes.

Wireless is available, so you can also bring a laptop and share film. We cannot include academic information in our booklet.

If you would like a room at the Doubletree Park Place Hotel, call 1-952-222-8733. A block of rooms has been reserved. Ask for the MFCA rate.

In the past, the MFCA Recruiting Fairs have been very well received. Last year, we had over 150 high schools and 900+ prospects represented in the book. Over 40 colleges from the upper Midwest have attended each year. There is no cost for HS coaches. The cost is \$150 for college coaches who attend the fair, or \$200 after the fair. All proceeds go to our coaches association. Attending the fair is a great way to promote your players, especially D-2 and D-3 players that may "fly below the radar." College coaches really appreciate the ability to speak to many coaches in one night without having to drive to each school. Remember, whether you are able to attend the fair or not, you should still enter prospect information for your junior prospects on the website.

Coaches may contact coach Ferguson using the Totino Grace school website or the phone information below.

Jeff Ferguson, Totino-Grace HS
(763) 571-9116

TACKLE CANCER

Thanks to all the Minnesota High School and College Programs who have supported Tackle Cancer! Through your efforts, \$190,000 was raised in 2012! The MFCA Tackle Cancer All-Star Football Game on Saturday, June 28, 2014 will kickoff Year 3 of Tackle Cancer!

The mission of the Randy Shaver Cancer Research and Community Fund is to support the cancer community in Minnesota by funding research, prevention, treatment and other programs relating to the cancer community's needs.

September and October are “Tackle Cancer Months” for Minnesota High School Football Teams! Here is how you can get into the game:

- Choose a home game or games in September or October
- Promote the “Tackle Cancer” Game in school and throughout your community

- Collect donations at the gate before the game or in the stands during halftime

- More details will be mailed to head coaches in May

“Together we are the key to the cure”

Thank you for your efforts to raise awareness and support for Minnesota's Cancer Community!

TACKLE CANCER - TOP 10 IDEAS

Coach – here is a list of ideas that are working at schools around the state. We encourage you to get your booster club involved or form a parent committee to organize your Tackle Cancer game. It is helpful to find volunteers who have been affected by cancer and are passionate about this cause.

1. Collect donations at the gate before the game and at the concession stand during the game.
Have your announcer remind fans during pre-game to make their donation.
2. Two Minute Challenge – during halftime, following halftime activities, pass buckets down each row of your home section. Put two minutes up on the scoreboard and have your PA announcer give directions and “play by play!”
3. Sell wristbands to the student body during the week during lunch periods.
4. Make up Tackle Cancer T-Shirts and sell to the student body during the week.
5. Get your Student Council involved – many school leadership groups are looking for meaningful projects to get involved with.
6. Make a video during pre-fall practice to show to your student body or to the elementary and middle schools. You can also put the video on your website to promote your event.
7. Reach out to teachers at elementary school and middle schools to see if they would like to participate in Tackle Cancer. In its simplest form, each school can take up a donation.
8. Create a competition between your school and the school you host for the Tackle Cancer game. This has been made popular by Apple Valley and Eastview.
9. Involve the other sports in Tackle Cancer so that it reflects the school instead of the football team. Events and collections can take place at soccer, swimming and diving, volleyball, cross country, and tennis events.
10. Reach out to businesses in your community for partnerships in this effort. Some businesses already work together to fight cancer and may want the community cooperation.

RULE CHANGES

In an effort to reduce contact above the shoulders and lessen the risk of injury in high school football, the National Federation of State High School Associations (NFHS) Football Rules Committee developed a definition for "targeting," which will be penalized as illegal personal contact.

The definition of targeting and its related penalty were two of 10 rules changes approved by the rules committee at its January 24-26 meeting in Indianapolis. All rules changes were subsequently approved by the NFHS Board of Directors.

Effective with the 2014 high school season, new Rule 2-43 will read as follows: "Targeting is an act of taking aim and initiating contact to an opponent above the shoulders with the helmet, forearm, hand, fist, elbow or shoulders."

Bob Colgate, NFHS director of sports and sports medicine and liaison to the Football Rules Committee, said the committee determined – in its continued effort to minimize risk of injury in high school football – that it was important to separate and draw specific attention to this illegal act.

"Taking aim with the helmet, forearm, hand, fist, elbow or shoulders to initiate contact above the shoulders, which goes beyond making a legal tackle, a legal block or playing the ball, will be prohibited," Colgate said.

A new definition for a "defenseless player" was also added to Rule 2 for risk-minimization purposes. Rule 2-32-16 will read as follows: "A defenseless player is a player who, because of his physical position and focus of concentration, is especially vulnerable to injury."

In an effort to reduce the risk of injury on kickoffs, the rules committee approved two new requirements in Rule 6-1-3 for the kicking team. First, at least four members of the kicking team must be on each side of the kicker, and, second, other than the kicker, no members of the kicking team may be more than five yards behind the kicking team's free-kick line.

Rule 6-1-3 also notes that if one player is more than five yards behind the restraining line and any other player kicks the ball, it is a foul. In addition to balancing the kicking team's formation, the change limits the maximum distance of the run-up for the kicking team.

"The Football Rules Committee's actions this year reinforce a continued emphasis on minimizing risk within all phases of the game," said Brad Garrett, assistant executive director of the Oregon School Activities Association and chair of the Football Rules Committee.

In other changes, new language was added to Rule 8-5-1 and states that "the accidental touching of a loose ball by a player who was blocked into the ball is ignored and does not constitute a new force." In addition, roughing the passer fouls now include all illegal personal contact fouls listed in Rule 9-4-3, which result in automatic first down in addition to a 15-yard penalty.

The remaining changes approved by the Football Rules Committee are as follows:

Rule 1-1-7: Provides state associations authority to require game officials to be on the field more than 30 minutes prior to game time.

Rule 2-24-9: The intent of an illegal kick was clarified. Now, when an illegal kick occurs, the loose ball retains the same status that it had prior to the illegal kick.

Rules 3-3-3 and 3-3-4: With this change, in order to extend or not extend a period with an untimed down, time must expire during the down.

Football is the No. 1 participatory sport for boys at the high school level with 1,115,208 participants in the 2012-13 school year, according to the High School Athletics Participation Survey conducted by the NFHS through its member state associations. In addition, the survey indicated there were 1,660 girls who played football in 2012-13.

COACHING CHANGES

Atwater-Cosmos-Grove City

David Blom takes over the reigns at ACGC with the retirement of long time head coach Terry Karlsgodt. Flom played for coach Karlsgodt on the ACGC state champion team of 2001 and has been active in ACGC athletic programs for several year.

The Breck School

The Mustangs will have Jon Martin as their new head coach. Martin previously had been the head coach at Brooklyn Center and Dilworth-Glyndon-Felton. And he had also been an assistant football coach at The Breck School from 2007 to 2013.

Buffalo

Todd Bouman will be the new football coach for the Bison program. Bouman takes over for long time Bison coach Gerard Rohl. Bouman graduated from Russell-Tyler-Ruthon high school and then played college football for St. Cloud State. Bouman was signed as a QB by the Minnesota Vikings in 1997 and played for several other teams in the NFL during his professional football career, which ended in 2011.

Gibbon-Fairfax-Winthrop

Carl Bratsch takes over the Thunderbird program after serving as an assistant at Sibley East for several seasons.

Grand Rapids

Greg Spahn takes over the helm for the Thunderhawks. He has previously coached as an assistant at the college level at Colorado College at UW-RF. He had also been the offensive coordinator at Bigfork before going to Grand Rapids where he will be a head football coach for the first time.

Houston

Ryan Gatzlaff is stepping down in Houston. Dale Moga will be his replacement.

Irondale

Longtime Highland Park assistant football coach Ben Fuller has been hired as the head coach at Irondale High School in New Brighton.

Fuller, will be a special education teacher at Irondale, replaces former Knights coach Ben Geisler. Fuller had been the offensive coordinator and assistant head coach at Highland Park in St. Paul.

Lyle/Austin Pacelli

Reid Olson is stepping down at Lyle/Pacelli. No replacement has been named as of yet.

New Prague

Drew Danner replaces Jim Benick at Trojans head football coach. Danner had been an assistant coach at Minnetonka previously and before that he had been an assistant coach at Jefferson City High School in MO.

Plainville-Elgin-Millville

Bill Ihrke steps down as PEM's head coach and will be replaced by Kevin Lamb. Ihrke had a successful run at PEM and led the Bulldogs to a Class 3A state title in 2002.

Staples-Motley

A graduate of Marshall high school and MSU-Southwest State, Mike Schmidt takes over the Staples-Motley football program. Schmidt has coached boy's hockey, girl's basketball and football during his career and has had experience coaching high school athletics at Mankato East, Bemidji, Grygla, and Murray County Central. This will be Schmidt's first head football coaching job, though he was the head boy's hockey coach at Mankato East earlier in his career.

West Central Area

Jon Moore moves up from defensive coordinator for the Knights to the head coaching job. Moore is a graduate of MSU-Moorhead who had also previously coached at Brandon-Evansville.

Other Coaching Changes

The coaches named below were also listed as changes by the MSHSL

Note: Please excuse any omissions of any new coaching hires that may have not made this article as it went to press.

First Name	Last Name	School
Kevin	Armbrust	Albert Lea H.S.
Dave	Blom	Atwater-Cosmos-Grove City H.S.
Jon	Martin	Breck School
Todd	Bouman	Buffalo
Jeff	Whitney	Butterfield-Odin
Steven	Schiltz	Campbell-Tintah H.S.
Tyler	Wittner	Cass Lake-Bena H.S.
Bryan	Dahl	Chaska
Kyle	Atherton	Cleveland H.S.
Erik	Hermanson	Cleveland H.S.
Brian	Harris	Dover-Eyota
Ryan	Kasowski	East Grand Forks H.S.
Dave	Schueler	ECHO Charter
Carl	Bratsch	G-F-W H.S.
Jared	Matson	Glenville-Emmons H.S.
Tony	Poncelet	Goodhue H.S.
Greg	Spahn	Grand Rapids H.S.
Chad	Lathrop	Hill City H.S.
Brad	Hopkins	Hinckley-Finlayson H.S.
Ben	Fuller	Irondale
Joe	Brennan	Kimball Area H.S.
Andrew	Brouwer	Kingsland H.S.

First Name	Last Name	School
Brad	Groth	La Crescent H.S.
Randy	Mechels	Long Prairie-Grey Eagle H.S.
Ben	Sletten	Mesabi Academy
Cory	Anderson	Milaca
Carl	Brown	Minneapolis Edison
Patrick	Freeman	Murray County Central H.S.
Drew	Danner	New Prague H.S.
Sam	Ferraro	North Branch
Mark	Fabish	Northeast Range
Paul	Strong	Park Center
Tim	Kerr	Park Christian
Kevin	Lamb	Plainview-Elgin-Millville H.S.
Nolan	Desjarlait	Red Lake H.S.
Rickey	Foggie	Red Wing
Jon	Wessel	Richfield
Jack	Negen	Robbinsdale Armstrong
Drew	Mortenson	Sacred Heart
Dustin	Bosshart	Saint Clair
Seth	Mills	Spectrum
Travis	VanOverbeke	Staples-Motley H.S.
Jon	Moore	West Central Area School
Jamie	Herrick	Winona Cotter

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- 33.4% Fewer Ligament Tears



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CONFERENCE REPS CHECKLIST

Please discuss the following at your conference meeting: MFCA Website: www.mnfootballcoaches.com

ACADEMIC ALL-STATE: www.mshsca.org/football/academinfo.htm			
Committee Chairs:			
Individual	Dave Frisell	davefrisell@yahoo.com	Fax: 651-468-6486
Team	Con Natvig	con290209@yahoo.com	Fax: 320-594-8105
Deadline: November 1st		Deadline: November 1st	
INDIVIDUAL - ACADEMIC ALL-STATE		TEAM - ACADEMIC ALL-STATE	
Class	Name	School	Fax Number
9M	Mike Mahlen	Verndale	218-445-5185
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Scott Gonnerman	Benson	320-843-2262
3A	Brian Odland	St. Peter	507-934-4783
4A	Andy Rostberg	Hutchinson	320-587-0955
5A	Chris Lindquist	St. Francis	763-213-1710
6A	Jody Stone	Shakopee	952-496-5175
Class	Name	School	Fax Number
9 Man	Chuck Ross,	Underwood	218-826-6310
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Jon Bakken	WEM	507-362-4561
3A	Leo Pohlkamp,	Pierz	320-468-6577
4A	Ryan Weinandt,	Dassel-Cokato	320-286-4131
5A	Bubba Sullivan	Northfield	507-645-3455
6A	Dave Nelson,	Minnetonka	952-401-5905
ALL STAR GAME:	www.allstarfootball.org/ Nomination Form: www.mshsca.org/football/outstatenom.pdf		Director: Dave Fritze david.fritze@district196.org
	Deadline: December 15th		
BUTCH NASH AWARD / ASSISTANT COACH OF THE YEAR	www.mshsca.org/football/nash.pdf www.mshsca.org/football/AsstCOY.pdf (Assistant COY must be a previous Butch Nash Award winner)		Committee chair: Jim Dotseth dotsethj@comcast.net
	Deadline: January 1st		
CAREER RECORDS:	www.mshsca.org/football/indcoach.htm Also, 200 wins; 50, 45, 40, 35, or 30 years of service.		Inform Jim Dotseth dotsethj@comcast.net
COMMUNITY SERVICE AWARD:	www.mshsca.org/football/COMMUNITYSER-VICEFORM.pdf		Committee Chair: Beau LaBore, laboreb@stillwater.k12.mn.us
	Deadline: January 1st		
CONFERENCE COACH OF THE YEAR:	www.mshsca.org/football/coyquestioneer.pdf		Awards Committee Chair: Jim Dotseth dotsethj@comcast.net Fax: 1-888-590-8819
	Deadline: January 1st		
HALL OF FAME:	www.mshsca.org/football/hof.pdf		Committee chairs: Paul Lemke plemke@gsl.k12.mn.us and Scott Tschimperle stschimperle@gsl.k12.mn.us
	Deadline: January 1st		
MEMBERSHIP:	www.mshsca.org / Application: www.mshsca.org/membapp.htm		
MENTOR PROGRAM:	Ron Stolski, stolski@yahoo.com		
MFC CLINIC REGISTRATION:	www.mshsca.org/football/mfcclinic/Registration.htm THE MFCA sponsored football clinic. March 26-28, 2015 at the Doubletree in St. Louis Park.		
MR. FOOTBALL:	www.mshsca.org/football/mrfb.pdf	Committee Chair: Rick Sutton rick.sutton@district196.org	Deadline: November 7th
POWER OF INFLUENCE:	www.mshsca.org/football/poiform.pdf	Committee chair: Bubba Sullivan, bubba.sullivan@nfl.k12.mn.us	Deadline: January 1st
SCHOLARSHIP PROGRAM:	www.mshsca.org/football/scholarship.htm	Committee Chair: Will Wackman, wwackm@splkpark.k12.mn.us	Deadline: March 1st
SUMMER CAMPS:	www.mshsca.org/football/mfcateamcamp.pdf	Contact Ribsy Petermeier, ribsy@browerville.k12.mn.us Phone: 320-594-8111	Deadline: April 15th

MINNESOTA HIGH SCHOOL FOOTBALL CONFERENCE STANDINGS: 2013-2014

Please note that there may have been changes to certain conferences. There may be mistakes due to "typos"/lack of information. Teams are listed in order of conference finish with regular season, and final season records.

Big 9 Conference Standings

Owatonna	8-0	13-0
Mankato West	7-1	8-2
Rochester John Marshall	5-3	6-4
Rochester Mayo	5-3	6-4
Faribault	5-3	5-4
Austin	4-4	5-5
Winona	3-5	4-6
Rochester Century	2-6	2-7
Mankato East	1-7	1-8
Albert Lea	0-8	0-9

Big North Conference Standings

Ely	8-0	12-1
South Ridge	7-1	9-2
North Woods	6-2	6-3
Chisholm	5-3	6-4
Mountain Iron-Buhl	5-3	5-4
Bigfork	3-5	4-6
Silver Bay	3-5	3-6
Cherry	2-6	2-7
Northeast Range	1-7	1-8
Littlefork-Big Falls	0-8	0-8

Central Lakes Conference - North Standings

Brainerd	5-0	12-1
Moorhead	4-1	7-4
Bemidji	3-2	7-3
Alexandria	2-3	2-7
Fergus Falls	1-4	3-6
Grand Rapids	0-5	0-9

Central Lakes Conference - South Standings

St. Cloud Apollo	4-1	6-3
Willmar	4-1	6-3
Sartell-St. Stephen	3-2	8-4
St. Cloud Tech	3-2	5-4
Rocori	1-4	3-7
Sauk Rapids-Rice	0-5	0-9

Central Minnesota Conference Standings

Holdingford	7-0	11-1
Belgrade-Brooten-Elrosa	6-1	9-2
Pierz	4-3	8-4
Maple Lake	3-4	8-5
Howard Lake-Waverly-Winsted	3-4	6-5
Rockford	3-4	4-6

Eden Valley-Watkins	2-5	2-7
Kimball Area	0-7	0-9
Classic Suburban Conference Standings		
South St. Paul	6-1	9-2
St. Thomas Academy	6-1	8-3
Tartan	6-1	6-3
Mahtomedi	5-2	6-3
Henry Sibley	4-3	7-5
Hill-Murray	2-5	5-6
Simley	2-5	2-7
North St. Paul	1-6	1-8
Richfield	0-8	1-9

Gopher Valley A Conference Standings

Blooming Prairie	5-0	10-1
United South Central	4-1	5-4
Lester Prairie/Holy Trinity	3-2	8-4
Bethlehem Academy	2-3	9-4
St. Clair	1-4	3-7
Mankato Loyola	0-5	0-9

Gopher Valley AA Conference Standings

Maple River	5-0	9-2
New Richland-H-E-G	4-1	5-4
Medford	3-2	6-4
Waterville-Elysian-Morristown	2-3	2-7
Lake Crystal-Wellcome Memorial	1-4	2-6
Gibbon-Fairfax-Winthrop	0-5	0-9

Granite Ridge Conference Standings

Becker	7-0	8-2
Foley	5-2	6-3
St. Cloud Cathedral	4-3	6-5
Little Falls	4-3	4-5
Albany	3-4	4-6
Milaca	2-5	2-7
Zimmerman	2-5	2-7
Mora	1-6	2-8

Great Northern Conference Standings

Floodwood	8-0	11-1
Kelliher/Northome	8-0	10-1
Nevis	6-2	7-3
Onamia	5-3	5-4
McGregor	4-4	5-5
Wrenshall	4-4	5-5
Hill City	4-4	4-5
Isle	3-5	4-6
Cromwell	3-5	3-6
Northland	2-6	2-7

Lake of the Woods	1-7	1-8
Carlton	0-8	0-8

Great Polar Football Alliance - Blue Standings

Braham	5-0	11-1
Aitkin	4-1	6-3
Pine City	3-2	3-6
Crosby-Ironton	2-3	3-6
Rush City	1-4	2-7
Hinckley-Finlayson	0-5	1-8

Great Polar Football Alliance - Red Standings

Barnum	4-0	9-2
Mesabi East	2-2	6-5
East Central	2-2	3-6
Ogilvie	2-2	2-7
Cook County	0-4	0-9

Great Polar Football Alliance - White Standings

Moose Lake-Willow River	5-0	10-1
Esko	4-1	7-4
Duluth Marshall	3-2	7-3
Two Harbors	2-3	6-4
Deer River	1-4	5-5
Eveleth-Gilbert	0-5	2-8

Heart O'Lakes Conference - Classic Standings

Hawley	5-1	10-2
Breckenridge	5-1	7-3
Pelican Rapids	4-2	6-4
Dilworth-Glyndon-Felton	3-2	8-3
Roseau	2-3	2-7
Warroad	1-5	1-8
Staples-Motley	0-6	0-9

Heart O'Lakes Conference - North Standings

Detroit Lakes	5-1	9-2
Park Rapids Area	5-1	6-3
Thief River Falls	4-2	7-3
Perham	4-2	6-4
Pequot Lakes	2-4	5-6
East Grand Forks	1-5	1-8
Crookston	0-6	1-8

Independents Standings		
MN Academy for the Deaf	0-0	5-3

Lake Conference Standings

Eden Prairie	4-0	12-0
Wayzata	3-1	6-3
Edina	2-2	4-5
Minnetonka	1-3	6-4
Hopkins	0-4	2-7

Little Sioux Conference Standings

Minneota/Lincoln HI	8-0	13-1
Dawson-Boyd	7-1	12-2
Adrian	6-2	7-3
Tracy-Milroy-Balaton	5-3	8-4
MACCRAY	4-4	5-5
Canby	3-5	4-6
Lac qui Parle Valley	3-5	3-6
Lakeview	2-6	2-7
Murray County Central	2-6	2-7
Russell-Tyler-Ruthon	0-8	0-9

Minneapolis City Conference Standings

Minneapolis Washburn	6-0	8-2
Minneapolis North	5-1	7-3
Minneapolis Henry/West Metro	3-3	5-4
Minneapolis South	3-3	3-6
Minneapolis Southwest	3-3	3-6
Minneapolis Edison	1-5	1-8
Minneapolis Roosevelt	0-6	1-8

Minnesota River Conference Standings

Belle Plaine	6-1	8-2
Watertown-Mayer	6-1	8-2
Tri-City United	6-1	7-2
Mayer Lutheran	4-3	5-4
Jordan	3-4	4-5
Sibley East	2-5	4-6
Norwood-Young America	1-6	3-8
LeSueur-Henderson	0-7	0-9

Mississippi 8 Conference Standings

Rogers	8-0	9-1
St. Michael-Albertville	7-1	10-2
Chisago Lakes Area	7-1	8-2
Cambridge-Isanti	5-3	6-4
Princeton	5-3	6-4
Monticello	5-3	5-4
St. Francis	4-4	4-5
Big Lake	2-6	3-7
Buffalo	2-6	3-7
North Branch	2-6	3-7
Duluth Denfeld	1-7	2-8
Duluth East	0-8	0-9

Missota Conference Standings

Chaska	7-0	11-1
Chanhasen	6-1	7-3
Shakopee	5-2	5-4
Holy Angels	3-4	7-6
Farmington	3-4	4-5
Northfield	3-4	4-6
New Prague	1-6	1-8
Red Wing	0-7	0-9

North Suburban Conference Standings

Benilde-St. Margaret's	4-1	7-3
Spring Lake Park	3-2	7-4
Irondale	3-2	6-4
Fridley	3-2	5-5
Robbinsdale Cooper	2-3	5-4
Columbia Heights	0-0	7-3
St. Louis Park	0-5	0-9

North Tri-County Standings

Win-E-Mac	7-0	10-1
Warren-Alvarado-Oslo	6-1	8-2
Ada-Borup	5-2	9-3
Waubun	3-3	7-4
NCE/U-H	2-3	3-6
Park Christian	1-4	5-5
Rothsay	1-5	1-8
Norman County West	0-7	0-9

Northstar East Conference Standings

Pine River-Backus	6-2	7-3
Pillager	5-3	5-4
Blackduck	3-5	4-6
Bagley	2-6	2-7
Cass Lake-Bena	2-6	2-7
Walker-Hackensack-Akeley	1-7	1-8
Red Lake	0-8	0-9

Northstar West Conference Standings

Mahnomen	8-0	14-0
Red Lake County	7-1	9-2
Frazee	5-2	7-3
Lake Park-Audubon	5-3	6-4
Prairie Valley	5-3	5-4
Fertile-Beltrami	4-4	5-5
Fosston	2-5	2-7

Northwest Suburban Conference Standings

Maple Grove	7-0	10-1
Osseo	7-0	9-2
Totino-Grace	5-1	9-3
Blaine	5-2	6-3
Andover	5-3	7-4
Centennial	4-4	5-5
Champlin Park	3-4	3-6

Coon Rapids	3-5	3-6
Elk River	2-5	3-7
Park Center	2-6	2-7
Anoka	1-6	1-8
Robbinsdale Armstrong	0-8	0-9

Pheasant Conference - North Standings

Verndale	7-1	9-2
Underwood	5-3	10-4
Bertha-Hewitt	2-6	2-7
Hillcrest Lutheran Academy	1-7	1-7

Pheasant Conference - South Standings

Clinton-Graceville-Beardsley	8-0	10-1
Wheaton/Herman-Norcross	7-1	8-2
Ortonville	4-4	4-5
Brandon/Evansville	3-5	3-6
Ashby	2-6	2-7
Hancock	1-7	1-8

Prairie Conference - North Standings

Barnesville	5-0	10-1
Upsala/Swanville Area	4-1	10-2
United North Central	3-2	4-6
Osakis	1-4	4-5
Long Prairie-Grey Eagle	1-4	2-7
Wadena-Deer Creek	1-4	1-8

Prairie Conference - South Standings

Otter Tail Central	5-0	9-2
Royalton	4-1	7-3
Browerville	3-2	6-5
New York Mills	2-3	4-5
West Central Area	1-4	2-7
Kerkhoven-Murdock-Sunburg	0-5	0-9

Sea Range Conference Standings

Hermantown	6-0	8-2
Cloquet	5-1	9-2
Proctor	4-2	9-3
International Falls	3-3	4-5
Greenway/Nashwauk-Keewatin	2-4	2-7
Hibbing	1-5	2-7
Virginia	0-6	0-9

South Central Conference Standings

Waseca	5-0	9-1
Fairmont	4-1	8-3
St. Peter	3-2	5-4
Blue Earth Area	2-3	6-4
St. James Area	1-4	2-7
New Ulm	0-5	0-9

South Suburban Conference Standings

Rosemount	7-0	11-2
Prior Lake	6-1	7-3

"THE KEEPERS OF THE GAME"

Lakeville North	6-2	8-3
Lakeville South	4-3	6-4
Eastview	4-4	6-5
Apple Valley	3-4	6-6
Bloomington Jefferson	3-4	3-6
Burnsville	2-5	2-7
Eagan	2-6	2-7
Bloomington Kennedy	0-8	1-9

Southeast Conference Standings

Grand Meadow	6-1	13-1
Spring Grove	6-1	9-2
Lanesboro	6-1	8-2
Mabel-Canton	4-3	4-5
Houston	3-4	4-6
LeRoy-Ostrander	2-5	3-6
Lyle-Pacelli	1-6	1-8
Glenville-Emmons	0-7	0-9

Southern Confederacy Conference - East Standings

Nicollet	8-0	11-1
Madelia	6-2	8-3
Granada-Huntley-EC/Truman	5-3	6-4
Janesville-Waldorf-Pemberton	5-3	5-4
Cleveland	3-5	3-6
Randolph	1-7	2-8
Alden-Conger	0-8	0-9

Southern Confederacy Conference - West Standings

Mountain Lake Area	8-0	11-1
Edgerton/Ellsworth	7-1	8-2
Hills-Beaver Creek	5-3	6-4
Westbrook-Walnut Grove	5-3	5-4
Fulda	2-6	2-7
Renville County West	1-7	1-8
Southwestern United	0-8	0-8

Southern Football Alliance - Blue Standings

Caledonia	8-0	10-1
Chatfield	7-1	13-1
Rushford-Peterson	6-2	6-3
Hayfield	4-4	4-5
Fillmore Central	3-5	4-6
Goodhue	3-5	3-6
Wabasha-Kellogg	3-5	3-6
Southland	2-6	3-7
Kingsland	0-8	0-9

Southern Football Alliance - Red Standings

Rochester Lourdes	7-1	10-2
Kasson-Mantorville	7-1	9-2
Stewartville	7-1	8-2
Plainview-Elgin-Millville	5-3	6-4

La Crescent	3-5	4-6
Lake City	3-5	3-6
Cannon Falls	2-6	4-7
Byron	2-6	3-7

Southern Football Alliance - White Standings

Triton	7-1	8-2
Pine Island	6-2	9-3
Lewiston-Altura	5-3	6-4
Zumbrota-Mazeppa	4-4	4-5
Kenyon-Wanamingo	3-5	4-6
St. Charles	2-6	2-7
Winona Cotter	1-7	1-8
Dover-Eyota	0-8	0-9

Southern Minnesota Conference Standings

Sleepy Eye Saint Mary's	8-0	12-1
Wabasso	7-1	9-2
Martin County West	7-1	8-2
New Ulm Cathedral	5-3	7-4
Springfield	4-4	5-5
Minnesota Valley Lutheran	4-4	4-5
Buffalo Lake-Hector-Stewart	2-6	2-7
Red Rock Central	2-6	2-7
Cedar Mountain/Comfrey	1-7	2-8
Sleepy Eye	0-8	0-9

Southwest Conference Standings

Jackson County Central	6-0	10-2
Marshall	5-1	6-4
Luverne	3-3	6-4
Worthington	3-3	3-6
Pipestone Area	2-4	3-6
Redwood Valley	1-5	2-7
Windom Area	1-5	2-7

St. Paul City Conference Standings

St. Paul Central	5-0	8-1
St. Paul Highland Park	4-1	7-3
St. Paul Johnson	3-2	4-5
St. Paul Harding	2-3	3-6
St. Paul Como Park	1-4	3-7
St. Paul Humboldt	0-5	1-8

Suburban East Conference Standings

East Ridge	7-1	8-2
Roseville	6-2	9-3
Cretin-Derham Hall	6-2	7-3
Mounds View	6-2	7-3
White Bear Lake	4-4	4-5
Hastings	3-5	3-6
Park of Cottage Grove	3-5	3-6
Stillwater Area	3-5	3-6
Woodbury	2-6	2-7
Forest Lake	0-8	0-9

Top of the State Conference Standings

Kittson County Central	7-0	12-1
Goodridge/Grygla	6-1	7-2
Stephen-Argyle	5-2	5-4
Clearbrook-Gonvick	4-3	5-5
Badger/Greenbush-Middle River	3-4	3-6
Climax/Fisher	2-5	2-7
Northern Freeze	1-6	1-8
Sacred Heart	0-7	0-8

Tri-Metro East Conference Standings

St. Croix Lutheran	5-1	11-2
St. Agnes	4-2	7-3
Concordia Academy-Roseville	3-5	4-6
New Life Academy	2-6	2-7
St. Anthony Village	1-5	2-7
Brooklyn Center	1-6	2-7

Tri-Metro West Conference Standings

DeLaSalle	5-0	10-2
Blake	7-1	8-2
Minnehaha Academy	6-2	6-3
Providence Academy	4-4	4-5
Breck	3-4	5-5
St. Paul Acad./Mounds Park Aca	0-5	2-7

West Central Conference Standings

Paynesville Area	8-0	10-1
Atwater-Cosmos-Grove City	6-2	7-3
BOLD	6-2	7-3
Melrose	5-3	6-4
Minnewaska Area	5-3	5-4
Sauk Centre	4-4	5-5
Montevideo	2-6	2-7
Morris Area/Chokio-Alberta	2-6	2-7
Benson	1-7	1-8
Yellow Medicine East	1-7	1-8

Wright County Conference - East Standings

Hutchinson	5-0	13-0
Delano	4-1	10-2
Orono	3-2	7-3
Holy Family Catholic	1-4	3-7
Mound-Westonka	1-4	1-8
Waconia	1-4	1-8

Wright County Conference - West Standings

Glencoe-Silver Lake	4-0	8-3
New London-Spicer	3-1	10-3
Annandale	2-2	7-4
Litchfield	1-3	3-7
Dassel-Cokato	0-4	2-8

COMPETITIVE SECTION ASSIGNMENTS FOR 2014

Class: 6A

SECTION: 3

8 teams in this section

Eagan High School
Eastview High School
Farmington High School
Lakeville North High School
Lakeville South High School
Park High School
Rosemount High School
Coop: 71 "Burnsville H.S."
Burnsville High School (HOST)
Watters Family Homeschool

SECTION: 4

8 teams in this section

Cretin-Derham Hall High School
East Ridge High School
Forest Lake High School
Mounds View High School
Roseville Area High School
Stillwater Area High School
White Bear Lake Area High School
Woodbury High School

SECTION: 5

8 teams in this section

Blaine High School
Centennial High School
Champlin Park High School
Coon Rapids High School
Maple Grove High School
Totino-Grace High School
Coop: 14 "Anoka H.S."
Anoka High School (HOST)
Legacy Christian Academy
PACT Charter School
Coop: 342 "Osseo"
Maranatha Christian Academy
Osseo High School (HOST)

SECTION: 6

8 teams in this section

Eden Prairie High School
Edina High School
Hopkins High School

Minnetonka High School
Prior Lake High School
Robbinsdale Armstrong High School
Shakopee High School
Wayzata High School

Class: 9MAN

SECTION: 1

8 teams in this section

Glenville-Emmons High School
Grand Meadow High School
Houston High School
Lanesboro High School
LeRoy-Ostrander High School
Mabel-Canton High School
Coop: 262 "Lyle-Pacelli"
Austin Pacelli High School
Lyle High School (HOST)
Coop: 432 "Spring Grove H.S."
Gerdes Home School
Spring Grove High School (HOST)

SECTION: 2

8 teams in this section

Alden-Conger High School
Cleveland High School
Madelia High School
MetroTech Career Academy
Minnesota State Academy for the Deaf
Nicollet High School
Randolph High School
Coop: 453 "GHEC/Truman"
Granada-Huntley-East Chain H.S.
Truman High School (HOST)

SECTION: 3

8 teams in this section

9MAN Map
Administered by Region 3A Clinton-
Graceville-Beardsley H.S.
Fulda High School
Hancock High School
Hills-Beaver Creek High School
Renville County West High School
Westbrook-Walnut Grove High School
Coop: 142 "Edgerton/Ellsworth"

Classification Enrollments

9 Man	165 and under
A	166-204
AA	205-317
AAA	318-499
AAAA	500-942
AAAAA	943-1667
AAAAAA	1668-2979

Edgerton High School (HOST)
Ellsworth High School
Coop: 316 "Mountain Lake Area"
Mountain Lake High School (HOST)
Mt. Lake Christian High School

SECTION: 4

9 teams in this section
Bertha-Hewitt High School
Isle High School
Onamia High School
Underwood High School
Verndale High School
Coop: 20 "Ashby H.S."
Ashby High School (HOST)
Destiny Academy
Coop: 76 "Tri-State Tigers"
Campbell-Tintah High School (HOST)
Coop: 154 "Brandon/Evansville"
Brandon High School
Evansville High School (HOST)
Coop: 484 "Wheaton Herman Norcross"
Herman-Norcross High School
Wheaton High School (HOST)

SECTION: 5

9 teams in this section
Carlton High School
Cherry High School
Cromwell High School
Floodwood High School
Hill City High School
McGregor High School
Silver Bay (Wm. Kelley) High School
Wrenshall High School
Coop: 7 "South Ridge H.S."
Cotton High School (South Ridge)

South Ridge High School (HOST)

SECTION: 6

9 teams in this section

Ada-Borup High School

Cass Lake-Bena High School

Nevis High School

Northland High School

Park Christian High School

Rothsay High School

Waubun High School

Coop: 213 "Hillcrest Lutheran Academy"

Hillcrest Lutheran Academy (HOST)

Synsteliem Home School

Wangerin Home School

Wentzel Home School

Coop: 456 "NCE/UH Titans"

Norman County East High School

Ulen-Hitterdal High School (HOST)

SECTION: 7

9 teams in this section

Bigfork High School

Chisholm High School

Ely High School

Lake of the Woods H.S.

