

The Gaffer Elite program has now had its first Division I recruit from a member of the Class of 2017, Harman Benipal. This former Gaffer Elite midfielder has had his commitment to SUNY Stony Brook accepted and he will be playing lacrosse on Long Island next year. Harman has played football and lacrosse (Coach Frank Welch) at Ithaca HS. His size of 6' 2" and 195 has made him an attractive college lacrosse recruit at any level. Combined with very solid grades in the classroom and his all-around strong work ethic, he was able to catch the eye of several recruiters.

During his two years with the Gaffer Elite program he expanded his knowledge of lacrosse and made big strides with his stickwork as a midfielder. His size, aggressiveness and speed made him a shutdown defensive midfielder on the travel team circuit. In addition, during his second year he added the ability to be dangerous with the ball, especially during unsettled situations.

Harman has told Coach Jim Nagle that he plans on pursuing a major in Economics during his time with the Seawolves as a member of their Class of 2021. _