

# Track Season (2016)

## Athlete-Parent-Coach Agreement

### Athlete Agreement

*I Agree To...*

1. Attend every scheduled practice and track meet, unless I inform the coach two weeks in advance of my absence and I must have a detailed plan to make up the workout or effort.
2. Give support and show respect to my teammates.
3. Emphasize academics and family over athletics.
4. Express myself intelligently and appropriately.
5. Work hard in practice.
6. Practice sportsmanship at all times. Winners don't brag and losers don't make excuses.
7. Strive to be a positive influence in the way I talk and listen to my teammates, parents, and coaches.
8. My accountability partner identified below understands that they are accountable to the terms of this agreement for the duration of the track season.

\_\_\_\_\_ Date \_\_\_\_\_

Signature of Athlete

\_\_\_\_\_ Date \_\_\_\_\_

Signature of Accountability Partner

# Parent/Guardian Agreement

*I Agree To...*

1. Accompany my children to as many orientation and informational meetings as possible.
2. Accept the authority of the coach to determine strategy and player selection.
3. Avoid the use of tobacco and refrain from being under the influence of alcohol during practices or track meets.
4. Help my children follow the athlete's code of conduct, team agreements and rules.
5. Encourage my son or daughter during the meet and leave the coaching to the coach.
6. Ensure that my children attend all scheduled practices and track meets. If my child is not able to make a scheduled practice or contest, they will be responsible for contacting the coach in advance and providing the details of how they will make up the workout or effort. If the student's schedule prevents them from being available for all but one track meet, then they should not consider being a part of the team.
7. Provide only supportive comments to coaches, officials, and players of all teams.
8. Show enthusiasm, interest, and support for our child.
9. Work closely with all program personnel to guarantee academic as well as athletic experiences for my child-athlete.
10. Discuss any concerns by email, telephone or scheduled meeting and never during a scheduled practice or track meet.

\_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/ Guardian

\_\_\_\_\_ Date \_\_\_\_\_

Signature of Accountability Partner

## Coach Agreement

*I Agree To...*

1. Exercise model sportsmanship 100% on and off the field.
2. Speak with parents about their athletes whenever it is mutually convenient (never during practice or a track meet).
3. Respect my athletes as individuals.
4. Encourage my athletes to have a winning attitude through perseverance and hard work.
5. Coach according to biblical principles and keep up-to-date on coaching strategies.
6. Help each athlete realize his or her full potential.
7. Place school and family relationships above all other activities.
8. Recognize performance as more important than winning or losing.
9. Develop leadership skills with all my athletes.
10. Teach and coach the athlete the necessary skills and talents needed to qualify for scholarship opportunities.
11. Enforce the Team Rules

Date \_\_\_\_\_

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Signature of Coach