Littlefork-Big Falls High School

Mountain Iron-Buhl High School

Coop: 27 "Northeast Range"

Northeast Range High School (HOST)

Tower-Soudan High School (Northeast)

Coop: 107 "Cook-Orr"

North Woods High School (HOST)

Orr High School (North Woods)

Coop: 235 "Kelliher/Northome"

Kelliher High School (HOST)

Northome High School

SECTION: 8

9 teams in this section

Clearbrook-Gonvick High School

Norman County West High School

Stephen-Argyle Central High School

Warren-Alvarado-Oslo High School

Win-E-Mac High School

Coop: 138 "Sacred Heart H.S."

Krueger Homeschool

Sacred Heart High School (HOST)

Coop: 165 "Climax/Fisher"

Climax High School

Fisher High School (HOST)

Coop: 196 "Goodridge/Grygla-Gatzke"

Goodridge High School

Grygla-Gatzke High School (HOST)

Coop: 197 "Kittson County Central"

Kittson Central High School (HOST)

Lancaster High School

Class: A

SECTION: 1

8 teams in this section

Bethlehem Academy

Blooming Prairie High School

Fillmore Central High School

Goodhue High School

Kingsland High School

Rushford-Peterson High School

Southland High School

Wabasha-Kellogg High School

SECTION: 2

8 teams in this section

Janesville-Waldorf-Pemberton H.S.

Mankato Loyola High School

Minnesota Valley Lutheran

New Ulm Cathedral High School

Sleepy Eye High School

Sleepy Eye Saint Mary's High School

Springfield High School

Coop: 81 "Cedar Mountain/Comfrey"

Cedar Mountain High School (HOST)

Comfrey High School

SECTION: 3

7 teams in this section

Adrian High School

Murray County Central High School

Red Rock Central High School

Saint Clair High School

Tracy-Milroy-Balaton High School

United South Central High School

Coop: 424 "Southwestern United

Wildcats"

Round Lake-Brewster (HOST)

Southwest Star Concept H. S.

SECTION: 4

8 teams in this section

Atwater-Cosmos-Grove City H.S.

Belgrade-Brooten-Elrosa H.S.

Buffalo Lake-Hector-Stewart High

School

Kerkhoven-Murdock-Sunburg H.S.

Kimball Area High School

Mayer Lutheran High School

Minneapolis North Community H.S.

Coop: 254 "Lester Prairie \ Holy Trinity"

Holy Trinity High School

Lester Prairie High School (HOST)

SECTION: 5

8 teams in this section

Canby High School

Dawson-Boyd High School

Lac qui Parle Valley High School

Lakeview High School

MACCRAY High School

Ortonville High School

Russell-Tyler-Ruthton High School

Wabasso High School

SECTION: 6

8 teams in this section

New York Mills High School

Pillager High School

Pine River-Backus High School

Royalton High School

West Central Area School

Coop: 67 "Browerville H.S."

Browerville High School (HOST)

St. John Vianney Academy

Coop: 346 "Prairie Valley Nighthawks"

Eagle Valley High School

Parkers Prairie High School (HOST)

Coop: 458 "Upsala/Swanville"

Swanville High School

Upsala High School (HOST)

SECTION: 7

8 teams in this section

Barnum High School

Blackduck High School

Braham High School

Cook County High School

Deer River High School

East Central High School

Ogilvie High School

Walker-Hackensack-Akeley H.S.

SECTION: 8

8 teams in this section

Fertile-Beltrami High School

Fosston High School

Lake Park-Audubon

Mahnomen High School

Red Lake High School
 Coop: 193 "Badger/GB-MR"
 Badger High School
 Greenbush-Middle River High School (HOST)
 Coop: 277 "Northern Freeze"
 Marshall County Central H. S. (HOST)
 Tri-County High School
 Coop: 368 "Red Lake County Rebels"
 Red Lake County Central
 Red Lake Falls High School (HOST)

Class: AA

SECTION: 1

8 teams in this section
 Caledonia High School
 Chatfield High School
 Dover-Eyota High School
 Hayfield High School
 Lewiston-Altura High School
 Saint Charles High School
 Triton High School
 Coop: 491 "Cotter High School"
 Cotter High School (HOST)
 Hope Lutheran High School

SECTION: 2

8 teams in this section
 G-F-W High School
 Kenyon-Wanamingo High School
 LeSueur-Henderson High School
 Medford High School
 Norwood-Young America High School
 Pine Island High School
 Waterville-Elysian-Morristown H.S.
 Zumbrota-Mazeppa High School

SECTION: 3

9 teams in this section
 Jackson County Central High School
 Lake Crystal-Wellcome Memorial
 Luverne High School
 Maple River High School
 Martin County West High School
 New Richland-H-E-G H.S.
 Pipestone Area High School
 Windom Area High School
 Coop: 399 "Saint James Area"
 Butterfield-Odin High School
 Saint James High School (HOST)

SECTION: 4

7 teams in this section
 Brooklyn Center High School
 Concordia Academy-Roseville
 Howard Lake-Waverly-Winsted H.S.
 Maple Lake High School
 Minneapolis Edison High School
 Saint Paul Humboldt High School
 Spectrum High School

SECTION: 5

8 teams in this section
 B O L D High School
 Benson High School
 Eden Valley-Watkins High School
 Minnewaska Area H.S.
 Paynesville Area High School
 Sauk Centre High School
 Yellow Medicine East H.S.
 Coop: 299 "Minneota/Lincoln HI"
 Lincoln H I High School
 Minneota High School (HOST)

SECTION: 6

8 teams in this section
 Breckenridge High School
 Holdingford High School
 Long Prairie-Grey Eagle H.S.
 Osakis High School
 Pelican Rapids High School
 Staples-Motley High School
 Wadena-Deer Creek High School
 Coop: 35 "Ottertail Central Bulldogs"
 Battle Lake High School (HOST)
 Henning High School

SECTION: 7

6 teams in this section
 Crosby-Ironton High School
 Eveleth-Gilbert High School
 Hinckley-Finlayson High School
 Mesabi East High School
 Rush City High School
 Coop: 308 "Moose Lake/Willow River"
 Moose Lake High School (HOST)
 Willow River High School

SECTION: 8

7 teams in this section
 Bagley High School
 Barnesville High School
 Crookston High School
 Frazee High School

Hawley High School
 Warroad High School
 Coop: 284 "United North Central Warriors"
 Menahga High School (HOST)
 Sebeka High School

Class: AAA

SECTION: 1

7 teams in this section
 Cannon Falls High School
 Jordan High School
 La Crescent High School
 Lake City High School
 Plainview-Elgin-Millville High School
 Rochester Lourdes High School
 Tri-City United High School

SECTION: 2

7 teams in this section
 Breck School
 Glencoe-Silver Lake High School
 Watertown-Mayer High School
 Coop: 293 "Henry H.S. / West Metro"
 FAIR School
 Minneapolis Patrick Henry H. S. (HOST)
 Coop: 379 "Rockford High School"
 Rockford High School (HOST)
 Singh Academy Home School
 Coop: 480 "West Lutheran/Southwest Christian"
 Southwest Christian
 West Lutheran High School (HOST)
 Coop: 689 "Providence Academy"
 Heritage Christian Academy
 Providence Academy (HOST)

SECTION: 3

6 teams in this section
 Belle Plaine High School
 Blue Earth Area High School
 Fairmont High School
 Saint Peter High School
 Sibley East High School
 Worthington High School

SECTION: 4

6 teams in this section
 Columbia Heights High School
 Saint Croix Lutheran High School
 Saint Paul Como Park H.S.

"THE KEEPERS OF THE GAME"

Coop: 294 "Minneapolis Roosevelt H.S."
El Colegio Charter School
Minneapolis Roosevelt High School (HOST)
Coop: 298 "Minnehaha Academy"
Hope Academy
Minnehaha Academy (HOST)
Coop: 389 "Saint Agnes H.S."
Nova Classical Academy
St. Agnes High School (HOST)

SECTION: 5

7 teams in this section
Aitkin High School
Foley High School
Milaca High School
Mora High School
Pierz High School
Pine City High School
Coop: 395 "St. Cloud Cathedral"
Saint Cloud Cathedral High School (HOST)
Saint Cloud Christian School

SECTION: 6

7 teams in this section
Annandale High School
Litchfield High School
Melrose Area High School
Montevideo High School
New London-Spicer High School
Redwood Valley High School
Coop: 310 "Morris Area/Chokio-Alberta"
Chokio-Alberta High School
Morris Area School (HOST)

SECTION: 7

7 teams in this section
Esko High School
International Falls H.S.
Proctor High School
Two Harbors High School
Virginia High School
Coop: 131 "Marshall School, Duluth"
Lakeview Christian Academy
Marshall School, Duluth (HOST)
Coop: 194 "Greenway Naskwauk Keewatin"
Greenway High School (HOST)
Nashwauk-Keewatin High School

SECTION: 8

6 teams in this section

Dilworth-Glyndon-Felton H.S.
East Grand Forks High School
Park Rapids Area High School
Pequot Lakes High School
Perham High School
Roseau High School

Class: AAAA

SECTION: 1

6 teams in this section
Albert Lea High School
Byron High School
Kasson-Mantorville High School
Red Wing High School
Stewartville High School
Winona High School

SECTION: 2

6 teams in this section
Dassel-Cokato High School
Hutchinson High School
Mankato East High School
Marshall High School
New Ulm High School
Waseca High School

SECTION: 3

6 teams in this section
Academy of Holy Angels
Holy Family Catholic High School
Minneapolis South High School
Richfield High School
Saint Paul Highland Park
Coop: 403 "St. Paul Academy and Summit School"
Great River School
Mounds Park Academy
St. Paul Academy and Summit School (HOST)
Twin Cities Academy High School

SECTION: 4

6 teams in this section
Hill-Murray School
North Branch High School
Saint Paul Johnson High School
South Saint Paul High School
Coop: 372 "New Life Academy/St. Croix Preparatory Academy"
Bethany Academy
Larson Home School
Master's Academy Home School

New Life Academy of Woodbury (HOST)
St. Croix Preparatory Academy
Coop: 406 "Saint Paul Harding H.S."
Community of Peace Academy
Saint Paul Harding High School (HOST)

SECTION: 5

6 teams in this section
Becker High School
Big Lake High School
Delano High School
Mound Westonka High School
Orono High School
Zimmerman High School

SECTION: 6

6 teams in this section
Benilde-St. Margaret's School
Blake School (The)
DeLaSalle High School
Fridley High School
Park Center High School
St. Anthony Village High School

SECTION: 7

6 teams in this section
Cloquet High School
Duluth Denfeld High School
Grand Rapids High School
Hermantown High School
Hibbing High School
Princeton High School

SECTION: 8

6 teams in this section
Albany High School
Detroit Lakes High School
Fergus Falls High School
Little Falls High School
Rocori High School
Thief River Falls High School

Class: AAAAA

SECTION: 1

6 teams in this section
Austin High School
Faribault High School
Owatonna High School
Rochester Century High School
Rochester John Marshall
Rochester Mayo High School

SECTION: 2

6 teams in this section
 Chanhassen High School
 Chaska High School
 Mankato West High School
 New Prague High School
 Northfield High School
 Waconia High School

SECTION: 3

6 teams in this section
 Apple Valley High School
 Bloomington Jefferson High School
 Bloomington Kennedy High School
 Minneapolis Southwest High School
 Minneapolis Washburn High School
 Saint Louis Park High School

SECTION: 4

6 teams in this section
 Andover High School
 Irondale High School
 Mahtomedi High School

North High School
 Robbinsdale Cooper High School
 Spring Lake Park High School

SECTION: 5

6 teams in this section
 Hastings High School
 Henry Sibley High School
 Saint Thomas Academy
 Simley High School
 Tartan High School
 Coop: 404 "Saint Paul Central"
 Avalon School
 Saint Paul Central High School (HOST)
 Saint Paul Open School

SECTION: 6

6 teams in this section
 Buffalo High School
 Elk River High School
 Monticello High School
 Rogers High School
 Saint Michael-Albertville H.S.

Willmar High School

SECTION: 7

6 teams in this section
 Bemidji High School
 Brainerd High School
 Cambridge-Isanti High School
 Chisago Lakes Area High School
 Duluth East High School
 Saint Francis High School

SECTION: 8

6 teams in this section
 Moorhead High School
 Saint Cloud Apollo High School
 Sartell-Saint Stephen High School
 Sauk Rapids-Rice High School
 Coop: 10 "Alexandria H.S."
 Alexandria High School (HOST)
 New Testament Christian School
 Coop: 396 "Saint Cloud Tech"
 Saint Cloud Tech High School (HOST)
 Saint John's Prep

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COMMUNITY SERVICE AWARD – FOOTBALL IS MORE THAN JUST A GAME

Coaches can make a significant impact on their players, school, community, and world through the community service award by conducting a community service project.

Minnesota Football Coaches Association Community Service Award Guide

The Community Service Award began in 2008. The award encourages teams to display their student-athletes' service while portraying qualities of leadership, community, and giving to others. Giving, without the expectation of receiving anything in return, is a powerful quality that can be instilled in our young men.

It is great to see teams seek this award. More importantly, it is great to see how teams contribute to our communities, state, country, and world. We are happy to share the good things that our programs, led by our coaches, do for student-athletes and society. If your team does a community service activity of any kind, please fill out the online form. The form is simple, but the message it will send can be resounding.

If your program has not conducted a community service activity, please consider one. No act is too small when it comes to giving back. Please view the work of recognized teams on the MFCA website. Moreover, consider the following community service ideas and organizations:

- Food shelf, Food drive
- School mentoring
- Elementary reading
- DARE volunteers
- Flood prep and relief
- Hospitals/ hospice
- Nursing homes



- Public Safety Departments
- Environmental projects
- Community cleanup day
- Walk/Runs
- Drug
- Alcohol
- Violence
- Abuse education
- Blood drives
- Adopt a member of a nursing home
- Adopt a Highway
- Animal Shelters/ zoos
- Raise money for a charity
- Compete with a rival to fundraise for charity
- Youth football camps or leagues
- Work food or soup lines
- Serve area schools and parks
- Contact your town hall for needs
- Raise money for school supplies

Do not underestimate the difference that a community service experience can have on your communities and team. More often than not, those who gain the most are the young men performing the

service. If you need any assistance, please contact Beau LaBore, MFCA Community Service Committee Chair, at laboreb@stillwater.k12.mn.us.

2013 Community Service Award: A Birthday Request

On the first day of the football season, Ashby's new head football coach, Jeff Risbrudt, called his players into his classroom for a meeting. Risbrudt required that his players come in clean, showered, and dressed appropriately. Typically on the first day of high school football in Minnesota, teams head for the practice field. However, at Ashby High School, they started things differently.

When all 25 players gathered, the team took the one-mile walk to the town's assisted living facility. They chose to start the season off by putting others before themselves. The players were placed in groups of three or four, with one high school senior leading each group. Each group was then paired with one or two residents at the Ashby Living Center for the team's Adopt-a-Grandparent Club.

"I got the idea from my dad when he was

coaching football at Fergus Falls High School," said the younger Coach Risbrudt. Richard Risbrudt, now retired from coaching, coached football for thirty-seven years in the high school ranks for Hillcrest Lutheran Academy and Fergus Falls High School, amassing over 200 wins in his career. "I knew from my dad that winning on the field wasn't the only thing he cared about as a head football coach. My dad was in the business of making his players into better sons, better men, and better husbands someday and I wanted to incorporate that into my own football program. When I came to Ashby, I wanted to show the Ashby community that our football team wanted to win off the field first."

Every Monday for the first 10 weeks of the season, the Ashby Arrows team took the walk down to the living center to visit their "adopted grandparent." Each week, the players and their grandparents shared snacks while talking about their pasts and their childhoods. Players would also play piano for the residents, compete in trivia and board games, and even carved pumpkins for Halloween. Each week, the players took more and more responsibility of being there for their grandparents. When Ashby's football season ended with a first-round playoff loss, it seemed that since their season was over, there would be no more visits to the living center. However, one day Coach Risbrudt received a text message from one of the workers at the Living Center with a request.

Because of a data entry error, the living center missed a resident's birthday. That resident was a Vietnam Veteran named Sam. Sam had been an adopted grandparent to one of the football groups. The worker told Coach Risbrudt that the only thing Sam wanted for his birthday was to share some birthday cake with the football boys. After relaying the message to the team, every player (not just the ones in Sam's group) walked down to the living center to celebrate Sam's belated birthday. The team enjoyed one more visit with the residents and to reflect on the fall. Sadly, Sam passed away a few weeks later.



"In his honor, the team wrote a letter to Sam's family thanking them for the opportunity they had to be with Sam for 11 visits," Coach Risbrudt said. "Not only will the Ashby football team remember Sam, they will also remember the meaningful conversations, shared laughs, and relationships built with the elderly in their community that season."

There are many life lessons that can be learned in the game of football, but there are also many life lessons that can be learned as a team, off the field, as well. "Without the hearts of our football players, 'Adopt a Grandparent' would

have been a good community service idea," reflected Risbrudt. "Instead, our young men made a difference in our community. I think their actions will inspire not only other football teams, but all other sports teams, to make a difference in their communities, off the playing field."

COMMUNITY SERVICE RECOGNITION

MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Beau LaBore, 5701 Stillwater Blvd. N, Stillwater, MN 55082-5476 or e-mail laboreb@stillwater.k12.mn.us

Head Coach _____
first middle last

School Address _____ City/Zip Code _____

E-mail _____ Home phone _____ Work phone _____

Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Conference _____

COMMUNITY SERVICE PROJECT

Supervisor: _____ Date(s): _____ Number of players involved: _____

Describe Project: _____

Purpose/Goal: _____

Community Feedback: _____

Submitted by: _____ Head Football Coach _____

MFCA SCHOLARSHIP

Twelve Minnesota high school football players received scholarships this past season in recognition of their fine play on the field and academic excellence in the classroom. The players will receive a \$500 scholarship for this upcoming school year.

Each of the scholarships is named for a Minnesota high school football coach who had a significant impact on high school football and the coaches association.

2014 Winners

Tom Mahoney (Fairmont)
Scholarship Winner: Andrew Olsonawski-Lancaster School

Don Swanson (MPLS Henry)
Scholarship Winner: Tobias Knight-Washburn

Les Dreschsel (Ada) **Scholarship Winner: Simon Kasper- Fergus Falls High School**

David Nigon (TG) **Scholarship Winner: Cody Tucholke-Bloomington Jefferson**

Al Siegle (Pelican Rapids)
Scholarship Winner: Michael Strand- Burnsville

Andy Nelson (Lake Benton)
Scholarship Winner: Schuyler Thompson- Plainview-Elgin-Millville

Steve Silianoff (South St. Paul)
Scholarship Winner: Nickolas Ruark- Farmington HS

Dave Hylla (Proctor) **Scholarship Winner: Jacob Eaton-Roseau High School**

Bob Peterson (Esko) **Scholarship Winner: Jeffrey Fasching-St.Cloud Cathedral**

Dale Scholl (Redwood)
Scholarship Winner: Steele Spilde-Tri-county HS

Warren Olson (Brooklyn Center)
Scholarship Winner: Austin Swenson- Spring Lake Park HS

Jim Gustafson (Albert Lea)
Scholarship Winner: Jerricho Braun- St.Charles

John Gross (Medford) Scholarship
Winner: Drew Glenzinski-Bethlehem Academy

Jim Simser (Fairmont) Scholarship
Winner: Carter McCauley-Owatonna HS

Ron Scott (Coon Rapids)
Scholarship Winner: Derek McLaughlin- Andover HS

Dick Walker (Richfield)
Scholarship Winner: Luke Melander- Holy Family Catholic HS

"How football has impacted my life"

"Or we liked to call it "Miller Pride". I learned the importance of taking pride in what you do and how you do it. We represented not only our team but also our school and our families."

-Tobias Knight, Washburn

"Football has kept me interested in being the best I could be on the field and in the classroom. I will use my football experience to help shape and influence my life's decisions."

-Simon Kasper, Fergus Falls High School

"In the wide world of sports, there is no other sport quite like football. Football has taught me so much about life. For one, I have learned from football that you can't always do everything by yourself. You play as a team and you win as a team."

- Michael Strand, Barnesville High School

"Based on my football experiences, I learned what it means to be a competitor. A competitor is someone who doesn't quit on the path to success when there are bumps in the road, but rather, he embraces the challenge to fight and make himself stronger. And this is what football has showed me how to be, a competitor."

-Cody Tucholke, Bloomington Jefferson

"Playing football has trained me to stay calm under pressure and maintain focus on goals. I have learned that success in football, and life, is not so much about physical toughness as it is about mental toughness."

-Andrew Olsonawski, Lancaster School

"Football is so much more than just a sport. Football is a life experience that has taught me how to live and be a man."

-Drew Glenzinski, Bethlehem Academy

"I have transformed into a better teammate, friend, role model, and football player because of how much my leadership skills have improved over my football career."

-Jerricho James Braun, St. Charles High School

"The biggest lesson that football taught me is that pushing through the short term grind has long term payoffs, such as better grades or athleticism."

-Luke Melander, Holy Family Catholic High school

"Baseball, soccer and football are all team sports but I soon began to realize that the team environment surround football was quite a bit different. It felt more like a family

than just a team that happens to play together."

-Carter McCauley, Owatonna High School

"You need 11 guys on the field working with the same goals, mindset, and passion for the game if you sincerely want a successful team. In other sports, star athletes have carried teams into good records and remarkable playoff runs. This rarely happens in football, showing what a true and honest team effort is needed to be successful."

-Derek McLaughlin, Andover High

"Lastly, football has taught me to give it all I had, to be the best I could, so when I jogged off the field for the last time, I knew that I left it all on the field."

-Austin Swenson, Spring Lake Park High School

"I had to learn how to overcome bigger players, pain, adversity and other hardship on the field. Football is just a great way to teach kids self-discipline, because if you don't learn, you're going to get run over."

-Steele Spilde, Tri-County HS

"The experiences I have had in football have made me a better person. Whether it be losing a

tough game, or winning on a last second touchdown, every experience I have had has been fulfilling and I am glad to have played the sport of football."

-Jeffrey Fasching, St. Cloud Cathedral

"The sport of football has played a positive role in my development, including my academic achievement, my higher self-esteem, my competence, confidence, connection's and character and caring. These are all critical steps of development that occur from childhood to adulthood."

-Jacob Eaton, Roseau High School

"It has shaped the way I live in more than one aspect. It has instilled values and qualities into my personality that will ultimately allow me to be a successful person and prosper later on in life."

-Nickolas Ruark, Farmington HS

"Our coaches really make football more than just a game. They use football to teach us the importance of teamwork, good sportsmanship, hard work, determination, responsibility, respect, and having a good attitude in all aspects of life not just football."

-Schuyler Thompson, Plainview-Elgin-Millville HS

MINNESOTA

FOOTBALL COACHES ASSOCIATION

SCHOLARSHIP

The Minnesota Football Coaches Association will award scholarships to students who are currently enrolled in a Minnesota High School and are members of their high school football team.

Eligibility

- Applicant must plan to be enrolled in college for the 2014-2015 academic year.
- A minimum grade point average of 3.0 (B) is required. The student's high school transcript must accompany the application.
- Student must write a 250 word essay that describes how the sport of football has impacted their life.
- Essay must be typed.
- Application must be accompanied by two letters of recommendation from high school faculty members familiar with the student's academic and extra-curricular achievements.
- Head Football Coach must be a member of the MFCA.

Submission of Application

Submit the application and all other material required to:

MFCA Football Scholarship
Attn: Will Wackman
8001 Able St
Spring Lake Park, MN 55432

Applications must be postmarked by March 1, 2015

Application will be judged on the following criteria

1. Academics
2. School/Community Involvement
3. Essay
4. Athletic Achievement
5. Letters of Recommendation

Notification and payment

The scholarship winner will be chosen by a committee of MFCA members and will be announced by May 15, 2015. The check will be mailed to the college during the summer of 2015 following verification of enrollment.

For Additional Information:

Contact Will Wackman
8001 Able St., Spring Lake Park, MN 55432
Tel. (763) 786-5571 x 5126
wwackm@district16.org

MINNESOTA

FOOTBALL COACHES ASSOCIATION SCHOLARSHIP

Name: _____ School: _____

Permanent Address: _____

City/State/Zip: _____ Telephone: _____

E-mail: _____

School Address: _____

City/State/Zip: _____ Telephone: _____

SSN#: _____ Head Coach's Name: _____

Grade Point Average: _____ (on a 4.0 scale) ACT Composite Score: _____

Anticipated date of Graduation: _____ College Choice: _____

Verification of Application

By signing below, the student confirms that the information provided is accurate and that the essay was written by that same student. The student also asserts to his/her intent to attend a university or college in the fall of 2015. The school official confirms that all the information above is accurate and up-to-date.

Student Signature _____

School Official: _____ Signature: _____

Title: _____ Phone: _____

NOTE THESE ITEMS MUST BE RECEIVED WITH APPLICATION FORM:

- Official High School Transcript
- 250 Word Essay
- Two letters of Recommendation
- Activities Resume (including Athletic Achievement and School/Community Involvement)



MR. FOOTBALL AWARD



An annual award recognizing Minnesota's best high school football player

SPONSORED BY:

Minnesota Football Coaches Association and the Minnesota Vikings

NOMINATION FORM

Award Criteria

- The recipient must be a graduating senior
- The head coach of all nominees must be a current member of the MFCFA
- Nominees cannot have any MSHSL Eligibility violations from grade 9-12
- Each player must have their nomination approved by their conference and the MFCFA Conference Rep will pass the nominee on to the committee chair
- Conference Nominations
 - Class 6A and 5A conferences will be allowed to nominate two players.
 - Class 4A, 3A, 2A, 1A and 9Man conferences will nominate one player.

Selection Process

- Conference Reps e-mail Rick Sutton with selections by Nov. 7 (Friday of State Quarter-Final Week)
- Head Coach must submit nomination forms to Rick Sutton by Nov. 7
- Selection committee evaluates nominees and chooses 10 finalists on or about November 8th
- Each finalist will have a committee member assigned as an evaluator
- The ten finalists will be required to submit two complete game films and a highlight film to the committee, preferably through HUDL
- Mr. Football Banquet will be held Sunday, November 30th at the Doubletree Park Place

Coaches are to e-mail, fax or mail the nomination materials to the committee chair:

Mr. Football Committee Chairman

Rick Sutton, Eagan

Eagan High School, 4185 Braddock Trail

Eagan, MN 55123

Fax: 651.683.6910

Work: 651.683.6900

Cell: 612.860.6624

Mr. Football Committee

Chairman Rick Sutton, Eagan; Jeff Bernards, Kasson-Mantorville; Jim Dotseth, Retired Coaches Representative; Mike Gindorff, Crosby-Ironton; Scott Gonnerman, Benson; Giovan Jenkins, Washburn; Mike Hennen, Cambridge-Isanti; Dwight Lundeen, Becker; Tom Murphy, Nicollet; Will Wackman, Spring Lake Park, Jeff Weiland, Orono

Download nomination form at: www.mshsca.org/football/mrfb.pdf

MR. FOOTBALL 2013-14, JEFFREY JONES



MR. FOOTBALL

Jeffrey Jones, Minneapolis Washburn



MR. FOOTBALL FINALISTS

Jeffrey Jones, a running back, slot back and safety from Minneapolis Washburn High School (Minneapolis City Conference) was named Mr. Football for 2013 by the Minnesota Football Coaches Association (MFCA). The award was presented at the Mr. Football Banquet on Sunday December 8 at the Doubletree Hotel in St. Louis Park.

First presented in 2004, the Mr. Football Award is an annual award recognizing Minnesota's best high school football player. The Mr. Football Award is sponsored by the Minnesota Football Coaches Association and the Minnesota Vikings.

Jeffrey Jones is the tenth player to receive the Mr. Football Award and the first from the Minneapolis City Conference. His head coach at Minneapolis Washburn was Giovan Jenkins.

Here are some highlights from Jeffrey Jones' outstanding high school football career:

- Four-year Letter winner
- Four-year starter
- Four-year All-Conference selection - Minneapolis City Conference
- Two-time Minneapolis player of the year
- Two-time Offensive player of the year - Minneapolis City Conference
- Career rushing: 532 attempts for 4,668 yards, 77 touchdowns
- 92 career touchdowns (77 rushing, 13 receiving, 2 returns)
- 2013 Associated Press First Team All-State selection
- 2013 Star Tribune All-Metro First Team selection
- 2013 KARE 11 All-Metro Offensive Team selection
- 2013 Minnesota Vikings All-State selection
- Selected to play in the 2014 Under Armour All-American Game (a national high school all-star game) in Tampa, FL

The other 9 finalists for the 2013 Mr. Football Award in alphabetical order were:

Tory Adams, Hutchinson, RB/S, Wright County, 4A

Matt Christenson, Nicollet, OL/RB/LB, Southern Confederacy - East, 9-Man

Ejodamen Ejiya, Spring Lake Park, LB/RB, North Suburban, 5A

Robert Olson, Eden Prairie, OL, Lake, 6A

Jacques Perra, Roseville, QB, Suburban East, 6A

Andrew Stelter, Owatonna, DL/OL, Big 9, 5A

Michael Strand, Barnesville, RB/DB/K/Ret, Prairie North, 2A

Ezra Szczyrbak, Moose Lake/, Willow River, OL/DL, Great Polar White, 2A

Blake Weber, Prior Lake, LB/RB, South Suburban, 6A

Mr. Football Award Committee

Chairman, Rick Sutton Eagan

Dwight Lundeen	Becker
Will Wackman	Spring Lake Park
Mike Hennen	Cambridge
Scott Gonnerman	Benson
Jeff Weiland	Orono
Tom Murphy	Nicollet
Mike Gindorff	Crosby-Ironton
Jeff Bernards	Kasson-Mantorville
Jim Dotseth	Sec-Treas.
Giovan Jenkins	Washburn

Minnesota Football Coaches Association ~ "The Keepers of the Game"

MINNESOTA FOOTBALL COACHES CLINIC

www.mnfootballcoaches.com

MFCA CLINIC A GREAT SUCCESS AGAIN IN 2014!

Thanks to overwhelming support by members of our association, the MFCA clinic was a great success again this year. As an association, we are without a doubt growing this clinic into one of the best in the country! With a combination of local, area, and national speakers, as well as our partnership with the Gophers and Vikings, this event provides many networking opportunities for our coaches and has clearly become our official gathering event!

The numbers alone are impressive; We had over 1200 participants, 55 exhibitors, over 35 speakers presenting 50 sessions! Our high school national speakers included Tom Westerberg, the head coach at Allen H.S. and 2012 state champion; Mel Maxfield from Amarillo H.S. in Texas; Rick Jones, head coach at Greenwood, H.S. in Arkansas; and Frank Lenti from Chicago Mount Carmel. Coach Jones and Lenti have won multiple championships in their respective states. At the collegiate level, we featured Conor Riley from the National Championship staff at NDSU, Greg Bower and Trey Dill from Minnesota-Duluth, and Cory Sauter, head coach from Southwest State University. Our headline college speaker was Ken Sparks from Carson-Newman, the winningest coach in Division II history. Coach Sparks was accompanied by his

offensive coordinator Mike Turner and was gracious enough to also serve as speaker for the FCA luncheon. Of course, we featured the Gophers' staff as always, featuring the defensive staff in a breakout session and coach Kill in our main event on Friday Night. Our headline speaker Friday night was St. Paul native, Cretin-Derham Hall and Harvard graduate NFL Pro-Bowler Matt Birk. We rounded out our speakers with Hank Fraley from the Vikings on Saturday morning before heading to the University of Minnesota for the Gophers' practice.

The clinic also featured a number of unique events and opportunities for members of our association. Our Thursday night Don Swanson Kickoff Party helped raised money for our association scholarship program; Several association committees met during the clinic weekend including conference representatives and the always popular Retired Coaches Social; and the Gophers practice. The culminating event of the weekend was our Hall of Fame Banquet on Saturday night where members of our association were inducted in recognition of their lifetime contributions to our game and their communities. We also recognized our conference, section, class, and state coaches of the year.

Sponsored by

Minnesota Football Coaches Association

Your support helps benefit
the MFCA Activities.
Thanks for helping!

Claud Allaire
Clinic Coordinator



MFCA CLINIC PHOTOS



Dave Nelson, Minnetonka, presenting check to Randy Shaver of The Randy Shaver Cancer Research and Community Fund.



Headline speaker, Coach Jerry Kill, University of Minnesota head coach.



*Breakout Speakers from left to right:
Mel Maxfield from Amarillo HS, Texas • Jeff Phelps, "D" line coach, University of Minnesota
Frank Lenti from Chicago Mt. Carmel*

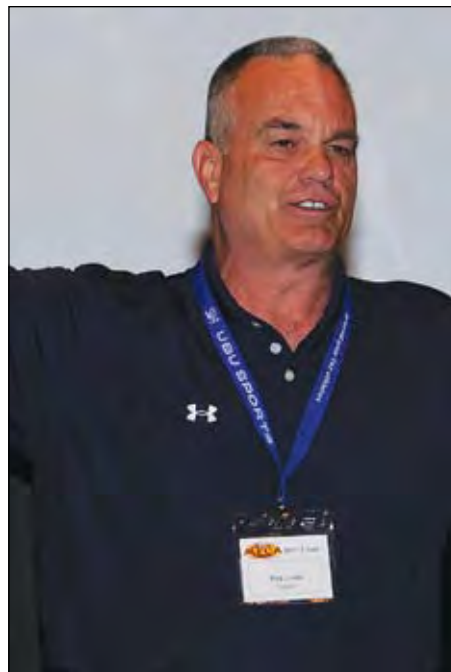
"THE KEEPERS OF THE GAME"



Dave Nigon, MFCA Clinic staff talking with Ted Johnson, Ridell All-American rep in the exhibit arena.



Ken Sparks, Carson-Newman College



Rick Jones, Greenwood HS, Arkansas



Coach Jerry Kill talking with retired legendary Cambridge coach George Larson (left) and Dan Lind, Mesabi CC (middle) at the retired coaches reception.



Feature Speaker Matt Birk, NFL Man of the Year, Baltimore Ravens, MN Vikings and Cretin-Derham HS.

Turning it Around, What Worked For Us

By Tom Lenarz, Head Football Coach, Cloquet High School

As I begin this article I am struck by the fact that I am not going to be telling the readers anything they haven't heard or seen a hundred times. As a long time reader of the MFCA yearly publication I have enjoyed reading about how other programs do things and try to steal as many great ideas as I can. I will focus on what I consider to be the four main components of turning our program in Cloquet around: coaching staff, developing a youth program, developing an off season strength program, and culture change.

Before I begin, a little background on me....I was fortunate enough to play high school football under some of the best high school football coaches in the state. As a 1989 graduate of Blaine, I played under what would now be a dream team coaching staff including Dave Nelson, Jeff Ferguson, and Shannon Gerrety. I credit much of any success I have had as a coach to them and the other members of that staff. I began coaching football as a middle school assistant coach in Cloquet in 1995. I went on to coach at every level: middle school, 9th grade, JV, and after a year away from the district was named head football coach in the fall of 2003.

At the time, Cloquet had not won a game in over 2 seasons and hadn't had a winning record several seasons prior to that. Interest in the program was low as indicated by the small number of players who came out for the team. That first fall, we had less than 40 players, in grades 9-12. As the new head coach in Cloquet, I wouldn't win a game for another two and a half seasons. Things have been improving steadily each year since. We have played in 3 section championships since 2008 and last fall, Cloquet advanced to the state football tournament for the first time in over 25 years. More importantly, we have had over 90 players come out for football the last 5 years in a row.

