

# KCYHA



# NEWS

## KCYHA CLUBS

The Kansas City Youth Hockey Association was established in July 2015 by merging six area associations into one governing body, KCYHA. They also created the citywide travel program called the KC Mavs. The associations are:

- Kansas City Jr. Mavs
- Kansas City Stars
- Kansas City Fighting Saints
- Carriage Club
- Topeka Jr. Roadrunners
- St. Joe Griffons
- KC Mavs Travel

## USE THE WEBSITE

We put as much information as possible on the website. The master calendar for all clubs will be available here. The app is also an invaluable tool (see below. [www.kcyouthhockey.com](http://www.kcyouthhockey.com))

## HELPFUL LINKS

KCYHA Facebook:  
[www.facebook.com/kcyouthhockey](http://www.facebook.com/kcyouthhockey) - Please make sure and post your pictures on here throughout the season!

American Development Model (ADM): [www.admkids.com](http://www.admkids.com)

## TRY HOCKEY FOR FREE DAY - NOV 12TH

Once again, KCYHA will be participating in the national Try Hockey for Free Day. Please help spread the word to your friends, family, neighbors, etc - no experience necessary! Both KCIC and Silverstein Eye Centers Arena will be hosting sessions. Anyone interested must register at [www.tryhockeyforfree.com](http://www.tryhockeyforfree.com). This is a great time for kids to fall in love with this amazing sport.



**Silverstein Eye Centers Arena (SECA):**  
 2:00 - 3:10 pm  
*(Check in begins at 1:30)*

**KC Ice Center (KCIC)**  
 3:00 - 4:30 pm  
*(Check in begins at 2:30)*

## HAVE YOU DOWNLOADED THE KCYHA APP YET?!

If you have a smartphone, get the SportNgin App. You can login with your information and follow your players team. You can set push notifications to receive alerts of news items, games, events and more. This is a perfect way to stay up to date with schedules, practices or schedule changes. There is even places for sharing pictures and videos! Search KCYHA in your app store and look for our logo.

## HOW TO BE A GOOD HOCKEY PARENT

The memories and the friendships we make during our time involved in the game will last a lifetime. Games are exciting and sometimes tensions can run high, but lets not forget why we are all here: for our kids love of the game. The best parents in the stands support their team and respect the opposition at the same time. Most importantly - have fun!

### *Please Remember:*

**These are kids.**

**Coaches are volunteers.**

**Referees are human.**

**You and your child do not play for the NHL.**

**Have Fun!**

# HOCKEY 101 FOR PARENTS

Whether you are a brand new hockey parent, or a veteran hockey parent - its always helpful to understand the hockey lingo. Here are a few common terms in the hockey world:

## TERMS AND LINGO:

**Assist:** An assist is credited to a player who helps set up a goal.

**Back Check:** The action of the forwards skating back into their defensive zone to break up the opposing teams offensive play.

**Breakaway:** A clear scoring opportunity where no defensive player is between the puck carrier and goaltender.

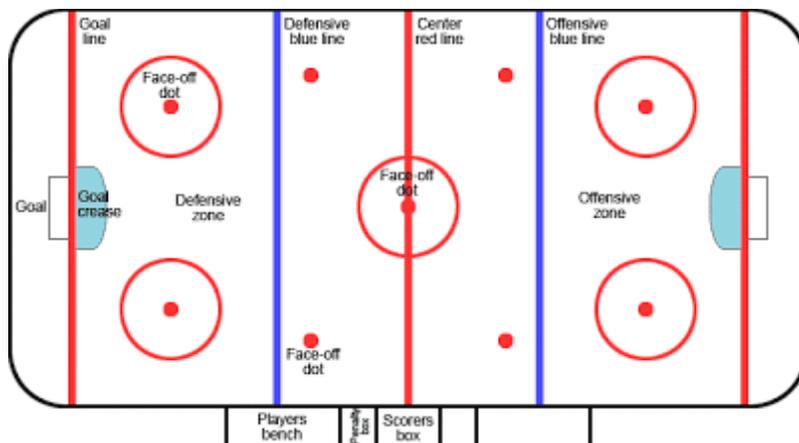
**Crease:** Blue semi - circle in front of the goal.

**Face Off:** Dropping the puck between one player from each team to initiate play.

**Forecheck:** The way a teams forwards put pressure on the opposing team while in the offensive zone in an effort to keep the puck or take it away from the opposition.

**Hat Trick:** A player who scores three goals in one game.

**Icing:** A team may not shoot the puck from behind the center red line over their opponents goal line.



**Off Sides:** When an offensive player precedes the puck across the blue line and into the offensive zone.

**Power Play:** Happens when a team has a one or two man advantage over the opposition due to penalties.

**Penalty Kill:** When a team is shorthanded (only four players or less on the ice) due to a penalty and attempts to prevent the opposition from scoring.

**Screen:** Occurs when one or more players are between the shooter and the goalie, shielding the goalie's view of the play and incoming shot.

## COACH - PARENT RELATIONSHIP: A RESPONSIBLE APPROACH

USA Hockey has some great tips for positive coaching alliances. Having positive parents involved with positive coaches creates positive outcomes both on and off the ice!

1. Recognize the Coach's Commitment
2. Make Early, Positive Contact at the Beginning of the Season
3. Fill the Coach's Emotional Tank
4. Don't "Instruct" Your Player During a Game or Practice
5. Observe a "Cooling Off" Period (24 hours) if upset

To view more tips for a great parent - coach relationship, visit [www.usahockey.com](http://www.usahockey.com).