



Grandview Lacrosse Specialized Youth Clinics

Grandview Lacrosse Specialized Clinics are for players who want to hone in on a specific area of their game. Whether you want to get better at winning the 1 on 1 battle, shooting more accurately and effectively, or winning at the face-off X, there is a specialized clinic for you!

Lead by Grandview Lacrosse Head Coach Patrick Chapla

All Youth Lacrosse Players from 3rd to 8th grade are invited to attend.

All clinics will be held at **Grandview High School** on the fields above the South Parking Lot. Players will need all lacrosse gear (Sticks, Helmet, Gloves, Arm Pads, Shoulder Pads).

Cost: \$20 per session.
Sign up at GrandviewLacrosse.com



Winning the 1v1 Battle (Dodging and Defending)

September 12th and 23rd from 6:00 - 7:30pm.

This clinic will teach players the most consistent and time proven strategies of dodging and defending within the 1v1 battle.



Find The Net (Shooting with Deception and Precision)

September 16th and 26th from 6:00 - 7:30pm.

Shooting is an art form. These clinics teach players the correct form most advanced techniques to help them score more goals so their team wins more games.



Win Possession (The Keys to a Great Face-Off)

September 19th from 6:00 - 7:30pm and October 3rd from 5:30 - 7:00pm.

Games are often determined at the Face Off X The techniques we teach will help you earn more possessions for your team.



Perfecting your stick skills (Ball Control, Passing, Catching)

September 20th from 6:00 - 7:30 and October 7th from 5:30 - 7:00 pm.

Controlling the Ball, Passing, and Catching are the most important aspects of lacrosse and should not go overlooked. Learn how to pass, catch, and control the ball with confidence.



2 Man Game (The secrets of small sided teamwork)

September 22nd from 6:00 - 7:30 and October 10th from 5:30 - 7:00.

Two players that work well together can dominate a game. We'll teach you how.