These four components are not in any particular order, as I view them all as critical.

1. Staff

Let me start by saying that without my assistants, most of who have been with me for the last 11 years, none of this would have been possible. I have the best assistants in the state and can't imagine coaching football without these guys. The most important quality that any assistant can have is loyalty. They need to have loyalty to the program and to the head

coach, both of which are critical for a struggling program. In my opinion, many people make the mistake of over rating a person's football knowledge. When a program is struggling, it takes time to turn it around. There is never going to be a quick fix and in almost all situations, there will be criticism from people on the outside (parents, community members, etc...). Because we are friends first and foremost, I know I can count on them no matter what. This is not something we take for granted and is intentional. We plan several coaches' outings throughout the year, including at least one coaching clinic, to make sure we nurture these relationships and that the new guys we add from time to time get the message. All but three of my assistant coaches are former players in the program and most are teachers in the Cloquet Schools. Again, this is intentional. That isn't to say that I am surrounded by a bunch of "yes men". They all understand that they have the right, and responsibility, to suggest changes or question what we are doing. I encourage this and it happens quite frequently. But this is done during our meetings, or behind closed doors. Once we get on the field, or in the community, we speak with one voice.

2. Developing a Youth Program

Let me start by saying that this is a HUGE job and will take a lot of your time and energy if you are starting from scratch. It is absolutely worth it! We had no tackle football in Cloquet until 7th grade when we started. In 200, we created the Cloquet Youth Football Association and played our first games that fall. There are many ways of organizing these types of things, and one of the benefits of starting from scratch is that you can create exactly what you want. We play fully padded tackle football from 3rd grade on up in Cloquet now. We allow athletes from surrounding communities to participate, and as a result, we have had around 200 kids in grades 3-6 playing football the last 5 years in a row. We have kept it simple, kept it short (6 weeks), and kept the focus on kids having fun. It is completely in house and is coached by volunteer parents. I think it is safe to say that this program has been one of the main factors in turning our numbers problems around. I meet with the coaches twice a year and have constant communication with them during the season. Maintaining these relationships is vital to a healthy league.

3. Developing Off Season Strength Program

Every article I have seen regarding a successful football program has included at least a partial reference to strength training. I won't try to convince you of the importance of having a program... if you don't have one already, I will assume you know you need to start one. Something we had to consider when we started ours was that we needed to get the kids to "buy in" in order to make any actual gains. Just opening the doors isn't enough. You, as the head coach, need to be willing to be there with them and encourage kids to show up. Many teams have some sort of goal setting program or "club" for the kids to gain levels in. I think those are great, and we did that early on, but without you being there and the kids seeing you invest the time with them, it probably won't work. Once your program is established, and there is a culture within the team that expects attendance in the weight room, it might not be critical that the head coach be present all the time. But until then, I have found there is no substitute for that one-on-one connection with the kids. We try to be balanced in our approach to time. I want kids to still have some time to be a kid. We ask them to come Tuesday through Thursday for an hour and a half each day.

4. Culture Change

Another thing a new coach sometimes overlooks, especially when taking over a struggling program, is that you need to change the culture. This isn't about speeches or a new offense... it is about getting kids excited about the game and creating a culture they want to be a part of, even if you are losing games. What we did was twofold... try to make practice fun and recruit like crazy with the middle school kids. One example of creating more fun would be our "Jacks Bowl" tournament. We started a tradition where the last 15 minutes of each two a days practice

is an 8 on 8 touch football game. The teams stay the same every year, even the team names stay the same. Incoming freshmen are "drafted" by the upper classmen the first day of practice, and this is the team they play for the rest of their career. We have a plaque in the locker room that has the year and what team won the "Jacks Bowl" that year. The winning team gets T Shirts. This is just one example of something we did to create an atmosphere of fun, and it ended up working better than we thought. The kids actually talk about this even after they graduate. Recruiting middle level kids is important because obviously they are the base of your varsity program. Creating a youth program doesn't help you in the long run if you don't have good coaches at the middle school level. I am fortunate to have some of the best coaches at that level. They understand the idea that their main goal should be making sure the kids want to play the following year. How many games they win and how much football they teach is a distant second to keeping kids out for football. Once we get them as freshmen, they typically stay with it.

You will note that what kind of offense and defense we were going to run is not one of the four components. In my mind, you can find a team that wins with just about any "system" out there. You can find a team that loses with it also.

I certainly don't feel like we have "arrived" and know that we still have a long way to go. In fact, I laughed a little when Terry contacted me about writing this, as I hardly feel qualified to lecture any of you on anything. I can only hope that a few of the things I discussed here will resonate with some of you and either affirm what you are already doing or give you a chance to try something new. If I can provide anyone with more detailed information on anything I have discussed here, please feel free to contact me. Like most of you, I love to talk football! ■

Rebuilding a Struggling Program

By Dusty Mangen, Assistant Football Coach, Sleepy Eye St. Mary's

Fellow coaches, my name is Dusty Mangen and I am writing this article representing the Sleepy Eye St. Mary's Knights football team as well as my fellow coaches; Brent Kucera, Matt Andres, Mark Simon, and Nick Novotny. Sleepy Eye St. Mary's plays in the Southern Minnesota Conference and has an enrollment of 119, making us the smallest 11-Man Team in the state of Minnesota. We have been fortunate enough to advance to the state tournament in three consecutive seasons with two of those resulting in trips to the venue formally known as the Metrodome. In this article I will not be talking about X's or O's. I will not be talking about our shotgun spread offense, or our all out blitz pressure defense. Rather I will be talking about taking players who had grown accustomed failure, and building a

team that had been dormant for years and reviving it to a very successful Class A program.

Rick Warren once said, "We are products of our past, but we don't have to be prisoners of it." This quote emulated the Sleepy Eye St. Mary's football team in the mid to late 2000's. We had become a team accustomed to losing. We became a team that always had an excuse; whether it be the coaching, the philosophy, lineman A, or linebacker B there was always an excuse for every loss. There was an excuse for every failed season. Our record in the four seasons from 2006-2009 was a disappointing _____. The program needed a sparkplug, we needed a new philosophy.

In sports, analogies are often used in describing certain situations or scenarios. My personal favorite analogy is this. Picture the Metrodome. It was a massive structure that only took a matter of hours to demolish, on the other hand the new stadium will take more than two years to build. This goes for everything in life. It is much easier to tear someone or something down than it is to build it back up. This was the state of our football program in 2010, we were rubble and we needed individuals who were willing to put in the work to build it back up. That season there was a shakeup in our coaching staff. Brent Kucera, who previously had worked as our offensive coordinator for two seasons was named the new head coach. Most of the coaching staff stayed intact and we also added some valuable assistant coaches. We were a young hungry group who were willing to take the time and effort needed to revive our program.

The first change we made was to allocate the responsibilities throughout the coaching staff. We each had an area of expertise and we were allowed to take our knowledge on certain aspects of the game and make them our own. By sharing the coaching duties and communicating effectively we each felt like we had an equal role in every victory and every defeat. The sense of empowerment to each one of the coaches made us want to work that much harder to not let our other coaches and players down. This had been a big change as we were able to put our egos aside and work collectively as a group.

The second change we made was our mindset. We were no longer going to accept anything but everyone's absolute best effort on the field and off. Everything went hand in hand. If a player wanted to lift, the coaches would make sure the weight room was accessible. If a skilled player wanted to run routes after practice, we would make sure a quarterback would stay and have a coach supervise. If a player wanted to watch more film, a coach would find the time to stay and break it down. Win or lose, we were never going to have an excuse. From the top down we were always going to give maximum effort. As coaches we knew if we were willing to put in the time the kids would see this and follow suit.

We also changed how we acted as a team. We wanted every player to be involved, we wanted every player to feel like they contributed to every success and failure that we would have. We would always put the betterment of the team as our number one priority. We were committed to doing this on and off the field. We created rituals like going to the lake for the last day of preseason practices, spaghetti dinners, and postgame gatherings where the player's parents would smother us with more food than any human should ever consume. We figured if we could create a family atmosphere the team would flourish because of this.

With all these changes by far the biggest change our coaching staff made was the treatment of our players. In too many cases coaches look at their players as X's and O's on a chalkboard. These kids are so much more than that. At times coaches forget what it was like to actually be a kid; being self-conscience, not

sure of their path in life, and uncertainty to just about everything that comes their way. Coaches, if you take anything away from this newsletter take this; for certain members of your team, those two to three hours a day are the best time of that players day. Being a part of a team is something your players hold on to when they think they have nothing else. As coaches we are not all primitive to the hardships that a lot of these kids go through on a daily basis. Make your players time on the field a valuable one. In the end it is not about X's and O's, rather it is about I's. It is about the eyes of every football player on your team looking at you for guidance. Looking for you to be a figure in their lives that they will someday be proud to say that they had the privilege of playing for. When I look back at my own life I do not remember the people that told me I could not do something. The people I hold dearest to my heart are the people that believed in me, the people that believed in me when I didn't even believe in myself, the people that saw something special in me when I was blind to my own hopes and dreams. Those are the people that will have the greatest impact in your life. Be one of those people. Treat your players like the person you would want your own son to grow up to be.

Our football program was not built overnight. It took countless hours and sleepless nights, it took the blood, sweat, and tears of many to get to where we have become. Like I said before in a blink of an eye anything can be reduced to rubble. On March 7th of this year our program was once again reduced to ashes. A tragic car crash took a member of our football family from us. At the wake and as I fought back the tears looking down at junior Payton Adams' body I noticed he was wearing his football uniform. I will forever take comfort in knowing that he thought so highly of his football family that he chose to wear it on his chest for an eternity. Our program is not successful because of our state tournament trips, it is not successful because of a final score. Our program is successful because when this chapter of our life is closed we can look back on our days on the football field and smile. We won't always remember the wins or the losses but rather how much we meant to each other for such a short period of time. That will forever be our true success. Please make your time count... because you never know when the world can literally crumble at your feet. ■

MT LAKE AREA FOOTBALL

2 schools, 1 town, 1 team

(Wolverine football off season opportunities)

By Head Coach Tim Kirk, Mt. Lake coaching football (13 years)

Also coach baseball and have coached basketball at Mt. Lake
Teaching Physical education/health at Mt Lake Public school since 1999
Graduated from Mankato State
Wife Sheila
Family Sons Jordan 20 Carter 18 and Anna 11

A few years ago, the Mt. Lake Public school and the Mt Lake Christian school combined in all sports to become Mt Lake Area. This move brought with it a higher level of pride and support to the town of Mt Lake. Although a very small school, the Christian school has provided a handful of football players to our program. These kids have been a very important part of the success of Mt Lake Area Wolverine football. The combination of both schools has brought on a higher level of camaraderie and competitiveness among our players. This competitiveness makes the players work harder to see the field on game day.

The remaining part of this article will be a brief summary of what we offer in the off season to best prepare our football players to be their best.

I have always believed in the old saying "you can lead a horse to water but you can't make him drink." This saying relates directly to what we try to do with our football players in the off season. We provide the football players with tips, tools, training etc. It is up to the kid to decide what he wants to do with it. With 50 players on our varsity roster last year, there are obviously some kids that don't want to "drink." Either way, we as coaches encourage ALL kids to be their best. Ultimately in the game of football, the best conditioned /strongest kid will probably play over the kid who did little or nothing to become a better football player. Rarely, but it does happen, do you find a kid who does nothing and is a talented football player.

A couple weeks after the football season ends, I personally work with the non winter athletes with speed training and weight lifting. Many of our football players are multiple sport athletes (which is great). The winter and spring athletes need to focus on their sport. The kids that want to play football at a high level usually continue with their weight lifting during the winter /spring sport season. The kids that do continue to lift are usually the kids that excel at all sports, so it is a no brainer for the true competitor. I make sure I touch base with kids in the

halls regarding what they are doing to get better. Again, makes it easier for us coaches to decide who to put in when it comes time to battle. We also have the luxury of having a very nice 24 hour fitness center in Mt. Lake that is affordable and has great equipment for training. If a kid has a cell phone, expensive shoes, clothes etc., he can afford a membership at the fitness center. Another nice thing is that I also teach PE at Mt Lake Public. Myself, along with some of the other PE teachers get the 7-10th graders in the weight room to keep them going and/or teach some basics regarding weight training.

When May rolls around and the school year is wrapping up, we have a football meeting for all high school football players. We cover all the things going on over the summer and our expectations for the upcoming fall season. At this meeting, I hand out sheets of papers with all the dates, details, etc. so the kids are accountable for what is available for the summer. I make it very clear that the best trained physically able bodies will be playing the most. I also make it clear we are preparing ourselves to WIN. Over the years, we have competed in the Southern Minnesota and Southern Confederacy conferences. Both of these conferences have quality coaches and quality teams. If we are to compete with a chance to win, the boys must be physically able to play football at a high level. The boys must also be conditioned to endure the season and the possibility of playing both ways.

During the summer, I have the weight room at the school open a couple nights a week so kids can get in to do some training. Training together in the off season will give kids that extra edge of team bonding and mental toughness. I will also open the school weight room additional times to accommodate kids schedules if needed. Because summers can be very busy with activities, I will have at least two nights where I open the weight room at 9:30 at night. This allows kids to do their summer basketball/baseball and still get to the weight room. It

makes it very easy for us as coaches to decide who plays come game time. Do we play the kid who shows up frequently in the summer, or the kid running around town during those weight room sessions? In a small town, it is very easy to know where kids are at. As coaches, we are aware that kids have vacations, mission trips, etc. and we are very supportive of that. If a kid is available for weight lifting sessions, it would be beneficial for those kids to show up.

Another thing we offer in the summer that has been very beneficial is Sunday night sessions. We will run routes, work on ball skills, timing, and other little things that can help the development of our players. We started this a few years back because we had too many dropped balls, bad route running, lack of qb arm strength, timing, etc. Having these sessions allows the kids that show up to be able to help us coach when the season begins. I am a firm believer that the better teams have players who also help coach. These Sunday sessions are for specialty guys and centers. I do encourage the lineman to come also because it is good conditioning. In addition, I've never met a lineman who doesn't want to catch a ball thrown from a QB. Not knowing who will show up each Sunday because of the busy summer, I have a couple plans ready. If most of the "starters" show up we can throw in some new routes or plays that we would like to run in the fall. In this day and age where kids don't play catch in the backyard with a football, these sessions have become very beneficial.

In late July, we run our annual Wolverine Football Camp. We have younger kids in the morning and varsity in the afternoon. All the older football players know football camp is in late July, this allows families to schedule family activities around this time. The camp is three days. I originally thought of a week camp but a coaching legend said it could be just as effective to do it in three days. He was right. With three days, you have more focus from the players (and coaches) and it has less of a chance to interfere with other summer activities. With our camp, I get all of our high school coaches involved to help. We also get our volunteer coaches if available. We also get some varsity kids to help with the young kids in the morning. This is a great opportunity to have the varsity kids teach some basic fundamentals to the young ones. More importantly, it is great for the young kids to see their varsity hero that they watch play on Friday night. The younger kids have more focus when there is a coach and an athlete explaining drills. The morning session with the younger kids is a great way to get to know some of the younger kids and to see what is coming up the ranks.

During the afternoon camp, we install our varsity and JV offense and cover some defense. I feel we can install defense a lot quicker than our offense so we focus more on the offense at camp. In addition to installation of offense, we will have time to do some physical testing. This allows us coaches to see what kids have been preparing their bodies for the season, which starts a couple weeks later. We also have some time to play a little flag football. The kids need some fun time and it is a great

way for us coaches to see which kids like to compete, quickness, ball skills, etc. We end both camp sessions with a hot dog feed on the last day. The kids enjoy the meal, get a t-shirt, take some pictures, and head home with fire in their bellies for the start of football.

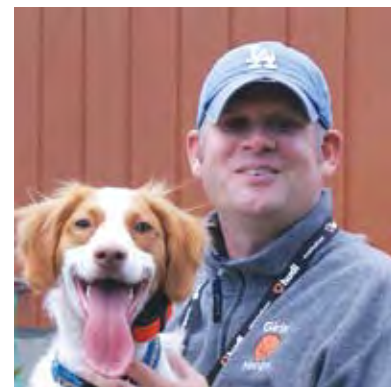
This is mainly what we do in the off season, with some variations from year to year. Most of these ideas are from other great coaches I have gotten to know through the years. Is this the best thing for off season? I'm not sure. But I do know one thing, the kids that "drink" the water have been very successful. The years we have had high numbers turn out for summer work has resulted in success. I believe football comes down to hard work, coaching, and some luck to be successful come playoff time. As coaches, always be open to criticism and change. Also, have the understanding that football is just a spec of dust in the scheme of life. Take this spec of dust and take it serious and give it everything you have because there is no other sport like football. I feel very blessed to be able to work with these kids the past 13 plus years.

I would like to thank the Minnesota Football Coaches Association for allowing me to share some of the things we do here at Mt Lake Area. I finally would like to thank the community of Mt Lake, all past and present football players and coaches at Mt. Lake, and most importantly my family and God. Give all the glory to God, both now and forever. ■

Coaching Code of Conduct

By Nathan Johnson

**Junior Varsity Defensive Coordinator, Varsity Assistant
Proctor Football**



Most coaches I know love Friday nights. The smell of fresh cut grass. The vibrant colors of changing leaves. The crisp, clean air. The sound of our teams warming up, the cheers, the thudding of the pads. The band playing in the stands with the cheerleaders leading the student section in cheers. The student section dressed up in wild outfits. All of this is part of the reason that many of us coach.

At Proctor add the sound of a train whistle blasting. Our field is located right next to a major rail line, formally the Duluth/Mesabi and Iron Range (now the Canadian National). Many of the engineers who are working while they pass our field as we warm up, or even during play, are former players and they make sure to blast the whistle a bit longer in a show of support.

The history and tradition that permeates the Proctor community has become part of the DNA of the football team. Our nickname, the "Rails" comes from the place the railroad has and does play in our community. Our school colors are even derived from the railroad. In the 1920's the DM & IR had extra paint from painting their ore cars. So they donated the extra paint to the school to paint one of the small schools in the district. The paint was green and white. These are still our school colors.

However, many schools have unique aspects of their community that adds a sense of tradition and history to the football team. Proctor is probably not unique in this. What we have done at Proctor though is take the sense of tradition and history that was passed down from player to player and coach to coach and marry this with a Code of Conduct that is based on the book *InSide Out Coaching: How Sports Can Transform Lives* by Joe Ehrmann.

In this short article I will show how the coaching staff at Proctor has taken the history and tradition of our community and football program and implemented a Code of Conduct for the coaching staff that has worked for us and which has helped us to have the recent success that our program has had and helped continued the

tradition of a strong and competitive football program at Proctor.

The process that finally resulted in our Coaches Code of Conduct started when our Head Coach Derek Parendo attended a workshop where Joe Ehrmann was the speaker and he pre-sented on his book. Coach Parendo was intrigued by the concepts that were presented by Erh-mann. It was the perfect time to start looking at the Proctor program and really evaluate how the program was run in the past and how it would be run in the future. We had just come off a down year for our program, we were right around .500 and had lost in the first round of the playoffs. The next year was a bit better we won in the first round of the playoffs but lost in the section semi finals. These are not horrible seasons, but at Proctor, where the last two coaches before our current head coach, are in the MFCA Hall of Fame, with the last coach, Dave Hylla coaching the Rails to seven state appearances and 198 wins in 27 years, so these were not seasons that were considered successful. We needed something.

Coach Parendo bought a copy of *Inside Out Coaching* for the entire staff and then he wrote the Coaches Code of Conduct. The three questions that were posed by Erhmann that really hit home to the coaching staff were: "Why do I coach?, Why do I coach the way I do?, What does it feel like to be coached by me?, How do I define and measure success?"

These are powerful questions and I encourage you to really think about these questions. As we thought about these questions our Coaches Code of Conduct started to take shape. The Code eventually evolved into a nine point Code that we all follow. As coaches we are not per-fect and we all slip up, but we try and hold each other accountable to the Code and it has been working and we have seen definite results with our players on and off the field and a by product is that we have been 18-5 in the last two years since the Code was put in place with a state semi final appearance.

So what is in the Code?

First - Treat all players with respect and empathy.

This is a powerful statement. I was a player and have coached for a while now. I have seen, and I am sure many of the readers, have seen coaches treat their players with a total lack of respect. I know as a player I had coaches that discarded me after a serious knee injury showing a complete lack of empathy.

This point can be hard to follow as coaches though! We are expected to win and are often judged on our wins and losses. But when this point is followed what an impact we can have. For example, this year we had two players who were not taking care of things in the classroom. As a staff we had to deal with this. But, we were able to treat the player with respect even as we had to have tough discussions about playing time, and taking care of the classroom. Empathy played a part as well in this case, one of the players had lost a parent suddenly and had a ton going on in his life. Football was a refuge. As coaches we were able to give the players the respect that they deserved, show empathy and give support through a tough time, but at the same time hold to our expectations of our players in the classroom. By the way, we are still monitoring those players' classroom as we enter the spring. This point is not for just the starters. In this case one of the players was a starter the other wasn't. By showing respect and empathy we were able, hopefully, to have a lasting impact on these players. We are seeing this and it is joy to watch our players become successful and make better choices with our support.

Second - We are role models.

This was a point that had been part of our program for a while. In the late 1970's and early 1980's Proctor was lucky to have a coach who laid the foundation for our program, Terry Egerdahl.

Egerdahl was a Proctor grad who was an All American at UM - Duluth in football and baseball, was drafted by the Minnesota Vikings and was in camp with the Chicago Bears, before returning to Proctor. He died suddenly of a heart attack, but in the two short years of coaching he firmly put in this idea of role models, or how he looked at it: mentors. One of his former assistant coaches Minnesota Representative John Ward said in the Proctor school newspaper, The Mallet, "He was more than just a coach; he was a mentor."

The current staff has taken this idea of role model and mentor to heart and it is something that we think about. This extends beyond the field as well. How we act in our jobs and out in the community and how we treat not only our families but those around us, all have an impact on our players. Whether we all like to admit it or not, our players watch us. ■

During the school year visit the MFCA Website for updated information!

MINNESOTA FOOTBALL COACHES ASSOCIATION

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www.mshsca.org/football/index.htm

Establishing The Importance of Special Teams in Your Team Culture

By Jay Sawvell, University of Minnesota

I would like to thank the Minnesota Coaches Association for giving me an opportunity to talk about football, one of my true passions in life. On behalf of the University of Minnesota, I am going to talk about a vital, and often overlooked, part of football – special teams. Special teams can and will greatly affect two key components of winning football games: field position and momentum. It has been shown numerous times how a less talented team can steal a game if they dominate special teams play.

As a coach, your biggest challenge is establishing the importance of special teams in your team culture. We have used numerous rewards for special teams play while at Minnesota, but with players today, you must show them how their role in executing effective special teams play will directly benefit them. We make sure our players know that virtually everyone on an NFL roster will contribute to special teams. We constantly reinforce to our players that if they want a shot to play in the NFL, they better be able to contribute on several special teams. Once the importance of special teams is embedded in your team culture, kids will naturally buy in – as that is all they know.

Scheme is Secondary to Technique

This is very important to remember when installing schemes and evaluating your players. At the beginning of Fall and Spring Camps, we strictly work position specific fundamentals for the first three to four days. While doing this, we take a lot of the running out of the drills, which allows us to focus on the technical aspects of what we are teaching. This approach ensures our players have a great understanding of the fundamental aspect of their individual assignments.

After working fundamentals, we will progress into whole unit install and live reps. Coaches still focus on individual position technique. If a unit is struggling once we begin working the entire scheme, we look at how we are executing our technique. Usually, this is where the problem lies, and we simply reinforce the correct technique. If the correct technique is being used,

and we are still struggling, we will look at coaching a different technique to execute the desired scheme. As a coach, it is often times easy to fall into the mindset that we are not successful in an area, so we must scrap what we are doing. No matter the scheme, your special teams' units will not be successful without proper fundamentals/technique.

GAME PLANNING TO WIN THE SPECIAL TEAMS BATTLE

Kick-Off Return:

When game planning for Kick-Off Return, we first look at the kicker. What types of balls does he hit and where does he place them? Secondly, we look at their personnel. Who are their players and who do we need to double? Typically, we want to double their most disruptive coverage man. Finally, we look at their coverage scheme. Is there anything to exploit?

Kick-Off:

When game planning for Kick-Off, we first look at their returner. Is he explosive and fast? Is he a wild card that will take the return wherever he feels, or does he trust the scheme? When playing dangerous returners, we will kick away from them (with kicks directional, squibs, or pooches). Secondly, we look at their top return schemes. How can we beat it and are there any keys for our guys? We will be prepared for their top two schemes.

Punt:

When game planning for Punt, we first look at their rush tendencies. How many people do they bring? Are there rush schemes that will give us problems? Secondly, we look at the returner. Again, is he a wild card? Does he catch the ball and go vertical or is he a side to side returner? Finally, we look for anything they do fundamentally, that we can take advantage of with a fake (alignment, schematics, or a certain player we can beat).

Punt Block:

When game planning for Punt Block, we first look at the punter. Does he hit low line drives? Does he always kick a certain direction (for example, always into the boundary)? If there are strong tendencies, we will adjust our return scheme to take advantage of them. Secondly, we look at the operation time of the snap and kick. If the operation time is slow enough, we will put a lot of pressure on the punter. Finally, we look at the personnel. Is there a person we can take advantage of in protection? Who is their best cover man (we typically double him)? Who is a nonfactor (we will let these people go)?

PAT:

When game planning for PAT/Field Goal, we look for holes in their rush scheme. If they are vulnerable in any way, we will design a fake to take advantage of this weakness.

PAT/Field Goal Block:

When game planning for PAT/Field Goal Block we look at two different things: can we block the kick with edge pressure (the opposing team has a slow operation), and we check for a weak link in the interior we can take advantage of.

Special Teams is an equal aspect of the game. It can give an average team a chance to win and it can give a good team a chance to bury their opponents and win championships. The few tips we have discussed will assist in preparation and teaching. However, in order for your players to buy-in, they must see the coaching staff (especially the Head Coach) buy-in as well! ■

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MINNESOTA STATE FOOTBALL COACHES PREVIOUS ASSISTANT COACH OF THE YEAR

Football Hall of Fame Annual Banquet

1989

Paul Gasner

Totino-Grace, Class A

1990

Jerry Foley

Stillwater, Class AA

1991

John Peterick

Mahnomen, Class C

1992

Bob Hooper

Detroit Lakes, Class A

1993

Jerry Carlson

Cambridge, Class AA

1994

Roger Trobec

Sartell, Class A

1995

Jeff Olson

St. Peter, Class A

1996

Steve Nunnink

Brainerd, Class AA

1997

Dale Bockovich

Cook County, 1A

1998

Kevin Nowotny

Adrian, 1A

1999

Gary Hansen

Chatfield, 2A

2000

Mike Kleinschmidt

Albany, 3A

2001

Bruce Nelson

Eagan, 5A

2002

Bruce Rosenow

Hutchinson, 4A

2003

Bernie Litecky

Totino-Grace, 4A

2004

Doug Heruth

Blaine, 5A

2005

Glen Bernard

Rushford-Peterson, 1A

2006

Richard Johnson

Lakeville South, 5A

2007

Conroe LeRoy Erickson

Buffalo, 5A

2008

Mark Voitalla

Northfield, 4A

2009

Jay Anderson

Totino-Grace, 4A

2010

Mick Goudy

Rogers, 4A

2011

Mark Ritter

Eden Prairie, 5A

2012

Bob Kovich

Lakeville North, 6A

2013 ASSISTANT COACH OF THE YEAR

Marc Achterkirch, Owatonna, 5A

(Picture not available)

MINNESOTA STATE FOOTBALL COACHES PREVIOUS STATE COACH OF THE YEAR

Football Hall of Fame Annual Banquet

1965 Bill Severin Grand Meadow, Region I	1977 Paul Benson Granite Falls, Region III	1989 Jim Mader Albany, Class A	2001 Flint Motschenbacher Detroit Lakes, 4A
1966 Stav Canakes Edina, Region V	1978 Jim Simser New Richland-Hartland, Region I	1990 Ken Baumann Mahnommen, Class C	2002 Mike Mahlen Verndale, 9 Man
1967 Tom Mahoney Fairmont, Region II	1979 Ron Raveling Columbia Heights, Class AA	1991 Neal Hofland Chokio-Alberta, 9 Man	2003 Dave Dose Glencoe-Silver Lake, 3A
1968 Jerry Sullivan Minneapolis Roosevelt, Region V	1980 Les E. Drechsel Crookston, Class A	1992 Larry Thompson Lakeville, Class AA	2004 Dave Nelson Minnetonka, 5A
1969 Art Haas Austin, Region I	1981 Gary Roebuck Holdingford, Class B	1993 Rick Manke Detroit Lakes, Class A	2005 Mark Kroulik Stephen-Argyle, 9M
1970 Gary Gustafson North St. Paul, Region IV	1982 George Thole Stillwater, Class AA	1994 DeWayne Johnson Anoka, AA	2006 Jim Reinhardt Rushford-Peterson, 1A
1971 George Larson Cambridge, Region IV	1983 Ron Scott Coon Rapids, Class AA	1995 Ken Jacobson Chatfield, Class C	2007 Jeff Ferguson Totino-Grace, 4A
1972 George Wemeier Minneapolis Washburn, Region V	1984 Grady Rostberg Hutchinson, Class	1996 Clark Bergloff Mora, Class A	2008 Carl Fruechte Caledonia, 2A
1973 Dick Lawrence Eveleth, Region VII	1985 Norm Johnson Minneapolis Roosevelt, Class AA	1997 Bob "Bubba" Sullivan Northfield, Class 4A	2009 Jon Bakken Waterville-Elysian-Morristown, 2A
1974 John Drews Rochester John Marshall, Region I	1986 George Larson Cambridge, Class A	1998 Keith Bergstedt Cromwell, 9 Man	2010 Ron Stolski Brainerd, 5A
1975 Bob Swanson Mountain Iron, Region VII	1987 Dave Brokke Granite Falls, Class B	1999 Lyle Anderson Cook County, 1A	2011 Carl Lemke St. Croix Lutheran, 3A
1976 Lyle Eidsness St. Peter, Region II	1988 Gerhard Meidt Minneota, Class C	2000 Mike Grant Eden Prairie, 5A	2012 Brent Schroeder Caledonia 2A

MINNESOTA STATE FOOTBALL COACHES 2013 COACH OF THE YEAR

Football Hall of Fame Annual Banquet

Jeff Williams, Owatonna



Jeff Williams coached Owatonna to the 2013 Class 5A State Football Championship last November in the final Prep Bowl game played at the Hubert H. Humphrey Metrodome. The Owatonna Huskies completed an undefeated season in 2013 (13-0).

Jeff Williams coaching career highlights:

- Head Coach at Owatonna for 18 seasons (1996 to present)
- Career record is 126-61
- His Owatonna teams have:
 - Won five Big 9 Conference championships (1999, 2007, 2008, 2012, 2013)
 - Won four Section championships (1998, 1999, 2012, 2013)
- Made three Prep Bowl appearances (1998, 2012, 2013)
- Two second place finishes
- One state championship (2013 Class 5A)
- He was the Outstate Head Coach in the 2000 All-Star Football Game

2014 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

2014 Hall of Fame Inductees



Back row, left to right: Jon Bakken, Larry Thompson, Dave Fritze, Mike Grant,
Front row, left to right: Marc Trestman, Tom Idstrom, Dave Nelson

2014 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Jon Bakken, Waterville-Elysian-Morristown High School Division



Jon Bakken is a 1973 graduate of Esko High School, in Esko, Minnesota. While at Esko, he lettered in football and golf. After graduation he enrolled at Golden Valley Lutheran College in Golden Valley, MN, where he earned his Associate Arts degree and was a two-time letter winner in football. He then went to Gustavus Adolphus College where he lettered in football and earned his Bachelor of Arts in science education, graduating in 1978. He later went back to school at Mankato State University where he earned his master's degree 1994.

Jon's first years included a lot of moving, teaching and coaching at five different schools in six years. He first went to Fort Dodge, Iowa, then came back to Minnesota at Onamia, Esko, Totino Grace, and Spring Lake Park. In 1984 he went to Waterville-Elysian-Morristown (WEM). Jon has taught chemistry and physics at WEM the past 27 years. He served

as an assistant track coach, assistant football coach, and the head baseball coach during his years. He became the head football coach in 1987 and holds that position today. Jon's career record is 251-76-0. His teams won 13 conference titles, 11 section titles and 3 state championships (1989, 1999, and 2009). He was also a runner up in 1997. Jon has been named the conference Coach of the Year 12 times, section Coach of the Year 11 times, state class Coach of the Year four times and was the state Coach of the Year in 2009. He is an active member in the Minnesota Football Coaches Association and is a past president of the association.

Jon and his wife, Mary, have two children, Megan (20) and Kirstin (14). They enjoy traveling throughout the United States. Other activities for Jon include, golfing, swimming, playing games, and being a fan of sporting events.

2014 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Dave Fritze, All-Star Game Manager – MFCA Citation Division



Dave Fritze is a 1972 graduate of Hayfield High School in Hayfield, Minnesota. While at Hayfield, he won 11 letters in football, basketball, and baseball and was a captain in all three sports. He received Honorable Mention All-State in football, All-Conference in all three sports, and was an All-South Minnesota baseball selection. Dave was awarded a four-year Williams Scholarship for football at the University of Minnesota. He graduated from the U of M in 1976 with a Bachelor of Science in mathematics education. He continued his education at the University of Wisconsin-River Falls, where he earned his Master of Arts in counseling and later attended the University of St. Thomas earning his Education Specialist degree in educational leadership.

His first teaching job was at Rockford High School in 1976. He taught math and was an assistant football and basketball coach. In 1977 moved to Apple Valley where he taught math and was defensive coordinator for football and was the head girls basketball coach until 1988. While at Apple Valley, his defense helped the Eagles attain a 108-37 record with six conference titles, eight section titles, and one state title. In 1989 he moved to Eagan High School and was head coach, earning a 79-79 record in 16 seasons.

Dave has been named a Lake Conference Coach of the Year, Call Stoll Award winner, Murray Warmath Award, Distinguished Service Award, and was the All-Star football coach in 1987. He is currently a counselor at Eagan.

A 36-year Minnesota Football Coaches Association member, Dave has served on the Executive Board for the past 14 years. He's been involved in the All-Star game for the past 18 years, serving as the director for the past 15 years. One of Dave's fondest memories is being able to observe young boys grow into young men. He made it a point to ensure that every person in the program, from the star to the manager, know that he was important to the program. He enjoyed coaching his sons and hopes to one day coach with them!

Dave is married to Debbie and they have a daughter (Megan) and three sons (Joe, Dan, and Tom). In his free time, he loves to golf and travel by convertible, go to movies, and hang out with his children. He and Debbie have traveled to Disney World, the Mexico Riviera, and Las Vegas.

2014 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Mike Grant, Eden Prairie High School Division



Mike Grant is a 1975 graduate of Lincoln High School, Bloomington, Minnesota. He was active in football and basketball, earning three letters in each sport. After graduation, he attended St. John's University in Collegeville, MN. Mike was a four-time letter winner at St. John's in football. He graduated from St. John's with a degree in social studies in 1979. Later, he attended the University of St. Thomas to earn a master's degree in Athletic Administration, which he completed in 1986.

