

# RECREATIONAL DANCE MAKEUP INSTRUCTIONS

**\*Makeup is NOT required for pictures but is necessary on stage so the dancers' faces aren't washed out by the stage lights. The instructions below are for full stage makeup. If your dancer will not be wearing full stage makeup, it is recommended that they wear a minimum of mascara, blush and lipstick. 2-year old's through 5-year old's should NOT wear eyeliner underneath their eyes, to maintain a more youthful look. To complete this makeup look you will need powder, blush, eye shadow, eye liner and mascara or false eyelashes, lipstick. \***

*Eye Shadow Diagram using four colors – If using three colors, you would use the darkest three colors  
Blush Diagram showing how to highlight and sculpt*



- 1) Apply matching skin - tone foundation over dancer's entire face
- 2) Dust entire face lightly with matching skin – tone powder to seal
- 3) Use brown shades of eye shadow to highlight the eye
  - a. Lightest color over entire lid and brow bone
  - b. Medium shade on lid
  - c. Darkest shade in crease
- 4) Blend eye shadow!
- 5) Use a black eye liner and line the top and bottom lash line
- 6) Apply black mascara to top and bottom lashes

**OR**

- 7) Apply false eyelashes, which would eliminate steps 5 and 6

- 8) Highlight cheeks by applying blush to apples of cheeks and on cheek bones

- 9) Sculpt cheeks by applying blush darker under cheek bones

- 10) Blend blush!

- 11) Dust entire face lightly with matching skin – tone powder to seal one last time

- 12) Apply red lipstick to lips



## HIGHLIGHTER

Apply the product to the upper cheekbone, and be careful not to apply it on the area underneath the eyes. Then blend towards the temples (can also be stretched across the brow bone).

Face Shape:  
Suits all face shapes.  
Pyramid shaped faces because it emphasizes the cheekbones.



## SCULPTING

Begin application at the hairline (at the middle of the ear) and blend towards the mouth to sculpt the cheek.

Face Shape:  
Suits round and square faces because it lengthens the face by reducing the size of the cheeks.

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