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## Information Bulletin

**Bulletin #:** I2015-014  
**Date:** February 10, 2016  
**To:** District Administrators, Presidents, Technical Directors  
**CC:** OSA Board of Directors, Staff  
**From:** Gary Miller, Technical Director  
**Subject:** Clarification of the Personal Health/Activity Tracker devices (Fitbits/Garmin/Polar etc.) during a game

Please inform all of your member Clubs and teams of the following:

Law 4 is clear and we as a provincial organization cannot make exceptions. Only medical alert bracelets are permitted to be worn during a game.

FIFA and/or CSA are the only ones that can make changes/amendments to Law 4.

### Law 4 2015-2016 FIFA Laws of the Game

#### Safety

A player must not use equipment or wear anything that is dangerous to himself or another player (including any kind of jewellery).

#### Jewellery

All items of jewellery (necklaces, rings, bracelets, earrings, leather bands, rubber bands, etc.) are strictly forbidden and must be removed. Using tape to cover jewellery is not acceptable.

These items CANNOT be worn during a game.