Mike's first job was at Minnetonka as a teacher and assistant football coach from 1979 to 1981. In the fall of 1981, he went to Forest Lake High School, where he obtained his first head football coaching position, as well as the head boy's tennis and the assistant basketball coach. Mike stayed at Forest Lake until 1987, compiling a 45 win and 42 loss record with one conference and one section title. He helped turn around and created a football powerhouse in the northern suburbs. Mike then went to St. John's University and was an assistant football and basketball coach for two years. In 1989 he went back to Forest Lake for two more years. In the fall of 1992, he went to Eden Prairie High School where he became head football coach, social studies teacher, and (for

the past 12 years) the athletic director. As the head football coach, he earned a 241-22 record. His overall record is now 286-66. At Eden Prairie he has won nine state championships (1996, 1997, 2000, 2002, 2006, 2007, 2011, 2012, and 2013). His Eagles were also a runner-up in 2009. Mike's other awards include: numerous conference and section Coach of the Year, a nine-time class Coach of the Year, state Coach of the Year in 2000. In 1997 he was named the national Coach of the Year. This past winter Mike was the recipient of the Don Shula National High School Coach of the Year Award. During his tenure at Eden Prairie, Mike has coached 25 plus Division I football players. Some of his highlights include coaching his two sons on the 2007 state championship team. Mike considers it an honor to lead the young men of Eden Prairie for past 22 years. He says, "I could not have asked for a better place to coach great young men."

In Mike's free time he enjoys hunting and fishing for getaways. Mike and his wife, Colleen, have two sons, Ryan (24) and Taylor (22). His travels include Ottertail County, Glacier National Park, Wisconsin, and Arkansas.

2014 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Tom Idstrom, Anoka and Irondale High School Division



Thomas Idstrom is a 1957 graduate of Fairmont High School in Fairmont, Minnesota. While there, Tom earned 11 letters in football, basketball, and baseball. He was an All-State basketball player in 1955, an Honorable Mention All-State football player in 1956, and the 1957 Fairmont Male Athlete of the Year. After graduation Tom went to Gustavus Adolphus College in St. Peter, Minnesota. He was on the Golden Gusties football team that won back-to-back conference titles in 1958 and 1959. He also played baseball at Gustavus for four seasons. Tom graduated in 1961 with a Bachelor of Arts in social studies. He later attended Mankato State University, earning his master's degree in 1969.

Tom's teaching career took him to several different schools, including Luverne, Coon Rapids, Jackson Junior High School (23 years), and Champlin Park. He is a defensive-minded coach, being a coordinator at several different places. He has been a part of eight conference championships and two section championships. He also coached at

the college level at the College of St. Thomas in 1979 and 1980.

Tom spent eight seasons at Anoka and thirteen seasons at Irondale. His overall record is 228-163 as an assistant in 39 years coaching. Some of his greatest memories are friendships he created with greats like Tom Mahoney; he played quarterback for him and Mahoney was his coaching mentor. Tom's 1973 Anoka team was ranked #1 in Minnesota, his 1998 Champlin Park team was a 5A runner-up, and he coached three undefeated regular-season Brainerd teams.

Fly fishing and reading fill Tom's free time. He and his wife, Karen, have three children: David, Devon, and the late Kristen. Their travels have taken them to Canada, Montana, California, and Wyoming.

2014 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Dave Nelson, Blaine and Minnetonka High School Division



A 1974 graduate of Anoka High School in Anoka, Minnesota, Dave Nelson was a two sport athlete, lettering in football and baseball. After graduation, he attended the University of Minnesota in Duluth. At UMD, Dave was a four-year letter winner in baseball and football and was a captain in both sports his senior season. He graduated from UMD in 1978 with a Bachelor of Arts in physical education. Dave continued his schooling in 1985, earning a master's degree from Saint Cloud State University.

Blaine High School gave Dave his first teaching job. He taught physical education and was an assistant baseball and football coach before becoming the head football coach in 1984. While at Blaine, he amassed a 152-50 record with ten conference and eight section titles and earned his first state championship in 1988. Blaine also earned trips to the Prep Bowl in 1996, 1997, and 2001. In the fall of 2002, Dave accepted a new head coaching and physical education position at Minnetonka High School. His record is 83-44 through the 2013 season giving him a career record of 235-94. His Minnetonka teams have won three conference titles and one state championship (2004). He has won numerous conference and section Coach of the Year honors. Highlights of Dave's career include having the opportunity to coach in two great communities for two great schools and the joy of coaching his son, Jesse, and later coaching with Jesse and with his son-in-law, Josh Stephan, at Minnetonka.

Dave was named the class Coach of the Year in both 1988 and 2004 and was named Minnesota State Coach of the year in 2004. He was inducted into the UMD Hall of Fame in 2000. He received the MFCA Power of Influence Award in 2009, the Semper Fidelis Leadership Award in 2012 and the Tom Mahoney Man of the Year Award in 2013. As a very active member of the Minnesota Football Coaches Association, he's served as the Hall of Fame Banquet chair for the past 25 years. He initiated the MFCA Recruiting Fair and is involved with "Tackle Cancer" which has raised more than \$300,000 in just two years. Dave is a member of the MFCA's clinic and executive committees and served as president of the MFCA in 2002. In addition, he serves on the Board of the West Metro Fellowship of Christian Athletes.

Dave and his wife, Maureen, have two daughters, Sarah and Ashley and one son, Jesse. Sarah and Josh Stephan have two children, Caroline and Henry. Ashley and Josh Larson have two children, Riggins and Landry. Jesse's wife is Sarah. Dave's free time is spent with family and biking with Maureen. He and Maureen have traveled all over the United States, taken a Mediterranean cruise, and have vacationed in Mexico.

2014 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Larry Thompson, Lakeville and Lakeville South High School Division



Larry Thompson was a 1970 graduate of Lakeville High school. While at Lakeville, he was a three-sport athlete who earned eight letters in football, basketball, and baseball while being a captain in all three sports. He was selected as the 1970 Athlete of the Year at Lakeville. After graduation, he attended Augsburg College where he played football and earned a degree in mathematics education. He was an All-Conference player in 1971, 1972, and 1973. He was a member of the Division III all-freshman team and was a Division III Little All-American in 1971 and 1973. After graduation he returned to Lakeville.

Upon his return to Lakeville, Larry accepted a job as a math teacher from 1974 through the 2010 school year. He was an assistant football coach from 1975-1978, the assistant basketball coach from 1975-2002, and the 9th grade basketball coach from 2005-2013. Larry was the head football coach at Lakeville from 1979-2004 and when Lakeville split their high school, he became the head coach at Lakeville South. His career record is 250-124

with ten conference titles, twelve section titles, and three state championships in 1988, 1992, 2003. Larry also had three other Prep Bowl appearances (1987, 1991, and 2006 as runner-up). Lakeville South's 2006 Prep Bowl runner-up achievement came just two years after the school first opened its doors. Larry has received numerous conference and section Coach of the Year awards and is a five-time state class Coach of the Year (1987, 1988, 1991, 1993, and 2003). He was the state Coach of the Year in 1992. In 1985, he coached in the All-Star game. He is a member of the Lakeville Hall of Fame and the Augsburg Hall of Fame.

Larry's free time is filled with farming, watching sports, four-wheeling, passing league tournaments, and spending time with family. He is married to Vicky and they have three children: Danny, Tammy, and Amy. Larry and Vicky have traveled to Hawaii, Mexico, Florida, and Ely. He is active in his church and is an active member in the Fellowship of Christian Athletes.

2014 HALL OF FAME INDUCTEE

Football Hall of Fame Annual Banquet

Marc Trestman, College – CFL – NFL Coach Citation Division



Named the fourteenth head coach in Chicago Bears history on January 16, 2013, Marc Trestman led the franchise to an 8-8 record last year. He had the most wins by a head coach in his first season with the Bears in the Super Bowl era, and the most since John “Paddy” Driscoll had nine wins in 1956.

Marc joined the Bears with a championship head coaching pedigree and keen offensive expertise. In the five seasons prior to his arrival in Chicago, as a head coach in the Canadian Football League he led the Montreal Alouettes to back-to-back Grey Cup championships in 2009 and 2010. He was named the CFL’s Coach of the Year in 2009.

In his 29 years coaching, Marc has been a part of 19 winning seasons, with 16 playoff appearances and three championship teams. He has 18 years of coaching experience in the NFL, including eight as an offensive coordinator. During his time in the NFL, he helped his teams to eight playoff appearances, two conference championship games, and a Super Bowl appearance. Marc was the offensive coordinator of the Raiders playing the Tampa Bay Buccaneers (Super Bowl XXXVII in January 2003).

The 57-year old Trestman has also mentored collegiate quarterbacks, including current Bears quarterback Jay Cutler, as they prepared for the NFL combine. In 2010, he authored the book *Perseverance: Life Lessons on Leadership and Teamwork*.

A 1974 graduate of St. Louis Park High School, Marc was the starting quarterback in the 1974 Shriners All-Star game. He went on to Moorhead State University, in Moorhead, Minnesota, and played football. He transferred to the University of Minnesota where he also played football. He graduated from the U of M in 1979 with a Bachelor of Science in political science. He continued his education at the University of Miami (FL) where he earned his Juris Doctor degree in 1981.

Marc and his wife, Cindy, have two daughters, Sarahanne and Chloe.

PREVIOUSLY INDUCTED HALL OF FAME MEMBERS

Sponsored by the Minnesota High School Football Coaches Association

1965

Bernie Bierman
Frank Cleve
Bernie Cole
Jake Christiansen
Vein Morrison
Bronko Nagurski
Ted Peterson
Lew Swearingen

1966

Bert Batson
Lester S. Barnard
Red Hastings
John Gagliardi
Lefty Ranweiler

1967

Francis "Pug" Lund
Louis Todnem
Paul Giel
Cliff Morlan
Joe Markley

1968

Lee Brockmeyer
Sid Hartman
Charles "Bud" Wilkinson
Elmer Wigen

1969

C.P. Blakeslee
Dick Bradley
Ray Christenson
Jim Byrne
Lloyd Hollingsworth
Pete Guzy

1970

Ed Widseth
Adrian Christenson
Jake Christiansen
Walter Hertz
Frank O'Rourke
Les Knuti
Bud Grant
Wendell Vlasin

1971

Manny Marget
Butzie Maetzold
George "Butch" Nash
Harold M.
"Snooks" Sullivan

1972

Dick Wildung
Jim Lee
Jerry Krueger
William F. Broekmeier
Fred Vant Hull

1973

Earl Teas
Chuck Elias
Ralph Anderson
Jerry Dahlberg
Bruce Smith
Mary Helling

1974

Oats LeGrand
Jerry Ekstein
Kenneth "Red" Wilson
Edor Nelson
Doc Watson

1975

Art Haas
Les Neil
Bob Collison
Russ Helleckson
Dick Mahar
Bernie Lusk

1976

Kermit Anderson
Will Gullickson
Dwayne Hoberg
Jack Malevich
Jim Pederson
George Roscoe
Murray Warmath

1977

Frank "Butch" Larson
Herschel H. Lysaker
Art Avis
Jim Carrington
Lee Krough
Jim McLaughlin
Leo Sebastian

1978

Chuck Dixon
Chauncey Martin
Ted Meinhover
Roy "Chip" Rasmussen
George Reedy
Marti Rossini
John Vucinovich

1979

Bruce Bakke
Herman Frickey
Bill Hanson
LeRoy McMahon
Dick Mulkern
Harry Newby
Milt Osterberg
Bob Schrank
Steve Silianoff
Lloyd Stein

1980

Bruce Bennett
Neal Davis
James Gustafson
James Molnar
Norm Wagner
Jim Wallace

1981

Lou Barle
Irv Nerdahl
Glenn Redmann
Clayton Tonnemaker

1982

Bob Gove
Wally Hitt

Gary Olson
Don Nyland
Dale Scholl

1983

Stan Nelson
Joe Mrkonich
Jim Gotta

1984

Dick Lawrence
Tom Briere
Jim Henkes

1985

Don Swanson
Bob Roy
Bruce Frank
Don Riley
Giffy O'Dell

1986

Chuck Halsted
Ralph Hagberg
Pete Herges
Ike Pesonen
Cliff Senne

1987

Terry Egerdahl
Lauren "Huns" Hagge
Donald "Bill" McMoore
Jerry Sullivan
Angelo Taddie

1988

Herbert Claffy
Mac Dahl
Art Fredrickson
Ralph Peterson
Ron Raveling
Cal Stoll

1989

John Drugg
Don Fox
Jim Griffin

Bill Severin
Harvey Shew
Tony Thiel

1990

Roland Bromberg
Gary Gustafson
Tom Mahoney
Bob O'Neil
Dick Rezanka
Al Siegle

1991

Morgan Brandrup
John Davies
Earl Gramling
Roy Hokkanen
Ron Scott
Bob Youso

1992

Stay Canakes
Dan Devine
John Hansen
Joe Mayer
Warren Olson
George Wemeier

1993

Les Dreschel
Ken Mauer
Tom Porter
Dana Powers
Dick Walker

1994

Dick Bakke
George Larson
Jim Malosky
Andy Nelson
Marsh Nelson
George Smith

1995

Gerry Brown
Bruce Frank
Norman Johnson
Bob Peterson
Pat "Bruno" Waldner

1996

Jim Christopherson
Mary Gunderson
Mike Morrissey
Lloyd Peterson

1997

Bill Beck
John Drews
Ross Fortier
Andy Lia
Jerry Peterson

1998

John Conzemius
Frank Fredlund
Bob Sullivan
Jerry Wallskog
Wes Wistrom

1999

Bill Martin
Gerhard Meidt
Grady Rostberg
Buz Rumrill
Mal Scanlan
Omer Sieben

2000

Jerry Hegna
Andy McCarty
Elmer Menage
Ed Mettner
Jim Simser
George Thole

2001

Ken Belanger
John Gross
Don Bertek
Roger Lipelt
Keith Swanson
Stuart Nordquist

2002

Pepper Lysaker
Ken Baumann
Rick Manke
Paul Mork
Willie Rauen
Jim Roforth

2003

Lyle Anderson
Clark Bergloff
Jim Mader
David Main
Dave Nigon
Dick Strand

2004

Dean Taylor
Stan Olson
Gary Graham
Deryl Ramey
Randy Shaver

2005

Ken Jacobson
Jerry Sonnek
Terry McLean
Neal Hofland
Dick Jonckowski
Donovan Larson

2006

Charles Kavanagh
Ken Hill
Rich Kallok
Stan Skjei
Richard Tressel
Gordon Hinck

2007

Keith Bergstedt
Dave Brokke
Robert Hage
Dan Kostich
Conley "Con" Natvig
Tom Witschen

2008

Don Elston
Mario Lucia
Jim Sims
Ron Stolski
Gary Trimble

2009

Roger French
Dave Hylla
DeWayne Johnson
Dwight Lundeen
Mike Mahlen

2010

Dave Dose
Jim Dotseth
Dennis Hale
Jim Reinhardt

2011

Terry Karlsgodt
Mark Kroulik
Bob Majeski

Merrill Pavlovich
Don Stueve
Darrel "Bozo" Wincek

2012

Earl Bauman
Paul Gasner
Dick Hanson
Steve Nunnink
Terry Ogorek
Tyrone Wacker

2013

Gene Stritesky
Jerry Foley
Steve Ott
Ivan Kroulik
Jerry Carlson
Don Seipkes

"HALL OF FAME" NOMINATION FORM

MINNESOTA FOOTBALL COACHES ASSOCIATION

Contact:

Scott Tschimperle: tschis@gsl.k12.mn.us

Paul Lemke: lemkep@gsl.k12.mn.us

DIRECTIONS:

1. Please have nominee (if possible) complete this nomination form completely.
2. Please type or print neatly.
3. Please answer questions in all categories of the nomination form that are applicable.
4. Please include a picture (black and white preferred) of the nominee to be used for press purposes.
5. Nominations must be received by Jan. 1st, 2015

NAME: _____ DATE: _____

PRESENT ADDRESS: _____

(city, state, zip)

TELEPHONE (HOME): _____ (WORK): _____

BIRTHDATE: _____ MARRIED: _____ SINGLE: _____

SPOUSES NAME: _____ CHILDREN AND AGES: _____

PRESENT EMPLOYMENT POSITION: _____

NOMINATED BY: _____

ADDRESS OF NOMINATOR: _____ (city) _____ (state) _____ (zip)

NOMINATOR'S TELEPHONE (HOME): _____ (WORK) _____

Induction into the Football Coaches "Hall of Fame" is gained through one of three divisions. These divisions are:

- A. The high school division (Coaches)
- B. The college division (Coaches)
- C. The citation division (Writers, Announcers, Athletic Directors, Fans, etc.)

IN WHICH DIVISION IS THE INDIVIDUAL NAMED ABOVE NOMINATED? _____

NOMINEES HOBBIES: _____

NOMINEES TRAVELS: _____

EDUCATION

High School(s): School, City/State, Years, Degree Received

2014 POWER OF INFLUENCE AWARD RECIPIENT



Bob "Bubba" Sullivan, Northfield

The Power of Influence Award: Criteria and History

The Minnesota Power of Influence award is presented by the MFCA to recognize one of the many extraordinary football coaches in Minnesota. The Minnesota award winner is our association's nominee for the national Power of Influence Award, which is presented jointly by the American Football Coaches Association and the American Football Coaches Foundation®.

The Power of Influence Award was created as a way for the AFCA and AFCF to honor a deserving high school football coach for his effect on his players, school and community. The individuals nominated must be active head football coaches and must embody the life-changing qualities of respect and inspiration. They must have touched lives and caused student-athletes and others to want to emulate their honesty, patience and modesty. This award is not based on wins and losses, however, it is noted that coaches of powerful influence have longevity and success.

Previous Minnesota Power of Influence winners and national nominees have included: Dwight Lundeen of Becker 2009, Dave Nelson of Minnetonka 2008, Dave Hylla of Proctor 2007, Mike

Mahlen of Verndale 2006, and Ron Stolski of Brainerd 2005. Stolski went on to be named the national Power of Influence Award winner by the AFCA and AFCF.

PREVIOUS POWER OF INFLUENCE AWARD RECIPIENTS

2006

Ron Stolski
Brainerd High School

2007

Mike Mahlen
Verndale High School

2008

Dave Hylla
Proctor High School

2009

Dave Nelson
Minnetonka High School

2010

Dwight Lundeen
Becker High School

2011

Jeff Ferguson
Totino-Grace High School

2012

Paul Mork
White Bear Lake/New Life
Academy

2013

Mark Froehling, Farmington



Nominees Name: _____

First Last

Nominee: Member MSHSCA? Yes or No
(circle one)

Member MHSFCA Yes or No
(circle one)

School Address: _____ City/Zip Code: _____

[illegible]

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MINNESOTA FOOTBALL COACHES ASSOCIATION

2014 DON SWANSON AWARD

Rob Nielsen, Detroit Lakes

Rob Nielsen is a 1985 graduate of Moorhead High School. He earned a Bachelor's degree in Physical Education from the University of North Dakota in 1989. While at North Dakota, Rob was a member of the football team. He also attended Concordia College in Moorhead where he completed the requirements for licensure in Elementary Education in 1991.

Nielsen started his coaching career in the fall of 1989 as an assistant football coach at Detroit Lakes High School. He currently serves as the Lakers Defensive Coordinator. As a football coach, he was on the staff of four state championship teams and numerous section championship teams. Rob also served as the head Track and Field coach in Detroit Lakes from 1992 to 2003. During his track coaching tenure he coached two individual state champions and several Mid-State Conference Championship teams.

Rob started his teaching career in the fall of 1991 teaching 4th grade. From 1991 to the present he has served the Detroit Lakes Public School System in several positions — 4th grade, 5th grade, 6th grade, Elementary PE, High School PE and High School Technology Coordinator. For the past three years, Rob has been the Instructional Technology Coach for the Detroit Lakes Schools.

Rob has been a member of the Minnesota State High School Coaches Association and the Minnesota Football Coaches Association for 20+ years. He has been actively involved with the MSHSCA and the MFCA for the past ten years and is currently the Vice President of the Minnesota State High School Coaches Association. He also serves the MSHSCA as webmaster. He serves the MFCA as webmaster and as the data coordinator for the annual recruiting fair.

Rob and his wife, Mindy, have four children: Ally (23), McKensie (21), Shay (17) and Jay (14).



PREVIOUS AWARD RECIPIENTS

2010
Mike Watson, Centennial

2011
Wayne "Ribsy" Petermeier,
Browerville

2012
Conley Natvig
Swanville, Swanville-Grey
Eagle, Browerville

2013
Jon Gross, Medford

DISTINGUISHED SERVICE AWARD RECIPIENTS

1990	Jim Lano, Normandy Inn
1991	Bud Olson, Bud Olson Awards
1992	Bob Roy, St. Louis Park High School
1993	Don Swanson, Minneapolis Patrick Henry High School
1994	Bill Etter, Chi Chi's Restaurant
1995	Tom Mahoney, Fairmont High School
1996	Joe Samuelson, Stillwater High School
1997	Dick Walker, Richfield High School
1998	Jim Dotseth, Minneapolis Patrick Henry High School
1999	Randy Shaver, KARE 11 TV
2000	Jim Simser, Fairmont High School
2001	Butch Nash, University of Minnesota
2002	Jostens
2003	Ralph Anderson, Becker County Record and Detroit Lakes Tribune
2004	Gordon Shaw, University of Minnesota
2005	Bill Hoag, Varsity Gold
2006	Healy Awards
2007	Doubletree Park Place Hotel, Minneapolis
2008	Dave Fritze, Minnesota High School All-Star Football Game
2009	Brad Madson, Minnesota Vikings
2010	TCF Bank Stadium
2011	Dave Lee, WCCO Radio
2012	Mike Turner, Varsity Photos, Inc. & Varsity Awards
2013	Dave Giles, MFCA Historian



Kevin Merkle
Minnesota State High School League

SERVICE AWARD WINNERS

50 YEAR SERVICE AWARD

Neil Hofland, Chokio-Alberta

Photo Not Available

30 YEAR SERVICE AWARD

Terry Bahlmann, Marshall

Photo Not Available



35 YEAR SERVICE AWARD
Larry Thompson (2011), Lakeville and Lakeville South

2013 CLASS COACHES OF THE YEAR



9-MAN COACH OF THE YEAR
Gary Sloan, Grand Meadow



CLASS 1A COACH OF THE YEAR
John Clark, Jr., Mahnomen



CLASS 2A COACH OF THE YEAR
Jeff Johnson, Chatfield



CLASS 3A COACH OF THE YEAR
Carl Lemke, St. Croix Lutheran



CLASS 4A COACH OF THE YEAR
Andy Rostberg, Hutchinson



CLASS 5A COACH OF THE YEAR
Jeff Ferguson, Totino-Grace



CLASS 6A COACH OF THE YEAR
Mike Grant, Eden Prairie

2013 CONFERENCE COACHES OF THE YEAR

CONFERENCE	COACH	SCHOOL	CLASS
Big Nine.....	Jeff Williams	Owatonna	5A
Big North	Brian Lamppa	Ely	9M
Central Lakes North.....	Ron Stolski.....	Brainerd	5A
Central Lakes South	Jon Konold	Willmar	5A
Central Minnesota	Luke Mitchell	Holdingford	2A
Central Minnesota	Chris Moscho	Belgrade-Brooten-Elrosa	1A
Classic Suburban	Aaron Mullen.....	Tartan	5A
Gopher Valley 1A	Chad Gimbel	Blooming Prairie	1A
Gopher Valley 2A	Brian Schoneck	Maple River	2A
Granite Ridge	Dwight Lundeen	Becker	4A
Great Northern East	Larry Heggedahl	Floodwood	9M
Great Northern West	Derrick Gross	Kelliher/Northome	9M
Great Polar Blue	Shawn Kuhnke	Braham	1A
Great Polar Red	Steve Grams	Mesabi East	2A
Great Polar White	Jim Hogan	Marshall School Duluth	3A
Heart O'Lakes Classic	Chad Fredericksen	Breckenridge	2A
Heart O'Lakes North	Flint	Detroit Lakes	4A
	Motschenbacher		
Heart O'Lakes North	Aaron Morris	Park Rapids	3A
Independent	Matt Townsend	Columbia Heights	3A
Lake	Mike Grant	Eden Prairie	6A
Little Sioux	Chad Johnston	Minneota/Lincoln HI	2A
Minneapolis City	Charles Adams	Minneapolis North	1A
Minnesota River	Justin Johnston	Belle Plaine	3A
Minnesota River	Ken Helland	Tri-City United	3A
Minnesota River	Craig Johnson	Watertown-Mayer	3A
Mississippi 8 Blue	Marc Franz	Rogers	5A
Mississippi 8 Red	Marc Weiss	Chisago Lakes Area	5A
Missota.....	Lambert Brown	Chaska	5A
North Suburban	Jon Hanks	Benilde St. Margaret's	4A
	Patrick Krieger		
North Tri-County	Jeremy Morgenroth	Win-E-Mac.....	9M
Northstar East	Tom Demars	Pine River-Backus.....	1A
Northstar West	Todd Johnson	Mahnomen	1A

CONFERENCE	COACH	SCHOOL	CLASS
Northwest Suburban North ..	Matt Lombardi	Maple Grove	6A
Northwest Suburban West ...	Derrin Lamker	Osseo	6A
Pheasant North	Mike Mahlen	Verndale	9M
Pheasant South	Brian Dahl	Clinton-Graceville-Beardsley	9M
Pheasant South	teve Jipson	Clinton-Graceville-Beardsley	9M
Prairie North	Bryan Strand	Barnesville	2A
Prairie South	Don Seipkes	Ottertail Central	2A
Sea Range	Tom Lenarz	Cloquet	4A
South Central	Brad Wendland	Waseca	4A
South Suburban	Jeff Erdmann	Rosemount	6A
Southeast	James Semmen	Lanesboro	9M
Southeast	Zach Hauser	Spring Grove	9M
Southeast	Gary Sloan	Grand Meadow	9M
Southern	Confederacy East ...	Tom Murphy Nicollet	9M
Southern	Confederacy West ...	Tim Kirk Mountain Lake	9M
Southern FB Alliance Blue ...	Brent Schroeder	Caledonia	2A
Southern FB Alliance Red ...	Mike Kesler	Rochester Lourdes	3A
Southern FB Alliance Red ...	Aaron Meyer	Stewartville	4A
Southern FB Alliance Red ...	Broc Threinen	Kasson-Mantorville	4A
Southern FB Alliance White .	Don Henderson	Triton	2A
Southern FB Alliance White .	John Stapleton	Pine Island	2A
Southern Minnesota	Brent Kucera	Sleepy Eye St. Mary's	1A
Southwest	Tom Schuller	Jackson County Central	2A
St. Paul City	David Zeitchick	St. Paul Highland Park	4A
Suburban East	Chris Simdorn	Roseville Area	6A
Top of the State	Cory Waling	Kittson County Central	9M
Tri-Metro East	Carl Lemke	St. Croix Lutheran	3A
Tri-Metro West	Sean McMenomy ...	DeLaSalle	4A
West Central	Max Meagher	Paynesville	2A
Wright County East	Andy Rostberg	Hutchinson	4A
Wright County West	Scott Tschimperle ...	Glencoe-Silver Lake	3A

2013 SECTION COACHES OF THE YEAR

CLASS: 9 MAN – SECTION COACH

- 1 Gary Sloan, Grand Meadow
- 2 Tom Murphy, Nicollet
- 3 Tim Kirk, Mountain Lake
- 4 Chuck Ross, Underwood
- 5 Larry Heggedahl, Floodwood
- 6 Nathan Brager, Ada-Borup
- 7 Brian Lampka, Ely
- 8 Cory Waling, Kittson County Central

CLASS: 1A – SECTION COACH

- 1 Scott Hanson, Bethlehem Academy
- 2 Brent Kucera, Sleepy Eye St. Mary's
- 3 Randy McIntire and
Derek Flann, Tracy-Milroy-Balaton
- 4 Joe Scoblic, Lester Prairie/Holy Trinity
- 5 Cory Larson, Dawson-Boyd
- 6 Jay Loven, Upsala/Swanville
- 7 Shawn Kuhnke, Braham
- 8 John Clark, Jr., Mahanomen

CLASS: 2A – SECTION COACH

- 1 Jeff Johnson, Chatfield
- 2 John Stapleton, Pine Island
- 3 Tom Schuller, Jackson County Central
- 4 Tim Knudsen, Maple Lake
- 5 Chad Johnston, Minneota/Lincoln HI
- 6 Luke Mitchell, Holdingford
- 7 Dave Louzek, Moose Lake/Willow River
- 8 Peder Naatz, Hawley

CLASS: 3A – SECTION COACH

- 1 Mike Kesler, Rochester Lourdes
- 2 Scott Tschimperle, Glencoe-Silver Lake
- 3 Mat Mahoney, Fairmont
- 4 Carl Lemke, St. Croix Lutheran
- 5 Leo Pohlkamp, Pierz

- 6 Dan Essler, New London-Spicer
- 7 Derek Parendo, Proctor
- 8 Anthony Soderberg, Dilworth-Glyndon-Felton

CLASS: 4A – SECTION COACH

- 1 Broc Threinen, Kasson-Mantorville
- 2 Andy Rostberg, Hutchinson
- 3 Ray Betton, Academy of Holy Angels
- 4 Chad Sexauer, South St. Paul
- 5 Merrill Pavlovich, Delano
- 6 Sean McMenomy, DeLaSalle
- 7 Tom Lenarz, Cloquet
- 8 Flint Motschenbacher, Detroit Lakes

CLASS: 5A – SECTION COACH

- 1 Jeff Williams, Owatonna
- 2 Lambert Brown, Chaska
- 3 Chad Clendening, Apple Valley
- 4 Rich Wilkie, Andover
- 5 Tom Orth and Stan Eskierka, Henry Sibley
- 6 Jared Essler, St. Michael-Albertville
- 7 Ron Stolski, Brainerd
- 8 Scott Hentges, Sartell-St. Stephen

CLASS: 6A – SECTION COACH

- SQ Jeff Ferguson, Totino-Grace
- SQ Derrin Lamker, Osseo
- SQ Mike Grant, Eden Prairie
- SQ Chris Simdorn, Roseville Area
- SQ Brian Vossen, Lakeville North
- SQ Kelly Sherwin, Eastview
- SQ Jeff Erdmann, Rosemount
- SQ Matt Lombardi, Maple Grove
- SQ = State Qualifier*

CONFERENCE / SECTION COACH OF THE YEAR QUESTIONNAIRE MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Jim Dotseth, 4180 Trenton Lane No, Plymouth, MN 55441 or Fax 1-888-590-8819

NOTE: This award is for one coach. If your program has co-coaches, both will receive plaques at the banquet. However, for Class and State Coach of the Year award(s) you will need to select one.

Candidates name in full _____
first middle last

Address _____ City/Zip Code _____

E-mail _____ Home phone _____ Work phone _____

Birthdate _____ College attended _____ Year graduated _____

Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Conference _____ School _____

Were you Conference Coach of the Year? _____ Yes; _____ No.

If not, who is your Conference Coach of the Year? _____ School _____

School Address _____ City/Zip Code _____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

Years as a head football coach _____ Season Record _____ Career Record _____

List other background information that would help the committee in their selection (previous championships, awards, etc.)

Submitted by: _____ Signature _____

COACHES WITH THE MOST STATE CHAMPIONSHIPS

While numerous coaches have coached state championship teams and several have coached teams to two state titles a select few have been able to guide their teams to three or more state championships. The coaches listed below won at least three state titles at one or more schools. If any coaches have been omitted, reader should contact the Secretary-Treasurer.

