

September Coaches Meeting

Passing + Creating a Culture of Puck Possession



"A puck has no lungs."

-Anatoli Tarasov



Being a good passer - starts at the individual level

PLAY VIDEO: *Pandora Skills*



What are the habits?

For the Passer

-Checking off/vision

(Drills the encompass guys looking and creating this habit are important)

-Body shape/taking form (off ice!!!)

-Top hand out

-Dribbling/cupping-the correlation w/ stick handling

-Rolling wrists/soft catch

-Same side foot in front

-“Getting on top of the puck”

-No snow-press down and engage

-Hard/flat/tape



What is Support?

For the Receiver

- Depth and Width? -Means having two 10-15 foot options
- Skate/move off the puck-make yourself an outlet
- Not allowing the defender to get in between you and the passer
- Its the guys w/o the pucks responsibility like a wide receiver doing anything you can to put yourself in position to receive a pass-coming back to the puck
- Go to or go through
- TWIG "Take What Is Given"



Puck Possession

Puck Possession is a direct result of *positioning, speed, anticipation and support.*

Drills to teach support/possession

- Keep Away
- 3v3 Pass to Coach
- 2v2 in Corner
- Swedish 4 Line Passing
- Dave Turk 4 Line Passing
- Chip and Chase Drill UVM 2/3 of ice

"But a puck cannot be physically carried up the ice like a football; and a hockey player is not protected from the physical battering as a basketball play is."

"The Game"-Ken Dryden

Drill: _____

Notes:

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Notes:

