

Capitol-North Conference - Football - 1st Team All Conference				
Name	School	Height	Weight	Year
Quarterback:				
Ben Dunkleberger	Lake Mills	5'11"	160	Junior
Running Backs:				
Jacob Heyroth	Lodi	6'	182	Junior
Jake Smith	Columbus	6'	210	Senior
Tanner Kerr	Poynette	5'10"	195	Senior
Wide Receivers:				
Noah Coughlin	Columbus	6'	181	Senior
Hayden Iverson	Lake Mills	5'11"	160	Junior
Alex Ranney	Lake Mills	6'	170	Senior
Tight End:				
Kade Crissinger	Lodi	6'4"	210	Junior
Justin Rue	Lakeside Lutheran	6'4"	185	Senior
Offensive Linemen:				
Josh Seltzner	Columbus	6'5"	300	Senior**
Lucas Brisky	Lodi	6'	263	Junior
Noah Black	Columbus	5'11"	263	Junior
Noah Campbell	Poynette	6'3"	263	Senior
Miles Loescher	Lakeside Lutheran	5'10"	210	Senior
2016 Capitol Conference North Division Offensive "Lineman" of the Year				
<i>Josh Seltzner - Columbus **</i>				
2016 Capitol Conference North Division Offensive "Player of the Year"				
<i>Ben Dunkleberger - Lake Mills **</i>				
Defensive Backs:				
Noah Coughlin	Columbus	6'	181	Senior**
Dominic Scola	Lodi	6'3"	192	Junior
Hayden Iverson	Lake Mills	5'11"	160	Junior
Inside Linebackers:				
Connor Manthey	Columbus	6'1"	209	Junior
Max Barreau	Lodi	5'10"	175	Junior
Bryce Hilber	Columbus	5'7"	180	Senior
Outside Linebackers:				
Alex Mashak	Lodi	5'10"	180	Senior
Jules Mommaerts	Columbus	6'	185	Senior
Interior Defensive Linemen:				
Austin Gruss	Columbus	5'10"	258	Senior**
Josh Baur	Luther Prep	6'	285	Junior
Christian Barnharst	Poynette	6'2"	202	Sophomore
Defensive Ends:				

Andrew Rohde	Columbus	6'	213	Junior
Kade Crissinger	Lodi	6'4"	210	Junior
2016 Capitol Conference North Division Defensive "Lineman" of the Year				
Andrew Rohde - Columbus **				
2016 Capitol Conference North Division Co-Defensive "Player of the Year"				
Alex Mashak - Lodi Connor Manthey - Columbus				
Specialist:				
Jacob Heyroth	Lodi	6'	182	Junior
Punter:				
Hunter Grams	Lodi	6'	175	Senior**
Kicker:				
Logan Wright	Columbus	6'1"	171	Senior**
**-Unanimous Selection				
Capitol Conference - Football - 2nd Team All Conference				
Quarterback:				
Peyton Henry	Columbus	6'2"	185	Senior
Running Backs:				
Cade Olszewski	Lakeside Lutheran	6'2"	190	Junior
Wide Receivers:				
Logan Walzer	Lodi	6'2"	185	Senior
Tanner Perry	Columbus	6'2"	181	Senior
Trentin Uttech	Luther Prep	6'6"	195	Senior
Tight End:				
NONE				
Offensive Linemen:				
Dale Schoch	Luther Prep	6'3"	320	Senior
Desmon Sachtjen	Lodi	6'3"	220	Sophomore
Dan Bruce	Lake Mills	6'	210	Junior
Abel Bain	Luther Prep	6'1"	240	Junior
Jake Williams	Columbus	5'11"	207	Senior
Defensive Backs:				
Tanner Perry	Columbus	6'2"	181	Senior
Matthias Winters	Lakeside Lutheran	5'6"	142	Junior
Carson Frost	Poynette	5'7"	135	Senior
Inside Linebackers:				
Jacob Kieselhorst	Luther Prep	6'4"	175	Senior
Casey Ponyicsanyi	Lakeside Lutheran	6'	170	Sophomore
Caleb Lewis	Poynette	5'8"	158	Senior
Outside Linebacker:				
Noah Miller	Lakeside Lutheran	6'	165	Senior

Josh Prey	Poynette	5'11"	150	Senior
Interior Defensive Linemen:				
Will Richards	Lodi	6'2"	210	Junior
Nick Koss	Poynette	6'	264	Junior
Defensive Ends:				
Jacob Constien	Lakeside Lutheran	6'3"	210	Senior
Codi Schutz	Poynette	6'	218	Senior
Specialist:				
Aidan Gregorius	Luther Prep	5'5"	128	Senior
Punter:				
Andy Vujnovich	Columbus	6'1"	174	Junior
Kicker:				
Savannah Curtis	Lodi	5'2"	120	Junior
Adam Mitchell	Lake Mills	5'6"	140	Sophomore
Honorable Mention Selections				
Quarterback:				
Nick Chesterman	Lakeside Lutheran	6'1"	170	Senior
Receiver:				
Brady Wagner	Lake Mills	6'	160	Senior
Offensive Lineman:				
Anthony Benson	Lodi	6'1"	215	Junior
Derek Gulrud	Lakeside Lutheran	5'11"	230	Senior
Nathan Showers	Poynette	6'1"	210	Senior
Defensive Back:				
Brevin Jegerlehner	Lakeside Lutheran	5'11"	155	Sophomore
Austin Keach	Lake Mills	5'11"	150	Senior
Jack Monis	Lakeside Lutheran	6'4"	180	Sophomore
Inside Linebacker:				
David Hirsch	Luther Prep	6'	200	Junior
Outside Linebacker:				
Alex Ranney	Lake Mills	6'	170	Senior
Joe Hirsch	Luther Prep	5'9"	165	Junior
Defensive End:				
Simeon Glende	Luther Prep	6'	185	Junior
Jacob Heyroth	Lodi	6'	182	Junior
Ryan Messmer	Lake Mills	6'	210	Senior
Specialist:				
Jack Moll	Poynette	5'11"	150	Junior
Noah Coughlin	Columbus	6'	181	Senior
Brevin Jegerlehner	Lakeside Lutheran	5'11"	155	Sophomore
Punter:				
Hunter Walters	Poynette	6'2"	160	Senior
Micah Otto	Luther Prep	6'	165	Junior
Justin Rue	Lakeside Lutheran	6'4"	185	Senior