Titles	Coach	School(s)	Years
9	Mike Grant	Eden Prairie	1996, 97, 2000, 02, 06, 07, 11, 12, 13
7	Mark Kroulik	Stephen; Stephen/Argyle	1992, 2003, 04, 05, 06, 07, 09
7	Jeff Ferguson	Totino Grace	2003, 04, 06, 07, 09, 10, 12
6	Ken Baumann	Mahnomen	1980, 90, 91, 92, 93, 98
5	Dick Hanson	Burnsville	1972, 80, 85, 89, 91
4	Rick Manke	Glyndon-Felton	1985
		Detroit Lakes	1992, 93, 95
4	George Thole	Stillwater	1975, 82, 84, 95
4	Gerhard Meidt	Minneota	1986, 87, 88
		Rothsay	1972
4	Dave Dose	Glencoe-Silver Lake	2000, 03, 06, 07
3	Grady Rostberg	Hutchinson	1983, 84, 98
3	George Larson	Cambridge	1986, 87, 2000
3	Ken Jacobsen	Chatfield	1994, 95, 96
3	Lyle Anderson	Cook County	1997, 98, 99
3	Dave Main	Gaylord	1973, 75, 79
3	Keith Bergstadt	Cromwell	1995, 96, 98
3	Jim Reinhardt	Rushford-Peterson	2002, 2004, 2006
3	Jon Bakken	Waterville-Elysian-Morristown	1989, 1999, 2009
3	Don Henderson	Triton	1994, 2000, 2006
3	Larry Thompson	Lakeville/South	1988, 1992, 2003
3	Brad Anderson	Wayzata	2005, 08, 10
3	Brent Schroeder	Caledonia	2010, 2011, 2012

MOST STATE PLAYOFF APPEARANCES

State Playoffs began in 1972 Through 2012 season

No.	School	No.	School	No.	School	No.	School
23	Cretin-DH	13	Breckenridge	11	LeRoy-Ostrander	10	Minneota
22	Totino Grace	13	Cambridge-Isanti	11	Richfield	10	Hillcrest Academy
21	St. Thomas Academy	13	Becker	11	Rochester John Marshall	10	Northfield
21	Mahnomen	12	Stephen-Argyle	11	Blaine	10	St. Peter
20	Hutchinson	12	Deer River	11	Glencoe-Silver Lake	10	Waterville-Elysian
19	Stillwater	12	Detroit Lakes	11	Mahtomedi		Morristown
19	Albany	12	Hawley	11	Luverne		
16	Eden Prairie	12	LeRoy-Ostrander	10	Apple Valley		
15	Verndale	12	Rochester John Marshall	10	St. Peter		
14	Cromwell	12	Wayzata	10	Cook County		
14	Moorhead	11	Burnsville	10	Esko		

WINNINGEST ALL TIME HIGH SCHOOL COACHES 200 OR MORE WINS

Rank..	Wins...	Losses	Ties	Coach	School	Years	Win %.....	HOF
1	355.....	156.....	5.....	Ron Stolski.....	Brainerd	52	0.6928.....	2008
2	345.....	124.....	3.....	Mike Mahlen	Verndale.....	45	0.7341.....	2009
3	317.....	144.....	3.....	Dwight Lundeen	Becker.....	44	0.6864.....	2009
4	307.....	66.....	6.....	George Larson-r	Cambridge.....	40	81.79%	1994
5	287.....	66.....	2.....	Ken Baumann-r	Mahnomen.....	32	81.13%	2002
6	286.....	66.....	0.....	Mike Grant	Eden Prairie	31	81.25%	2014
7	285.....	69.....	2.....	George Thole-r.....	Stillwater	31	80.34%	2000
8	277.....	89.....	1.....	Grady Rostberg-r	Hutchinson	34	75.61%	1999
9	277.....	123.....	0.....	Merrill Pavlovich.....	Delano.....	38	69.25%	2011
10.....	277.....	125.....	0.....	Carl Lemke	St. Croix Lutheran	41	68.91%	
11.....	275.....	133.....	2.....	Stuart Nordquist-r	International Falls.....	41	67.32%	2001
12.....	269.....	115.....	2.....	Jim Roforth-r	Osakis	45	69.95%	2002
13.....	265.....	122.....	11 ..	George Smith-r	Mahtomedi.....	43	67.96%	1994
14.....	263.....	86.....	2.....	Neal Hofland-r	Chokio-Alberta.....	35	75.21%	2005
15.....	259.....	102.....	9.....	Les Dreschel-r	Red Lake Falls/Crookston	40	71.22%	1993
16.....	259.....	105.....	13 ..	John Hansen-r.....	Osseo	40	70.42%	1992
17.....	256.....	94.....	8.....	Tom Mahoney-r	Fairmont	38	72.63%	1990
18.....	251.....	76.....	0.....	Jon Bakken	Waterville-Elysian-Morristown	29	76.76%	2014
19.....	250.....	124.....	0.....	Larry Thompson.....	Lakeville South.....	35	66.84%	2014
20.....	246.....	137.....	0.....	Terry Karlsgodt	Atwater-Grove City- Cosmos.....	38	64.23%	2011
21.....	246.....	157.....	0.....	Don Seipkes.....	Ottertail Central/Henning.....	41	61.04%	2013
22.....	241.....	91.....	0.....	Dave Nigon-r	Totino Grace	31	72.59%	2003
23.....	237.....	76.....	0.....	Steve Solem	BOLD.....	28	75.72%	
24.....	236.....	79.....	0.....	Gerhard Meidt-r	Rothsay/Minneota/Big Lake.....	32	74.92%	1999
25.....	235.....	94.....	0.....	Dave Nelson	Minnetonka	30	71.43%	2014
26.....	233.....	108.....	3.....	Buz Rumrill-r	Glencoe/Silver Lake	33	68.17%	1999
27.....	230.....	65.....	0.....	Jim Mader-r.....	Albany	26	77.97%	2003
28.....	230.....	138.....	1.....	Roger Lipelt-r	Wayzata/Providence	40	62.47%	2001
29.....	223.....	91.....	1.....	Jim Simser-r	Fairmont/New Richland-H	32	70.95%	2000
30.....	222.....	91.....	0.....	Stan Olson-r	LeRoy-Ostrander	30	70.93%	2004
31.....	221.....	73.....	0.....	Don Henderson.....	Triton.....	27	75.17%	
32.....	221.....	97.....	0.....	Dave Brokke-r.....	Granite Falls/YME	31	69.50%	2007
33.....	220.....	74.....	0.....	Clark Bergloff-r	Mora.....	29	74.83%	2003
34.....	220.....	127.....	1.....	Don Stueve-r	Fergus Falls	37	63.36%	2011
35.....	218.....	80.....	0.....	Leo Pohlkamp	Pierz	28	73.15%	
36.....	216.....	130.....	6.....	Billy Beck-r.....	Lac Qui Parle Valley.....	39	62.22%	1997
37.....	214.....	93.....	0.....	Randy Strand.....	Adrian.....	29	69.71%	
38.....	214.....	141.....	0.....	Bob Jackson-r.....	White Bear Lake/SLP	35	60.28%	

39.....	212.....	64.....	0.....	Gary Graham-r	Browerville.....	25	76.81%	2004
40.....	212.....	83.....	8.....	Kenneth "Red" Wilson-r	Bemidji	34	71.29%	
41.....	212.....	121	2.....	DeWayne Johnson-r	Anoka	33	63.58%	2009
42.....	209.....	91.....	0.....	Jerry Wallskog-r.....	LeCenter/BDRSH/Monty	31	69.67%	1998
43.....	207.....	92.....	0.....	Terry Ogorek-r.....	Kittson County Central.....	30	69.23%	2012
44.....	207.....	109.....	2.....	Andy Nelson-r.....	Lake Benton/Verdi	34	65.41%	1994
45.....	206.....	89.....	0.....	Ron Johnson-r	Clearbrook/Gonvick Tr.....	31	69.83%	
46.....	205.....	58.....	2.....	Dick Hanson-r	Burnsville.....	25	77.74%	2012
47.....	203.....	66.....	1.....	Stav Canakes-r	Edina.....	27	75.37%	1992
48.....	202.....	106.....	13 ..	Bruce Frank-r	Le Sueur.....	37	64.95%	1985
49.....	202.....	120.....	2.....	Con Natvig-r	Swanville	33	62.65%	2007
50.....	202.....	147.....	0.....	Richard Risbrudt-r	Fergus Falls	35	57.88%	
51.....	200.....	65.....	0.....	Rich Kallok-r.....	Cretin-DH	22	75.47%	2006
52.....	200.....	77.....	3.....	Bob Youso-r.....	Moose Lake/Willow River	30	71.96%	1991
53.....	200.....	89.....	0.....	Ken Mauer-r	St. Paul Harding.....	32	69.20%	1993
54.....	200.....	111	0.....	Dean Taylor-r.....	Sartell/St. Cloud Cathedral.....	32	64.31%	

ALL TIME WINNINGEST HIGH SCHOOL COACHES BY WIN PERCENTAGE

Wins	Losses	Ties	Coach	School	Years	Win %	Games
165.....	12.....	0.....	Mark Kroulik-r	Stephen-Argyle	15	93.22%	177
138.....	16.....	0.....	Jeff Ferguson.....	Totino Grace	12.....	89.61%	154
148.....	27.....	0.....	Dave Louzek.....	Moose Lk/Willow River	15.....	84.57%	175
173.....	34.....	1.....	Gerry Brown-r.....	St. Thomas Academy.....	21	83.41%	208
143.....	30.....	0.....	Brad Anderson.....	Wayzata.....	15.....	82.66%	173
132.....	28.....	0.....	Peder Naatz	Hawley	14.....	82.50%	160
156.....	34.....	0.....	Keith Bergstedt-r	Cromwell.....	16.....	82.11%	190
307.....	66.....	6.....	George Larson-r	Cambridge	40.....	81.79%	379
286.....	66.....	0.....	Mike Grant	Eden Prairie	31	81.25%	352
287.....	66.....	2.....	Ken Baumann-r	Mahnomen	32.....	81.13%	355
141.....	29.....	10	Vern Morrison-r	St. Cloud Tech	20.....	81.11%	180
149.....	31.....	12	Red Hastings-r	Austin	20.....	80.73%	192
285.....	69.....	2.....	George Thole-r.....	Stillwater	31	80.34%	356
136.....	34.....	0.....	Andy Rostberg.....	Hutchinson.....	15.....	80.00%	170
131.....	33.....	2.....	George Wemeier-r.....	Minneapolis Washburn.....	18.....	79.52%	166
192.....	52.....	0.....	Steve Ott-r	Deer River	22.....	78.69%	244
120.....	33.....	0.....	John Clark Jr	Mahnomen	13.....	78.43%	153
161.....	44.....	3.....	Jim Gotta-r	Moorhead.....	26.....	78.13%	208
230.....	65.....	0.....	Jim Mader-r.....	Albany.....	26.....	77.97%	295
205.....	58.....	2.....	Dick Hanson-r	Burnsville	25.....	77.74%	265
136.....	38.....	3.....	Robert Hage r.....	Hector	20.....	77.68%	177
212.....	64.....	0.....	Gary Graham-r	Browerville	25.....	76.81%	276
251.....	76.....	0.....	Jon Bakken.....	Waterville-Elysian-Morristown.....	29.....	76.76%	327

AWARDS

181	56	0	Rick Manke-r	Detroit Lakes	21	76.37%	237
168	51	3	Pete Herges-r	Albany	32	76.35%	222
237	76	0	Steve Solem	BOLD	28	75.72%	313
277	89	1	Grady Rostberg-r	Hutchinson	34	75.61%	367
200	65	0	Rich Kallok-r	Cretin-DH	22	75.47%	265
203	66	1	Stav Canakes-r	Edina	27	75.37%	270
263	86	2	Neal Hofland-r	Chokio-Alberta	35	75.21%	351
176	56	6	John Drews-r	Rochester John Marshall	25	75.21%	238
221	73	0	Don Henderson	Triton	27	75.17%	294
236	79	0	Gerhard Meidt-r	Rothsay/Minneota/Big Lake	32	74.92%	315
122	41	0	Tom Schuller	Jackson Co Central	15	74.85%	163
220	74	0	Clark Bergloff-r	Mora	29	74.83%	294
125	42	2	Herm Frickey-r	Hibbing	28	74.56%	169
198	68	0	Jim Reinhardt-r	Rushford-Peteson	23	74.44%	266
116	41	0	James Miller-r	Rochester Mayo	15	73.89%	157
141	50	0	Tony Thiel-r	Battle Lake	21	73.82%	191
190	68	0	Ivan Kroulik-r	Kasson-Mantorville	24	73.64%	258
345	124	3	Mike Mahlen	Verndale	45	73.41%	472
132	48	0	Tony Thiel	Wheaton/Herman/Norcross	17	73.33%	180
123	45	0	Flint Motschenbacher	Detroit Lakes	15	73.21%	168
218	80	0	Leo Pohlkamp	Pierz	28	73.15%	298
135	50	0	Mike Belseth-r	Breckenridge	17	72.97%	185
175	65	0	Bob Majeski-r	Hastings	21	72.92%	240
256	94	8	Tom Mahoney-r	Fairmont	38	72.63%	358
241	91	0	Dave Nigon-r	Totino Grace	31	72.59%	332
188	66	18	Bill Hansen-r	Willmar	33	72.43%	272
101	36	8	Frank Cleve-r	Minneapolis Henry	20	72.41%	145
183	67	11	Irv Nerdahl-r	Robbinsdale	32	72.22%	261
200	77	3	Bob Youso-r	Moose Lake/Willow River	30	71.96%	280
180	69	4	Dick Walker-r	Richfield	21	71.94%	253
175	68	4	Chuck Halsted-r	Two Harbors	30	71.66%	247
111	44	0	Peter Haugen-r	Washburn	15	71.61%	155
151	58	7	Angelo Taddie-r	Nashwauk-Keewatin	31	71.53%	216
113	45	0	Tyrone Wacker -r	Gaylord/Jackson	16	71.52%	158
235	94	0	Dave Nelson	Minnetonka	30	71.43%	329
212	83	8	Kenneth "Red" Wilson-r	Bemidji	34	71.29%	303
186	75	0	Dave Main-r	Sibley East/Gaylord	27	71.26%	261
259	102	9	Les Dreschel-r	Red Lake Falls/Crookston	40	71.22%	370
185	75	0	David Main-r	Gaylord	22	71.15%	260
104	40	8	Art Hass-r	Austin	17	71.05%	152
120	49	0	Dan Kostich-r	Moorhead	16	71.01%	169
223	91	1	Jim Simser-r	Fairmont/New Richland-H	32	70.95%	315
222	91	0	Stan Olson-r	LeRoy-Ostrander	30	70.93%	313
196	81	0	Dave Hylla-r	Proctor	27	70.76%	277
186	77	0	Mal Scanlon-r	Cretin/Johnson/Washington	27	70.72%	263
167	68	5	Pat Waldner-r	Bloomington Jefferson	23	70.63%	240
259	105	13	John Hansen-r	Osseo	40	70.42%	377
136	56	7	John Drugg-r	Wells-r	24	70.10%	199
113	47	5	Mario Lucia-r	Big Fork/Grand Rapids	20	70.00%	165

ACTIVE HIGH SCHOOL COACHES WITH 60 OR MORE CAREER WINS

Wins	Losses	Ties	Coach	School	Years	Games
355	156	5	Ron Stolski	Brainerd	52	516
345	114	3	Mike Mahlen	Verndale	45	462
317	144	3	Dwight Lundeen	Becker	44	464
286	66	0	Mike Grant	Eden Prairie	31	352
277	123	0	Merrill Pavlovich	Delano	38	400
277	125	0	Carl Lemke	St. Croix Lutheran	41	402
251	76	0	Jon Bakken	Waterville-Elysian-Morristown	29	327
250	124	0	Larry Thompson	Lakeville South	35	374
246	137	0	Terry Karlsgodt	ACGC	39	383
246	157	0	Don Seipkes	Ottertail Central/Henning	41	403
237	76	0	Steve Solem	BOLD	28	313
235	94	0	Dave Nelson	Minnetonka	30	329
221	73	0	Don Henderson	Triton	27	294
218	80	0	Leo Pohlkamp	Pierz	28	298
214	93	0	Randy Strand	Adrian	29	307
196	91	0	Terry Bahlmann	Marshall	30	287
176	85	0	Dean Aurich	Mayer Lutheran	26	261
171	103	0	Bubba Sullivan	Northfield	25	274
169	81	0	Bill Hudspeth	Esko	24	250
166	164	0	John Sieling	Prairie Valley/Eagle Valley	36	330
161	157	0	Ken Helland	Tri-City United/LeCenter	34	318
155	170	0	Steve Hill	Minnewaska	38	325
152	119	0	Rick Sutton	Eagan	28	271
152	124	0	Karl Urbaniak	Mable-Canton	31	276
150	73	0	Gary Sloan	Grand Meadow	21	223
150	96	0	Larry Herm	Foley	25	246
149	96	0	Joe Scoblic	Lester Prairie-Holy Trinity	24	245
148	27	0	Dave Louzek	Moose Lk/Willow River	15	175
146	85	0	Dave Hopkins	Holy Family	22	231
146	111	0	Terry Arduser	Madelia	28	257
145	71	0	Jeff Schlieff	Spring Lake Park	21	216
145	89	0	Tom Murphy	Nicollet	23	234
144	65	0	Bill Ihrke	Plainview-Elgin-Milville	20	209
143	30	0	Brad Anderson	Wayzata	15	173
138	16	0	Jeff Ferguson	Totino Grace	12	154
136	34	0	Andy Rostberg	Hutchinson	15	170
134	112	0	Jeff Erdmann	Rosemount	24	246
132	28	0	Peder Naatz	Hawley	14	160
132	48	0	Tony Thiel	Wheaton/Herman/Norcross	17	180
131	94	0	Randy Kuechenmeister	Blue Earth Area	23	225
129	72	0	Denny Lux	New Ulm Cathedral	19	201
129	94	0	Paul Mork	New Life Acdmy/WBL	25	223
127	81	0	Daryl Illikainen	Hermantown	21	208
126	61	0	Jeff Williams	Owatanna	18	187
124	101	0	Leo Theisen	Westbrook Walnut Grove	24	225
123	45	0	Flint Motschenbacher	Detroit Lakes	15	168
122	41	0	Tom Schuller	Jackson Co Central	15	163
122	92	0	Mark Froehling	Farmington	22	214
120	33	0	John Clark Jr	Mahnomen	13	153

AWARDS

Wins	Losses	Ties	Coach	School	Years	Games
120.....	54.....	0.....	Chad Gimbel	Blooming Prairie	17	174
118.....	70.....	0.....	Brian Nelson	Fertile-Beltrami.....	19	188
118.....	94.....	0.....	Gerard Rohl.....	Buffalo	22	212
115.....	93.....	0.....	Todd Olson.....	Richfield	21	208
114.....	70.....	0.....	Kelly Sherwin	Eastview	16	184
112.....	63.....	0.....	Jeff Plaschko.....	St. Paul Johnson	18	175
111.....	50.....	0.....	Paul Dunn.....	Springfield	15	161
109.....	122	0.....	Mike Dammann	MACCRAY.....	25	231
108.....	60.....	0.....	Carter Ross	Westbrook Walnut Grove.....	17	168
107.....	109	0.....	John Jirik.....	North Woods	23	216
106.....	65.....	0.....	Jack Drews	Rochester John Marshall.....	17	171
104.....	28.....	0.....	Andrew Fleischman.....	Edgerton/Ellsworth	12	132
101.....	42.....	0.....	Jim Galvin.....	Mounds View	13	143
100.....	27.....	0.....	Dave Ziebarth	St. Thomas Academy	11	127
99.....	34.....	0.....	Chad Johnston	Minneota/Lincoln H I	12	133
99.....	60.....	0.....	Bob Staska.....	McGregor	16	159
99.....	68.....	0.....	John Austinson.....	Byron	17	167
99.....	76.....	0.....	Jeff Weiland	Orono.....	17	175
97.....	41.....	0.....	Ribsy Petermeier.....	Browerville	13	138
95.....	74.....	0.....	Chuck Ross	Underwood	16	169
95.....	75.....	0.....	Bill Weiss	Chisago Lakes	17	170
94.....	42.....	0.....	Todd Oye	Luverne	12	136
93.....	92.....	0.....	Bill Magnuson	Sauk Rapids-Rice.....	18	185
92.....	76.....	0.....	Dave Haugen	Pelican Rapids.....	17	168
91.....	31.....	0.....	Mike Kleinschmidt	Albany.....	11	122
90.....	16.....	0.....	Mike Scanlan	Cretin-Derham Hall.....	9	106
88.....	45.....	0.....	Cory Larson.....	Dawson-Boyd.....	12	133
84.....	59.....	0.....	Dan Essler	New London-Spicer.....	14	143
82.....	31.....	0.....	Jeff Gronner.....	Cromwell	10	113
82.....	101	0.....	Les Viken.....	Fosston	18	183
81.....	25.....	0.....	Mike Kesler.....	Rochester Lourdes	9	106
81.....	78.....	0.....	Steve Hamilton.....	Elk River.....	16	159
79.....	30.....	0.....	Brian Dahl.....	Clinton-Graceville-Beardley.....	10	109
79.....	30.....	0.....	Steve Jipson.....	Clinton-Graceville-Beardley.....	10	109
78.....	55.....	0.....	Jim Buboltz	Minnesota Valley Lutheran	14	133
75.....	53.....	0.....	Troy Hendricks	Bemidji	12	128
75.....	64.....	0.....	Brian Remick.....	Red Lake County.....	15	139
72.....	20.....	0.....	Mark Esch	Mankato West	8	92
71.....	37.....	0.....	Joe Kemp.....	TMB/Wabasso	10	108
71.....	57.....	0.....	Jody Stone	Shakopee.....	13	128
70.....	25.....	0.....	Bryan Strand.....	Barnsville	9	95
69.....	82.....	0.....	Tim Knutson	Maple Lake.....	15	151
66.....	25.....	0.....	Sean McMenomy.....	DeLaSalle.....	9	91
66.....	40.....	0.....	Marc Franz.....	Rogers.....	11	106
66.....	71.....	0.....	Chris Simdorn	Roseville Area.....	13	137
64.....	41.....	0.....	Chad Sexauer.....	So. St. Paul.....	10	105
64.....	49.....	0.....	Tony Gullickson	Warren-Alverado.....	11	113
64.....	58.....	0.....	David Zeitchick.....	St. Paul Highland Park	14	122
63.....	48.....	0.....	Jeff Buerkle	Anoka.....	11	111
63.....	52.....	0.....	Brad Wendland.....	Waseca	12	115
61.....	42.....	0.....	Ned Louis.....	Faribault	10	103
60.....	12.....	0.....	Scott Tschimperle.....	Glencoe-Silver Lake	7	72
60.....	30.....	0.....	Derrin Lamker.....	Osseo	9	90
60.....	50.....	0.....	Brian Lamppa.....	Ely.....	11	110

BUTCH NASH AWARD

The Minnesota High School Football Coaches Association feels that Butch Nash is the epitome of the ideal assistant coach.

Total loyalty, coaching competency, outstanding rapport with players and fellow coaches, integrity beyond reproach, and many years of dedicated service to a worthy profession are the qualities that describe Butch.

These are the qualities exemplified by the assistant coaches who have been chosen to receive this year's Butch Nash Award.



Butch Nash
Minnesota Gophers

BUTCH NASH AWARD REQUIREMENTS

- An active assistant football coach at the high school level.
- Although not strictly limited to varsity level coaches, the Executive Committee sets a requirement of being an assistant who is a "front liner" – in the limelight, under the gun, recipient of praise and/or criticism approaching the level of the head coach.
- Certainly, a few younger coaches can meet these requirements, BUT, in all candor, years of service to a program will influence the selection committee's choices (generally 15 or more years).
- Both the head coach and the nominee must be members of the MFCA.
- No more than one assistant from a high school program will be honored in a given year.
- The award will be limited to eight recipients in a given year.

BUTCH NASH AWARD RECIPIENTS



Bill Aufdenkamp, Frazee



Daniel Brinkman, Hutchinson



Darby Carlson, St. Michael-Albertville



David Meyer, Detroit Lakes



Matt Myrvik, Minneota/Lincoln HI



Jeff Saueressig, Chisago Lakes



John Schultz, New Richland-HEG



Matt Watson, Centennial

Butch Nash Award Nomination Form

(Award for assistant football coaching at the high school level)

Candidates name in full _____
First middle last

Address _____ City/Zip Code _____

E-mail _____ Home phone () _____ Work phone () _____

Birthdate _____ College attended _____ Year graduated _____

Candidate: Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Head Coach: Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Head Coach e-mail _____ Home ph: _____ Work ph: _____

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Conference _____ School _____
(please circle)

School Address _____ City/Zip Code _____

Current football coaching assignment _____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

Total number of years as high school assistant football coach (minimum 15 years) _____

List other background information that would help the committee in their selection (previous championships, awards, etc).

Submitted by: _____
Head Football Coach

Return to: **Jim Dotseth, 4180 Trenton Lane No, Plymouth, MN 55441**
Fax: 1-888-590-8819, Email: dotsethj@comcast.net

Central Lakes North Division

BEMIDJI.The Bemidji Lumberjacks had another solid season, finishing 3-2 in the CLC north, losing on the final series of the game to both Brainerd and Moorhead. They finished the season with a 7-3 record, losing again on the last series to Chisago Lakes in the Section semi-finals. The defense was hard hit by injuries, losing several starters throughout the season.The jacks had a potent offense and moved the ball consistently throughout the year with a balanced attack featuring Sr, Tanner Boles who had 1300 yds and 22 TD's, and dual threat James Hendricks (JR),who passed for 1600yds (16 TD's), and rushed for over 700 yards.. The outlook for 2014 is very promising, with several starters returning on both sides of the ball. The Lumberjacks will be a force to reckon with in both Conference and Section play. Coach Hendricks, following a brief hiatus, will begin his 6th season back.

BRAINERD... The Warriors had a run to remember, winning the CLC North , Section 7 (5A), defeating a very good Chaska team 20-19 in the state semi-finals and playing in the 5A Championship game, ; losing to an outstanding Owatonna team in what was the final HS game ever played in the Metro Dome. They finished with a 12-1 record... winning two extremely close games over the very good Bemidji and Moorhead teams. Brainerd had outstanding Sr. leadership and a number of outstanding players with good experience. 2014 will be a challenge for the team and staff. Head coach Ron Stolski completed his 52 season; 39th at Brainerd.

FERGUS FALLS...The 2013 Otters' season ushered in long time assistant, Steve Olson's first year as head coach.The Otters went 1-4 in the CLC North Division and finished with an overall record

Conference Standings		
	Conference	Overall
Brainerd	5-0	12-1
Moorhead	4-1	7-4
Bemidji	3-2	7-3
Alexandria	2-3	2-7
Fergus Falls	1-4	3-6
Grand Rapids	0-5	0-9

of 3-6. The Otters did not bring back much experience from their 2012 championship season.. a title they shared with Brainerd and Rocori. The season had a rough start, with the Otters losing to an experienced Brainerd team. They regrouped the next week and defeated Rocori. The rest of the season found them battling every week in the tough CLC, gaining two more wins over Sauk-Rapids-Rice and Grand Rapids.

MOORHEAD.... The Spuds had an up and down season, but played very well toward the end, beating rivals Bemidji, Alexandria and St. Cloud Apollo. The Spuds finished the season, 7-4, losing to Sartell-St. Stephen in the Section 8 (5A) championship game. Outstanding receiver, Brett Lawrence was selected to represent the Spuds in the MFCA Tackle Cancer All-Star game. ■

Central Lakes South Division

The Central Lakes Conference had a new look this season with a North and South divisions. The CLC welcomed newcomers; Grand Rapids, Bemidji and Moorhead. The level of competition was outstanding with the addition of the new teams. In the South division, the St. Cloud Apollo Eagles won the division title. The North division was won by the Brainerd Warriors on their way to a Runner up finish in the class 5A championship game.

The Saint Cloud Apollo Eagles won the Central Lakes Conference South Championship with a conference record of 5-1 and had an overall record of 6-3. The 6 wins was the most for the program since 1995. The three losses for the Eagles came to State Tournament entrants Brainerd and Sartell and Section Runner-Up Moorhead. Starting the season 5-1 the Eagles finished the season 1-2 after losing 2 time All Central Lakes Conference QB, junior Ben Alvord, to an injury. A highlight for the Eagles was week 7, led by backup QB

Cooper Lynch, the Eagles rallied from a 6-0 deficit with 8 minutes remaining in the 4th quarter to come back and beat crosstown rival Tech 21-6 and secure the conference championship. The Eagles will look to build on the success of 2013 and will be led by 31 seniors in 2014.

The Willmar Cardinals entered the 2013 season with a lot of new faces on both offense and defense. Despite the youth on both sides of the ball, the young Cards posted an impressive 6-3 record, good for second place in the CLC South Division. Willmar lost tough games against three quality football teams; Brainerd, St. Cloud Apollo and Buffalo. The up tempo offense led the conference in scoring at 36 points per game. The offense was led by junior signal caller Augustine Hahn who completed 65% of his passes and 2,000

yards. The running game was led by two year starter, junior Michael Heitzman who scored 16 rushing TDs. The most inexperienced group was the offensive line. As the season went on they began to gel and open nice holes for the running game. The defense allowed only 19 points per game which was good for second best in the conference. The defensive standouts were defensive tackle Leon Richards and linebacker Trey Tollefson. The Cardinals look to improve on their 2013 campaign with 17 returning starters.

After getting off to a slow start (1-3), with losses to St. Cloud Tech, Willmar, and Bemidji, the Sartell Sabres finish the regular season by winning 4 consecutive games, including defeating CLC South champions St. Cloud Apollo 21-17. The Sabres (3-2 CLC South, 8-4 overall) continued their winning streak into the Section 8AAAAA playoffs, defeating Sauk Rapids (28-7), avenging a tough season opening loss to St. Cloud Tech (32-19), and securing the section championship game against Moorhead with an interception in the end zone in the final minute (24-19). Sartell lost in the Class 5A quarterfinals to a very good St. Michael-Albertville team (52-28). The Sabres were led on offense by Darek Stachowski (JR, RB, 346c/2201y, 21 TDs), Alex Haima (WR, 21r/332y, 7 TDs), Nick Jensen (FB, 13r/255y, 2 TDs) and junior quarterback Brandon Snoberger (90/188, 1342y, 17 TDs). Anchoring the offensive line were T.J. Bevans (SR) and Anthone Thene (JR). The Sabres were lead on defense by Sam Neeser (SR, SS), Braden Doucette (SR, FS), Nick Jensen (JR, DE), and Payton Voss (JR, LB). The Sabres return many key players on both sides of the ball including Stachowski (RB), Snoberger (QB), Jensen (FB/DE), Thene (OL/DL), Brandon Ferns

(OL), Sam Locke (OL), Hunter Anderson (DE), Grant Lahn (OLB), Ben Rengel (WR/CB), Ryan Zayas (DL) and specialist Daniel Daffinrud.

St. Cloud Tech had a very exciting and competitive season with numerous games being decided in the final minutes if the game and ended up with a 5-4 record led by a rugged defense and power run game. Austin Klaverkamp finished as the all time tackles leader in school history and will play in the all star game this summer at SCSU.

Missed opportunities were the theme for the ROCORI Spartans during the 2013 season. The Spartans finished the season with a 3-7 record and 1-4 in the Central Lakes South Division. The season started with three close losses for the Spartans before beating Alexandria in a trilling homecoming game. The Spartans would end their season beating conference rival Sauk Rapids. In the playoffs the Spartans beat Little Falls in the first round, and then would end their season with a tough loss to Thief River Falls. The Spartans were competitive in many games, and look to learn from the experience they gained during the season.

The Storm, lead by coach Bill Magnuson, had a tough season ending at 0-9. Their record is not indicative of their play. Lead by graduating senior Tyler Bjork and outstanding receiver, Brandon Morrison the Storm were very competitive with and lost 5 games late in the 4th quarter. With many players returning with starting experience the Storm should have a good chance of bettering their 2013 record.■

Gopher Valley A Conference

It was another competitive and highly successful year for the Gopher Valley A teams. There were all kinds of games this season from low scoring defensive battles, to high scoring shoot-outs. One never knew what they were going to get in the conference other than a tightly contested game. Blooming Prairie won the very difficult conference, finishing the conference season undefeated. The conference also had a lot of success in the post season as two teams were able to earn trips to the state tournament; Faribault BA won their second section crown in a row, and Lester Prairie/Holy Trinity who won section four after taking a year off.

Scott Hanson was able to reload his Cardinal ball club for the 2013 season. He replaced 19 graduating seniors, and got his inexperienced team to gel at the right time to win the Section 1A crown for the second straight year. They accomplished this feat in much of the same fashion as they had done the previous year (losing to Blooming Prairie at the end of the regular season only to avenge that loss in the championship). During the regular season Faribault BA had a difficult time getting any continuity going as they constantly were fighting the injury bug. They finished 2-3 in the conference, but continued to keep fighting and improve throughout the season to put it all together to make a run in the playoffs. Their season came to an end in the State Semi-Finals

losing to eventual state champions Mahanomen. Faribault BA finished with an overall record of 9-4.

Joe Scoblic's Bulldogs put together quite a run at the end of the season to win the very difficult Section 4A for the second time in three years. Lester Prairie/Holy Trinity finished third in the conference as they too had to overcome a number of injuries to key players during the regular season. They used the second leading offense in the conference to post three wins while losing two hard fought games to Blooming Prairie and United South Central. LP/HT was lead by the conference most valuable player in Alex Heigl who has been terrorizing defenses from the QB position for the last three seasons. In the playoffs the Bulldogs were able to finally get all their starters back on the field at the same time. This allowed them to reach their full potential winning three very impressive games in the section before bowing out to Sleepy Eye/St. Mary's by a touchdown in the State Quarter-Finals. LP/HT finished 8-4 overall on the season.

Blooming Prairie continued it's run of conference championships to nine in a row by finishing the season 5-0. Chad Gimbel's squad did this by averaging over 35 points a game and giving up just under 9 points per contest. The offense was lead by junior QB

John Rumpza who threw for over 1,100 yards in the five games. Blooming Prairie's finished the regular season undefeated. The injury bug started to slowly wear the Blossoms down and they were defeated for a second straight year by Faribault BA in the section finals. The Blossoms finished the season with an overall record of 10-1.

Brad Huse's Rebels had a very strong 2013 campaign in the conference. They finished second in the conference winning a number of close games. United South Central's success came behind a very stout defense led by Gopher Conference lineman of the year, Colton Carlson. USC's defense gave up only 230 yards per game, which allowed them to win two impressive games back-to-back against LP/HT and Faribault BA in overtime. USC finished with a 4-1 conference record. USC's performance earned them a second seed in Section 3A where they lost to state entrant Tracy Milroy Balanton by a touchdown in semi-finals.

St. Clair used a ground and pound run offense and a very physical aggressive defense to play most teams close for all four quarters. They just were not able to find a way to win those tight battles

this year as they had done the previous season. Chris Harvey's team was led by the conference leading rusher in John Goebel averaging over 6 yards a carry and gaining just under 500 yards in the five conference games. St. Clair finished 1-4 in the conference and went on to the section tournament winning convincingly in the first round before losing to top seeded Adrian in a defensive battle in the semi-finals. St. Clair finished the season 3-6 on the season.

Mankato Loyola Crusaders finished the season without a win. Kevin Mettler's squad continued to show improvement throughout the season. Their young squad gained some valuable experience and should come back next season ready to compete. The Crusaders season came to an end in the Section Quarterfinals, losing to Sleepy Eye Saint Mary's in the section quarter-finals.

In the first season of crossover games between the Gopher Valley A and AA schools, the Gopher Valley A came out on top with a record of 8-7. The two conferences crossing over brought great competition to all teams involved and the teams are looking forward to a competitive 2014 season. ■

Granite Ridge Conference

The Granite Ridge championship was won by Becker as they completed their second consecutive undefeated conference season. This season was highlighted by many close games and the conference had a number of great football players.■

Conference Awards

MVPs

Jeff Fausching (Cathedral)

Mason Olson (Becker)

Quarterback of the Yr.

Tyler Beehler (Foley)

Running Back of the Yr.

Jalen Wuchko (Little Falls)

Wide Receiver of the Yr.

Brady Yoerg (Cathedral)

Offensive Lineman of the Yr.

Casey Vesledahl (Becker)

Defensive Lineman of the Yr.

Tanner Huebner (Becker)

Linebacker of the Yr.

Trysten Ross (Little Falls)

Defensive Back of the Yr.

Noah Lunning (Zimmerman)

Special Teams Player of the Yr.

Luke Kelvington (Foley)

Hokan Bengtson, defensive coordinator from Becker, was named Assistant Coach of the Yr.. His team led all class AAAA schools in total defense for the season.

Conference Standings

Conference

Becker

7-0

Foley

5-2

St.Cloud Cathedral

4-3

Little Falls

4-3

Albany

3-4

Milaca

2-5

Zimmerman

2-5

Mora

1-6

Great Polar Football Alliance Conference

~ Barnum Bombers - Red Division Champion ~

~ Moose Lake-Willow River Rebels - White Division Champion ~

~ Braham Bombers - Blue Division Champion ~

In 2014, the Great Polar Football Conference consisted of 17 teams that fell into one of three divisions according to size. The Great Polar Alliance Conference had two state tournament teams this season. In Class AA, Moose Lake Willow-River finished their season with an outstanding record of 13-1. The Rebels were crowned the Section 7AA champion for the eighth consecutive season. In Class A, Braham won a tough 28-20 battle in the Section 7A title game against the Barnum Bombers to advance to the state tournament.

The Red Division:

The Barnum Bombers had a very successful season finishing with a 9-2 record. One highlight of the season included a GPFA Red Division Conference Championship for the second year in a row. The Bombers were also the Section 7A runner-up losing to Braham. The Bombers were led by a great group of seniors that included all-conference members Jaxon Lind, Brady Youngberg, Tory Slater, Zach Peterson, and Zac Carlson. Junior quarterback Brandon Newman was also named Conference Offensive MVP.

The Mesabi East Giants started the season off with two losses, but regrouped to beat their rival Virginia Blue Devils, 24-14. The Giants got back to 2-2 with a 14-6 win over Ogilvie. Mesabi East then dropped their next two games to Barnum and East Central. The Giants won their last two games of the season to finish 4-4 in the regular season. They beat Cook County at home and in the final game of the season they defeated Eveleth-Gilbert on a last second touchdown to win 28-22. In the first round of the playoffs, the Giants beat Hinckley-Finlayson in the first round and then pulled off an upset, beating Crosby-Ironton, 18-14. The Giants then faced the top seeded Moose Lake- Willow River Rebels in the Section 7AA Championship where their season came to an end. The Giants claimed the Section 7AA Runner-up trophy to conclude their season.

The Ogilvie Lions finished the season with a 2-7 record, losing to Deer River in the playoffs. The Lions were led by senior captains Mitch Olson, Joey Ortis, and Andrew Kohnen. Ogilvie will have several juniors returning in 2014 that have quality playing experience from this past season.

