

Plano Youth Soccer Playing Rules Fall 2018

Age Group	U4-U5	U6	U7-U8	U9-10	U11-U12	U13-U14	U15-U16	U17-U19
Game	3v3 or 4v4	4v4	4v4	7v7	9v9	11v11	11v11	11v11
Minimum players to start game	2	3	3	5	6	7	7	7
Game time	4x 10min	4x 10min	4x 12min	25 minute halves	30 minute halves	35 minute halves	40 minute halves	45 minute halves
Player Substitution	Quarters	Quarters	Quarters	Halftime	Halftime	Halftime	Halftime	Halftime
	Injury	Injury	Injury	At a throw in, by the team in possession or by both teams if the team in possession elects to substitute	At a throw in, by the team in possession or by both teams if the team in possession elects to substitute	At a throw in, by the team in possession or by both teams if the team in possession elects to substitute	At a throw in, by the team in possession or by both teams if the team in possession elects to substitute	At a throw in, by the team in possession or by both teams if the team in possession elects to substitute
				Any goal kick	Any goal kick	Any goal kick	Any goal kick	Any goal kick
				After any goal	After any goal	After any goal	After any goal	After any goal
				Either team, at an injury, when the referee stops play	Either team, at an injury, when the referee stops play	Either team, at an injury, when the referee stops play	Either team, at an injury, when the referee stops play	Either team, at an injury, when the referee stops play
				When a CAUTION (Yellow Card) is given, that player may be substituted immediately	When a CAUTION (Yellow Card) is given, that player may be substituted immediately	When a CAUTION (Yellow Card) is given, that player may be substituted immediately	When a CAUTION (Yellow Card) is given, that player may be substituted immediately	When a CAUTION (Yellow Card) is given, that player may be substituted immediately
Field Size (in approx yards)	30x20	30x20	35x25	60x40	80x50	Full size	Full size	Full size
Goal Size	4'X6'	4'X6'	4'X6'	6.5'x18.5	6.5'x18.5	8x24	8x24	8x24
Goalie	No	No	No	Yes	Yes	Yes	Yes	Yes
Punt Allowed	No	No	No	No	Yes	Yes	Yes	Yes
Headers Allowed	No	No	No	No	No	Yes	Yes	Yes
Offside Rule Enforced?	No	No	No	Yes	Yes	Yes	Yes	Yes
Out of bounds restart	Kick in	Kick in	Throw in	Throw In	Throw In	Throw In	Throw In	Throw In
Penalty Kicks	No	No	No	Yes	Yes	Yes	Yes	Yes
Direct/Indirect kicks	Indirect only	Indirect only	Indirect only	Both	Both	Both	Both	Both
Referees	U4-U5 Parent	Referee	Referee	Center Referee and 2 Linesman	Center Referee and 2 Linesman	Center Referee and 2 Linesman	Center Referee and 2 Linesman	Center Referee and 2 Linesman
Ball Size	3	3	3	4	4	5	5	5
Max. Weekly practice time	2 hours	2 hours	2 hours	3 hours	3 hours	3 hours	3 hours	3 hours