The East Central Eagle Football Team completed the year with a 3-6 record, and finished tied for second in the Polar Red Conference. The three wins came against Hinckley, Cook County, and a big Homecoming win against Mesabi East. The Eagles showed great,

Conference Standings - Red Division

	Conference	Overall
Barnum	4-0	9-2
Mesabi East	2-2	6-5
East Central	2-2	3-6
Ogilvie	2-2	2-7
Cook County	0-4	0-9

Conference Standings - White Division

	Conference	Overall
Moose Lake-Willow River	5-0	10-1
Esko	4-1	7-4
Duluth Marshall	3-2	7-3
Two Harbors	2-3	6-4
Deer River	1-4	5-5
Eveleth-Gilbert	0-5	2-8

Conference Standings - Blue Division

	Conference	Overall
Braham	5-0	11-1
Aitkin	4-1	6-3
Pine City	3-2	3-6
Crosby – Ironton	2-3	3-6
Rush City	1-4	2-7
Hinckley-Finlayson	0-5	1-8

competitive spirit, and sportsmanship throughout the season. The Eagles were led by All-Conference seniors Kaleb McCulloch and Logan Zimmermann, along with junior Demetri Nordgaard.

Cook County's season was marred by season-ending injuries that the Vikings could not overcome. A pre-season injury to senior captain Thomas Anderson was a preview of the obstacles the Vikings would face all season. Senior Jacob Schroeder led the Vikings throughout the season from his fullback and middle linebacker positions.

The White Division:

The Moose Lake/Willow River Rebels finished the 2013 season with an eighth consecutive trip to the Class AA State Tournament and extended their regular season consecutive win streak to 62 games. The Rebels were 10-1 winning their seventh consecutive Conference Championship and eighth consecutive Section 7AA Championship. The Rebels had great performances from Junior running backs David Moonen (1,154 rushing yards) and Josh Pettersen (1,116 rushing yards.), and Senior Captain Ezra Szczyrbak (36 wins and three losses as a three year starter).

The Esko Eskomos football season arrived with great anticipation. With 14 returning seniors, the team was optimistic and especially excited to play on their school's new synthetic turf field. After two very close losses to Cloquet and Moose Lake, the Eskomos rebounded with victories over Deer River, Marshall, and Two Harbors, establishing a record of 3-2. The Eskomos then traveled to Proctor to play the Rails and lost another heart breaker 20-22, evening their record at 3-3. The Eskomos has lost three games by a total of just five points. Esko won the next four games at home against Eveleth-Gilbert, Rush City, Virginia, and Duluth Marshall. Playing in the Section 7AAA finals for the second straight year, the Eskomos had success by throwing the ball, but lost a competitive contest to the Proctor Rails.

The Duluth Marshall Hilltopper Football team completed another successful season in 2013. The Hilltoppers finished with a record of 7-3 as they moved up a class to AAA. Season highlights were winning their first homecoming game in recent memory and winning their first round playoff game for the second year in a row. The Toppers relied heavily on a senior class of 17 players who set a high standard for future Duluth Marshall teams to follow.

The Two Harbors Agates had an improved season finishing with an overall record of 6-4. The Agates lost in a tight battle to a very good Proctor team in the semifinals of the section tournament. The Agates were led by Captains Mike Nordean, Kyle Omtvedt, Mark Pearson, and Kyler Kinn. Offensively Two Harbors rushed for over 3,000 yards on the season led by Lucas Kempffer with over 1,100 yards. Kyler Kinn also rushed for over 800 yards and Mike Nordean added just over 700 yards for the Agates. Defensively the Agates were led by a pair of junior linebackers in Tim Bott and Lucas Kempffer who both tallied over 100 tackles for the season.

The Deer River Warriors finished the season with 5-5 record, losing to Barnum in the Section 7A semifinals. The Warriors were led by Senior Jesse Miller who was the leading rusher and tackler for the Warriors. The Warriors were a very young team this year with only one senior in the starting lineup on either side of the ball.

Eveleth-Gilbert finished their regular season with a 1-7 overall record. Eveleth-Gilbert entered Sectional play as the #5 seed and traveled to #4 Rush City for their opening round game. The Golden Bears won this difficult road contest 14-6 and advanced to the Section Semifinals and lost to eventual 7AA Section Champion Moose Lake/Willow River. With many underclassmen playing key roles on both sides of the ball throughout the season, the Bears



Junior TE Brady Tesdahl, Crosby-Ironton.



Junior RB Daniel Hudrlik, Crosby-Ironton.

struggled to win, but gained a lot of experience for the upcoming 2014 campaign. The Golden Bears were led by All-Conference performers Joey Marolt, William Olson, and Sam Roberts.

The Blue Division:

The Braham Bombers finished the year with an 11-1 overall record with their only blemish coming in the State Quarterfinals against the eventual Class A Runner-Up Dawson Boyd Blackjacks. The Bombers also finished the year with a 5-0 Conference record and claimed the Great Polar Football Alliance Blue Division Conference Championship. Braham was led by All-Conference Honorable Mention players: Drake Held, Noah Bone and Randy Braund as well as All-Conference players: Zach Dahlman, Alex Sutton, Elijah Overton, Johnny Clemmer, Quinn Richmond and John Larson. John Larson capped off a tremendous season, earning the Conference Offensive MVP award.

The Aitkin Gobblers finished the regular season with a 6-2 record. The Gobblers season came to an end in a first round playoff loss to Mora. While the Gobblers graduated eight seniors, they were anchored by all conference and section standouts Dan Bender and Nathan Ehnstrom.

The Pine City Dragons finished the season with a 3-6 overall record and a 3-2 record within the conference. Five of the teams

the Dragons lost to during the season went on to play in the state tournament. Pine City had three All-Conference selections including running back Dewy Carr, quarterback/safety Mitchell Hansmann, and lineman Vinnie Favorito. Carr accounted for 14 total touchdowns on the season. Hansmann threw for nearly 1,000 yards and nine touchdowns on the season.

The Crosby-Ironton Rangers finished the year with a 3-6 record. They were led offensively by senior fullback Trenton Blom who rushed for six touchdowns and 535 yards on 91 carries. Junior running back Daniel Hudrlik rushed for eight touchdowns and 498 yards on 94 carries. Leading receivers were Hudrlik with 22 catches for 425 yards and three touchdowns, and junior tight end Brady Tesdahl who had 19 catches for 262 yards and a touchdown. Sophomore Ben Jordan added six catches for 90 yards and two touchdowns. Leading passers were freshman Noah Gindorff who completed 20 of 35 throws for 292 yards while junior Nate Jaskowiak completed 27 of 68 attempts for 466 yards and four scores. Hudrlik also added 513 return yards and a pair of touchdowns for the Rangers. The Ranger's defense was led by junior linebackers Brady Tesdahl (108 tackles), Daniel Hudrlik (99 tackles), and Mitch Stangel (97 tackles).

The Rush City Tigers' season was one in which the team competed at a high level from beginning to end, a testament to their high QRF ratings from strength of schedule. The players played hard-hitting, team-oriented football. Leading the Tiger's Offensive attack was

three-year All Conference senior quarterback, Brandon Koehnle. Defensively, the Tigers were led by Blaine Blazek and Isaiah Johnson, both returning All-Conference letter winners. Season highlights for the Tigers included a convincing Homecoming victory of Hinckley-Finlayson in which six different Tigers put points on the board and a classic rivalry battle against Braham.

The Hinckley/Finlayson Jaguars under first year head coach Brad Hopkins went through a rebuilding season. After losing a very large senior class the year previous, experience was hard to come by with only three players returning with varsity playing time. The Jaguars finished the season at 1-8, while losing a couple of games by seven or fewer points. Coach Hopkins will lose some great heart and team players this year, but the road that those players have paved for the underclassmen to follow will have great rewards. Rebuilding, understanding, and experience will be the keys as the program continues to build under Coach Hopkins. ■

Heart O'Lakes Classic Division

The Heart O'Lakes Classic division ended in a two way tie between Breckenridge and Hawley. Breckenridge and Coach Chad Fredericksen won the head to head match up with an exciting 7-6 victory. Breckenridge suffered their only conference loss to the hands of Dilworth-Glyndon-Felton. The Rebels coached by Tony Soderberg beat the Cowboys 33-7. Hawley and Coach Peder Naatz wouldn't lose again until their season ended in the state semi-finals.

2103 was a typical season in the HOL with great contests every week and some outstanding individual performances along the way. Expect 2014 to look a lot the same except with some changes.

Barnesville and Frazee, two long time HOL teams will be back into the football conference in 2014 after being in different conferences for several years. Both Barnesville and Frazee will play in the Classic Division. With them back in there are some other changes taking place as well so the schedule will have a different look to it for

Conference Standings

	Conference	Overall
Hawley	5-1	7-1
Breckenridge	5-1	6-2
DGF	4-2	6-2
Pelican Rapids	4-2	5-3
Roseau	2-4	2-6
Warroad	1-5	1-7
Staples-Motley	0-6	0-8

several teams. DGF and Roseau will move from the Classic to Northern. Crookston will be moving from the Northern division to the Classic. These changes will give the Classic division a true classic feeling to it and should have area football fans excited for some renewed rivalries on the gridiron in 2014. ■

Heart O'Lakes North Division

Detroit Lakes and Park Rapids shared the Heart of Lakes North Title with 5-1 record. The Lakers beat Park Rapids 14-7 in week six and Perham stopped Detroit Lakes in week seven 14-0. The Conference named Michael Herzog (DL) and Noah Macpherson of Park Rapids as Co-Most Valuable Conference players of the year. Herzog was named for the second consecutive year. While Flint Motschenbacher (DL) and Aaron Morris of Park Rapids were named Co-Coaches of the year. ■

Conference Standings		
	Conference	Overall
Detroit Lakes	5-1	7-1
Park Rapids	5-1	6-2
Perham	4-2	5-3
Thief River Falls	4-2	6-2
Pequot Lakes	2-4	3-5
East Grand Forks	1-5	1-7
Crookston	0-6	1-7



Individual Awards	
Co-Most Valuable Player	Michael Herzog – Detroit Lakes Noah Macpherson – Park Rapids
Most Valuable Offensive Back	Payton Jordahl – Perham Jarett Nosal – Detroit Lakes
Most Valuable Offensive Lineman	Kirby Siewert – Detroit Lakes
Most Valuable Reciever	Jacob Joppru – Thief River Falls
Co Most Valuable Defensive Lineman	Tyran Jones – Thief River Falls Chris Westerman – Pequot Lakes
Co-Most Valuable Linebacker	Brock Scheving – East Grand Forks Justin Mackenthun – Pequot Lakes
Most Valuable Defensive Back	Tyler Glines – Perham
Co-Coach of the Year	Aaron Morris – Park Rapids Flint Motschenbacher – Detroit Lakes

Little Sioux Conference

The Little Sioux Conference (LSC) ended the 2013 season with Minneota/Lincoln HI claiming the conference championship with a perfect 8-0 record. 4 teams from the conference, Dawson-Boyd, Adrian, TMB and Minneota were all in section championship games and TMB, M/LH and D-B were in the state tournament. Minneota/Lincoln HI finished up their season as the AA runner-up losing to Chatfield and Dawson-Boyd finished runner-up to Mahanomen in the class A final. ■

Individual Awards

"D" Lineman	Kenny Her – Tracy-Milroy-Balaton
"O" Lineman	Matt Knutson – Minneota/ Lincoln HI
"D" Back	Cole Hennen – Minneota/Lincoln H
"O" Back	Joey Lee – Dawson-Boyd
Mr. Football Nominee	Joey Lee – Dawson-Boyd
Coach of the Year	Chad Johnston – Minneota
Asst. Coach of the Year	Steve Sussner - Minneota

Conference Standings

	Conference	Overall	Coach
Minneota/ Lincoln HI	8-0	13-1	Chad Johnston
Dawson-Boyd	7-1	12-2	Cory Larson
Adrian	6-2	8-3	Randy Strand
TMB	5-3	8-4	Derek Flann
MACCRAY	4-4	5-5	Mike Dammann
Canby	3-5	4-6	Nick Kockelman
LQPV	3-5	3-6	Mark Bjornjeld
Lakeview	2-6	2-7	John Sterner
MCC	2-6	2-7	Travis VanOverbeke
RTR	0-8	0-9	Jared Buysse

Minneapolis Conference

This past season Minneapolis Washburn won its 13th consecutive conference championships and 2nd place in the class 3AAAAA section loosing to a very tough Apple Valley team! Minneapolis North was 2nd in the Minneapolis city conference and hopes to make a strong push for the 2014 city conference title. Minneapolis football is on the rise, our participation numbers are up in all of our programs, we are very excited about the direction that we are headed in! Minneapolis Edison will have a new head coach starting in June, the name of that individual has not been released at this time. ■



Minnesota River Conference

The 2014 MRC season saw balance at the top of the standings as three teams tied for the conference title for the first time in MRC history. Belle Plaine, Tri City United, and Watertown-Mayer “split” with each other in “round robin” play during the regular season. Belle Plaine defeated Watertown-Mayer early in the season, Watertown-Mayer beat TCU in the sixth week, and then TCU upended Belle Plaine in the conference finale to force the three way tie for the title.

Conference Standings

	Conference	Overall
Belle Plaine	6-1	8-2
Watertown-Mayer	6-1	8-2
Tri-City United	6-1	7-2
Mayer Lutheran	4-3	5-4
Jordan	3-4	4-5
Sibley East	2-5	4-6
Norwood-Young America	1-6	3-8
LeSueur-Henderson	0-7	0-9

The post season was not kind to MRC teams as only one team made it to their section championship game. And ironically, it was one of the teams that finished near the bottom of the final MRC standings, Norwood Young America, that did it, losing by one point in the section title contest. ■

Individual Awards

MRC Offensive Back of the Year	Luke Narveson Belle Plaine HS
MRC Offensive Lineman of the Year	Joe Rynda Tri-City United HS
MRC Defensive Back of the Year	Ben White Sibley East HS
MRC Defensive Lineman of the Year	Luke Sandquist Watertown-Mayer HS
Special Teams Player of the Yr	Chad Anenson Mayer Lutheran HS
MRC Coaches of the Year: Justin Johnston of Belle Plaine HS, Ken Helland of Tri-City United HS, Craig Johnson of Watertown-Mayer HS	

Mississippi 8 Conference

The Mississippi 8 enjoyed a very competitive 2013 season. The conference consists of 12 teams in two divisions, Blue and Red. The teams in the Blue Division are: Buffalo, Cambridge, Duluth East, Rogers, St. Francis, and St Michael-Albertville. The Red Division teams are Big Lake, Chisago Lakes, Duluth Denfeld, Monticello, North Branch, and Princeton.

RED

Chisago Lakes, coached by Bill Weiss, won the Red Division and also advanced to the Section 7AAAAA finals. The Wildcats had a very explosive offense that averaged over 38 points a game. Long time Chisago Lakes offensive coordinator, Jeff Saueressig was selected as one of the Butch Nash Award recipients.

Monticello Head Coach Jason Telecky fielded a competitive team on and off the field. The Magic finished with a 5-4 record and were also awarded as the top academic team in the conference with the highest cumulative grade point average.

Princeton head coach, Roy Hanenburg continued to direct the Tigers in a positive direction. Former Princeton head coach, Doug Patenode is a key assistant for Hanenburg. Princeton finished the season at 6-4.

Red Division Standings

	Conference	Overall
Chisago Lakes	5-0	7-1
Monticello	4-1	5-3
Princeton	3-2	5-3
Big Lake	2-3	2-6
North Branch	1-4	2-6
Duluth Denfeld	0-5	1-7

Blue Division Standings

	Conference	Overall
Rogers	5-0	8-0
St. Michael- Albertville	4-1	7-1
St. Francis	3-2	4-4
Cambridge-Isanti	2-3	5-3
Buffalo	1-4	2-6
Duluth East	0-5	0-8

First year Head Coach Nick Keenan led Big Lake to a 3-7 record including a win in the playoffs. The Hornets played very competitive football and improved throughout the season.

Nick Nitti and his North Branch Vikings showed improvement in their first year in the Mississippi 8. Nitti had an experienced coaching staff that included former White Bear Lake Head Coach, Bob Jackson and former Irondale Head Coach, Gary Engen. The Vikings finished 2-7.

Duluth Denfeld struggled in the win / loss column, but Head Coach Frank Huie had his team well prepared and focused during the regular season. These efforts paid off with a first round playoff win and a 2-8 finish.

BLUE

Rogers, coached by Marc Franz, continued their strong play and won the Blue Division finishing the regular season 8-0 including a thrilling 38-37 OT win over STMA in week 8. Rogers went on to advance to the Section 6AAAAA Finals and finished the season 9-1.

St. Michael-Albertville (10-2) lost the last game of the regular season but Head Coach Jared Essler rallied his team to win Section 6AAAAA and advance to the State Semi-Finals where they lost to eventual state champion Owatonna. Defensive Coordinator Darby Carlson was awarded the Butch Nash Award for his work at STMA and previously at Maple Grove.

St. Francis, led by Chris Lindquist, played competitively week in and week out in their first year in the conference. The Saints finished the season 4-5 losing a few close games in the process and expect to be another tough opponent for conference opponents.

Cambridge-Isanti continued their long tradition of playing hard-nosed football under coach Mike Hennen. Cambridge-Isanti finished the season 6-4 including a loss in the Section 7AAAAA Semi-Finals to State Runner-Up Brainerd.

Buffalo (3-7) battled all season long which helped them win the regular season finally and their 1st round playoff game. After the completion of the season long time Head Coach, Gerard Rohl, decided to retire. Rohl had been the head coach since 1992 and was with the program for 34 years. The schools and the coaches in the Mississippi 8 with Gerard well in his retirement!

Head Coach Joe Hietala and Duluth East played hard despite being unable to gain a win this season (0-9). The Greyhounds play a tough conference and section schedule and continue working to improve.

The teams in the Mississippi 8 Conference made for a competitive schedule week in and week out. The 2014 season will be another great year and hopefully district football scheduling in 2015 will continue to bring these great match ups in the future. ■

Farewell to the Missota Conference

Chaska and Holy Angels Make State Tournament Runs

The 2013 football season marked the end of the Missota Conference as the 52 year old league will disband at the end of the 2013-14 school year.

The Chaska Hawks ran the table in the Missota this year. They dominated the league with a stifling defense and a talented quick strike offense. The Hawks had a great run through their section, highlighted by an impressive victory over Mankato West in the championship game. Chaska then won a close state quarterfinal game over Andover before falling in a heartbreaker to Brainerd in the Metrodome. Coach Lambert Brown was selected as conference coach of the year.

Chanhassen had an outstanding season and asserted themselves as a powerful contender in class 5A football. Coach Bill Rosburg's Storm gave Chaska their toughest league game of the year before running off a string of seven victories before being knocked out of the playoffs.

Shakopee Sabers continued to be one of the top teams in the Missota. Coach Jody Stone's team had two close victories over

Conference Standings

	Conference	Overall
Chaska	7-0	11-1
Chanhassen	6-1	7-3
Shakopee	5-2	5-4
Academy of Holy Angels	3-4	7-6
Farmington	3-4	4-5
Northfield	3-4	4-6
New Prague	1-6	1-8
Red Wing	0-7	0-9

Northfield and Farmington where their recent winning tradition paid off in late game clutch plays.

It was a tale of two seasons for the Farmington Tigers as they started the year with 4 straight victories. Coach Mark Froehling's gridders continued to compete, but ran into some stiff competition in the

second half of the season with a couple of close losses to Shakopee and Chanhassen.

The rugged Missota Conference schedule turned out to be just what Coach Ray Betton's Academy of Holy Angels Stars needed come playoff time. They took full advantage of the second season and reeled off four playoff victories including an impressive 32-12 victory over DeLasalle in the Dome before succumbing to powerhouse Hutchinson in the state championship game.

The Northfield Raiders showed improvement with a young squad this year highlighted by a 41-9 victory over Holy Angels in week 8. Northfield's Bubba Sullivan became the second Missota Conference coach in a row to be selected as the Minnesota Power of Influence winner by the Minnesota Football Coaches Association following

last year's nominee, Farmington's Mark Froehling.

Coach Jim Benick's New Prague Trojans battled gamely through the conference and enjoyed a one point victory over Red Wing in week 7.

Matt Schultz's Red Wing Wingers played their best football at the end of the season competing well with New Prague and Chanhassen in the final weeks of the season.

The Missota Conference, which began in 1961, has disbanded. Over the years 14 different school have won Missota Conference football titles including: Hutchinson (10), Lakeville (10), Rosemount (9), Farmington (8), Northfield (6), Apple Valley (6), Burnsville (5), Prior Lake (4), New Prague (3), Holy Angels (3), Red Wing (2), Shakopee (2), Chanhassen (1), Chaska (1), and Simley (1). ■

North Suburban Conference

The 2013-2014 school marks the final year of the North Suburban Conference and as has been the case for the past 30 years, the conference football season was competitive and highly entertaining. This year the NSC consisted of six teams and this allow for exciting conference match-ups as well as some highly competitive non-conference match-ups. In the final year of existence for the North Suburban Conference, the football championship came down to the last week of the season and ended with highly memorable game in which Benilde – St. Margaret's beat Spring Lake Park to hoist the final championship trophy. Co-Coaches John Hanks and Pat Krieger of Benilde used a high scoring offense, led by Conference MVP Keaton Studsrud, to bring Benilde St-Margaret's their first ever North Suburban Crown.

Coach Jeff Schlieff's Spring Lake Park Panthers relied on an a option offense that rushed for over 3000 yards ball to finish tied for second in the conference.

Also tied in second place place was Irondale led by Ben Geisler. The Knights were an experienced team team that used a high scoring offense to lead them to successful season. Fridley was the third team tied for second in the NSC. The Tigers coached by Adam Fischer featured a stable of great athletes on both sides of the ball to run a face paced spread offense as well as an opportunistic defense.

Willie Howard and his Cooper Hawks were a very young team that grew stronger as the season progresses. Coach Howard has increased the numbers at Cooper and this has led to sustained success at Cooper.

First year coach Ben Wolfe of St. Louis Park had a challenging 2013 football season. These three teams did not have a lot of success in the win column, but always brought a solid effort to every game they competed in.

Conference Standings		
	Conference	Overall
Benilde St. Margaret's	4-1	7-3
Spring Lake Park	3-2	7-4
Irondale	3-2	6-4
Fridley	3-4	5-5
Cooper	2-3	5-4
St. Louis Park	1-6	0-5

The 2013 season also featured some outstanding individual performances in the North Suburban Conference. Studsrud was named the Most Valuable Player. The Offensive player of the year was award to Fridley's running back Darius Mulbah and Spring Lake Park's Ejodamen Ejiya won the Defensive player of the year in the NSC. The Linemen-of-the-year were C Jeremy Pastir of BSM and DE Sam Musa of Fridley. The Special Teams Player of the Year went to Grant Walter of Spring Lake Park. Coach John Hanks and Pat Krieger of Benilde St. Margaret's were named the Conference Coaches of the Year.

The following is a list of the North Suburban Conference teams that will play football in the 2014-2015 season:

- Metro West- Cooper, St. Louis Park, and Benilde St. Margaret's
- Northwest Suburban- Irondale and Spring Lake Park
- Tri-Metro- Fridley ■

Northwest Suburban Conference

2013 was another great season for the NWSC. With the addition of 2 new teams the NWSC split into 2 divisions, North and West. With a 5-0 record in the North Division, we would like to congratulate Maple Grove and Coach Matt Lombardi. We would also like to congratulate Osseo and Coach Derrin Lamker who were champions of the West Division with a 5-0 record. Both Matt and Derrin were Conference Coaches of the Year.

Again this year the conference was very balanced in its power. On any given night, any team could knock off any team. The NWSC has proven year in and year out to be one of Minnesota's toughest conferences. Each team respects their opponent and knows the outcome of the game will come down to the wire. This makes for an exciting game every week. We are all proud to be part of an exciting league and we can't wait for the challenges that 2014 will bring.

Congratulations to Osseo, Maple Grove and Totino-Grace for representing the Northwest Suburban Conference in the state tournament. We all believe the NWSC has as tough of competition as any in the state of Minnesota and we are proud when our own teams can represent the entire league by playing in the state tournament.

Conference awards were given to each division this year. In the North Division, Most Valuable Defensive Linemen was Jason Anderson from Champlin Park. Most Valuable Offensive Linemen

Conference Standings

NORTH		WEST	
Maple Grove	5-0	Osseo	5-0
Blaine	4-1	Totino-Grace	4-1
Centennial	2-3	Andover	2-3
Champlin Park	2-3	Elk River	2-3
Coon Rapids	2-3	Park Center	2-3
Anoka	0-5	Armstrong	0-5

were Kam Garlick from Maple Grove and Jason Anderson from Champlin Park. Most Valuable Special Teams Player was Alex Copa from Blaine. Most Valuable Defensive Player was Caleb Butler from Blaine. Most Valuable Offensive Player was Clark Wieneke from Maple Grove.

In the West Division, Most Valuable Defensive Linemen was Dennie Findley from Osseo. Most Valuable Offensive Linemen was Martin Olson from Osseo. Most Valuable Special Teams Players were Derek McLaughlin from Andover, Adam Buirge from Park Center and Ben Messenga from Totino-Grace. Most Valuable Defensive Player was Dennie Findley from Osseo. Most Valuable Offensive Player was Matt Meitdke from Osseo. ■

Pheasant Conference

North All-Conference

Underwood

Max Kollar (C/LB) senior, LeRoy Hauge (TE/DE), senior, Noah Thompson (RB/LB), junior, Matt Biegler (FB/DE) sophomore.

Senior Adam Creek (QB/DB), junior Dan Anderson (G/DT) and sophomore Joe Onstad (G/DT) were honorable mention selections.

Ashby

Senior Blake Ohren (QB/DB) and senior Gage Olson (RB/LB), and junior Hunter Fick (FB/LB). Juniors Zach Barry (WR/S) and Triston Korkowski (G/DT) were honorable mention selections.

Hillcrest Lutheran Academy

Senior Evan Newman (WR/S) and senior, Quincey Circo (C/DL) were named to the team, with juniors Jacob Isaac (QB/DL) and Jared Christenson (TE/LB) honorable mention choices.

Verndale

Senior Eric Blaha (TE/DE), senior, William Kramer (TE/DE) and

senior, Dan Fisher (OT/DT), and juniors Dillon Card (QB/LB), James Kveton (FB/LB) and Colter Ehrmantraut (FB/DB). Honorable mention choices for the Pirates are seniors Dakota Finck (RB/LB), Marcos Gomez (WR/S) and Andy Bounds (DT/RB).

Bertha-Hewitt

Senior Dalton Baker (OL/DL) was also named to the team, while seniors Nick Bennett (RB/LB) and Justin Gordon (RB/LB) received honorable mention recognition.

Michael Mahlen, Verndale, Coach of the Year.

Max Kollar, Underwood, Most Valuable Lineman

Noah Thompson, Underwood, Most Valuable Back. ■

Sea Range Conference

The Sea Range Conference was once again a conference that did not disappoint football fans this year. Historically, this has been a conference that seems to have close races for its' crown and this year was no different.

In 2013 the conference title race came down to three teams: Cloquet, Hermantown and Proctor. All three schools faced each other throughout the season. Proctor lost to Hermantown early in the season and had to wait and hope that Cloquet would defeat the Hawks of Hermantown and then Proctor beat Cloquet for a share of the title. That was not to be in that Hermantown defeated Cloquet and cinched the conference title midway through the season.

The Sea Range had a strong year this year, not only was the conference race tight, but two teams made it to the state playoffs and three to the Section final. This was something that veterans of the conference could not remember happening before.

Cloquet advanced in Section 7AAAA beating, ironically Hermantown a conference foe, 23-14. Proctor also advanced to the state playoffs in Section 7AAA beating Esko 37-21.

Cloquet ended up losing in the first round of the state playoffs to a tough Delano team 61-33.

The Rails from Proctor on the other hand advanced in the state playoffs. This was the Rails eighth trip to state. The Rails faced Pierz in the first round and ended up winning 19-6 and advancing for the first time in program history. The Rails ended up losing to St. Croix Lutheran in the state semi finals 3-0 in an epic game.

Overall, the Sea Range had a wonderful year and things look just as promising for next year.

Hermantown will be strong again in 2014 and return a number of players from last year's squad. The key returner will most likely be quarterback Kole Zuidmulder.

Cloquet also lost a large number of seniors from their state qualifying team and are looking to replace these players.

Proctor also lost a number of starters but return a large number of offensive linemen and the Rails look to be big across the front line and will be led by 6'4", 280 pound tackle Brad Morberg.

Virginia is looking to rebuild next year along with Greenway. These have been programs which have had success in the past and it is only a matter of time before both programs contend for a conference title again.

International Falls is looking to improve from a three win season and will look to senior Ben Humbert to lead the rebuilding process.

Hibbing is also in a rebuilding mode in that they are searching for a new head coach at the time this article was written. ■



SEC tri-champ takes state title, too

By S. Lee Epps, Freelance writer
Bluff Country Newspapers

The Southeast Conference takes pride in 9-man football state champion Grand Meadow and the Superlarks' 21-season head coach Gary Sloan who was honored as the Rochester Amateur Sports Association Coach Of the Year. →→The Superlarks were not the league's only champions, sharing the conference crown with both Lanesboro and Spring Grove. It was the fourth straight loop title for SG, the third in five years for GM and second in four seasons for the Burros. The same three teams were also tied atop the SEC back in 2010. But Grand Meadow would stand alone with the state's top prize in 2014.

The regular season race

SG and GM met in a week-seven showdown with the Larks coming away with a hard-fought 12-7 home victory. But that highly anticipated contest came on the heels of the Superlarks' week-six loss at Lanesboro. Unexpected by most observers, that 47-36 shootout Burro win vindicated the resolve at Lanesboro to recover from a surprisingly unexpected slow start to the season.

After the highly regarded Burros had won a close 36-34 non-conference season opener, they fell to Spring Grove in their SEC lidlifter. The outcome of that early-season showdown was surprising by the decisive 42-14 score.

That game tagged SG as a serious contender for league honors along with state-ranked Grand Meadow. After a third-place finish the previous season, Lanesboro again appeared a rung below the Lions and Larks. But the Burros resolved to prove worthy and would achieve that goal. Lanesboro revived its season with three blowout wins (average score 52-15) before the Superlarks came to town. But would the Burros be able to sustain the offensive fireworks against state-ranked GM? The answer was yes. Lanesboro would be the only team to defeat the eventual state champion.

All three contenders won week-eight games and ended up in a three-way tie for the conference championship, each at 6-1 in the SEC and 7-1 overall heading into the postseason section tournament rematches.

In the middle of the league standings were fourth place Mabel-Canton (4-3 SEC) and fifth place Houston (3-4 SEC). M-C held that league edge by defeating the Hurricanes 26-20 in their SEC opener. Houston came close to victories against the tri-champs. One week after the loss to M-C, Houston pushed SG to the limit in a 28-24 thriller. The Hurricanes had also come two points short versus Lanesboro in the high-scoring season opener.

The Cougars from M-C showed great improvement between the season opener and the last regular season game. Spring Grove

was the neighborhood opponent in both contests, but the Lions' 13-point margin in week eight was a far different experience than the 46-point runaway result back in week one.

Limited numbers with rosters in the upper teens presented additional challenges for half of the conference clubs - Mabel-Canton and the three teams on the lower rungs of the conference ladder. Sixth place in the SEC standings belonged to LeRoy-Ostrander (2-5 SEC). The Cardinals (3-6 overall) scored in double digits even against the top teams in the league as well as 46, 55 and 51-point totals in their three wins. The Cards thus continued their upward climb with their most wins in six seasons.

There was also a modest climb for Lyle/Pacelli (1-8, 1-6 SEC), which climbed out the of the league cellar for the first time in three seasons with a 56-34 win over Glenville-Emmons. Also with dwindling numbers, Glenville-Emmons (0-8, 0-7 SEC) was not able to contain the prolific offenses of its conference brethren.

The Section One playoffs

Houston and M-C also met again in the section quarterfinal with the 'Canes avenging the 6-point SEC setback with a 27-18 playoff win at M-C. The Cougars closed at 4-5. However, Houston (4-6) would not be able to turn the tables on SG in the section semi-finals as the Lions stormed into the section title game rematch with Grand Meadow.

Following an expected section quarterfinal rout, the Superlarks proved some defensive adjustments to be effective while next rolling to retribution with a 35-6 semi-final win over Lanesboro. The Burros closed at 8-2.

Spring Grove, coming off an impressive 56-6 semi-final performance, was eager for the section championship rematch with GM. But the Superlarks proved to be the best prepared for a state tournament appearance. At Rochester, the boys in purple took control early and won 31-14, ending Spring Grove's season at 9-2. After decidedly dismissing both of their conference co-champions, GM would head to the state tournament with momentum that would not be curtailed.

Making a "state"-ment

It was the Superlarks' sixth appearance in the state tournament - twice as an 11-man team (1986, 1987) and four times in the 9-man tourney. GM reached the championship game for the third time and for the second straight season after finishing as 2012 state runner-up. This 2013 purple-clad crew brought home the program's first state crown, twice holding state-tourney qualifiers to one touchdown. The Larks' closest contests had come during conference clashes. The average score in GM's state-tourney run was 28-10.

The Superlarks were No. 2 in an early-season AP state poll and were No. 3 before tumbling out of the top 10 with the loss at Lanesboro. GM was one of three unranked squads entering the eight-team state tournament. The Superlarks downed No. 4 and undefeated Mountain Lake Area 35-18 in the quarterfinal round. They then eliminated undefeated No. 2 ranked Kittson County Central 21-7. GM would control unranked Underwood 28-6 in the championship game. The Superlarks returned home with a final 13-1 record and the state's top trophy.

Briefly looking back

In only six seasons as a 9-man football conference, three different SEC schools have played in four state championship games. Claiming state titles were Houston in 2008 and Grand Meadow in 2013. The two state runners-up were Lanesboro in 2010 and Grand Meadow in 2012. ■

Southern Football Alliance Red

The First Season of the New Southern Football Alliance (SFA) Red Conference had a strong first year! Plainview and Lake City joined the old HVL Blue Conference to make the SFA Red one of the most competitive conferences in the state. Leading the way was Rochester Lourdes, Kasson-Mantorville, and Stewartville who all tied for the Conference Championship. Lourdes reached 3A State Semi-finals while Kasson-Mantorville also made it to State in 4A losing in the Quarter-Finals. Next was Stewartville, who lost to Kasson-Mantorville in the Section 1-4A finals; and Cannon Falls, who made a strong play-off push, lost to Rochester Lourdes in the Section 1-3A finals. The middle of the conference was very even between Plainview Elgin/Millville, LaCrescent, and Lake City that will be looking to improve next fall, and a young Byron squad took last. The SFA Conference has many talented underclassmen coming back which will once again help reload the conference and should make for another strong and interesting 2014 season! ■

Conference Standings		
	Conference	Overall
*Rochester Lourdes	6-1	10-2
*Kasson-Mantorville	6-1	9-2
*Stewartville	6-1	8-2
Plainview-Elgin/Millville	5-2	6-4
LaCrescent	2-5	4-6
Lake City	2-5	3-6
Cannon Falls	1-6	4-7
Byron	1-6	3-7
*Conference Champion		

Southern Football Conference

The 2013 football season saw the formation of a new Southern Football Alliance. This alliance combined the old Three Rivers and Hiawatha Valley Conferences and placed the schools in three divisions. The White Division champion in 2013 was the Triton Cobras. The Don Henderson coached Cobras finished the season at 7-0 in the division. Triton was led by its defense. They only allowed 1147 total yards during the regular season, less than half of the next best defense in the division. The Cobras were also a dominant team on the ground amassing 2455 yards rushing. They were extremely balanced with a whopping seven players gaining 200 or more yards on the ground during the season. The Cobras claimed the title by clipping the second place team, Pine Island, 20-14 in Week 5. The Panthers finished 6-1 in the division. The Panthers were a perfect balance on offense gaining 1315 yards on the ground and 1387 yards through the air. This balance led the Panthers to the Section 2AA football title, a great accomplishment for Coach John Stapleton and his staff. Lewiston-Altura placed third in the division with a 5-2 record. The Cardinals led the conference



Triton

in offense in 2013 with 2906 yards. Zumbrota-Mazeppa placed fourth in the division with a 4-3 record. The Cougars were the top passing team in the division with 1626 yards through the air during the regular season. Kenyon-Wanamingo finished fifth at a record of 3-4. K-W was led by Jr. running back Drew Sathrum who finished the season with 720 rushing yards, good for second place in the division. St. Charles was another perfectly balanced team in the division with 1143 yards on the ground and 1166 in the air. This led them to a 2-5 record, good for sixth in the division. Winona Cotter also had a balanced attack with 842 rushing and 811 passing yards on the season earning them seventh in the division. Dover-Eyota rounded out the standings with a tough season due to many injuries. ■



Lewiston

Southwest Conference

2013 was another exciting year in possibly the last year of the Southwest Conference. The Southwest Conference and the South Central Conference are discussing a merger starting in 2014 to form The Big South Conference. The 2013 Southwest Conference Champions were the Jackson County Central Huskies. JCC went through the conference season undefeated. A key victory for the Huskies was defeating Marshall in week 5 in Marshall. That victory by JCC ended the Tigers three year reign as Southwest Conference Champions.

The Southwest Conference was very competitive and balanced in 2013. There were many close games and tough battles fought throughout the 2013 Southwest Conference season. The Jackson County Central Huskies were the only Southwest Conference team to make the state football tournament this past season. ■

Conference Standings

	Conference	Overall
Jackson County Central	6-0	10-2
Marshall	5-1	6-4
Luverne	3-3	6-4
Worthington	3-3	3-6
Pipestone Area	2-4	3-6
Redwood Valley	1-5	2-7
Windom Area	1-5	2-7

Individual Awards

Offensive Lineman of the Year	Tyus DeBoer Marshall 12 Nolan Hohenstein JCC 12
Offensive Back of the Year	Keegan Moore JCC 10
Defensive Lineman of the Year	Matt Schmit JCC 12
Defensive Back of the Year	Brad Bahlmann Marshall 11 aPaden Moore JCC 11
Coach of the Year	Tom Schuller JCC

St Paul City Conference Standings

Central High School won its fourth consecutive (outright) conference championship. Como Park made it the section semi-finals and Highland Park made it to the section finals losing to eventual 4A state runner-up The Academy of Holy Angels.

Conference coach of the year went to Dave Zeitchick from Highland Park. Conference MVP was defensive tackle Dailen Walker from Central High School. Conference offensive player of the year was running back Isaiah Brower who recorded 30 TD's this season and over 2000 All-Purpose yards. Conference defensive player of the year was defensive back Te'Ron Welch who led the conference in interceptions and recorded a pick six against Highland Park to win the conference championship 35-27. Conference lineman of the year was Bobby Bergstrom a two-way anchor for Central High school.

Conference Standings		
	Conference	Overall
Central	5-0	8-1
Highland Park	4-1	7-3
Johnson	3-2	4-5
Harding	2-3	3-6
Como Park	1-4	3-7
Humboldt	0-5	1-8

Dailen Walker (Central) and Isaiah Brower (Highland Park) were voted 1st Team All-State and selected to play in the summer All-Star game presented by MSHL. ■

Suburban East Conference

A New SEC Champion for the First Time Since 2004

East Ridge, the third high school in South Washington County Schools located between Park and Woodbury High Schools, opened in 2009. In 2013, the Raptors became the latest team to win their first Suburban East Conference since White Bear Lake did it a decade earlier. Led by a veteran group, including two and three-year starters at almost every position, East Ridge outscored their opponents by 209 points. They ranked first in total defense maintaining a stingy 1.2 yards per rush through the regular season and allowing just 209 yards per game. The offense moved the ball effectively as well, accumulating almost 400 yards per game. This team could be the most talented in SEC history with two players inking D1 scholarships, one more walking on, and no less than a half dozen underclassmen getting serious consideration. The aforementioned walk-on Nick Leach, finished eighth in rushing with 667 yards and 11 touchdowns prior to a season-ending injury early in their fifth game. East Ridge's season came to end in the Section Crossover at the hands of Eastview, falling 38-3. In 2014, the Raptors will look to become the fifth team in conference history to repeat as champion.

While Roseville tied for second place in the conference, the Raiders were the banner team in the state playoffs for the SEC. Roseville fell just short of a trip to the Prep Bowl when they lost 35-28 to Rosemount at TCF Bank Stadium. The Raiders were led by one of the all-time best players in the 13 years history of the SEC in Jaques Perra. A dual-threat quarterback, Perra did most of his damage



Nick Leach, East Ridge

in the air, leading the conference in passing three straight years. From 2011-2013, Perra completed 360 of 674 passes for 5,385 yards with 51 touchdown passes and 21 interceptions. Of his 25 touchdown passes in 2013, 14 went to the leading receiver in the conference, Jesper Horsted, who came up just short of 1,000 yards receiving. Roseville, with a 15-12 win over Cretin Derham Hall, joined White Bear Lake (2005), Stillwater (2009, 2010, and 2013), Hastings (2012), and Mounds View (2012) as the only teams to

knock of the dominant Raiders in league play. A 50-47 barnburner loss to Mounds View cost Roseville a share of their first SEC title.

Cretin Derham Hall overcame a 1-2 start to finish 6-2 to share second place. The Raiders have been tough to beat since joining the conference in 2005, but failed to claim at least a share of the title in consecutive years for the first time. Nevertheless, CDH did something no other team in the conference could when they came from behind to beat conference champion East Ridge on the road 10-7. The Raiders' defense surrendered just 248 yards and 14 points per game. The Raiders lost 14-12 to Lakeville North in the Section Crossover. They have been to the state tournament 20 of 23 years, but not since 2011.

The third second place team was Mounds View. The Mustangs placed fourth in total offense and defense. Uncharacteristically, however, the Mustangs scored more frequently and gave up more points. They racked up almost 2,200 yards on the ground with 27 touchdowns. Mounds View (6-2) overcame a 45-25 week seven loss to White Bear Lake (4-4) on the road in the Section Playoff, winning 14-13 in overtime. Their playoff run ended when Rosemount handled the Mustangs 42-7.

The remaining team to finish with a winning record was White Bear Lake at 4-4. The Bears finished the regular season 4-1, led by two-year starter Trey Anderson. The conference's best dual threat quarterback with 2,258 all-purpose yards, Anderson, a junior, threw for 15 touchdowns and ran nine in. White Bear was the best against the pass as the defense improved throughout the season as well.

For the third time in four seasons, three teams landed with 3-5 records. Stillwater, despite starting 3-0, in which they outscored Park, Forest Lake, and Cretin Derham Hall 72-14, finished 3-5. The Ponies suffered back-to-back overtime losses to Hastings and Mounds View despite two touchdown leads in both games. They were led by conference rushing leader Zach Knox, who with 270 carries and 1,450 yards rushed the ball twice as many times as any back in the conference except one. Park also finished 3-5.

Freshman quarterback Brandon Alt started week two due to injury and finished second in passing with 1,732 yards. Senior Alias Arlington was a versatile player who paced the Wolfpack in their key wins, including the 36-28 victory over district-rival Woodbury which ended an eight-game losing skid to the Royals. Hastings was the final three-win team in the SEC. The Raiders heavily relied on workhorse quarterback Brandon McCarthy who rushed 161 times for 966 yards and 11 touchdowns and passing for another 645 yards. None of the three-win teams made it out of the first round of the playoffs, each finishing 3-6 on the seasons.

Woodbury finished 2-6. The Royals' wins came early against White Bear Lake and late against Forest Lake. The Royals, who featured a sophomore quarterback in Brady Mundahl, put up over 850 yards of offense their last two regular season games in losses to Hastings and Cretin Derham Hall. Woodbury's season ended in the first round of the playoffs to Roseville. Forest Lake finished their season winless for the second consecutive year. The Rangers will look to their fourth head coach in five years, Jeff Wilson, a long time assistant coach who has not served over the past two years, to turn things around. Since 2008, there has been a head coaching

Individual Awards

Most Valuable Offensive Player	Jaques Perra, QB, Roseville
Most Valuable Defensive Player	Brad Simonson, OLB, East Ridge
Offensive Lineman of the Year	Matt Kelly, East Ridge
Defensive Lineman of the Year	No Nominations
SEC Coach of the Year	Mike Pendino, East Ridge
MCFA Conference Coach of the Year	Chris Simdorn, Roseville

Conference Standings

School	Conference	Overall
East Ridge	7-1	8-2
Roseville	6-2	9-3
Cretin Derham Hall	6-2	7-3
Mounds View	6-2	7-3
White Bear Lake	4-4	4-5
Stillwater	3-5	3-6
Park	3-5	3-6
Hastings	3-5	3-6
Woodbury	2-6	2-7
Forest Lake	0-8	0-9

All-Time Suburban East Conference

Year	School	Record
2001	Hastings/ Mounds View	6-1
2002	Hastings/ Mounds View	6-1
2003	Stillwater	6-1
2004	White Bear Lake	7-0
2005	Stillwater	7-0
2006	Cretin Derham Hall	7-0
2007	Cretin Derham Hall	8-0
2008	Cretin Derham Hall	8-0
2009	Stillwater	8-0
2010	CDH/MV/Stillwater	7-1
2011	Cretin Derham Hall	8-0
2012	Mounds View/ Stillwater	7-1
2013	East Ridge	7-1

change in the SEC every year except 2013.

The only coaches who have led their programs since the inception of the SEC are Jim Galvin of Mounds View and Chris Simdorn of Roseville. Mike Scanlon has coached all of his school's SEC games; however, CDH joined the league in 2005. Below is a look at the tenure and regular season results (some years include a nonconference game) of SEC Coaches going into the final year of the league before district football begins:

- Jim Galvin of Mounds View, 13 years (2001-Present), 75-29 (2001, 2002, 2010, 2012 Champions)
- Chris Simdorn of Roseville, 13 years (2001-Present), 43-61
- Mike Scanlon of CDH, 9 years (2005-Present), 64-8 (2006, 2007, 2008, 2010, 2011 Champions)
- Beau LaBore of Woodbury and Stillwater, 9 years (2005-Present), 37-35 (2012 SEC Champions)
- Mike Pendino of East Ridge, 4 years (2010-Present), 19-13 (2013 SEC Champions)
- Darrin Glazier of Park, 3 years (2011-Present), 4-20
- Andy Hill of Woodbury, 3 years (2011-Present), 10-14
- Ryan Bartlett of White Bear Lake, 2 years (2012-Present), 10-6
- Jeff Wilson of Forest Lake, first year (2014), no record

The 2014 SEC football season will be the first without Hastings who has left the conference for the Metro East, where they will play familiar teams from the old St. Paul Suburban Conference. Hastings was Co-Conference Champion the first two years of the SEC in 2001 and 2002.

The SEC was represented in the Minnesota High School Football All Star Game by three schools on two teams. The North featured Stillwater offensive lineman Peter Palecek and White Bear Lake defensive back Jacob Newman. The South's lone SEC player was defensive back Tim Gordon of Cretin Derham Hall. Stillwater also made some odd history when, for the first time, coaches from the same school opposed each other. South Head Coach Mike Grant added former Ponies head coach and Hall of Famer George Thole to his staff while 2013 Butch Nash Award Winner and current Ponies assistant coach Mark Elmer coordinated the defense for the North. ■

West Central South Conference

*Melrose newest football member in the WCC Conference

*Kevin Pope---1st year head coach at Morris Area/Chokio-Alberta

*Neil Hofland, assistant coach at Morris Area/Chokio-Alberta completed his 50th year of coaching!

*Terry Karlsgodt of ACGC completed his 39th year of coaching football!

*Steve Hill of Minnewaska completed his 38th year of coaching football!

*Paynesville Bulldogs went 8-0 in West Central Conference play and were Section 5AA runner-up to Minneota. ■

Individual Awards

MVP	Matthew Quade --11, Paynesville
"D" Player of the Year	Lucas Damm--12, ACGC
MV Lineman	Dallas Rieland--12, Melrose
MV Back	Ben Steffell--11, BOLD
MV WR/DB	Andrew Topp--12, Paynesville
Mr Football Nomination	Lucas Damm--12, ACGC
Coach of the Year	Max Meagher, Paynesville

Conference Standings

	Conference	Overall	Coach
Paynesville	8-0	10-1	Max Meagher
ACGC	6-2	7-3	Terry Karlsgodt
BOLD	6-2	7-3	Steve Solem
Minnewaska	5-3	5-4	Steve Hill
Melrose	5-3	6-4	Vaughn Glasener/ Chuck Noll
Sauk Centre	4-4	5-5	Charlie Warring
Montevideo	2-6	2-7	Dave Vik
Morris-CA	2-6	2-7	Kevin Pope
Benson	1-7	1-8	Scott Gonnerman
YME	1-7	1-8	Mike Gaffaney

Wright County Conference

East Division Standings

	Conference	Overall
Hutchinson	5-0	13-0
Delano	4-1	10-2
Orono	3-2	7-3
Holy Family	1-4	3-7
Mound-Westonka	1-4	1-8
Waconia	1-4	1-8

West Division Standings

	Conference	Overall
Glencoe-Silver Lake	4-0	8-3
New London-Spicer	3-1	10-3
Annandale	2-2	7-4
Litchfield	1-3	3-7
Dassel-Cokato	0-4	2-8

The 2014 football season was a year of repeats, Hutchinson and Glencoe Silver Lake repeated as conference champions, GSL in the West and Hutch in the East. Hutchinson also defended its 4A state championship with a rout of Holy Angels 49 – 7. Both Hutchinson and GSL were undefeated in the defense of their conference titles. The WCC had a total of four teams in the state tournament. In 3A both GSL and New London-Spicer qualified, GSL was defeated in the quarterfinals by St. Croix Lutheran 35 – 38 and NLS was state runner-up to St. Croix losing 48 – 44 in the Prep bowl. In 4A Hutchinson and Delano qualified. Delano was knocked out of the state tournament by Hutchinson in the semifinals, 35 – 9. Congratulations to all for teams and special congrats to NLS as state runner- up in 3A and a big kudos to the Hutchinson staff in defense of their title with a perfect 13-0 record!

Coach Andy Rostberg of Hutchinson and Scott Tschimperle of GSL were both named conference coach of the year for the east and west respectively. Additionally, Rostberg, Tschimperle, Dan Essler NLS and Merrill Pavlovich Delano each received section coach of the year awards. Two players were nominated for Mr. Football



Adam Essler of New London Spicer breaks away for a big run against St. Croix Lutheran in the Prep Bowl. Photo: submitted



*Hutchinson's Robbie Grimsley breaks away from a Holy Angel's would be tackler in the Prep Bowl Photo: Stephen Wiblemo
HutchinsonLeader*



*Hutchinson Tigers Celebrate their back to back state title in the final prep bowl in the metro dome photo: Stephen Wiblemo
Hutchinson Leader*

Award, Adam Essler from NLS and Tory Adams from Hutch.

Next season will see a new team enter the WCC, New Prague will be the 12th team, the west division will see Mound Westonka move over and New Prague will take their spot in the east. Next season will be the last for WCC football as we know it. With the new scheduling pods that the MSHSL will be organizing, who knows what will shake out! ■

Academic All-State Football Team Concept

Purpose of Awards – To promote and recognize academic achievement by Minnesota high school football teams in each classification.

Proposal – Team academic recognitions in each class will be awarded based on the following standards and procedures.

Criteria

GOLD AWARDS: A team must have a GPA of 3.00 or above for the past school year for their whole home official roster. (NO FRESHMAN)

SILVER AWARDS: A team must have a GPA of 2.75-2.99 for the past school year for their whole home official roster. (NO FRESHMAN)

Guidelines and Procedures

- * The teams and awards from each class will be chosen by the Academic All-State Team Committee.
- * A team must use all members on their official home roster in determining the team GPA. (may include Grades 10-12, no freshmen for small schools.)
- * Each player's name and GPA must be recorded and sent to the class representative.
- * A 4.00 system will be used and 4.00 will be the highest grade possible. No weighted grades.

* Grades will be rounded to two decimal points.

* Grades will be from the past full school year. No summer school or current fall grades should be included.

* Individual GPA's will be added together and divided by the number of team members to determine the team GPA. The team GPA must be included on the entry form.

* A school official (principal, counselor, etc.) must sign the form.

* To be eligible for the team academic awards, the head coach must be a current member of the MHSFCA.

* Forms must be submitted to the class representatives by November 1st and award winners must be submitted to the committee by November 8th.

INDIVIDUAL

Academic All-State Football - Player Guidelines and Procedures

A review of the Minnesota State Football Coaches Association's basic requirement for the team are:

- 1) Must be a senior varsity letterman for the current season who is a starter on either offense, defense or kicker.
- 2) The player must have outstanding football and leadership ability plus academic excellence.
- 3) Player must carry a 3.0 (4.0 scale) grade-point average in an academic core curriculum in his sophomore, junior and first quarter of the senior year.
- 4) Player shall not have any Minnesota State League eligibility penalties or infractions during his high school career.
- 5) Each class will select a team consisting of the number stated below:

9-Man=13	3A=16	6A=19
1A=14	4A=17	
2A=15	5A=18	

- 6) The teams will not be selected by position, but the committee will select the top football players of each class who meet the criteria stated above.
- 7) The Coach submitting the player application must be a member of the Minnesota State Football Coaches Association.

Guidelines & Procedures:

- 1) All applications should be typed or printed with correct names and data.

- 2) The selection committee must have a good summary of not only the player's academic record, but the player's football accomplishments.

- 3) If the first quarter grades are not out for the applicant's senior year, his first quarter senior subjects must be listed.

- 4) All applications must be sent to your class academic team representative. If you have any problems, contact your class representative first. Please check the time deadlines on the application form.

Remember: This is your state's FOOTBALL COACHES ASSOCIATION'S endeavor.

Individual All-State Player Committee

Class	Name	School	Fax Number
6A	Jody Stone	Shakopee	952-496-5175
5A	Chris Lindquist	St. Francis	763-213-1710
4A	Andy Rostberg	Hutchinson	320-587-0955
3A	Brian Odland	St. Peter	507-934-4783
2A	Scott Gonnerman	Benson	320-843-2262
1A	Wayne Petermeier	Browerville	320-594-8105
9M	Mike Mahlen	Verndale	218-445-5185
Chairman	Dave Frisell, 651-468-6486	Robbinsdale Armstrong davefrisell@yahoo.com	

Academic All-State Football Team Application

School _____ Class _____

Address _____ Section _____

Head Coach _____ Phone (_____) _____

Players Name	G.P.A.	Players Name	G.P.A.
1) _____	_____	26) _____	_____
2) _____	_____	27) _____	_____
3) _____	_____	28) _____	_____
4) _____	_____	29) _____	_____
5) _____	_____	30) _____	_____
6) _____	_____	31) _____	_____
7) _____	_____	32) _____	_____
8) _____	_____	33) _____	_____
9) _____	_____	34) _____	_____
10) _____	_____	35) _____	_____
11) _____	_____	36) _____	_____
12) _____	_____	37) _____	_____
13) _____	_____	38) _____	_____
14) _____	_____	39) _____	_____
15) _____	_____	40) _____	_____
16) _____	_____	41) _____	_____
17) _____	_____	42) _____	_____
18) _____	_____	43) _____	_____
19) _____	_____	44) _____	_____
20) _____	_____	45) _____	_____
21) _____	_____	46) _____	_____
22) _____	_____	47) _____	_____
23) _____	_____	48) _____	_____
24) _____	_____	49) _____	_____
25) _____	_____	50) _____	_____

Send Team Application to (Fax Numbers):

9 Man	Chuck Ross,	Underwood	218-826-6310
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Jon Bakken	WEM	507-362-4561
3A	Leo Pohlkamp,	Pierz	320-468-6577
4A	Ryan Weinandt,	Dassel-Cokato	320-286-4131
5A	Bubba Sullivan	Northfield	507-645-3455
6A	Dave Nelson,	Minnetonka	952-401-5905

Chairman: Con Natvig Browerville 320-594-8105
con290209@yahoo.com

 Composite

 (Signature of verifying school official)

 Title

Class 6A, 5A, 4A and 3A make copy of page for additional names.

INDIVIDUAL APPLICATION

Academic All-State Player

Name of Applicant _____ Grade _____

Birthday: Month _____ Day _____ Year _____ Height _____ Weight _____

School _____ Coach _____

Football position played as a Starter Offense: _____ Defense: _____

Circle Class: 9-Man 1A 2A 3A 4A 5A 6A Kicking Game: _____

Accumulative High School G.P.A. _____ Attach a Transcript or list subjects completed or enrolled in.

Grade 10 Subjects	Grade 11 Subjects	1st Quarter Senior Subjects
1. _____	1. _____	1. _____
2. _____	2. _____	2. _____
3. _____	3. _____	3. _____
4. _____	4. _____	4. _____
5. _____	5. _____	5. _____
6. _____	6. _____	6. _____
7. _____	7. _____	7. _____

Use a 4.00 Scale for G.P.A.

Pursuant to the provision of PL 93-380 (Family Educational Rights and Privacy Act of 1974), I hereby grant permission to release a copy of my academic record and G.P.A. average for use by the Minnesota Football Coaches Association in selecting the Academic All-State Team.

Signature of Parent or Student Applicant if 18 years or older

PLAYER INFORMATION

Coaches: Please use the following format to submit data for your applicant.

School Background Information:

- 1) List academic honors.
- 2) List other school activities and leadership role in school.
- 3) List other sports with varsity participation.

Football Information:

- 1) Football position: List in order of which player has best demonstrated ability (offense defense kicking game).
- 2) List all football honors - previous and this season.
- 3) Statistics (list stats from this season and career totals). Mention any school or conference records. Mention if a lineman has any team stats that may be pertinent to the team's success.
- 4) Coaches comment: Please submit a short letter to the academic team selection committee describing your player in terms of ability performance potential character and what makes this football player special.

Time Deadlines:

- 1) All applications must be in the hands of the class representatives by Nov. 1.
- 2) Class selection committees must have teams picked by Nov. 1 and sent to the academic chairman.
- 3) Class representatives must notify all team selections by Nov. 1.

Send Individual Application to (Fax Numbers):

6A	Jody Stone	Shakopee	952-496-5175
5A	Chris Lindquist	St. Francis	763-213-1710
4A	Andy Rostberg	Hutchinson	320-587-0955
3A	Brian Odland	St. Peter	507-934-4783
2A	Scott Gonnerman	Benson	320-843-2262
1A	Wayne Petermeier	Browerville	320-594-8105
9M	Mike Mahlen	Verndale	218-445-5185
Chairman	Dave Frisell,	Robbinsdale Armstrong	
	651-468-6486	davefrisell@yahoo.com	

2013 ACADEMIC ALL STATE TEAMS

GOLD TEAM RECOGNITION

Team	Coach	Team	Coach
9-MAN			
Team.....	Coach		
Rothsay.....	Andrew Oland		
NCE-UH.....	Dustin Flaten		
Ada-Borup.....	Nathan Brager		
Westbrook-Walnut Grove..	Leo Theisen		
Grand Meadow.....	Gary Sloan		
Underwood.....	Chuck Ross		
Hancock.....	Chad Christianson		
Class 1A			
Dawson-Boyd.....	Cory Larson		
Northern Freeze.....	Jeremy Tallum		
Fillmore Central.....	Chris Mensink		
Wabasha-Kellogg.....	Tim Klingbeil		
Barnum.....	Brian Robertson		
Mahnomen.....	John Clark Jr.		
Minnesota Valley Lutheran.....	James Buboltz		
Goodhue.....	Tony Poncelet		
Mankato Loyola.....	Kevin Mettler		
United South Central.....	Brad Huse		
MACCRAY.....	Mike Dammann		
New York Mills.....	Matt Radniecki		
Bethlehem Academy.....	Scott Hanson		
Kimball.....	Jamie Leither		
Class 2A			
Chatfield.....	Jeff Johnson		
Maple River.....	Brian Schoneck		
Barnesville.....	Bryan Strand		
Minneota-Lincoln Hi.....	Chad Johnston		
Minnewaska.....	Steve Hill		
Crosby-Ironton.....	Mike Gindorff		
Frazee-Vergas.....	Jim Radar		
Pelican Rapids.....	Dave Haugen		
Class 3A			
Rochester Lourdes.....	Mike Kesler		
St. Cloud Cathedral.....	Andy Auger		
Minnehaha Academy/Hope.....	Collin Quinn		
Perham.....	Mike Jordahl		
Montevideo.....	David Vik		
Plainville-Elgin-Milleville.....	Bill Ihrke		
Cannon Falls.....	Josh Hofstedt		
Glencoe-Silver Lake.....	Scott Tschimperle		
New London Spicer.....	Dan Essler		
Pierz.....	Leo Pohlkamp		
Tri-City United.....	Ken Helland		
Foley.....	Larry Herm		
Class 4A			
Mound Westonka.....	Nick David		
Little Falls.....	Jay DeCann		
Holy Family.....	Dave Hopkins		
Waseca.....	Brad Wendland		
Kasson Mantorville.....	Broc Threinen		
South St. Paul.....	Chad Sexauer		
Albany.....	Mike Kleinschmidt		
Hermantown.....	Daryl Illikainen		
Winona Senior High.....	John Cassellius		
Rocori High School.....	Mike Rowe		
Dassel-Cokato.....	Ryan Weinandt		
Hutchinson.....	Andy Rostberg		
Orono.....	Jeff Weiland		
Fergus Falls.....	Steve Olson		
Marshall.....	Terry Bahlmann		
Class 5A			
Alexandria.....	Mike Empting		
Andover.....	Rich Wilkie		
Apple Valley.....	Chad Clendening		
Bemidji.....	Troy Hendricks		
Bloomington Jefferson.....	Tim Carlson		
Brainerd.....	Ron Stolski		
Cambridge-Isanti.....	Mike Hennen		
Chaska.....	Lambert Brown		
Chisago Lakes.....	Bill Weiss		
Elk River.....	Steve Hamilton		
Mankato West.....	Mark Esch		
Moorhead.....	Kevin Feeney		
New Prague.....	Jim Benick		
Northfield.....	Bubba Sullivan		
Owatonna.....	Jeff Williams		
Saint Michael-Albertville.....	Jared Essler		
Sartell-St. Stephen.....	Scott Hentges		
St. Francis.....	Chris Lindquist		
Waconia.....	Sam Baker		
Willmar.....	Jon Konold		
Class 6A			
Minnetonka.....	Dave Nelson		
Eastview.....	Kelly Sherwin		
Edina.....	Reed Boltman		
Cretin Durham Hall.....	Mike Scanlan		
Robbinsdale/Armstrong.....	Dave Frisell		
Farmington.....	Mark Froehling		
Burnsville.....	Tyler Krebs		
Shakopee.....	Jody Stone		

SILVER TEAM RECOGNITION

Team	Coach
9 Man	
Northome-Kelliher.....	Derrick Gross
Mountain Lake Area.....	Tim Kirk
Verndale.....	Mike Mahlen
Ely.....	Brian Lapppa
Class 1A	
Janesville-Waldorf-Pemberton	Joe Joyce
Wabasso.....	Joe Kemp
Lac Qui Parle Valley.....	Mark Bjornjeld
Adrian.....	Randy Strand
Kerkhoven Murdock Sunburg.....	Eric Kauffman
Springfield.....	Paul Dunn
St. Clair.....	Chris Harvey
Tracy-Milroy-Balaton.....	Derek Flann
Browerville.....	Wayne Petermeier
Class 2A	
Gibbon-Fairfax-Winthrop.....	Pat Hentges
Benson.....	Scott Gonnerman
NRHEG.....	Dan Stork
Lewiston Altura.....	Brent Olson
Luverne.....	Todd Oye
Medford.....	Jerome Johannes
Long PrairieGrey Eagle.....	Jonathan Young
Waterville-Elysian-Morristown.....	Jon Bakken
Class 3A	
Pine City.....	Jared Polzine
Milaca.....	Randy Johnson
Rockford.....	Dan Houghton
Class 4A	
Class 5A	
North H.S.-St. Paul.....	Eric Longtin
Saint Cloud Apollo.....	Justin Skaalerud
Sauk Rapids-Rice.....	Bill Magnuson
Spring Lake Park.....	Jeff Schlieff
Class 6A	
Stillwater.....	Beau LaBore
Centennial.....	Mike Diggins
Park.....	Darin Glazier
Blaine.....	Thomas Develice
Champlain Park.....	Mike Korton

2013 ACADEMIC ALL STATE INDIVIDUALS

9 Man

Eric Blaha Verndale
 Brett Brenden Rothsay
 Noah Brenden Rothsay
 Taylor Holleman Hancock
 Mark Geerdes Kelliher/Northome
 Nathan Bauer
 Clinton-Graceville-Beardsley
 Max Kollar Underwood
 Josh Grev Mountain Lake
 Carter Kirk Mountain Lake
 Mark Heiman Ely Memorial
 David Moberg
 Clinton-Graceville-Beardsley
 Isaiah Rahier Kelliher/Northome
 Matt Christenson Nicollet

Class A

Jaxon Lind Barnum
 Tyler Patron New York Mills
 Kal Handyside Mahnomen
 Nathan Hanson Mahnomen
 Steele Spilde Northern Freeze
 Michael Berry St. Clair
 Joey Lee Dawson-Boyd
 Chad Lease Minnesota Valley Lutheran
 Weston Fiebiger Blooming Prairie
 Matt Eskeli .. Red Lake County Central
 Cameron Hunt Kimball
 Drew Glenzinski . Bethlehem Academy
 Alex Thomforde Goodhue
 Dillon John Adrian

Class AA

Brady Bos Pipestone Area
 Jacob Groff Benson
 Aaron Trio Maple River
 Tyler Ukkelberg Otter Tail Central
 Ryan Bruggeman Pelican Rapids
 Nate Skare Chatfield
 Jackson Riebel Lewiston-Altura
 Travis Haugen Pelican Rapids
 Sawyer Tersteeg BOLD
 Kyler Martz Barnesville

Jonah Kenyon Lewiston-Altura
 Jordan Beck Minneota
 Michael Strand Barnesville
 Jerricho Braun St. Charles
 Luke VanZuilen Medford

Class AAA

Will Dudley Worthington
 Calvin Sanders Blue Earth Area
 David Franta Blue Earth Area
 Jay Ruen Fairmont
 Zach Brown Fairmont
 Nick Roggow Fairmont
 Keegan McCabe St. Peter
 Ryan Hoehn St. Peter
 Dane Birkeland . Minnehaha Academy
 Josh VonBerge ... Glencoe-Silver Lake
 Ben White Sibley East
 Ryan Vraa New London-Spicer
 Jesse Bushman Watertown-Mayer
 Luke Sandquist Watertown-Mayer
 Andrew Blake Pine City
 Schuyler Thompson Plainview
 Elgin-Millville

Class AAAA

Derek Meyer Orono
 Callaghan Commers Benilde St. Margarets
 Luke Prosser Fridley
 Michael Chvojicek Dassel-Cokato
 Brandon Scott Kasson Mantorville
 Jake Busse Waseca
 Luke Asfeld Rocori
 Luke Melander Holy Family
 Cade Zacharias Hermantown
 Dalton Finken Albany
 Ryan Lenz Hutchinson
 Bryan Tierney Mound Westonka
 Jayden Jurgensen Hutchinson
 Jacob Buchl Kasson Mantorville
 Adam Kraft Delano

Class AAAAA

Jason Rieke. . Rochester John Marshall
 Cody Tucholke Bloomington Jefferson
 Conor Gessell Brainerd
 Austin Swenson Spring Lake Park
 Mitch Benson St. Francis
 Peter Knutson . Bloomington Jefferson
 Logan Davis Brainerd
 Isaac Weber Mankato West
 Josh Wiczek Elk River
 William Hoff Elk River
 Andrew Winans St. Michael Albertville
 Mitch Berg Chisago Lakes
 McKinnon Short Simley
 Max Knowlton Cambridge-Isanti
 Joel Ende Rogers
 Sam Neeser Sartell-St. Stephen
 Morley Mathewson ... Mpls. Washburn
 Kyle Kettler Andover

Class AAAAAA

Player Team
 Nickolas Ruark Farmington
 Paul Strey Eastview
 Kade Kearney Farmington
 Darlington Nwaudo Eastview
 Alex Copa Blaine
 Joesph Grimm Eastview
 Josh Sitarz Totino-Grace
 Mitch Felknor Minnetonka
 David Cushing Minnetonka
 Jacob Bechstein Eastview
 Ryan Casperson Armstrong
 Ryan Marek Cretin-Derham Hall
 Zachary Carlson Shakopee
 Michael Major Centennial
 Ryan Redpath Cretin-Derham Hall
 Mark Ruhl Lakeville South
 Max Cory Centennial
 Michael Tipping... Cretin-Derham Hall
 Greg Menard Lakeville North
 Will Reger Burnsville

2013 PREP BOWL

Eden Prairie, Owatonna, Hutchinson, St. Croix Lutheran, Mahnomen, Chatfield, Grad Meadow

Class AAAAAA

Eden Prairie 28, Rosemount 7

Mike Grant's Eden Prairie team defeated Rosemount, coached by Jeff Erdman, using a solid defense and balanced offense. The Eagles gained over 400 offensive yards while limiting the Irish to less than 160. Eden Prairie has now won three consecutive state titles and nine overall.

Class AAAAA

Owatonna 24, Brainerd 0

Jeff Williams led Owatonna to a victory over Ron Stolski's Brainerd Warriors in Class 5A. The Huskies dominated play with their defense as they shutout Brainerd, 24-0. Owatonna had over 300 yards of total offense and limited Brainerd's offense in the Huskies second consecutive appearance in the state title game. Owatonna lost the 2012 game.

Class AAAA

Hutchinson 49, Holy Angels 7

Hutchinson, coached by Andy Rostburg, won its second straight state championship by rolling over Holy Angels, 49-7, coached by Ray Betton. That made 14 consecutive wins for the Tigers and 23 of their last 24 games. Hutchinson rushed for almost 500 yards and led 35-0 at the half cruising to the title in the second half.

Class AAA

St. Croix Lutheran 48, New London-Spicer 44

The Class 3A game was a high scoring affair as both teams displayed top notch scoring ability. St. Croix Lutheran rushed for over 400 yards, but NLS was able to stay with the Crusaders with their own powerful offensive display. The two teams combined for 38 points in the fourth quarter alone. But Carl Lemke's St. Croix Lutheran Crusaders were able to outlast Dan

Essler's Wildcats in one of the highest scoring title games in recent years.

Class AA

Mahnomen 46, Dawson-Boyd 13

John Clark led the Indians to their second consecutive state title using a dominating running game that piled up almost 400 yards.

Dawson-Boyd, coached by Cory Larson, had defeated Mahnomen two years previously in the Prep Bowl, but they were unable to stop Mahnomen from a title repeat.

Class A

Chatfield 17, Minnetonka/Lincoln HI 7

Jeff Johnson led Chatfield to the Class 2A state title in a game where both teams played good defense and the offenses had a hard time establishing momentum. Chatfield was able to get things going and build a 17-0 lead in the second half to secure the victory over the Vikings, coached by Chad Johnston.

Nine Man

Grand Meadow 28, Underwood 6

Grand Meadow, coached by Gary Sloan, was in their second straight state title game and secured the program's first state championship with a convincing win over Underwood, coached by Chuck Ross. The Superlarks built a 28-0 margin with a balance offensive attack and a stout defense before Underwood was able to get on the scoreboard.

2013 Playoff Results

CLASS 6A PLAYOFFS

SECTION CHAMPIONS

Lakeville North (8-2) 42

Eden Prairie (9-0) 14

Totino-Grace (8-2) 34

Osseso (9-1) 33

Eastview (6-4) 7

Rosemount (9-1) 38

Roseville Area (9-1) 24

Maple Grove (10-0) 21

Eden Prairie 47

Totino-Grace 22

Rosemount 35

Roseville Area 28

Eden Prairie 28

Rosemount 7

Eden Prairie

AAAAAA State Champion

CLASS 5A PLAYOFFS

SECTION CHAMPIONS

Henry Sibley (7-4) 7

Brainerd (10-0) 35

Chaska (10-0) 21

Andover (7-3) 20

St. Michael-Albertville (9-1) 52

Sartell-Sait Stephen (8-3) 28

Owatonna (10-0) 32

Apple Valley (6-5) 0

Brainerd 20

Chaska 19

St. Michael-Albertville 7

Owatonna 27

Brainerd 0

Owatonna 24

Owatonna

AAAAA State Champion

CLASS 4A PLAYOFFS

SECTION CHAMPIONS

Delano (9-1) 61

Cloquet (9-1) 33

Hutchinson (10-0) 48

South Saint Paul (9-1) 28

DeLaSalle (9-1) 42

Detrail Lakes (9-1) 7

Kasson-Mantorville (9-1) 14

Academy of Holy Angels (5-5) 21

Delano 9

Hutchinson 35

DeLaSalle 21

Academy of Holy Angels 33

Hutchinson 49

Academy of Holy Angels 7

Hutchinson

AAAA State Champion

2013 Playoff Results

SECTION CHAMPIONS

Pierz (8-3) 6

Proctor (8-2) 19

Glenco-Silver Lake (8-2) 35

St. Croix Lutheran (8-2) 48

New London-Spicer (8-2) 56

Dillworth-Glyndon-Felton (8-2) 30

Rochester Lourdes (9-1) 28

Farmington (8-2) 14

Proctor 0

St. Croix Lutheran 3

New London-Spicer 36

Rochester Lourdes 16

St. Croix Lutheran 48

New London-Spicer 44

CLASS 3A PLAYOFFS

St. Croix Lutheran

AAA State Champion

SECTION CHAMPIONS

Minneota/Lincoln (11-0) 31

Moose Lake/Willow River (10-0) 20

Pine Island (9-2) 10

Maple Lake (7-4) 28

Holdingford (11-0) 22

Hawley (9-1) 29

Chatfield (10-1) 32

Jackson County Central (10-1) 6

Minneota/Lincoln 50

Maple Lake 24

Hawley 21

Chatfield 41

Minneota/Lincoln 7

Chatfield 17

CLASS 2A PLAYOFFS

Chatfield

AA State Champion

SECTION CHAMPIONS

Dawson-Boyd (10-1) 27

Braham (11-0) 8

Sleepy Eye Saint Mary's (11-0) 20

Lester Prairie/Holy Trinity (8-3) 14

Upsala/Swanville (10-1) 12

Mahnomen (11-0) 28

Bethlehem Academy (8-3) 27

Tracy-Milroy-Balaton (8-3) 0

Dawson-Boyd 27

Sleepy Eye Saint Mary's 18

Mahnomen 19

Bethlehem Academy 0

Dawson-Boyd 13

Mahnomen 46

CLASS 1A PLAYOFFS

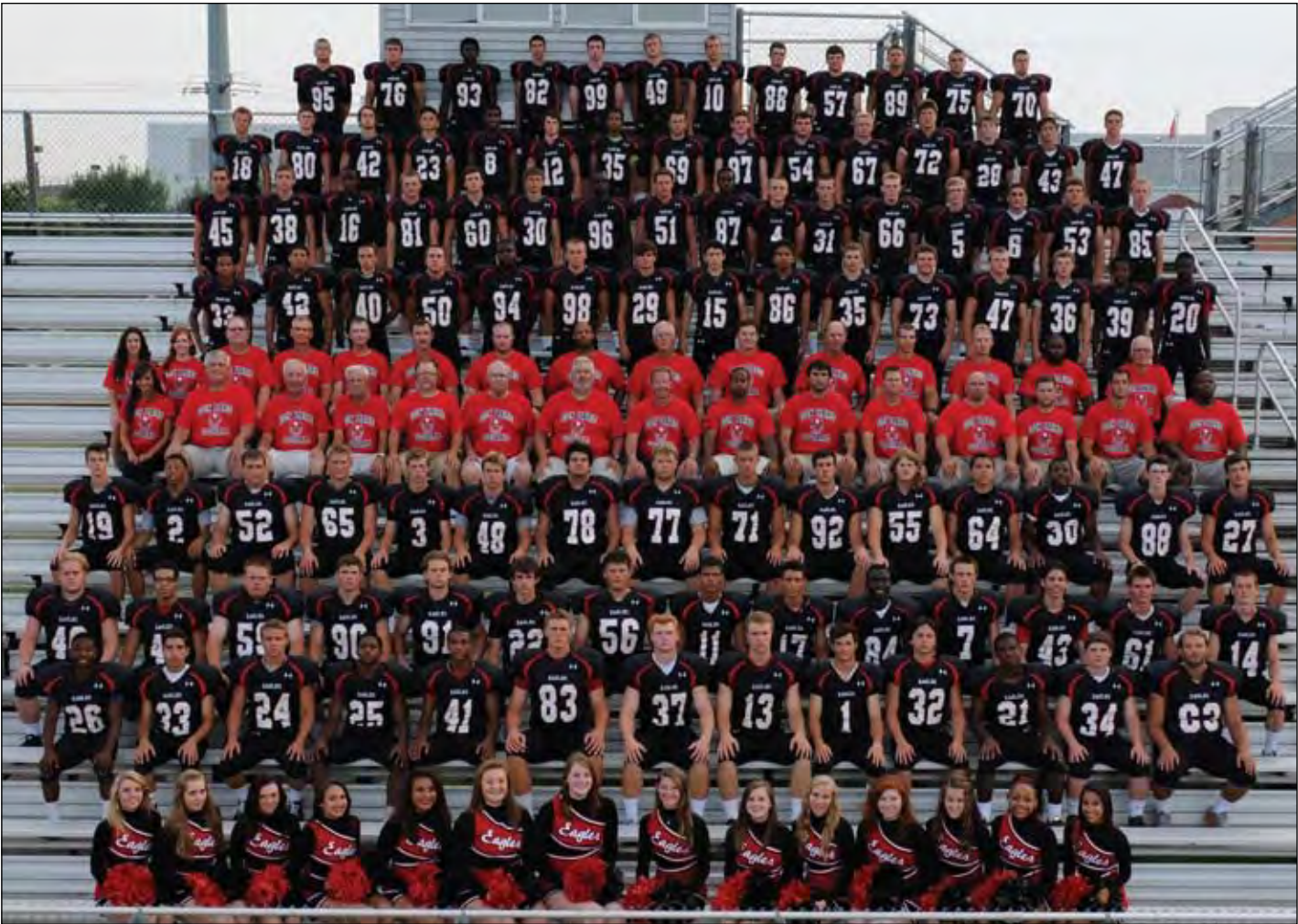
Mahnomen

A State Champion

2013 Playoff Results

SECTION CHAMPIONS			CLASS 9-MAN PLAYOFFS		
Foodwood (11-0)	27				
Ely (11-0)	41	Ely	20		
Nicollet (11-0)	21		Underwood	6	
Underwood (8-3)	34	Underwood	34		Grand Meadow
Ada-Borup (9-2)	14				9-Man State Champion
Kittson County Central (11-0)	38	Kittson County Central	7	Grand Meadow	28
Grand Meadow (10-1)	35	Grand Meadow	21		
Mountain Lake (11-0)	18				

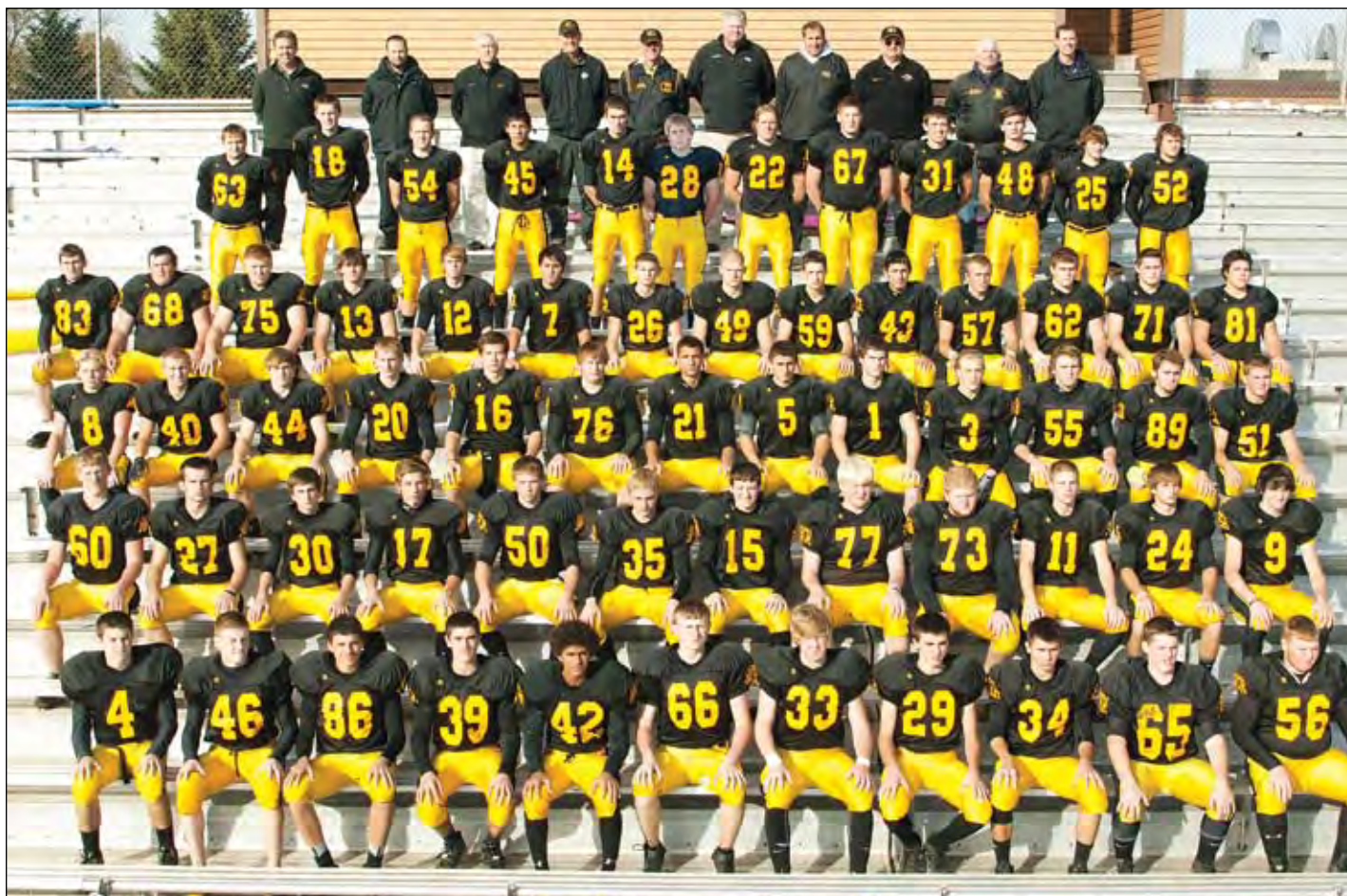
CLASS 6A CHAMPION - EDEN PRAIRIE



CLASS 5A CHAMPION - OWATONNA



CLASS 4A CHAMPION - HUTCHINSON



CLASS 3A CHAMPION - ST. CROIX LUTHERAN



CLASS 2A CHAMPION - CHATFIELD



CLASS 1A CHAMPION - MAHNOMEN



CLASS 9-MAN CHAMPION - GRAND MEADOW



41st Annual Minnesota High School

1:00 P.M. SATURDAY, JUNE 28, 2014 • Husky Stadium, St. Cloud St. University

MFCA TACKLE CANCER ALL STAR FOOTBALL GAME

SOUTH: 37

Mike Grant, Eden Prairie

NORTH: 22

Bill Weiss, Chisago Lakes Area

The South All Star team dominated early with their offense and coasted to a 37-22 victory over the North squad in the annual summer football classic. The game also was the first MFCA game to focus on the Tackle Cancer initiative, thus noted in the name change in the title of the game. The game was played at St. John's University.

Mike Grant of Eden Prairie was the head coach for the South, who won for the third consecutive year. Nick Rooney, Minnetonka quarterback, and Anthony Anderson, Eden Prairie running back, spear headed a South team rushing attack that ran impressively behind the solid blocking of their offensive line and gained almost 250 yards in the game. Anderson was named as the South Offensive MVP, while Apple Valley lineman Lord Hyeamang was named as the South squad's Defensive MVP. The South team also utilized kicker Reid Taubenheim of Farmington, who

consistently kicked deep on kickoffs and set an All Star record with a 52 yard field goal. And while the South did gain most of its yards on the ground, they were effective passing as Rooney was 9 of 15 passing, with two touchdown passes to Nicollet tight end Matt Christenson.

The North team did mount a second half comeback attempt behind the arm of quarterback Micheal Herzog of Detroit Lakes. Herzog had to most of the game after the North's other quarterback was injured. Herzog passed for almost 250 yards in attempting to get the North team back into contention. Herzog threw three touchdowns in the second half to three different receivers, but it wasn't enough to overcome the 34-0 margin that the South had built. Herzog was named as the North's Offensive MVP and Totino Grace linebacker, Josh Sitarz was named as the Defensive MVP for the North.

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the MFCA Award Activities.
Thanks for helping!

Dave Fritze
Game Manager



2014 NORTH ALL-STAR FOOTBALL

Num	Name	School/City	Position	Conference	Class
1	Brett Lawrence	Moorhead	WR	Central Lakes	5A
2	Keaton Studsrud	Benilde-St. Margaret's	QB	North Suburban	4A
3	Trysten Ross	Little Falls	LB	Granite Ridge	4A
4	Mitch Messman	Holdingford	DE	Central Minnesota	2A
5	Matt Miller	Annandale	WR	Wright County	3A
6	Connor Kittelson	Osseo	WR	Northwest Suburban	6A
7	Jackson Hull	Mahtomedi	RB	Classic Suburban	5A
8	Noah MacPherson	Park Rapids	TE	Heart O' Lakes	3A
9	Michael Herzog	Detroit Lakes	QB	Heart O' Lakes	4A
10	Luke Kelvington	Foley	DB	Granite Ridge	3A
11	Samuel Musa	Fridley	DE	North Suburban	4A
13	Jake Engelken	Maple Grove	DB	Northwest Suburban	6A
15	Michael Major	Centennial	LB	Northwest Suburban	6A
18	Nate Weber	Rogers	LB	Mississippi 8	5A
19	Tyler Beehler	Foley	WR	Granite Ridge	3A
20	Michael Strand	Barnesville	DB	Prairie North	2A
21	Chad Johnson	Dilworth-Glyndon-Felton	RB	Heart O' Lakes	3A
22	Carter Thiel	Wheaton/Herman-Norcross	DB	Pheasant	9M
23	Adam Essler	New London-Spicer	RB	Wright County	3A
24	Deion Harris	Hibbing	DB	Sea-Range	4A
28	Carlton Djam	Totino-Grace	RB	Northwest Suburban	6A
30	Connor Bolduc	Mahtomedi	P	Classic Suburban	5A
33	Bryan Tierney	Mound Westonka	DB	Wright County	4A
36	Calen Porter	Proctor	LB	Sea-Range	3A
42	Jacob Newman	White Bear Lake	DB	Suburban East	6A
47	Josh Sitarz	Totino-Grace	LB	Northwest Suburban	6A
49	Austin Klaverkamp	St. Cloud Tech	LB	Central Lakes	5A
50	Mitch Lange	Upsala/Swanville	DL	Prairie North	1A
52	Cody Fox	St. Michael-Albertville	OL	Mississippi 8	5A
54	Dallas Rieland	Melrose	OL	West Central	3A
55	Mason Olson	Becker	DE	Granite Ridge	4A
64	Isaac Thomsen	Minneapolis Patrick Henry	OL	Minneapolis City	3A
65	Jake Serre	Duluth Marshall	DL	Great Polar	3A
66	Alex DeRosier	Brainerd	DL	Central Lakes	5A
67	Brady Youngberg	Barnum	OL	Great Polar	1A
72	Eriq Smith	Irondale	OL	North Suburban	5A
73	Jason Telin	Tartan	OL	Classic Suburban	5A
75	Peter Palecek	Stillwater	OL	Suburban East	6A
76	Kamery Garlick	Maple Grove	OL	Northwest Suburban	6A
77	Ezra Szczymbak	Moose Lake/Willow River	DE	Great Polar	2A
78	TJ Bevans	Sartell-St. Stephen	OL	Central Lakes	5A
79	Aaron Steidl	Alexandria	OL	Central Lakes	5A
84	Matthew Juneau	Champlin Park	TE	Northwest Suburban	6A
99	Christian Triplett	Delano	DL	Wright County	4A

NORTH STAFF

Head Coach:

Bill Weiss, Chisago Lakes Area

Honorary Coach:

Con Natvig (Swanville & Browerville, inducted in 2007)

Assistants:

Earl Bauman, St. Michael-Albertville (retired, MFCA Hall of Fame 2012, second All-Star coaching assignment)

Mark Elmer, Stillwater (2012 Butch Nash Award winner)

Jay Loven, Upsala/Swanville

John McEachran, Perham (2012 Butch Nash Award winner)

Derek Parendo, Proctor (2007 Butch Nash Award winner)

Matt Townsend, Columbia Heights

Jon Young, Coon Rapids

2013 SOUTH ALL-STAR FOOTBALL

Num	Name	School/City	Position	Conference	Class
2	Luke Becker	Fairmont	WR	South Central	3A
3	Luke Wanous	Owatonna	LB	Big 9	5A
4	Nick Rooney	Minnetonka	QB	Lake	6A
5	Jamiah Newell	Lakeville North	RB	South Suburban	6A
6	Adam Hoffman	Academy of Holy Angels	DB	Missota	4A
7	Benjamin Warneke	Pine Island	DB	Southern Football Alliance	2A
8	Tyler Lattery	Lakeville South	LB	South Suburban	6A
9	Anthony Anderson	Eden Prairie	RB	Lake	6A
10	Isaac Weber	Mankato West	LB	Big 9	5A
11	Joey Lee	Dawson-Boyd	QB	Little Sioux	1A
12	Sam Fenske	Owatonna	DB	Big 9	5A
13	Aaron Peterson	Owatonna	RB	Big 9	5A
14	Reid Taubenheim	Farmington	PK	Missota	6A
15	Trenton Bleifus	Grand Meadow	DB	Southeast	9M
17	David Franta	Blue Earth Area	DB	South Central	3A
22	Tory Adams	Hutchinson	RB	Wright County	4A
28	Isaiah Brower	St. Paul Highland Park	WR	St. Paul City	4A
31	Jake Wendland	Hutchinson	LB	Wright County	4A
33	Conner Yepsen	Rosemount	DB	South Suburban	6A
34	Blake Weber	Prior Lake	LB	South Suburban	6A
36	Jacob Bechstein	Eastview	LB	South Suburban	6A
40	Jayme LaPlante	Chatfield	TE	Southern Football Alliance	2A
42	Jay Ruen	Fairmont	DB	South Central	3A
46	Dalton Clouse	Glencoe-Silver Lake	RB	Wright County	3A
51	Dustin Davis	Byron	DE	Southern Football Alliance	4A
55	Tyler Rolland	Apple Valley	OL	South Suburban	5A
60	Joey Marinello	Eastview	OL	South Suburban	6A
61	Alex Hoffman	Lakeville South	DE	South Suburban	6A
62	Isaiah Minnich	Rochester John Marshall	OL	Big 9	5A
63	Matthew Schmit	Jackson County Central	DE	Southwest	2A
64	Sam Stoll	Kasson-Mantorville	OL	Southern Football Alliance	4A
65	Austin Noble	Cannon Falls	INJD, OL	Southern Football Alliance	3A
66	Cordell Bates	Sibley East	OL	Minnesota River	3A
67	Cody Rofshus	Luverne	OL	Southwest	2A
68	Clayton Burton	Minneapolis Washburn	DE	Minneapolis City	5A
69	Lord Hyeamang	Apple Valley	DL	South Suburban	5A
70	Paul Herbes	Minnetonka	OL	Lake	6A
71	Grant Aplin	Chanhassen	OL	Missota	5A
77	Tyus DeBoer	Marshall	DL	Southwest	4A
78	Cale Stensgard	Rushford-Peterson	DL	Southern Football Alliance	1A
80	Trevor Nissen	B O L D, Olivia	TE	West Central	2A
84	Calvin Buesgens	Chaska	WR	Missota	5A
89	Matt Christenson	Nicollet	OL	Southern Confederacy	9M

SOUTH STAFF

Head Coach:

Mike Grant, Eden Prairie

Honorary Coach:

Dick Strand (Southland, inducted in 2003)

Assistants:

Ray Betton, Academy of Holy Angels (2013 Class 4A Runner-Up)

Jeff Johnson, Chatfield

Mark Ritter, Eden Prairie (2013 Class 6A State

Paul Ruud, Glencoe-Silver Lake (2012 Butch Nash

Award winner)

James Semmen, Lanesboro

Steve Solem, B O L D (second All-Star coaching assignment)

George Thole, Stillwater (retired, MFCA Hall of Fame 2000, 3rd All-Star coaching assignment)

2014 ALL-STAR GAME FACTS & FIGURES (AND IRONIES)

1. The South now leads the overall North-South series 11-9-1. The South leads the current North-South series 3-1.
2. The South has won three straight games. The last North win was in 2011 at TCF Bank Stadium.
3. Game records: game records that were tied or broken in the 2014 All-Star Game (performance)
 - NEW RECORD: Longest Field Goal (52 yards)
 - 52 yards by Reid Taubenheim (South, Farmington). The old record was 46 yards, set by Jim Kopriva (Metro, Edina) in 1998 (game played at Macalester College).
 - NEW RECORD: most passage yards – one player (246 yards)
 - 246 yards by Michael Herzog (North, Detroit Lakes). The old record was 221 yards by Alex Kofoed (Outstate, Rocori) in 2003 (game played at Macalester College)
 - NEW RECORD: most 2-point conversions – one team (2):
 - 2 by the North team; this is the first time in All-Star Game history that one All-Star team had two 2-point conversions
 - TIED RECORD: most touchdown passes thrown – one player (3):
 - tt3 by Michael Herzog (North, Detroit Lakes); he becomes the fifth quarterback to throw three touchdown passes in the All-Star Game and the first since 2009. The others are Joe Smith (1976, South, Richfield), Alex Kofoed (2003, Outstate, Rocori), Nick Mertens (2005, Outstate, East Grand Forks) and Blair Thompson (2009, Metro, Coon Rapids).
 - TIED RECORD: Most TD Catches – one player (2)
 - 2 by Matt Christenson (South TE, Nicollet); he is only the seventh player to have two touchdown receptions in the All-Star Game and the first since 2013 (Jake Wieneke, Maple Grove). He is the first South All-Star to do this and the first 9-Man player to do this.
 - TIED RECORD: One conference - most players to score in a single All-Star Game = 3

Heart O'Lakes Conference

Year	Name	School/City	Team	Pos	Comments
2014	Chad Johnson	Dillworth-Glyndon Felton	North	RB	1 TD catch (39 yds)
2014	Noah MacPherson	Park Rapids	North	TE	1 TD catch (38 yds)
2014	Michael Herzog	Detroit Lakes	North	QB	1 2-pt conversion run

4. Most Valuable Player Awards

- The North Defensive MVP award won by Josh Sitarz (Totino-Grace, LB) was the third for a Totino-Grace player (also 1988 and 1990). It was the sixth MVP Award for a player from the Northwest Suburban Conference (second in two years)
- The North Offensive MVP award won by Michael Herzog (Detroit Lakes, QB) was the fourth for a Detroit Lakes player (also 2002, 2006, 2012). He is the third Detroit Lakes quarterback to win an All-Star Game MVP Award (also Reed Manke in 2002 and Joe Mollberg in 2012). It is the fourth MVP Award for a player from the Heart O'Lakes Conference (also 1985, 2006, 2012).
- Note: Detroit Lakes becomes the first school to have three quarterbacks win All-Star Game MVP Awards (Alexandria and Eagan each have two).
- The South Offensive MVP award won by Anthony Anderson (RB) is the first for an Eden Prairie player and the 16th for a player from the Lake Conference (first since 2009). He is the fifth Lake Conference running back to win an All-Star Game MVP Award and the first since Jason Good (Eagan) in 2002.
- Note: the 16 All-Star MVP awards for the Lake Conference are the most of any conference in All-Star Game history.

- The South Defensive MVP award won by Lord Hyeamang (Apple Valley, DL) was the fifth for an Apple Valley player (first since Varmah Sonie in 2009) and the third for a player from the South Suburban Conference (also 2011, 2012).
 - Note: the five All-Star Game MVP Awards for Apple Valley are most for any school.
5. How many All-Star head coaches have coached an All-Star MVP award winner from their own high school team?

Seven coaches – Mike Grant becomes the seventh in 2014:

Year	Head Coach	School/City	Team	MVP Award Winner
2014	Mike Grant	Eden Prairie	South	Anthony Anderson, Eden Prairie, RB, MVP South Offense

Irony: when Mike Grant was the Metro head coach in 1992, the Metro Offensive MVP was a player he coached at Forest Lake (John Toth, RB).

6. How many All-Star players have all of the following honors: All-State, State Football Champion and All-Star Game MVP Award winner?

Anthony Anderson (South, Eden Prairie, RB) becomes the 11th All-Star player to have all of those honors.

The last was Aaron Richer (Outstate, Mankato West, WR) in 2009.
7. Anthony Anderson (South, Eden Prairie, RB) and Matt Christenson (South, Nicollet, TE) became the 28th and 29th players to score two or more touchdowns in the All-Star Football Game. This was last accomplished by Jake Wieneke (North WR, Maple Grove) in 2013.
 - This is the sixth time that two players have scored two touchdowns in one All-Star Football Game.
 - This is the fourth time that two players from the same All-Star team scored two or more touchdowns in one All-Star Football Game.
8. Michael Herzog (North QB, Detroit Lakes) and Nick Rooney (South QB, Minnetonka) become the 20th and 21st players to throw two or more touchdown passes in the All-Star Game. The first player to throw two touchdown passes in the All-Star Game was current Chicago Bears head coach Marc Trestman (North, St. Louis Park) in 1974.
 - This is the fourth time that two players have thrown two or more touchdown passes in the same All-Star Game (also 1997, 2003, 2005).
9. Touchdown passes thrown where the passer and receiver were from the same conference (11 TD passes in game history):

Year	Name	School/City	Team	Pos	Comments
2014	Michael Herzog	Detroit Lakes	North	QB	38 yds to Noah MacPherson (Park Rapids) - Heart O'Lakes
2014	Michael Herzog	Detroit Lakes	North	QB	39 yds to Chad Johnson (Dilworth-Glyndon-Felton) Heart O'Lakes

Note: 2014 was the first time that a QB from a specific conference threw TD passes to two different receivers from the same conference (although the receivers played in separate divisions of the Heart O'Lakes Conference).

10. Mike Grant is the third individual to be a two-time All-Star head coach (1992 and 2014). The only other two-time All-Star head coaches are Mike Fritze (Apple Valley, 1998 and 2007) and Dwight Lundeen (Becker, 1994 and 2013).
11. Mike Grant is the 23rd state championship head coach to be a head coach in the All-Star Game the next summer.
12. Mike Grant is the 14th All-Star head coach to win the All-Star Game the summer after winning a state championship. This last occurred in 2013 (Andy Rostberg, Hutchinson, South All-Stars).

13. Since the All-Star Game resumed in 1974, Mike Grant is the first individual to have a 2-0 head coaching record in the All-Star Football Game.

Counting all All-Star Football games back to 1945, Grant becomes just the third head coach to have more than one All-Star win (also William Walsh, 3-0, 1952, 1953, 1954 and Bernie Bierman 3-0-1, 1957, 1958, 1959, 1960).

14. The 2014 All-Star Game was the first to be played at Clemens Stadium. Clemens Stadium becomes the 10th location to host an All-Star Football Game.

15. Matt Christenson (South, Nicollet, TE) scored two touchdowns in the 2014 All-Star Football Game. This was noteworthy because:

- He is just the eighth player from a 9-Man football program to score in the All-Star Football Game (first since Kevin Lindh, Outstate, Houston, RB in 2009).
- He is the first player from a 9-man program to score two touchdowns in the All-Star Football Game.
- Nicollet becomes the first 9-man football school to have two players score in the All-Star Game (Steve Rosin in 1994 and Matt Christenson in 2014).
- Nicollet (enrollment 72) is the smallest school to have a player score in the All-Star Football Game.

16. Nick Rooney (South, Minnetonka, QB) became the eighth player to score at least one touchdown and throw at least one touchdown pass in the All-Star Game. This was last accomplished in 2007 (by Joe Springer, Metro, Cretin- Derham Hall).

17. Reid Taubenheim (South, Farmington, PK) is the first Missota Conference kicker to score points in the All-Star Game since 1980 (Dave Nickles, Apple Valley).

18. Christian Triplett (North, Delano, DL) was a North All-Star team captain. His older brother Nate Triplett was an Outstate All-Star team captain in 2005.

19. Anthony Anderson (South, Eden Prairie, RB) was a South All-Star captain. He is the fifth All-Star team captain from Eden Prairie since 2007 and the second in two years.

20. Blake Weber (South, Prior Lake, LB) was a 2014 South All-Star captain. He is the third All-Star team captain from Prior Lake in as many years (2012, 2013, 2014).

21. The South Suburban Conference players have served as All-Star team captains in four consecutive All-Star games (2011, 2012, 2013, 2014). This represents all four years that the South Suburban Conference has been in existence.

22. Irony: there were 11 players and coaches in the 2014 All-Star Football Game that were members of 2013 State Championship teams. Ironically, all 11 were members of the winning South All-Star team.

23. Three long-standing athletic conferences are dissolving after the 2013-2014 school year (Classic Suburban, Missota, North Suburban). Those conferences were represented in the All-Star Football Game for the final time in 2014. Here is a list of the overall number of representatives and a list of the final representatives from those three conferences:

Classic Suburban (2002 through 2014): 52 representatives - 43 players, 1 head coach, 5 assistant coaches, 3 honorary coaches; 9 schools represented

Schools represented over the years (9):

Henry Sibley, Hill-Murray, Mahtomedi, North St. Paul, Richfield, Simley, South St. Paul, St. Thomas Academy, Tartan

Final representatives in 2014:

First Name	Last Name	School/City	Team	Position
Connor	Bolduc	Mahtomedi	North	P
Jackson	Hull	Mahtomedi	North	RB
Jason	Telin	Tartan	North	OL, ORG

Missota (1974 through 2014 – all years except 1988): 131 representatives - 113 players, 2 head coaches, 15 assistant coaches, 1 honorary coach; 15 schools represented

Schools represented over the years (15):

Academy of Holy Angels, Apple Valley, Burnsville, Chanhassen, Chaska, Farmington, Hutchinson, Lakeville, New Prague, Northfield, Prior Lake, Red Wing, Rosemount, Shakopee, Simley

Final representatives in 2014:

First Name	Last Name	School/City	Team	Position
Ray	Betton	Acad Holy Angels Richfield	South	Asst Coach
Adam	Hoffman	Acad Holy Angles, Richfield	South	DB, CB
Grant	Aplin	Chanhassen	South	OL, OLG
Calvin	Buesgens	Chaska	South	WR
Reid	Taubenheim	Farmington	South	PK, P

North Suburban (1974 through 2014): 216 representatives, 193 players, 3 head coaches, 19 assistant coaches, 1 honorary coach

Schools represented over the years (23):

Alexander Ramsey, Anoka, Benilde-St. Margaret's, Blaine, Buffalo, Cambridge-Isanti, Centennial, Chisago Lakes, Columbia Heights, Coon Rapids, Elk River, Forest Lake, Frank B. Kellogg, Fridley, Irondale, Monticello, Mounds View, North Branch, Robbinsdale Cooper, Roseville, Spring Lake Park, St. Francis, Totino-Grace

Final representatives in 2014:

First Name	Last Name	School/City	Team	Position
Keaton	Studsrud	Benilde-St. Margaret's	North	QB
Samuel	Musa	Fridley	North	DE
Erik	Smith	Irondale	North	OL, OC



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This form expires and is no-longer valid on
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PREVIOUS TEAM:	

TEAM/SCHOOL INFORMATION (<input type="checkbox"/> PLEASE SEND MAIL TO TEAM)	
TEAM/SCHOOL NAME:	
DEPARTMENT:	
STREET ADDRESS:	
CITY/STATE/ZIP:	
COUNTRY:	
OFFICE PHONE:	
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COACHING POSITION:	
TEAM DIVISION:	RETIRED IN-TRANSITION FBS NCAA-DI FCS NCAA-DI NCAA-DII (Circle One) NCAA-DIII NAIA JUCO HS PRO
MEMBER PRICING (includes AFCF Fee)	LIFE MEMBER: \$0.00 FOREIGN: \$100.00 FBS HC: \$200.00 FBS Assistant: \$100.00 All Others: \$60.00

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1. Executive Director available to work for you on a daily basis.
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3. Membership card is for admission at many high schools and colleges in Minnesota.
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Minnesota State High School Coaches Association



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Procedure for Online Registration *You do not have to use a credit card to register online!

1. To begin, go to www.mshsca.org.
2. Use the link for 2013-14 membership.
3. Use the right hand side to join for the new members.
Use left hand side for returning members.
4. Login is your email address and your password is zzz if you did not change it last year.
5. Follow the steps to join, on page 3, you will have to choose at least one sport association to support.
6. On the last page, you will have a chance to choose your method of payment. (check, money order OR credit card)
7. Print your receipt.
8. The receipt can be for your business office if the school is paying with one check.
9. The last step is to click finish.

Please note: if you choose to pay by check or money order, your card will be sent when payment is received.

Questions????

Please call 218-847-6796 or email jomar@lakesnet.net with questions

Please do not hesitate to call, we work out of our home and should be home most of the time to answer your questions.

Thank you for using our online system,

John and Mary Erickson